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Team GB Roll of Honour

	MEDAL WINNER, SPORT & DATE	GOLD	SILVER	BRONZE
1				
2	2 medals won at St Louis 1904			
3				
4				
5				
6				
7	7 medals won at Athens 1896			
8				
9				
10				
11	11 medals won at Helsinki 1952			
12				
13	13 medals won at Mexico City 1968 & Montreal 1976			
14	14 medals won at Berlin 1936			
15	15 medals won at Atlanta 1996			
16	16 medals won at Los Angeles 1932			
17				
18	18 medals won at Tokyo 1964 & Munich 1972			
19				
20	20 medals won at Amsterdam 1928, Rome 1960 & Barcelona 1992			
21	21 medals won at Moscow 1980			
22				
23	23 medals won at London 1948			
24	24 medals won at Melbourne/Stockholm 1956 & Seoul 1988			
25				
26				
27				
28	28 medals won at Sydney 2000			
29				
30	30 medals won at Paris 1900 & Athens 2004			
31				
32				
33				
34	34 medals won at Paris 1924			
35				
36				
37	37 medals won at Los Angeles 1984			
38				
39				
40				

FOLLOW THE ACTION AS TE

SATURDAY 13 August Day 8

Jessica Ennis-Hill & Katarina Johnson-Thompson
Heptathlon *3.45pm BBC1*
One golden champion. One aspiring challenger. Two incredible athletes. Three final events. Will it be Jess, the athletics Queen, or Kat, the young pretender?

Mo Farah
Men's 10,000m *1.25am BBC1*
With just one more victory, Mo Farah will become the greatest British track and field athlete of all time. But one isn't enough for a man who holds both 10,000m and 5,000m Olympic gold medals.

Greg Rutherford
Men's Long Jump *12.50am BBC1*
Don't underestimate the third winner from Super Saturday 2012. He's now also world, European and Commonwealth champion.

Look out for...
CYCLING Becky James in the women's keirin. *2pm BBC4*
ROWING The women's and men's eights finals. *From 3pm BBC1*

SUNDAY 14 August Day 9

Andy Murray
Tennis: Men's Singles Final *4pm BBC4*
A few months ago Novak Djokovic looked unbeatable. Now, the tables have turned and reigning Olympic champion Andy Murray has every reason to hope he can make the final and win gold again.

Jason Kenny
Cycling: Men's Sprint *9.04pm, 9.42pm BBC1*
Already a triple gold medallist, Jason Kenny is closing fast on Sir Chris Hoy's Olympic medal record. The wheel deal.

Louis Smith & Max Whitlock
Gymnastics: Men's Pommel Horse *7.30pm BBC1*
British gymnastics has never won an Olympic gold medal, but Louis Smith (below left) and Max Whitlock (below right) are the two best pommel performers in the world right now.

Look out for...
WOMEN'S MARATHON Alyson Dixon and Sonia Samuels run for Britain. *1.30pm BBC1*
MEN'S 100M FINAL Can James Ellington make the final? *2.25am BBC1*

MONDAY 15 August Day 10

Mark Cavendish
Cycling: Men's Omnium *2.21pm BBC4*
Mark Cavendish quit this year's Tour de France early in order to focus on the men's omnium, a multi-discipline event that tests every skill to the max.

Keri-Anne Payne
10km Marathon Swimming *12 noon BBC2*
Payne finished fourth in London – surely the worst place to find yourself after 10km of open-water swimming. Will Rio's waters be kinder?

Charlotte Dujardin
Equestrian: Dressage *2pm BBC1*
Dujardin, the 2012 gold medallist, is still the one to beat in this competition, where graceful movements and slick commands disguise hundreds of hours of rigorous training.

Look out for...
WOMEN'S 400M Christine Ohuruogu has a tilt at the event she won in 2008. *2.45am BBC1*
SAILING: MEN'S LASER Nick Thompson could be in contention for a medal. *6.05pm BBC4*

TUESDAY 16 August Day 11

Laura Trott
Cycling: Women's Omnium *2.57pm BBC4*
Defending Olympic champion Laura Trott will become Britain's most successful female Olympian of all time if she wins one more gold.

Claudia Fragapane
Gymnastics: Women's Floor Final *6.45pm BBC2*
At 16, the "Pocket Rocket" won four gold medals at the Commonwealth Games in 2014. Two years older, and her floor routine will set heads spinning again.

Giles Scott
Sailing: Men's Finn Medal Race *5pm BBC1*
So often in the shadow of sailing great Ben Ainslie, this year Scott finally has clear water in the men's Finn medal race.

Look out for...
MEN'S 200M HEATS Adam Gemili leads the GB charge. *3.50pm BBC1*
MEN'S HIGH JUMP FINAL Robbie Grabarz is ready for take-off. *12.30am BBC1*

WEDNE 17 Augus

Dina Asher-S
Women's 200
Asher-Smith is still on has taken British athle the fastest British wo She's focusing solely

Shara Proctor
Women's Long Final *1.15am BBC1*
She had a disappointi at London 2012, but le into contention last ye after securing silver a World Championships

Nick Skelton
Equestrian: Tea Showjumping *2pm BBC1*
The highly experienced Nick Skelton is 58 – bu still the youngest of th three-man team.

Look out for...
MEN'S 5,000M HE in action. *2.05pm BB*
WOMEN'S 100M H Porter secured a pla

Keep up to date with all Team GB and Northern Ireland's medal winners at **RadioTimes.com/medals**

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Radio Times
13–19 AUGUST 2016

KATE HUMBLE
Why I love my Welsh sheepdog

RUTH GOODMAN
My life as a station mistress

ANDREW NEIL
I'm paid more than the PM

EXCLUSIVE INTERVIEW

You haven't seen the last of Ricky Gervais...

BRENT'S BACK

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This week RadioTimes

From the editor

We were supposed to be going to a friend's birthday party on what became known as Super Saturday of London 2012. All dressed up with somewhere to go, we decided to catch a glimpse of the athletics before heading out.

It proved a golden mistake. Just before 9pm, Jessica Ennis strode home in the heptathlon. We raised a glass to her. Then Greg Rutherford flew into the lead in the long jump. We raised another.

Should we stay or should we go? As Mo Farah started eating up the laps in the final of the 10,000m, there was only one answer.

Three gold medals for Team GB in the most exciting 46 minutes of athletics I've ever seen. And on Saturday night – but much later – there's a chance it could happen again...

Ben Preston
RTeditor@radiotimes.com

BOWIE EYES
Kate Humble and Teq, her Welsh sheepdog with one brown eye and one blue

DON'T MISS

ANDREW DAVIES in conversation
See page 6

JESSICA ENNIS-HILL COVER PHOTOGRAPH BEN DUFFY FOR ADIDAS. RICKY GERVAIS PHOTOGRAPH BY RAY BURMISTON. THIS PAGE: MARK HARRISON/GETTY; IDA SKIVIK

OLYMPICS

Usain Bolt 8
Writer Simon Barnes celebrates the human superhero who gives us faith in the Games

Jo Pavey 12
She had to choose between training for her fifth Olympics – or doing the ironing...

Jessica Ennis-Hill 16
The team behind a champion

Michael Johnson 18
The BBC pundit is an Olympics legend – and here's his plan to save athletics

Super Saturday 22
In 2012 Team GB rattled up three gold medals in just 46 minutes – let's go again!

ALSO IN THIS ISSUE

Kate Humble 24
How a dog called Teq with "Bowie eyes" persuaded her to become a shepherdess

Shoot to kill 27
A police marksman confesses

Gershwin 29
Proms favourite John Wilson is celebrating the genius of George and Ira Gershwin

Eddie Mair 117
My top tip for the Edinburgh Fringe

Andrew Neil 154
He earns more than the PM

ALSO THIS WEEK

Discover TV The best of IPlayer 42
Soaps This week in Soapland 65
Puzzles Your brainteasers 145
Feedback You have your say 150

Film 30

Ricky Gervais
The comic has brought back David Brent – but vows to "kill him off soon"

Television 41

Robot Wars
David Butcher on the unexpected charm of a machine bloodbath

Radio 114

Richard Dimbleby
The great broadcaster's legacy – by his son, Jonathan

Your RT 137

Travel
Full steam ahead with Ruth Goodman

Gardens
You've done the work, now pull up a seat, says Joe Swift

This week... UNMISSABLE TV, FILM & RADIO FOR YOU TO WATCH AND RECORD

WHAT I'M WATCHING...

RUTH GOODMAN

'I have absolutely no say over what's on the television," says the presenter of *Full Steam Ahead*. "My husband watches a very steady diet of what I call 'The Man Shopping Channel' in which men buy things. Men buy tanks, men buy cars, men buy junk, men buy antiques. In every marriage, you make compromises: I ceded all control of the television many years ago and he smiles indulgently when I yak on about trains.'

Ruth Goodman on steam trains – page 142

JONATHAN DIMBLEBY

'I'm supposed to be on holiday and so I'm trying to break the habit of listening to the *Today* programme from 6am," says the broadcaster. "But I am listening to as many of the Proms as I can on Radio 3.'

Jonathan Dimbleby on his father – page 114

RT SPECIAL EVENT

In conversation with... Andrew Davies

To celebrate the 80th birthday of screenwriter Andrew Davies, *Radio Times* has teamed up with the BFI and BBC Store to put on an event in which Davies will talk about his career with writer and broadcaster Rosie Millard. The talk will take place on 21 September at 8.15pm at BFI Southbank in London. Earlier that evening, at 6.15pm, there will be a chance to see Andrew's 1987 BBC2 drama *Inappropriate Behaviour*.

TO BOOK Call the box office on **020 7928 3232** (lines are open from 11.30am to 8.30pm) or book online at **bfi.org.uk/whatson**. Tickets are £10.65 (concessions £8.35, with BFI members paying £1.70 less), and a joint ticket for both the screening and the In Conversation is available.

SATURDAY 13

Television

Olympics 2016
From 3.45pm **BBC1**
Super Saturday begins with the heptathlon. The men's long jump starts at 12.50am and the men's 10,000m final is at 1.25am.

BBC Proms 2016
7.30pm **BBC2**
West End stars Louise Dearman and Julian Ovenden bring sparkle to a Gershwin celebration with the John Wilson Orchestra.

Edinburgh Nights
9.30pm **BBC2**
Kirsty Wark asks Angus Deayton and Richard Wilson why they're looking back, not forward, in her pick of the Edinburgh Festival.

SATURDAY *starts p44* ▸

SUNDAY 14

Flying to the Ends of the Earth
7.00pm **C4**
One man, one wheelchair, several planes and a lot of Peru as Arthur Williams ventures forth.

Dragons' Den
9.00pm **BBC2**
Deborah Meaden nearly loses her temper. But the sight of Peter Jones wearing lipstick lightens the mood in the Den.

Robot Wars
8.00pm **BBC2**
If you haven't caught this contest for mild-mannered hobbyists, don't miss out. Tonight, one machine does a pirouette...

Olympics 2016
2.25am **BBC1**
Can Usain Bolt make it three golds in a row? It's worth staying up for the final of the men's 100m.

SUNDAY *starts p54* ▸

Film

Rise of the Planet of the Apes ★★★★ 15 *8.00pm* **C4**
A super-smart ape makes monkeys out of James Franco and Freida Pinto in the movie that reinvigorated the 1970s simian franchise.

Captain America: the First Avenger ★★★ 12
8.00pm **C4**
Chris Evans is transformed from zero to hero by the US military in a gung-ho Marvel caper set during the Second World War. No, not that Chris Evans...

Radio

BBC Proms 2016 at Shakespeare's Globe
3.00pm **Radio 3**
Baroque ensemble Arcangelo enter the 400th anniversary spirit with excerpts from Shakespeare-themed works.

Desert Island Discs
11.15am **Radio 4**
Nadiya Hussain won *Bake Off* last year. But in the last programme in the current series, which eight discs will she choose?

MONDAY 15

Olympics 2016
12.50pm **BBC2**
Keri-Anne Payne goes in the gruelling 10km Atlantic swim over a course that's within waving distance of Copacabana beach.

New Kate Humble: My Sheepdog and Me
9.00pm **BBC2**
Humble wants to breed her Welsh sheepdog Teg as there aren't many of her kind left. But it's their relationship that will tug at your heartstrings.

New No Man Left Behind
10.00pm **Nat Geo**
Ex-SAS soldier Chris Ryan tells the story of the 1991 Bravo Two Zero mission into Iraq. Of the eight men who started, only he escaped.

MONDAY *starts p64* ▸

The Huntsman: Winter's War ★★★ 12
Sky Store/Virgin Movies
Charlize Theron, Emily Blunt and Jessica Chastain battle Chris Hemsworth for the acting honours here, but where is Snow White?

TUESDAY 16

Olympics 2016
2.57pm **BBC4**
Cycling fans will want to see Laura Trott in action in the multi-discipline omnium where she's the defending Olympic champion.

An Hour to Save Your Life
9.00pm **BBC2**
Try not to hold your breath as we see three seriously injured people and some extraordinarily impressive medics at work during that first, vital hour after injury.

New Heroes of Helmand
9.00pm **C4**
Remarkable account of how a company of Paras was pinned down by the Taliban in a remote Afghan compound – for 50 days.

TUESDAY *starts p74* ▸

Donnie Brasco ★★★★ 18
9.00pm ***Movie Mix***
In this beautifully evoked 70s-set drama, FBI agent Johnny Depp goes undercover to befriend Al Pacino's ageing mobster.

WEDNESDAY 17

Olympics 2016
2.00pm **BBC1**
Equestrian action with the team showjumping event. Michael and John Whitaker, Nick Skelton and Ben Maher make up the British team.

Great Canal Journeys
8.00pm **C4**
A delightful pootle along the waterways to Venice in the company of Timothy West and Prunella Scales. As much a love story as a travelogue.

New Skies above Britain
9.00pm **BBC2**
From air-traffic controllers fighting fog to pilots on patrol – a portrait of people who oversee our skies.

Comedy of the Week Man Down *10.00pm* **C4**
This has been the best series yet for Greg Davies's uncouth manchild, and he goes out on a high – with a cameo from Mark Hamill.

WEDNESDAY *starts p84* ▸

Big ★★★★ 12
6.55pm **Film4**
Two-time Oscar winner Tom Hanks got his first nomination in 1989 for acting like a big kid. He can even play the piano with his feet.

THURSDAY 18

Olympics 2016
3.00pm **BBC1**
Jonny and Alistair Brownlee take on the rest of the world – and each other – in the men's triathlon.

The 80s with Dominic Sandbrook
9.00pm **BBC2**
This quick canter through the 80s ends with the Poll Tax riots, Gazzamania and the demise of Thatcher.

New/Documentary of the Week Secrets of a Police Marksman
10.00pm **C4**
"Britain's deadliest firearms officer" Tony Long tells the story of his 25-year career – and why he shot three suspects dead.

THURSDAY *starts p94* ▸

Titan AE ★★★★ PG
8.00pm **Syfy**
Earth has been blown to bits and it falls to just one man (voiced by Matt Damon) to save the human race from killer aliens – so, no pressure then.

Open Country
3.00pm **Radio 4**
The only full-time lifeboat crew in the UK are cheerfully matter-of-fact about what it's like stuck out on the tip of Spurn Point on the East Yorkshire coast.

FRIDAY 19

Amazing Spaces: Shed of the Year
8.00pm **C4**
The winners in the budget sheds and summerhouses categories join the six other heat winners for the final.

Highlands: Scotland's Wild Heart
9.00pm **BBC2**
A ferocious storm hits the Orkney island of Copinsay and a baby seal is looking for its mum. Awwwww...

Olympics 2016
2.35am **BBC1**
There are many track and field finals tonight, but they have saved the big one until last – the final of the men's 4x100m is at 2.35am.

FRIDAY *starts p104* ▸

The Martian ★★★★ 12 *8.00pm* ***Sky Premiere***
Two years after *Interstellar*, Matt Damon is in space again, this time on Mars where he has to get by on disco music and potatoes.

The Virtues of Oblivion
2.15pm **Radio 4**
Gripping drama in which two literary executors of a deceased philosopher journey to Estonia and discover a series of intrigues.

The River: Sabrina and the Fish of No Return
1.45pm **Radio 4**
Salmon in the Severn mark the start of a delightful series in which five writers each reflect on humanity's relationship with rivers.

Why Become a Doctor?
9.00pm **Radio 4**
The medical profession isn't the career choice it once was. How did that happen? In a three-part series, Dr Kevin Fong attempts to find out.

Tez Talks
11.15pm **Radio 4**
The laughs come thick and fast as Tez Ilyas offers the uninitiated a primer on Muslim life in Britain that works as both a corrective and a relief valve.

The joy of Bolt

The Olympic 100m has a tainted past, but thanks to **Usain Bolt** it's an unmissable spectacle once again, says Simon Barnes

Is Olympic sport half-doped? Or is it half-clean? Perhaps in the end it's about the kind of person you happen to be. Do you think the Olympic 100m for men is the greatest event in sport? Or is it the biggest sham in sporting history? Whichever answer you give, you're right.

The greatest single event at the Games is the men's 100m. Nothing grips our imaginations more ferociously than the quest to be the fastest human being on the planet. The second biggest event – or is it actually the first? – is the dope-testing that follows.

So if you want to understand the meaning of Usain Bolt, you need to understand Ben Johnson. Without Johnson, Bolt is just a great athlete. Johnson made him a figure of colossal and universal significance.

Not that they ever raced each other. Johnson won the 100m at the Olympic Games in Seoul in 1988, in what's been described as the dirtiest race in history. Of the eight finalists, only two have clean records with regards to performance-enhancing drugs.

It was sport's primal scene. It took place at noon, to tie in with East Coast primetime in the United States. Carl Lewis of the USA was favourite, but the drug-fuelled Johnson of Canada ran away from the field with the most devastating detonation of human power and speed that the world had ever seen.

DRUG CHEAT
Ben Johnson wins the "dirtiest race in history" – Seoul 1988

'To understand the meaning of Bolt, you need to understand Ben Johnson'

I remember it in immense detail: the heat in the stadium, the ferocious light, the red track, the duelling atmosphere, the tension ratcheted so high that something had to break. And the speed of Johnson: so fast it seemed that the human body couldn't stand the strain of it and Johnson would fly apart at the seams. Then the last two floating strides, the single finger stabbing the air and the breathless feeling of having watched the impossible. The world record – 9.79 seconds – stared at us in enormous yellow digits.

There was a long wait for Johnson to appear at the press conference, a mass desertion by British journalists wanting their lunch; I bet they've all claimed they stayed. At last Johnson appeared, eyes down, bewildered, muttering disconnectedly into the microphone, looking like a man arrested for indecency. What matters more, Ben – the gold medal or the world record?

"The medal," he said indistinctly. "It's something no one can take away from you."

They took it away a couple of days later. When he failed a drugs test.

It wasn't that no one had cheated before. It wasn't that no one had taken drugs before. It wasn't that no drug-taker had ever been caught. But this wasn't an Eastern European weightlifter or someone who finished 19th in the steeplechase. This was the winner of the 100m: the fastest man in the world: the ▷

HE'S THE BEST
Can Usain Bolt repeat his London 2012 triumph in Rio?

CAMERA PRESS; GETTY; JON DUDDY - THE TIMES

◁ world's fastest cheat. This time it was no local matter. The entire world had been cheated.

Four years later, Linford Christie of Great Britain won the Olympic 100m in Barcelona. He had failed a drugs test in Seoul and was let off; he failed another later in his career. At the Athens Games of 2004 I found an excuse not to cover the race. It was won by Justin Gatlin, who two years later was banned for drugs for the second time, getting an eight-year ban that was reduced to four on appeal. At one stage it was claimed that the drugs had been rubbed into his body by a masseur with a grudge.

THAT WAS SPRINTING when the Games went to Beijing in 2008... and yet treacherously, I found the old fascination returning. Couldn't keep away. Watched every heat. The event was turning into a three-way shootout, like the climactic scene in *The Good, the Bad and the Ugly*.

But who was the Good?

I took to Usain Bolt at first sight. The Jamaican team had been kitted out in sloppy après-beach vests rather than skin-tight superman suits. I loved the way this enormous fellow – he stands 6ft 5in and looks bigger – strolled around the stadium like a man on holiday.

He seemed a little surprised by the bang of the starting pistol, but he got up in his leisurely way – it takes him a while to uncoil – and jogged gamely down the track, courteously allowing the rest of them to almost-but-not-quite catch up. He qualified with a mild smile.

In the semi-final, Bolt actually hurried. Well, for the first 50 metres. But then he eased up and reached the finish in a kind of extended trot and

'The men's 100m: the nearest humanity gets to producing a real superhero'

a time of 9.85, making it clear that he would win the gold medal unless he fell over.

He nearly did. He ran the final with his left shoelace untied. And he ran his fastest for – oh, 90 metres and more. After that he was so happy he started dancing: beating his chest and performing a high knee-lift. It was the fastest boogie in history.

And even with the dancing it was a new world record: 9.69 seconds, a full tenth faster than Johnson in Seoul, a new second digit, a time that had once been considered physically impossible: and all this from a man who had been tested and retested and was to be tested and retested again and again – and still has never failed.

GETTY TWITTER/PLANET PHOTOS

USAIN IN NUMBERS

CROWD PLEASERS
Mo Farah and Bolt share the glory at London 2012

27.4mph
The top speed Bolt was clocked at when setting his 9.58sec 100m world record in Berlin in 2009. But he's no match for the world's fastest land animal, the cheetah, which can reach 72mph.

1000
The number of chicken nuggets Bolt said he devoured during the 2008 Beijing Games. Today, Bolt's breakfast is an egg sandwich, lunch is pasta with corned beef, with a dinner of dumplings and roast chicken.

600m
The distance over which Bolt challenged Mo Farah in a race for charity. The race never happened, but who would win? Sports scientists have them neck and neck at 550m, but Farah edging it in the last few strides.

41
The number of strides it took Bolt to win 100m Olympic gold in London 2012. His rivals take between 45 and 48 strides to get to the line.

$32.5m
The amount Bolt's earned through race appearance fees and commercial partnerships in 2015, according to the 2016 Forbes athletes rich list. The highest earning track star, he's only 32nd on the list, which is topped by Christiano Ronaldo with $88m.

It was in the shattering few seconds after the race that you found out what kind of person you were. Should the journalist's knee-jerk cynicism cut in? Not a hope. I found myself staggering about in small circles, wide-eyed, repeating Bolt's finishing-time again and again with the addition of a single gratuitous adjective.

For it was as if a great blessing had descended on Beijing and athletics and the Olympic Games and the world: a great golden cloud that dropped the gentle rain of joy; joy mixed with sweet relief; a cloud that sheltered us from the glaring light of Seoul and all the cheats of the past 20 years.

It was like being young again. Remember the reckless admiration you once gave some grown-up twice your size, doing so without fear that anything could ever change your view? Johnson made fools of us all, but Bolt made us innocent again.

Or at least that's the way it seemed up in the steep-raked seats of the Bird's Nest stadium.

I wish to this day that I'd been in Berlin for the world championships the following year, when Bolt ran still faster, setting a time of 9.58 seconds that still stands as the world record. But I was there at the London Games four years ago, when it seemed that Bolt's greatest gift was not speed but sense of occasion.

Things had been sticky for him over the previous couple of years: injury, defeats, and then disaster in the 100m final at the world championships in 2011, when he was disqualified for a false start. In the Olympic final in London the race started and I heard a ghastly groan from a colleague alongside me: "Oh no..."

Gatlin the drugs-cheat started brilliantly. Bolt was already struggling at 20 metres... and then the old Bolt afterburner kicked in and he surged away from the rest of them at what seemed like cheetah-catching pace. He was even faster than he was in Beijing, 9.63, and the London Games received its own blessing from Bolt. It was as if God had become a Londoner.

I had no time for staggering about and marvelling this time: in a largely successful attempt to type as fast as Bolt could run, I hit my deadline and went on to the next day of Olympic wonders – knowing that because of Bolt the Games would be remembered as more than an administrative success. They were now clearly established as a global joy.

THE LONDON GAMES needed the blessing of Bolt – a Bolt win, followed by drugs tests that revealed once again his body's freedom from all the cheating substances in the world. As in Beijing in 2008, he also won the 200m and, with the Jamaican team, the 4x100m relay.

The Olympic Games is about many sports, 28 of them, but track and field remains the heartland – and at the heart of the heartland lies the men's 100m: the nearest humanity gets to producing a real superhero.

No doubt the Olympic Games would have survived without Bolt, but Bolt remade the simple direct joys that the Games are all about. He did so in Beijing and he did so again in London. He is narrow favourite to win yet again in Rio, with Gatlin second favourite.

Once again, he will take on three events, so he's going for the triple-triple – in the month he turns 30. And while we could take Bolt's defeat with resignation, we would greet a failed drugs test with despair.

Bolt gave us our Games back, he gave us our sport back, he freed us up to enjoy the simple pleasures that lie at the heart of sport. I hope he runs fast in Rio. I hope he runs fastest. But above all, I hope he runs clean.

Award-winning sports writer Simon Barnes covered seven Olympic Games for The Times. Heats for the men's 100m begin Saturday 4pm BBC1; for the men's 200m Tuesday 3.50pm BBC1; and for the men's 4x100m relay Thursday 3.40pm BBC4.

HANDS ON
Messing about with the Swedish handball team in 2012

GET KNITTED
With *RT* reader Rebecca Blacklock, whose granny made her a mascot of Bolt (following the pattern we published) and who presented it to her hero in 2012

Mum on the run

Jo Pavey, 42, reveals how a hectic family life has helped get her in shape for her fifth Olympics

Jo Pavey is proud of her towering pile of ironing. Not a stack of neatly pressed items, but a heap of clean laundry on the spare bed in the family home in Devon that still requires her attention. "Some days it's so tall it's ridiculous. Over the past few weeks it's reached a personal best performance in height, but I take a sense of achievement from that," she laughs. "It means I've been very busy having fun with my little boy Jacob [six] and my little girl Emily [nearly three], and training. I might not have qualified for Rio if I'd concentrated on keeping it lower!"

When Pavey won the 10,000m at the European Championships in 2014 – one month short of her 41st birthday, and 11 months after the birth of her second child – she was hailed as the inspirational Mum Who Runs, though her GB teammates prefer to call her Granny. Among the many accolades that followed her gold medal, she was awarded an MBE, came third behind Lewis Hamilton and Rory McIlroy in the BBC Sports Personality of the Year and was practically renamed Jo Pavey40, as her name was scarcely mentioned without an astonished reference to her age.

Now she's in Brazil with Team GB, preparing to become the first British female track athlete to compete at five consecutive Olympic Games – an incredible feat given she is now two months shy of her 43rd birthday and her event is notoriously the toughest of runs.

Covering 25 laps of the track, the 10,000m demands concentration, tactical acumen, resilience in the initial jostle for position, a radar-like awareness of who in the pack is putting in a surge that requires a response, and energy enough to burst through in a last-lap sprint to the line. In the long, relentless months of training to attain peak fitness, a regular 10k athlete will clock up 100 miles a week, focus on speed in track-specific sessions and winter abroad in warm-weather, high-altitude training camps. The work that underpins a successful 10,000m runner is an awful lot of lonely miles.

Not for Jo Pavey. With her husband Gavin, who is also her coach, she organises training sessions close to home, fitted in around their ▷

JO PAVEY AND HER FAMILY PHOTOGRAPHED AT HOME EXCLUSIVELY FOR *RT*

BY JUDE EDGINTON

'I might not have qualified for Rio if I'd concentrated on doing the ironing!'

JO PAVEY

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◁ children's needs. In 2014, when Emily refused to take a bottle, Jo arranged her runs around breastfeeding and sleepless nights. Now the training schedule is peppered with play dates, school commitments, mini-sports clubs, the guinea pigs and family fun. A qualified physiotherapist herself, she has taught Gavin to do her daily massage to save her time driving to a clinic.

"Since becoming a mother, my whole approach is about juggling priorities – with my kids always coming first," she says. "As soon as I was pregnant with Jacob, I decided against going abroad for winter training camps. I want to be a full-time, hands-on mum and there's no time now to obsess about training or to worry about trying to follow the 'perfect athlete' routine."

INSPIRATIONS
Jo with husband Gavin and their children

'I juggle priorities – with my kids always coming first'

THE PAVEYS FIND a lot of amusement in the domestic chaos involved in balancing the demands of a sporting life with family, as I observed while working with her on her book *This Mum Runs*. A cupboard inside the back door that others might use as a cloakroom is taken up with a treadmill so that she can do some of her mileage closer to Jacob and Emily. Pots and pans caked with charred food Gavin has forgotten he's left on the cooker are put away, ready for his mother's visits to scour them. They giggle about their mastery of the quick tidy-up – all the mess gets chucked out of sight upstairs and Gavin jestingly threatens to rugby-tackle any visitor who approaches the staircase.

"One day we might have a house as immaculate as a show house, and we might get round to painting the kitchen cabinets, but for now we are happy to have a messy home," she says.

Training has been a family affair. At the Exeter Arena athletics track, Gavin will be in coach mode, stopwatch in hand, while Jacob apes the over-exaggerated steps and lunges of Jo's warm-up routine or sprints up and down the long-jump runway, and Emily plays in the sandpit.

"I find it so motivating that we can keep fit as a family," she says of their routine runs along the Grand Western Canal or in Haldon Forest. "It makes training so much more enjoyable. Jacob goes on his bike and Emily goes in the running buggy or on the back of Gav's bike."

The car is loaded with kids' bike helmets, hats, drinks, coats, picnic fare, in-car amusements. The last time I called them, Gavin answered the mobile from the top of the car. He was fixing roof rails to carry a boat.

Pavey explains her longevity in the sport in terms of the pleasure she takes from family life. "Becoming a mum helped me rediscover the simple passion and love for running I had as a child. The happiness it gives me, and the better balance in my life, has psychologically benefited my running immensely."

On the surface, the happy-go-lucky approach is endearing, but it wouldn't work were it not for Pavey's sheer determination. Known in athletic circles as the personification of gutsiness, she has shrugged off all sorts of adversity and injury in order to carry her fifth allocation of Team GB Olympic kit on to the plane for Rio.

In mid-spring this year, a chest infection cost her five weeks of training. The timing was cruel. Failing to make the qualifying standard for the 10,000m at the Olympic trials in Birmingham in June, she toiled away trying to regain fitness, and resorted to flying to Boston alone to enter the only ratified event left on the calendar in which she could set a time that could lead to selection. Arriving in Massachusetts to find the 10,000m event had been cancelled, she ran the 5,000m instead and secured a time that enabled her to defend her European championship title in Amsterdam.

GETTY

GOLDEN YEARS
Jo Pavey wins 10,000m gold in Zurich in 2014, and celebrating her MBE

Instead of "racing" that race, however, she had to stick to a plan of set lap times that would earn her a ticket to Rio. A classic teeth-gritted Pavey push saw her finish in a time that was inside the Olympic qualifying standard by more than 40 seconds. Even then, she had to wait to find out if the GB selectors would award her the final British 10,000m place.

"On the day that we were due to be informed it was quite late and I still hadn't heard," she recalls. "I was down at the track and on this occasion Gav and the kids weren't there as I didn't want Jacob to miss his swimming club. I was pushing myself to the limit, thinking, 'I'm not sure I'd be pushing this hard if I'm not going to the Olympics!'

"When I'd finished the session there were lots of missed calls on my mobile phone from Gav, who had been informed of my selection. I felt so thrilled I'd made it in the end. It means so much to me to be able to run in a fifth Olympics. After all the hard training and the ups and downs, I feel so fortunate to again have this very special opportunity of competing for my country at a Games."

SHE INTENDS TO savour every moment of what will surely be her last Olympics: "When I stand on the start line, I'll look up at the flame and remember how fortunate I am to be there. When the gun goes off, I'll give it absolutely everything."

It means a reappraisal of family logistics. "At a normal meet, I can stay in the same hotel as Gav, Jacob and Emily. It involves so much packing! It's not as simple as just remembering my running kit, like it used to be, but I get to eat with them and put them to bed.

"If I have to stay in team accommodation, then we make plans to meet up each day. I want these trips to be enjoyable for the children. When I competed in the 2014 Commonwealth Games in Glasgow, I didn't want them to stay in the city. Gav took them to a holiday park by the beach and I took the train out each day to see them."

However, concerns about the Zika virus have led the Paveys reluctantly to decide that Gavin and the kids won't travel to Brazil. "When I was first targeting qualification for Rio, we presumed that if I did qualify we'd all go, but I don't feel happy taking a young family out there, especially with there being a lot of unknowns regarding neurological conditions," she says. "It will be tough, but I'll be happier knowing they're OK."

SARAH EDWORTHY

The women's 10,000m is on Friday 12 August

RT Bookshop To order the hardback edition of *This Mum Runs* by Jo Pavey for £16 including p&p (usually £18.99), call **0344 245 8092** quoting ref RTBKS33 or visit **radiotimes.com/pavey33**

‘She starts from zero’

Jessica Ennis-Hill had to begin again in her bid to win a second gold – because she’s a mum

Jessica Ennis-Hill stands on the cusp of completing one of the greatest feats in athletics history. No British woman has ever retained an Olympic title, in any sport, and Ennis-Hill’s attempt to win a second successive gold medal in the heptathlon carries an exceptional degree of difficulty.

In the history of the Olympics, just two women have repeated their golden glory in successive Games after giving birth, and both of them, Shirley Strickland, an Australian hurdler in the 1950s, and the Cameroonian triple-jumper of a decade ago, Françoise Mbango Etone, prevailed in single events. As a heptathlete, Ennis-Hill faces seven disciplines spread across two days. One weak link is one too many.

Her crowning glory on the track arrived at London 2012 on Super Saturday, when gold medals won also by Mo Farah and Greg Rutherford helped to create one of Britain’s most memorable sporting nights. But away from the track she achieved another milestone when she became a mother in July 2014. Son Reggie is now firmly entrenched in all her training plans and priorities.

“The team around her take a very realistic approach,” says her long-time coach Toni Minichiello. “This is an athlete who’s older, she’s now 30 and not 26 as she was in London, and she’s now a mum and both of those factors have to be taken into consideration. You’re gonna have to do a bit less training because of your age and because of child-care duties, so you have to make the best use of your time.”

At the Games in London, Ennis-Hill set a British record total of 6,955 points. Is the athlete of that vintage gone for ever?

“I don’t look at it in that way,” says Minichiello, “I speak of it as ‘P-P PBs’, which is ‘Post-Pregnancy Personal Bests’. I’m not trying to go back and look at Jess in her prime, training 30 hours a week, most days twice a day. We just can’t do that any more, so to draw a parallel between that person and the person now, I think is unfair.

“I made a conscious decision to wipe the slate clean and she starts from zero in every event. So, for example, in the high jump, she has jumped one metre 95 centimetres in the past, but really for me now her personal best is one metre 86, which is the highest she’s jumped since coming back from pregnancy. I try not to reflect back. She does, and I think that’s quite natural, but I don’t think it’s fair and I don’t think it’s sensible.”

Ennis-Hill has said she’s not prepared to chase success in sport at the expense of being a mother. She refused to employ a nanny while she prepared to defend her Olympic title – she had the help of her husband Andy Hill, a construction site manager, but mainly relied on her mother, Alison Powell, 50, who has taken a year-long career break from her job working for an addiction treatment charity to help look after Reggie (who is now two).

The changes in her mentality and workload that have come with motherhood served her well through last year’s world championships in Beijing. She made a late decision to enter as a result of concerns about her fitness, and came away with gold.

Many shrewd judges at trackside feel Ennis-Hill intimidates her competitors, not with boasts and histrionics, but simply by being there.

“A lot of people have said that to me,” says Minichiello. “When she enters the competition arena, she has this presence.

“It’s interesting, back in 2009 [when she won world championship gold for the first time], Jess ran the 200m at the end of the first day in Berlin and Natallia Dobrynska, the Ukrainian Olympic champion from Beijing, came up to her and said, ‘This is your heptathlon, you’ve won.’ And I’m thinking, ‘That’s a strange a comment with three events to go.’

“And I did get the feeling when Carolina Kluft [Sweden’s 2003, 2005 and 2007 world champion and gold medallist at the Athens Olympics] was there, all the others stepped back and thought, ‘Well, she’s gonna win, now whose turn is it for silver and bronze?’ So I think that does happen with the heptathlon.”

‘She’s now 30 and a mum. You’re gonna train a bit less’

TONI MINICHIELLO

As a form guide for Rio, the 2016 world rankings show Ennis-Hill in second place, behind the Canadian Brianne Theisen-Eaton. The bookmakers prefer to chalk up the odds based on big-occasion pedigree, meaning Ennis-Hill will start as favourite on 12 August.

For some, the tag of favouritism is a burden. For her, it’s just a label, not to be made a distraction ahead of a potentially momentous Games.

The value of a sporting achievement is best measured using a scale of rarity: the less often it has been done, the greater the accomplishment. For Ennis-Hill, her challenge in Brazil is of the kind only a few take on – and fewer conquer.

MIKE COSTELLO

The heptathlon is on 12 and 13 August

BOY WONDER Baby Reggie changed Ennis-Hill’s priorities

DAN KENNEDY / DAILY MEDIA MIRRORPIX, GETTY

SUPPORT TEAM Mum Alison Powell is taking a career break to help with childcare

My golden vision

Superstar sprinter turned pundit **Michael Johnson** wants to save athletics – by making it sexy

GOLDEN BOY Johnson with those golden shoes and his Atlanta gold medals

PHOTOGRAPHED EXCLUSIVELY FOR RADIO TIMES BY IAN DERRY

Michael Johnson is renowned for his forthright views as the BBC's best analyst – and off camera he's no different. The 48-year-old retired from athletics in 2001 and likes to spend his highly valued leisure time at home in California "hanging out with family and friends". He also has an impressive array of cars, is a wine buff and works out regularly.

But he has no intention of stepping out of the limelight for a quiet life in the Golden State just yet, and he's not afraid to give bold, simple answers to the big questions facing athletics – even if it means ditching the shot put and focusing less on world records. We'll get to his opinion on how athletics can reinvent itself for a younger audience, and how to deal with performance-enhancing drugs later, but first the biggest question of all – if Johnson at his peak had raced Usain Bolt at his peak over 200m, who would have won?

Johnson's answer is unequivocal – "I would have been first." If he sounds sure of himself, you would expect nothing else from an athlete who famously wore gold shoes when he became the first runner to win the 200m and 400m Olympic double in Atlanta in 1996 – and set a world record of 19.32sec in the 200m. "Gold shoes could have been seen as cocky," he said later, "but I was confident." He also won Olympic golds in 1992 and 2000, as well as eight World Championship titles.

Johnson's 200m world record was eventually beaten by Usain Bolt at the 2008 Beijing Olympics with a time of 19.30, which he's since beaten with a time of 19.19 in 2009. The fantasy 200m race would be very interesting to watch...

The subject did come up when Johnson spoke to Bolt a fortnight before the Rio Olympics began. "We talked about what the time would have been if we'd raced each other at 200m," says Johnson. "He thinks the time would have been 19.01 or 19.02. I think we would have been around 18.99, so we differ on that – but we both agree that we each would have won!" ▷

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◁ But back to reality. At Rio, Bolt is the main focus of attention. The world will be watching when he goes for his triple-triple – 100m, 200m and sprint relay for the third Olympics in a row. However, athletics is enduring its worst year since the modern Olympics started in 1896. Bribery, corruption, cover-ups, doping... you name it, the last regime at the International Association of Athletics Federations (IAAF) was involved, and the new regime, led by Sebastian Coe, must sort it out.

In the build-up to Rio there has been much talk about Bolt being the saviour, the man who can rescue athletics in his final appearance at the Olympics before he retires. Even Bolt has said, "I know the sport needs me to win."

Johnson disagrees. He believes that whatever Bolt achieves in Rio, he can't do anything about the cheating, the criminal charges against ousted officials, and the other challenges facing the IAAF.

"Lifting the sport up is going to happen by reforms from within. Regaining credibility in terms of the doping and the corruption that's taken place is not going to happen in Rio or by the end of this year. It's a step-by-step process."

THE HANGOVER FROM the last era of major doping scandals in the 1980s still rumbles on. Women's world records in the 100m, 200m, 400m and 800m all stand from 1983-88, all tainted by rumour despite the record holders not having tested positive. Many runners think the records should be scrapped.

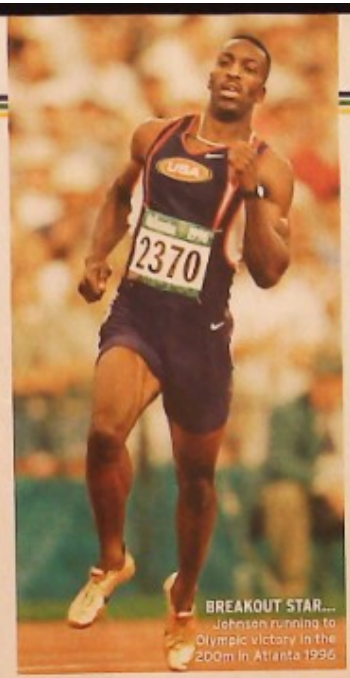
"That's the easy way," says Johnson. "Has anybody considered not focusing on world records? If you're the best here today, maybe that's what we should focus on. Look at the men's 800m for example, or Usain Bolt. World records are not going to happen every year."

The 800m record stood for 13 years before David Rudisha, of Kenya, broke it in 2010. Bolt's world records in the 100m and 200m were set in 2009. Johnson himself has held the 400m world record since 1999.

"We hamstring ourselves when we hang our hat on world records. We're saying, 'It's not important to watch these races every year but once anyone starts getting close to a world record, now you should watch.' If you don't focus on the records, you alleviate, even eliminate, the problem that those women's world records were tainted. Eventually they will be broken."

That very evening, as if to make his point, the American Kendra Harrison beat a 100m hurdles world record that had stood since 1988.

RUNNING INTO LOVE
Johnson with his wife Armine Shamiryan



BREAKOUT STAR...
Johnson running to Olympic victory in the 200m in Atlanta 1996

'The shot put is not an attractive event for television'

Johnson is sitting on a stool in a room above the finish line at the Olympic Stadium in London. He leans to his right, holds his hand a few inches off the floor – about the height of a gold shoe – and says, "When Usain Bolt retires you're not going to see athletics go down to rock bottom. You're not going to find anyone bigger than Bolt any time soon and what did that do for the sport? It did nothing. It wasn't designed to and it shouldn't be on him to carry the sport.

"Usain Bolt is Usain Bolt; athletics is athletics. The two are not joined. He has transcended athletics, he's a superstar who happens to be in track and field. Athletics has to change its narrative and work with the media to remove the assumption that the only way to keep the sport in the limelight is to have a superstar."

That "narrative" Johnson talks about means changing the structure of athletics, making it more attractive to broadcasters and viewers. It would take years and is perhaps Coe's biggest task.

"I'm a big fan of NFL and I know when games are on – Sunday. I like Formula One and know Saturday is qualifying, race day is Sunday." That does not apply in athletics. The IAAF, Johnson says, should make Diamond League events easier for fans to follow. "That's going to have more impact than saying let's wipe clean the slate of world records."

Hard decisions need to be taken to streamline an athletics meeting. "It's is a very difficult sport to broadcast,' says Johnson. "Someone on the IAAF board might have won a gold medal in the shot put but they don't understand that the shot put is not an attractive event for the television market, so they'll fight to keep it."

Johnson's answer? "Get everything into an hour and a half and eliminate the things you don't need. If you're trying to bring in new fans, they may be very interested in seeing people run fast but have no interest in watching someone over a period of an hour taking jumps or doing the shot put or the pole vault, or even watching for 26 minutes while someone runs 10,000m.

"But the IAAF is a federation. Federations don't run like businesses. When the IAAF gets itself together, understands that we've got to operate like a business, anything can happen.

"Am I confident it will happen? Time will tell."

JOHNSON HAS ALWAYS been keen on business. He studied it at Baylor University, in his home state of Texas, while building his reputation in athletics. When he quit the track in 2001 he ran a sports management company and consulting business before putting his energy into Michael Johnson Performance, MJP, an academy in north Texas, which helps athletes to reach their full potential, employing specialists including coaches, nutritionists, psychologists and scientists.

More than 40 Olympians in Rio will have attended MJP, whose clients include the Olympic associations of Brazil, Azerbaijan and Trinidad & Tobago, the English FA, Arsenal, Manchester United, top American football and baseball players, and professional bull riding.

At Rio, Johnson will be commentating on the athletics for the BBC, but he will also watch other sports as a fan. He loves to watch the world's best going for the Olympic podium. Except if they are Russian. He was not impressed by the International Olympic Committee's refusal to impose a blanket ban on Russia despite its state-sponsored doping programme.

"You have to take a tough stance to go forward, and ban the entire team," he said. "Inevitably that means some clean athletes missing out, but you have to look at clean athletes from other countries who have been affected by cheating."

The best examples came in weightlifting, where two women from Canada and Spain who finished third and fourth in 2012, may end up with gold medals.

"They never got a chance to stand on the podium with gold, they'll never have that memory, and that's a great shame," says Johnson.

"The most important thing is that you have to send a message that you are serious about it, not just to the clean athletes but to the fans, so they can say, 'I can believe in what I'm seeing.' I'd rather it was definitive." BRIAN OLIVER

46 minutes of glory

Super Saturday 2012 was British athletics' greatest night. Can our golden trio do it again, asks Mike Costello

20:57 GOLD
JESSICA ENNIS-HILL

The motto of London 2012 was "Inspire a Generation". And when Jessica Ennis left the Olympic Stadium late on Super Saturday, youngsters across the UK began dreaming of one day being able to run, jump and throw in the style of a goddess.

But one 19-year-old was closer than most to the unfolding drama. Katarina Johnson-Thompson finished 15th in the heptathlon and recalls competing pressure-free with few expectations, all the time paying close attention to how Ennis conducted herself, in and out of the arena.

The lessons have proved invaluable. Four years on, the prospects are looking good for Britain's first athletics one-two since Sebastian Coe outpaced Steve Cram in the closing stages of the men's 1500 metres in Los Angeles in 1984.

Now married, Ennis-Hill gave birth to her son, Reggie, in July 2014 and has since dumbfounded physiologists by returning to a level of form close to her best. In Beijing last August, she won world championship gold for the second time – endorsing her ability to play her best hand when the stakes are highest.

In the same competition, Johnson-Thompson suffered the kind of setback only the strongest minds overcome. Overnight, she stood in second place behind Ennis-Hill but failed to record a legal mark in the long jump, ruining her medal chances.

Returning to London's Olympic Stadium, at the recent Anniversary Games, both women produced performances to buoy themselves and their supporters. Ennis-Hill, at 30, is vastly more experienced at championship level. Knowing this is her last Olympics will add another layer to her much-admired desire and resilience, as will the presence of Johnson-Thompson.

The heptathlon 800m is at 2.53am on BBC1

21:35 GOLD
GREG RUTHERFORD

The challenge for athletes who fulfil a lifetime's ambition is daunting. For those who reach the mountain-top at a home Olympic Games, even more so. It's a measure of the competitive spirit running through Greg Rutherford that he heads to Rio in defence of the men's long jump title with his reputation, and his record, greatly enhanced. In 2014, he completed a gold medal double in quick succession at the Commonwealth Games in Glasgow and the European Championships in Zurich.

Last year, in Beijing, he added the world championship title to his haul and he now belongs to an elite group of five Brits – with Linford Christie, Jonathan Edwards, Sally Gunnell and Daley Thompson – who've won the athletics "Grand Slam".

And yet, after winning GB's first Olympic medal for almost 50 years in the long jump, his success was the least celebrated of the golden treble. As Jessica Ennis and Mo Farah became brand names, Rutherford failed to secure an ongoing contract with his sportswear sponsors the next year. There was sympathy, but not in floods.

"He was labelled a difficult athlete to get along with," said Rutherford's American coach Dan Pfaff, who linked up with Rutherford prior to London 2012. "But when you stand on the long jump runway in front of 80,000 people going nuts and you've got a chance to win the gold medal, you better have some ego."

Four years on, Rutherford is father to a son, Milo, now almost two, and has built a long jump pit in his own back garden at home in Bletchley. "I realise it's a huge luxury, but if that's what is going to help me become Olympic champion again, it's a worthwhile investment."

The men's long jump final is at 12.50am on BBC1

21:43 GOLD
MO FARAH

Rio 2016 gives Mo Farah the chance to add the most astonishing chapter to an already remarkable story. The long-distance double would place him alongside the Finn Lasse Viren – the only man to have achieved the feat at successive Olympics. Tonight's 10,000m is part one, with – fingers crossed – the 5,000m final next Saturday.

At London 2012, such was the elation at Farah's triumph that Usain Bolt himself adopted the Mobot celebration, hands perched on top of his head, as the athletics drew to a close a week after Super Saturday. Bolt and Jamaica had dominated the men's sprint relay but the race being talked about on the tube trains leaving Stratford was Farah's.

The roars of the 80,000-strong crowd caused the photo-finish apparatus to malfunction as Farah crossed, and Great Britain had a new hero as a Muslim immigrant from Somalia via Djibouti carved a special niche in Olympic history.

Farah dedicated a gold medal apiece to his twin daughters Aisha and Amani, born two weeks later. Heading to Brazil, he aims to satisfy the rest of his offspring, promising a medal each for his daughter Rhianna, 11, and son Hussein, born last year.

The form-book suggests there will be no cause for sibling jealousy post-Rio. Since London, Farah has done the double at the world championships in 2013 and 2015. A success all the more laudable given the stress of months away from his young family, and allegations about the practices of his coach Alberto Salazar.

Farah himself is ready: "I won't have all those Brits cheering me," he says, "but, on the other hand, I don't have the pressure I had in London."

The 10,000m final is at 1.25am on BBC1

Mike Costello is 5 Live's athletics correspondent

THREE CHEERS
Will the atmosphere come close to London 2012?

My crazy passion

Kate Humble on the trials of training – and breeding – her sheepdog Teg

I BLAME *One Man and His Dog's* Gus Dermody. Phil Drabble should also take a bit of the responsibility, because he was presenting the show when I first started watching it. Yet it was during Gus's era, when I worked alongside him, that I became not just delighted by watching the apparently instinctive partnership between dog and handler, but obsessed by the idea of learning how to work a sheepdog myself.

It was a ridiculous obsession to have when I lived in west London and it was almost as ridiculous when I moved to rural Wales, even though I was to become the proud, if somewhat hapless, owner of a small flock of (just ten) sheep.

A dog can be helpful when moving ten sheep, but just as helpful, particularly if you are clueless when it comes to dog handling, is a bucket rattling with sheep food. I didn't need a sheepdog but, as we all know, pitch need against desire and desire will almost always come out on top.

My friend Tim Stephens, who runs the farm where we hold our rural skills courses, did genuinely need a new sheepdog. He has 200 sheep and was looking to get a puppy to train up to work alongside his old dog, Dai. "We could share it," he suggested, "and I can teach you how to work it." So with this brilliant, fail-safe plan in place we went to see a local shepherd called Bronwen, who had a litter of Welsh sheepdog puppies.

"They're a bit different from border collies," she explained, as I wondered how I could resist taking all ten bundles of ginger and white fluff home with me. "They work more upright, rather than creeping low to the ground, and they don't have the fixed stare of the collie. They tend to be a bit more laid-back, but they need to work. They are not pets."

Tim picked up a very handsome dog pup. Even though he was only eight weeks old he already looked alert and strong. Bronwen nodded approvingly. But I was drawn to another pup, a bitch, bright copper and white with a long, rather foxy face and amazing eyes. Missy, the pup's mother, had two blue eyes, but this puppy had one eye that was half-blue and the other was brown with a sort of blue star in it, giving her a quirky Bowie-esque look. The inevitable happened. Tim and I walked away with a puppy each.

Teg – Welsh for fine or beautiful – is now three years old and absolutely lives up to her name. She has also turned into a very good working dog, thanks both to Tim and, later, to the Welsh Sheepdog Society, which I contacted in a moment of despair.

'Teg has a quirky Bowie-esque look with a half-blue eye'

Working with a dog takes a lot more than simply being able to whistle. You need to understand your sheep first, how they will behave in a given situation, and have the confidence to tell your dog what to do, but also when to let it do its own thing.

I neither understood sheep nor had any confidence, so instead Teg became more pet than worker. She still slept outside in the barn, and spent most of the day outside, but she got her exercise going running with me or being walked with my other, very much pet dogs.

She became brilliant at playing Frisbee, swimming in the river and completely ignoring sheep if we were walking through someone else's fields. At the end of the day she'd be fed with the other dogs and spend the evening spreadeagled on a sofa until it was time for her to go outside to bed. I had given her an identity crisis.

With the help and support of members of the Welsh Sheepdog Society, Teg started to discover her true heritage as a herding dog and I began to understand the magic of having a working partnership with a dog, although I still have very much more to learn.

I also found out more about the history and ancestry of these very special working dogs that have become increasingly rare. They are difficult to classify – the Kennel Club doesn't recognise them as a breed – and they come in various colours, shapes and sizes.

'I'm queasy at the thought of having to play pimp and then midwife'

The thing that defines them, that makes them recognisably Welsh, is the way they work. Teg's ancestry wasn't known – I had some detective work to do to find out if she had any collie ancestors – and she also needed to be assessed by the Society to see if she worked in the true "Welsh" way.

If she passed the assessment and I could find out about her grandparents, the Society were very keen I breed from her. In the mid-80s there were only a handful of true Welsh dogs left of breeding age; it was then that the Society was set up by two farmers determined that these dogs shouldn't be lost for ever.

BUT IT PRESENTED me with another quandary. I had never bred a dog before. I'd heard stories of bitches having to be held tight while the dog was allowed to do its business. Did I have the stomach to act like one of those Jane Austen mothers who shamelessly tout their daughters about in the quest for a suitable suitor? Was I prepared to pack my beautiful, untouched, innocent girl off to some stranger who might not treat her with the respect she deserves?

And then what about the pregnancy? And the labour? What if she got sick, or died, or ate the puppies? I very much liked the idea of helping contribute to a more secure future for these dogs, but the thought of having to play pimp and then midwife was making me feel queasy. Is it even ethical? I have no idea. I might need to phone Gus Dermody.

DIAMOND DOG
Kate Humble with Teg, her Welsh sheepdog with mismatched eyes

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'I aimed at his head'

Tony Long is the Met's deadliest marksman – how does he live with killing three men?

THE THING THAT strikes you most about police marksman Tony Long is his sense of certainty; unshakeable conviction that killing three criminals in two separate incidents was unavoidable. He's been both fêted and vilified, but heeds neither praise nor criticism – even when the last of those shootings led him into the dock of the Old Bailey accused of murder.

"There have been times when I have sat on my own thinking why it is that I seem to be able to compartmentalise it and not lose sleep. Having to do what I have been trained to do and having taken human life... I'm one of those people who is able to cope with it."

Three incidents defined Long's controversial career (he retired from the Met in 2008), which is chronicled in a new Channel 4 documentary. The first, in 1985, saw him end a siege at a west London flat in which a four-year-old girl was being held at knifepoint by her crazed father, who had already killed the girl's aunt.

"When I challenged him to drop the knife he stabbed the child and so I shot him," he recalls. "I shot him three times, the last shot was aimed at his head because that was all I could see of him. I did what I was trained to do. He was trying to murder a child and I saved that child."

Amazingly, the man survived and was later jailed for life for murder. The child also made a full recovery.

Did Long receive any counselling after the shooting? He laughs. "Welfare for staff didn't exist at that time. It was very much 'Here's a bottle of scotch, go and sort yourself out'. That's the way it was in those days."

Two years later Long and his unit were staking out an abbatoir in south-east London where intelligence suggested a Securicor van was about to be attacked. He killed two armed robbers and injured a third during the ensuing confrontation.

"The two men who had their backs to me started turning and the next minute I'm looking at their eyes through the slits in their balaclavas and I knew that I had to start shooting. At that point you just revert to training. They were – and I hate to say it this way because it sounds flippant – targets on a range. Bizarrely, as I was shooting I do remember thinking, 'I wish someone else would join in now. Because it's me again, why me again?'"

'He was trying to murder a child. I saved her life'

TOUGH CALL
Long stands by his decisions

12 DAILY STAR, Monday, May 2, 2005

Gunman blasted to death by cops

TERRIFIED football fans were forced to "run for their lives" as police marksmen shot dead a man in a quiet suburb.

Drinkers who had spilled from a pub into the street after watching Chelsea clinch the Premiership title scattered as gun cops fired at a car in Edgeware, north London.

FIRING LINE
The death of Azelle Rodney in 2005 raised questions

Long woke up to newspaper headlines proclaiming him "The Equaliser" and underworld death threats so serious that he and his family were sent on holiday while his home was fortified with extra security.

In 2005, as he approached 30 years' service, Long was thrust back into the spotlight when he shot dead 24-year-old Azelle Rodney in the rear of a car that intelligence reports indicated was on its way to ambush a gang of Colombian drug dealers. Initially, Long was exonerated but, after a ten-year campaign by Rodney's family and a public inquiry that concluded the death of the young father-to-be was unlawful, Long was charged with murder. After a four-week trial at The Old Bailey, he was acquitted. Once again, the unwavering self-belief surfaces.

"I was absolutely confident that my actions in shooting Azelle Rodney were correct and I knew instinctively that when ordinary members of the public heard the account of my story they would understand I had acted lawfully in order to protect my colleagues lives," he says.

WHICH BRINGS US to the question of whether policemen who use their weapons need greater protection in law. Long, now 59, argues not, but says they deserve greater understanding of the pressures they face.

"You know if you do have to shoot an armed robber you will be scrutinised and there is a possibility that scrutiny will extend to standing in front of a judge and jury. The problem is the interpretation of the rules and the way in which officers are treated. Today, the Independent Police Complaints Commission seems to be treating police officers as criminals. My former colleagues are saying 'We will stand by for a Paris-type attack, but when you want us to go out and do an intelligence-led operation against criminals you might need to satisfy us that the intelligence is perfect or we're not going out. I think we're quite close to that situation."

TERRY PAYNE

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G-Force

The Gershwins were a musical powerhouse, as **John Wilson** will prove at the Proms

JOHN WILSON'S PAINSTAKING dedication to restoring long-lost scores written by the greats of Broadway and Hollywood has become legendary – it once took him an entire day to re-create four seconds' worth of music from *The Wizard of Oz* – but he's fed up with discussing it. "It's boring but it's necessary, and that's all I'm prepared to say about it," he declares.

But inevitably he's been preparing for this weekend's Gershwin Prom with his customary fastidiousness. "With a composer as talented as George Gershwin and a lyricist as gifted as Ira, you have two separate careers and an abundance of choice."

The music will span a 20-year period, covering the brothers' work from the 1937 Fred Astaire and Ginger Rogers movie *Shall We Dance* to 1957's *Funny Face*, in which Astaire starred with Audrey Hepburn.

"We're presenting the songs in the treatment that was given to them by the movie studios," he says, "because in many cases they were either written for the movies or, in the case of George Gershwin, after he died the movie versions became the definitive versions of those songs."

Wilson includes the Gershwins in the "Big Six" names of great American songwriters, alongside Cole Porter, Harold Arlen, Jerome Kern, Irving Berlin and Richard Rodgers.

While their writing partnership became one of the marvels of the entertainment industry, each of them enjoyed successful collaborations elsewhere. In 1919, when barely out of his teens, George scored his first big hit, *Swanee* (made famous by Al Jolson), which he wrote with lyricist Irving Caesar. He worked on Broadway musicals in the early 1920s with William Daly, and wrote the jazz opera *Blue Monday* with Buddy DeSylva. This was in effect a trial run for the vastly more successful *Porgy and Bess*, which the Gershwin brothers created in 1934.

"George died [of a brain tumour] in 1937, and Ira went on for nearly five more decades – he died in 1983," says Wilson.

Each had very different personalities. "George was a bit of a party animal and Ira was bookish and reclusive. He never got over George's death but did do some marvellous work with other people, including Kurt Weill, Harold Arlen and Jerome Kern. So I felt it was really important to bring some of that into the Prom to give it a different focus. For instance *The Man That Got Away*, which he wrote with Harold Arlen for the 1954 movie *A Star Is Born*, is one of the greatest achievements in song – a miracle of construction, form and content. I think the short collaboration between Ira Gershwin and Harold Arlen produced a handful of the most important songs ever written."

'George was a party animal and Ira was bookish and reclusive'

GENIUSES George (left) and Ira Gershwin

REX/GETTY

WILSON SAYS THAT George would have developed into a major classical composer had he lived longer.

"On the strength of *Porgy and Bess* he was a first-rate serious composer," he says. "He had another opera planned. He'd written a string quartet that he played on the piano to Harold Arlen but never wrote down, and he planned a violin concerto. He was a composer who could orchestrate and write in long forms."

Nonetheless Wilson, who regularly conducts classical music, strives to break down any divide between classical and popular music. "I like to think of Schubert's songs as creating complete little worlds that you can climb inside, but the same happens with a very fine song by the Gershwins or these other important theatre composers. It's music that has proved its worth and will be around for ever." ADAM SWEETING

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EDITED BY ANDREW COLLINS

'You can't hurt me...'

Ricky Gervais is back as Brent – and he doesn't care what people think

THE RT INTERVIEW BY ANDREW DUNCAN

RICKY GERVAIS, CONTROL freak, failed pop star, astute businessman, multimillionaire comedian, seems the perfect interviewee – unprotected by aides – answering every question with wit and a few giggles. He says he doesn't care what people think.

"I know that sounds arrogant, but it's the opposite. There's nothing I can alter if someone doesn't like me." Nevertheless, the façade slips as he launches into a foul-mouthed tirade against critics. "I know I'm a grumpy old man. Maybe it's genetics and we're programmed to get grumpy at 55." He warns he'll tweet this interview "as a marketing tool, if you haven't slagged me off".

'I think I'm sane – but then so do insane people'

He is frequently trolled on Twitter, which is some sort of accolade. "Twitter can also be used as an awareness campaign for the few things that make my blood boil – animal cruelty, injustice and religious intolerance. Twenty years ago, it would have taken ten years standing outside Tesco to get 100,000 signatures. Now you do it in a few days. That's social media at its best – people caring and making a difference. Sometimes, though, when I'm bored I take a picture of myself in the bath, so I can't get on my high horse and claim I always try to change the world."

There are scribbled notes on the inside of his left wrist – prompts from the previous evening when he tried out a 30-minute routine in a 400-seat theatre for a proposed tour later this year. "If Hollywood never called again, or TV dried up, I'd do stand-up, which I love," he says. "I don't know if I'm sane or not. I think I am, but then so do insane people. The truth is, I don't care. I'm happy. Even if I hadn't won awards and made money, I couldn't have spent my life better, playing at what I love, writing and directing. I even feel good paying tax. That doesn't mean I like it, but if I earn a million I should share it with the government. As a working class kid, I got free schooling, university and healthcare."

The council house boy from Reading, whose father was a labourer, was told by his housewife mother that he was a "mistake" because he's 11 years younger than the rest of his siblings. "She was being honest – no reflection on me. It could have been a different sperm. Who cares? Life is a mistake anyway." And although his partner, Jane Fallon, whom he met at 21, writes books, he hasn't read one since JD Salinger's *Catcher in the Rye* aged 28. Yet his speech is littered with quotations.

BORED MEETING Landmark sitcom *The Office* with Gervais, Martin Freeman and Lucy Davis

After working in an office for seven years, he was inspired to write *The Office* with its antihero David Brent. "I see a lot of him in me, but also in others over the years. We all want to be loved, to think we're popular and respected, to be thought of as interesting. And we're all prats sometimes, with egos we have to curb. I say if you don't know who the David Brent is in your office, it's you."

One of the first reviews in 2001 in the *Daily Mail* said it was a "summer stinker". Gervais smiles. "I love that. I assumed no one would watch and it was joint bottom in the ratings with women's bowls. But we didn't change a thing and it grew by word of mouth. That taught me a lesson – don't panic, or do things by committee.

"In those days I believed getting a good review was important, but it makes no difference now. The only thing I worry about is having final edit because I write for me and like-minded people. I don't try to second-guess an audience or wonder what demographic will enjoy it. Then I move on to the next thing."

THIS MONTH HE resurrects the character in *David Brent: Life on the Road* (in cinemas from Friday 19 August).

"I missed him and the world has changed. He's the underdog in a dead-end job [selling women's hygiene products] and still dreaming of fame."

So he cashes in his pension for a last-chance tour as a singer with his pop band, Foregone Conclusion (there's a *Life on the Road* album by David Brent & Foregone Conclusion that's also out on 19 August, with an accompanying songbook available from Thursday 11).

"Brent can't compete in the dog-eat-dog world, but doesn't realise it because he sees people on *The X Factor* and *Britain's Got Talent* make it for a while after three judges vote for them. I don't want to be part of that.

"Simon Cowell? He hasn't killed anyone, and it's entertainment. What's the worst he's done? Made lots of money out of us, and who can blame him? But if you're impressionable, these shows can have a bad effect, and it's getting worse.

"A survey of ten-year-olds found most want to be famous when they grow up. We'll run out of doctors because they'll all be aspiring singers. A working class kid sees people become rich by letting cameras into their home to show terrible things – infamy is as good as fame today – and it seems more attractive than doing a five-year apprenticeship to become an electrician.

"The Kardashians are paid £20,000 by manufacturers to tweet, 'I'm enjoying this chocolate bar.' We're all responsible because we

'Some will expect The Office and hate it, others will say it's better. You musn't care'

partake. There's nothing you could spoof about what they'll do to get on telly. Celebrity Enema? I don't know what's going on."

The film reflects a moment in Gervais's own career in the 1980s when he had a group called Seona Dancing. They were popular in the Philippines with single *More to Lose*. "I got it wrong, but I didn't want to be famous. I feared it – the press going through my bins. Now I have to remember I'm famous so I'm not cornered by a load of drunks in a pub, but the worst that happens is someone being nasty about you on Twitter. What's that to worry about?

"Who said, 'All you have to do to never be criticised is do nothing.' Great, isn't it? I didn't become famous until I was 39 and won't forget what it's like to be poor. I haven't changed – except I'm older. Muhammad Ali said that if you're the same person at 50 as you were at 20, you've wasted 30 years of your life."

TRANSFERRING A MUCH-LOVED TV programme to film is strewn with calamity. "Some will expect *The Office* and hate it. Others will say it's better. You mustn't care."

He dismisses criticism he's "milking" a well-worn theme. "The show was 12 episodes – seven-and-a-half hours – and the film is 90 minutes – nine hours in 15 years. How is that milking it? Joseph Heller was told he'd never written anything as good as *Catch-22*, and he replied, 'Yeah, but neither has anyone else.' Lovely, isn't it? It's a bit of an analogy for *The Office*."

Will Brent now die? "I don't know. Never ▶

NEW ROMANTIC Gervais had a shot at pop stardom in the 1980s

GETTY: MARK HARRISON

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Chris Evans in his debut outing as *Captain America: the First Avenger*, premiering on Sunday C4

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NEVILLE JOHNSON
LUXURY STAIRCASE RENOVATIONS

◀ say never, but I'll have to kill him off soon."

Earlier this year he wrote, directed and starred in *Special Correspondents*, which was released by Netflix. In it, he plays a sound engineer for an arrogant radio correspondent with whom he fakes reports about a war in Ecuador from New York.

"It was going to be a Hollywood studio film but Netflix offered the same budget so it was win-win. I didn't have the trauma of trying to make a successful cinema film, yet they paid me well and didn't interfere. Perfect." He says the lukewarm reviews don't bother him.

'I like people insulting me, which is quite odd'

"I was never a comedy snob. I love Laurel and Hardy because they fall down and pick themselves up for our pleasure, which is what I try to do with Brent. Character is much more important than plot in a sitcom. Even one great character makes it good. More than one, you're flying. Someone said that comedy is a normal guy trying to do something he's not equipped to do, and Brent is the epitome of that."

Although he's brilliant at puncturing self-importance in others – especially during the four times he has hosted the Golden Globes – he's also adept at mocking himself. There's a brilliant excerpt in *Extras* where David Bowie sings he's "a little fat man" who "sold his soul".

He insists, "I like people insulting me, which is quite odd. I laugh and think, 'You can't hurt my feelings. I'm too happy.' I'd like everyone to be like that and not be upset by idiots. I am neurotic, but in a different way. If I have a cold, or find a lump, it's definitely terminal. One day I'll be right, which is a terrible thought.

"While you're alive you're in charge of your destiny. If you're nice and try your hardest, you'll probably have a better life. I'm quite chilled and try to rule out stress. Even when I had no money I was never dissatisfied and didn't care about material things. I thought the point of life was to have a roof over your head and a drink with friends. I want to go to bed thinking I didn't do anything bad today and maybe even did some good."

REBEL REBEL
David Bowie joined Gervais for a memorable musical turn in *Extras*

MY MOVIES

BY BARRY NORMAN

Brad and Arnie said No – so Matt Damon was Bourne

The Bourne Identity
Saturday 9.30pm ITV

Number five in this lucrative franchise, *Jason Bourne*, is in the cinemas now but here, with *The Bourne Identity*, is where it all began. Here, too, the eponymous hero is, of course, Matt Damon, although early on "of course" would have been pushing it a bit.

Damon was not director Doug Liman's first choice – Brad Pitt was, but he turned it down. Liman then tried several other actors including Arnold Schwarzenegger (he must have been desperate) before choosing Damon, who was promptly transformed from Oscar-winning screenwriter (for *Good Will Hunting*) into an A-list movie star.

Since then he has appeared in all except the fourth film, *The Bourne Legacy*, which he didn't fancy and in which Jeremy Renner starred.

In this initial episode, Bourne is discovered floating about in the Mediterranean with two bullets in his back. When he recovers he finds he's suffering from amnesia – no idea who he is. But, unlike most amnesiacs, he has remarkable fighting skills, is fluent in several languages and has a capsule under his hip that reveals the number of a Swiss deposit box. And in this box, there are huge sums of money and numerous passports all with his photo on them. The one he chooses to use bears the name Jason Bourne.

Now, here is where it all gets murky. By accessing the safety deposit box, Bourne has alerted the CIA, by whom he was employed as an assassin (though he doesn't know it), that he is alive. They'd thought he was dead. They'd hoped he was dead. They wanted him dead because he'd screwed up his last assignment. So Deputy Director Brian Cox and Chris Cooper, head of a CIA black ops outfit for which Bourne had worked, set out to make him dead.

Consequently he is pursued, thanks to his former employers, not only by the CIA, notably another skilled assassin Clive Owen, but also the international police.

Happily, however, he finds an ally in a German woman, Franke Potente, who drives him to Paris (where the violent fun and games truly begin), helps out in other areas and generally provides a necessary female interest in a highly macho yarn.

Intriguing though the initial premise is, it's really just a "MacGuffin" (as Hitchcock called such ploys) to justify what is essentially an action-packed thriller devised to give as much emphasis as possible to fights, killings, exciting chases, narrow escapes from death and displays of martial arts.

Damon and Liman handle this stuff very well, although in later episodes Damon and the British director Paul Greengrass handled it even better. Altogether, though, this is an encouraging start to what – as you will realise at the end – was always intended to be a franchise from day one.

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Film Reviews

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Saturday 13

ANDREW COLLINS

FILM OF THE DAY

Rise of the Planet of the Apes
★★★★ 8.00-10.00pm **C4** 12

SCI-FI If, like me, you grew up obsessed with the original *Planet of the Apes* series – five films, the TV spin-off, the Marvel comics, the bubblegum cards – you may have initially regarded the 2011 reboot with sniffy suspicion. (Let's gloss over the 2001 Tim Burton movie!) However, using the motion-capture technology pioneered by the *Lord of the Rings* trilogy and now commonplace, this thoroughly modern addition to the mythology revives intelligent ape Caesar in the empathetic, expressive form of Andy Serkis, who brings a new anthropological realism to what is essentially a remake of *Conquest of the Planet of the Apes* from 1972. James Franco's scientist hopes to cure his father's Alzheimer's and secretly raises Caesar at home, but when the chimp questions his own captivity and is taken away from the kindly Franco, an ape revolution brews. Thrilling and thought-provoking, it paves the way brilliantly for sequel *Dawn of the Planet of the Apes*, with *War for the Planet of the Apes* due in 2017. (*US 2011, HD*)

DID YOU KNOW?
The orangutan Maurice that Caesar meets in prison is named after Maurice Evans, who played Dr Zaius in the 1967 *Planet of the Apes*

DAYTIME

The 39 Steps ★★★★★
7.50-9.15am **BBC2** U

THRILLER Alfred Hitchcock brings John Buchan's novel to the screen with characteristic wit. In this case, the innocent man on the run is Richard Hannay (a winning Robert Donat), who gets dragged into an espionage conspiracy after an outing to a London music hall and ends up in Scotland handcuffed to an icy blonde (Madeleine Carroll). Playing "spot the recurring Hitchcock motif" is almost as thrilling as the chase itself, and the chemistry between Donat and Carroll is palpable. **AC** (*UK 1935, BW, HD*)
Happy birthday, Hitch: p52

The Mummy ★★★
4.00-6.15pm **ITV** 12

ADVENTURE In the good old days, the Mummy was merely a shambling bag of rags. Now, thanks to special-effects wizards, this digitally manipulated villain can meet his adversaries in a world of vibrant action and epic adventure. It's all here: ancient curses, an embalmed high priest, a search for treasure and dashing legionnaire Brendan Fraser romancing prim librarian Rachel Weisz. Director Stephen Sommers has gilded the original story to excess at times (flesh-eating beetles, zombie slaves). Yet Fraser does his macho best as an Indiana Jones clone, tackling every scene with endearing enthusiasm. **AJ** (*US 1999, HD*)

Mission: Impossible ★★★★
4.30-6.40pm **Film4** 12

ACTION Star Tom Cruise and director Brian De Palma join forces for this thrilling extravaganza of jaw-dropping special effects and amazing stunts. Based on the 1960s TV series about a covert strike force designing situations to bamboozle villains, it's best to forget the plot – something about Cruise proving to the CIA he's not a traitor – and simply enjoy the rollercoaster ride that De Palma brings to life with his customary brilliance. The burglary of a guarded vault and the Channel Tunnel helicopter pursuit are worth it alone. Showing in a double bill with the sequel. **AJ** (*US 1996, HD*)

EVENING

Men in Black 2 ★★
6.20-8.00pm **C4** 12

SCI-FI While a sequel to 1997's hit *Men in Black* was a financial inevitability, its quality was less easily guaranteed. Director Barry Sonnenfeld returned with smart-suited alien immigration agents Jay (Will Smith) and Kay (Tommy Lee Jones), and again they're saving the planet. This time, however, it's super sexy Lara Flynn Boyle who's causing the cosmic chaos as an evil alien queen, and her performance lacks depth and menace. Thankfully, there are enough flashy special effects, colourful alien life and sharp humour to keep things vaguely watchable. **SF** (*US 2002, HD*)

The Matrix Revolutions ★★★
9.00-11.25pm **ITV2** 15

SCI-FI Continuing straight on from the events of *Reloaded*, the first hour of this second sequel plays like an extended version of the previous film: annoyingly cryptic chats, acrobatic shoot-outs and inert pacing. But, in a great second half, the Wachowski brothers get the trilogy back on track, as humans in huge combat armour battle valiantly to protect their Zion stronghold against a million robotic Sentinels. Both technically and artistically, this extended siege is perhaps the most impressive set piece of the series, while Keanu Reeves's journey as Neo culminates in a gravity-defying, rain-soaked duel with Agent Smith (Hugo Weaving) that is superhero spectacle par excellence. **JC** (*US 2003, HD*)

Gone in Sixty Seconds ★★
9.00-11.15pm **Sky1** 15

ACTION The car's the star in this boys-and-their-toys yarn that, unfortunately, has too little action to cover for the absence of plot. Nicolas Cage plays a reformed car thief who is forced to pull off an impossible job – steal 50 top-of-the-range cars in four nights – for bad guy Christopher Eccleston, in return for his brother's life. Cage ropes in his old crew – including ex-flame Angelina Jolie – for the job, but it's over an hour before we get any stealing or crashing. **JB** (*US 2000, HD*)

The Bourne Identity ★★★★
9.30-11.00pm, 11.15pm-12midnight **ITV** 15

Barry Norman My Movies, p33. (*US 2002, HD*)

Gladiator ★★★★★
10.00pm-12.55am **C4** 15

EPIC Ridley Scott produced the first genuine Roman epic since 1964's *The Fall of the Roman Empire* with this virtual remake that deals with the transition of power from the sage-like Marcus Aurelius to his monstrous son, Commodus. The fictional hero, General Maximus, is Caesar's adopted heir, whom Commodus turns into an exile after killing his family. Becoming a gladiator, Maximus fights to avenge his loved ones and save the soul of Rome. The film's strengths are a fine script, which doesn't stint on the politics, and excellent performances from Richard Harris as Aurelius and Oliver Reed, in his final film, as a gladiator trainer. Also superb is Joaquin Phoenix as the paranoid Commodus, while Russell Crowe is utterly convincing as the Spartacus-like hero. **AT** (*US 2000, HD*)

LATE NIGHT

The Kid with a Bike ★★★★
12.55-2.20am **BBC2** 12

DRAMA An 11-year-old tearaway starts to make sense of the conflict around him in this subtle, touching drama from the Dardenne brothers. Languishing in care, young Cyril (Thomas Doret, a real find) can see no further than escaping to be united with his father. However, it soon becomes painfully obvious that the errant father wants very little to do with the boy. In the wrong hands, this could have been a turgid soap opera, but the Dardenne siblings keep the story moving at a cracking pace, scrupulously avoiding any syrupy sentiment, and deliver a drama that's both emotionally wrenching and morally complex. **TJ** (*Bel/Fr/It 2011, HD*)

PICK OF THE REST...

Two Tickets to Broadway ★★★
6.10-7.50am **BBC2** U
Musical with the late Gloria DeHaven. (*1951*)

Carry On Up the Jungle ★★★
12.50-2.45pm **ITV3** PG
Bawdy spoof of the Tarzan legend. (*1970*)

The Smurfs ★★ 2.35-4.40pm **ITV2** U
The blue creatures go on the run in New York. The sequel is on tomorrow. (*2011, HD*)

Dunkirk ★★★ 4.15-7.00pm **ITV4** PG
Impressive Ealing reconstruction of the infamous wartime evacuation. (*1958, BW, HD*)

The Hobbit: an Unexpected Journey ★★★ 5.45-9.00pm **ITV2** 12
Bilbo begins an odyssey fraught with peril. The sequel is showing tomorrow. (*2012, HD*)

Superhero Movie ★★★
10.00-11.45pm **Comedy Central** 12
Unexpectedly funny send-up. (*2008, HD*)

Treacle Jr ★★★
2.20-3.35am **BBC2** 15
Offbeat mismatched-buddy movie. (*2010, HD*)

DISCOVER FILM
The best of Sky, iPlayer, Netflix and beyond... see p52

U – suitable for all; **PG** – Parental Guidance – for general viewing, but some scenes may be unsuitable for young or sensitive children; **12A** – mainly 15 – younger children must be accompanied by an adult; **12, 15, 18** – for viewers of these ages and over

★★★★★ OUTSTANDING ★★★★ VERY GOOD ★★★ WORTH WATCHING ★★ COULD BE WORSE ★ POOR **P** PREMIERE **FV** FAMILY VIEWING **HD** HIGH DEFINITION

Sunday 14

ANDREW COLLINS

FILM OF THE DAY

Captain America: the First Avenger ★★★ *8.00-10.30pm* **C4** 12

ADVENTURE We're now three films into the Captain America franchise after this year's *Captain America: Civil War* (the 1940s-conceived, red-white-and-blue shield-wielder has also appeared in two Avengers adventures) so it is with some relief from the ever-expanding Marvel universe that we can sit down and enjoy a simple origins story. Our first glimpse of milksop weakling Steve Rogers (a likeable Chris Evans, alarmingly reduced physically by CGI) is when he's rejected for military service in 1942. We follow his transformation into Captain America by way of colonel Tommy Lee Jones and his "super soldier" programme, assisted by sassy Hayley Atwell (who has since earned her own TV spin-off, *Agent Carter*). We also meet Iron Man Tony Stark's inventor dad (Dominic Cooper) and villain Red Skull (Hugo Weaving). Our hero fights the Nazis for a relic, *Raiders of the Lost Ark*-style, and director Joe Johnston (*Jurassic Park III*) has great fun with the wartime setting. It all fits together nicely. (US 2011, HD)

DID YOU KNOW? Hayley Atwell based her character on Ginger Rogers: "She can do everything Captain America can do, but backwards and in heels"

DAYTIME

The Prisoner of Zenda ★★★★ *1.00-2.40pm* **BBC2** U

ADVENTURE Stewart Granger is marvellous as both Rudolf Rassendyll and King Rudolf in this splendid MGM Technicolor version of the Ruritanian romance, which is arguably the best adaptation of Anthony Hope's 1894 tale. Granger was born to fence and carouse, and he's equally at ease romancing his Flavia (Deborah Kerr). And there could be no finer Rupert of Hentzau than James Mason. The special effects are brilliant, too. In the year of Elizabeth II's accession, this re-filming had great resonance, and a great deal more panache than those versions that came before or since. **TS** (US 1952)

Peter Pan ★★★ *3.25-5.30pm* **ITV** HD

FANTASY In this adaptation of JM Barrie's masterpiece, Peter Pan and Wendy flirt shamelessly in Neverland. In fact, Peter (Jeremy Sumpter) nearly ends up with a wife. It's no wonder that fairy Tinker Bell (called "Tink" and played with spirit by Ludivine Sagnier) occasionally throws a tantrum or two. Peter and Wendy (Rachel Hurd-Wood) trifle alarmingly, but convincingly, with each other's hearts as they tussle with Jason Isaacs's terrifying Captain Hook. Australian director/screenwriter PJ Hogan (*My Best Friend's Wedding*, *Muriel's Wedding*) also brings startlingly eye-catching visuals and, despite Sumpter's American accent, manages to retain the essential Englishness of the source text. **TH** (US/UK/Aus 2003, HD)

EVENING

Megamind ★★★★ *6.30-8.00pm* **BBC2** HD

COMEDY This fast-paced animation will delight kids, grown-ups and comic book fans. Blue bulbous-headed villain Megamind (voiced by Will Ferrell) finally defeats his longtime nemesis Metro Man (Brad Pitt), but grows bored and creates a new adversary, Tighten (Jonah Hill). But then, Megamind has to come to the rescue of Metro City – and especially its spunky TV reporter Roxanne Ritchi (Tina Fey). Director Tom McGrath packs in countless sight gags and whip-smart one-liners, poking specific fun at the Christopher Reeve Superman movies. Terrific fun all the way. **TeS** (US 2010, HD)

A kids' double bill, p72

The Hobbit: the Desolation of Smaug ★★★ *6.55-10.00pm* **ITV2** 12

FANTASY Martin Freeman soldiers on as Bilbo Baggins, but is pushed even further into the background in this second part of Peter Jackson's long, drawn-out adaptation of the JRR Tolkien classic. The attention to detail is again all in the visual realisation of Middle-earth and some extraordinary action, including a sticky situation with giant spiders and Bilbo's encounter with the Dragon Smaug (voiced by Benedict Cumberbatch). Evangeline Lilly is a welcome addition as elvish warrior Tauriel, who brings some much needed heart and urgency to the story, caught between a brooding Legolas (Orlando Bloom) and flirty dwarf Kili (Poldark's Aidan Turner). **SP** (US/NZ 2013, HD)

This Is England ★★★★ *9.00-11.05pm* **Film4** 18

DRAMA The sixth feature from British film-maker Shane Meadows offers a semi-autobiographical portrait of skinheads in the 1980s. Set in a bleak (unnamed) northern town, it follows 12-year-old Shaun (Thomas Turgoose) as he's adopted by a group of kindly, multiracial skinheads. A touchingly funny first half gives way to something more disturbing as Shaun is drawn to a breakaway group of National Front supporters led by Stephen Graham. Like much of Meadows's work, *This Is England* pivots on a relationship between a child and a disturbed father figure; this time, though, the writer/director delivers what could be his masterpiece. Coaxing a superb performance from his young lead and brilliantly evoking the Thatcher era, Meadows has created a film to be reckoned with. **JR** (UK 2006, HD)

Pulp Fiction ★★★★★ *10.00pm-1.00am* **C5** 18

CRIME Not as abrasive as *Reservoir Dogs*, this follow-up confirmed Quentin Tarantino's genius for also writing hard-boiled comic dialogue. It also demonstrates a control over a wealth of characters and crossplots that was simply astonishing for a film-maker still, essentially, in the process of learning his trade. Originally called *Black Mask*, the picture went on to scoop the Palme d'Or at the Cannes film festival and win Oscars for Tarantino and his co-writer Roger Avary. Scorching though the writing is, it needed a high-calibre cast to carry it off. Uma Thurman, Bruce Willis and Christopher Walken are excellent, but the revitalised John Travolta and the then unknown Samuel L. Jackson are unforgettable. One of the best films of the 1990s. **DP** (US 1994, HD)

Cuban Fury ★★★ *10.30pm-12.15am* **C4** 15

COMEDY Nick Frost carries himself very well as a one-time salsa prodigy who returns to the floor after years in a dead-end job. The idea that he can bust Latin moves isn't played for laughs. Instead, director James Griffiths would have us believe that he might actually win a contest and the heart of his boss (Rashida Jones), too. It's a hard premise to buy, but there's plenty of rib-tickling banter between Frost and his co-stars, who include Ian McShane as his mu... Chris O'Dowd as a greasy love rival ... a scene-stealing Kayvan Novak as a flamboyant fellow dancer. **SP** (UK 20...

LATE NIGHT

Mister John ★★★★ *11.25pm-12.55am* **BBC2**

DRAMA Writer/directors Joe Lawlor and Christine Molloy take a subject rich for thriller treatment and instead create a disconcerting character study. Gerry (Aidan Gillen) travels to Singapore after the death of his brother John, an expat who ran a hostess bar. John's wife (Zoe Tay) asks him to stay and a luggage mix-up means he has to raid John's wardrobe. He soon realises that he can slip just as easily into John's life. Lawlor and Molloy concentrate on these human elements, deflating moments of tension with black humour. The film is beautifully shot, too, and while the dreamlike atmosphere makes the viewer feel as much of an outsider as the hero, Gillen's intense yet subtle performance remains utterly compelling. **LB** (Ire/UK/Sing 2013, HD)

PICK OF THE REST...

WarGames ★★★★ *1.00-3.10pm* **C5**
A whizzkid hacks the Pentagon. (1983, HD)

Gandhi ★★★★★ *1.00-4.45pm* **Movie Mix**
Oscar-winning biopic. (1982)

The Time Machine ★★ *3.10-5.00pm* **C5**
Dull, effects-heavy adaptation. (2002, HD)

The Railway Children ★★★★★ *3.40-5.55pm* **ITV3** U
Three children move from London to the country in this nostalgic drama. (1970, HD)

The Likely Lads ★★★ *3.45-5.30pm* **Gold**
This decent comedy outing is lifted by the lead performances. (1976)

Journey to the Center of the Earth ★★ *4.30-6.30pm* **E4**
Brendan Fraser stars in a wholesome action adventure. (2008, HD)

Planet of the Apes ★★★ *5.00-7.00pm* **C5** 12
Tim Burton's "re-imagining". (2001, HD)

Happy Feet ★★★★ *5.00-7.00pm* **Boomerang** *(Sky 603, Virgin 730)* U
Oh, those dancing penguins. (2006)

Suffragette ★★★★ *8.00-10.00pm* **Sky Premiere** 12
See choice, p62. (2015, HD)

Restrepo ★★★ *9.00-11.00pm* **National Geographic** 15
Compelling, disconcerting insight into the war in Afghanistan. (2010, HD)

DISCOVER FILM
The best of Sky, iPlayer, Netflix and beyond... see p62

Monday 15

BARRY NORMAN

FILM OF THE DAY

Enemy of the State ★★★★ *9.00-11.30pm* **Sky1** 15

DID YOU KNOW? The movie's technical adviser, Larry Cox, is an ex-National Security Agency official. The NSA itself refused to co-operate with the film

THRILLER A 1998 conspiracy thriller by director Tony Scott in which National Security Agent Jon Voight arranges the killing of a US congressman who opposes a bill to increase government snooping. Rather prescient considering the draconian anti-terrorism laws later introduced by Dubya after 9/11. Voight then ruins the life and career of lawyer Will Smith by framing him for the dastardly deed because Smith is in possession of a video showing the murder. So now Smith is on the run, Voight and his NSA team using all manner of high-tech equipment to try to track him down. Fortunately he has one strong ally in Gene Hackman, a former US spy now leading a shadowy undercover life. All quite complicated, but action-packed and exciting enough. (US 1998, HD)

The Lost World ★★★ *10.55am-12.55pm* **More4** PG

FANTASY Long before Steven Spielberg and Michael Crichton got there, the "master of disaster" Irwin Allen had already transported audiences to a lost world, author Sir Arthur Conan Doyle's South American plateau forgotten by time. In one of his later roles, Claude Rains leads the cast of lesser stars on an Amazonian expedition where they confront a host of magnified pet-shop lizards with plastic fins in this glossy, if conventionally plotted, fantasy adventure. **AJ** (US 1960, HD)

The Stranger ★★★ *4.00-6.00pm* **Talking Pictures TV** PG *(FreeviewHD 81, Freesat 306, Sky 343)*

THRILLER Orson Welles was said to have had little time for this thriller about the search for a Nazi war criminal in small-town America, but it helped put him back on the Hollywood map. There are some of his characteristic directorial touches on view, as well as some of the actorly excesses that typified the performances he gave when he was jobbing to fund his more personal projects. Stars Edward G Robinson and Loretta Young are impressive, but the eye always alights on the imposing, third-billed Welles. **DP** (US 1946, BW)

Stepmom ★★★★ *9.00-11.35pm* **Sony Channel** 12

DRAMA Despite its unappealing title, this is a touching and sophisticated film about life after divorce that examines the issue of bringing a new partner into the family set-up. As the girlfriend of divorcee Ed Harris, photographer Julia Roberts is in unfamiliar territory and starts off on the wrong foot. Attempting to win over Harris's two children, she finds herself competing with "perfect" mother Susan Sarandon and doing rather badly. However, when Sarandon falls ill, the women must reappraise their priorities. Strong performances from actors who are not afraid to be unsympathetic, and unpredictable plot twists, make this far from your average sentimental family drama. **LH** (US/Ger 1998)

The Change-Up ★★★★ *11.25pm-1.40am* **Film4** 15

COMEDY The body-swap comedy gets a shake-up, with Ryan Reynolds and Jason Bateman breaking boundaries of taste. As single, bed-hopping Mitch, Reynolds makes pal Dave (Bateman) question his own life choices – changing nappies and doing "dialogue night" with the missus (a dry Leslie Mann). The stars are cast in familiar roles, but the beauty is that they play against type and become more likeable when lost in each other's bodies. The gags often go below the belt, but fortunately director David Dobkin (*Wedding Crashers*) knows how to make such silliness work. **SP** (US 2011, HD)

Making a splash, p72

Losing Chase ★★★ *1.00-3.00am* **True Entertainment** 15

DRAMA Kevin Bacon's directorial debut sees wife Kyra Sedgwick in a pivotal role and brother Michael responsible for the score. Helen Mirren stars, as a depressed wife in love with the home help her husband hired to lighten the load. Bacon relies on his cast, restricting himself to the odd showy moment and some cross-cuts, suggesting he's got what it takes behind the camera as well as in front of it. **DP** (US TVM 1996)

PICK OF THE REST...

The Call of the Wild: Dog of the Yukon ★★★ *1.00-2.50pm* **Movie Mix** 12
Rutger Hauer stars in this entertaining version of Jack London's classic. (1996)

Millionaire Mystery: the Ultimate Gift ★★ *3.10-5.00pm* **C5**
Drew Fuller plays the trust-fund kid who's set a series of challenges. (2007, HD)

Star Trek: Generations ★★★★ *9.00-11.30pm* **Syfy** PG
Entertaining sci-fi with members of the *Star Trek* and *Next Generation* casts. (1994)

Desperado ★★★★ *10.50pm-12.50am* **Movies4Men** 18
Antonio Banderas seeks vengeance in this explosive actioner. (1995)

DISCOVER FILM
The best of Sky, iPlayer, Netflix and beyond... see p72

Tuesday 16

FILM OF THE DAY

Donnie Brasco ★★★★ *9.00-11.35pm* **Movie Mix** 18

CRIME In this 1970s-set drama, Al Pacino stars as a sleazeball who inducts young Brasco (Johnny Depp) into the codes and "family" values of organised crime. In fact, Brasco is an FBI agent. In a way, it's a curious reversal of Pacino's earlier role in *Serpico*, where his character went under cover. Directed by Mike Newell, it's pitched midway between the epic *Godfather* and the flash *GoodFellas*, and develops nicely as Depp finds himself becoming fond of his monstrous mentor.
Adrian Turner (US 1997)

The Heartbreak Kid ★★★ *9.00-11.20pm* **Universal** 15

COMEDY An outrageous remake of Neil Simon's 1972 tale of love and marriage, with Ben Stiller as awkward bachelor Eddie, who marries Lila (Malin Akerman) in haste then repents at leisure after falling for Miranda (Michelle Monaghan). Comic complications ensue, and this being a Farrelly brothers film, they often involve bodily fluids and/or functions. Surprisingly, Simon's original set-up withstands the coarseness. **JR** (US 2007, HD)

PICK OF THE REST...

Buried Secrets ★★ *3.15-5.00pm* **C5**
Routine murder mystery. (2014, HD)

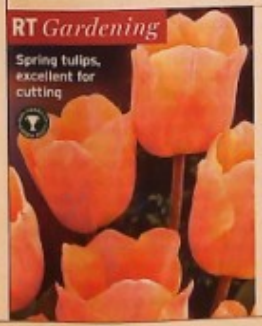
Fun with Dick and Jane ★★ *9.00-11.00pm* **Comedy Central** 12
Jim Carrey and Téa Leoni star. (2005, HD)

The Naked Gun: from the Files of Police Squad! ★★★★★ *10.00-11.50pm* **ITV4** 15
Leslie Nielsen causes mayhem in this frequently hilarious spoof. (1988, HD)

The Bucket List ★★★ *10.00pm-12 midnight* **W** 12
Charming road movie with Morgan Freeman and Jack Nicholson. (2008, HD)

MORE FILM CHOICES, P82

RT *Gardening*



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Wednesday 17

BARRY NORMAN

FILM OF THE DAY

Big ★★★★
6.55-9.00pm *Film4* 12

COMEDY At a fairground 12-year-old David Moscow asks a "wish machine" to make him big. The next morning he awakens to find himself transformed into 31-year-old Tom Hanks. His mother, naturally, doesn't recognise him and thinks he's his own abductor so, with his 12-year-old friend Jared Rushton, Hanks runs away to New York. There he lands a job with a toy company where his still childlike imagination enables him to invent wonderful new toys and gains him promotion. He also gains the attention of decidedly adult colleague Elizabeth Perkins. All this could have become mawkish and a touch unpleasant, but it's nicely played and sensitively directed by Penny Marshall, so the end result is a gentle, often very funny fantasy. (US 1988, HD)

DID YOU KNOW? Penny Marshall became the first female director to gross $100 million

Six Days Seven Nights ★★★
8.00-10.00pm *5STAR* 12

ADVENTURE This comedy yarn stars Anne Heche as a journalist who sets out on a romantic island trip with her fiancé (David Schwimmer) but ends up stranded on an even more remote island with drunken pilot Harrison Ford. Director Ivan Reitman decides that pirates and ludicrous plot twists are more intriguing than exploring the chemistry between the two leads, so this is enjoyable thanks to the attractive screen presence of both Heche and Ford, but it could have been so much better. **JB** (US 1998)

The Green Prince ★★★
12.20-2.10am *Sky Atlantic* 15

DOCUMENTARY The story of Mosab Hassan Yousef beggars belief. The son of a leading light in Hamas and ideally placed to monitor any potential terrorist activity by the group, Yousef was persuaded to turn informer by Gonen Ben Yitzhak, a senior operative within Israel's top secret security force Shin Bet. What prompted Yousef to accept such a dangerous mission is never fully explained, but this often gripping documentary goes a long way to portraying the paranoid mindset of a man who went on to betray his closest family. **DW** (Ger/US/UK/Is 2014, HD)

Bobby ★★★★
1.00-3.25am *Movie Mix* 15

DRAMA This is not a biopic of the US presidential hopeful Robert Kennedy but the story of one day in 1968 at the Los Angeles hotel that acted as his campaign headquarters. Writer/director Emilio Estevez follows staff and guests, played by a starry ensemble including Estevez himself, dad Martin Sheen, Anthony Hopkins, Demi Moore and Elijah Wood. But it's Sharon Stone who impresses the most. The plot lacks drive, but Estevez brilliantly captures a moment in time and the final scenes are heart-rending. **BP** (US 2006)

Black Souls ★★★★
1.10-3.15am *Film4* 15

DRAMA Here's a layered, believable look at the reach and consequences of criminality set predominantly in Africo, Calabria – an area of Italy controlled by the Mafia-like 'Ndrangheta. It homes in on three siblings: drug trafficker Marco; corrupt money man Peppino; and their elder brother (the excellent Fabrizio Ferracane), a seemingly pious goat-herd trying to keep his son on the straight and narrow. If its remote location gives it the feel of a western, it certainly forgoes the swagger of traditional gangster films for something more prosaic. The focus moves fluidly around each player while the action is unflashy. **EAS** (It/Fr 2014, HD)
Belissima morte, p92

PICK OF THE REST...

Killer Instinct: From the Files of Agent Candice DeLong ★★ 3.20-5.00pm *CS*
Weak fact-based crime drama. (2003, HD)

Public Enemies ★★★★
10.00-12.50am *ITV4* 15
Michael Mann's dazzling crime thriller stars Johnny Depp as legendary 1930s gangster John Dillinger. (2009, HD)

Reservoir Dogs ★★★★★
11.00pm-1.00am *Spike* 18
Thrilling story of a bungled heist. (1991)

The Last Exorcism ★★★
12.40-2.05am *C4* 15
Spooky tale of a preacher trying to debunk the myth of exorcism. (2010, HD)

DISCOVER FILM
The best of Sky, iPlayer, Netflix and beyond... see p92

Thursday 18

FILM OF THE DAY

Titan AE ★★★★
8.00-10.00pm *Syfy* PG

SCI-FI This animated spectacular kicks off with the blowing-up of the Earth, forcing survivors (voiced by Matt Damon and Drew Barrymore) to reactivate a hidden spacecraft. Three parts *Star Wars* to one part *Star Trek*, this imaginatively blends cel and digital animation, resulting in something well beyond mere eye candy for kids. One particularly glorious scene has space "angels" riding the bow wake of a starship in the same way that dolphins ride the bow waves of boats. **Dave Aldridge** (US 2000)

The Natural ★★★★
4.15-7.05pm *Movie Mix* PG

DRAMA Barry Levinson directs Robert Redford at his best as a baseball player who experiences the highs and lows of the game, and of relationships. Baseball here is seen as something magical – Redford has a mystical bat, fashioned from a tree struck by lightning. If you can suspend disbelief and let yourself be drawn in, you'll be rewarded with a heart-warming experience. **JB** (US 1984)
Happy birthday, Bob: p102

X-Men Origins: Wolverine ★★
10.00pm-12.05am *E4* 15

ADVENTURE Logan aka Wolverine (Hugh Jackman) is the most charismatic of the X-Men and this origin story tries to capitalise on that. Jackman breathes real life into him before pyrotechnics take over. Director Gavin Hood (*Tsotsi*) also makes heavy weather of the comic-book mythology, with a string of dull battles between indistinguishable super mutants that culminates on a cooling tower. **JR** (US 2009, HD)

PICK OF THE REST...

Drums across the River ★★
11.15am-12.55pm *More4* PG
Average Audie Murphy western. (1954, HD)

Survive the Serengeti: Against the Wild 2 ★★★ 3.15-5.00pm *CS*
Two kids trek through the wilderness after a plane crash. (2016, HD)

Kevin & Perry Go Large ★★★
9.00-10.45pm *Comedy Central* 15
Harry Enfield and Kathy Burke play the moody teens in sunny Ibiza. (2000, HD)

The Matrix Reloaded ★★★
9.00-11.45pm *ITV2* 15
In this ambitious sci-fi action sequel, Keanu Reeves, Carrie-Anne Moss and Laurence Fishburne return to the virtual world to fulfil a prophecy. (2002, HD)

MORE FILM CHOICES, SEE P102

Friday 19

They Might Be Giants ★★★
11.10am-12.55pm *More4* U

MYSTERY This curio features George C. Scott as a New Yorker who thinks he's Sherlock Holmes. He encounters a psychiatrist, Dr Watson, who declares him to be suffering from classic paranoia. And since this Dr Watson is played by Joanne Woodward, the tale also gains a weird romantic angle. This isn't for everyone. Some may find it silly and sentimental; others a captivating romantic fantasy. Studio cuts certainly don't help matters, but it remains a rarity of some distinction. **AT** (US 1971, HD)

Androcles and the Lion ★★★
2.00-4.00pm *Talking Pictures TV (FreeviewHD 81, Freesat 306, Sky 343)* U

COMEDY George Bernard Shaw's Roman fable proved to be an interesting and quirky one-off when it was brought to the screen, but it failed to grab the public's attention. Under the oppressive regime of Howard Hughes, this RKO movie was a long time in the making, and stars Victor Mature and Jean Simmons found greater success with their next foray into Roman history together, *The Robe*. Still, there's a charming performance from Alan Young as Androcles – it seems that talking to animals was his forte as he became a big TV star opposite "Mr Ed", the talking horse. **TS** (US 1952, BW)

Aliens ★★★★★
9.00pm-12.05am *E4* 15

SCI-FI Surpassing its predecessor in terms of sheer spectacle, this sequel to Ridley Scott's outer-space nightmare from director James Cameron is outstanding. Sigourney Weaver wakes up 57 years after the original events, only to be told that the planet where she first met the alien predator has been colonised. When all contact with the inhabitants is lost, she's sent in with a crack squad of marines and hurtles headlong into a hi-tech house of horrors that delivers plenty of shocks and nail-biting suspense. Cameron exploits everyone's worst fears and carries them to the extreme in this consummate Oscar-winning fright-fest. **AJ** (US 1986, HD)

Forgetting Sarah Marshall ★★★
10.40pm-12.40am *ITV* 15

COMEDY The team behind *The 40 Year Old Virgin* and *Knocked Up* is behind this sometimes riotous anti-romantic comedy. After musician Peter (Jason Segel) is dumped by his girlfriend Sarah (Kristen Bell), he takes a trip to Hawaii to get over her. But when Peter arrives, he bumps into Sarah and her new British rock star boyfriend (Russell Brand). All the leads are likeable and well cast, while the Hawaiian scenery looks great. But like producer Judd Apatow's previous films, it is somewhat overlong. As compensation, it is often laugh-out-loud funny, with a broad humour that delivers belly laughs by the barrel-load. **DA** (US 2008, HD)

ANDREW COLLINS

FILM OF THE DAY

In Time ★★★★
9.00-11.10pm *5STAR* 12

SCI-FI Perhaps like me you enjoyed Kiwi writer/director Andrew Niccol's 1997 debut *Gattaca*, which dealt with the philosophical and actual physical dangers of genetic engineering in utopian/dystopian futures. In 2011, he had another crack at the same hot-potato issue with *In Time*, the premise here being that at the age of 25, people are granted one more year and then programmed to die, although extra time can be bought, which means the rich live longer. Justin Timberlake plays a factory worker with little hope of buying extended life who – and I won't say how – accesses an additional 116 years and decides to use this time to overturn the temporal caste system. With a hip cast including Cillian Murphy, Amanda Seyfried and *Mad Men*'s Vincent Kartheiser, Niccol's fascinating, allegorical concept almost carries the story to its conclusion, but it's made repetitive by one too many races against time (although I guess that was inevitable). Pop idol Timberlake is proving a creditable actor, and you'll root for him in this outing. (US 2011)

DID YOU KNOW? Seyfried's heroine doesn't appear for 26 minutes while Olivia Wilde (as Timberlake's mother) only appears in the first 20 minutes

Burke & Hare ★★★
11.10pm-12.35am *BBC2* 15

BLACK COMEDY Director John Landis (*An American Werewolf in London*) turns the grisly tale of the Edinburgh corpse-sellers into a twisted take on emerging capitalism in a smart but sinister tale that's very much in the old Ealing tradition. Simon Pegg (Burke) and Andy Serkis (Hare) make a well-matched double act – pitched as a sort of entrepreneurial Morecambe and Wise – and the gags run the hit-and-miss gamut from the subtly understated (pot shots at Wordsworth and Greyfriars Bobby) to crass slapstick (the dumping of chamber pot contents). **AJ** (UK 2010, HD)

Elizabeth: the Golden Age ★★★★
12.15-2.15am *ITV3* 12

HISTORICAL DRAMA Almost ten years after her dazzling break-out role in *Elizabeth*, Cate Blanchett reteams with director Shekhar Kapur. Queen Elizabeth I is now a little older and a lot wiser, as she faces potential conflict with Philip II of Spain (Jordi Mollà) and betrayal by her own cousin, Mary Stuart (Samantha Morton). It's only in her personal life that she's imprudent, flirting with Sir Walter Raleigh (a dashing Clive Owen), then growing jealous when his attention wanders. Although Kapur plays fast and loose with history, Blanchett leads the charge with guts and charisma. **SP** (UK/Fr 2007, HD)

REVIEWERS THIS WEEK Dave Aldridge, Lucy Barrick, Joanna Berry, Jason Cara, Andrew Collins, Peter Freedman, Sloan Frost, Lorien Haynes, Tom Hutchinson, Trevor Johnston, Alan Jones, Stella Papamichael, David Parkinson, Brian Pendreigh, Jamie Russell, Emma Simmonds, Tony Stoman, Terry Staunton, Adrian Turner, Damon Wise

PICK OF THE REST...

The Santa Suit ★★ 3.15-5.00pm *CS*
True-meaning-of-Christmas fantasy. (2010)

Hotel for Dogs ★★★
6.55-8.25pm *CBBC* U
Kid and canine waifs need a home. (2009, HD)

The Martian ★★★★
8.00-10.25pm *Sky Premiere* 12
See choice, page 112. (2015, HD)

The Full Monty ★★★★★
9.00-10.55pm *Sony Channel* 15
Hilariously revealing comedy. (1997)

Night of the Living Dead ★★★★★
12.45-2.30am *Horror Channel* 15
Classic zombie horror. (1968, BW)

Road Trip: Beer Pong ★
1.30-3.10am *C4* 15
More college kids go wild. (2009, HD)

DISCOVER FILM
The best of Sky, iPlayer, Netflix and beyond... see p112

Films worth paying for...

Hi ho, hi ho, it's off to war we go

The Huntsman: Winter's War ★★★ 12
From Mon ***Sky Store/Sky Box Office/Virgin*** *(also DVD, Blu-ray and download)*

FANTASY ADVENTURE Chris Hemsworth is as smooth as ever in this *Snow White and the Huntsman* spin-off, but that means some of the edge that Kristen Stewart brought to that film is lost.

It's left to Jessica Chastain and Emily Blunt to deliver it as a fellow warrior and Ice Queen, respectively. Charlize Theron also returns as the evil Ravenna, this time in a smaller role alongside Blunt, the sister who loses a child, becomes an ice queen and raises an army. Hemsworth and Chastain are its leaders until they fall in love, incurring her chilly wrath in events that lead up to the previous film.

Director Cedric Nicolas-Troyan's movie is a little uneven, but he's a master of visuals and produces a cool, glittering spectacle. He lightens the gloom further with comic turns by Rob Brydon, Nick Frost and Sheridan Smith as dwarfs, making this an amusing twist on the original fairy tale. **Stella Papamichael** (US 2015, HD)

PICK OF THE REST

Louder than Bombs ★★★★ 15
From Mon ***Sky Store****, from Fri* ***Virgin***

DRAMA This delicate, mournful tale starring Jesse Eisenberg, Gabriel Byrne and Isabelle Huppert follows a family that is haunted by loss as they struggle to tell withdrawn teenager (Devin Druid) the truth about his mother's death. As the story unfolds it moves through a series of flashbacks and dream sequences, showing how each person had a unique relationship with the woman. It might lack a little focus, but this is still a potent story about grief and memory. **SC** (US/UK 2016, HD)

...OR A NIGHT AT THE CINEMA

Nerve 15
A teenager (Emma Roberts) playing an online game of Truth or Dare starts to suspect her life is being manipulated.

Pete's Dragon ★★★★ PG
The life of a boy who has lived alone in the woods for six years protected by a dragon is about to change. Bryce Dallas Howard and Wes Bentley star.

The Shallows ★★★ 15
Surfer Blake Lively tries to avoid becoming lunch for a great white shark.

Wiener-Dog ★★★★ 15
That's sausage dog to you. The lives of four dysfunctional owners (including Greta Gerwig and Danny DeVito) are enriched by a lovable mutt.

For more reviews: radiotimes.com/film

DVD OF THE WEEK

Criminal ★★★ 15 *Released 15 August on DVD, Blu-ray and download*

This enjoyable thriller is anchored by Kevin Costner as convicted sociopath Jericho. The breathless opening set-up sees Ryan Reynolds's undercover CIA agent, Pope, whose luck has run out as he's chased across London. Unfortunately for his boss (Gary Oldman, frothing at the mouth), the whereabouts of a cyber-terrorist (Michael Pitt) remain locked inside Pope's vegetating brain. Enter a science whizz (Tommy Lee Jones) with guinea pig Jericho, whose faulty frontal lobe is implanted with Pope's memories with a bit of genetic jiggery-pokery. Director Ariel Vromen adopts a Euro-grit aesthetic that is slightly at odds with the high concept, but in amid the rollicking violence and obvious softer scenes there's a good dose of wink-wink humour. The DVD includes a making-of featurette. **Stella Papamichael**

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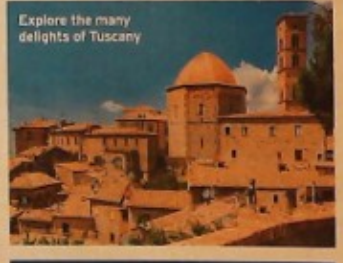

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Television

Bake Off for geeks

David Butcher celebrates robots at war – and nerds at play

It's a truism of television that the best shows have an unmistakable vibe to them, an atmosphere that is unlike anything else. Think of *The Great British Bake Off* with its country-fête niceness or *Strictly* with its spangle and spray tan. Or look at *Dragons' Den*, which enlivens a discussion of equity stakes and cash flow by placing it in what looks like a Victorian debtors' prison.

They all have a unique flavour: you watch half a second and you know where you are. Right before *Dragons' Den* on Sunday nights is another show that belongs in the same company, which I have found myself falling madly, nerdily in love with. *Robot Wars* is like nothing else around. Its mood (as with the 1990s original) is all sparks and flames and spinning angle grinders, accompanied by the terrifying shriek of Jonathan Pearce's commentary.

Essentially, it's about angry little machines thumping each other. It's like cage-fighting for remote-control vacuum cleaners. The heavily armour-plated creations have three minutes to hammer, flip or slice their opponents out of the contest, in an arena surrounded by bullet-proof glass, so bits don't fly off into the crowd.

In other words, it's a cauldron of aggression, a safe space for spoddy hobbyists to work out their issues via bearings and hydraulic axes and drive chains. Except no, hang on: that's not quite right, because for all the sparks flying, there is barely any actual human aggression. That's the thing about it. The machines are like little nutters, yes, but their owners are for the most part mild and charming.

RAGE OF THE MACHINE
At least the losing robot gets to go out in a blaze of glory

Take a monster called the Terror Turtle – a star of this week's episode – made from recycled materials by a professorial fellow who used to run Greenpeace. Or, there's a black and red wedge called Eruption, driven by 17-year-old Michael, who has been a fan of the show since he was two. "Really good job, mate," a rival tells him with a handshake after Eruption flips an opponent from the arena.

And although there's the occasional attempt at trash-talk, the prevailing mood is very much brotherhood-of-geek. A beaten team, no doubt dying inside, will offer a warm "Well done guys" to their rivals after watching hundreds of hours of engineering effort go up in very public smoke.

That good-natured, supportive atmosphere is what makes *Robot Wars* so good to watch with youngsters – well, that and all the glorified go-karts with weapons on. Teams who come out of the arena (once described as a nightclub from a 1990s cyber-thriller) with broken parts will be helped out with replacements by other teams.

Elsewhere at the moment, there's talk of the Olympic spirit, the sportsmanship and sense of global community engendered by the Games, but the camaraderie in *Robot Wars* is something else. It springs from a fellowship of devotees that helped the first episode get higher ratings than the finale of *Top Gear* in the same Sunday-night slot – as well as sparking tens of thousands of tweets on Twitter. OK, it's not quite Rio, but in its own small way, it's a beautiful thing.

'The machines are nutters – their owners are lovely'

SHELLSHOCKED
Will the Terror Turtle be victorious in its battle?

SECRETS OF GOOD TELLY

The word "secret" in programme titles long ago lost its meaning. From *Secret History* (mostly well documented) to *Secret Britain* (little-known beauty spots, basically) the S-word is overused to gussie up perfectly good programmes. But "The Secret Life of..." is the most tired formula of all. We've had *The Secret Life of Four-Year-Olds* (pictured above), *The Secret Life of Buildings*, *The Secret Life of the National Grid*, *The Secret Life of Waves* and *The Secret Life of Twins* to name just a few. The trouble is, put "The Secret Life of..." in front of anything and it sounds interesting.

The secret's out. Time for a moratorium.

Discover TV

EDITED BY JACK SEALE

NEW US COMEDY

1 Life in Pieces

Amazon Prime

Modern Family fans should try this sitcom. It has a similar feel of a comfortable but oddball clan whose chaotic lives lead to dialogue a shade naughtier than you expect. But *Life in Pieces* takes the strands of a normal sitcom and unweaves them, telling four stories per episode, one after another. It'll make sense when you see it – and make you laugh.

OUTSTANDING DOCUMENTARY

5 The Closer We Get

iPlayer (BBC2 Scotland)

Documentary-maker Karen Guthrie was about to start a film about her family when her mother suffered a stroke. It's not just Karen and her unblinking camera who move in to act as carer: the return of her estranged father leads Guthrie to explore, with astringent candour, the sadness and deceptions that once tore them apart. Can they vocalise those unexpressed emotions on camera? You'll be thinking about them for weeks afterwards.

MARTIN FREEMAN IN...

2 The Eichmann Show

Netflix

An unusual historical docudrama, powered by prestigious casting and the raw power of real archive film. When Adolf Eichmann, one of the architects of the Holocaust, was captured in 1961, a producer (Martin Freeman, right) and director (Anthony LaPaglia) fought to televise his trial, realising that this would be the perfect way to show the world exactly what the Nazis had done.

CLASSIC EPISODE

3 Coach Trip: Road to Ibiza

All 4 (E4)

The show where strangers take a budget holiday together is always fun, thanks to affable tour guide Brendan Sheerin. But if you watch reality TV for the meltdowns you'll want to catch the 3 August edition. The wheels come off completely...

THE LIGHT FANTASTIC

4 Attenborough's Life That Glows

iPlayer (BBC2)

The great man indulges one of his great personal passions: bioluminescence, ie plants and animals such as glow-worms, fireflies, fungi, gnats and plankton that light up the world around them. Pioneering camera techniques and Attenborough's deep knowledge combine to create a flash of magic.

Available until 16 August

WHAT HAPPENED?

6 K2: the Killer Summit

iPlayer (BBC4)

Eleven people lost their lives on K2 on 1 August 2008, in a disaster that gave some climbers a dreadful dilemma: save themselves, or go back to help? This documentary pieces together what happened on that lethal day on the world's second highest and most intimidating mountain.

Available until 16 August

RIO RHYTHMS

7 Training Tunes

iPlayer

An online-only extra to get you closer to Team GB: Trevor Nelson meets heptathlete Katarina Johnson-Thompson and sprinter Adam Gemili to find out which tracks inspire them during their preparations for such a career-defining event. It's as much about the training routines themselves as it is about who likes Beyonce and who prefers Kanye West.

Available from 12 August

FINE ART

8 A History of Art in Three Colours

iPlayer (BBC4)

One of the strongest art-history series in recent years, first shown on BBC4 in 2014. The stylish and vigorous James Fox splits his sweeping appreciation into three, looking at gold, blue and white. He assesses not just how artists used those colours to create great works, but also how those shades prompted and embodied emotions that would change the world.

Ep1 available until 17 August

FRESH DRAMA TO STREAM

9 The Gods of Wheat Street

Netflix

If this was on British network television it would be a daytime drama with a bit of edge. An indigenous Australian family are a big noise in their small town, mainly due to their tumultuous family and love lives. As several changes in circumstances threaten to upset their shaky equilibrium, issues around crime and racism sharpen what's essentially an old-fashioned soap.

RIP CARLA LANE

10 Artsnight

iPlayer (BBC2)

An *Artsnight* special marks the passing of Carla Lane, creator of *The Liver Birds* and the "situation tragedy" *Butterflies*. Insights are offered by cast members, loved ones and – in rarely seen TV interviews – Lane herself.

Available until 14 August

YOUR NEXT BINGE

Step back into the 1980s with a new cult horror

Warm, nostalgic joy isn't the reaction you'd expect to have to a horror drama about an abducted 12-year-old and a mother mad with grief. But in **Stranger Things** – a Netflix series that has become a global cult hit since its release last month, just when it seemed all the good new stuff was on Amazon Prime – horrifying things happen in a deeply comforting world.

That world isn't just the 1980s, but the movies we loved in the 1980s. Young Will Byers is snatched from the small town of Hawkins, Indiana in 1983, after cycling home from an evening with his three best school pals. His nerd friends fearlessly investigate, Goonies-style, helped by an odd, almost mute girl who has scary powers like those in *Carrie* or *Scanners* and must be hidden from prying adults, like the alien in *ET*.

Meanwhile Will's mother – played by Winona Ryder, who for the target audience of knackered 30/40-somethings is a nostalgia trip all of her own – develops a *Close Encounters*-ish obsession with contacting a boy presumed to be dead. What they're all up against turns out to be reminiscent of *Alien*, *Poltergeist*, *A Nightmare on Elm Street* or a mix of the three. All this to a fantastic synth soundtrack straight out of *Halloween*. Even the show's glowing red, hollow logo could be on the front of a battered Stephen King paperback.

For buffs, it's a fluffy patchwork quilt of references, with a homage in almost every shot. But whiz-kid writers/directors the Duffer Brothers integrate them so seamlessly, you could thrill to *Stranger Things* without ticking off a single influence. You'd still be taken to a time when kids were out on their BMXs after dark, chatting on walkie-talkies and romping in woods unsupervised.

What matters is that the vibe of that bygone era and those beloved old films – sturdy, analogue and soft-edged, like crackling vinyl or well-worn wood – is summoned from the past. **JACK SEALE**

DOCTOR DIGITAL

We know what you want

The internet is an echo chamber. We follow people we agree with on social media and read news sites that reflect our point of view. Sites use the vast data they have on us to recommend things they know we'll enjoy, even if we don't know it yet.

Now the BBC is getting in on the act. The new **BBC+** app (free, iOS/Android) dives into the full output of the Corporation, from TV and radio shows to news and music, to serve up content it reckons will spark your interest.

Once you've registered your BBC ID, location and a few interests (I'm into Music and How, What and Why) it produces a constantly updated selection. Did you like this weather report? Then you'll probably enjoy this weather presenter getting the giggles on-air – that kind of thing. But it also promises to surprise users with unexpected picks rather than locking them to things they already know that they like.

In truth, the app itself is less interesting than the signal it gives off about the way the media is evolving as it isn't hard to imagine these recommendations being integrated across the whole BBC.

For young people, labels like BBC1 and Radio 4 are already losing their meaning. As the Corporation turns into one swirling mass of content, everyone will have their own private channel. **JONATHAN HOLMES**

Your guide to TV on demand **DiscoverTV by RadioTimes** on iPad, iPhone & Android

SATURDAY Choices

SUPERMAN
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Rowing: Men's Eight Final

From 3.00pm ***BBC1***

Probably the most dramatic event of the rowing schedule, and certainly one of the hardest to call, the men's eight is a mixture of awesome power and vital coordination. GB have a powerful crew, with big blond giant Andrew T Hodge – already a double Olympic champion – loading up for another tilt at medal glory. But the reigning Olympic champions Germany won the European championships in May – where Britain came third.

GB cox Phelan Hill works at the Treasury – it goes without saying that he'd love to bring back a little extra gold bullion. **JG**

Athletics: Heptathlon

From 3.45pm ***BBC1***

There will most likely be Canadian, Latvian and Dutch contenders in today's climax of the heptathlon, with the long jump, javelin and 800m to go, but all eyes here will be on Team GB's golden pairing of Jessica Ennis-Hill and Katarina Johnson-Thompson, the Queen and young pretender of women's athletics.

Ennis-Hill was of course a shining star of London 2012, but KJT – who excels at long jump and high jump, but is less strong in the throwing events – might be hitting form at just the right time. If so, GB could dominate like never before. **DAVID BUTCHER**

Jessica Ennis-Hill: page 16

OTHER GOLDS TODAY

ATHLETICS Men's Discus 2.50pm, Women's 100m 2.35am **CYCLING** Women's Team Pursuit 8.53pm, Women's Keirin 9.33pm **FENCING** Women's Sabre Team 10.15pm **GYMNASTICS** Men's Trampoline 7.35pm **ROWING** Men's Single Sculls 12.50pm, Women's Single Sculls 1pm, Women's Eight 2.40pm **SHOOTING** Men's 25m Rapid Fire Pistol 4.30pm, Men's Skeet 7pm **SWIMMING** Women's 50m Freestyle 2.03am Men's 1500m Freestyle 2.11am Women's 4x100m Medley Relay 2.49am Men's 4x100m Medley Relay 3.04am **TENNIS** Women's Singles 4pm **WEIGHTLIFTING** Men's 95kg 7.30pm

PICK OF THE DAY **Athletics: Men's 10,000m** *1.25am* ***BBC1***

SPORT Mo Farah is not just a brilliant athlete. He's beautiful. How else to describe that moment where, after almost 10km of leg-quivering racing, he can simply glide to the front of the pack, flex his sinewy muscles, and stride away. It's the same turn of pace that made us adore Kelly Holmes in 2004 – only Mo makes us wait for 25 agonising laps before turning on the burners.

Anyone who watched the brilliant BBC1 documentary on Farah knows how much work goes into that switch of speed. Here in Rio, it could – should – all come together in a golden way again.

He's not the only one, of course. Just as at London 2012, Greg Rutherford will be leaping for gold in the **men's long jump** (from 12.50am). Along with Jessica Ennis-Hill in the heptathlon (above), is it too much to hope for a Super Sequel this Saturday? **JAMES GILL** *See feature: page 22*

TONIGHT'S HIDDEN GEM

The Joy of Disco

3.00am ***BBC4***

This is BBC4, so any study of the allure of disco has to be set in its social context; we can't all just get up and do the Hustle. So this documentary from 2012 explores disco's birth in late 60s/early 70s urban USA. All the greats are here: Sister Sledge, Nile Rodgers and, yes, the Village People. If you've never done the YMCA dance or boogied to Donna Summer's (right) *I Feel Love* at a Christmas party, then you're a lost soul.

Dad's Army

6.15pm ***BBC2***

SITCOM You'd think the squad would welcome the chance to get out of their battledress, but donning morris-dancing outfits to raise money for a new Spitfire is another matter. Frazer moans like a drain about this "pansy Sassenach get-up", Wilson finds his dummy horse most awkward, and Jones is in a spot of trouble – and not just with his whiffling.

It seems the loyal lance corporal is having woman trouble: cue a beautifully awkward tête-à-tête between Mainwaring and Mrs Fox – eavesdropped on by half the platoon – and increasingly fraught discussions over who should play Lady Godiva at the town carnival. *Dad's Army* didn't go in for pay-offs very often, but this is one of the best. **MARK BRAXTON**

BBC Proms 2016

7.30pm ***BBC2***

MUSIC John Wilson and his Orchestra are always a major draw, some of the top players in the business giving pizzazz to an uplifting tranche of music – even if there's a bit of ground to recover after 2015's decidedly iffy Frank Sinatra tribute.

This year they're honouring George and Ira Gershwin, songwriting brothers from the golden age of Hollywood and Broadway musicals. Expect familiar hits as well as more unusual numbers from *Shall We Dance*, *Funny Face*, *A Star Is Born* and *Porgy and Bess*. Some excellent singers are on board: Louise Dearman, Matthew Ford and Julian Ovenden, now old hands at these John Wilson concerts. **PATRICK MULKERN**

See feature: page 29

Soundstage Presents Robert Plant

9.00pm ***Sky Arts***

MUSIC A double hit of Zep starts with 2005 concert footage of Robert Plant with his band Strange Sensation. Swaying their way through some of his solo tunes there's a strong vibe of world music, but with enough reworked versions of Led Zeppelin classics to keep purists happy.

If not, *Led Zeppelin: Celebration Day* follows (10.15pm), with footage of their 2007 gig where Jason Bonham stood in for his late father John. The back catalogue includes *Stairway to Heaven* and, in its entirety for the first time, *Ramble On*. **JANE RACKHAM**

Match of the Day

10.30pm ***BBC1***

SPORT Will he or won't he? As the English Premier League stamps on the toes of this summer of sport, the big question is whether Gary Lineker will present *Match of the Day* in his underpants – as he promised to do if his beloved Leicester City won the title. If so, what camera trickery will preserve his dignity and our sanity?

Otherwise, he and his pundits will offer their usual analysis, freeze-framing the build-up to each goal to prove it should never have happened. Opening matches include Hull v Leicester. **DB**

DISCOVER TV PICK

Today's best of BBC3, iPlayer, Netflix and beyond

The Investigator: a British Crime Story

itv.com

Mark Williams-Thomas, who exposed Jimmy Savile's crimes on ITV, reopens the case of Carole Packman, who vanished from Bournemouth in 1985. The twist-stuffed story and unashamedly dramatic presentation will draw you inexorably in. Ept expires today.

CHILDREN'S CHOICE

Paw Patrol

6.40am ***Channel 5***

While the pups help Mayor Goodway to train for the triathlon, Mayor Humdinger is scheming to break the rules.

■ **Miffy the Movie** *4.00pm* ***Tiny Pop (Sky 617, Virgin 737)***
Miffy, Melanie, Grunty and Snuffy the dog embark on a treasure hunt at the zoo.

MORE LIVE SPORT

■ **Premier League: Hull City v Leicester** *11.30am (k/o 12.30pm)* ***SS1*** First game of the season for Foxes left back Christian Fuchs.
■ **Man City v Sunderland** *5pm (k/o 5.30pm)* ***BT Sport 1***
■ **Cricket: England v Pakistan, Fourth Test, day three** *10.30am* ***SS2***; *7pm (highlights)* ***Channel 5***
■ **Super League qualifiers: Leigh Centurions v Salford Red Devils** *2.55pm (k/o 3pm)* ***SS4***

FILM OF THE DAY

Rise of the Planet of the Apes

8.00pm ***C4***

Revenge of a superchimp in a thrilling reboot of the sci-fi action adventure. **See page 35**

ARTSFEST
Kirsty Wark samples the best Edinburgh has to offer

Edinburgh Nights

9.30pm ***BBC2***

ARTS The first of three weekly instalments dipping into the world's biggest festival of arts and culture. Kirsty Wark will be out and about in the Scottish capital, meeting the heavyweight creatives whose work anchors the event. Tonight she speaks to Richard Wilson, who's bringing Victor Meldrew back from the grave in a one-man show, and Angus Deayton, who will revive scripts from his 1980s Radio 4 show *Radio Active*.

She also interviews the Tony-winning team of actor Cherry Jones and director John Tiffany about the European premiere of their Broadway production of *The Glass Menagerie*. And Ian Rankin joins her to see *The Scottish Endarkenment*, an exhibition exploring troubled, troubling and troublesome aspects of the Scottish artistic psyche. Work by David Shrigley, Joyce Cairns and Steven Campbell are among the pieces on show. **EMMA STURGESS**

GETTY; SANDY YOUNG

SATURDAY Main Channels

BBC1

6.00am Olympic Breakfast
Charlie Stayt and Sally Nugent present a round-up of the news, while the presenters in Rio look ahead to today's events at the Games. BBC2 is showing a replay of yesterday's action from 9.15am. (S) (HD)

10.00 Saturday Kitchen Live
MasterChef's John Torode hosts as Andrea Oliver and Theo Randall prepare culinary treats. (S) (HD)

11.30 Home Cooking Made Easy
Lorraine Pascale demonstrates delicious recipes including rioja-braised lamb shanks. (R) (S) (HD)

12 noon BBC News Weather (S) (HD)

12.10pm Football Focus
Preview of upcoming fixtures with Ellidh Barbour. (S) (HD)

12.45–5.00 Olympics 2016

12.45 Preview
Hazel Irvine looks ahead to the eighth day. (S) (HD)
Super Saturday: page 22

1.15–5.00 Athletics and Rowing
In the opening stages of the men's 100m, Jamaica's Usain Bolt will hope to take an early measure of his rival Justin Gatlin of the USA and the British trio James Dasaolu, James Ellington and CJ Ujah. Jessica Ennis-Hill continues the defence of her Olympic heptathlon title in the long jump, for which she recently set a new lifetime best.

Meanwhile, the rowing has reached the finals stage. Britain's men's eight, three-time world champions, will be hoping to clinch the top spot on the podium, but they're likely to face strong opposition from reigning Olympic champions Germany. **See choice, p44.** (S) (HD)

Athletics
1.30 Men's 100m preliminary round
1.40 Women's triple jump qualifying
3.45 Women's heptathlon long jump
4.00 Men's 100m round one
Commentary by Steve Cram, Brendan Foster, Andrew Cotter and Steve Backley, with guests Michael Johnson, Denise Lewis, Paula Radcliffe and Colin Jackson.
Rowing
2.32 Men's single sculls final
2.44 Women's single sculls final
3.04 Women's eight final
3.24 Men's eight final
Commentary by Garry Herbert and James Cracknell, with guest Sir Steve Redgrave.

5.00 BBC News Regional News; Weather (S) (HD)

5.20–10.10 Olympics 2016

5.20 Golf, Badminton, Boxing, Hockey and Sailing
Hazel Irvine introduces further coverage, including action from the third round of the men's golf. (S) (HD)

7.00 Olympics Round-Up
Presented by Clare Balding. (S) (HD)

8.00–10.10 Track Cycling
Among the British cyclists hoping to accelerate towards the medals are Olympic and world sprint champion Jason Kenny, for whom the quarter-finals and semi-finals beckon. Becky James will be gunning to take the Olympic crown in the women's keirin, won in 2012 by now-retired Victoria Pendleton, but there will be fierce competition from world champion Kristina Vogel of Germany. With Clare Balding. (S) (HD)
8.00 Men's sprint quarter-finals, first race
8.18 Men's sprint race for 9th to 12th places
8.22 Women's keirin, second round
8.34 Men's sprint quarter-finals, second race
8.53 Women's team pursuit final
9.21 Men's sprint quarter-finals, third race
9.27 Women's keirin, race for 7th to 12th places
9.33 Women's keirin final
9.41 Men's sprint semi-finals, first race
9.59 Men's sprint semi-finals, second race
Commentary by Simon Brotherton and Chris Boardman, with guests Sir Chris Hoy and Victoria Pendleton. The cycling coverage continues on BBC2.

Track Cycling from 8.00pm Becky James is poised to electrify the women's keirin final at 9.33pm, her goal being to match Victoria Pendleton's achievement in winning the gold medal at the 2012 Olympics

10.10 BBC News Weather (S) (HD)

10.30 Match of the Day
RT Gary Lineker presents highlights of the opening Premier League matches, including Hull City v Leicester City and Man City v Sunderland. **See p45.**
Editor Richard Hughes; Producer Ian Finch. Repeated tomorrow 1.35am (S) (HD). Match of the Day 2 is tomorrow 10.30pm
Followed by **National Lottery Update** (S)

11.55–4.00am Olympics 2016

11.55 Athletics, Swimming and Football
Memories of the British gold medals won on 2012's "Super Saturday" will be strong as two big athletics finals take place tonight. Mo Farah has the chance to win another Olympic gold in the men's 10,000m, while in the heptathlon, will fortune favour Jessica Ennis-Hill or team-mate Katarina Johnson-Thompson as their two-day campaign ends? Johnson-Thompson will be aiming to put her disappointment at the 2015 World Championships in Beijing behind her. **See choices, page 44.**

The women's 100m final should be scintillating, with bookies' favourite Dafne Schippers of the Netherlands likely to face Jamaica's Elaine Thompson and Shelly-Ann Fraser-Pryce.

Later there's quarter-final action in the men's football. Jason Mohammad presents, with Gabby Logan and Helen Skelton. (S) (HD)
Jessica Ennis-Hill: page 16
Athletics
12 midnight Women's heptathlon javelin
12.20 Men's pole vault qualifying
12.30 Men's 400m semi-finals
12.50 Men's long jump final
1.00 Women's 100m semi-finals
1.25 Men's 10,000m final
2.05 Men's 800m semi-finals
2.35 Women's 100m final
2.53 Women's heptathlon 800m final
Swimming
2.03 Women's 50m freestyle final
2.11 Men's 1500m final
2.49 Women's 4x100m medley final
3.04 Men's 4x100m medley final
Commentary by Andy Jameson and Adrian Moorhouse.
Football
2.00 Men's last quarter-final

4.00am Weather for the Week Ahead (S) (HD)

4.05–6.00am BBC News (S) (HD)

Freeview 1 Freesat 101 Sky 101 Virgin 101
HD BBC1 HD Freeview 101 Freesat 106 Sky 175 Virgin 168

BBC4

1.00pm–2.00am Olympics 2016

1.00pm Badminton, Handball and Volleyball
The group matches continue in the badminton men's and women's singles and doubles and mixed doubles, while the men's preliminary round begins in the volleyball. There's also coverage of the men's preliminary handball matches. With Ore Oduba. (S) (HD)

2.00 Athletics and Track Cycling
Ore Oduba and Jill Douglas present, with Gabby Logan and Clare Balding. (S) (HD)
Athletics
2.05 Women's 3,000m steeplechase round one
2.50 Men's discus final
3.00 Women's 400m round one
Track Cycling
2.00 Women's keirin round one
2.23 Men's sprint, last 16
2.44 Women's keirin repechages
3.07 Men's sprint repechages
3.17 Women's team pursuit semi-finals (S) (HD)

3.30 Beach Volleyball, Sailing and Football
The men's football quarter-finals take place, with kick-offs at **5.00**, **8.00**, **11.00** and **2.00am**. There are also 16 matches in the beach volleyball men's and women's competitions. In sailing, the men's laser, women's laser radial, men's finn, men's 49er, women's 49er FX and mixed nacra competitions all feature. (S) (HD)

6.00 Golf, Basketball and Shooting
Coverage from the third round of the men's golf competition, while in the shooting the men's rapid fire and skeet medals are decided. The basketball continues through its preliminary stage. (S) (HD)
Basketball
6.15 Brazil v Argentina, men's Group B
Shooting
7.00 Men's skeet final

8.00 Tennis, Diving and Trampolining
The women's singles tennis reaches its conclusion.

There's also action from the diving pool with the women's 3m springboard semi-final at **8.00**, plus the men's individual trampolining final. (S) (HD)

10.00–2.00am Football and Weightlifting
The quarter-finals of the men's football, plus the medals are decided in the men's 94kg weightlifting.

2.00am Britain on Film: Country Living Examining transformations in British agriculture during the 1960s. (R) (S)
2.30 Sounds of the Sixties With Sandie Shaw, Dusty Springfield, Long John Baldry and Tom Jones. (R) (S)
3.00–4.00am The Joy of Disco How one of the most RT derided forms of pop music provided the soundtrack to important social changes during the 1970s. Acts such as Chic and Sister Sledge broke into the mainstream while the film *Saturday Night Fever* was a huge hit. **See page 45.** (R) (S)

Freeview 9 Freesat 110 Sky 116 Virgin 107
HD BBC4 HD Freeview 106 Freesat 137 Virgin 163

NEVER MISS A MOMENT!

RED BUTTON
- Watch up to eight additional channels of live Olympics coverage via the red button, depending on your service provider
- Viewers with internet-connected TVs and set-top boxes, and Virgin subscribers, can watch every moment of live sport, via Red Button +

GO ONLINE
- There's live coverage online of every sport, every day at **bbc.co.uk/sport** and via the BBC Sport app

BBC2

6.10am Two Tickets to Broadway ★★★
Musical comedy starring Tony Martin, Janet Leigh and Gloria DeHaven. A small-town girl en route to New York joins a singing trio with an incompetent agent. Director James V Kern (1951, U) (S)
7.50 The 39 Steps ★★★★★ Classic thriller with Robert Donat and Madeleine Carroll. An innocent man accused of murder is pursued by both the police and an international spy ring. **Review p35.** Director Alfred Hitchcock (1935, U) (BW) (S) (HD)
9.15 Olympics 2016 Highlights The best of yesterday's action, where medals were awarded in tennis, rowing, track cycling and swimming. With Jason Mohammad. (S) (HD)
12.45pm Bargain Hunt Two teams scour the antique shops of Congleton. (R) (S) (AD) (HD)
1.45 Homes under the Hammer Properties in Staffordshire, Newcastle and London. (R) (S) (HD)
2.45 Escape to the Country House-hunting in the Worcestershire countryside. (R) (S) (AD) (HD)
3.30 Gardeners' World Monty Don has tips to help keep the garden looking good during August. Shown yesterday. Repeated tomorrow 6.15am (S) (HD)
4.00 Final Score Football results. (S) (HD)
5.15 Full Steam Ahead 4/6. A ride on the *Flying Scotsman*. Shown last Thursday (S) (AD) (HD)

6.15pm Dad's Army
RT **The Godiva Affair.** The platoon decides to perform a morris dance in the Walmington-on-Sea Spitfire Fund Carnival. **See page 45.**
Writers David Croft and Jimmy Perry; Producer David Croft (R) (S)

6.50 Proms Extra
As a precursor to an evening of music by George Gershwin, Katie Derham is joined by guests at the Royal Albert Hall as she introduces highlights from Tchaikovsky's *Violin Concerto in D* and Holst's *The Planets*.
Series producer Dawn Payne (S) (HD)

7.30 BBC Proms 2016
RT The John Wilson Orchestra pays tribute to the music and lyrics of George and Ira Gershwin, one of the greatest composing partnerships in the history of American music. Classic orchestral sections include *An American in Paris*, while guest artists Julian Ovenden, Louise Dearman and Matthew Ford perform crowd-pleasers such as *Fascinatin' Rhythm* and *Love Walked In*. **See page 45.**
Director Bridget Caldwell; Producer Joe McCulloch (S) (HD)
John Wilson on the Gershwins: page 29

9.30 Edinburgh Nights
RT ***New series.*** **1/3** Series 2. Kirsty Wark introduces highlights from the city's arts and culture festival, including interviews with Angus Deayton and Richard Wilson. **See p45.**
Producer Mark Crossan; Exec producer Pauline Law (S) (HD)

10.00 The National Lottery Live The draws, presented by Kate Garraway. (S) (HD)

10.10 Olympics 2016
Great Britain's women take on the USA at the Hockey Centre from **10.00**. The track cycling continues with the men's sprint 5th to 8th place deciders at **10.17**, followed by the semi-finals third race. Plus a round-up of today's action so far. With Clare Balding. (S) (HD)

11.55 Versailles
10/10. The traitor strikes at those closest to Louis – with deadly consequences.
Writers Simon Mirren and David Wolstencroft
Shown last Wednesday (S) (AD) (HD)
Followed by **Inside Versailles 10/10.** (R) (S) (AD) (HD)

12.55am The Kid with a Bike ★★★★ Drama starring Thomas Doret and Cécile de France. A boy in care cycles about town looking for his errant father. Meanwhile, a hairdresser he's accidentally become acquainted with starts to take on some of the duties of caring for him. French +subtitles. **Review p35.**
Directors Jean-Pierre Dardenne, Luc Dardenne (2011, 12) (W) (HD)

2.20–3.35am Treacle Jr ★★★ Drama starring Aidan Gillen and Tom Fisher. Married man Tom abruptly leaves his family and travels to London, where he ends up sleeping rough. But when Tom comes into contact with Aidan, his life will never be the same. Director Jamie Thraves (2013, 15) (S) (W) (HD)

Freeview 2 Freesat 102 Sky 102 Virgin 102
HD BBC2 HD Freeview 102 Freesat 102 Sky 102 Virgin 162

ITV

6.00am CITV See page 51
8.25 ITV News (S)
8.30 Weekend With guests Alistair McGowan, Peter Egan and Anna Richardson. (S) (HD)
9.25 Murder, She Wrote A British politician is murdered. Guest-starring Trevor Eve.
10.25 A soap queen's husband is killed – but, luckily, Jessica is on hand to investigate. (R) (S) (AD) (HD)
11.25 Columbo A former Broadway star who's desperate to recapture her glory days murders her husband and makes it look like suicide. Guest-starring Janet Leigh. (R) (S) (AD) (HD)
1.25pm ITV News Weather; Regional Weather (S)
1.30 Wild Animal Reunions People who have formed special relationships with rhinos, lions, wild deer and a pangolin. Shown last Wednesday (S) (HD)
2.30 Doc Martin Series 2. Mark's stag do ends in disaster when he is bitten by an adder. (R) (S) (AD)
3.30 River Monsters A fish is thought to have killed a honeymooner in Colombia. (R) (S) (HD)

4.00pm The Mummy ★★★
Period horror adventure. A party of intrepid archaeologists, led by American adventurer Rick O'Connell, discovers a tomb containing the remains of a murderous Egyptian priest, Imhotep. When the mummy is accidentally disturbed, he unleashes his terrifying powers. **Review p35.**

Rick O'Connell	Brendan Fraser	Beni	Kevin J O'Connor
Evelyn	Rachel Weisz	Egyptologist	Jonathan Hyde
Jonathan	John Hannah	Ardeth Bay	Oded Fehr
Imhotep	Arnold Vosloo	Warden	Omid Djalili

Director Stephen Sommers (1999, 12) (S) (AD) (W) (HD)

6.15 Regional News Weather (S)
6.30 ITV News Weather (S)

6.45 You've Been Framed!
A diminutive archaeologist digs up a big surprise, and an eating competition reveals the answer to the child obesity problem. Harry Hill narrates.
Producer Chris Thornton; Exec producer Sumi Cannock (R) (S)

7.15 Catchphrase
7/8. Three more contestants attempt to decipher the well-known phrases and sayings represented in animated clues. Hosted by Stephen Mulhern.
Director Geraldine Dowd; Series producer Kerri Reid (S) (HD)

8.00 The Nation's Favourite 80s Number One
A countdown of the 20 greatest songs, as voted for by viewers, from a decade in pop in which the hits were big and the hair was even bigger. Featuring interviews with 1980s stars including Spandau Ballet, Bonnie Tyler, Madness, Dexys Midnight Runners, the Communards and Jason Donovan, the programme also tells the stories behind hit songs such as *Total Eclipse of the Heart*, *Billie Jean* and *Come On Eileen*. Plus how 1980s fashion took things to the extreme.
Director/Producer Kerry Allison (R) (S) (HD)

9.30 The Bourne Identity ★★★★
Spy action thriller based on the novel by Robert Ludlum. Jason Bourne is rescued from the Mediterranean with bullet wounds in his back and a grave case of amnesia. When he regains consciousness, he discovers that the only clue to his identity is a laser device under his skin, which reveals the name of a Zurich bank and the numbers of a Swiss account. Continues after the news.
Barry Norman My Movies: page 33

Jason Bourne	Matt Damon	Nykwana Wombosi	
Marie Kreutz	Franka Potente		Adewale Akinnuoye-Agbaje
Ted Conklin	Chris Cooper	Zorn	Gabriel Mann
The Professor	Clive Owen	Nicolette	Julia Stiles
Ward Abbott	Brian Cox	Lamon	Tim Dutton

Director Doug Liman (2002, 12) (S) (AD) (W) (HD)

11.00 ITV News Weather; Regional Weather (S)

11.15 The Bourne Identity ★★★★
Conclusion of the spy action thriller. (S) (AD) (W) (HD)

12 midnight Jackpot247 Interactive gaming.
3.00am Murder, She Wrote Jessica testifies in court on behalf of a friend accused of murder. (R) (S) (SL) (AD) (HD)
3.50–6.00am Nightscreen Text information. (HD)

Freeview 3 Freesat 103 Sky 103 Virgin 103
+1 Freeview 33 Freesat 112 Sky 131 Virgin 114
HD ITV HD Freeview 103 Freesat 111 Sky 179 Virgin 103

Channel 4

6.15am Shipping Wars Roy Garber lands his dream job. (R) (S) (HD)
6.40 World Sport With Paralympic sprinter Heinrich Popow. Repeated Tuesday 3.25am (S)
7.05 Motorsport The Armroy Road Races. Repeated Tuesday 1.30am (S) (HD)
8.00 Everybody Loves Raymond (R) (S)
9.00 The Morning Line Racing preview with Gina Harding. (S) (HD)
10.00 Frasier Double bill. (R) (S) (AD)
11.05 The Big Bang Theory (R) (S) (AD) (HD)
12.30pm The Simpsons (R) (S) (AD)
2.00 LIVE Racing Races from Newbury start at **2.30**, **3.05**, **3.40** and **4.10**, from Newmarket at **2.15**, **2.45** and **3.20**, and from Ripon at **3.55**. York's Ebor Festival begins Wednesday 1.35pm. (S) (HD)
4.30 Couples Come Dine with Me From Brighton and London. (R) (S) (HD)

6.00pm Channel 4 News
Sport; Weather (S) (HD)

6.20 Men in Black 2 ★★
Sci-fi comedy. When alien queen Serleena threatens Earth's safety, former intergalactic secret agent Kay holds the secret to her destruction. However, Kay's memory of his past has been erased. Can his former partner Jay persuade him to rejoin the Men in Black and save the world? **Review p35.**

Agent Kay	Tommy Lee Jones
Agent Jay	Will Smith
Serleena	Lara Flynn Boyle
Scrad/Charlie	Johnny Knoxville
Laura	Rosario Dawson
Jeebi	Tony Shalhoub

Director Barry Sonnenfeld (2002, PG) (S) (W) (HD)

8.00 Rise of the Planet of the Apes ★★★★
Sci-fi action adventure. When chimpanzee Caesar displays remarkable intelligence thanks to an experimental cure for Alzheimer's disease, it puts him on a violent collision course with the humans who have abused him. **Film of the Day: page 35.**

Will Rodman	James Franco
Caroline Aranha	Freida Pinto
Charles Rodman	John Lithgow
John Landon	Brian Cox
Steven Jacobs	David Oyelowo
Dodge Landon	Tom Felton
Caesar	Andy Serkis

Director Rupert Wyatt (2011, 12) (S) (AD) (W) (HD)

10.00 Gladiator ★★★★★
Period epic. Rome, the second century AD: dying emperor Marcus Aurelius chooses beloved general, Maximus Decimus Meridius, as his successor – a decision that results in a power struggle with Aurelius's son Commodus, who sentences Maximus and his family to death. The general escapes, but he and Commodus are destined to meet again. **Review p35.**

Maximus Decimus Meridius	Russell Crowe
Commodus	Joaquin Phoenix
Lucilla	Connie Nielsen
Proximo	Oliver Reed
Gracchus	Derek Jacobi
Marcus Aurelius	Richard Harris

Director Ridley Scott (2000, 15) (S) (AD) (W) (HD)

12.55am Ramsay's Kitchen Nightmares USA A family-run Greek restaurant. (R) (S)
1.50 Hollyoaks Cast Tue/Thu (S) (SL) (AD) (HD)
3.55 Kirstie's Vintage Gems Plates to complement a 1930s dining room. (R) (S) (HD)
4.15 Phil: Secret Agent Down Under Properties in Perth. (R) (S) (SL) (AD) (HD)
5.10–6.05am Location, Location, Location Couples relocating to Surrey. (R) (S) (SL) (HD)

Freeview 4 Freesat 104 Sky 104 Virgin 104
+1 Freeview 11 Freesat 121 Sky 135 Virgin 143
HD C4 HD Freeview 104 Freesat 104 Sky 227 Virgin 142

Channel 5 listings are overleaf plus 29 more Freeview channels

Regional variations

ITV CHANNEL
12 midnight–3.00am Nightscreen

BBC2 WALES
9.30–10.00pm Eisteddfod 2016 with Will Gompertz: the BBC arts editor explores one of the largest and oldest cultural festivals in Europe **11.55** Edinburgh Nights: new series **12.25am** Versailles **1.25** Cl XL: with Ross Noble, Kathy Lette and Sue Perkins **2.10–2.20am** Wild Week Revisited: Bats and Starlings

S4C
Freesat 170 Sky 130 Virgin 160
6.00am Cyw (S)
8.00 Ysgwn Sadwrn
10.00 Bad Actio: Porthdinllaen (S)
10.30 Artordd Cymru: Llŷn (S)
11.00 Perthyn: Geraint Morgan (S)
11.30 Darwin, y Cymro a'r Cynllwyn (S)
12.30pm Ffermio (S)
1.00 Dan Bach e Hanes (S)
1.30 Cegin Bryn (S)
2.00 Pen Lŷn Harri Parri (S)
2.30 Jerwsalem: Tir Sanctaidd: Jason Mohammad examines the history of the Temple Mount, Jerusalem (S)
3.00 Idio ac Indiaid America: Iola Williams spends time with Navajo people in Arizona (S)
4.00 Cymry Rhyfel Cartref Sbaen: the stories of three Welsh women involved in the Spanish Civil War (S)
5.00 Sgorio: Carmarthen Town v Gap Connah's Quay (kick-off at 5.15)
7.20 Newyddion a Chwaraeon (S)
7.30 Noson Lawen: this edition from 1998 comes from Abergell Fach, and features Gwenda Owen and Gryff Williams
8.30 Hywel Teifi: places important to Hywel Teifi Edwards (S)
9.30 Fferres Gerdd: a celebration of Welsh music (S)
11.00–12.05am Ar y Dibyn: the winner is revealed (S)

RT Choice
Family viewing
Red button coverage
(R) Repeat
(S) Subtitles
(SL) Signing
(AD) Audio description
(HD) High definition
(W) Film in widescreen
(BW) Black and white
Films Premiere
Star Ratings
★★★★★ Outstanding
★★★★ Very good
★★★ Worth watching
★★ Could be worse
★ Poor

SATURDAY Preview

Channel 5 5

Test Cricket 7.00pm Will Moeen Ali's steady bat secure a win at the Oval?

Freeview 5 Freesat 105 Sky 105 Virgin 105
HD Freeview 105 Freesat 105 Virgin 150

5.10am Milkshake! See page 51

8.25 Teenage Mutant Ninja Turtles A new mutant captures Raph. (S) (HD)

9.00 *New.* The Saturday Show Live With guests Melanie Sykes, Jake Quickenden and Louise Hazel. (S) (HD)

11.00 *New.* Funniest Fails, Falls and Flops Pranks gone wrong. (S) (HD)

11.25 The Nightmare Neighbour Next Door Triple bill. (S) (AD) (HD)

2.10pm Police Interceptors Sergeant Jon Moon and his police dog Kanto are confronted by a thief wielding a knife.

3.10 Kev and Ian hunt for a man roaming the streets with a machete.

4.10 Damien Stevens draws his stun gun on an aggressive driver.
Director/Producer Bob Gowing (S) (HD)

5.10 Can't Pay? We'll Take It Away! A moral dilemma in south London. (S) (HD)

6.05 A brothel eviction in east London.
Series producer Susan Crook; Executive producers Malcolm Brinkworth and Charlie Clay (S) (HD)

6.55 5 News (S) (HD)

7.00 *New.* Test Cricket The best of the action at the Oval on day three of the Fourth Test between England and Pakistan. With Mark Nicholas.
Series producer Naveed Raja
Executive producer Jeff Foster (S) (HD)

8.00 Criminally Funny: Caught in the Act A shoplifter is arrested when he complains to police about his e-fit picture. Plus the Springwatch star who saw more than he bargained for when filming foxes in his garden. Zoe Lyons, Matt Richardson and Dave Spikey present.
Series producers Tim Clifford and Leon Kaye
Executive producer Ben Rigden (S) (HD)

9.00 *New.* Football: the Championship Championship highlights, with George Riley and Lynsey Hipgrave.
Director/Producer Claire Michel. Repeated 12.55am on Spike and tomorrow 10.30am on CS (S) (HD)

10.00 *New.* Football: Goal Rush All the goals from Leagues One and Two.
Director/Producer Claire Michel. Repeated 1.55am on Spike and tomorrow 11.25am on CS (S) (HD)

10.30 *New.* Celebrity Big Brother The latest highlights from the house.
Repeated 3.10am and tomorrow 4pm 5 Star (S) (HD)

11.30 Impractical Jokers UK 2/9. The pranksters get their kicks by forcing people to high-five them.
Shown last Tuesday (S) (HD)

12 midnight *New.* SuperCasino

3.10am Celebrity Big Brother Shown 10.30pm (HD) **4.00** GPs: behind Closed Doors (S) (AD) (HD) **4.50** Divine Designs (S) (SL)

5.15–5.40am Nick's Quest (S) (SL)

+1 Freeview 44 Freesat 231 Sky 117 Virgin 155
My5 Freeview 55 Freesat 133 Sky 115 Virgin 152

BBC4 listings are **now online** – for highlights, see **Choices** p45 and **Discover TV** p42

ITV2 6

The Smurfs 2.35pm Patrick (Neil Patrick Harris) makes new friends

F'view 6 F'sat 110 Sky 118 Virgin 115 HD Virgin 176

6.00am The Hot Desk: Ashley Roberts (S) **6.10** Emmerdale (S) (SL) (HD) **9.15** Coronation Street (S) (AD) (HD) **11.45** Ninja Warrior UK (S) (HD)

12.45pm Catchphrase (S) (HD) **1.35** Funniest Ever You've Been Framed: Gold (HD) **2.35 FILM** The Smurfs ★★ Part-animated comedy adventure (S) (AD) (SL) (HD) **4.40 *New.*** The X Factor: Top Ten Best Auditions (S) (HD)

5.45pm The Hobbit: an Unexpected Journey ★★★

The first part of the fantasy adventure trilogy. Bilbo Baggins leaves the comfort of his home to join a band of dwarves in their quest to reclaim the Kingdom of Erebor from the dragon Smaug.

Gandalf the Grey	Ian McKellen
Bilbo Baggins	Martin Freeman
Thorin Oakenshield	Richard Armitage
Balin	James Nesbitt
Dwalin	Ken Stott

Director Peter Jackson (2012, 12) (S) (AD) (W) (HD)
The Hobbit: the Desolation of Smaug tomorrow 6.55pm

9.00 The Matrix Revolutions ★★

Conclusion to *The Matrix* trilogy. As a mighty army of machines approaches Zion on a mission of destruction, the human forces prepare for battle. Meanwhile, Neo is held captive by the Merovingian as the evil Agent Smith increases his control over the Matrix itself. **Review page 35.**

Thomas A Anderson/Neo	Keanu Reeves
Trinity	Carrie-Anne Moss
Morpheus	Laurence Fishburne
Agent Smith	Hugo Weaving
Niobe	Jada Pinkett Smith

Directors Larry Wachowski and Andy Wachowski (2003, 15) (S) (AD) (W) (HD)
The Matrix Reloaded is on Thursday 9pm

11.25 Family Guy Series 9. Chris wants to start a new hobby.

11.55 Stewie creates an evil clone.

12.25am The Griffin kids complain that their parents enjoy easy lives. (S) (AD) (HD)

12.55 American Dad! (S) (AD) (HD) **1.55** The Cleveland Show (S) (AD) (HD) **2.45** Home Shopping **5.45–6.00am** Nightscreen (HD)

ITV2+1 Freeview 27 Freesat 114 Sky 180 Virgin 116

Dave 12

Freeview 12 Sky 118 Virgin 127 HD Virgin 194

7.00am The Indestructibles (HD) **7.20** Sin City Motors (S) (HD) **8.10** Top Gear (S) (AD) (HD) **9.00** Storage Hunters (S) (HD) **10.00** Storage Hunters UK (S) (HD) **11.00** Top Gear: five back-to-back episodes (S) (AD) (HD)

4.00pm Storage Hunters UK (S) (HD) **4.30** Storage Hunters (S) (HD) **5.00** Storage Hunters UK (S) (HD) **5.30** Storage Hunters (S) (HD)

6.00pm Storage Hunters UK In Kent. (S) (HD)

6.30 Storage Hunters Brandon and Lori are torn between a haul and an auction. (S) (HD)

7.00 Dynamo: Magician Impossible 4/4 Series 1. With DJ Scott Mills. (S) (AD)

8.00 QI XL With Jimmy Carr and Bill Bailey. (S) (HD) **4.50** Divine Designs (S) (SL)

5.15–5.40am Nick's Quest (S) (SL)

10.30 *New.* Celebrity Big Brother The latest highlights from the house.
Repeated 3.10am and tomorrow 4pm 5 Star (S) (HD)

11.30 Impractical Jokers UK 2/9. The pranksters get their kicks by forcing people to high-five them.
Shown last Tuesday (S) (HD)

12 midnight *New.* SuperCasino

3.10am Celebrity Big Brother Shown 10.30pm (HD) **4.00** GPs: behind Closed Doors (S) (AD) (HD) **4.50** Divine Designs (S) (SL)

5.15–5.40am Nick's Quest (S) (SL)

+1 Freeview 44 Freesat 231 Sky 117 Virgin 155
My5 Freeview 55 Freesat 133 Sky 115 Virgin 152

BBC4 listings are **now online** – for highlights, see **Choices** p45 and **Discover TV** p42

ITV3 10

Lewis 8.00pm Gillian Fernsby must explain herself to Maddox and Lewis

F'view 10 F'sat 115 Sky 119 Virgin 117 HD Virgin 177

6.00am Movies Now (HD) **6.10** Judge Judy (S) (HD) **6.30** Where the Heart Is (S) (AD) **8.35** Hell's (S) (AD) **10.45** Lewis (S) (AD) (HD)

12.50pm FILM Carry On Up the Jungle ★★ Comedy starring Frankie Howerd and Sid James (S) (AD) **2.45** Lewis (S) (AD) (HD)

4.45pm Foyle's War 2/4 Series 2. **Among the Few.** Sam and Foyle are shot at and almost run over by a speeding vehicle, and discover the incident is part of an illicit fuel racket. An undercover investigation reveals the detective's son Andrew to be involved. But the case is complicated by the discovery that a driver at the petrol company has been murdered. (S) (AD)

7.00 Doc Martin 6/8 Series 5. Maggie gets the all-clear and decides she will return to Bude, forcing PC Penhale to take desperate measures to persuade her to stay in Portwenn. Ruth uncovers a raft of family heirlooms while clearing out a barn at the farm. (S) (AD) (HD)

8.00 Lewis **Entry Wounds.** Newly promoted DI Hathaway is struggling to find a sidekick, and within just four weeks is already on to his second sergeant, DS Lizzie Maddox. So Chief Superintendent Innocent decides to reunite the former partners to look into the murder of a neurosurgeon – a case with potential links to the worlds of animal rights and blood sports. (S) (AD) (HD)

10.00 A Touch of Frost **Dancing in the Dark.** Downtrodden detective Jack Frost investigates after an unidentified man's body is found on top of a pile of glass at a council recycling centre, and the subsequent autopsy reveals a few surprises. Another case is soon on the cards when an apparent suicide raises suspicions. Starring David Jason. (S) (HD)

12.05am Inspector Morse (S) (HD)

2.10–2.30am Nightscreen (HD)

ITV3 +1 Freeview 34 Freesat 116 Sky 193 Virgin 174

ITV4 24

F'view 24 F'sat 117 Sky 120 Virgin 118 HD Virgin 178

6.00am Gunsmoke (S) (SL) **6.50** Motorsport UK (S) (HD) **7.40** Storage Wars (S) (HD) **8.10** Pawn Stars (S) (HD) **10.30** The Motorbike Show (S) (HD) **11.35** British Superbikes (S) (HD)

12.35pm Silverstone Classic (S) (HD) **1.40 FILM** Captain Newman, MD ★★★ (S) (W) (HD) **4.15 FILM** Dunkirk ★★★ (BW) (S) (W) (HD)

7.00pm Mr Bean The bumbling hero visits the swimming pool and the cinema. (AD) (HD)

7.30 Mr Bean goes shopping. (AD) (HD)

8.00 FILM Cannonball Run II ★ Action comedy sequel starring Burt Reynolds and Dom DeLuise. Another group of eccentric enthusiasts engages in an automobile race across America. (S) (AD) (W) (HD)

10.15 FILM Lock Up ★★ Prison drama starring Sylvester Stallone. Convict Frank Leone only tucked the prison system once. Now that single act is severely punished when he finds himself at the mercy of sadistic old adversary Warden Drumgoole. (S) (W) (HD)

12.25am FILM 30 Days of Night ★★★ Horror starring Josh Hartnett (S) (AD) (W) (HD) **2.40** Movies Now (S) **2.50–3.00am** Nightscreen (HD)

ITV4 +1 Freesat 155 Sky 206 Virgin 175

Drama

Murdoch Mysteries 8.00pm An inventor is shot dead by a rival

Freeview 20 Freesat 158 Sky 158 Virgin 128

7.10am Lovejoy (S) **11.00** Sharpe (S)

1.00pm New Tricks: four back-to-back episodes from series six of the drama (S) (HD)

6.00pm Judge John Deed 1/6 Series 5. **Hard-Gaming.** A black man is murdered in a jail cell by a confirmed racist – a crime the prison service blames on overcrowding. However, the judge's probing reveals the institution wasn't operating at full capacity. A drunk-driving appeal puts the bench at loggerheads. (S) (AD)

8.00 *New.* Murdoch Mysteries 9/13 Series 5. **Invention Convention** The detective teams up with Alexander Graham Bell when a ruthless inventor is killed. While the fact that the victim was despised by his peers points to rival inventors as suspects, an invention by Bell promises to offer the solution to the mystery as to how an assassin could shoot him without being seen. (S)

9.00 Spooks 10/10 Series 3. **The Suffering of Strangers** Danny and Fiona investigate a safe house they suspect is being used by north African terrorists. However, while planting listening devices they are captured, leaving their colleagues with a dilemma. The terrorists are demanding the complete withdrawal of British forces from Iraq, or they will kill the agents. Adam's concern for his wife clouds his judgement and he agrees to negotiate. (S) (AD)

10.20 Waking the Dead 1&2/8 Series 1. **Burn Out.** DS Boyd is approached by a woman convinced her father's death in a car crash was not an accident or suicide. Intrigued by the evidence she has collected, he agrees to reopen the case and, with the help of forensic scientist Dr Frankie Wharton, investigates a third option that was not previously considered. (S) (AD)

12.45am New Tricks: guest-starring Shane Richie (S) (AD) **2.05–4.00am** Sharpe (S)

ITVBe 26

F'view 26 F'sat 118 Sky 129 Virgin 119 HD Virgin 179

9.00am The Millionaire Matchmaker (S) (HD) **10.00** The Real Housewives of Orange County (HD) **11.00 *New.*** Bethenny Ever After: Bethenny heads to Montauk (S) (HD)

12 noon Don't Be Tardy (S) (HD) **12.30pm** Elliott Wright: Playa in Marbella: Elliott leaves Jeremy in charge (S) (HD) **1.30** The Only Way Is Essex (S) (HD) **3.00** Dinner Date (S)

6.00pm Dinner Date Kimberley from Scotland dines with three blind dates.

7.00 Jono from Tamworth takes part in the matchmaking show, dining with three ladies.

8.00 Danny from London goes out to dinner with three potential suitors.

9.00 Mom from London selects three blind dates from five potential partners. (S) (HD)

10.00 The Real Housewives of Atlanta The women discuss the group's new dynamic. Cynthia is accused of troublemaking. (S) (HD)

11.00 The Millionaire Matchmaker A man hopes to find a spiritual woman. (S)

12 midnight The Jeremy Kyle Show USA: the host takes his talk show stateside (S) **12.55am** Shopping **5.55–6.00am** Nightscreen (HD)

ITVBe +1 Freesat 119 Sky 207 Virgin 123

E4 28

X-Men Origins: Wolverine 9.00pm Sibling rivalry: Logan and Victor

F'view 28 F'sat 122 Sky 136 Virgin 144 HD Virgin 145

6.00am Rude(ish) Tube (S) (HD) **6.45** Jane the Virgin (S) (AD) (HD) **7.35** The Mindy Project (S) (HD) **8.30** Baby Daddy (S) (HD) **9.30** Melissa & Joey (S) (HD)

12 noon Made in Chelsea: South of France (S) (AD) (HD) **1.00pm** New Girl (S) (AD) (HD) **1.30** The Goldbergs (S) (AD) (HD) **3.30** Brooklyn Nine-Nine (S) (AD) (HD) **4.25 FILM** Step Up ★★ Romantic dance drama starring Channing Tatum (S) (W) (HD)

6.35pm The Big Bang Theory 2/17 Series 1. Sheldon does a good deed when he sees how messy Penny's room is.

7.00 3/17. Leonard plucks up the courage to ask a woman out.

7.35 4/17. Sheldon has to face up to the real world when he gets fired.

8.00 5/17. Thinking Penny is out of reach, Leonard turns his attention to Leslie.

8.30 6/17. A party is an opportunity for the boys to test their social skills. (S) (AD) (HD)

9.00 X-Men Origins: Wolverine ★★

Spin-off prequel from the action fantasy *X-Men* series, starring Hugh Jackman and Liev Schreiber. Two mutant brothers live for over a century fighting in various US conflicts before being recruited to Team X by William Stryker. When one brother leaves the team, Stryker conspires to play the siblings off against each other for his own gains. **Review page 38.**

Logan/Wolverine	Hugh Jackman
Victor Creed/Sabretooth	Liev Schreiber
William Stryker	Danny Huston
Chris Bradley/Bolt	Dominic Monaghan
Wade Wilson/Deadpool	Ryan Reynolds

Director Gavin Hood (2009, 12) (S) (AD) (W) (HD)
Also showing Thursday 10pm

11.05 Gogglebox Instant reactions to shows including *Dogs Might Fly*, Marcella and *Sex Box*. (S) (AD) (HD)

12.10am Rude Tube (S) (HD) **1.20** First Dates (S) (HD) **2.20** 2 Broke Girls: double bill (S) (AD) (HD) **3.00** Gogglebox (S) (AD) (HD) **3.55** How I Met Your Mother: double bill (S) (AD) (HD)

4.35–6.00am Revenge (S) (AD) (HD)

E4 +1 Freeview 29 Freesat 123 Sky 137 Virgin 146

4seven 47

F'view 47 F'sat 127 Sky 140 Virgin 195 HD F'view 88

9.00am Couples Come Dine with Me (S) (HD) **10.00** Double Your House for Half the Money (S) (AD) (HD) **11.00** Phil: Secret Agent Down Under: double bill (S) (HD)

1.00pm A Place in the Sun: Summer Sun (S) (HD) **4.00** Location, Location, Location (S) (HD)

6.00pm Ramsay's Kitchen Nightmares USA Park's Edge in Atlanta, Georgia. (S)

7.00 The World's Weirdest Weather An icicle the size of a house causes a street to close in Canada. (S) (AD) (HD)

8.00 Amazing Spaces Shed of the Year 3/4 Series 3. At the halfway point, the attention turns to pubs and entertainment spaces, including a drinking den. (S) (AD) (HD)

9.00 First Dates A man with Tourette syndrome and a 79-year-old student. (S) (AD) (HD)

10.00 Bodyshockers: Nips, Tucks and Tattoos Including Malcolm, who gets a skull design scarred into his skin. (S) (AD) (HD)

11.05 Naked Attraction A 28-year-old single mum hopes to find a man. (S) (AD) (HD)

12.05am Friday Night Dinner (S) (AD) (HD) **12.40** The Job Interview (S) (AD) (HD) **1.35** The Three Day Nanny (S) (HD) **2.30** Walking the Himalayas (S) (AD) (HD) **3.20** Eden (S) (AD) (HD) **4.15–9.15am** Superfoods: the Real Story (S) (AD) (HD)

5 Star 30

Freeview 30 Freesat 131 Sky 116 Virgin 151

8.00am Access **8.05** Dance Moms (S) **8.55** That '70s Show (S) **9.50** My Wife and Kids (S)

2.00pm Celebrity Big Brother: Eviction

3.30 FILM Are We Done Yet? ★★ Comedy sequel starring Ice Cube (S) **5.15 FILM** Cats & Dogs: the Revenge of Kitty Galore ★★ Part-animated fantasy featuring the voices of Bette Midler and James Marsden (S)

7.00pm FILM The Forbidden Kingdom ★★★ Martial arts action comedy starring Jet Li, Jackie Chan and Michael Angarano (S) **9.00 FILM** Grown Ups 2 ★ Comedy starring Adam Sandler, Chris Rock, David Spade and Kevin James (S) (AD) **11.00** Lip Sync Battle **11.25** Access **11.30** CBB Best Bits: the Good, the Bad and the Outrageous (S)

1.30am American Horror Story: Asylum **2.25** Sing It On! (S) **3.10** Ridiculousness **3.50–4.00am** Access

5 Star +1 Sky 190 Freesat 132

More4 14

Eight out of Ten Cats Does Countdown 9.00pm David Baddiel competes

F'view 14 F'sat 124 Sky 138 Virgin 147 HD Virgin 203

8.55am Kirstie's Vintage Gems (S) (HD) **9.15** Location, Location, Location (S) (HD) **10.15** Come Dine with Me: five editions (S) (HD)

12.55pm Four in a Bed (S) (HD) **3.40** Great Canal Journeys: triple bill (S) (AD) (HD)

6.55pm Location, Location, Location Phil Spencer advises a pair who want to get on the property ladder around the New Forest National Park. (S) (AD) (HD)

8.00 Grand Designs Converting a concrete cowshed into a three bedroom home. (S) (AD) (HD)

9.00 Eight out of Ten Cats Does Countdown Sean Lock and Jon Richardson are joined by David Baddiel and Trevor Noah. (S) (HD)

10.00 Jimmy Carr hosts, with guests Vic Reeves, Jo Brand and Adam Buxton. (S) (HD)

11.05 Channel 4 Comedy Gala 2015: Best Bits Featuring Jack Dee, Katherine Ryan, Kevin Bridges, Sara Pascoe and Trevor Noah. (S) (HD)

11.55 Father Ted 5/8 Series 3. The priests' over-75s football match leads to trouble. (S) (AD) (HD)

12.30am 7/8. Mrs Doyle wins a competition to meet a famous singer. (S) (AD) (HD)

1.00 Eight out of Ten Cats Does Countdown (S) (HD) **3.10–3.55am** Channel 4 Comedy Gala 2015: Best Bits (S) (HD)

More4 +1 Freesat 125 Sky 139 Virgin 176

5USA 21

Freeview 21 Freesat 129 Sky 174 Virgin 153

9.00am Catch a Contractor **9.30** Diagnosis Murder (S) **11.30** The Mysteries of Laura (S)

1.30pm FILM Ties That Bind ★★ (S) **3.15** Jane Doe: Eye of the Beholder (S) **5.00 FILM** Nightmare from the Past ★★ (S)

6.50pm Columbo: a Friend in Deed (S) **9.00** NCIS: Shoot to Kill 19/24 Series 8 (S) (AD)

10.00 The Mysteries of Laura: double bill. 13&14/22. The detective investigates the murder of a teenage boy, and a female impersonator is found shot dead in his car **11.55** CSI: NY 16/24 Series 3 (S) (AD)

12.55am CSI: Miami (S) (AD) **1.50** CSI: NY (S) (AD) **2.50** Chicago Fire **3.35–4.00am** True Crimes: the First 72 Hours (S)

5USA +1 Mon-Fri 6pm Sun/F'sat 03 Sky 219 Virgin 154

Yesterday 19

Freeview 19 Freesat 159 Sky 537 Virgin 245

6.00am Great British Ghosts (S) **6.25** Impossible Engineering (S) (AD) **7.10** Chris Tarrant: Extreme Railways **8.00** The World at War (S) **9.00** Monarchy by David Starkey (S) (AD) **10.00** Museum Secrets (S) **11.00** Impossible Engineering: the Shard in London (S) (AD)

12 noon as 5pm **1.00pm** The World at War (S) **2.00** as 7pm **3.00** Museum Secrets (S) **4.00** Impossible Engineering (S) (AD) **5.00** Chris Tarrant: Extreme Railways

6.00pm The World at War Churchill's plan to force a way through Italy. (S)

7.00 Monarchy by David Starkey The Glorious Revolution of 1688. (S) (AD)

8.00 Sounds of the Seventies Featuring Free, Deep Purple, Yes and Dr Feelgood.

8.30 Music by the Carpenters and Kate Bush.

9.00 With Carole King and James Taylor.

9.30 The Eagles, Eric Clapton and Dire Straits.

10.00 Classic Soul at the BBC Featuring Aretha Franklin, Al Green and Dusty Springfield.

11.00 Sounds of the Seventies Double bill.

12 midnight Museum Secrets (S) **1.00am** Classic Soul at the BBC **2.00–3.00am** The World at War (S)

Yesterday +1 Sky 538 Virgin 246

Home 25

Freeview 25 Sky 116 Virgin 261 BT 314

7.00am Homes under the Hammer **9.00** Extreme Fishing with Robson Green **12 noon** A Place in the Sun: Home or Away **2.00pm** Homes under the Hammer **4.00** River Cottage: Summer's Here: four editions **8.00** DIY SOS: the Big Build: building an extension in Fareham, Hampshire **9.00** Escape to the Country: double bill. Searching for a period property in north Norfolk, and a house in north Wales (AD) **11.00** DIY SOS: the Big Build **1.00–4.00am** A Place in the Sun: Home or Away

Home +1 Sky 244 Virgin 282

Spike 31

Freeview 31 Freesat 140 Sky 180

9.00am Access **9.15** Eddie Stobart: Trucks and Trailers **10.15** Criminals: Caught on Camera (AD) **10.45** Police Interceptors **12.45pm FILM** Vera Cruz ★★★★ Western with Gary Cooper and Burt Lancaster **2.35 FILM** Escape to Victory ★★★ Second World War drama starring Sylvester Stallone **5.00** Police Interceptors: triple bill **8.00pm** Beware: the Cops Are Watching **9.00** Furious and Funny: Caught on Camera: the use of CCTV to fight crime **10.00 FILM** Reservoir Dogs ★★★★★ Crime drama directed by Quentin Tarantino and starring Harvey Keitel, Tim Roth and Michael Madsen **12 midnight *New.*** Sweat Inc **12.55am** Football: the Chamcocho Kit **1.55** Football on 5: Goal Rush **2.30–3.00am** Car Crime UK: Caught on Camera

True Entertainment 61

Freeview 61 (not Wales) Freesat 142 Sky 184 Virgin 189

6.00am FILM Blue Valley Songbird ★★ Musical drama **8.00** Little House on the Prairie **1.00pm** Danielle Steel's The Ring **5.00** Danielle Steel's Message from Nam: drama starring Jenny Robertson **9.00 FILM** Danielle Steel's A Perfect Stranger ★★ Romantic drama starring Robert Urich and Stacy Haidak **11.00 FILM** Dying to Belong ★★ Thriller starring Hilary Swank

1.00–3.00am FILM Mom at Sixteen ★★

Horror Channel 70

Freeview 70 Freesat 138 Sky 319 Virgin 149

8.00am FILM Stonehenge Apocalypse ★ Sci-fi thriller **9.50** Horror Highlights **10.00** Tales from the Darkside **3.00pm FILM** Lost in the Bermuda Triangle ★ Sci-fi thriller **4.50 FILM** Arachnoquake ★★ Sci-fi horror **6.35pm FILM** Midnight Offerings ★★ Horror starring Melissa Sue Anderson **8.30** Tales from the Darkside **9.00 FILM** The Day ★★ **10.50 FILM** The Collector ★★★ **12.40am FILM** Mine Games ★★ Horror thriller **2.35 FILM** Amityville III: the Demon ★★★ Horror **4.20–4.30am** Horror Highlights

Film4, Movie Mix, Movies4Men are now listed on our daily **Films pages** – see p52

Pick 11

Freeview 11 Freesat 144 Sky 152 Virgin 123

6.00am Nothing to Declare **8.00** 60-Minute Makeover **1.00pm** The Dog Whisperer (AD) **3.00** Highway Patrol **4.00** Motorway Patrol (AD)

6.00pm Border Security: Australia's Front Line **7.00** UK Border Force: a woman suffering from terminal cancer tries to gain entry to the UK **8.00** Nothing to Declare UK **9.00** Send in the Dogs: following the work of Britain's police dogs **10.00** Brit Cops: Frontline Crime UK **11.00** Road Wars

12 midnight Night Cops (AD) **1.00am** Road Wars **2.00** Most Shocking: Best Of (AD) **3.00** Most Shocking **4.00–6.00am** Motorway Patrol

Pick +1 Freesat 145 Sky 153

Really 17

Freeview 17 Freesat 110 Sky 155 Virgin 129

6.00am Spa of Embarrassing Illnesses **7.00** Home Shopping **8.00** Serious Crash Unit **9.00** Traffic Cops **11.00** Escape to the Country **2.00pm** DIY SOS: the Big Build **3.00** Escape to the Country **4.00** Homes under the Hammer **5.00pm** Escape to the Country: triple bill **9.00** Helicopter Heroes: a farm worker is faced with losing an arm and both legs **10.00** The World's Biggest Penis: the reality of being well endowed **11.00** Get Home Alive **12 midnight** Countdown to Murder **1.00am** The DAP Killer: First Kill, Last Kill **2.00** Home Shopping **4.00** Spa of Embarrassing Illnesses **5.35–6.00am** The Clothes Show

Quest 37

Freeview 37 Sky 144 Virgin 172

6.00am Wheeler Dealers: 12 editions (AD) **6.00pm** Wheeler Dealers, on the Road **7.00** Salvage Hunters: double bill. A private school with a cedar hull of furniture, then Drew Pritchard gains access to a North Yorkshire boatyard (AD) **9.00** Couples, Who Kill: the crimes of Jeremiah Rodgers and Jonathan Lawrence **10.00** Redrum: double bill. A triple homicide in rural Arkansas, and the death of jazz drummer Tim Wicks **11.00** Most Evil

12 midnight Forensic Detectives **1.00am** FBI Files **2.00** Disappeared **3.00** Destroyed in Seconds **5.00–6.00am** A Racing Car Is Born: double bill

Quest +1 Freeview 38 Sky 195 Virgin 173

Challenge 46

Freeview 46 Freesat 146 Sky 145 Virgin 139

6.00am Blockbusters **8.00** Catchphrase (AD) **9.00** TNA Xplosion **10.00** Gladiators: combat game show **11.00** American Ninja Warrior

12 noon Strike it Lucky **2.30pm** Bruce's Price Is Right: big-prize game show **4.00** Bruce Forsyth's Play Your Cards Right **5.00** Catchphrase: four editions of the game show **7.00** The Chase: four editions of the quiz show hosted by Bradley Walsh **11.00** Bullseye: quiz that tests contestants' skill at darts and their general knowledge

5.00–6.00am Catchphrase: double bill (AD)

Challenge +1 Freesat 147 Sky 164 Virgin 180

CBS Action 64

Freeview 64 Freesat 137 Sky 148 Virgin 192

8.30am The Key of David **9.00** Star Trek **2.00pm** The High Chaparral **4.00** Dr Quinn: Medicine Woman **6.00** Gunsmoke: double bill. A woman refuses to accept her mixed-race son, and the young widow who once saved Festus's life returns **8.00** CSI: Crime Scene Investigation: a man dies from overeating and it emerges he had a rare genetic disorder **9.00** NCIS: five episodes **1.50am FILM** Dr Quinn, Medicine Woman: the Movie ★★

3.35–6.00am CSI: Crime Scene Investigation

CBS Drama 71

Freeview 71 (HD only) Freesat 134 Sky 149 Virgin 197

7.30am Tomorrow's World **9.00** CSI: Crime Scene Investigation **2.00pm FILM** A Song from the Heart ★★ Romantic drama starring Amy Grant **4.00** Judge Judy **9.00** Unsolved Mysteries: double bill. An investigation into the discovery of a lawyer's body in a lift, then the story of how a bank robber was caught after leaving evidence at his crime scenes **11.00** Cheaters

3.50–5.00am Judge Judy: small-claims cases

BBC Parliament 131

Freeview 131 Freesat 201 Sky 504 Virgin 605

6.30am House of Commons **8.30** Conversations **9.00** Review **10.00** The Long Goodbye? **10.30** BOOKtalk **10.50** Scottish Parliament **11.45** Financial Stability **2.30pm** Welsh Questions **3.00** EU **3.55** Debate **4.30** BOOKtalk **4.50** Westminster Hall **6.30** Steel Industry **7.55** Lords **8.55** BOOKtalk **10.10** Briefings **10.55** Rail Experience **12.10–6.10am** Highlights

Puzzles Are you an Egghead or will you end up Pointless? Take our brainteasers Your RT p147/149

SATURDAY Satellite & cable

Gone In Sixty Seconds 9.00pm Angelina Jolie plays a car thief

Without a Trace 8.00pm The team tracks down a teenager

Bones 8.00pm Brennan reveals she wants a child

Sherlock 10.10pm A murder is committed on a railway track

The Young Ones 10.10pm Vyvyan and Mike take a break

Sky1

Sky 106 Virgin 193 HD Virgin 109

6.00am The Dog Whisperer (S) (HD) **7.00** Ashley Banjo's Secret Street Crew (S) (AD) (HD) **9.00** The Fantasy Football Club (HD) **10.00 New.** Soccer AM (HD) **11.30 New.** What's Up (HD) **12 noon** Guitar Star (S) (HD) **1.00pm** Futurama (S) **4.00** Big Cats: an Amazing Animal Family (S) (HD)

6.00pm Modern Family *2/24* Series 4. Phil shares the secrets of selling houses on school career day. **6.30** *2/24.* The family gathers at the roller rink for a fundraiser. **7.00** *23/24.* Phil takes the family on a trip in his new motor home. **7.30** *24/24.* The family supports Phil at his mother's funeral. **8.00** *1/24* Series 6. Cameron and Mitchell return from honeymoon. **8.30** *2/24.* Jay and Gloria celebrate their anniversary. (S) (HD)

9.00 Gone In Sixty Seconds ★★ Crime drama starring Nicolas Cage as a former car thief who agrees to one last job. **Review page 35.** (S) (W) (HD)

11.15 A League of Their Own With Kevin Keegan. (S) (AD) (HD)

12.15am Karl Pilkington: the Moaning of Life (S) (AD) (HD) **1.15** The Last Ship (S) (HD) **2.10** Hawaii Five-0 (S) (HD) **4.00** Border Security: Canada's Front Line (S) (HD) **5.00–6.00am** Big Cats (S) (HD)

Sky1 +1 Sky 130

Sky Arts

Sky 101 Virgin 122 HD Virgin 206

6.00am Talks Music (S) (HD) **7.00** British Legends of Stage and Screen (S) (HD) **8.00** Soundstage Presents Joan Baez (HD) **9.15** Ella Fitzgerald: Live in '57 and '63 (S) **10.30** The Wigan Casino (S) (HD) **11.00** The South Bank Show Originals (HD) **12 noon** Portrait Artist of the Year 2014 (S) (HD) **1.00pm** Guitar Star (S) (HD) **2.00** Cambridge Folk Festival (HD)

6.00pm Johnny Cash: a Legend in Concert Featuring performances of *Five Feet High and Rising*, *I Got Stripes* and *Don't Take Your Guns to Town*. (S) (HD)

6.45 Paul McCartney: a MusiCares Tribute Eddie Izzard hosts the tribute, including music by Alicia Keys and Tony Bennett. (S) (HD)

8.00 Soundbreaking A look at the development of different formats for listening to music. (HD)

9.00 New. Soundstage Presents Robert Plant and the Strange Sensation The singer and his backing band perform solo tracks and Led Zeppelin classics, including *No Quarter*, *Black Dog* and *Freedom Fries*. **See p45.** (HD)

10.15 Led Zeppelin: Celebration Day The band's performance at London's O2 in 2007. (S) (HD)

12.45am Trailblazers: New Romantics (S) (HD) **1.45** David Bowie – a Reality Tour (S) (HD) **3.00** Gary Numan: Reinvention – the Electric Warrior (HD) **4.00** Dog (S) (HD) **5.00–6.00am** Cirque du Soleil: Fire Within (S)

Sky Atlantic

Sky 108

6.00am The Guest Wing (S) (AD) (HD) **7.00** Networks of Power with Sir Christopher Meyer (S) (HD) **8.00** Cold Case (S) (HD) **11.00** David Attenborough's Conquest of the Skies (S) (AD) (HD) **12 noon** Blue Bloods (S) (AD) (HD)

5.00pm Without a Trace *2/24* Series 2. Jack and the team search for a missing priest. **6.00** *3/24.* A woman disappears during her fiancé's dinner party. **7.00** *4/24.* A 14-year-old violinist disappears on the night of a concert. **8.00** *6/24.* The team searches for a missing teenage boy. (S) (HD)

9.00 Game of Thrones *1/10* Series 2. Robb Stark marches south to avenge his father. (S) (AD) (HD) **10.10** *2/10.* Arya shares a secret with Gendry. (S) (AD) (HD)

11.20 Last Week Tonight with John Oliver A satirical look at news and pop culture. (S) (HD)

11.55 Dice *1/6.* Dice falls foul of an Elvis impersonator. (S) (HD)

12.30am *2/6.* Dice looks to spice things up in the bedroom. (S) (HD)

1.00 The Jinx: the Life and Deaths of Robert Durst (S) (HD) **4.00** The Guest Wing (S) (AD) (HD) **5.00–6.00am** Networks of Power with Sir Christopher Meyer (S) (HD)

Sky Atlantic +1 Sky 170

Universal

Sky 113 Virgin 137 BT 320

6.00am Fairly Legal (S) (HD) **7.00** Home Shopping **8.00** Sea Patrol (S) (AD) (HD) **9.00** NCIS (S) (HD)

5.00pm New. Royal Pains *3/8* Series 7. Hank is followed through his daily routine by an actor who is playing the role of a doctor. (S) (HD)

6.00 White Collar *9/13* Series 5. The reappearance of a Welsh gold coin leads Peter dangerously close to the truth. (S) (HD)

7.00 *10/13.* Peter is offered a promotion in Washington DC, but is reluctant to accept until he solves Siegel's murder. (S) (HD)

8.00 NCIS *19/19* Series 5. Tony and Ziva discover NCIS director Jenny Shepard is involved in a multiple shooting at an abandoned diner in the desert. (S) (HD)

9.00 Hard Rain ★★★ Action thriller starring Morgan Freeman and Christian Slater. An armoured car transporting $3 million breaks down in the flood-stricken town of Huntingburg, Indiana, and is held up by a gang. One of the guards manages to escape with the money, but he is pursued by the robbers. (S) (W) (HD)

11.00 Law & Order: Special Victims Unit *6/24* Series 12. A businessman is found tied up, stripped and branded. (S) (HD)

12 midnight Law & Order: Special Victims Unit: four episodes (S) (HD) **4.00–6.00am** NCIS (S) (HD)

Universal +1 Sky 118 Virgin 138

Sky Living

Sky 107 Virgin 192 HD Virgin 111

6.00am Cooks to Market (HD) **6.15** My Kitchen Rules: Australia (S) (HD) **10.00** Sun, Sea and ASE: South Africa (S) **11.00** Nothing to Declare: four editions (S) (AD) **1.00pm** Bones (S) (AD) (HD) **3.00** The Biggest Loser USA (S) (HD) **4.00** Million Dollar Listing: Miami (S) (HD) **5.00** Nothing to Declare: double bill (S) (AD)

6.00pm Nothing to Declare Investigating illegal fishing. (S) (AD) **6.30** Airport security staff discover a hoard of deadly weapons. (S) (AD)

7.00 Unforgettable *9/13* Series 4. Carrie and Al seek refuge from a hurricane in a precinct house. (HD)

8.00 Bones *24/25* Series 4. The remains of a critic's body are found inside a barrel of wine. (S) (HD)

9.00 Criminal Minds *17/23* Series 10. The BAU joins the hunt for a serial killer operating in Wisconsin. **10.00** *18/23.* A congressman's wife is held to ransom. **11.00** *19/23.* An American family are kidnapped in Barbados. (S) (HD)

12 midnight Criminal Minds (S) (HD) **1.00am** Blindspot (S) (AD) (HD) **2.00** Grey's Anatomy (S) (HD) **3.00** Grey's Anatomy (S) (HD) **4.00** UK Border Force (S) (HD) **5.00–6.00am** Border Security: Canada's Front Line (S) (AD) (HD)

Sky Living +1 Sky 122 Virgin 140

Sky2

Sky 129 Virgin 121

6.00am Monkey Life: double bill (S) (AD) **9.00** Border Security: Canada's Front Line (S) (AD) **1.00pm** Relic Hunter (S) **6.00pm** The Flash: double bill. Barry and the team search for another Firestorm match, then the Flash is in for a shock when Dr Light comes through the portal (S) **8.00** Arrow: a Glades resident embarks on a killing spree (S) (AD) **9.00** Mount Pleasant: double bill. Barry and Sue prepare for their 40th anniversary, then Lisa and Dan struggle to pretend they are a couple (S) (AD) **11.00** Forever (S) **1.00am** Mad Shocking (S) **2.00** Road Wars (S) **3.00** Border Security USA (S) (AD) **4.00–6.00am** Emergency Abroad: double bill (S) (AD)

Syfy

Sky 114 Virgin 135 BT 391 HD Virgin 165 BT 375

6.00am Quantum Leap **8.00** Home Shopping **11.00** The Captains Close Up **11.30 FILM** LA Apocalypse ★★ **1.20pm FILM** Atlantic Rim ★ **3.10 FILM** Sleeping Beauty ★★ **5.00 FILM** The Librarian: Quest for the Spear ★★ **7.00pm FILM** X-Men ★★★ Fantasy action adventure **9.00 FILM** Rambo: First Blood, Part II ★★★ Action drama **11.00 FILM** Diamond Dogs ★★ Action adventure (W) (HD) **1.00am FILM** Tucker and Dale vs Evil ★★★★ Comedy horror starring Tyler Labine **2.50** Fact or Faked: Paranormal Files **4.00–6.00am FILM** Asteroid vs Earth ★ Disaster thriller with Tia Carrere

Syfy +1 Sky 114 Virgin 136

W

Sky 129 Virgin 125 BT 331 HD Virgin 181 BT 380

6.00am Dynamo: Top Ten Greatest Moments **6.10** DIY SOS: the Big Build (S) (HD) **8.00** The Bill (S) **1.10pm** EastEnders (S) (AD) (HD) **3.40** Extreme Makeover: Home Edition (S)

7.35pm Outnumbered Sue is fed up with the boys' attitude to housework so sets out to civilise them. Karen battles with "chuggers" and buying shoes, and Pete is at war with a domestic appliance. (S) (AD) (HD)

8.20 Karen is on a sleepover, and Ben is away at adventure camp. Sue and Pete are left with a labrador to look after and get a glimpse of life once the children have left home. (S) (AD) (HD)

9.00 Jonathan Creek *3/7* Series 2. Jonathan seizes the opportunity to get his own back on a reviewer who criticised his show by refusing to reveal how his priceless painting was stolen. Bob Monkhouse guest-stars. (S) (AD)

10.10 Sherlock *3/3* Series 1. A murder on a railway, a clue in an empty room, a blood-soaked car and a priceless painting presage a terrifying game of cat and mouse as a crazed bomber pits his wits against Holmes and Watson. (S) (AD) (HD)

12.10am Traffic Cops (S)
1.10–3.00am Atlantis (HD)

W +1 Sky 213 Virgin 131

TLC

Sky 125 Virgin 167 BT 323 HD Virgin 168 BT 317

6.00am Say Yes to the Dress: Randy Knows Best (HD) **7.00** Say Yes to the Dress: Big Bliss (HD) **10.00** Say Yes to the Dress (HD) **2.00pm** Say Yes to the Dress: Atlanta (S) **5.30** Say Yes to the Dress: Big Bliss (HD) **6.00** Say Yes to the Dress: NYC (HD) **7.00** I Am Jazz: Greg and Jeanette take action over threatening phone calls (HD) **8.00** My Giant Life: Lindsay regrets a night of heavy drinking (HD) **9.00** Undressed (HD) **10.00** Devious Maids (HD) **11.00** Mistresses (HD) **12 midnight** My Giant Life (HD) **1.00am** Undressed (HD) **2.00** Devious Maids (HD) **3.00** Say Yes to the Dress (HD) **4.00–6.00am** Say Yes to the Dress: Atlanta (HD)

TLC +1 Sky 154 Virgin 169

Lifetime

Sky 116 Virgin 208 BT 329 HD Virgin 209 BT 384

6.00am Judge Judy (HD) **10.00** Hoarders: Family Secrets (HD) **2.00pm** The Real Housewives of New Jersey (HD) **7.00** Dance Moms: Abby's Studio Rescue: Abby visits a dance studio in Indiana (HD) **8.00** Atlanta Plastic: a woman seeks Dr Crawford's help to get rid of her excess skin (HD) **9.00 FILM** Profile for Murder ★★ Thriller starring Nicki Aycox. A retired criminal profiler becomes the target of the killer she helped to convict (W) (HD) **10.45** Wahlburgers (HD) **11.45** Hardcore Pawn (HD) **3.00–6.00am** Storage Wars (HD)

Lifetime +1 Sky 117

Gold

Sky 110 Virgin 134 BT 310

7.20am Jeeves and Wooster (S) **8.20** 'Allo 'Allo! (S) **9.00** Only Fools and Horses. 14 episodes (S) (AD)

7.00pm Last of the Summer Wine Compo and Clegg meet a tramp with an interest in donkeys in this Christmas special from 1987. (S)

8.45 Fawlty Towers Basil plans an evening of *cordon bleu* cuisine at the hotel, but the new chef finds Manuel more appealing. (S) (AD)

9.30 Come Fly with Me Low-cost airline FlyLo becomes carbon neutral at the insistence of owner Omar Baba, while up in first class, Penny receives a discreet visit. (S) (AD)

10.10 The Young Ones The last episode of the sitcom sees the boys evicted from their bedsit, forcing them to resort to bank robbery. (S)

11.00 Monty Python's Best Bits (Mostly) Looking back at the troupe's most popular sketches, with contributions from some of the biggest names in comedy. (S) (AD)

11.40 Monty Python: the Meaning of Live Behind the scenes of the 2014 reunion concert.

1.45am Monty Python's Best Bits (Mostly) (S) (AD) **2.20** The Young Ones (S) **3.00** Mitchell and Webb **3.35–4.00am** Rex the Runt

Gold +1 Sky 166 Virgin 190

Comedy Central

Sky 112 Virgin 132 BT 301 HD Virgin 181 BT 330

8.00am The Middle (S) (HD) **9.00** That '70s Show (S) **10.00** Friends (S) (HD) **12 noon** The Middle (S) (HD) **1.00pm** Impractical Jokers (S) (HD) **2.00** Budgies Make You Laugh Out Loud (HD) **3.00** Friends (S) (HD) **8.00pm** Impractical Jokers (S) (HD) **9.00** Michael McIntyre's Showtime (S) (HD) **10.00 FILM** Superhero Movie ★★★ Spoof starring Drake Bell, Sara Paxton, Leslie Nielsen and Christopher McDonald (HD) **11.45** Josh Widdicombe: And Another Thing (S) (HD)

12.45am Rob Beckett at the Comedy Store (S) (HD) **1.15** South Park (S) (HD) **3.05** Bob's Burgers (S) (HD) **3.50–5.00am** Two and a Half Men (S) (HD)

Comedy Central +1 Sky 127 Virgin 133

Sony Channel

Sky 157 Virgin 193 BT 331

7.00am Ghosts in My Home **9.00** Ghost Hunters **2.00pm** Will & Grace **3.00 FILM** Street Fighter ★ Action adventure **5.05 FILM** My Stepmother Is an Alien ★★★ Sci-fi comedy starring Dan Aykroyd **7.15pm FILM** The Accidental Husband ★★ Romantic comedy starring Uma Thurman **9.00 FILM** Austin Powers: International Man of Mystery ★★★★ Spy spoof starring Mike Myers **10.55 FILM** The Sweetest Thing ★★★ Romantic comedy starring Cameron Diaz **12.45am** Celebrity Ghost Stories: Jingle bill **3.30–4.00am** Movie News

Sony TV +1 Sky 181

ALL PROGRAMMES ON THE ABOVE CHANNELS ARE REPEATS UNLESS OTHERWISE STATED

Key (S) Subtitles (SL) Signing (AD) Audio description (HD) High definition (W) Widescreen

DCI Banks 10.00pm DI Morton encounters a wall of silence

WPC 56 6.00pm Jack and Gina make a bold move

The Closer 8.00pm Brenda is taken off investigative duty

Born Survivor: Bear Grylls 9.00pm The Arctic Circle

ITV Encore

Sky 123

6.00am Upstairs, Downstairs (S) **8.50** Heartbeat **11.35** The Darling Buds of May (S) (HD) **12.35pm** The Chief: Two boys kill a police officer. **1.35** Kingdom (S) (AD) **4.40** Agatha Christie's Poirot: double bill (S) (HD)

6.55pm Agatha Christie's Poirot The Adventure of the Clapham Cook. The sleuth investigates the disappearance of a cook. (S) (AD) (HD)

8.00 Vera *1/4* Series 6. A body is found on the moors. (S) (AD) (HD)

DCI Vera Stanhope	Brenda Blethyn
DS Aiden Healy	Kenny Doughty
DC Kenny Lockhart	Jon Morrison
DC Bethany Whelan	Cush Jumbo
Dr Marcus Sumner	Kingsley Ben-Adir

10.00 DCI Banks *1/6* Series 4. A woman is found dead, having been buried alive. (S) (AD) (HD)

11.00 *2/6.* The detective uncovers Jason McCready's shocking secret. (S) (AD) (HD)

DCI Banks	Stephen Tompkinson
DS Annie Cabbot	Andrea Lowe
DI Helen Morton	Caroline Catz
DC Ken Blackstone	Jack Deam
Jason McCready	Darren Morfitt

12 midnight The Guilty: drama with Tamsin Greig (S) (AD) (HD) **1.00am** Micawber: Mr Micawber becomes a butler (S) **2.05** The Americans (S) (AD) (HD) **3.05** Homefront (S) (AD) (HD) **4.05–6.00am** Peak Practice

ITV Encore +1 Sky 208

PBS America

Freesat 156 Sky 534 Virgin 276

6.00am 1,000 Days of Fear: the Deadly Race at Los Alamos **9.00** The Trials of J Robert Oppenheimer **11.20** Race for the Superbomb **1.45pm** 1,000 Days of Fear: the Deadly Race at Los Alamos

5.05pm The Trials of J Robert Oppenheimer Drama documentary about the American physicist, who was one of the key figures in the development of the first atomic bomb. Featuring interviews with family members, scholars and colleagues.

7.25 Race for the Superbomb Examining the political and ethical problems faced by the Soviet Union and the US in the race to build the first hydrogen bomb, a weapon that would have an irrevocable impact on the world.

9.55 American Cheerleader Following two teams of high-school cheerleaders as they prepare for the 2013 national championships at Walt Disney World in Orlando, Florida.

11.45 1,000 Days of Fear: the Deadly Race at Los Alamos First-hand accounts from the people who worked on the Manhattan Project and developed the atomic bomb at Los Alamos during the Second World War.

12.50am 1,000 Days of Fear: the Deadly Race at Los Alamos: double bill **2.35** American Cheerleader **4.05–6.00am** The Trials of J Robert Oppenheimer

Alibi

Sky 132 Virgin 134 BT 312 HD Virgin 200 BT 382

7.00am Murdoch Mysteries (S) (HD) **8.00** Maisie Raine (S) (AD) **9.00** Murdoch Mysteries (S) (HD) **10.00** The Inspector Lynley Mysteries (S) **12 noon** Maisie Raine (S) (AD) **1.00pm** WPC 56 (S) (AD) (HD) **2.00** Judge John Deed (S) (AD) **4.00** The Inspector Lynley Mysteries (S)

6.00pm WPC 56 *2/5* Series 1. Gina risks her career to prove Donald is innocent when a woman is attacked. (S) (AD) (HD)

7.00 Inspector George Gently *4/4* Series 5. The detective is accused of fabricating evidence against an old adversary and a former colleague arrives to offer his support. (S) (AD) (HD)

9.00 Father Brown *10/10* Series 2. A day out at a local hill climb track ends with one of the drivers being killed. (S) (AD) (HD)

10.00 New Tricks *10/10* Series 12. Ucos is told to stop investigating the murder of a political activist 15 years earlier. (S) (AD) (HD)

11.20 Ripper Street *5/8* Series 1. The team investigates a string of ingenious robberies. (S) (AD) (HD)

12.40am *6/8.* A Jewish anarchist is found dead. (S) (AD) (HD)

2.00–3.40am Rizzoli & Isles: two episodes of the drama (S) (AD) (HD)

Alibi +1 Sky 226 Virgin 130

Discovery History

Sky 535 Virgin 282

6.00am Aircraft Stories **8.00** Battlefield (AD) **10.00** Hitler: Germany's Fatal Attraction **11.00** How We Got Here **12 noon** Unsolved History **1.00pm** Swallowed by the Sea – Ancient Egypt's Greatest Lost City **2.00** Time Team: a disused Second World War airfield **3.00** Sir Francis Drake **4.00** Battlefield (AD)

6.00pm Wartime Secrets with Harry Harris The presenter joins the search for the wreckage of a rare Hurricane.

7.00 Time Team Tony Robinson and the team dig up a Manchester car park to unearth the remains of the city's first cotton mill.

8.00 The team unearths remarkable artefacts during a dig on the Isle of Man to investigate the remains of a small stone chapel.

9.00 Special Forces' Secrets An insight into the Shadow Military's secrets. Critics refer to the organisation as mercenaries, while the Government argues that it is essential for fighting a modern war.

10.00 The Rise of the Nazi Party How the Allies' advance on Germany in 1945 sounded the death knell for the Third Reich.

11.00 Wartime Secrets with Harry Harris As 6pm.

12 midnight Battlefield (AD)
2.00am Special Forces' Secrets **3.00** Nazi Killer Bugs **4.00** Hitler: Germany's Fatal Attraction **5.00–6.00am** How We Got Here

Discovery History +1 Sky 536 Virgin 283

Fox

Sky 124 Virgin 157 HD Virgin 199

8.00am Cops (HD) **9.00** NCIS (S) (AD) (HD) **4.00pm** The Closer (S) (HD)

6.00pm The Closer *7/15* Series 3. Tensions run high after two Latino gang members are murdered. **7.00** *8/15.* Two bodies are found bearing the hallmarks of a notorious serial killer. **8.00** *9/15.* Brenda is removed from investigative duty by the department psychiatrist after shooting a serial killer. (S) (HD)

9.00 Family Guy Series 13. Peter and Brian go on a mission to find a new Thanksgiving turkey. (S) (HD) **9.30** Series 10. Lois takes drastic action to save the life of Stewie's new best friend. (S) (HD)

10.00 American Dad! Series 12. Steve is recruited by the CIA's nerdy archrivals, the NSA. (S) (HD) **10.30** Series 10. Hayley becomes a news intern. (S) (HD)

11.00 Family Guy Series 12. Jerome tries to prevent his daughter Pam from dating Chris. (S) (HD) **11.30** Meg parties with Peter when he takes her to a college. (S) (HD)

12 midnight American Dad!: double bill (S) (HD) **1.00am** Family Guy (S) **2.00** American Dad! (S) (HD) **3.00** Family Guy (S) **4.00–5.00am** American Dad! (S) (HD)

Fox +1 Sky 165 Virgin 158

History

Sky 529 Virgin 270 BT 327 HD BT 379

8.00am American Restoration (HD) **10.00** Storage Wars (HD) **12 noon** As Men (HD) **2.00pm** American Pickers (HD) **4.00** American Restoration (HD) **5.00** Storage Wars (HD) **8.00** Mountain Men: reinforcements are needed to help bail Tom out, while Morgan fights for survival in the deep freeze (HD) **9.00** The Bastard Executioner: after his shocking discovery, Wilkin vows vengeance on Baron Ventris (HD) **10.00** Storage Wars (HD) **11.00** The Curse of Oak Island: Rick and Marty make an enormous discovery (HD) **12 midnight** Storage Wars (HD) **1.00am** The Bastard Executioner (HD) **2.00–5.00am** Storage Wars (HD)

History +1 Sky 530 Virgin 271

Animal Planet

Sky 523 Virgin 256 BT 325 HD Virgin 257 BT 376

6.00am Tanked (HD) **7.00** Insane Pools: off the Deep End (HD) **8.00** Treehouse Masters (HD) **9.00** Insane Pools: off the Deep End (HD) **3.00pm** Bondi Vet (HD) **5.00** Insane Pools: off the Deep End (HD) **6.00pm** Treehouse Masters (HD) **7.00** Tanked: a drag queen asks the due to create an over-the-top bedrooms aquarium (HD) **8.00** Treehouse Masters: double bill (HD) **10.00** The Pool Master (HD) **11.00** Animal Cops Houston (HD) **1.00am** Treehouse Masters (HD) **3.00** The Pool Master (HD) **3.50** Alaska: the Last Frontier (HD) **4.40** Whale Wars **5.30–6.00am** Animal Airport (HD)

Animal Planet +1 Sky 549 Virgin 258

Discovery

Sky 520 Virgin 250 BT 322 HD Virgin 251 BT 376

6.00am Gold Rush (AD) (HD) **9.00** Fast 'n' Loud (HD) **11.00** Wheeler Dealers (HD) **1.00pm** Marooned with Ed Stafford (AD) (HD)

6.00pm Marooned with Ed Stafford The explorer has his wits put to the test when he is stranded in northern Thailand. **7.00** Ed tries to cope for ten days without food, water or a knife, when he goes it alone in Rwanda. **8.00** An attempt to survive in the Sonoran Desert. (AD) (HD)

9.00 Born Survivor: Bear Grylls Bear tackles a frozen waterfall and hunts some reindeer as he tries to endure the extreme temperatures in the Arctic Circle. (HD)

10.00 Unabomber: Crimes of the Century The case of former mathematics professor Ted Kaczynski, who targeted college campuses and airlines for 17 years with home-made bombs in an anti-technology protest. (HD)

11.00 A Crime to Remember After millionaire Jacques Mossler was stabbed to death in 1964, his wife Candy was put on trial. (HD)

12 midnight Fast 'n' Loud (HD) **2.00am** MythBusters (AD) (HD) **3.50** Wheeler Dealers (HD) **4.40–6.00am** How It's Made

Discovery +1 Sky 521 Virgin 252

Nat Geographic

Sky 526 Virgin 266 BT 317 HD Virgin 268 BT 373

8.00am Battleground Brothers: Five episodes (HD) **1.00pm** War Heroes of the Skies: six editions (HD) **7.00pm** Inside Combat Rescue: the Last Stand: the military units keeping coalition forces safe inside Bagram Air Base, Afghanistan (HD) **9.00** Inside Combat Rescue: five editions. The work of the pararescuemen of the US Airforce **10.00** Parajumpers try to rescue two Americans hit by gunshots **11.00** A soldier hit by an IED needs rescuing **12 midnight** An injured boy gets caught in the crossfire **1.00am** Two soldiers have been hit by an IED blast (HD) **2.00–5.00am** Apocalypse: World War I: three back-to-back editions (HD)

Nat Geo +1 Sky 527 Virgin 267

Eden

Sky 532 Virgin 247 BT 315 HD Virgin 249

9.00am World's Oddest Animal Couples (HD) **10.00** Deadly 60 on a Mission (HD) **12 noon** Countdown to a Catastrophe (S) (HD) **3.00pm** Deadly 60 on a Mission (HD) **5.00** Countdown to a Catastrophe: triple bill. The interrelationships between natural disasters **6.00** The causes of earthquakes **7.00** The consequences of storms and hurricanes (S) (HD) **8.00** Deadly 60 on a Mission: four editions (HD) **10.05** Countdown to a Catastrophe: triple bill (S) (HD) **1.05am** Deadly 60 on a Mission: four editions (HD) **3.05** Countdown to a Catastrophe (S) (HD) **5.30–6.00am** World's Wildest City: Manaus (HD)

Eden +1 Sky 533 Virgin 248

CHILDREN'S

Milkshake! on C5

Full listings for Channel 5 are on p48

5.10am Angels of Jams **5.20** Poory **5.30** Peppa Pig **5.35** Toby's Travelling Circus **5.45** Angelina Ballerina **6.00** Bob the Builder **6.10** Wanda and the Alien **6.20** Pets **6.25** Noddy in Toyland **6.40 LIU CHOICE** Paw Patrol: Mayor Humdinger plots to disrupt the town's annual triathlon. **See page 45** **6.50** Little Princess: Aunty brings a piano to the castle **7.05** Pip Ahoy! **7.20** Blaze and the Monster Machines **7.45** Ben and Holly **8.00–8.25am** Shimmer and Shine

CBeebies 121

Freeview 101 Freesat 608 Sky 604 Virgin 702

6.00am Waybuloo **6.10** Big Barn Farm **6.25** Mr Bloom, Nory and There **6.35** Rastamouse **6.50** Postman Pat **7.05** Q Pootle 5 **7.15** Dinopaws **7.25** Hey Duggee **7.35** Boj **7.45** Chuggington **7.55** Kate & Mim-Mim **8.05** Octonauts **8.20** Make Me Laugh **8.30** Peter Rabbit **8.45** Rastamouse **8.55** Sarah & Duck **9.00** Something Special **9.20** Hey Duggee: Tea and Mo Sang Time **9.30 New.** The Let's Go Club **9.55** Topsy and Tim: double bill **10.15** Waybuloo **10.30** Shimmer and Shine **10.55** Tree Fu Tom **10.55** Chuggington: Badge Quest **11.00 New.** Sweshkuzzle **11.25** Gigglebiz **11.40** Kerwhizz **12 noon** My Pet and Me **12.15pm** I Can Cook **12.30** Grandpa in My Pocket **12.45** Melody **1.00** My Story **1.15** Messy Goes to Okido **1.25** Charlie and Lola **1.40** Let's Play **2.00** Something Special **2.20** Hey Duggee **2.30** Our Family **2.40** Poofy Pups **2.55** Topsy and Tim: double bill **3.15** Ramshah and Aladdin **3.30** Tree Fu Tom **3.55** Dipdap **4.00** Justin's House **4.25** Andy's Wild Adventures **4.40** Kerwhizz **5.00** Swashbuckle **5.25** Down on the Farm **5.40** Old Jack's Boat – Rockpool Tales **5.55** Small Potatoes **6.00** Charlie and Lola **6.30** Waybuloo **6.20** In the Night Garden **6.50–7.00pm** CBeebies Bedtime Story: read by David Hasselhoff

CBBC 120

Freeview 120 Freesat 607 Sky 603 Virgin 701

7.00am Arthur **7.10** Zig and Zag **7.25** Strange Hill High **7.45 New.** MOTD Kickabout **8.05** Just Kidding **8.25 New.** Copycows: game show presented by Sam Nixon and Mark Rhodes **8.55** Newsround **9.00** Twin It To Win It **9.15** Matilda and the Ramsay Bunch **9.30 New.** Ultimate Brain: Dr Brain puts two teams to the test **9.45** Newsround's Challenges **10.00** Taking the Next Step **10.30** The Dog Ate My Homework **11.00** How to Be Epic @ Everything **11.15** Hank Zipzer **11.40** The Dumping Ground Survival Files **12.10pm** Newsround **12.15** Horrible Histories **12.45** Absolute Celebs **1.15** So Awkward **1.40** Newsround **1.50** Absolute Genius with Dick & Dom **2.15** My Life **2.45** How to Be Epic @ Everything **3.00** Worldcoco **3.20pm** Officially Amazing Mini **6.30** Ultimate Brain **7.00** Marrying Mum and Dad **7.30** Taking the Next Step: searching for the UK's most talented young dancer **8.00** Secret Life of Boys **8.20** Help! My Mum Has to Marry Me **8.25–9.00pm** The Dog Ate My Homework

CITV 122

Freeview 102 Freesat 602 Sky 601 Virgin 734

Programmes 6.00pm–8.00 not Freeview

6.00am Fort Boyard Ultimate Challenge **6.25** Pat & Stan **6.35** Dino Dan **6.45** Dino Dan: Trek's Adventures **6.55** Signed Stories: Shape a Story **7.00** Scully **7.15** Super 4 **7.35** Thunderbirds Are Go **8.00** Ninjago: Rise of the Snakes **8.25** Nerds & Monsters **11.55** City Shorts **12 noon New.** Pokémon: XYZ **12.30pm** Deadtime Stories **12.55** Oddbods **1.00** My Phone Genie **1.30** Fort Boyard Ultimate Challenge **2.30** My Parents Are Aliens **3.00** Horrid Henry **4.05** What's New Scooby-Doo? **4.55** Nerds & Monsters **5.30** Ahmad Naked Animals **6.00** Pokémon: XYZ **6.25** Oddbods **6.30** Deadtime Stories **7.00** Horrid Henry **7.30** My Phone Genie **8.00** Fort Boyard Ultimate Challenge **8.55–9.00pm** Signed Stories: Share a Story

Gardening Joe Swift takes a seat to enjoy the view Your RT P140

SATURDAY Films & Sport

Discover film

The best of Sky, iPlayer, Netflix and beyond

Where are they now?

Bugsy Malone ★★★★ *11.00am Film4* FREEVIEW

While the career of Oscar winner Jodie Foster (Talkulah) is well documented, where have other child stars of Alan Parker's gangster spoof ended up 40 years on? Dexter Fletcher (Baby Face) directed this year's feelgood movie *Eddie the Eagle*; Bonnie Langford (Lena Marelli) is a regular in Albert Square, and Scott Baio (Bugsy himself), well, he was last seen endorsing Donald Trump at the Republican Convention. Happy days, eh? TONY PETERS

Happy birthday, Hitch

Psycho ★★★★★ *9.00pm Sky Select*

Arguably the most recognisable director in movie history, Alfred Hitchcock was born on this day in 1899, a capital excuse to watch some of his most famous films: proto-slasher *Psycho* (the shower scene!), the noir classic *Strangers on a Train* (the fairground scene!), and, in glorious Technicolor, eco-warning *The Birds* (the playground!), and the glamorous *To Catch a Thief* (the South of France!). ANDREW COLLINS

Raising the stakes

Dracula ★★★★★ *BBC iPlayer* FREE TO VIEW

Bram Stoker's vampire creation becomes an epoch-making classic here thanks to director Terence Fisher's stylish and atmospheric direction. Christopher Lee's interpretation of Dracula is astonishingly fresh, heroic and powerful, while Peter Cushing makes an ideal Van Helsing. ALAN JONES

Your guide to TV on demand: radiotimes.com/tvsinpondemand
Film reviews for the week ahead begin on page 35

FREEVIEW

Film4 15

F'view 15 F'sat 300 Sky 315 Virgin 428 HD Virgin 429

11.00am Bugsy Malone ★★★★ Musical. **Choice, left.** Scott Baio, Jodie Foster (1976, U) (S) (AD) **1.00pm Inspector Gadget** ✦ Adventure. (1999, U) (S) **2.40 Judy Moody and the Not Bunnner Summer** ★ Comedy (2011, PG) (S)

4.30pm Mission: Impossible ★★★★ Tom Cruise stars as the betrayed secret agent who must clear his name after the members of his team are slaughtered, in this thrilling update of the 1960s TV series. **Review, p35.** Jon Voight, Emmanuelle Béart (1996, PG)

6.40 Mission: Impossible 2 ★★★★ John Woo's thrilling sequel sees super-agent Tom Cruise attempting to retrieve and destroy a deadly virus. (2000, 15) (S)

9.00 The Sweeney ★★ Lazy update of the 1970s cop show. Ray Winstone, Ben Drew (2012, 15) (S)

11.15pm Die Hard 2 ★★★★ Explosive action thriller sequel. Bruce Willis, Bonnie Bedelia (1990, 18) (S) (AD) **1.35–3.50am 12 Rounds** ★★ Action thriller. John Cena, Aidan Gillen (2008, 15) (S)

Film4 +1 F'view 45 (HD only) F'sat 301 Sky 316 Virgin 430

Movie Mix 32

Freeview 32

9.00am The Call of the Wild: Dog of the Yukon ★★★ Adventure. Rutger Hauer (1996, U) **10.50** Movie News **11.00 Les Misérables** ★★ Period epic. Liam Neeson, Geoffrey Rush (1997, U) **1.45pm The Natural** ★★★★ Baseball drama. Robert Redford (1984, PG) **4.35** Movie News **4.45 The Ballad of Lucy Whipple** ★★★ Carefully made period drama. Elaine Cassidy (2001)

6.35pm Legends of the Fall ★★★★ Epic period drama in which a family's idyllic life on a remote ranch is upset by world events and the arrival of a beautiful woman. Brad Pitt, Anthony Hopkins, Julia Ormond (1994, 15)

9.00 Freelancers ★★ Curtis "50 Cent" Jackson fails to convince, and Robert De Niro looks pretty creaky, too, in this weak thriller. Forest Whitaker, Vinnie Jones (2012, 18)

11.00 Battle of the Damned ★★ Low-budget slice of sci-fi nonsense. Dolph Lundgren, Melanie Zanetti, Matt Doran, David Field (2013, 15)

12.50am Resident Evil: Apocalypse ★ Limp and uninspired sci-fi action horror sequel. Milla Jovovich, Sienna Guillory (2004, 15) **2.45 Derailed** ★ Action thriller. Jean-Claude Van Damme (2002, 15) **4.35** Movie News **4.45** Highway to Heaven **5.30–6.00am** Movie News

Movies4Men 48

Freeview 48 Freesat 304 Sky 325

6.00am Mission Batangas ★★ Adventure. (1968) **8.05 Pacific Inferno** ✦ Adventure. Jim Brown, Richard Jaeckel (1977, 15) **9.50 The Last Blitzkrieg** ★ War drama. Van Johnson (1958) **11.35 The Blockhouse** ★★★ Drama. Peter Sellers, Charles Aznavour (1973, U) **1.30pm The Body Stealers** ★ Sci-Fi. George Sanders (1960, PG) **3.20 Tank Commandos** ★★ War drama. (1959)

5.00pm Five for Hell ★★ Routine "macaroni combat" movie about a crack team of Allied commandos. John Gelse (1969)

6.55 The Commandos Strike at Dawn ★★ Paul Muni is quite watchable as a fisherman fighting Nazi tyranny with a squadron of Brits in this wartime drama. Anna Lee, Lillian Gish, Sir Cedric Hardwicke (1942)

9.00 Runaway Train ★★★★ Thrilling action drama about two convicts trapped on an out-of-control locomotive. Jon Voight, Eric Roberts, Rebecca De Mornay (1985, 15)

11.10pm Desperado ★★★★ Action adventure. Antonio Banderas, Salma Hayek (1995, 18) **1.10am Commando Leopard** ★★ Action adventure. Lewis Collins (1985, 15) **3.15–4.00am** The Hawker Hurricane

Movies4Men +1 Freesat 305 Sky 326

Premiere

Sky 301 Virgin 401 BT 501 HD Virgin 431

6.00am Sixteen As 11.45pm **7.25 The Good Dinosaur** As 4.35pm **9.05 Infini** ★★ Horror. (2014, 15) **11.00 Dragon Ball Z: Battle of Gods** As 6.10pm **12.50pm The Perfect Guy** As 10pm **2.35 Pan** As 8pm **4.35 The Good Dinosaur** ★★★★ Pixar animation. (2015, PG)

6.10pm Dragon Ball Z: Battle of Gods ★★ Silly animé. Toon Scheemind, Christopher R Sabat, Kyle Hebert (2013, U)

8.00 Pan ★★★★ Spectacular attraction adventure prequel. Levi Miller, Hugh Jackman, Rooney Mara (2015, PG)

10.00 The Perfect Guy ★★★ Effective thriller. Sanaa Lathan, Michael Ealy, Morris Chestnut, L Scott Caldwell (2015, 15)

11.45 Sixteen ★★★ Promising coming-of-age drama. Roger Jean Montgomery, Rachael Stirling (2013, 15)

1.15am The Top Ten Show **1.30 Northwest** ★★★★ Crime drama. Gordon Dymkyer, Gene (2013, 15) **3.15 Infini** As 9.05am **5.15** The Top Ten Show **5.30** Ghostbusters: Special

Premiere +1 Sky 302 Virgin 402

Spies

Sky 304 Virgin 404 BT 508 HD Virgin 434

6.00am As 4.30pm **8.05** Ant-Man: Behind the Scenes **8.35** As 6.15pm **10.20** As 8pm **12.35pm** As 10.25pm **2.25 Top Secret!** ★★★ Spy spoof. Val Kilmer, Omar Sharif (1984, 15) **4.30 Get Smart** ★★ Spy action comedy. Steve Carell, Anne Hathaway, Dwayne Johnson, Alan Arkin (2008, 12)

6.15pm Johnny English ★★ Unassuming slice of slapstick. Rowan Atkinson, John Malkovich (2003, PG)

8.00 Spy ★★★★ Hilarious comedy in which Melissa McCarthy bumbles her way through an undercover mission. (2015, 15)

10.25 Austin Powers: The Spy Who Shagged Me ★★★★ The 1960s superspy returns in this inventive comedy sequel. Mike Myers, Heather Graham, Michael York, Robert Wagner (1999, 15)

12.15am As 2.25pm **2.00** Mad Max: Fury Road Special **2.20 The Rock** ★★★★ Action thriller. Sean Connery (1996, 15) **4.45** The Top Ten Show **5.00** Fast & Furious 7 Special **5.30** Ant-Man: Behind the Scenes

Comedy

Sky 308 Virgin 408 BT 506 HD Virgin 438

6.35am As 2.25pm **8.35 Dumb and Dumber To** As 4.20pm **10.35 The Hangover** As 8pm **12.25pm Pitch Perfect 2** As 9.45pm **2.25 Dumb and Dumber** ★★★★ Comedy. Jim Carrey, Jeff Daniels (1994, 12) **4.20 Dumb and Dumber To** ★ Comedy. Jim Carrey, Jeff Daniels (2014, 15)

6.20pm Bad Words ★★★ Jason Bateman scores high as the director and star of this cheerfully naughty comedy. Jo Hallam Chand (2013, 15)

8.00 The Hangover ★★★★ Hilarious comedy. Bradley Cooper, Zach Galifianakis, Ed Helms, Heather Graham (2009, 15)

9.45 Pitch Perfect 2 ★★★ Sassy and smartly written comedy sequel. Anna Kendrick (2015, 12)

11.45 Search Party ★★ Derivative comedy. TJ Miller (2014, 15)

1.30am South Park: Bigger, Longer & Uncut ★★★★ Animation. (1999, 15) **3.00 Just Before I Go** ★★ (2014, 18) **4.40** Ghostbusters: Special **5.10 Crocodile Dundee in Los Angeles** ★ Comedy. Paul Hogan (2001, PG)

Hits

Sky 303 Virgin 403 BT 504 HD Virgin

6.00am As 2.05am **8.35** Harry Potter and the Chamber of Secrets ★★★★ **11.20** Harry Potter and the Prisoner of Azkaban ★★★★ **1.45pm** Harry Potter and the Goblet of Fire ★★★★ (2005, 12) **4.25** Harry Potter and the Order of the Phoenix ★★★★ (2007, 12)

6.45pm Harry Potter and the Half-Blood Prince ★★★★ Outstanding fantasy. Daniel Radcliffe, Rupert Grint, Emma Watson (2009, 12)

9.20 Harry Potter and the Deathly Hallows: Part 1 ★★★ Doom-laden entry. Daniel Radcliffe, Rupert Grint, Emma Watson, Helena Bonham Carter (2010, 12)

11.50 Harry Potter and the Deathly Hallows: Part 2 ★★★★★ Hugely satisfying conclusion. Daniel Radcliffe, Emma Watson, Rupert Grint (2011, 12)

2.05am Harry Potter and the Philosopher's Stone ★★★★ Fantasy adventure. Daniel Radcliffe (2001, PG) **4.45 Harry Potter and the Chamber of Secrets** As 8.35am

Action/Adventure

Sky 307 Virgin 407 BT 502 HD Virgin 437

6.40am Seventh Son As 3.15pm **8.25 Poseidon** ★★ Disaster movie. Josh Lucas, Kurt Russell (2006, 12) **10.05 The Lord of the Rings: The Two Towers** As 5pm **1.05pm Terminator: Genisys** As 8pm **3.15 Seventh Son** ✦ Fantasy adventure. Jeff Bridges, Ben Barnes, Julianne Moore (2014, 12)

5.00pm The Lord of the Rings: The Two Towers ★★★★★ Thrilling fantasy adventure that takes on a darker hue. Elijah Wood, Ian McKellen, Liv Tyler, Viggo Mortensen (2002, 12)

8.00 Terminator: Genisys ★★ Confusing and unexceptional reboot of the sci-fi franchise. Arnold Schwarzenegger, Emilia Clarke (2015, 12)

10.15 RoboCop ★★★★★ A cyborg patrols the streets in this brilliant sci-fi thriller. Peter Weller, Nancy Allen (1987, 15)

12.15am RoboCop 2 ★★★ Sci-fi thriller. Peter Weller, Nancy Allen (1990, 15) **2.25 The Marine 4: Moving Target** ★★ Action thriller. (2015, 15) **4.30 Superman IV: the Quest for Peace** ★★ Fantasy. Christopher Reeve (1987, PG)

Crime/Thriller

Sky 309 Virgin 409 BT 509 HD Virgin 439

6.35am As 3.20pm **8.10 Reclaim** ★★ Thriller. Ryan Phillippe (2014, 15) **9.50 Body** ★★★ Thriller. Helen Rogers (2015, 15) **11.20** As 6.50pm **1.30pm Son of a Gun** ★★★ Drama. Ewan McGregor (2015, 15) **3.20 Standoff** ★★ Thriller. Thomas Jane (2015, 15) **4.50 The Saint** ✦ Action thriller. Val Kilmer, Elisabeth Shue (1997, 12)

6.50pm Die Hard 4.0 ★★★★ Thoroughly entertaining action thriller. Bruce Willis, Timothy Olyphant (2007, 12)

9.00 Carlito's Way ★★★★ Visually audacious 1970s-set crime drama. Al Pacino, Sean Penn, Penelope Ann Miller, John Leguizamo, Ingrid Rogers (1993, 18)

11.25 Scarface ★★★★ Scorching update of the classic gangster film, with Al Pacino in blistering form as the crime kingpin. Steven Bauer, Michelle Pfeiffer (1983, 18)

2.25am Son of a Gun As 1.30pm **4.25 Point Last Seen** ★★★ Linda Hamilton gives a credible performance in this true-life tale. (2010)

Disney

Sky 305 Virgin 405 BT 503 HD Virgin 435

7.00am A Bug's Life As 2.20pm **8.40 The Princess and the Frog** ★★★ Animation. Anika-Noni Rose, Bruno Campos (2009, U) **10.25** As 5.40pm **12.50pm** As 8pm **2.20 A Bug's Life** ★★★★ Animation. Dave Foley, Kevin Spacey (1998, U) **4.00 Aladdin** ★★★★★ Animation. Robin Williams (1992, U)

5.40pm Mary Poppins ★★★★★ Enchanting musical. Julie Andrews, Dick Van Dyke, David Tomlinson, Glynis Johns (1964, U)

8.00 The Jungle Book ★★★★★ Timeless animated classic. Phil Harris, Sebastian Cabot, Louis Prima, George Sanders (1967, U)

9.30 Robin Hood ★★★★ Delightful animation. Brian Bedford, Phil Harris, Peter Ustinov, Terry-Thomas (1973, U)

11.00 White Fang ★★★ Tame but still entertaining adventure. Klaus Maria Brandauer, Ethan Hawke (1991, PG)

1.00am Treasure Island ★★★ Adventure. Bobby Driscoll (1950, U) **2.45 A Goofy Movie** ★★ Animation. Bill Farmer, Jason Marsden, Jim Cummings (1995, U) **4.15** Finding Pixar **4.45 The Princess and the Frog** As 8.40am

Drama/Romance

Sky 310 Virgin 410 BT 511 HD Virgin 440

8.20am Sabrina ★★★★★ Comedy. Humphrey Bogart, Audrey Hepburn (1954, U) **10.20 Before Sunrise** ★★★★ Drama. Ethan Hawke, Julie Delpy (1995, 15) **12.20pm St Vincent** ★★★★ Comedy. Bill Murray, Melissa McCarthy (2014, 12) **2.00** As 8pm **4.10 My Best Friend's Wedding** ★★★★ Comedy. Julia Roberts (1997, 12)

6.00pm Last Holiday ★★★ Queen Latifah lives the high life after being diagnosed with a fatal illness in this cute but predictable comedy. (2006, 12)

8.00 The Longest Ride ★★ Scott "son of Clint" Eastwood and Britt Robertson struggle against a turgid script. (2015, 12)

10.15 Australia ★★ Visually stunning but overambitious romance. Nicole Kidman, Hugh Jackman (2008, 12)

1.05am The Bodyguard ★★★ Thriller. Kevin Costner, Whitney Houston (1992, 15) **3.20 Captain Corelli's Mandolin** ★★ Drama. Nicolas Cage (2001, 15) **5.30 Heaven Knows, Mr Allison** ★★★ Drama. Deborah Kerr, Robert Mitchum (1957, PG)

Select

Sky 312 Virgin 412 BT 510 HD Virgin 442

6.00am Strangers on a Train ★★★★★ Thriller. Farley Granger (1951, PG) **7.55 To Catch a Thief** ★★★★ Mystery. Cary Grant (1955, PG) **9.55** As 9pm **11.55** As 11pm **2.00pm A Fistful of Dollars** ★★★★★ Western. (1964, 15) **3.45 For a Few Dollars More** ★★★★★ Western. Clint Eastwood (1965, 15)

6.00pm The Good, the Bad and the Ugly ★★★★★ Brilliant conclusion to the Dollars trilogy. Clint Eastwood, Eli Wallach, Lee Van Cleef (1966, 18)

9.00 Psycho ★★★★★ Hitchcock's shocker about a mysterious mummy's boy. **Choice, left.** Anthony Perkins, Janet Leigh, Vera Miles (1960, 15)

11.00 The Birds ★★★★★ A remote town in California comes under avian attack in this ingenious horror. Rod Taylor, "Tippi" Hedren (1963, 15)

1.10am To Catch a Thief As 7.55am **3.05 Strangers on a Train** As 6am

Family

Sky 306 Virgin 406 BT 505 HD Virgin 436

6.25am Inside Out Special **6.40 Babe** ★★★★ Fantasy. James Cromwell (1995, U) **8.20 Step Dogs** ★★ Comedy. Josh Janicky (2013, U) **10.00** As 4.40pm **11.40** As 6.20pm **1.20pm** As 8pm **3.00** As 9.40pm **4.40 Penguins of Madagascar** ★★★ Animation. John Malkovich (2014, U)

6.20pm Cloudy with a Chance of Meatballs ★★★★ Clever animation. Bill Hader, Anna Faris (2009, U)

8.00 Minions ★★★ This *Despicable Me* spin-off is loads of fun if a little chaotic. Sandra Bullock (2015, U)

9.40 Friday Download: the Movie ★★★ Energetic adventure. Dionne Bromfield, Richard Hinkler (2015, PG)

11.25 The Muppets Take Manhattan ★★★★ Enjoyable comedy. Jim Henson, Frank Oz, Dave Goelz (1984, U)

1.05am Babe As 6.40am **2.40 Sky High** ★★★★ Very entertaining fantasy comedy adventure. Kurt Russell, Kelly Preston, Michael Angarano (2005, PG) **4.25 Step Dogs** As 8.20am

Sci-Fi/Horror

Sky 311 Virgin 411 BT 507 HD Virgin 441

6.00am As 2.45pm **8.00** As 4.45pm **8.30** As 5.15pm **10.30** As 7.10pm **12.30pm** As 4.45pm **1.00** As 9pm **2.45 Planet of the Apes** ★★★★★ Sci-fi adventure. Charlton Heston (1967, PG) **4.45** Suicide Squad: Special **5.15 The League of Extraordinary Gentlemen** ★★ Fantasy (2003, 15)

7.10pm Fantastic Four ★★ Underwhelming fantasy. Miles Teller, Michael B Jordan, Kate Mara, Jamie Bell (2015, 12)

9.00 Scouts Guide to the Zombie Apocalypse ★★★ Comedy horror with an inherently funny concept and a great sense of kitsch. Tye Sheridan, Logan Miller (2015, 15)

10.45 Unfriended ★★★ Satisfying horror about a group of friends stalked by a social media killer. Shelley Hennig (2014, 15)

12.25am Friday the 13th Part V: a New Beginning ★★★ **2.10 Friday the 13th Part VI: Jason Lives** ★★★ **3.50 Friday the 13th Part VII: the New Blood** ★ (1988, 15) **5.30** Suicide Squad: Special

TCM

Sky 317 Virgin 415 BT 512 HD Virgin 416

7.00am Kung Fu **9.10 Darby's Rangers** ★★ War drama. James Garner (1958) **11.35 Sugarfoot** ★★ Western. Randolph Scott (1951, U) **1.10pm** Longmire **2.05** Longmire **3.00 Badman's Country** ★★ Western. George Montgomery, Neville Brand (1958, U) **4.25 Tall Man Riding** ★★ Western. Randolph Scott (1955, U)

6.05pm Fort Dobbs ★★ Unpretentious western. Clint Walker, Virginia Mayo, Brian Keith, Richard Eyer (1958, U)

7.50 Pursuit to Algiers ★★ Sherlock Holmes mystery. Basil Rathbone, Nigel Bruce, Marjorie Riordan (1945, U)

9.00 Exit Wounds ★★ Predictable action drama. Steven Seagal, DMX, Isaiah Washington (2001, 18)

11.00 Robin Hood: Prince of Thieves ★★★★ Colourful romp. Kevin Costner, Mary Elizabeth Mastrantonio (1991, PG)

1.05am Conspiracy Theory with Jesse Ventura **2.45** Hollywood's Best Film Directors

TCM +1 Sky 318 Virgin 417

SPORT Choices

Premier League Football *11.30am Sky Sports 1*

Newly-promoted Hull City have the dubious privilege of a home game against champions Leicester City as the new top-flight season kicks off. The Tigers need to hold on to Uruguay striker Abel Hernández, their star player as they won promotion, as they step up a level. Foxes boss Claudio Ranieri has talked down their chances of repeating last season's miracle – but their one for all, all for one attitude will surely stand them in good stead. STEVE MALL

Sky Sports 1

Sky 401 Virgin 531 BT 402 HD Virgin 531

6.00am Football Gold (AD) **7.00** Premier League Preview **7.30** Pep **8.30** Premier League Preview **9.00** The Fantasy Football Club **10.00** Soccer AM; with Helen Chamberlain and John Hendley **11.30 LIVE Premier League Football** Hull City v Leicester City (kick-off **12.30pm**), the first match of the new season, as the promoted Tigers host the champions. Hull experienced a turbulent pre-season that saw Steve Bruce depart as manager. **3.00pm Soccer Saturday** Jeff Stelling and the experts report on all the goals as they go in. **5.15 LIVE Football League** Norwich City against Sheffield Wednesday in the Championship, from Carrow Road (kick-off **5.30**). **8.00 Football League** All the goals from the Championship and Leagues One and Two. **8.30 Football: Game of the Day** The day's top Premier League match. **10.30 Football: Match Choice 11.30–6.00am Premier League Football** Action from today's games.

Sky Sports 2

Sky 402 Virgin 532 BT 403 HD Virgin 502

6.00am Cricket Classics (AD) **7.00** Cricket's Greatest (AD) **8.00** Test Cricket **10.00** The Saturday Debate **10.30 LIVE Test Cricket** England v Pakistan, day three in the fourth and final Test at the Oval. **7.00pm LIVE Football** Inter Milan v Celtic in the International Champions Cup (kick-off **7.00**), a match staged at Thomond Park in Limerick. **9.00** Test Cricket **11.00** Football League **11.30** Super League **11.45** Great Sporting Moments. **12 midnight** Test Cricket: England v Pakistan **2.00am** Cricket's Greatest (AD) **3.00** Test Cricket **5.00–6.00am** Cricket's Greatest (AD)

Sky Sports 3

Sky 403 Virgin 533 HD Virgin 503

6.00am Legends of Darts **6.30** Darts Gold (AD) **7.00** Super League **7.30** Boxing Gold **8.30** Super League **9.00** Wrestling: WWE Smackdown **11.00** Boxing Gold **11.30** Sporting Heroes **12.30pm LIVE Chinese Football** Chinese Super League action, Shanghai Shenhua v Guangzhou Evergrande Taobao (kick-off **12.35**), from Hongkou Football Stadium. **2.20 Super League** Widnes Vikings v Hull FC in the Super 8s. **2.35** St Helens v Catalans Dragons. **2.55 LIVE Test Cricket** West Indies v India, the fourth day in the third of four Tests, from the Darren Sammy National Cricket Stadium in Gros Islet, St Lucia. **10.30 Fishing** Reports from Africa and the Indian Ocean. **11.00 The World Rugby Show 11.30 Boxing Gold** Froch v Groves. **12.05am LIVE Major League Soccer** New York Red Bulls v Montreal Impact (kick-off **12.08**), an Eastern Conference fixture. **2.15** Super League **2.30** Darts Gold **3.00** Ricertsa **3.30 LIVE** Major League Soccer: Los Angeles Galaxy v Colorado Rapids (kick-off **3.30**) **5.40–6.00am** Super League

Sky Sports 4

Sky 404 Virgin 534 HD Virgin 504

6.00am Wonderful World of Golf (AD) **7.30** Sporting Greats (AD) **8.00** US Senior Tour Golf **12 noon** US Tour Golf **2.55pm LIVE Super League** Leigh Centurions v Salford Red Devils (kick-off **3.00**), a game from the Qualifiers. **5.10** PGA Tour Classic (AD) **6.00** Chronicles of a Champion Golfer **8.00 LIVE US Tour Golf** The John Deere Classic, round three at TPC Deere Run in Silvis, Illinois. **11.00** Sporting Rivalries (AD) **11.30** Chronicles of a Champion Golfer **12 midnight** PGA Tour Classic **1.00am** US Tour Golf **4.00** Sporting Greats (AD) **4.30–6.00am** Wonderful World of Golf (AD)

Sky Sports 5

Sky 405 Virgin 535 BT Vision 406 HD Virgin 505

6.00am Football's Greatest Players **12 noon Wrestling 1.00pm Spanish Football Gold** (AD) **2.00 Wrestling** WWE action. **5.30 Racemax** Motorsport news. **6.00 Watersports** Breathtaking footage from around the world. **7.00 LIVE US Senior Tour Golf** Round three of the US Senior Open at Scioto Country Club in Ohio. Jeff Maggert won this Major last year. **11.00 Wrestling** WWE action. **2.00am** Spanish Football Gold (AD) **3.00** Football's Greatest Players **5.00–6.00am** Spanish Football Gold (AD)

Eurosport 1

Sky 410 Virgin 523 BT 412 HD Virgin 521 BT 413

7.25am Going for Gold **7.30** Motor Racing **8.00** Cycling **9.00** Tennis **11.00** Cycling **12 noon LIVE Cycling** The Arctic Race of Norway. Stage three, over 160km from Nesna to Korgfjellet. **4.00pm** Triathlon **5.00** Sports Insiders **5.30** Cycling **7.00** Going for Gold **7.15** Eurosport News **7.20** Motorcycling **8.20** British Superbikes **8.55** Going for Gold **9.00** Cycling **10.25** Going for Gold **10.30** Triathlon **11.30** Sports Insiders **12 midnight** Cycling **12.35am** Going for Gold **1.00–1.05am** News

Eurosport 2

Sky 411 Virgin 524 BT 413 HD Virgin 522 BT 414

5.15am LIVE Test Cricket Sri Lanka v Australia, day one in the third and final Test, from Colombo. **7.30** Sports Insiders **8.00** Watts **8.10 LIVE Test Cricket** Sri Lanka v Australia, session two. **10.10** News **10.25** Going for Gold **10.30 LIVE Test Cricket** Sri Lanka v Australia, the concluding session. **12.30pm** News **12.35** A Day in the Life Of... **12.40** Going for Gold **12.45** Watts **12.50** News **12.55** Tennis; Davis Cup **2.00** Tennis **7.00** Triathlon **7.30** Sports Insiders **8.00** Cycling **8.55** News **9.00** Tennis **11.00** Cycling **11.55** News **12 midnight** Cycling **12.05am** Watts **12.30–5.15am** News

BT Sport 1

Sky 413 Virgin 531 BT 400 HD Virgin 527 BT 400

6.00am French Football **7.30 LIVE Australian Rules** GWS Giants v West Coast Eagles. **10.30** Premier League World **11.30 LIVE Scottish Football** Dundee v Rangers (kick-off **12.15pm**) **2.30pm** BT Sport Score **5.00 LIVE Premier League Football** Manchester City v Sunderland (kick-off **5.30**). Also on BT Sport 4K UHD **8.00** Premier League Tonight **9.00** Scottish Football **10.30** Australian Rules Football **12.30am** Speedway **2.30** Motor Racing **3.30** World Rally **4.00** World Sport **4.30–6.00am** German Football

BT Sport 2

Sky 414 Virgin 532 BT 401 HD Virgin 528 BT 401

5.00am LIVE Australian Rules Hawthorn v North Melbourne. **8.00 LIVE MotoGP** Third practice session for the Grand Prix of Austria. **11.00** Live MotoGP qualifying. **3.15pm** Winning Time (AD) **4.45** Sailing **5.15** World Rally **5.45 LIVE Speedway** The Sweden Grand Prix in Malilla. **9.15** Tim Richmond: To the Limit (AD) **10.15** Last Week, This Week **10.30** World Rally **11.00** UFC **12 midnight–6.00am LIVE American Football** Saskatchewan Roughriders v Calgary Stampeders; **3.00** BC Lions v Hamilton Tiger-Cats.

BT Sport 3

Sky 411 Virgin 533 BT 402 HD Virgin 529 BT 402

6.00am Last Week, This Week **6.30** German Football **7.30** Premier League: review of last season **9.30** Premier League Preview **10.00 LIVE Australian Rules Football** St Kilda v Sydney Swans. **1.00pm** German Football **2.45** Last Week, This Week **3.00** Australian Rules Football **7.00 LIVE French Football** Metz v Lille, Ligue 1 (kick-off **7.00**). **9.00** French Football **10.30** Football Outposts **11.30** Last Week, This Week **12 midnight** French Football **1.30am** Sailing **2.00** Australian Rules **4.00–7.00am LIVE Australian Rules Football** Essendon v Gold Coast Suns (bounce-up **4.10**)

BT Sport//ESPN

Sky 416 Virgin 534 BT 411 HD Virgin 530 BT 411

6.00am Pardon the Interruption/ Around the Horn **8.00** American Football **8.30** ESPN FC **9.00** Major League Baseball **9.30** World Sport **10.00** Drag Racing **12.30pm** American Football **3.00** Pardon the Interruption **3.30** Around the Horn **4.00** Boxing **6.00 LIVE Major League Baseball** Toronto Blue Jays v Houston Astros (start time **6.07**); **9.00** Los Angeles Dodgers v Pittsburgh Pirates (start time **9.05**); **12 midnight** Cleveland Indians v Los Angeles Angels (start **12.10am**). **3.00am** Major League Baseball **3.30–6.00am** IndyCar

Key (S) Subtitles (SL) Signing (AD) Audio described

SUNDAY Choices

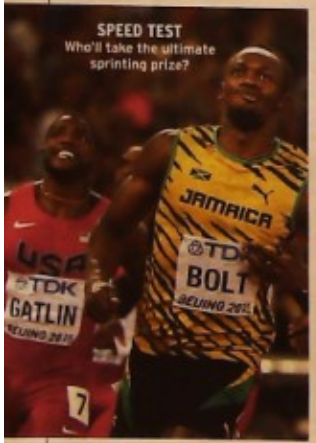
NET GAINS
Can the Team GB flag-bearer win a second Olympic gold?

PICK OF THE DAY **Tennis: Men's Singles** *4.00pm* ***BBC4***

The Olympic singles finals play out at the UK-friendly time of 4pm. However, there's nothing kind about Andy Murray's route to defending his Olympic title. Playing both singles and doubles in such a short space of time is arduous, with up to five matches in each tournament. To make matters (potentially) worse, the men's singles semi-finals and the men's doubles final were both played on the Friday.

His rival Novak Djokovic, on the other hand, is focusing solely on the singles, and will be glad to return to hard courts, arguably his strongest surface, after finally running out of gas on the grass of Wimbledon. Olympic gold is the one major accolade he still hasn't won.

All the other matches in the tournament are played over three sets, but the men's singles final goes the full distance. Let's hope for Murray's sake it doesn't go that far. **JAMES GILL**



SPEED TEST
Who'll take the ultimate sprinting prize?

Athletics: Men's 100 Final

2.25am ***BBC1***

This should be quite a showdown. All the attention before tonight's 100m final will be on Usain Bolt, sprinting's Mr Clean. But pantomime villain Justin Gatlin is there to spoil the party. Gatlin is a twice-suspended drugs cheat, and not an obviously repentant one. At the age of 34 his times are better than in his drug-assisted twenties.

At last year's World Championships, Bolt beat Gatlin only by a straining dip for the line, so if Gatlin's bio-mechanics specialists in the USA team have been able to shave a millisecond off each stride, he might just make himself the most unpopular man in Rio.

DAVID BUTCHER *See feature: page 8*

Gymnastics: Men's Pommel Horse

7.29pm ***BBC1***

Strictly fans will doubtless be checking out Louis Smith, who won the dance competition in 2012 and all but retired from competitive gymnastics. Thankfully he changed his mind, although he's done less well of late with his day job, failing to retain his title after finishing just out of the medals at the European Gymnastics Championships in Berne earlier this year.

That said, he's still a strong prospect for gold today, as is fellow GB gymnast and former bronze Olympic medal winner Max Whitlock. The 23-year-old beat Smith in the pommel final of the British Championships in April. **JANE RACKHAM**

OTHER GOLDS TODAY

ATHLETICS Women's Marathon *1.30pm*, Women's Triple Jump *12.55am*, Men's 400m *2am* **BOXING** Men's Light Flyweight *6.15pm* **CYCLING** Men's Sprint *9.04pm*, Women's Sprint *9.12pm* **DIVING** Women's 3m Springboard *8pm* **FENCING** Men's Épée Team *10.30pm* **GYMNASTICS** Men's Floor *6pm*, Women's Vault *6.45pm*, Women's Uneven Bars *8.15pm* **SAILING** Men's RS:X Windsurfer *5pm*, Women's RS:X Windsurfer *6pm* **SHOOTING** Men's 50m Rifle 3 Positions *5pm* **TENNIS** Women's Doubles *9pm*, Mixed Doubles *12 midnight* **WEIGHTLIFTING** Women's +75kg *11pm* **WRESTLING** Men's 59kg *9.30pm*, Men's 75kg *10.30pm*

TONIGHT'S HIDDEN GEM

Walking the Himalayas

1.35am ***C4***

Having traversed the Nile, former paratrooper Levison Wood then walked the 1,700-mile length of the Himalayas. Wood is one of those TV explorers who goes way off the beaten track, beginning in a very different Afghanistan to the one in the news: snow-capped mountains, miles of nothingness and nomadic tribes. Who'd imagine watching a man put one foot in front of the other could be both absorbing and inspiring?

Countryfile

5.30pm ***BBC1***

FACTUAL Any parent whose child has taken on "a Duke of Edinburgh" – at whatever level – knows what hard work it is. Although very rewarding.

The scheme's now in its 60th year so a group of young people are tackling a five-day "Diamond Challenge": scaling Ben Nevis and canoeing the Great Glen. Matt Baker joins them in the West Highlands. Helen goes to the Peak District to meet some schoolchildren who are undertaking their Bronze challenge, and hikes a stretch of Kinder Scout with someone who holds the Gold Award: HRH Prince Edward.

Plus Charlotte Smith reports on one of our most controversial country pursuits – red grouse shooting. **JR**

Robot Wars

8.00pm ***BBC2***

ENTERTAINMENT It's a great series, this. Some of the bouts fizzle into stalemate as parts fail and drivers wrestle vainly with their remotes, but others are spectacular. Tonight, manic commentator Jonathan Pearce squeals like an angle grinder as one fight gets tasty. "This is a *Robot Wars* classic! An absolute belter!" he yells, and it is.

As usual, each machine has its own definite personality, from the quaint, fibre-glass-and-wood Terror Turtle to a spinner called PP3D with a low-down cutting disc that could be its Achilles wheel. One turns out to be satisfyingly aggressive, tossing over not one but two house robots in one bout. Flipping brilliant. **DB**

David Butcher: page 41

Dragons' Den

9.00pm ***BBC2***

REALITY "You've solved a problem that doesn't exist!" Sarah Willingham tells one inventor dismissively. "I'm confused about your brand but not about whether to invest – I'm out," says Nick Jenkins to another. While Deborah Meaden is just frustrated by his pitch: "The next word out of your mouth must be a figure!" she snaps.

But among the faltering pitches and half-baked ideas, there's the odd good proposal. Will it be a portable water dispenser – or a toolbox gadget?

And you have to admire the pair who aren't put off by the unnerving sight of Peter Jones in lipstick. **JR**

Slow Train through Africa with Griff Rhys Jones

10.15pm ***ITV***

DOCUMENTARY Even the usually chipper Griff Rhys Jones gets mildly exasperated at the failings of the old colonial East African Railway system in this leisurely doc from 2015. "It's lost a little of its romance," he sighs as he boards a dilapidated train out of Nairobi four hours late. Only for it to grind to a halt minutes later. It's a stop-start journey, but there's a joyous moment at a shooting lodge when a giraffe joins him for breakfast. Note: ITV changed last week's episode after *RT* went to press. **JR**

Flying to the Ends of the Earth

7.00pm ***C4***

DOCUMENTARY More disturbed by litter floating in the Amazon than the descent through a twisting canyon to one of the world's most dangerous airstrips, Arthur Williams is a true Brit. What he lacks in scholarly authority (the sights of deepest Peru are variously "cool", "really lovely", "amazing" and "awesome") he makes up for in un-fazeable curiosity. Here, in his latest airborne trip to wild and remote places, he propels his wheelchair – almost as tough as him – through rough terrain.

In Peru, he flies high above the Nazca lines and ends up with his feet in the blissful cool of an ancient well that still supports farming in this unforgiving desert. Then it's on to a far-flung gold-mining community, and Iquitos, the largest city in the world to be inaccessible by road. Is that a problem, Arthur? No, of course it isn't. **EMMA STURGESS**

AMAZON FEATS
Arthur Williams explores the far-flung corners of the globe

GETTY

DISCOVER TV PICK

Today's best of BBC3, iPlayer, Netflix and beyond

Gotham

Netflix

After *The Mentalist*, Bruno Heller created a US crime series with a new angle on the Batman universe. It looks at the man who will be Commissioner Gordon: he's a new police recruit looking into the murder of Thomas and Martha Wayne. The darker, stronger, second season hits Netflix today.

CHILDREN'S CHOICE

Megamind

6.30pm ***BBC2***

The likes of Brad Pitt, Will Ferrell, Tina Fey and Jonah Hill lend their voices to this witty, if unoriginal animated comedy, about blue-headed villain Megamind (Ferrell) who lives in constant conflict with the impeccable and much-adored hero Metro Man (Pitt).

MORE LIVE SPORT

■ **Premier League Football: Bournemouth v Manchester United** *12.30pm (k/o 1.30pm)*; **Arsenal v Liverpool** *3.30pm (k/o 4pm)* ***Sky Sports 1*** *New Arsenal midfielder Granit Xhaka.*

■ **Cricket: England v Pakistan, Fourth Test, day four** *10.30am* ***SS2****; 7pm (highlights)* ***Channel 5***

■ **Spanish Super Cup first leg: Sevilla v Barcelona** *8.55pm* ***SS1***

P FILM OF THE DAY

Captain America: the First Avenger

8.00pm ***C4***

Chris Evans stars as the GI turned superhero in a colourful action romp. **See page 36**

SUNDAY Main Channels

BBC1

6.00am Olympic Breakfast
With Charlie Stayt and Louise Minchin. Replay of last night's action from 9.15am on BBC2. (S) (HD)

7.35 Match of the Day
Shown yesterday 10.30pm (S) (HD)

9.00 BBC News (S) (HD)

10.00 Sunday Morning Live
Religious, moral and ethical debate, with guest panellists and contributions from viewers. (S) (HD)

11.00 Homes under the Hammer
Lucy Alexander and Martin Roberts see properties to be auctioned in London, Kent and Stoke. (R) (S) (AD) (HD)

12 noon Bargain Hunt
In Devon, Tim Wonnacott presides as two teams search for items to be sold at auction. (R) (S) (AD) (HD)

12.45pm BBC News
Weather for the Week Ahead (S) (HD)

1.00–5.00 Olympics 2016

1.00 Athletics and Boxing
The women's marathon takes centre stage this afternoon, with coverage starting at **1.30**. At the 2012 Olympics, Tiki Gelana from Ethiopia won the gold medal, completing the course in an Olympic record-breaking time of 2 hours 23 minutes and 7 seconds. Kenya's Priscah Jeptoo took silver while Tatyana Petrova Arkhipova, representing Russia, took bronze.

In the boxing rings at Riocentro Pavilion 6, the first of the day's two sessions will be under way. Among the bouts are the preliminaries in the women's middleweight, the men's bantamweight preliminaries, the men's lightweight semi-finals and the men's light welterweight preliminaries. Hazel Irvine introduces the ninth day of competition.

Switch to BBC2 at 5pm for coverage of the sailing RS:X windsurfing medal race and the men's floor final in the gymnastics. (S) (HD)

5.00 BBC News **Regional News; Weather** (S) (HD)

5.30 Countryfile
RT Matt Baker celebrates 60 years of the Duke of Edinburgh Awards Scheme, joining a team who are canoeing along the Great Glen as they take part in the five-day diamond challenge in the remote West Highlands of Scotland. **See page 54.** Including **Weather for the Week Ahead.**
Series producer Joanna Brame; Executive producer William Lyons (S) (HD)

6.30–10.00 Olympics 2016

6.30 Gymnastics and Cycling
Max Whitlock, Louis Smith and Jason Kenny will be among the British athletes targeting gold as the ninth day of the Olympics continues.

Gymnasts Whitlock and Smith won gold and silver respectively on the pommel horse at last year's World Championships. It is one of three apparatus finals to be held today. **See choice, page 54.**

Becky Downie will be another harbouring hopes of a medal. She is the current European champion on uneven bars, an event in which Beth Tweddle, now retired, won bronze for Great Britain in 2012.

In track cycling, reigning world sprint champion Jason Kenny will hope to retain the Olympic title he sped to in London as three sets of races are held to decide both the bronze-medal place and who will win gold. (S) (HD)

Gymnastics
6.44 Women's vault final
7.29 Men's pommel horse final
8.14 Women's uneven bars final
Matt Baker presents. Commentary is from Matt, Craig Heap, Christine Still and Beth Tweddle.

Track Cycling
9.04 Men's sprint bronze decider and final, race 1
9.12 Women's sprint last-16 races
9.42 Men's sprint bronze decider and final, race 2
9.42 Men's omnium individual pursuit
The track cycling action switches to BBC2 at 10pm with continued coverage of the men's omnium individual pursuit, followed by the third race in the men's sprint final and the women's sprint last-16 repechages.

Gymnastics from 6.30pm Louis Smith must be in with a very real chance of winning the men's pommel horse final having done the silver double, at last year's World Championships and at the 2012 London Olympics

10.00 BBC News **Regional News; Weather** (S) (HD)

10.30 Match of the Day 2
Highlights of Bournemouth v Manchester United and Arsenal v Liverpool. Presented by Manish Bhasin.
Editor Andy Fraser (S) (HD)

11.25–3.00am Olympics 2016

11.25 Track Cycling and Athletics
The last event of the day at the Velodrome is the elimination race in the men's omnium, which was won by Denmark's Lasse Norman Hansen at the 2012 Games. This year, the Manx rocket Mark Cavendish will be hoping to follow his Tour de France sprinting heroics by putting pressure on the medal hopefuls here.

But Usain Bolt – who else? – will be the main attraction as the men's 100m semi-finals and final take place. The Jamaican suffered a hamstring tear earlier in the summer, raising doubts over his ability to win a third successive Olympic sprint treble of 100m, 200m and 4x100m relay. But Bolt has consistently risen to the occasion in major championships over the years and at the recent London Anniversary Games he proved in the 200m that he is in fine form. As he was in 2012, American Justin Gatlin was the man in form going into the Games and will be the main threat to Bolt as the latter seeks to cement his legacy. **See choice, p54.**

There's another men's sprint title to be decided in the 400m, with Kirani James defending the first Olympic medal that Grenada had won in any sport. Plus the women's triple jump final, with Kazakhstan's Olga Rypakova defending her 2012 title. The line-up for the finals of the women's 400m and 1500m and men's high jump are all due to be decided too. (S) (HD)

Track Cycling
11.42 Men's omnium elimination race

Athletics
12.30am Men's high jump qualifying
12.35 Women's 400m semi-finals
12.55 Women's triple jump final
1.00 Men's 100m semi-finals
1.30 Women's 1500m semi-finals
2.00 Men's 400m final
2.25 Men's 100m final
Commentary comes from Steve Cram, Brendan Foster, Andrew Cotter and Steve Backley.
Usain Bolt: page 8

3.00am Weather for the Week Ahead (S) (HD)

3.05–6.00am BBC News (S) (HD)

Freeview 1 Freesat 101 Sky 101 Virgin 101
HD BBC1 HD Freeview 101 Freesat 106 Sky 115 Virgin 108

BBC4

1.00pm–2.00am Olympics 2016

1.00pm Badminton, Hockey and Volleyball
Preliminaries in the men's and women's badminton singles, the first men's hockey quarter-final and action from the women's volleyball preliminaries. (S) (HD)

Hockey
2.00 Men's first quarter-final
Commentary comes from Matt Chilton, Simon Mason and Mel Clewlow.

4.00 Tennis and Hockey
The finals of the men's singles, women's doubles and mixed doubles take place today. Heather Watson and defending singles champion Andy Murray are both in the British team. **See choice, p54.** (S) (HD)

Hockey
4.30 Men's second quarter-final.

6.00 Sailing, Golf and Boxing
On the water, there is a good chance of British success in the women's RS:X windsurfing medal race.

The first Olympic golf champion for 112 years is decided, as the men's competition draws to a close.

Elsewhere, Ireland's light flyweight Paddy Barnes will hope to be in action in the boxing ring. (S) (HD)

Sailing
6.00 Women's RS:X medal race
With commentators Niall Myant and Ian Walker.

Golf
6.00 Conclusion of the men's final round

Boxing
6.15 Men's light flyweight final
Commentary by Ronald McIntosh and Richie Woodhall, with expert analysis from guest Anthony Joshua.

8.00–2.00am Track Cycling, Diving, Hockey, Beach Volleyball and Weightlifting
Action from the Velodrome continues, with the men's omnium 15km scratch race. At the Maria Lenk Aquatics Centre, there's the women's 3m diving final. And the third and fourth quarter-finals in the men's hockey also take place this evening. Plus women's quarter-finals in the beach volleyball. (S) (HD)

Diving
8.00 Women's 3m final

Beach Volleyball
8.00, 9.00 Women's quarter-finals.

Hockey
10.00, 12.30am Men's quarter-finals

Weightlifting
11.00 Women's 75kg+ final

2.00am Britain on Film: End of Empire Examining the fragmentation of the British Empire. (R) (S)
2.30 Sounds of the Sixties Psychedelia hits. (R) (S)
3.00–4.00am The Pendle Witch Child A nine-year-old's role in a notorious 17th-century witch trial. (R) (S) (HD)

Freeview 9 Freesat 110 Sky 116 Virgin 107
HD BBC4 HD Freeview 106 Freesat 127 Virgin 163

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- Viewers with internet-connected TVs and set-top boxes, and Virgin subscribers, can watch every moment of live sport, via Red Button +

GO ONLINE
- There's live coverage online of every sport, every day at **bbc.co.uk/sport** and via the BBC Sport app

BBC2

6.15am Gardeners' World Former MP Chris Mullin's walled garden. First shown last Friday (S) (HD)

6.45 Countryfile From the Scottish island of Kerrera. Shown last Sunday BBC1 Signed (ST) 12.55am (S) (HD)

7.45 Saturday Kitchen Best Bites (R) (S)

9.15 Olympics 2016 Highlights Day eight athletics action, including the conclusion of the heptathlon, the men's long jump final and the men's 10,000m. (S) (HD)

1.00pm The Prisoner of Zenda ★★★★
Swashbuckling adventure starring Stewart Granger, Deborah Kerr and James Mason. While holidaying in Ruritania, Rudolf Rassendyll is called upon to impersonate the country's monarch. **Review p36.** Director Richard Thorpe (1952, U) (S)

2.40 Flog It! From Warminster. (R) (S) (HD)

3.25 Highlands: Scotland's Wild Heart The summer in the Highlands. Shown last Friday (S) (HD)

4.25 Songs of Praise Christians in the Gypsy and traveller community. (S) (HD)

5.00pm Olympics 2016
Live coverage on day nine in Rio. First up is sailing with the men's RS:X Windsurfer medal race from **5.05**. Coverage then moves to the gymnastics arena for the men's floor final at **6.00**, where Team GB's Max Whitlock has high hopes of a medal. Hazel Irvine presents. Gymnastics continues on BBC1. (S) (HD)

6.30 Megamind ★★★★
Animated comedy adventure with the voices of Will Ferrell and Brad Pitt. Bulbous-headed supervillain Megamind finally defeats his nemesis, the dashing Metro Man. But life without an adversary proves dull, so Megamind creates a new hero to fight.
Review page 36; Children's choice, page 55.
Director Tom McGrath (2010, PG) (S) (AD) (HD)

8.00 Robot Wars
RT **4/6.** The home-made robots in action include former holiday camp Bluecoats with their "launcher" Apollo, while father-and-son team Kan-Opener have designed a robot with huge piercing claws. A team of engineering students have created a futuristic machine called Sweeney Todd that can move in any direction, while PP3D has been built using 3D printed parts. Presented by Dara O Briain and Angela Scanlon. **See p55.**
Directors Chris Breggden and Nikki Parsons; Series producer Matt Wilkinson Repeated tomorrow 11.20pm (S) (HD)
David Butcher: page 41

9.00 Dragons' Den
RT **4/16** Series 14. An entrepreneur ruffles feathers in the Den as he fails to clarify his restaurant business model. A husband and wife fight to defend their innovative drilling tool, and it's sink or swim for a businessman pitching his portable water-saving device. But will Touker Suleyman, Deborah Meaden, Peter Jones, Nick Jenkins and Sarah Willingham see the potential in his eco-friendly design, or will they wash their hands of it? Evan Davis presents. **See page 55.**
Executive producer Ceri Aston; Series editor Darrell Olsen Repeated Tuesday 11.20pm (S) (AD) (HD)

10.00 Olympics 2016
From the Rio Olympic Velodrome, it's the third of the men's track cycling sprint finals at **10.47**, if a deciding race is needed. The women's sprint last-16 repechages get under way at **10.51**. With Clare Balding and Mark Chapman. Continues on BBC1. (S) (HD)

11.25 Mister John ★★★★
P Drama starring Aidan Gillen. An unhappily married man slips rather too comfortably into his late brother's shoes after travelling to south-east Asia, where he finds himself drawn to his attractive sister-in-law. **Review page 36.**
Directors Joe Lawlor and Christine Molloy (2013, 15) (S) (HD)

12.55–2.50am Sign Zone **12.55 Countryfile** Anita Rani reports from Kerrera. Shown 6.45am (S)
1.50 Holby City Sacha and Essie struggle to put the events of the pharmacy siege behind them. (R) (S) (AD)

Freeview 2 Freesat 102 Sky 102 Virgin 102
HD BBC2 HD Freeview 102 Freesat 102 Sky 102 Virgin 142

ITV

6.00am CITV See page 61

8.25 ITV News (S)

8.30 Weekend Host Aled Jones is joined by Eddie Edwards, Matthew Kelly and Pixie Lott. (S) (HD)

9.25 Murder, She Wrote A migrant who came to New York on a revenge mission is himself killed. **10.25** A computer buff dies suddenly. (R) (S) (AD) (HD)

11.25 Columbo A stage magician kills a nightclub manager to cover up his past as a Nazi war criminal, but Columbo sees through his alibi. (R) (S) (AD) (HD)

1.15pm ITV News Weather; Regional Weather (S)

1.25 Long Lost Family A former British soldier yearns to find the father he has never met.
Shown last Wednesday. Next edition Wednesday 9pm (S) (AD) (HD)

2.25 The Chase Quiz show. (R) (S) (HD)

3.25 Peter Pan ★★★ Adaptation of JM Barrie's classic adventure, starring Jason Isaacs. Jeremy Sumpter and Rachel Hurd-Wood. London, the early 1900s: young Wendy Darling is visited by a boy with the ability to fly, who persuades her and her brothers to join him on an adventure to the magical world of Neverland. **Review p36.**
Director PJ Hogan (2003, PG) (S) (AD) (W) (HD)

5.30pm Masterpiece with Alan Titchmarsh
Alan and co-host Rachel Houston-Holland invite teams of enthusiasts to find the most rare and valuable items at Firle Place in East Sussex.
Series director Paul Kimage; Series producer Sue Allison (R) (S) (HD)

6.30 Regional News **Weather** (S)

6.45 ITV News **Weather** (S)

7.00 The Zoo
1/3 Series 4. An insight into daily life for the staff and animals at London Zoo in Regent's Park and its country home at Whipsnade. Head vet Nic Masters monitors the progress of Melati the Sumatran tiger's three cubs. Over at Penguin Beach, head of birds Adrian Walls provides an update on the all-important breeding programme.
Series producer Alicia Kerr; Executive producer Paul Hamann Postponed from 7 August (R) (S) (HD)

8.00 Midsomer Murders
The Incident at Cooper Hill. After mysterious lights are seen in the sky over a hotspot for sightings of strange flying craft, a forest ranger suffers an odd death. UFO spotters are convinced that aliens are responsible, but Barnaby and Nelson find terrestrial suspicions, betrayals and long-buried secrets at the heart of the crime.

DCI John Barnaby	Neil Dudgeon	Victor Campbell	Steve Toussaint
DS Charlie Nelson	Evelyn Lee	Dr Kan Kanmore	Manjinder Virk
Nadine Campbell	Michelle Collins	Veronica Ford	Sian Webber
Sarah Barnaby	Fiona Dolman	Orla Campbell	Tanya Fear
Carter Faulkner	Steve Evets	Sgt Yasmin Ali	Sheena Bhattessa
Nathan Toney	Steve Oram	Brogan Steele	Alister Austin
Abigal Toney	Alison Steadman	Dillon Faulkner	Lee Armstrong
Group Captain Jeremy Ford	Flo Torrens	Cath Jones / Felicity Ford	Jennie Bale / Belinda McKinley

Writer Paul Logue; Producer Phil Hunter
Director Renny Rye (R) (S) (AD) (HD)

10.00 ITV News
Weather; Regional Weather (S)

10.15 Slow Train through Africa with Griff Rhys Jones
RT **2/5. Kenya and Tanzania.** Griff's journey takes him on a 1,200 mile zigzag through east Africa, where parts of the railway are relics from colonial days. After visiting a Sikh temple established by Indian workers who built the railway, Griff finds himself under the looming shadow of Mount Kilimanjaro. **See page 55.**
Series producer Graeme Hart
Executive producer Ross Harper (R) (S) (AD) (HD)

11.15 Tipping Point
Ben Shephard hosts the arcade-themed quiz.
Executive producers Peter Usher and Hugh Rycroft (R) (S) (HD)

12.15am Jackpot247 Interactive gaming.
3.00 Motorsport UK British F4 and Porsche Carrera Cup racing at Croft. Shown last Monday ITV4 (S) (HD)
3.50 British Superbikes Action from round seven at Brands Hatch. Shown last Wednesday ITV4 (S) (HD)
4.40 Nightscreen Text information. (HD)
5.05–6.00am The Jeremy Kyle Show (R) (S) (SL) (HD)

Freeview 3 Freesat 103 Sky 103 Virgin 103
+1 Freeview 13 Freesat 112 Sky 131 Virgin 114
HD ITV HD Freeview 103 Freesat 111 Sky 171 Virgin 113

Channel 4

6.05am Triathlon Action from the London Triathlon. Rptd Tue 2.25am (S) (HD)

7.00 Motorsport British GT action from Snetterton. Rptd Tue 3.50am (S) (HD)

7.30 Everybody Loves Raymond (R) (S)

8.25 Frasier Double bill. (R) (S) (AD)

9.30 Sunday Brunch With guests Jessica Hynes and Ricky Gervais. Plus music from Shock Machine. (S) (HD)

12.30pm The Simpsons: Bart Day
Eight episodes following the youthful prankster's misadventures. (R) (S) (AD)

4.30 Location, Location, Location
Properties in London. (R) (S) (HD)

5.30 A Place in the Sun: Winter Sun
The coast of north Tenerife. (R) (S) (HD)

6.30pm Channel 4 News
Sport; Weather (S) (HD)

7.00 Flying to the Ends of the Earth
RT **3/3** *Series 2.* Arthur Williams flies into Peru, a country five times the size of Britain. He crosses desert, mountains and jungle in search of the people who live in a country boasting some of the most extreme landscapes on Earth. First, Arthur takes to the skies over the Peruvian desert, then after being granted rare permission, he enters a gold mine. **See page 55.**
Director Tom Currie; Producer Silvia Santamaria Repeated tomorrow 1.05am 4seven (S) (AD) (HD)

8.00 Captain America: the First Avenger ★★★
P Superhero adventure. Puny Steve Rogers has been declared too medically unfit to serve his country during the Second World War. But after taking an experimental serum he is transformed into a superhero. Meanwhile, a sinister threat emerges in the shape of an equally enhanced Nazi counterpart. **Film of the Day: p36.**

Steve Rogers/Captain America	Chris Evans
Johann Schmidt/Red Skull	Hugo Weaving
Colonel Chester Phillips	Tommy Lee Jones
Peggy Carter	Hayley Atwell
James Buchanan "Bucky" Barnes	Sebastian Stan
Arnim Zola	Toby Jones

Director Joe Johnston (2011, 12) (S) (AD) (W) (HD)
Also showing Wednesday 8pm 4seven

10.30 Cuban Fury ★★★
Romantic comedy. Bruce Garrett never fulfilled his promise as a teenage dance prodigy. But over 20 years later, when he discovers that the girl of his dreams is something of a salsa fiend, he decides it's time to shed the self pity – as well as a few inches off the waistline. **Review p36.**

Bruce Garrett	Nick Frost
Julia	Rashida Jones
Drew	Chris O'Dowd
Sam	Olivia Colman
Bojan	Kayvan Novak
Gary	Rory Kinnear

Director James Griffiths (2014, 15) (S) (AD) (W) (HD)

12.15am Ramsay's Hotel Hell *Ep 7 Series 3* Gordon visits the failing Beachfront Inn and Inlet in Florida. Shown last Thursday (S) (AD) (HD)
1.05 Friday Night Dinner *4/6 Series 4* A week at his parents' sees Adam behaving like a little boy. Shown last Fri (S) (AD) (HD)
1.35 Walking the Himalayas Levison Wood RT traverses India's Himalayan foothills into Nepal. **See page 55.** (R) (S) (AD) (HD)
2.30 Location, Location, Location
Homes in Hertfordshire. (R) (S) (SL) (HD)
3.25 Come Dine with Me A week of dinner parties from Stockport. (R) (S) (HD)
5.50–6.15am Draw It! (R) (S) (HD)

Freeview 4 Freesat 104 Sky 104 Virgin 104
+1 Freeview 13 Freesat 121 Sky 135 Virgin 141
HD C4 HD Freeview 104 Freesat 104 Sky 227 Virgin 142

Channel 5 listings are overleaf plus 29 more Freeview channels

Regional variations

ITV CHANNEL
12.15–3.00am
Nightscreen

S4C
Freesat 120 Sky 104 Virgin 166
6.00am Cyw (S)
8.50 Pendalwyddi Cyw: birthday greetings (S)
8.55 Pen-Blwydd Piwy?: animated series (S)
9.00 Becws Bacs: Bacs bakes macaroons (S)
9.30 Trysor Colt y Royal Charter: the dive to find the treasure of the Royal Charter, shipwrecked in 1859 (S)
10.00 Cefio Gyda Celfa Roberts: the actor and singer joins Meleddi Cynwal to discuss his love of performing and the satisfaction of competition (S)
10.30 Dal Ati: Milltir' visiting St Davids (S)
11.30 Dal Ati: Adre + Pwt a Hanes: the home of singer, presenter, poet and entertainer Dewi Pws Morris (S)
12.30pm Cegin Bryn: three episodes (S)
2.00 Y Cosmos (S)
3.00 Wrecsam 'Di Wrexham: double bill (S)
3.50 Ysgol Dawns Anti Karen: triple bill (S)
5.20 Rygbi 7 Bob Ochr: y Fenai: the Premiership Sevens finals day at the Ricoh Arena in Coventry
6.20 Rallio: the British Rally Championship season so far
6.50 Newyddion (S)
7.00 Dechrau Canu Dechrau Canmol: a look back at past programmes, including a performance by Elin Fflur. Last in series (S)
7.30 Margaret: Ddoe a Heddiw: Margaret Williams talks with singers Shân Cothi, Eleri Twynog and Tara Bethan (S)
8.00 Gohebwyr: Wyre Davies: BBC correspondent Wyre Davies embarks on a journey to find out more about his sea captain grandfather (S)
9.00 Parch: double bill. Gwenllï's birthday celebrations bring family tensions to the surface, and MyFanwy organises a 24-hour singathon (S)
11.00–11.35 Gwlad Beirdd: R Williams Parry: the life history of the poet (S)

RT Choice
Family viewing
Red button coverage
(R) Repeat
(S) Subtitles
(SL) Signing
(AD) Audio description
(HD) High definition
(W) Film in widescreen
(BW) Black and white

Films Premiere
Star Ratings
★★★★★ Outstanding
★★★★ Very good
★★★ Worth watching
★★ Could be worse
★ Poor

SUNDAY Freeview

Channel 5 [5]

Pulp Fiction 10.00pm John Travolta and Samuel L. Jackson play it cool

Freeview 5 Freesat 105 Sky 105 Virgin 105
HD Freeview 105 Freesat 105 Virgin 150

5.40am Milkshake! See page 61

9.55 Teenage Mutant Ninja Turtles Donnie meets Bigfoot. (S) (HD)

10.30 Football: the Championship Highlights. Shown yesterday 9pm (S) (HD)

11.25 Football: Goal Rush League One and Two action. Shown yesterday 10pm (S) (HD)

12 noon New That's Funny! Animals behaving badly. Shown last Sunday (S) (HD)

1.00pm WarGames ★★★★ Thriller starring Matthew Broderick and Ally Sheedy. A computer hacker doesn't realise he may have started the Third World War. Director John Badham (1983, PG) (S) (HD) (W)

3.10pm The Time Machine ★★ Sci-fi fantasy adventure starring Guy Pearce, and featuring Jeremy Irons. A Victorian inventor accidentally travels 800,000 years into the future.
Directors Simon Wells and Gore Verbinski (2002, PG) (S) (W) (HD)

5.00 Planet of the Apes ★★★ Sci-fi adventure. An astronaut crash-lands on a planet ruled by talking apes where humans are second-class citizens.
Captain Leo Davidson — Mark Wahlberg
Thade — Tim Roth
Ari — Helena Bonham Carter
Attar — Michael Clarke Duncan
Limbo — Paul Giamatti
Director Tim Burton (2001, 12) (S) (W) (HD)

7.00 New. Test Cricket Action from day four of the Fourth Test between England and Pakistan. (S) (HD)

8.00 New. Monkeys Make You Laugh Out Loud Compilation of internet videos featuring monkeys doing some very bizarre things.
Series producer Tim Clifford
Executive producer Ben Rigden (S) (HD)

8.55 5 News (S) (HD)

9.00 New. Celebrity Big Brother The ups and downs of life in the BB house.
Rpts tomorrow 12.55pm C5 and 2pm 5 Star (S) (HD)

10.00 Pulp Fiction ★★★★★ Quentin Tarantino's multi-layered crime drama. Downtown LA: lovers Honey Bunny and Pumpkin plan to hold up a diner; hitmen Vincent and Jules are asked to recover some stolen property; washed-up boxer Butch is paid to throw a fight; and Vincent has to escort his boss's wife for the night. **Review p36.**
Vincent Vega — John Travolta
Jules Winnfield — Samuel L. Jackson
Mia Wallace — Uma Thurman
The Wolf — Harvey Keitel
Pumpkin — Tim Roth
Honey Bunny — Amanda Plummer
Butch Coolidge — Bruce Willis
(1994, 18) (S) (HD)

1.00am New. SuperCasino **3.10** Mascara Boys: Sex Me Up (S) (HD) **4.00** House Doctor (S) (SL) (HD) **4.50–5.40am** Wildlife SOS (S) (SL)

+1 Freview 14 Freesat 128 Sky 177 Virgin 155
My5 Freview 15 Freesat 133 Sky 175 Virgin 152

BBC4 listings are overleaf
BBC3 is now online – for highlights, see Choices p55 and Discover TV p42

ITV2 [6]

The Hobbit: the Desolation of Smaug 6.55pm Bilbo faces a dragon

F'view 6 F'Sat 113 Sky 118 Virgin 165 HD Virgin 176

6.00am Planet's Funniest Animals (S) **6.20** Emmerdale (S) (SL) (HD) **9.30** Coronation Street (S) (SL) (AD) (HD) **11.45** The X Factor: Top Ten Best Auditions (S) (HD)

12.45pm Take Me Out (S) (HD) **1.55 FILM** Mr Bean's Holiday ★★★ Comedy starring Rowan Atkinson (S) (AD) (W) (HD) **3.40 New.** The X Factor: Top Ten Worst Auditions (S) (HD) **4.45 FILM** The Smurfs 2 ★★★ Part-animated comedy starring Neil Patrick Harris and Brendan Gleeson (S) (W) (HD)

6.55pm The Hobbit: the Desolation of Smaug ★★★ Fantasy adventure. Bilbo Baggins marches on towards the Lonely Mountain flanked by Thorin and his band of dwarves. There he is destined to encounter the fire-breathing dragon Smaug, guardian of a precious, mystical stone that bestows great power on anyone who possesses it. **Review p36.**
Bilbo Baggins — Martin Freeman
Gandalf the Grey — Ian McKellen
Thorin Oakenshield — Richard Armitage
Smaug/Necromancer — Benedict Cumberbatch (voice only)
Tauriel — Evangeline Lilly
Director Peter Jackson (2013, 12) (S) (AD) (W) (HD)

10.00 Family Guy Series 14. Brian fails for a tech-support girl in India and sets out to find her.

10.30 Series 9. Bonnie and Lois visit Paris, while Peter home-schools Chris and Meg using unorthodox teaching methods.

11.00 Peter is furious when the dry cleaner loses his favourite shirt. (S) (AD) (HD)

11.30 American Dad! Series 10. An experimental drug transforms Stan into a woman.

11.55 Stan attempts to infiltrate the Occupy movement. (S) (AD) (HD)

12.30am Borderlown: Gert suffers a heart attack during a beauty pageant (S) (AD) (HD)

12.55 The Cleveland Show: double bill (S) (AD) (HD) **1.50** Totally Bonkers Guinness World Records (S) (HD) **2.15** Home Shopping **5.45–6.00am** Nightscreen (HD)

ITV2+1 Freview 27 Freesat 114 Sky 180 Virgin 116

Dave [12]

Freview 12 Sky 118 Virgin 127 HD Virgin 194

7.10am Travelermen (S) (AD) **8.00** Top Gear (S) (AD) **11.00** Soapbox Race (HD)

12 noon Motorway Cops (S) (HD) **2.00pm** American Pickers: triple bill (S) (HD) **5.00** Top Gear: double bill (S) (AD) (HD)

7.00pm Top Gear Winter Olympics Special Jeremy, Richard and James use cars to compete in Winter Olympics-style events. (S) (AD)

8.00 Top Gear Botswana Special The boys drive across the wilds of Botswana. (S) (AD)

9.00 Have I Got a Bit More News for You David Tennant hosts, with guests Grayson Perry and Katherine Ryan. (S) (HD)

10.00 Suits 5/16 Series 6. Mike tries to gain Kevin's trust; Harvey enacts a risky plan. (S) (HD)

11.00 New. Parks and Recreation 5/13 Series 7. Leslie and Ben think Gryzzl is data mining locals' private information. (S) (HD)

11.30 6/13. Tom surprises Donna with an early wedding gift. (S) (HD)

12 midnight Have I Got a Bit More News for You (S) (HD) **1.00am** Would I Lie to You? (S) (HD) **1.40** Mock the Week (S) (HD) **2.20** QI (S) **2.50** Suits (S) (HD) **3.40–4.00am** The Indestructibles (HD)

Dave Ja Vu Freeview 84 Sky 214 Virgin 211

ITV3 [10]

Elizabeth: the Golden Age 10.00pm The monarch faces new threats

F'view 10 F'Sat 115 Sky 119 Virgin 131 HD Virgin 177

6.00am Movies Now (HD) **6.10** Heidi Jane Seymour stars (S) (AD) **8.00** Heartbeat (S) (AD) **10.00** Inspector Morse (S) (HD)

12.20pm A Touch of Frost (S) **2.25** Wycliffe: a famous yachtswoman disappears (S) (HD)

3.40 FILM The Railway Children ★★★★★ Classic period drama based on the novel by E Nesbit, starring Jenny Agutter, Sally Thomsett and Gary Warren (S) (AD) (W) (HD)

5.55pm Doc Martin 5/6 Series 7. Martin faces a tricky ethical decision after an old flame comes back into Joan's life, while he also has to fend off the romantic attentions of a schoolgirl.

7.00 6/6. An influx of holidaymakers to Portwenn annoys Martin, and his efforts to point out the dangers of sunbathing to a scantily clad woman prove unpopular. (S) (AD)

8.00 New. Royal Stories 8/10. How the role of royal wives has changed over the years. (S) (HD)

8.30 9/10. Examining the history of younger siblings of the heir to the throne and their roles in the royal household. Narrated by Samantha Bond. (S) (HD)

9.00 Million Dollar Princesses 2/3. Elizabeth McGovern looks at the young American heiresses whose real-life stories inspired Downton Abbey. (S) (HD)

10.00 Elizabeth: the Golden Age ★★★★ Historical drama, the sequel to Elizabeth. Queen Elizabeth I is under pressure at home and abroad to resolve the problem of her imprisoned Catholic cousin Mary. **Review page 39.**
Queen Elizabeth I — Cate Blanchett
Sir Francis Walsingham — Geoffrey Rush
Sir Walter Raleigh — Clive Owen
Robert Dudley — Rhys Ifans
King Philip II of Spain — Jordi Mollà
Mary Stuart — Samantha Morton
Director Shekhar Kapur (2007, 12) (S) (AD) (W) (HD)

12.20am Wire In the Blood (S) **3.05** May the Best House Win (S) (SL) (HD) **4.50** Rising Damp (S) **5.40–6.00am** Nightscreen (HD)

ITV3 +1 Freview 34 Freesat 116 Sky 193 Virgin 174

ITV4 [24]

F'view 24 F'Sat 117 Sky 120 Virgin 188 HD Virgin 178

6.00am Gunsmoke (S) (SL) **7.00** The Sweeney (S) **8.00** Pawn Stars (S) (HD) **9.00** The Motorbike Show (S) (HD) **10.00** Silverstone Classic (S) (HD) **11.00 LIVE** British Touring Cars: round seven from Knockhill – the 19th, 20th and 21st races of the season (HD)

6.15pm New. Formula Three The seventh round of the season at Snetterton. (S) (HD)

7.15 Football Rivalries The intense rivalry between Arsenal and Tottenham Hotspur.

7.30 Pawn Stars A car load of signed *Star Trek* memorabilia attracts interest. (S) (HD)

8.00 The Chase: Celebrity Special Nicholas Owen, Laila Rouass, Tim Vine and Vanessa Feltz compete. (S) (HD)

9.00 FILM The Deer Hunter ★★★★★ Oscar winning drama starring Robert De Niro. In a small Pennsylvania steel town, three close friends plan their final hunting trip before they leave for service in Vietnam. Ahead lies a shattering experience at the hands of the Vietcong. (S) (AD) (W) (HD)

12.40am FILM Mars Attacks! ★★★★ (S) (AD) (W) (HD) **2.55–3.00am** Nightscreen (HD)

ITV4 +1 Freesat 155 Sky 206 Virgin 175

Drama [26]

Silent Witness 9.00pm The team looks for a link to three deaths

Freeview 28 Freesat 158 Sky 158 Virgin 128

7.10am Lovejoy (S) **8.00** The Bill (S)

12 noon Catherine Cookson's The Round Tower (S) **3.00pm** Brush Strokes **5.00** Porridge (S)

6.20pm Porridge The inmates discover there is a thief in their midst, so Fletcher decides to stage a mock trial to bring the culprit to justice. (S)

7.00 Murdoch Mysteries 9/13 Series 5. **Invention Convention.** The detective teams up with Alexander Graham Bell when an inventor is killed. While the fact that the victim was despised by his peers points to rival inventors as suspects, an invention by Bell promises to offer a solution to the mystery as to how an assassin could shoot him without being seen. (S)

8.00 The Doctor Blake Mysteries 9/10 Series 1. **All That Glitters.** A prospector walks into the pub declaring he has struck gold. However, shortly afterwards he is found dead in a mineshaft and Blake – who suffers from claustrophobia – is forced to go down to investigate. Meanwhile, Mattie is preparing to be a bridesmaid when her friend's fiancé Russ is arrested for murder. (S)

9.00 Silent Witness 7&8/9 Series 9. **Mind and Body** Nikki investigates a man's apparent suicide and begins to suspect foul play after two more deaths occur, leading to recently released mental patient David Nicholson being accused of murder. While the doctor treating Nicholson is adamant that he is no threat to anyone, the pathologists are not convinced. (S) (AD)

11.25 Catherine Cookson's The Round Tower Feature-length drama set in the 1950s, starring Emilia Fox as the rebellious teenage daughter of a successful businessman and his devoted wife, whose disenchantment with her privileged upbringing ultimately provokes a scandal in their small town. (S)

2.30–4.00am The Forsyte Saga

ITVBe [25]

F'view 26 F'Sat 118 Sky 179 Virgin 119 HD Virgin 179

9.00am Game of Crowns: Sneak Peek (S) (HD) **9.30** Game of Crowns (S) (HD) **10.20** Million Dollar Listing (HD) **11.15** The Bachelorette: after the Final Rose (S)

12 noon The Real Housewives of New York City (S) **5.00pm New.** Don't Be Tardy (S) (HD)

6.00pm The Only Way Is Essex Double bill of the reality programme following a group of people in Essex. (S) (HD)

7.30 Dinner Date A woman from London goes on three blind dates. (S) (HD)

8.30 New. The Real Housewives of Atlanta Andy Cohen hosts as the ladies continue to relive the events of the past season. Last in the series. (S) (HD)

10.00 New. The Only Way Is Essex Following a group of people in Essex. (S) (HD)

10.50 Elliott Wright: Playa in Marbella Elliott leaves Jeremy in charge, with disastrous consequences. (S) (HD)

11.50 The Jeremy Kyle Show USA The host takes his successful talk show stateside. (S)

12.50am Home Shopping
5.35–6.00am ITVBe Nightscreen (HD)

ITVBe +1 Freesat 119 Sky 207 Virgin 120

E4 [28]

Aliens 9.00pm Ripley (Sigourney Weaver) encounters a familiar foe

F'view 28 F'Sat 122 Sky 136 Virgin 144 HD Virgin 145

6.00am Baby Daddy (S) (HD) **6.45** How I Met Your Mother (S) (AD) (HD) **7.35** The Goldbergs (S) (AD) (HD) **8.30** Made in Chelsea: South of France (S) (AD) (HD) **9.30** Hollyoaks omnibus Cant pp7897 (S) (SL) (AD) (HD)

12 noon Coach Trip: Road to Ibiza (S) (AD) (HD) **2.35pm** The Goldbergs (S) (AD) (HD)

4.30 FILM Journey to the Center of the Earth ★★ Action adventure starring Brendan Fraser and Josh Hutcherson (S) (W) (HD)

6.30pm The Big Bang Theory 2/17 Series 1. Penny is forced to take Howard's place in the boys' video-game night.

7.00 8/17. A bit of Dutch courage helps Raj when his parents organise a date for him.

7.30 9/17. Leonard and Sheldon receive an invitation to present their research.

8.00 8/24 Series 9. Penny and Bernadette spy on Amy to find out more about her new boyfriend.

8.30 9/24. Howard reluctantly agrees to volunteer at a soup kitchen with Bernadette, Raj and Emily. (S) (AD) (HD)

9.00 Aliens ★★★★★ Sci-fi thriller, a sequel to the 1979 blockbuster *Alien*, starring Sigourney Weaver. Having overcome a terrifying alien predator, Ripley has spent 57 years asleep, drifting through space in a life-pod. She is rescued, but discovers that the planet where the creature was originally found has been colonised. When contact with the planet is lost, Ripley and a platoon of marines are sent to investigate. **Review page 38.**
Ripley — Sigourney Weaver
Rebecca Jordan 'Newt' — Carrie Henn
Corporal Hicks — Michael Biehn
Carter J Burke — Paul Reiser
Bishop — Lance Henriksen
Director James Cameron (1986/1992, 18) (S) (HD) (W)
Also showing Friday 9pm

12.05am Tattoo Fixers on Holiday (S) (AD) (HD) **1.10** Gogglebox (S) (SL) (HD) **2.00** Containement (S) (AD) (HD) **2.50** Angle Tribeca (S) (AD) (HD) **3.10** New Girl (S) (AD) (HD) **3.30–6.00am** Hollyoaks (S) (SL) (AD) (HD)

E4 +1 Freeview 29 Freesat 123 Sky 137 Virgin 146

4seven [47]

F'view 47 F'Sat 127 Sky 140 Virgin 195 HD F'view 170

9.00am Couples Come Dine with Me (S) (HD)

12 noon Double Your House for Half the Money (S) (AD) (HD) **1.00pm** Three in a Bed (S) (HD) **2.00** Location, Location, Location (S) (HD) **3.00** Amazing Spaces Shed of the Year (S) (AD) (HD) **4.00** Couples Come Dine with Me (S) (HD) **5.00** Ramsay's Kitchen Nightmares USA: a Greek restaurant in California (S)

6.00pm The World's Weirdest Weather. An enormous icicle in Canada. (S) (AD) (HD)

7.00 The Supervet: Bionic Specials 1/4 Series 7. A severe elbow deformity. (S) (AD) (HD)

8.00 The Three Day Nanny *Ep 3* Series 3. A single mother with four unruly children. (S) (HD)

9.00 Eight out of Ten Cats Does Countdown Roisin Conaty guests. (S) (HD)

10.00 999: What's Your Emergency? Ep 6 Series 2. PC Greaves calls for backup after two suspects shout claims of abuse at him. (S) (HD)

11.05 Britain's Benefit Tenants 1/3 Series 2. Specialist letting agencies. (S) (AD) (HD)

12.05am The Job Interview (S) (AD) (HD) **1.05** Eden (S) (AD) (HD) **2.00** A Granny's Guide to the Modern World (S) (AD) (HD) **2.25** Fresh Meat (S) (HD) **3.10** One Born: What Happened Next? (S) (HD) **4.05–5.05am** Double Your House for Half the Money (S) (AD) (HD)

More4 [14]

Jon Richardson: Nidiot 10.05pm Stand-up comedy from London

F'view 14 F'Sat 124 Sky 130 Virgin 147 HD Virgin 293

8.55am Kirstie's Vintage Gems (S) (HD) **9.25** Jamie's 15 Minute Meals (S) (AD) (HD) **9.50** Selling Houses with Amanda Lamb (S) (HD) **10.55** Phil Spencer's Stately Homes (S) (AD) (HD) **11.55** Come Dine with Me (S) (HD)

2.40pm Four in a Bed (S) (HD)

5.15pm Come Dine with Me In Salisbury, there's saucy revelations and tears at the table on the final night. (S) (HD)

8.00 Amazing Spaces Shed of the Year *Ep 3* Series 3. The attention turns to pubs and entertainment spaces, including a drinking den in rural Ireland. (S) (AD) (HD)

9.00 Father Ted 5/8 Series 3. The annual football match leads to trouble. (S) (AD) (HD)

9.35 7/8. Mrs Doyle wins a competition to meet a famous singer. (S) (AD) (HD)

10.05 Jon Richardson: Nidiot A stand-up performance at the Hammersmith Apollo, London. (S) (HD)

11.10 Eight out of Ten Cats Does Countdown With Sean Lock, Jon Richardson, David Mitchell and Katherine Ryan. (S) (HD)

12.15am 24 Hours in A&E (S) (AD) (HD) **1.20** Amazing Spaces Shed of the Year (S) (AD) (HD) **2.25–3.30am** Phil Spencer's Stately Homes (S) (AD) (HD)

More4 +1 Freesat 125 Sky 139 Virgin 196

5USA [21]

Freeview 21 Freesat 129 Sky 174 Virgin 153

9.00am Diagnosis Murder (S) **12 noon** CSI: Crime Scene Investigation (S) **12.55pm FILM** Columbo: Ransom for a Dead Man ★★★ Detective mystery starring Peter Falk (S) (AD) **2.55** Columbo: Requiem for a Falling Star (S) **4.25** Columbo: Blueprint for Murder (S) **6.00pm** NCIS: New Orleans *6&7/24 Series 2* (S) (AD) **8.00** NCIS: Los Angeles *8/24 Series 3* (S) **9.00** CSI: Crime Scene Investigation *16/18 Series 15* (S) (AD) **10.00** CSI: Cyber *1/13 Series 1* (S) (AD) **11.00** CSI: NY *5/22 Series 7* (S) (AD) **11.55** CSI: NY *17/24 Series 3* (S) (AD)

12.55am CSI: Miami (S) (AD) **1.50** CSI: NY (S) (AD) **2.50** Law & Order **3.35–4.00am** True Crimes: the First 72 Hours (S)

5USA +1 Freview 79 Mon 8.10pm Sun/F'Sat 00 Sky 174 Virgin 154

5 Star [30]

Freeview 30 Freesat 131 Sky 176 Virgin 151

8.00am Strip Date (S) **8.25** That '70s Show (S) **9.10** 8 Simple Rules (S) **11.30** My Wife and Kids (S) **11.55** My Wife and Kids (S)

4.00pm Celebrity Big Brother **5.00** Dogs Make You Laugh Out Loud (S) (AD)

6.00pm The Dog Rescuers with Alan Davies: a pregnant and underweight staffy is in need of help. (S) **7.00** Can't Pay? We'll Take It Away! (S) **8.00** Benefits: Yorkshire Dale (S) **9.00** Benefit Beauty Queens: featuring a mother of five from Croydon planning her family's domination of the pageant scene (S) **10.00** Celebrity Big Brother's Bit on the Side **11.00** When Kids Kill: Britain's Youngest Serial Killer: the motives of James Fairweather, who killed two people in Colchester when he was 15 (S)

12 midnight Wentworth Prison: triple bill (S) (AD) **3.30–4.00am** Access: showbiz news and gossip

5 Star +1 Sky 193 Freesat 132

Yesterday [19]

Freeview 19 Freesat 159 Sky 537 Virgin 245

6.00am Great British Ghosts (S) **6.25** Impossible Engineering (S) (AD) **7.10** Timeshift: The Last Days of Steam (S) **8.00** The World at War (S) **9.00** Monarchy by David Starkey (S) (AD) **10.00** Museum Secrets (S) **11.00** Impossible Engineering (S) (AD)

12 noon Timeshift: The Last Days of Steam (S) **1.00pm** The World at War (S) **2.00** Monarchy by David Starkey (S) (AD) **3.00** Museum Secrets (S) **4.00** Impossible Engineering (S) (AD) **5.00** Timeshift: The Last Days of Steam (S)

6.00pm The World at War The longest retreat in British military history. (S)

7.00 Monarchy by David Starkey The historian examines the union of England and Scotland to create Great Britain. (S) (AD)

8.00 D-Day Drama documentary about the Normandy landings in 1944.

10.30 Nation on Film Double bill.

11.30 Museum Secrets A behind-the-scenes look at the Palace of Versailles. (S)

12.30am Great British Ghosts: in Clearwell Caves, Gloucestershire (S) **1.00** The World at War (S) **2.00–3.00am** Death Camp Treblinka: Survivor Stories

Yesterday +1 Sky 538 Virgin 246

Home [25]

Freeview 25 Sky 196 Virgin 238 BT 314

7.00am Escape to the Country (AD) **10.00** River Cottage: Summer's Here **2.00pm** Extreme Makeover: Home Edition **5.45** DIY SOS: the Big Build: from Manchester **7.00pm** Make My Home Bigger (AD) **8.00** The Restoration Man **9.00** Fantasy Homes by the Sea (AD) **11.00** Extreme Makeover: Home Edition: Ty Pennington enlists the help of the Boston Red Sox **1.00am** Make My Home Bigger (AD) **2.00** The Restoration Man **3.00–4.00am** Fantasy Homes by the Sea (AD)

Home +1 Sky 244 Virgin 282

Spike [31]

Freeview 31 Freesat 141 Sky 160

9.00am Access **9.15** Bar Rescue **10.10** Catch a Contractor **11.10** Police Interceptors **12.10pm FILM** Hour of the Gun ★★★★ **2.10 FILM** Fantastic Voyage ★★★★ Sci-fi adventure starring Stephen Boyd (W) (HD) **4.15 FILM** The 7th Voyage of Sinbad ★★★★ Fantasy adventure (HD)

6.00pm Police Interceptors: triple bill

9.00 FILM Sabotage ★★ Crime thriller starring Arnold Schwarzenegger. Members of a rogue group of drug enforcement agents who steal $10 million from a ruthless cartel are made to see the error of their ways (W) (HD) **11.05** The X-Files *8/20* Series 5. Mulder and Scully search for an escaped killer with the ability to force his will onto others

12 midnight–3.00am The X-Files: triple bill (AD)

True Entertainment [61]

Freeview 61 (not Wales) Freesat 142 Sky 184 Virgin 189

6.00am FILM Homeless to Harvard: the Liz Murray Story ★★★ **8.00** Touched by an Angel **1.00pm** Danielle Steel's Family Album **5.00 FILM** Danielle Steel's Changes ★★ **7.00pm** M*A*S*H: four back-to-back episodes **9.00 FILM** Blue Caprice ★★★ Drama starring Isaiah Washington **11.00 FILM** Wind of Honor ★★ Courtroom drama starring Don Johnson and Jeanne Tripplehorn

1.00–3.00am FILM Soldier's Girl ★★★

Horror Channel [70]

Freeview 70 Freesat 138 Sky 319 Virgin 149

8.00am FILM Midnight Offerings ★★ **10.00** The Lost World **1.00pm** Highlander **3.00** The Case of the Whitechapel Vampire **4.50 FILM** Quatermass and the Pit ★★★ **6.50pm FILM** Warlords of Atlantis ★★★ Action adventure starring Doug McClure **8.50** Horror Highlights **9.00 FILM** Solstice ★★ Horror thriller starring Elisabeth Harnois and Shawn Ashmore **10.55 FILM** Nude Nuns with Big Guns ★★ Action drama **12.45am FILM** Evil of Frankenstein ★★ **2.30 FILM** Comedown ★★ **4.20–4.30am** Horror Highlights

Film4, Movie Mix, Movies4Men are now listed on our daily **Films pages** – see p62

Pick [11]

Freeview 11 Freesat 144 Sky 152 Virgin 123

6.00am Nothing to Declare **7.00** Motorway Patrol (AD) **9.00** Obese: a Year to Save My Life USA **11.00** It's Me or the Dog: how a donkey helped disabled twin girls **12 noon** Wild Vets **1.00pm** Animal Saints and Sinners (AD) **2.00** Monkey Life (AD) **3.00pm** To Catch a Smuggler: JFK Airport: cons lined with cocaine are intercepted **9.00** Stop, Search, Seize: documentary following the work of Ireland's border force **10.00** Police Force, Australia (AD) **11.00** Police 101? **12 midnight** Gold Coast Cops (AD) **1.00am** Alaska State Troopers **2.00** Australia's Deadliest Shark Coast **3.00** Hard Time **4.00–6.00am** Highway Patrol

Pick +1 Freesat 145 Sky 153

Really [17]

Freeview 17 Freesat 160 Sky 155 Virgin 129

6.00am Spa of Embarrassing Illnesses **7.00** Home Shopping **8.00** The Sheriffs Are Coming **9.00** Homes under the Hammer **11.00** DIY SOS: the Big Build **1.00pm** Escape to the Country **3.00** Fantasy Homes by the Sea (AD) **6.00** Countryside 999 **7.00** Escape to the Country: properties in Herefordshire **8.00** The Sheriffs Are Coming: the work of High Court enforcement officers **9.00** Embarrassing Bodies **10.00** One Born Every Minute **11.00** Babies Special Delivery

12 midnight Mad Haunted **1.00am** The Other Side **2.00** Home Shopping **4.00** Spa of Embarrassing Illnesses **5.35–6.00am** The Clothes Show

Quest [37]

Freeview 37 Sky 164 Virgin 172

6.00am Salvage Hunters – Best Buys: ten back-to-back editions **4.00 FILM** The Creature Walks Among Us ★★ (BW) **5.45** How It's Made **6.00pm** Wheeler Dealers: on the Road: Mike Brewer buys a Lotus Esprit without an MOT **7.00** Salvage Hunters (AD) **9.00** Alaska: the Last Frontier **10.00** I Am Steve McQueen: the life and career of the actor **11.30** Couples Who Kill

12.30am Forensic Detectives **1.30** FBI Files (AD) **2.30** Disappeared **3.30** Tommy Wolf's Space Invaders **4.00** Build, Buy or Restore? (AD)

5.00–6.00am A Racing Car Is Born

Quest +1 Freeview 38 Sky 195 Virgin 173

Challenge [46]

Freeview 46 Freesat 146 Sky 145 Virgin 139

6.00am Blockbusters **8.00** Catchphrase (AD) **9.00** Wheel of Fortune (AD) **10.00** Takeshi's Castle (AD) **11.00** Ninja Warrior **12 noon** Pointless **3.00pm** The Chase: four back-to-back editions **7.00** Gladiators: four contestants take on the muscled warriors in a series of challenges **8.00** American Ninja Warrior: leading athletes and wrestlers compete against amateurs **9.00** TNA Wrestling **11.00** The Chase **12 midnight** Pointless: triple bill **3.00am** Gladiators **4.00** American Ninja Warrior **5.00–6.00am** Catchphrase (AD)

Challenge +1 Freesat 147 Sky 184 Virgin 180

CBS Action [64]

Freeview 64 Freesat 137 Sky 148 Virgin 192

8.30am Tomorrow's World **9.00** Star Trek: Deep Space Nine **2.00pm** The High Chaparral **4.00** Dr Quinn: Medicine Woman **6.00 FILM** True Grit ★★★ **8.00** CSI: Crime Scene Investigation **9.00** NCIS: the episodes. A prank-loving marine is found dead **10.00** Gibbs's mentor is linked to a murder **11.00** An assassin threatens Ziva's family

12 midnight An attempted robbery leads to a death **12.55am** A 12-year-old is targeted

1.50–6.00am CSI: Crime Scene Investigation

CBS Drama [71]

Freeview 71 (HD only) Freesat 134 Sky 149 Virgin 197

7.30am The Key of David **9.00** Matlock **2.00pm** The Streets of San Francisco: four episodes **6.00pm** The Streets of San Francisco: a psychologically disturbed man needs mentoring **7.00** Judge Judy: six editions **10.00** Unsolved Mysteries: double bill. How a casino owner suffered a gruesome fate, then the tale of an airborne villain who hurled himself out of a 747

12 midnight–5.00am Cheaters

BBC Parliament [131]

Freeview 131 Freesat 201 Sky 504 Virgin 605

6.10am English Laws **7.50** Theresa May **8.20** Speaker's House **9.10** Jeremy Corbyn **9.50** Review **10.50** PMQs **11.30** Highlights **12 noon** America This Week **1.00pm** Washington Journal **3.00** QI Referendum **4.20** BOOKtalk **4.40** Speaker's House **5.25** Istanbul Zahra B Times Committee **6.45** Welsh Assembly **8.35** BOOKtalk **9.00** Scottish FMQs **9.50** BBC Wales Paper **11.25** NI Assembly Executive Questions **12 midnight–6.20am** Highlights

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SUNDAY Satellite & cable

Zoo 9.00pm Jackson and Jamie look for sanctuary

Cold Case 6.00pm Rush and Valens receive a letter

Blindspot 9.00pm Jane meets up with Weller's sister

Beauty and the Beast 8.00pm Cat is in for a shock

Monty Python's Best Bits (Mostly) 11.00pm Sketches

Sky1

Sky 106 Virgin 110 HD Virgin 109

6.00am Hour of Power (HD) **7.00** Monkey Life (S) (HD) **8.00** Modern Family (S) (HD) **9.00** Futurama (S) **11.00** Wrestling (HD) **12 noon New.** Suicide Squad: Special (HD) **12.30pm** Ninja Warrior Women Tournament (S) **1.00** Don't Tell the Bride (HD) **2.00** Four Weddings (S) (AD) (HD) **3.00** Battle of the Brides (S) (HD) **4.00** Modern Family (S) (HD)

6.00pm The Simpsons Bart catches a highly contagious virus. **6.30** The family stars in a reality TV show about life in the 1890s. **7.00** Someone tries to kill Homer. **7.30** Bart nominates Mrs Krabappel for teacher of the year. (S) (HD)

8.00 New. The Last Ship 5/13 Series 3. Michener faces pressure from the regional leaders. (S) (HD)

9.00 New. Zoo 5/13 Series 2. Caraquet is not the sanctuary Jamie and Logan hoped for. (S) (HD)

10.00 Ross Kemp: Extreme World The far right in Ukraine. (S) (AD) (HD)

11.00 Stop, Search, Seize Documentary following the work of Ireland's border force. (HD)

12 midnight The Force: Manchester (S) (HD) **1.00am** Hawaii Five-O (S) (HD) **4.00** Border Security: Canada's Front Line (S) (HD) **5.00–6.00am** Motorway Patrol (S) (AD)

Sky1 +1 Sky 130

Sky Arts

Sky 121 Virgin 132 HD Virgin 206

6.00am Shostakovich Symphonies (HD) **8.20** Vivaldi's Gloria (HD) **8.55** National Trust: National Treasures (S) (AD) (HD) **10.10** Steve Schapiro: an Eye on American Icons (S) (AD) (HD) **11.10** Greenwich Village: Music That Defined a Generation (S) (HD) **1.00pm** The Seventies (S) (AD) (HD) **2.00** Dean Martin: a Legend in Concert (S) (HD) **3.00** Happy Prince (S) (HD) **3.30** André Rieu: Dreaming (S) (HD) **5.00** Master of Photography (S) (HD)

6.00pm Soundbreaking The development of different formats for listening to music. (HD)

7.00 Guitar Star 9/9 Series 2. A look back at the best moments from the competition. (S) (HD)

8.00 New. Miles: Heartstrings Documentary about classical guitarist Miles Karadaglic, from growing up in war-torn former Yugoslavia to studying at the Royal Academy of Music. (HD)

9.15 David Bowie: Serious Moonlight The singer in concert from 1983, featuring *Heroes*, *Fashion*, *Let's Dance*, *Rebel Rebel*, *Ashes to Ashes*, *Space Oddity*, *Fame* and *Life on Mars?* (S)

11.15 Trailblazers: New Romantics Key moments in the development of the genre. (S) (HD)

12.15am Classic Albums Special (S) (HD) **1.15** Video Killed the Radio Star (S) (AD) (HD) **1.45** Beat Beat Beat (HD) **2.00** Isabel (S) (HD) **5.00–6.00am** First Love (S) (AD) (HD)

Universal

Sky 113 Virgin 127 BT 320

6.00am Royal Pains: Hank is followed through his daily routine by an actor. (S) (HD) **7.00** Horne Shepping **8.00** Sea Patrol: the crew of the Hammersley reels after the death of a colleague (S) (AD) (HD) **9.00** NCIS: nine editions (S) (HD)

6.00pm NCIS 10/25 Series 6. A petty officer dies in woodland after being driven off the road by another vehicle, but not all of his injuries are consistent. **7.00 11/25.** The office Christmas decorations are being put up when the team learns of an elderly couple's murder. **8.00 12/25.** McGee is sent to a women's prison to interview a murder suspect, but ends up being captured and held hostage by the inmates. (S) (HD)

9.00 New. Motive 5/13 Series 4. A murder with a familiar modus operandi prompts Paula to reopen an old murder case, under the suspicion that she may have convicted an innocent woman. (S) (HD)

10.00 Law & Order: Special Victims Unit 1/23 Series 17. The team is forced to return to an old crime scene. (S) (HD)

11.00 2/23. Barba faces off against two ruthless defence attorneys who will stop at nothing to protect Yates. (S) (HD)

12 midnight Law & Order: Special Victims Unit (S) (HD) **4.00am–6.00am** Sea Patrol (S) (AD) (HD)

Universal +1 Sky 150 Virgin 138

Sky Atlantic

Sky 108

6.00am The Guest Wing (S) (AD) (HD) **7.00** Networks of Power with Sir Christopher Meyer (S) (HD) **8.00** The West Wing (S) (HD) **1.00pm** David Attenborough's Conquest of the Skies (S) (AD) (HD) **2.00** Without a Trace (S) (HD)

6.00pm Cold Case 8/24 Series 4. Rush and the unit reopen the 1975 case of a missing girl. **7.00 9/24.** A recording of a woman who was shot dead prompts Rush to reopen the investigation. **8.00 10/24.** A dying convict offers new information about a murdered policeman whose body was found under a bridge in 1968. (S) (HD)

9.00 Band of Brothers 5/10 Worrying news arrives of a massive Axis effort in the Ardennes. (S) (HD) **10.10 6/10.** Easy Company spends a grim Christmas in the trenches as frostbite and hunger take their toll on the troops. (S) (HD)

11.30 Ray Donovan 6/12 Series 4. Ray waits to see if Bellkov will be released, while Teresa spirals into postpartum depression. (S) (HD)

12.40am The Jinx: the Life and Deaths of Robert Durst (S) (HD) **3.25** Without a Trace (S) (HD) **4.15** The Guest Wing (S) (AD) (HD) **5.05–6.00am** Networks of Power with Sir Christopher Meyer (S) (HD)

Sky Atlantic +1 Sky 170

Sky Living

Sky 107 Virgin 117 HD Virgin 111

6.00am My Kitchen Rules: Australia (HD) **8.30** Sportswomen (HD) **9.00** Nothing to Declare (S) (AD) **10.30** Border Security: Canada's Front Line (S) (HD) **12 noon** Best of Nothing to Declare (S) **1.00pm** Bones (S) (AD) (HD) **3.00** Million Dollar Listing: Miami (S) (HD) **4.00** Who'd Be a Billionaire (S) (HD) **5.00** Nothing to Declare (S) (HD)

6.00pm New series. The Biggest Loser USA A group of former athletes get back in shape. (S) (HD)

7.00 Criminal Minds 3/22 Series 11. Brides-to-be are killed on the eve of their weddings. (S) (HD) **8.00 4/22.** Three restaurant employees are killed. (S) (HD)

9.00 Blindspot 5/23. A hostage situation takes an unexpected turn. Jane gets flashbacks after meeting Weller's sister. (S) (AD) (HD)

10.00 Criminal Minds 10/24 Series 9. The team believe prank calls are linked to an abduction. (S) (HD) **11.00 11/24.** Blake teams up with her brother and father to stop a killing spree in Kansas. (S) (HD)

12 midnight Elementary (S) (AD) (HD) **1.00am** Madam Secretary (S) (HD) **2.00** Grey's Anatomy (S) (HD) **4.30–6.00am** Border Security: Canada's Front Line (S) (AD) (HD)

Sky Living +1 Sky 122 Virgin 143

Sky2

Sky 129 Virgin 121

6.00am Stop, Search, Seize (AD) **7.00** Stop, Search, Seize (AD) **8.00** Stop, Search, Seize (AD) **9.00** A Town Called Eureka (S) **2.00pm** Stargate SG-1: five episodes (S) **7.00pm** Supergirl: the superhero's powers are put to the test (S) **8.00** DC's Legends of Tomorrow: Snart sends Jax to steal a valuable gem (S) (AD) **9.00** 50 Ways to Kill Your Mammy: Baz and Nancy encounter alligators (S) (AD) **10.00** Mount Pleasant: Dan tries to prevent a dangerous liaison between Greg and Tanya (S) (AD) **11.00** Ascension (S) (AD) **12 midnight** Zoo (S) **1.00am** The Last Ship (S) **2.00** Road Wars (S) **4.00** Customs UK (S) **5.00–6.00am** Motorway Patrol (S) (AD)

Syfy

Sky 114 Virgin 135 BT 311 HD Virgin 165 BT 315

6.00am Quantum Leap **8.00** Home Shopping **11.00 FILM** Supercollider ★★ **1.00pm FILM** Asteroid vs Earth ★ **3.00 FILM** Airplane vs Volcano ★ **5.00 FILM** Star Trek VI: the Undiscovered Country ★★★★ Sci-fi adventure **7.30pm FILM** Journey to Dinosaur Island ★★ Fantasy **9.00 FILM** Predator ★★★★ Sci-fi action thriller starring Arnold Schwarzenegger **11.10 FILM** Tucker and Dale vs Evil ★★★★ **1.00am FILM** Zombeavers ★★ **2.50** Fact or Faked: Paranormal Files **4.00–6.00am FILM** Atlantic Rim ★

Syfy +1 Sky 194 Virgin 136

W

Sky 109 Virgin 125 BT 311 HD Virgin 191 BT 383

6.05am Passport Patrol **6.30** Bondi Rescue **8.30** EastEnders (S) (AD) (HD) **11.00** My Dream Home (S) (HD) **3.00pm** Doctor Who (S) (AD) (HD)

6.40pm Outnumbered Sue is fed up with the boys' attitude to housework so sets out to civilise them. (S) (AD) (HD)

7.20 Sue and Pete get a glimpse of what life might be like once the children have left home. (S) (AD) (HD)

8.00 New. Beauty and the Beast 4/13 Series 4. Vincent follows a lead that puts his life in jeopardy. Meanwhile, Cat finds out she might be pregnant. (HD)

9.00 Sherlock 3/3 Series 3. A murder on a railway track, a clue in an empty room, a blood-soaked car and a priceless painting presage a terrifying game of cat and mouse as a crazed bomber pits his wits against Holmes and Watson. (S) (AD) (HD)

11.00 Who Do You Think You Are? USA Hollywood actress Marisa Tomei ventures to Italy to trace her ancestry. (S) (AD) (HD)

12 midnight Traffic Cops (S) **1.00am** Being Human USA (S) (HD) **1.45** Who Do You Think You Are? USA (S) (AD) (HD) **2.30–3.00am** Doctor Who: the Doctors Revisited (S) (HD)

W +1 Sky 218 Virgin 138

TLC

Sky 125 Virgin 167 BT 325 HD Virgin 168 BT 377

6.00am Cake Boss (HD) **10.00** Extreme Couponing (HD) **12.30pm** Extreme Couponing All-Stars (HD) **1.00** Cake Boss (AD) (HD) **5.00** Whitney: Fat Girl Dancing (HD) **6.00pm** My Giant Life (HD) **7.00 New.** My Four Wives (HD) **8.00** Say Yes To The Dress: UK (HD) **9.00** Gypsy Brides US: Most Blingtastic Moments (HD) **10.00 New.** Return to Amish (HD) **11.00** Sweet 15: Quinceañera (HD) **12 midnight** Say Yes To The Dress: UK (HD) **1.00am** Gypsy Brides US: Most Blingtastic Moments (HD) **2.00** Return to Amish (HD) **3.00** Extreme Couponing (HD) **3.30** Extreme Couponing All-Stars (HD) **4.00–6.00am** Cake Boss (AD) (HD)

TLC +1 Sky 154 Virgin 169

Lifetime

Sky 116 Virgin 236 BT 329 HD Virgin 200 BT 384

6.00am Judge Judy (HD) **9.00** Hardcore Pawn (HD) **12 noon** Don't Tell the Bride: six editions (HD) **6.00pm** Little Women: NY: DJ asks Jason to move in with him (HD) **7.00** Project Runway: exotic birds serve as the inspiration for the latest challenge (HD) **8.00** Child Genius US (HD) **9.00** Hoarders (HD) **10.00 FILM** Happy Face Killer ★★ Crime drama based on a true story (R) (HD) **11.45** Little Women: NY (HD) **12.45am** Neighbours with Benefits **1.45** The Jail: 60 Days in (HD) **2.45** Don't Tell the Bride (HD) **4.45–6.00am** Storage Wars (HD)

Lifetime +1 Sky 197

Gold

Sky 110 Virgin 124 BT 310

7.00am Creature Comforts **7.30** Jeeves and Wooster (S) **8.10** Allo 'Allo! (S) **9.00** Only Fools and Horses (S) (AD) **3.45pm FILM** The Likely Lads ★★★ Comedy **5.30 FILM** Are You Being Served? ★ Comedy starring Mollie Sugden (S)

7.25pm Last of the Summer Wine The gang searches for an Antarctic explorer. (S)

8.05 Norman Wisdom guest stars as Billy Ingleton. (S)

8.45 Fawlty Towers An abrasive guest exasperates Basil. (S) (AD)

9.35 Come Fly with Me Immigration officer Ian Foot pulls in Taaj for questioning. (S) (AD)

10.15 The Young Ones Mr Balowski becomes a mad axeman and chases the students into Narnia as a flood of biblical proportions engulfs London. (S)

11.00 Monty Python's Best Bits (Mostly) Hugh Bonneville presents a look back at the troupe's most popular sketches. (S) (AD)

11.40 Monty Python: before the Flying Circus

1.00am New. Monty Python: Live at Aspen: a reunion show from 1998 **2.25** The Young Ones (S) **3.05** That Mitchell and Webb Look **3.35–4.00am** Rex the Runt: double bill

Gold +1 Sky 166 Virgin 190

Comedy Central

Sky 112 Virgin 132 BT 307 HD Virgin 161 BT 370

8.00am The Middle (S) (HD) **9.00** Friends (S) (HD) **12 noon** The Middle (S) (HD) **1.00pm** Friends (S) (HD) **3.00** Impractical Jokers (S) (HD) **4.00** Friends (S) (HD) **7.00** Impractical Jokers (S) (HD) **8.00** Friends (S) (HD) **9.00** Live at the Apollo: with Katherine Ryan, James Acaster and Henning Wehn (S) (HD) **10.00** Stephen Merchant: Hello Ladies: *The Office* co-creator's well-received 2011 stand-up show (HD) **11.00** Impractical Jokers (S) (HD) **12 midnight** Live at the Apollo (S) (HD) **1.00am** South Park (S) (HD) **3.00** Idiotsitter (S) (HD) **3.25** Workaholics (S) (HD) **3.50–5.00am** Two and a Half Men (S) (HD)

Comedy Central +1 Sky 127 Virgin 137

Sony Channel

Sky 157 Virgin 193 BT 331

7.00am Ghosts in My Home **9.00** Ghost Hunters International **2.00pm** Will & Grace **3.00 FILM** Roxanne ★★★★ Romantic comedy starring Steve Martin **5.15 FILM** The Accidental Husband ★★ Romantic comedy with Uma Thurman **7.05pm FILM** So I Married an Axe Murderer ★★★ Black comedy starring Mike Myers and Nancy Travis **9.00 FILM** The Full Monty ★★★★★ Comedy drama starring Robert Carlyle, Tom Wilkinson and Mark Addy **10.55** Satisfaction **11.55** Celebrity Ghost Stories **3.50–4.00am** Movie News

Sony TV +1 Sky 181

Vera 8.00pm A young man's body is found inside a cave

New Tricks 9.00pm The unit has to halt an investigation

Someone Knows My Name 9.00pm Aminata goes to Africa

Killer Whales: the Mega Hunt 7.00pm A deadly gathering

ITV Encore

Sky 123

6.00am The Ruth Rendell Mysteries **6.55** Upstairs, Downstairs (S) **8.50** The Chief **9.40** The Darling Buds of May (S) (HD) **10.40** Heartbeat **12.35pm** Micawber: Mr Micawber joins the aristocracy (S) **1.35** Kingdom (S) (AD) **3.40** Crime Stories: the police investigate when an engagement ring is stolen (S) (HD) **4.45** Agatha Christie's Poirot (S) (HD)

7.00pm The Durrells 5/6 The family has a guest. (S) (AD) (HD)

Louisa Durrell	Keeley Hawes
Aunt Hermione	Barbara Flynn
Cousin Prue	Felicity Montagu
Larry Durrell	Josh O'Connor
Gerald Durrell	Milo Parker

8.00 Vera 2/4 Series 6. The detective investigates the murder of a homeless young man. (S) (AD) (HD)

10.00 Scott & Bailey 1/3 Series 5. Rachel becomes acting DI. (S) (AD) (HD)

11.00 Black Work 1/3. Police drama starring Sheridan Smith. (S) (AD) (HD)

PC Jo Gillespie	Sheridan Smith
Barbara	Sharon Duce
CC Carolyn Jaeckl	Geraldine James
DCS Hepburn	Douglas Henshall
DC Jack Clark	Matthew McNulty

12 midnight The Americans (S) (AD) (HD) **1.05am** The Guilty: crime drama (S) (AD) (HD) **2.10** Broadchurch (S) (AD) (HD) **3.10** Peak Practice **5.05–6.10am** The Chief

ITV Encore +1 Sky 208

PBS America

Freesat 156 Sky 534 Virgin 216

6.00am Buffalo Bill **6.55** Butch Cassidy and the Sundance Kid **8.05** Annie Oakley **9.10** Custer's Last Stand **11.35** Last Stand at Little Big Horn **12.50pm** Children of Giant **2.00** Buffalo Bill **3.10** Butch Cassidy and the Sundance Kid **4.15** Annie Oakley **5.25** Custer's Last Stand

7.50pm Last Stand at Little Big Horn An exploration of the 1876 battle, known as Custer's Last Stand, that looks at the events of the day, the causes of the conflict and its legacy.

9.00 Children of Giant The story behind the making of the 1956 film *Giant*, which starred Elizabeth Taylor, Rock Hudson and James Dean, and how it reflected attitudes to class, gender and race.

10.10 Buffalo Bill The life of the plainsman-turned-international celebrity and frontier hero, whose elaborate Wild West Show dazzled crowds in New York, London, Paris, Rome and Barcelona.

11.20 Butch Cassidy and the Sundance Kid The 1890s duo robbed trains and banks became notorious outlaws, but this documentary focuses on how Robert Leroy Parker and Harry Alonzo Longabaugh took to crime.

12.25am Annie Oakley **1.30** Custer's Last Stand **3.30** Last Stand at Little Big Horn **4.35** Children of Giant **5.35–6.00am** Hell on Hooves

Alibi

Sky 132 Virgin 176 BT 312 HD Virgin 200 BT 382

7.00am Lie to Me (S) (HD) **8.00** Murdoch Mysteries (S) (HD) **10.00** Rizzoli & Isles (S) (AD) (HD)

6.00pm Rizzoli & Isles 6/18 Series 6. A murder witness suffers from a condition commonly known as facial recognition blindness, and the Rizzoli family prepares for a visit from a scheming cousin. (S) (AD) (HD)

7.00 7/18. A 16-year-old is killed and Jane and Maura must overcome a psychiatrist with an ethical dilemma to find the killer. (S) (AD) (HD)

8.00 Father Brown 10/10 Series 2. A day out at a local hill climb track ends with one driver being killed, and Sullivan is furious that Father Brown is investigating. (S) (AD) (HD)

9.00 New Tricks 10/10 Series 12. The unit is told to stop investigating the murder of a political activist, but the boys refuse to comply. (S) (AD) (HD)

10.20 Death in Paradise 1/8 Series 1. English DI Richard Poole is dispatched to the Caribbean island of Saint-Marie to investigate the murder of a colleague. (S) (AD) (HD)

11.20 Father Brown As 8pm.

12.20am Ripper Street: double bill (S) (AD) (HD) **3.00–3.50am** Rizzoli & Isles (S) (AD) (HD)

Alibi +1 Sky 226 Virgin 138

Discovery History

Sky 535 Virgin 262

6.00am Aircraft Stories **8.00** Battlefield (AD) **10.00** Hitler: Germany's Fatal Attraction **11.00** How We Got Here **12 noon** Curse of Tutankhamun **1.00pm** Atlantis in the Andes **2.00** Time Team **3.00** Master and Commander: the True Story **4.00** Battlefield (AD)

6.00pm Wartime Secrets with Harry Harris The presenter examines deception tactics used by the British, including remote-controlled planes and a fake army.

7.00 Time Team Tony Robinson and the team visit Surrey, where they attempt to uncover evidence of a palace that inspired the design of Hampton Court. **8.00** The archeologists visit the site of a small Roman Villa at Blacklands in Somerset.

9.00 Special Forces' Secrets An insight into the operations of Delta Force, one of the most secretive units in the US Army.

10.00 The Rise of the Nazi Party A look at the aftermath of the Second World War and how the world came to terms with the crimes Hitler and his Nazi Party perpetrated.

11.00 Wartime Secrets with Harry Harris As 6pm.

12 midnight Battlefield (AD) **2.00am** Special Forces' Secrets **3.00** The Nazi Messiah **4.00** Hitler: Germany's Fatal Attraction **5.00–6.00am** How We Got Here

Discovery History +1 Sky 536 Virgin 263

Fox

Sky 124 Virgin 157 HD Virgin 199

8.00am Cops (HD) **9.00** NCIS (S) (AD) (HD) **2.00pm** The Closer (S) (HD)

6.00pm The Closer 14/15 Series 3. Brenda tries to track down a witness in Atlanta. (S) (HD)

7.00 NCIS 7/24 Series 13. Ducky is forced to reveal he has been helping to solve crimes in his spare time. (S) (AD) (HD)

8.00 8/24. DiNozzo must help old flame Jeanne Benoit rescue her kidnapped husband. (S) (AD) (HD)

9.00 New. Someone Knows My Name 5/6. Racial tensions boil over in the barren landscape of destitute Sheburne. Meanwhile, Aminata organises a final journey back to Africa. (S) (HD)

10.00 Family Guy Series 13. Peter and Brian go on a mission to find a new Thanksgiving turkey. (S) (HD) **10.30** Series 10. Lois tries to save the life of Stewie's friend. (S) (HD)

11.00 American Dad! Series 12. Steve is recruited by the CIA's nerdy arch rivals, the NSA. (S) (HD) **11.30** Series 10. Hayley works with a controversial reporter who harbours an interesting secret. (S) (HD)

12 midnight Family Guy (S) **1.00am** American Dad! (S) (HD) **2.00** Family Guy (S) **3.00–5.00am** American Dad! (S) (HD)

Fox +1 Sky 165 Virgin 158

History

Sky 529 Virgin 210 BT 327 HD BT 379

8.00am Pawn Stars (HD) **2.00pm** Car Hunters (HD) **3.00** Storage Wars Miami (HD) **4.00** Storage Wars (HD) **5.00** Pawn Stars (HD) **6.00pm** Smartest Guy in the Room: double bill (HD) **7.00** Mountain Men: Tom calls in reinforcements to bail him out (HD) **8.00** Pawn Stars: double bill (HD) **9.00** The Crimean War: a Most Desperate Undertaking: the notorious blunders of the Charge of the Light Brigade in 1854 **10.00** Storage Wars: four editions (HD) **12 midnight** American Pickers (HD) **1.00am** The Crimean War: a Most Desperate Undertaking **2.00** Storage Wars (HD) **3.00–5.00am** Pawn Stars (HD)

History +1 Sky 530 Virgin 211

Animal Planet

Sky 523 Virgin 256 BT 325 HD Virgin 257 BT 328

6.00am Tanked (HD) **7.00** Insane Pools: off the Deep End (HD) **8.00** Treehouse Masters (HD) **9.00** Animal Cops Houston (AD) (HD) **3.00pm** Bondi Vet (HD) **5.00** Insane Pools: off the Deep End (HD) **6.00pm** Treehouse Masters (HD) **7.00** Tanked (HD) **8.00** Isle of Jaws (HD) **9.00 New series.** River Monsters: prehistoric river beasts are brought back to life using CGI (HD) **10.00** Insane Pools: off the Deep End (HD) **11.00** Animal Cops Houston (HD) **12.00am** Isle of Jaws (HD) **2.00** River Monsters (HD) **3.50** Alaska: the Last Frontier (HD) **4.40** Whale Wars (HD) **5.30–6.00am** Animal Airport (HD)

Animal Planet +1 Sky 549 Virgin 258

Discovery

Sky 520 Virgin 250 BT 322 HD Virgin 251 BT 324

6.00am Fast 'N' Loud (HD) **9.00** Insane Pools: Off the Deep End (HD) **1.00pm** Mythbusters (AD) (HD) **5.00** Marooned with Ed Stafford (AD) (HD)

6.00pm Aircrash Confidential How microscopic maintenance problems can mean the difference between life and death. (HD)

7.00 New. Killer Whales: the Mega Hunt In an epic annual spectacle in False Bay, a pod of cunning killer whales hunt 5,000 common dolphins. (HD)

9.00 New. Yukon Men Charlie calls upon all of his native wisdom to help his family survive the winter as everyone deals with the aftermath of the fire. (HD)

10.00 New. Dual Survival Matt and Joe venture to the borderlands between Texas and Mexico, where they take part in a kidnapping simulation. (HD)

11.00 Fast 'n' Loud The guys struggle with a 1964 Dodge truck, while Richard digs out an Oldsmobile Delta 1988. (HD)

12 midnight Naked and Afraid (HD) **1.00am** Street Outlaws (HD) **2.00** Moonshiners (AD) (HD) **3.00** Yukon Men (HD) **3.50** Dual Survival (HD) **4.40–6.00am** How It's Made

Discovery +1 Sky 521 Virgin 252

Nat Geographic

Sky 531 Virgin 266 BT 317 HD Virgin 268 BT 373

6.00am Apocalypse World War (HD) **1.00pm** The First Great Escape (HD) **2.00** Battleground Brothers (HD) **7.00pm New.** Lawless Island: the residents of Port Protection scramble to finish critical tasks (HD) **8.00** The First Great Escape: a look at the escape by British officers from the Holzminden PoW camp in July 1918 (HD) **9.00 FILM** Restrepo ★★★ Award-winning documentary about a US Army unit's experiences of the war in Afghanistan (R) (HD) **11.00** Inside Combat Rescue: triple bill (HD) **2.00am** Apocalypse World War II double bill (HD) **4.00–5.00am** Battleground Brothers (HD)

Nat Geo +1 Sky 527 Virgin 267

Eden

Sky 532 Virgin 247 BT 315 HD Virgin 249

9.00am Forecasting the End (S) (HD) **12 noon** Secrets of the Earth (S) (HD) **3.00pm** Forecasting the End (S) (HD) **6.00** Secrets of the Earth: six editions. How rain is made **6.30** The science of a tsunami **7.00** Examining high tides **7.30** The effect of volcanoes on the weather **8.00** The effect of earthquakes on the Earth's gravitational field **8.30** How Earth is able to sustain life (S) (HD) **9.00** Forecasting the End: six back-to-back editions (S) (HD) **12 midnight** Secrets of the Earth: six editions (S) (HD) **3.00am** Forecasting the End (S) (HD) **5.30–6.00am** World's Wildest City: Manaus (HD)

Eden +1 Sky 533 Virgin 248

CHILDREN'S

Milkshake! on C5

Full listings for Channel 5 are on p58

5.40am Angels of Jams **5.50** Roary **6.00** Peppa Pig **6.05** Toby's Travelling Circus **6.15** Angelina Ballerina **6.30** Bob the Builder **6.40** Wanda and the Alien **6.50** Zack and Quack **7.05** Pets **7.10** Noddy in Toyland **7.20** Paw Patrol **7.35** Little Princess **7.50** Pip Ahoy! **8.10** Blaze and the Monster Machines **8.35** Ben and Holly **8.50** Shimmer and Shine: the genies help Zac with his magic act **9.15** Jelly Jamm **9.30–9.55am** LazyTown: Ziggy wants a baby troll

CBeebies 121

Freeview 69 Freesat 608 Sky 614 Virgin 702

6.00am Wayblade **6.10** Big Barn Farm **6.25** Mr Bloom: Here and There **6.35** Raa Raa the Noisy Lion **6.50** Postman Pat **7.05** Q Pootle 5 **7.15** Dinosaur Train **7.25** Hey Duggee **7.35** Big **7.45** Chuggington **7.55** Kate & Mim-Mim **8.05** Octonauts **8.20** Mike the Knight **8.30** Peter Rabbit **8.45** Rastamouse **8.55** Sarah & Duck **9.00** Something Special **9.20** Hey Duggee **9.30** Charlie and Lola: Lion Special **9.35** Topsy and Tim: double bill **10.15** Jamillah and Aladdin **10.35** Tree Fu Tom: animation **10.55** Chuggington: Badge Quest **11.00 New.** Swashbuckle: game show **11.25** Gigglebiz **11.40** Kerwhizz **12 noon** My Pet and Me **12.15pm** I Can Cook **12.30** Grandpa in My Pocket **12.45** Melody **1.00** My Story **1.15** Messy Goes to Okido **1.25** Charlie and Lola **1.40** Let's Play **2.00** Something Special **2.20** Hey Duggee **2.30** Charlie and Lola: Alarm Special **2.55** Topsy and Tim: double bill **3.15** Jamillah and Aladdin **3.30** Tree Fu Tom **3.55** Dipdap **4.00** Justin's House **4.25** Andy's Wild Adventures **4.40** Kerwhizz: Generation **5.00** Swashbuckle **5.25** The Let's Go Club **5.45** Sally's Waggy Tales **5.55** Small Potatoes **6.00pm** Clangers: narrated by Michael Palin **6.10** The Adventures of Abney & Teal **6.20** In the Night Garden **6.50–7.00pm** Bedtime Story: with Ore Oduba

CBBC 120

Freeview 120 Freesat 607 Sky 613 Virgin 701

7.00am Arthur **7.15** Zig and Zag **7.25** Strange Hill High **7.45** Scream Street **8.00** Danger Mouse **8.15 New series.** Technobytes: Short episodes of Technobabble **8.20** Horrible Histories: Gory Games **8.50 New.** Nine Minute Ninja **9.00** Blue Peter **9.30 New.** Ultimate Brain: Dr Brain puts two teams to the test in scientific challenges **10.00** Newsround **10.05 New.** Armageddon: hi-tech game show presented by Will Best **10.35** Matilda and the Ramsay Bunch **10.55** The Next Step **11.15** Lost & Found Music Studios **11.40** Taking the Next Step **12.10pm** Newsround **12.15** Our School **12.45** The Dengineers **1.10** Operation Ouch! **1.45** Newsround **1.50** Horrible Histories: Wicked William the Conqueror Special **2.15** My Life **2.45** How to Be Epic @ Everything **3.00** Wolfblood: six episodes **5.55** Copycats: Help My Mini School Trip Is Right **6.30pm** Ultimate Brain **7.00** Hetty Feather **7.30** Eve **8.00** Deadly 60 **8.25–9.00pm** My Life

CITV 127

Freeview 127 Freesat 607 Sky 621 Virgin 734

Programmes 6.00pm–9.00 not Freeview

6.00am Fort Boyard Ultimate Challenge **6.25** Pat & Stan **6.35** Dino Dan: Trek's Adventures **6.55** Signed Stories: Share a Story **7.00** Scooby **7.15** Super 4 **7.35** Thunderbirds Are Go **8.00** Ninjago: Rise of the Snakes **8.25** Kangs & Monsters **11.55** Lolly Scarlett **12 noon** Max Steel **12.30pm** Deadtime Stories **12.55** Oddbods **1.00** My Phone Genie **1.30** Fort Boyard Ultimate Challenge **2.30** My Parents Are Aliens **3.00** Horrid Henry **3.30** Horrid Henry **4.05** What's New Scooby-Doo? **5.20** Oddbods **5.30** Almost Naked Animals **6.00pm** Max Steel **6.25** Oddbods **6.30** Deadtime Stories **7.00** Horrid Henry **7.30** My Phone Genie **8.00** Fort Boyard Ultimate Challenge **8.55–9.00pm** Signed Stories: Share a Story

ALL PROGRAMMES ON THE ABOVE CHANNELS ARE REPEATS UNLESS OTHERWISE STATED

Key (S) Subtitles (SL) Signing (AD) Audio description (HD) High definition (W) Widescreen

SUNDAY Films & Sport

Discover film

The best of Sky, iPlayer, Netflix and beyond

Your weekend premiere

Suffragette ★★★★ 8.00pm *Sky Premiere*

Director Sarah Gavron and writer Abi Morgan beat their feminist drum as they bring to the screen the fight for the female vote in a rousing introduction to a period of history that has been disgracefully ignored. Carey Mulligan, Anne-Marie Duff, Helena Bonham Carter and Meryl Streep star in a film that eschews the conventions of period drama and benefits from fluid, naturalistic visuals and a respectfully sombre hue. **EMMA SIMMONDS**

Hair today...

Tangled ★★★★ 4.25pm *Sky Disney*

It takes commitment – or extensions – to copy Rapunzel's hairdo in *Tangled*. But others have been more imitable: the bob was made fashionable by silent star Louise Brooks; Jean Seberg's pixie cut in *A Bout de Souffle* was as influential as Jean-Luc Godard's jump cuts; and goths took inspiration from *Edward Scissorhands*, or was it vice versa? But the shock of shocks was Robert De Niro's *Taxi Driver* mohican: unheard of until then, it was suddenly everywhere. **AC**

Going Greene

The Third Man

★★★★★ *BBC iPlayer*

FREE TO VIEW

Developed from a story by Graham Greene, this thriller is one of the best British films of all time. Set in postwar occupied Vienna, the plot is full of memorable moments and played to perfection by a superb cast led by Orson Welles and Joseph Cotten. **DAVID PARKINSON**

FREEVIEW

Film4 (15)

F'view 15 F'sat 300 Sky 315 Virgin 431 HD Virgin 429

11.00am Penrídge ★★★ Comedy. Ronnie Barker (1979) PG) (S) (AD) **1.00pm Rango** ★★★ Animated adventure. Johnny Depp (2011, PG) (S) **3.10 The House of Magic** ★★★★ Animated adventure. Murray Blue, Cinda Adams (2013, U) (S)

4.50pm Mirror Mirror ★★ Kitsch version of the Snow White fairy tale with Julia Roberts in drag-queen mode as the wicked stepmother. Lily Collins (2012, PG) (AD)

6.55 The Tourist ★ Laughably inept thriller. Angelina Jolie, Johnny Depp (2010, 12) (S) (AD)

9.00 This is England ★★★★ Director Shane Meadows brilliantly evokes the working-class despair of the Thatcher era in this powerful drama about a boy befriended by skinheads. **Review, p36.** Thomas Turgoose, Stephen Graham (2006, 18) (S)

11.05pm Savages ★★★ Brassy and bloody crime drama. Taylor Kitsch, Blake Lively, Aaron Johnson (2012, 18) **1.40–3.55am The Enigma of Kasper Hauser** ★★★★ Period biographical drama. Bruno S (1974, PG)

Film4 +1 F'view 15 (HD only) F'sat 301 Sky 316 Virgin 430

Movie Mix (32)

Freeview 32

9.00am Open Season ★★★ Animated comedy adventure. Martin Lawrence, Ashton Kutcher (2006, PG) **10.45** Movie News **10.55 My Girl** ★★ Romantic drama. Dan Aykroyd, Jamie Lee Curtis, (1991, PG) **1.00pm Gandhi** ★★★★★ Epic biographical drama. Ben Kingsley (1982, PG) **4.45 Man of the House** ★★ Action comedy. Tommy Lee Jones, Anne Archer, Brian Van Holt (2005, 12)

6.55pm Street Fighter ★ Jean-Claude Van Damme and Kylie Minogue team up to oust a brutal dictator in this laughably bad action adventure. Raul Julia (1994, 12)

9.00 Donnie Brasco ★★★★ An undercover FBI agent befriends a low-level Mafia hood in this gritty crime drama. Al Pacino, Johnny Depp, Michael Madsen (1997, 18)

11.35 Puncture Wounds ★★ Showcase for the moves of mixed martial arts star Cung Le, who is here pitted against Dolph Lundgren's crime lord. (2014, 15)

1.30am Resident Evil: Extinction ★★ Routine third instalment of the action horror franchise. Milla Jovovich (2007, 15) **3.20** Movie News **3.30–6.00am Bobby** ★★★★ Period drama. **Review, p38.** William H Macy (2006, 15)

Movies4Men (48)

Freeview 49 Freesat 304 Sky 325

6.00am The Cactus Kid ★★ (1939) **7.10 North of Arizona** ★★ (1938, U) **8.20 Blazing Justice** ★★ Western. (1936) **9.30 Buck and the Preacher** ★★★ Western. (1972, PG) **11.40** Cimarron Strip **1.15pm Rachel and the Stranger** ★★★ Western. (1948) **3.10 The Sundowners** ★★★ Western. (1950, U) **5.00 Rubbers' Roost** ★★ Western. (1950)

6.45pm Age of the Gunslinger ★★ Enjoyable but cheapjy made western in which a man is out to avenge the murder of his father. Angus MacFadyen, Justin Arnold (2008, 12)

9.00 Day of Anger ★★★ Director Tonino Valerii steps out of Sergio Leone's shadow with this notable spaghetti western pairing fresh-faced Giuliano Gemma and hawk-like Lee Van Cleef. (1967, 15)

10.45 Django ★★★★ Violent, stylish spaghetti western in which an ex-soldier dispenses ruthless justice. Franco Nero (1966, 18)

12.30am The Gunslingers ★ Western. John Elliott (2009, 15) **2.20–4.00am One Damned Day at Dawn... Django Meets Sartana** ★★ Spaghetti western. Rod Flowers, Fabio Testi (1971)

Movies4Men +1 Freesat 305 Sky 326

Premiere

Sky 301 Virgin 431 BT 501 HD Virgin 431

6.00am Dragon Ball Z: Battle of Gods ★★ Animation. (2013, 12)

7.50 Finding Fixer **8.20** As 4.15pm

10.00 The Perfect Guy ★★★ Thriller. (2015, 15) **11.45** As 6pm

1.45pm As 8pm **3.45** Suicide Squad: Special **4.15 The Good Dinosaur** ★★★★ Animation. (2015, PG)

6.00pm Pan ★★★★ Eye-popping action adventure prequel. Levi Miller, Hugh Jackman, Rooney Mara (2015, PG)

8.00 Suffragette ★★★★ Inspiring drama about the fight for the female vote in the early years of the 20th century. **Choice, left.** Carey Mulligan, Helena Bonham Carter, Meryl Streep, Brendan Gleeson (2015, 12)

10.00 Infini ★★ Aussie sci-fi yarn set on a mining colony on a faraway planet. Daniel MacPherson (2014, 15)

12 midnight As 10am **1.45am** The Top Ten Show **2.00 Northwest** ★★★★ Crime drama. Declan Dysinger, Genia, Oscar Dysinger, Gene (2013, 15) **3.40** As 6am **5.30** Star Trek Beyond Special

Premiere +1 Sky 302 Virgin 432

Spies (HD)

Sky 304 Virgin 434 BT 508 HD Virgin 434

6.00am xXx: the Next Level ★★ Spy action thriller. Ice Cube, Willem Dafoe, Samuel L Jackson (2005, 12) **7.45 Spectre** As 5.25pm **10.20 The Man from UNCLE** As 8pm **12.20pm True Lies** As 10pm **2.45 Inception** ★★★★ Unusual and inventive thriller. Leonardo DiCaprio (2010, 12)

5.25pm Spectre ★★★ Sam Mendes gives in to the excesses of the 007 franchise in this epic adventure. Daniel Craig, Christoph Waltz (2015, 12)

8.00 The Man from UNCLE ★★ The Swinging Sixties TV spy series gets a frantic makeover. Henry Cavill, Armie Hammer, Hugh Grant (2015, 12)

10.00 True Lies ★★★★ Entertaining action comedy starring Arnold Schwarzenegger. Jamie Lee Curtis, Tom Arnold, Bill Paxton (1994, 15)

12.25am Inception As 2.45pm **3.05 xXx: the Next Level** As 6am **4.55** Ant-Man: Behind the Scenes **5.25** The Top Ten Show **5.40** Avengers: Age of Ultron Special

Comedy (HD)

Sky 308 Virgin 438 BT 506 HD Virgin 438

6.50am Ghostbusters Special **7.20 Dude, Where's My Car?** ★ (2000, 15) **8.50 Nutty Professor 2: the Klumps** ★★ (2000, 12) **10.45 Road Trip** ★★ (2000, 15) **12.30pm** As 8pm **2.20 Rickl and the Flash** ★★★ (2015, 12) **4.10 The 40 Year Old Virgin** ★★★ Comedy. (2005, 15)

6.10pm Sleepless in Seattle ★★★★ Beautifully crafted romantic comedy. Tom Hanks (1993, PG)

8.00 Vacation ★★ Ed Helms takes his family on a mishap-filled holiday. Christina Applegate (2015, 15)

9.45 The 40 Year Old Virgin ★★★ Sharply scripted comedy. Steve Carell, Catherine Keener, Paul Rudd (2005, 15)

11.45 Sex Ed ★★★ Comedy that has its heart in the right place. Rainey Joel Dennett, Lorenza Izzo (2014, 15)

1.25am Office Space ★★★ Satirical comedy. Ron Livingston, Jennifer Aniston (1999, 15) **3.05 Vijay and I** ★★ Comedy. Mardy Bhabhra (2013) **4.50 The Pink Panther Strikes Again** ★★★ Comedy. Peter Sellers, Herbert Lom (1976, PG)

Hits

Sky 303 Virgin 433 BT 504 HD Virgin

7.30am Harry Potter and the Prisoner of Azkaban ★★★★ (2004, U) **9.55 Harry Potter and the Goblet of Fire** ★★★★ (2005, 12) **12.35pm Harry Potter and the Order of the Phoenix** ★★★★ (2007, 12) **2.55 Harry Potter and the Half-Blood Prince** ★★★★ (2009, 12)

5.30pm Harry Potter and the Deathly Hallows: Part 1 ★★★ Doom-laden build-up to the series finale. Daniel Radcliffe (2010, 12)

8.00 Harry Potter and the Deathly Hallows: Part 2 ★★★★★ Hugely satisfying conclusion. Daniel Radcliffe, Emma Watson, Rupert Grint (2011, 12)

10.15 Harry Potter and the Philosopher's Stone ★★★★ Entertaining adaptation of JK Rowling's novel. Daniel Radcliffe (2001, PG)

12.50am Harry Potter and the Chamber of Secrets ★★★★ Fantasy adventure. Daniel Radcliffe (2002, PG) **3.40 Harry Potter and the Prisoner of Azkaban** As 7.30am

Action/Adventure (HD)

Sky 307 Virgin 437 BT 512 HD Virgin 437

6.00am Into the Storm ★★★ Drama. Richard Armitage (2014, 12) **7.40 Jaws III** ★★ Adventure. Dennis Quaid (1983, 12) **9.35** As 4.40pm **12.55pm** As 8pm **2.55** As 10.10pm **4.40 The Lord of the Rings: The Return of the King** ★★★★★ Fantasy adventure. Elijah Wood, Ian McKellen (2003, 12)

8.00pm Run All Night ★★★ Liam Neeson is in entertaining "geriaction" mode in this thriller. Joel Kinnaman, Ed Harris, Vincent D'Onofrio (2015, 15)

10.00 John Wick ★★★★ Lean, action-packed revenge thriller with Keanu Reeves as the title character, a formidable former hitman looking for revenge. (2014, 15)

11.45 Bloodsport ★★ Ultra-violent action drama. Jean-Claude Van Damme, Donald Gibb, Leah Ayres (1987, 15)

1.20am Into the Storm As 6am **3.00 Jaws 2** ★★ Action adventure. Roy Scheider, Lorraine Gary (1978, PG) **5.00** Star Trek Beyond Special **5.30** Everest Special

Crime/Thriller (HD)

Sky 309 Virgin 439 BT 509 HD Virgin 439

6.10am Mercury Rising ★★★ Thriller. Bruce Willis (1998, 15) **8.15** As 5pm **10.15** As 7pm **12.15pm The Bank Job** ★★★ Heist thriller. Jason Statham (2008, 15) **2.20 The Pelican Brief** ★★★★ Thriller. Julia Roberts, Denzel Washington (1993, 12) **5.00 Regression** ★★ Thriller. Ethan Hawke, Emma Watson (2015, 15)

7.00pm Focus ★★ Likeable but underwhelming romantic caper. Will Smith, Margot Robbie, Rodrigo Santoro (2015, 15)

9.00 Donnie Brasco ★★★★ An FBI agent befriends a low-level Mafia hood in this gritty crime drama. Al Pacino, Johnny Depp (1997, 18)

11.15 Dog Day Afternoon ★★★★ Blazing drama about a couple of inept criminals whose bungled heist turns into a hostage situation. Al Pacino, John Cazale, Charles Durning (1975, 15)

1.30am As 12.15pm **3.30 Revenge of the Green Dragons** ★★ Crime drama. Justin Chon, Kevin Wu (2013, 15) **5.15 Sam Churchill: Search for a Homeless Man** ★★ Mystery drama. John Schneider (1998)

Disney

Sky 305 Virgin 435 BT 503 HD Virgin 435

6.35am The Emperor's New Groove ★★★★ Animation. (2000, U)

8.05 As 6.35pm **9.45** As 4.25pm **11.30 Aladdin** ★★★★★ Animation. (1992, U) **1.05pm** As 8pm **2.15 into the Woods** ★★★ Musical fantasy. (2014, PG) **4.25 Tangled** ★★★★ Animation. **Choice, left.** (2010, PG)

6.15pm Inside Out ★★★★★ Ingenious, captivating and colourful adventure. Amy Poehler (2015, U)

8.00 Dumbo ★★★★★ The little elephant with the big ears takes flight in this wonderful animated classic. Edward Brophy, Herman Bing (1941, U)

9.10 The Pacifier ★★ Uneven family comedy. Vin Diesel (2005, PG)

10.50 Secretariat ★★ Tepid but good-looking true-story drama. Diane Lane, John Malkovich (2010, U)

1.00am The Black Cauldron ★★★ Animation. (1985, U) **2.30 Alexander and the Terrible, Horrible, No Good, Very Bad Day** ★★★ (2014, PG) **4.00** As 6.35am **5.30 Teacher's Pet** ★★★ (2004, U)

Drama/Romance

Sky 310 Virgin 440 BT 511 HD Virgin 440

7.25am The Top Ten Show **7.45 Cleopatra** ★★★ Drama. Elizabeth Taylor (1963, PG) **11.45 Before Sunset** ★★★★ Drama. Ethan Hawke (2004, 15) **1.10pm A Passage to India** ★★★★★ Drama. Judy Davis (1984, PG) **4.00 Hamma Mia!** ★★★★ Musical romantic comedy. Meryl Streep, Colin Firth, Pierce Brosnan (2008, PG)

6.00pm Far from the Madding Crowd ★★★ Spirited adaptation of the Thomas Hardy classic. Carey Mulligan, Matthias Schoenaerts, Michael Sheen (2015, 12)

8.00 Burnt ★★ Bradley Cooper stars as a fiery chef. (2015, 15)

9.45 Bridget Jones's Diary ★★★★ Delightful romantic comedy. Renée Zellweger, Colin Firth (2001, 15)

11.30 Flashdance ★★★ Glossy musical drama with an infectious soundtrack. Jennifer Beals (1983, 15)

1.15am Regarding Henry ★★★ Watchable drama. Harrison Ford, Annette Bening, Bill Nunn (1991, 15) **3.15 Sense and Sensibility** ★★★★★ Period romantic drama. Emma Thompson, Kate Winslet (1995, U) **5.40** The Top Ten Show

Select

Sky 312 Virgin 442 BT 510 HD Virgin 442

6.00am Broadcast News ★★★★ (1987, 15) **8.15 Charlie Wilson's War** ★★★★ Comedy drama. (2007, 15) **10.00 The Man Who Shot Liberty Valance** ★★★★★ Western. (1962, U) **12.10pm White Bird in a Blizzard** ★★★ Mystery. (2014, 15) **1.45 Quadrophenia** ★★★★ Drama. (1979, 18)

3.50pm Mistress America ★★★★★ Greta Gerwig is delightful in this witty comedy. Lola Kirke (2015, 15)

5.20 Straight Outta Compton ★★★★ Fine biopic of rap band NWA. O'Shea Jackson Jr, Corey Hawkins (2015, 18)

8.00 Pride ★★★★ Joyous and riotously funny British comedy. Bill Nighy, Imelda Staunton, Dominic West (2014, 15)

10.00 The Wild Bunch ★★★★★ Magnificent, ground-breaking western. William Holden, Ernest Borgnine (1969, 18)

12.30am Things to Do in Denver When You're Dead ★★★★ Crime drama. Andy Garcia (1995, 18) **2.30 Play Misty for Me** ★★★★ Thriller. Clint Eastwood, Jessica Walter (1971, 18) **4.15** As 10am

Family

Sky 306 Virgin 436 BT 505 HD Virgin 436

6.00am Babe: Pig in the City ★★ Comedy adventure. James Cromwell (1998, U) **7.40** As 2.40pm **9.55** As 4.55pm **11.30** As 6.30pm **1.00pm** As 8pm **2.40 Bicentennial Man** ★★ Sci-fi comedy drama. Robin Williams (1999, PG) **4.55 Maya the Bee** ★★ Animated comedy. Coco Jack Gillies (2014, U)

6.30pm Dino Time ★★ Attractive if not entirely cuddly animation. Pamela Adlon, Melanie Griffith, Tara Strong (2012, PG)

8.00 Night at the Museum: Secret of the Tomb ★★ Uneven fantasy comedy. Ben Stiller (2014, U)

9.45 Mrs Doubtfire ★★★★ Warm-hearted comedy drama in which a man disguises himself as a nanny in order to be with his children after he splits from his wife. Robin Williams, Sally Field (1993, PG)

12 midnight Muppets from Space ★★★★ Colourful sci-fi comedy adventure. J Munro Abraham, Ray Liotta, Annie MacDowell (1999, U) **1.35am** As 6am **3.20** As 9.45pm **5.30** Finding Fixer

Sci-Fi/Horror (HD)

Sky 311 Virgin 441 BT 507 HD Virgin 441

6.00am As 5pm **8.00** As 7pm **10.10** Suicide Squad Special **10.40 What Lies Beneath** ★★★ Supernatural thriller. Harrison Ford, Michelle Pfeiffer (2000, 15) **1.00pm** As 9pm **3.15** As 11.05pm **5.00 Project Almanac** ★★★ Entertaining sci-fi drama. Jonny Weston, Amy Landecker (2014, 12)

7.00pm ET the Extra-Terrestrial ★★★★★ Classic sci-fi adventure in which a lonely little boy befriends an abandoned alien. Henry Thomas, Dee Wallace, Drew Barrymore (1982, U)

9.00 Crimson Peak ★★ Sumptuous, occasionally gruesome gothic horror. Mia Wasikowska, Jessica Chastain, Tom Hiddleston (2015, 15)

11.05 Maggie ★★★★ Gripping and moving horror thriller. Arnold Schwarzenegger, Abigail Breslin (2015, 15)

12.45am What Lies Beneath As 10.40am **3.00 Friday the 13th** ★★ Horror. Jared Padalecki, Danielle Panabaker, Aaron Yoo, Amanda Righetti (2009, 18)

TCM

Sky 317 Virgin 415 BT 512 HD Virgin 416

6.00am Hollywood's Best Film Directors **6.45 Pursuit to Algiers** ★★ (1945, U) **8.05 Fort Dobbs** ★★ (1958, U) **9.50 Tall Man Riding** ★★ (1955, U) **11.35 Badman's Country** ★★ (1958, U) **1.00pm Tarzan's Three Challenges** ★★ (1963, U) **3.00 Oregon Passage** ★★ Western. (1958, U)

4.40pm The Sheepman ★★★★ Appealing comedy western. Glenn Ford, Shirley MacLaine (1958, U)

6.25 The Journey ★★ Unengaging Cold War thriller. Deborah Kerr, Yul Brynner, Jason Robards Jr (1959)

9.00 Robin Hood: Prince of Thieves ★★★★ Colourful and entertaining romp. Kevin Costner, Mary Elizabeth Mastrantonio, Alan Rickman (1991, PG)

11.50 Hard to Kill ★★★ Visceral action thriller. Steven Seagal (1989, 18)

1.45am Exorcist II: The Heretic ★★★ Horror sequel. Linda Blair, Richard Burton (1977, 18) **4.05** Conspiracy Theory **5.00** As 6.25pm

TCM +1 Sky 318 Virgin 417

SPORT Choices

Premier League Football 12.30pm *Sky Sports 1*

AFC Bournemouth v Manchester United is today's first offering, with the Cherries hoping to benefit from having livewire striker Callum Wilson fit again following a serious knee injury, suffered after he'd made a great start to Bournemouth's first ever season in the top flight. It will also be interesting to see how the Red Devils shape up as Jose Mourinho tries to build another trophy-winning squad. Arsenal v Liverpool follows (k/o 4pm). **STEVE WALL**

Sky Sports 1

Sky 401 Virgin 511 BT 402 HD Virgin 501

6.00am Football Gold (AD) **7.00** Premier League Football **9.00** The Sunday Supplement **10.30** Goals on Sunday

12.30pm LIVE Premier League Football AFC Bournemouth v Manchester United at Dean Court (kick-off 1.30), the first in this afternoon's top-flight double bill; **3.30** Live Premier League football continues with Arsenal v Liverpool (kick-off 4.00); a meeting between two of the potential frontrunners. **7.00 Pep** Profile of Pep Guardiola. **8.00 Football League** **8.30 Football Gold** **8.55 LIVE Spanish Football** Spanish Super Cup first leg, Sevilla v Barcelona (kick-off 9.00), at the Estadio Ramón Sánchez Pizjuán. **11.00 Pep** The new Manchester City manager, Pep Guardiola. **12.05am LIVE Major League Soccer** Seattle Sounders against Portland Timbers (kick-off 12.08) **2.15** Premier League Football: today's highlights **3.15** Football Gold (AD) **4.30** Premier League Football **5.30–6.00am** Premier League Legends

Sky Sports 3

Sky 403 Virgin 513 HD Virgin 503

6.00am Darts Gold (AD) **6.30** Major League Soccer

12.30pm LIVE Chinese Football Hebei China Fortune v Liaoning Whowin (kick-off 12.35), a Chinese Super League match at Inhuangdao Olympic Sports Centre Stadium. **2.20 Football Gold** **2.30 Sporting Triumphs** **3.00 LIVE Hurling** Tipperary v Galway (throw-in 3.30), an All-Ireland Senior Hurling Championship semi-final at Croke Park. **5.30 Sporting Greats** (AD) **5.45 Sporting Triumphs** **7.00 Boxing Gold** **7.30 Goals on Sunday** **8.00 Great Sporting Moments** **8.30 LIVE Major League Soccer** Chicago Fire v Orlando City, an Eastern Conference match. **10.30 Premier League Football** **11.35 Boxing** Joshua v Breazeale. **1.30am** Boxing Gold: Tszyu v Hatton **3.00** Darts Gold **4.00** Sports Unlimited **5.00–6.00am** Watersports

Sky Sports 5

Sky 435 Virgin 515 BT Vision+ 406 HD Virgin 505

6.00am Football's Greatest Teams (AD) **9.00** Wrestling **10.00** Football's Greatest Teams (AD) **11.00** Spanish Football Gold (AD)

11.20 LIVE Dutch Football Feyenoord v FC Twente in the Eredivisie, from De Kuip Stadion in Rotterdam; **1.30pm** More live Eredivisie, PSV Eindhoven v AZ Alkmaar. **3.30 Football's Greatest Teams** France from 1998 to 2000. (AD) **4.00 Wrestling** WWE grappling. **7.00 LIVE US Senior Tour Golf** The fourth and final round of the US Senior Open at Scioto Country Club in Ohio, the last Major of the season. **11.00 Wrestling** WWE action. **3.00am** Major League Soccer **5.00–6.00am** Spanish Football Gold (AD)

Sky Sports 2

Sky 402 Virgin 512 BT 403 HD Virgin 502

6.00am Cricket Classics (AD) **7.00** Cricket's Greatest (AD) **8.00** Test Cricket **10.00** Cricket Writers on TV **10.30 LIVE Test Cricket** England v Pakistan, day four in the Fourth Test at the Oval. Mohammad Amir was man of the match last time the sides played a Test here, in 2010. **7.00pm** Cricket's Greatest (AD) **8.00** Test Cricket **10.00** Hurling **12.30am** Cricket's Greatest (AD) **2.00** Test Cricket **4.00–6.00am** Cricket's Greatest (AD)

Sky Sports 4

Sky 404 Virgin 514 HD Virgin 504

6.00am Wonderful World of Golf (AD) **7.30** Sporting Greats (AD) **8.00** US Tour Golf **9.00** US Senior Tour Golf **1.00pm LIVE Air Race** Coverage of round five at Ascot Racecourse. **2.00** PGA Tour Classic **3.00 LIVE Air Race** Further coverage from the fifth round of the seasonin at Ascot. **4.00** Wonderful World of Golf **6.00** Chronicles of a Champion Golfer **8.00 LIVE US Tour Golf** The John Deere Classic, the final day at TPC Deere Run in Silvis, Illinois. **11.00** Chronicles of a Champion Golfer **12 midnight** PGA Tour Classic (AD) **1.00am** US Tour Golf **4.00** PGA Tour Classic (AD) **5.00–6.00am** Sporting Greats (AD)

Eurosport 1

Sky 410 Virgin 523 BT 412 HD Virgin 521 BT 435

7.25am Going for Gold **7.30** Rallying **8.00** Cycling **9.00** Tennis **11.00** Cycling **12 noon** Triathlon **1.00pm** Cycling **3.00 LIVE Cycling** The fourth and final stage of the Arctic Race of Norway, a 193km ride from Arctic Circle (Rana Kommune) to Bodø. **5.00** Triathlon **6.00** Cycling **7.00** Going for Gold **7.15** Eurosport News **7.20** Cycling **7.50** Eurosport News **7.55** Going for Gold **8.00** Ironman **9.00** Cycling **10.25** Triathlon **11.25** Eurosport News **11.30–1.00am** Cycling

Eurosport 2

Sky 411 Virgin 524 BT 413 HD Virgin 522 BT 436

5.15am LIVE Test Cricket Sri Lanka v Australia, day two in the Third Test, from the Sinhalese Sports Club Ground in Colombo. **7.30** Triathlon **8.00** Watts **8.30 LIVE Test Cricket** Sri Lanka v Australia, the afternoon session on day two of the Third Test. **10.10** Eurosport News **10.25** Going for Gold **10.30 LIVE Test Cricket** Sri Lanka v Australia, the concluding session on day two of the Third Test. **12.30pm** Sports Insiders **1.00** Tennis **5.00** Motorcycling **6.00** British Superbikes: round seven **7.00** World Superbikes **8.00** Cycling **9.00** Tennis **11.00** Rallycross **12 midnight** Going for Gold **12.10am** Watts **12.30–5.15am** Eurosport News

BT Sport 1

Sky 413 Virgin 531 BT 400 HD Virgin 527 BT 410

6.00am MotoGP Rewind **6.15** German Football **7.45** Motor Racing **8.45** World Rally **9.15** Last Week, This Week **9.30** Premier League Football **11.00** Scottish Football **12.30pm** Last Week, This Week **12.45** Into the Wind (AD) **1.45 LIVE French Football** Nancy v Olympique Lyonnais in Ligue 1 (kick-off 2.00), from Stade Marcel Picot; **4.00** More live Ligue 1 coverage; Nice v Rennes (kick-off 4.00). **6.00** Last Week, This Week **6.15** Global Goals: Bundesliga action **7.15 LIVE German Football** Borussia Dortmund v Bayern Munich (kick-off 7.30), for the German Super Cup. **10.00** Non-League Football **10.30** MotoGP **12.30am** Speedway **2.30** Playing for the Mob **4.00–6.00am** Australian Rules Football

BT Sport 2

Sky 414 Virgin 532 BT 401 HD Virgin 525 BT 431

6.00am Global Goals **7.00** World Rally magazine **7.30 LIVE MotoGP** Warm-ups for round ten in Austria. **9.15** MotoGP Rewind **9.30 LIVE MotoGP** The Moto3 race from the Grand Prix of Austria (start time 10.00); **11.15** The Moto2 event at Spielberg in Austria (start time 11.20). **12.45pm** Coverage of the main MotoGP race in the Grand Prix of Austria, the tenth round of the season (start time 1.00). **3.00** Speedway: from Sweden **5.00** World Rally **5.30** MotoGP **7.30 LIVE French Football** Marseille v Toulouse, Ligue 1 action from Stade Vélodrome. **9.45** French Football: triple bill **2.15am** Scottish Football **3.45** Last Week, This Week **4.00** UFC **4.30** Non-League Football **5.00–6.00am** Bowls

BT Sport 3

Sky 417 Virgin 533 BT 402 HD Virgin 529 BT 432

7.00am French Football **10.00** World Sport **10.30** Global Goals **1.30pm** Scottish Football **3.00** Classic Boxing **6.00** Australian Rules Football **8.00 LIVE Brazilian Football** Santos v Atlético Mineiro (kick-off 8.00). **10.00** All – the Fighters' Journey **11.30** Motor Racing **12.30am** German Football **2.00** Last Week, This Week **2.30** MotoGP **4.30–6.00am** German Football

BT Sport//ESPN

Sky 431 Virgin 534 BT 411 HD Virgin 530 BT 433

6.00am Major League Baseball action from last night **3.30pm** World Sport **4.00** American Football **9.00 LIVE Major League Baseball** San Francisco Giants v Baltimore Orioles (start time 9.05). **12 midnight** Major League Baseball **1.00am LIVE Major League Baseball** Chicago Cubs v St Louis Cardinals (start time 1.00). **4.00–6.00am** Boxing

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MONDAY Choices The pick of today's TV

FARM FRIENDS
Can Kate help Teg make the grade?

PICK OF THE DAY **Kate Humble: My Sheepdog and Me** *9.00pm* ***BBC2***

DOCUMENTARY Most of those clever working dogs you've seen rushing about on *One Man and His Dog* are border collies, but you may have spotted a Welsh sheepdog, identifiable mainly by their "upright" style of herding. Sadly, there are few of them left: recently their numbers had dwindled as low as 80. So Kate Humble is hoping to help continue the line by breeding her much-loved dog Teg, who is of Welsh sheepdog descent. But before she can be awarded a breeding licence, Teg must be assessed for her herding style. Although Teg "has a paw in both camps – part pet, part working dog", she does reasonably well, even if Kate is not so good, admitting "I feel that I'm letting Teg down".

For dog fanatics the details are absorbing, but surely everyone will adore the relationship between Kate and her lovely dog. And you'd need ice in your blood not to go "Aahhhh" over Teg's litter of cute puppies. **JANE RACKHAM**

See feature: page 24

Red Rock
1.45pm ***BBC2***

DAYTIME CHOICE Adrijan returns to work apparently unscathed after the hit-and-run incident and, bizarrely, is sent straight back out on traffic duty. Unfortunately, the first driver he and Sean pull over is Joan Curry, whose husband died recently in police custody. After an awkward situation at the station, Adrijan drives the grieving widow home – and they get on surprisingly well.

Meanwhile, when Paudge works out that Ollie has been beaten up by Beady he suggests they could work together as a way out for both of them. As if that's going to happen. Then a young boy arrives at the station with something he found on the bus – it's a Second World War grenade. **JR**

Alphabetical
5.00pm ***ITV***

QUIZ ***New series*** Inspired by *Alphabet Game*, the 1990s BBC quiz show, this new teatime series is presented by former *Countdown* host Jeff Stelling. It's not as jolly as, say, *The Chase* – the contestants look tense and Stelling doesn't have Bradley Walsh's sense of humour – but it's definitely fun to play along with at home.

Answers either start or end with a particular letter of alphabet, so you might be asked, "What spirit starting with T is used in a margarita?" or "What music style ending with Z did Miles Davis play?" Sound easy? It's obviously more challenging when you're standing in a TV studio playing against the clock for a £5,000 jackpot. **JR**

Wild France with Ray Mears
8.00pm ***ITV***

NATURE "There are few things in nature that beat being at the front of a small boat [surrounded by] bottlenose dolphins," enthuses Mears, clapping his hands. He's off the coast of Brittany for the last part of his French sojourn, where he also spots a floating seaweed harvester. A bit like a carwash brush, it twirls the seaweed from the ocean and plonks it onto the boat as if serving a plate of spaghetti.

Back on land Mears observes tern chicks on a shingle beach: "There's never a dull moment in a tern colony," he tells us very seriously. Maybe, but there's clearly more excitement to be had spotting peregrine falcons on the cliffs. "Beautiful!" he gasps. **JR**

Benidorm
9.00pm ***ITV***

COMEDY DRAMA This might tickle you. An episode from the 2015 series, not the awful run earlier this year. At this juncture, the Garveys have just bid a poignant adiós and there's a welcome return for Elsie Kelly as daffy Noreen (who'd missed a series when this was first run) and for Johnny Vegas, back after five years away, as her son, Geoff, aka "the Oracle". An inveterate quiz-champ, he's in an especially obnoxious temper.

Clive's ultra-crude sister Terri also shows up and gets the hots for Mateo, while Joyce (Sherrie Hewson) demands Botox from Kenneth – and lives to regret it. A cartoonish edition that's almost a return to vintage form. **PATRICK MULKERN**

THE WEEK IN SOAPLAND

CORONATION STREET
An increasingly agitated Steve (right) breaks the news to Michelle that he doesn't want to have a baby... just as she's planning to tell him that she's pregnant. As for Leanne (also expecting Steve's child), well, she's decided that a life away from Weatherfield is her option and plans on moving to Liverpool to be with Toyah. Gary admits to Izzy that he isn't after a physical relationship, while Maria kicks Caz out after a big bust-up.

EMMERDALE
Everyone is typically off the pace when it comes to spotting mental health problems. Hence Belle catching the Dingles out when her fake pregnancy secret is blown. Charity's up to her old tricks, roping in Cain for her latest scam. Carly admits her true feelings for Marlon and jailbird Frank's family tree turns out to be surprisingly complex.

EASTENDERS
Two Walford villains finally get their comeuppance – a verdict is reached at Dean's trial and someone gets revenge on Babe. We also have Denise and Kush seeing each other in secret, Patrick bonding with Claudette, while Carmel gets the market enforcement officer job. Something tells me she'll be a very different kind of boss to Tamwar. **DAVID BROWN**

The Big Fat Quiz of Everything
9.00pm ***C4***

QUIZ Can you name three things that Alanis Morissette thought were ironic? That's the kind of pop-culture question to expect from tonight's new twist on C4's long-running celebri-quiz. It used to be an annual festive treat looking back on the year, but now Jimmy Carr has widened his brief to take in "100,000 years of human history".

Firing up their laughter-burners will be panelists including Mel Giedroyc, David Mitchell, Bob Mortimer and Claudia Winkleman. **DAVID BUTCHER**

One Punch Killers
10.00pm ***Channel 5***

DOCUMENTARY Aaron Roach Bridgeman examines lives devastated by a single blow. No stranger to youthful dust-ups himself, he follows a number of sobering cases in which one punch, thrown in the midst of a drunken argument, unprovoked, or in response to racist abuse, has killed.

He talks to the relatives of victims, now campaigning for sentences to be increased. As one victim, Nick Hendry, who spent a month in a coma, says, "Whether it's a gun or a fist, it's a life." **ES**

No Man Left Behind
10.00pm ***National Geographic***

DOCUMENTARY ***New series*** "All those bad images are stuck in your head and if you don't have the ability to stick them in a drawer and put a lock on it, it's going to bring you down," says SAS man Chris Ryan, of the ill-fated 1991 Bravo Two Zero mission into Iraq. As the only one to escape, he has a lot of bad images.

Attempting to reach the Syrian border, five of the unit "disappeared" one night, others died of hypothermia or were captured. Although well documented in subsequent books, it's chilling to hear it first hand. **JR**

GO GIRL
Can Keri-Anne Payne better her silver at London 2012?

Swimming: Women's 10km Marathon
from 12.50pm ***BBC2***

Lunchtime heaven! An Olympic event since 2008, the 10km swim is now a standalone discipline. In today's women's race, Team GB's Keri-Anne Payne will be part of a 25-strong field racing off Copacabana beach.

Not the time to get a Barry Manilow earworm; there's too much to concentrate on. The race will take around two hours, with plenty else to dip into: there's **badminton doubles** action (12.30pm); Dina Asher-Smith in the first round of the **women's 200m** (1.35pm); and Charlotte Dujardin in the **individual dressage** (2pm red button, 4.15pm BBC1). Also from 2pm on BBC4, cycling Brits Laura Trott and Mark Cavendish saddle up for the mind-boggling **omnium**. **EMMA STURGESS**

OTHER GOLDS TODAY

ATHLETICS **Women's Steeplechase** *3.15pm*, **Women's Hammer** *2.40pm*, **Men's Pole Vault** *12.35am*, **Men's 800m** *2.25am*, **Women's 400m** *2.45am* **BOXING** **Men's Heavyweight** *11.15pm* **CYCLING** **Men's Omnium** *2.21pm*

EQUESTRIAN **Dressage Individual** *2pm*
GYMNASTICS **Men's Rings** *6pm*, **Women's Beam** *6.45pm*, **Men's Vault** *7.30pm*
SAILING **Men's Laser** *5pm*, **Women's Laser Radial** *6pm*
WEIGHT-LIFTING **Men's 105kg** *7.30pm*
WRESTLING **Men's 85kg** *9.30pm*, **Men's 130kgn** *10.30pm*

DISCOVER TV PICK

Today's best of BBC3, iPlayer, Netflix and beyond

Crossing England in a Punt
iPlayer

No presenter says "eccentric BBC4 documentary" more emphatically than Tom Fort, author of *A303: Highway to the Sun*. He gets in a rowboat and travels along the Trent, picking up historical stories as he goes. Last chance to catch his thoughtful film today.

CHILDREN'S CHOICE

Jamillah and Aladdin
5.35pm ***CBeebies***

As the series returns, the Vizier bans fun when the Sultan's nightingale dies. It's up to Jamillah to prove to the Sultan he can be happy again.

■ **Tree Fu Tom** *5pm* ***CBeebies*** Tom and Twigs trek to the Red Rock Canyon.

MORE LIVE SPORT

■ **Premier League Football: Chelsea v West Ham United** *7pm (k/o 8pm)* ***Sky Sports 1*** Club stalwart Mark Noble skippers the Hammers in a transitional season.
■ **Cricket: England v Pakistan, Fourth Test, day five** *10.30am* ***SS2***; *7pm (highlights)* ***Channel 5***
■ **Cincinnati Tennis, day one: ATP Masters** *4pm, 12 midnight* ***Sky Sports 3***; **WTA Open** *4pm* ***BT Sport 1***

FILM OF THE DAY

Enemy of the State
9.00pm ***Sky1***

Hi-tech thriller as lawyer Will Smith gets caught up in a murder – and a conspiracy to cover it up. **See page 37**

PA, ALAMY, GETTY

MONDAY Main Channels

BBC1

6.00am Olympic Breakfast
Presented by Charlie Stayt and Louise Minchin. Replay of last night's action from 9.15am on BBC2, followed by open water swimming and athletics. (S) (HD)

9.15 Countryside 999
A woman who's been attacked by a bull. (R) (S) (AD) (HD)

10.00 Homes under the Hammer
Properties in the Midlands and North East. (R) (S) (AD) (HD)

11.00 Wanted Down Under
Three teenagers and their parents sample life in Melbourne for a week. (R) (S) (AD) (HD)

11.45 The Housing Enforcers
Matt Allwright travels to Clacton-on-Sea to inspect a flat conversion with serious damp issues.
Repeated tomorrow 7.45am BBC2 (Revised rpt) (S) (HD)

12.15pm Bargain Hunt
Two teams in Cardiff attempt to make a profit.
Director Ben Hewish; Series producer Andrew Lester (S) (AD) (HD)

1.00 BBC News Regional News; Weather (S) (HD)

1.45–6.00 Olympics 2016

1.45 Open Water Swimming and Athletics
Continuing coverage of the women's open water 10km. Great Britain's Keri-Anne Payne, who just missed out on a medal in London four years ago, will be hoping she's in a good position to take on the leaders at this stage of the swim. **See choice, p65.**
Back in the athletics stadium, finals in the women's 3,000m steeplechase and hammer will be taking place. The men will also be taking to the track for the first rounds of the steeplechase and 400m hurdles. Presented by Hazel Irvine, with Gabby Logan. (S) (HD)
Athletics
2.25 Men's steeplechase round one
2.40 Women's hammer final
3.15 Women's steeplechase final
3.30 Men's 400m hurdles round one
Commentary by Steve Cram, Brendan Foster, Andrew Cotter and Steve Backley, with guests Michael Johnson, Denise Lewis, Paula Radcliffe and Colin Jackson.

4.15–6.00 Equestrian and Badminton
Olympic and world champion dressage rider Charlotte Dujardin from Great Britain goes for individual gold once more, as she undertakes the dressage grand prix freestyle at **4.15** with her equine "dancing partner" Valegro, the record-breaking star of London 2012.
Plus coverage of the badminton men's and women's doubles quarter-finals as the contenders vie for places in the next round. Presented by Hazel Irvine, with Lee McKenzie. Switch to BBC2 at 6pm for live gymnastics, including the men's rings and the men's vault finals. (S) (HD)

6.00 BBC News Weather (S) (HD)

6.30 Regional news magazines (S)

7.00–8.00 Olympics 2016

7.00 Gymnastics
The battle for gold in the men's vault continues, then all eyes will be on Simone Biles, the USA's two-time world champion on the beam. (S) (HD)
7.42 Women's beam final
Commentary from Craig Heap and Christine Stil, with guest Beth Tweddle. Coverage of the gymnastics continues on BBC2, plus the men's omnium cycling.

8.00 EastEnders
Ronnie discovers Roxy has written to Dean.

Ronnie Mitchell	Samantha Womack	Linda Carter	Kellie Bright
Roxy Mitchell	Rita Simons	Dot Branning	June Brown
Denise Fox	Diane Parish	Martin Fowler	James Bye
Kush Kazemi	Davood Ghadami	Sonia Fowler	Natalie Cassidy
Ben Fowler	Jasmine Armfield	Nick Carter	Danny Dyer
Babe Smith	Annette Badland	Kim Branning	Lorna Fitzgerald
Vincent Hubbard	Richard Blackwood	Masood Ahmed	Nitin Ganatra
Pam Coker	Lin Blakley	Donna Yates	Lisa Hammond
Tina Carter	Luisa Bradshaw-White	Lee Carter	Danny-Boy Hatchard
Jane Beale	Laurie Brett	Shakil Kazemi	Shaheen Jafargholi

Writer Jeff Povey. This week's episodes directed by Lance Kneeshaw. Executive producer Sean O'Connor. Further cast on Thursday.
Satellite and cable viewers can watch a repeat at 10pm on W (S) (AD) (HD)
Soapland: page 64

Equestrian 4.15pm Since winning individual and team dressage gold in London 2012, Charlotte Dujardin and Valegro have swept all before them, claiming an unprecedented fourth consecutive world title last year

8.30–10.00 Olympics 2016

8.30 Track Cycling
Action from the Velodrome, including the points race of the men's omnium, featuring Mark Cavendish, and the second event of the women's omnium, the individual pursuit, in which 2012 Olympic champion Laura Trott will be hoping to make her mark. Clare Balding hosts. The track cycling coverage continues on BBC2. (S) (HD)

10.00 BBC News Regional News; Weather (S) (HD)

10.45–4.00am Olympics 2016

10.45 Olympics Round-up
Mark Chapman and Clare Balding present the latest news from the Games. (S) (HD)

11.00 Boxing
Clare Balding and John Inverdale introduce tonight's boxing finals, as the men's heavyweights go head to head. With commentary from Ronald McIntosh and Richie Woodhall. Analysis by Anthony Joshua. (S) (HD)

12 midnight Athletics
Barring any major upsets, American world champion Allyson Felix, the clear favourite in the 400m, should be in action in tonight's final. Britain's Christine Ohuruogu, the 2008 Olympic gold medallist, will be aiming to put her under pressure, although the Bahamas' Shaunae Miller will also be one to watch following her silver medal at the 2015 World Championships in Beijing.
Meanwhile, Kenyan David Rudisha, who broke the 800m world record in stunning style in 2012, will be hoping to produce some of the same magic in the final of that event. Presented by Jason Mohammad, with Gabby Logan. (S) (HD)
12.30am Women's discus qualifier
12.35 Men's pole vault final
12.40 Men's 110m hurdles round one
1.30 Women's 400m hurdles round one
2.25 Men's 800m final
2.45 Women's 400m final
Commentary by Steve Cram, Brendan Foster, Andrew Cotter and Steve Backley, with guests Michael Johnson, Denise Lewis, Paula Radcliffe and Colin Jackson.

3.00–4.00am Beach Volleyball
Coverage moves to Copacabana beach for the men's quarter-finals in the beach volleyball. (S) (HD)

4.00am Weather for the Week Ahead (S) (HD)

4.05–6.00am BBC News (S) (HD)

Freeview 1 Freesat 101 Sky 101 Virgin 101
HD BBC1 HD Freeview 101 Freesat 106 Sky 175 Virgin 108

BBC4

1.00pm–2.00am Olympics 2016

1.00pm Athletics, Swimming and Canoeing
News from the final stages of the women's open water 10km race, and updates from the ongoing athletics.
Plus there's plenty of canoeing action. (S) (HD)
Canoeing
1.00 Men's C1 1,000m heats
1.24 Women's K2 500m heats

2.00 Athletics, Track Cycling and Canoeing
More updates from the athletics and canoeing events. At the Velodrome, Laura Trott continues her title defence in the women's omnium. (S) (HD)
Track Cycling
2.00 Women's sprint last 16
2.21 Men's omnium time trial
2.50 Women's sprint repechages
2.59 Women's omnium scratch race

3.30 Hockey and Badminton
Action and results as the quarter-finals of the women's hockey get under way. Plus results from the badminton men's doubles quarter-finals, and the start of play in the women's doubles quarter-finals at **3.30**. (S) (HD)

4.00 Hockey and Sailing
The women's hockey quarter-finals continue at **4.30**, while the medals are decided in the finals of the women's laser radial at **5.05**. Introduced by Ore Oduba, with Shirley Robertson. (S) (HD)

6.00 Sailing, Handball and Volleyball
On the water it's the men's laser final plus coverage and results from the men's handball and volleyball. Hosted by Dan Walker, with Shirley Robertson. (S) (HD)
Sailing
6.05 Men's laser final
Handball
6.40 Men's preliminary matches

8.00 Beach Volleyball and Badminton
Action from Copacabana beach and the Riocentro Pavilion 4. Introduced by Dan Walker. (S) (HD)
Beach Volleyball
8.00 Men's quarter-final
Badminton
9.30 Men's singles last-16 matches

10.00–2.00am Hockey and Weightlifting
Continued hockey action from the women's quarter-finals at **10.00**. Then it's the final of the men's 105kg weightlifting at **11.00**. Dan Walker presents. (S) (HD)

2.00am Britain on Film: Times of Change Exploring social anxieties between 1959 and 1969. (R) (S)
2.30 Sounds of the Sixties With the Kinks, the Who, the Small Faces and the Bonzo Dog Doodah Band. (R) (S)
3.00–4.00am The Riviera: a History in Pictures 2/2
How art and celebrity became intertwined. (R) (S) (HD)

Freeview 9 Freesat 110 Sky 116 Virgin 107
HD BBC4 HD Freeview 106 Freesat 107 Virgin 163

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BBC2

6.00am Paul Martin's Handmade Revolution Glass-blowing in Stourbridge. (R) (S) (HD)
6.45 Homes under the Hammer Properties in Cornwall, Kent and Durham. (R) (S) (HD)
7.45 The Housing Enforcers Properties trashed by their tenants. Shown last Friday BBC1 (S) (HD)
8.15–9.15 Sign Zone Kangaroo Dundee and Other Animals: Natural World 1/2. A man who rescues and raises orphaned kangaroos in the outback. (R) (S) (AD)
9.15 Olympics 2016 Highlights Action from day nine, including the men's 100m final. Jason Mohammed presents. (S) (HD)
12.50pm Olympics 2016 Team GB's Keri-Anne Payne goes for gold in the women's 10km open-water swimming at **1.00**. Plus athletics with the men's triple jump qualifying at **1.30** and the first round of the women's 200m at **1.35**. Continues on BBC1. **See choice, p65.** (S) (HD)
1.45 Red Rock As the Garda station is evacuated, Paudge hopes to benefit from another's misfortune. **See page 64.** (S) (AD) (HD)
2.30 The Edge Quiz. (R) (S) (HD)
3.15 Escape to the Country A couple seek a home in the Wiltshire countryside. (R) (S) (AD) (HD)
4.00 The Great Antiques Map of Britain Visiting the Hay-on-Wye festival. Tim Wonnacott finds a curious item related to pit ponies. (R) (S) (HD)
4.30 Flog It! At Ickworth House, Suffolk. (R) (S) (HD)
5.15pm Pointless Quiz show with Alexander Armstrong. (R) (S) (HD)
6.00 Olympics 2016 The focus is on artistic gymnastics in the Rio Olympic Arena, with the men's rings final from **6.00**, and at **6.52** the men's vault final. Continues on BBC1. (S) (HD)
7.00 Eggheads Jeremy Vine hosts the weekday quiz. (S) (HD)
7.30 University Challenge Teams from Emmanuel College, Cambridge and the University of Nottingham compete for a place in the second round. Jeremy Paxman hosts.
Director Tracey Roones; Producer Irene Daniels (S) (HD)
8.00 Olympics 2016 Coverage of the conclusion of the women's artistic gymnastics beam final. Plus the men's track cycling continues at the Rio Olympic Velodrome with the omnium flying lap from **8.00**. Presented by Clare Balding. Cycling continues on BBC1. (S) (HD)
8.30 Only Connect Three kortball players take on members of a family from Guernsey to identify the oblique connections between groups of four items. Host Victoria Coren Mitchell reveals the answers.
Series director Siôn G Lloyd; Series producer Jenny Hawker (S) (HD)
9.00 Kate Humble: My Sheepdog and Me *New series. 1/3.* The broadcaster sets out to breed Welsh sheepdog puppies from her beloved pet Teg, and learns about the threat facing British herding dogs. **See page 64.**
Director/Producer Raquel Toniolo
First shown on BBC Wales (S) (AD) (HD)
See feature: page 24
10.00 Olympics 2016 Track cycling coverage from the Rio Olympic Velodrome. The men's omnium draws to a close with the points race scheduled to finish at **10.15**. The women's omnium elimination race follows at **10.17**. (S) (HD)
10.45 Newsnight With Evan Davis. (S) (HD)
11.15 Weather (S) (HD)
11.20 Robot Wars
4/6. Featuring teams of holiday camp staff and engineering students. **See choice, p55.**
Shown yesterday 8pm (S) (HD)
12.20am The Super League Show The Super 8s. (S)
1.00–3.05am Sign Zone 1.00 Full Steam Ahead 3/6 How railways transformed the British diet. (R) (S) (AD)
2.00 Imagine... Artist Cornelia Parker delves deep into the history, cinema and art of America. (R) (S)

Freeview 2 Freesat 102 Sky 102 Virgin 102
HD BBC2 HD Freeview 102 Freesat 102 Sky 102 Virgin 162

ITV

6.00am Good Morning Britain (S) (HD)
8.30 Lorraine Entertainment and fashion. (S) (HD)
9.25 The Jeremy Kyle Show (R) (S) (AD)
10.30 This Morning With Eamonn Holmes and Ruth Langsford. Including **Regional Weather** (S) (HD)
12.30pm Loose Women Coronation Street actor Catherine Tyldesley (Eva Price) guests. (S) (HD)
1.30 ITV Lunchtime News Regional News; Weather (S)
2.00 Judge Rinder Real-life disputes. (R) (S) (HD)
3.00 Secret Dealers Items include a 19th-century portrait, a Minton dessert service and a Gucci watch. (R) (S) (HD) Followed by **Regional Weather**
4.00 Tipping Point With Ben Shephard. (R) (S) (HD)
5.00pm Alphabetical
RT *New series. 1/10.* Jeff Stelling hosts a quiz in which contestants answer questions based around letters of the alphabet to win a jackpot that rolls over when it is not won. **See page 64.**
Director Richard van't Riet; Series producer Jim Connolly (S) (HD)
6.00 Regional News Weather (S)
6.30 ITV Evening News Weather (S)
7.00 Emmerdale
Moira confesses to James that she still has feelings for Cain. David's latest attempt to propose to Tracy is interrupted by bad news.
Writer Owen Lloyd-Fox. This week's episodes produced by Iain MacLeod, directed by John Anderson, Simon Ferguson and David Kester. Cast Tuesday/Thursday.
Repeated ITV2 tomorrow 8am and 12.05pm (S) (AD) (HD)
Soapland: page 65
7.30 Coronation Street
Aidan tells Maria that last night was a mistake. Robert advises Nick to sort out his relationship with Leanne. Continues at 8.30pm.
Writer Ben Tagoe. This week's episodes produced by Kate Oates, directed by Ian Bevitt. Cast Wednesday/Friday.
Repeated ITV2 tomorrow 8.30am and 12.45pm (S) (AD) (HD)
Soapland: page 64
8.00 Wild France with Ray Mears
RT *6/6. Brittany.* The survivalist ends his French adventures on the west coast of Brittany, exploring its rugged coastline and the islands just off it. At sea, he gets up close to dolphins and seals and catches sight of the fastest bird of them all. **See page 64.**
Series director Phil Coles; Series producer Beth Sowersby (S) (HD)
8.30 Coronation Street
Nick's flirting with a hen party irritates Leanne. Gary's reluctance to go home with Izzy upsets her.
Writer Jonathan Harvey
Repeated ITV2 tomorrow 9am and 1.15pm (S) (AD) (HD)
9.00 Benidorm
RT Series 7. A suspicious Joyce confronts Kenneth about his customers' youthful appearance. The Oracle looks like he could be a contender at Lesley's darts night, but will his mum turn out to be help or hindrance? **See p65.**

Clive	Perry Benson	Noreen	Elsie Kelly
Mateo	Jake Canuso	Kenneth	Tony Maudsley
Jacqueline	Janine Duvitsi	Tiger	Danny Walters
Garth	Adam Gillen	The Oracle	Johnny Vegas
Les/Lesley	Tim Healy	Glynn	Alan David
Joyce	Sherrie Hewson	Teri	Charlotte Eaton

Writer Derren Litten; Director David Sant
Producer Lucy Armitage (R) (S) (AD) (HD)
10.00 ITV News at Ten Weather; Regional News and Weather (S)
10.40 The Chase
Bradley Walsh presents as four contestants work as a team to take on quiz genius the Chaser.
Series producer David Hall; Exec producer Martin Scott (R) (S) (HD)
11.40 Britain As Seen on ITV
3/6. Britain Always Had Talent. The nostalgic trawl through the ITV archives over six decades focuses on talent, including footage of a search for budding singers in 1960s Wales.
Director/Series producer Richard Mortimer (R) (S)
12.30am Jackpot247 Interactive gaming.
3.00 The Jeremy Kyle Show (R) (S) (SL)
3.55 Nightscreen Text information. (HD)
5.05–6.00am The Jeremy Kyle Show (R) (S) (SL) (HD)

Freeview 3 Freesat 103 Sky 103 Virgin 103
+1 Freeview 33 Freesat 112 Sky 131 Virgin 114
HD ITV HD Freeview 103 Freesat 121 Sky 178 Virgin 113

Channel 4

6.15am 3rd Rock from the Sun (R) (S) (AD)
7.05 Everybody Loves Raymond (R) (S)
8.00 Frasier Double bill. (R) (S) (AD)
9.00 The Big Bang Theory (R) (S) (AD) (HD)
10.00 The Simpsons (R) (S) (AD)
11.30 Come Dine with Me In Sheffield. (R) (S) (HD) Including **News** at **12 noon** (S) (HD)
2.10pm Obsessive Compulsive Cleaners A zoo keeper receives help. (R) (S) (HD)
3.10 Countdown With Charlie Stayt. (S) (HD)
4.00 Three in a Bed B&B owners in Somerset and Northumberland. (R) (S) (HD)
5.00 Couples Come Dine with Me Three soirées in Berkshire. (R) (S) (HD)
6.00pm The Simpsons
Stealing First Base. Bart decides to steal a kiss from his crush. (R) (S) (AD) (HD)
6.30 Hollyoaks
Freddie hopes to impress Ellie.
Writer Gareth Lemon. This week's episodes directed by Gr Fl Rowland. Cast Tuesday/Thursday.
Shown last Friday E4 #pt1 tomorrow 6.45am E4
The next episode follows on E4 (S) (AD) (HD)
7.00 Channel 4 News Sport; Weather (S) (HD)
8.00 The Great Housing Scandal
With home ownership in England at a 30-year low, Dispatches reporter Harry Wallop looks at the failure to build enough affordable homes in the UK.
Director Jane Feltner; Executive producers Chris Shaw, George Baldwin #pt1 Thu 2.05am (S) (HD)
8.30 Superfoods: the Real Story
Kate Quilton visits Los Angeles to find out if avocados can turn burgers into a healthy option. Then in Sweden, she explores cinnamon's potential role in the fight against type 2 diabetes.
Director George Harris; Series producer Paul O'Connor #pt1 Wednesday 2.25am 4seven (S) (AD) (HD)
9.00 The Big Fat Quiz of Everything
RT *New series. 1/3.* Jonathan Ross, Mel Giedroyc, Kristen Schaal, David Mitchell, Bob Mortimer and Claudia Winkleman face questions on, well, just about anything from the last 100,000 years of human history. Hosted by Jimmy Carr. **See page 65.**
Series producer Ben Knappett. Repeated Thursday 9pm 4seven and Friday 10.35pm C4 (S) (HD)
10.30 Naked Attraction
Ep 4. Sapphire and Kieron are the singletons each choosing a date from a selection of six naked people, who will be revealed one body part at a time.
Series producer Andy Charles Smith; Exec producers Mike Cotton and Tim Harcourt. #pt1 Wed 10.30pm 4seven and Thursday 12.05am C4 (S) (AD) (HD)
11.35 Tattoo Fixers on Holiday
3/8 Series 3. Visitors to the parlour include a Cher impersonator whose dedication led to a mishap on her hip.
Director Oli Tridgell; Series producer Lucie Raby
Shown last Tuesday E4 (S) (AD) (HD)
12.35am Bodyshockers: Nips, Tucks and Tattoos Featuring a DIY inking. (R) (S) (AD) (HD)
1.30 The Three Day Nanny *Ep 3 Series 3* A single mum with four children under three.
Shown last Wednesday (S) (HD)
2.25 One Born: What Happened Next? Revisiting memorable parents. (R) (S) (HD)
3.20 Grand Designs Australia Photographer Ralph creates a dream bachelor pad. (S) (HD)
4.20 Location, Location, Location House-hunting in Derby. (R) (S) (SL) (HD)
5.15 Kirstie's Fill Your House for Free Transforming a living room. (R) (S) (HD)
5.35–6.15am Countdown (R) (S) (HD)

Freeview 4 Freesat 104 Sky 104 Virgin 104
+1 Freeview 11 Freesat 121 Sky 135 Virgin 140
HD C4 HD Freeview 104 Freesat 104 Sky 221 Virgin 142

Channel 5 listings are overleaf plus 29 more Freeview channels

Regional variations

ITV CHANNEL
12.10–3.00am Nightscreen

S4C
Freesat 120 Sky 104 Virgin 166
7.00am Cyw (S)
1.00pm Newyddion (S)
1.05 Heno (S)
2.00 Prynhawn Da (S)
2.55 Newyddion (S)
3.00 Cres Cymru
Fodern (S)
4.00 Avel Fawr (S)
5.00 Stwnsh (S)
6.00 Pobol y Cwm
Cadno is glad to be back in her own home. With English subtitles
6.25 Newyddion (S)
6.30 Sgorio: action from the first weekend of the new Welsh Premier League season
7.00 Heno: weekday magazine show (S)
8.00 Pobol y Cwm
Mark has an accident as he tries to complete work on the house (S)
8.25 Cefn Gwlad: an archive programme from 1992 that follows Dai Jones, Llanilar as his Welsh black bull wins the Queen Mother's Cup at Smithfield (S)
9.00 Newyddion (S)
9.30 Ffermio: country and farming magazine programme (S)
10.00 Gwlad Moc: journeys with veteran broadcaster Moc Morgan, beginning at at Llyn Clywedog, a favourite fishing spot in Powys (S)
10.30–11.35
Yr Amalwch: John Pierce Jones travels to the Atacama Desert in South America, so dry that in some parts bacteria cannot grow (S)

RT Choice
4 Family viewing
Red button coverage (R) Repeat (S) Subtitles (SL) Signing (AD) Audio description (HD) High definition (W) Film in widescreen (BW) Black and white

Films Premiere
Star Ratings
★★★★★ Outstanding
★★★★ Very good
★★★ Worth watching
★★ Could be worse
★ Poor

MONDAY Freeview

Channel 5 (5)

One Punch Killers 10.00pm Therese's son was killed by a single punch

Freeview 5 Freesat 105 Sky 105 Virgin 105
HD Freeview 135 Freesat 105 Virgin 150

5.40am Milkshake! See page 71

9.15 New. The Wright Stuff Debate. (HD)

11.15 Cowboy Builders A family with a leaky shower. (S) (HD) **12.10pm News** (S) (HD)

12.15 Celebrity Big Brother Highlights. Shown yesterday 9pm. Rptd 2pm/5pm 5 Star (HD)

1.15 Home and Away Shown last Friday on 5 Star. Repeated 6pm on CS (S) (AD) (HD)

1.45 New. Neighbours Rptd 5.30pm (S) (AD) (HD)

2.15 NCIS 2/23 Series 1. The team must determine if foul play was an issue when a marine's parachute failed to open. (S) (AD)

3.10 Millionaire Mystery: The Ultimate Gift P ★★ Drama starring Drew Fuller. A trust-funded 20-something accepts a series of challenges laid out in his grandfather's will. Director Michael O Sabel (2007) (S) (AD) (HD)

5.00pm 5 News (S) (HD)

5.30 Neighbours
Terese sets out to disrupt Paul's meeting. Shown 1.45pm. Repeated 6pm 5 Star (S) (AD) (HD)

6.00 Home and Away
Josh cuts off all contact with Evie. Shown 1.15pm. Next episode 6.30pm 5 Star (S) (AD) (HD)

6.30 5 News Tonight (S) (HD)

7.00 New. Test Cricket
Highlights from day five of the Fourth Test between England and Pakistan, as the series concludes at the Oval. Mark Nicholas presents, with commentary and analysis from Geoffrey Boycott, Michael Vaughan and Simon Hughes. (S) (HD)
Followed by **5 News Update** (S) (HD)

8.00 Police Interceptors Unleashed
Vinnie Jones presents more memorable moments from the series. Mac pulls over a car and finds a box full of cannabis, an interceptor team finds a lock-up for stolen cars, and a car thief shows scant respect for the rules of the road.
Director/Producer Bob Gowing (S) (HD)
Followed by **5 News Update** (S) (HD)

9.00 New. Celebrity Big Brother
The latest highlights from the house. Rptd tomorrow 12.55pm CS and 2pm 5 Star (S) (HD)

10.00 New. One Punch Killers
RT With fatal one-punch attacks on the rise, Aaron Roach Bridgeman hears from victims, families and perpetrators as he tries to understand what lies behind the violence. **See page 65.**
Director/Producer Nathaniel Lippett
Repeated tomorrow 9pm 5 Star (S) (HD)

11.05 New. Celebrity Big Brother's Bit on the Side
Rylan Clark-Neal presents. (S) (HD)

12.05am Can't Pay? We'll Take It Away! (S) (HD)
1.00 New. SuperCasino **3.10** Person of Interest **17/22** Series 2 (S) (HD) **4.00** Criminals: Caught on Camera (S) (AD) (HD) **4.45** HouseBusters (S) (AD) (HD) **5.10–6.00am** House Doctor (S) (AD)

+1 Freeview 44 Freesat 128 Sky 117 Virgin 155
My5 Freeview 55 Freesat 133 Sky 175 Virgin 152

BBC4 listings are overleaf
BBC3 is now online – for highlights see Choices p65 and Discover TV p42

ITV2 (6)

American Dad! 10.00pm Pilot episode of the comedy about the Smith clan

F'view 6 F'sat 113 Sky 118 Virgin 115 HD Virgin 176

6.00am Planet's Funniest Animals (S)
6.20 Dinner Date (S) (HD) **7.10** The Ellen DeGeneres Show (S) (HD) **8.00** Emmerdale (S) (AD) (HD) **8.30** Coronation Street (S) (AD) (HD) **9.30** Psych (S) (HD) **10.20** Royal Pains (S) (HD) **11.15** Dinner Date (S) (HD)
12.15pm Emmerdale Shows last Friday ITV (S) (AD) (HD) **12.45** Coronation Street Shows last Friday ITV (S) (AD) (HD) **1.45** The Ellen DeGeneres Show (S) (HD) **2.35** The Jeremy Kyle Show (S) (HD) **3.50** Take Me Out (S) (HD)
7.00pm You've Been Framed! Gold
Harry Hill provides the narrative to comical mishaps filmed by viewers.
7.30 Pranks and painful-looking accidents.
8.00 Two and a Half Men
9/16 Series 8. Lindsey's ex-husband Chris starts to stalk Alan. (S) (HD)
8.30 10/16. Courtney hooks up with Charlie after she is released from prison. (S) (HD)
9.00 Family Guy
Series 14. Stewie becomes addicted to ADHD medication. (S) (AD) (HD)
9.30 Series 10. The Griffins become millionaires after Peter blows his life savings on lottery tickets. (S) (AD) (HD)
10.00 American Dad!
Series 1. The pilot episode. CIA agent Stan Smith rigs the student council elections to help his son Steve get noticed. (S) (AD) (HD)
10.30 Francine gets a job. (S) (AD) (HD)
11.00 Family Guy
Series 10. Brian turns to substance abuse to calm his nerves when a storm hits.
11.30 New. Bordertown
10/13. When a wildfire threatens Mexifornia, Bud refuses to evacuate, leaving Ernesto to come to the rescue when the house begins to burn. (S)
12 midnight The Cleveland Show (S) (AD) (HD) **12.55am** Two and a Half Men (S) (HD) **1.20** The Vampire Diaries (S) (AD) (HD) **2.15** The Hot Desk: Blue (S) **2.25** Home Shopping **5.55–6.00am** Nightscreen (HD)

ITV2+1 Freeview 27 Freesat 114 Sky 180 Virgin 116

Dave (12)

Freeview 12 Sky 111 Virgin 127 HD Virgin 194

7.00am The Indestructibles (HD) **7.20** Scrapheap Challenge **8.10** Soapbox Race (HD) **9.00** Lizard Lick Towing (S) (HD) **10.00** American Pickers (S) (HD) **11.00** Storage Hunters UK (S) (HD) **11.30** Storage Hunters (S) (HD)
12 noon Top Gear (S) (AD) **1.00pm** American Pickers (S) (HD) **2.00** World's Most Dangerous Roads (S) (HD) **4.00** Lizard Lick Towing (S) (HD) **5.00** Soapbox Race (HD)
6.00pm Top Gear Citroën's C2. (S) (AD)
7.00 American Pickers Mike and Frank explore a musician's warehouse. (S) (HD)
8.00 GI XL With Sarah Millican. (S) (HD)
9.00 Would I Lie to You? Jo Brand, Roisin Conaty, Paul Foot and Ray Mears guest. (S) (HD)
9.40 Mock the Week With guests Rob Beckett, Ed Byrne and Chris Ramsey. (S) (HD)
10.20 QI Topics include custard and Cardiff. (S)
11.00 With Doon Mackichan. (S)
11.40 Would I Lie to You? at Christmas With Rachel Riley and Ricky Tomlinson. (S) (HD)
12.20am Mock the Week (S) (HD) **1.00** QI (S) **2.20** Mock the Week (S) **3.00–4.00am** Russell Howard's Good News Extra (S) (HD)

Dave Ja Vu Freeview 84 Sky 214 Virgin 219

ITV3 (10)

Case Sensitive 10.00pm Can Zailer solve a mysterious double killing?

F'view 10 F'sat 115 Sky 119 Virgin 117 HD Virgin 177

6.00am Movies Now (HD) **6.10** In Loving Memory (S) **6.35** Heartbeat (S) **7.35** Where the Heart Is (S) (AD) **8.40** The Royal (S) (AD) **9.40** Judge Judy: triple bill (S) (HD) **11.00** Murder, She Wrote (S) (AD) (HD)
12 noon Love Your Garden: In Burton upon Trent (S) (HD) **1.05pm** Heartbeat (S) **2.05** The Royal (S) (AD) **3.05** Where the Heart Is (S) (AD) **4.15** In Loving Memory (S) **4.50** Rising Damp (S) **5.20** George & Mildred
5.55pm Heartbeat
Morton investigates the disappearance of a cache of explosives from a local quarry. (S)
6.55 Murder, She Wrote
Jessica helps solve the murder of a jazz musician in New Orleans. (S) (AD) (HD)
8.00 Agatha Christie's Marple
At Bertram's Hotel. Miss Marple arrives at Bertram's Hotel to find that there are dark secrets lurking below the highly polished veneer. When one of the maids is murdered, she realises that the truth behind Bertram's is more sinister than even she had imagined. (S) (HD)
10.00 Case Sensitive
1/2 Series 1. Murder mystery starring Olivia Williams as a newly appointed detective superintendent. When the bodies of a mother and daughter are found in their luxury home, Charlie Zailer and junior colleague Simon Waterhouse can't agree whether it's a case of suicide, murder, or something even more disturbing. Concludes tomorrow 10pm. (S) (AD) (HD)
11.00 Liverpool 1
6/6 Series 1. As Cally's feelings for his partner surface, a crisis in a surveillance operation puts Frank's fate in the hands of de Pauli – who must also choose between her fiancé and Liverpool. (S) (HD)
12.15am Blue Murder: Richard puts his life at risk (S) (AD) **1.10** Judge Judy (S) (HD) **1.30** Judge Judy (S) (HD) **1.50** Movies Now (HD) **2.00–2.30am** Nightscreen (HD)

ITV3 +1 Freeview 34 Freesat 116 Sky 130 Virgin 174

ITV4 (24)

F'view 24 F'sat 117 Sky 120 Virgin 118 HD Virgin 179

6.00am Magnum, PI (S) (SL) (HD) **6.50** Gunsmoke (S) (SL) **7.45** The Sweeney (S) **8.45** Ironside **9.50** Quincy (S) (AD) (HD) **10.55** Magnum, PI (S) (HD) **11.55** Gunsmoke (S)
1.00pm Pawn Stars (S) (HD) **2.00** Storage Wars (S) (HD) **2.55** The Sweeney (S) **3.55** Quincy (S) (AD) (HD) **5.00** Ironside
6.00pm Storage Wars The bidders attend a locker auction at El Monte, California. (S) (HD)
6.35 Barry runs into a new friend. (S) (HD)
7.00 Pawn Stars A film script. (S) (HD)
7.30 An American Civil War musket. (S) (HD)
8.00 New. MotoGP Highlights The Grand Prix of Austria. Repeated tomorrow 6pm (S) (HD)
9.00 FILM Another 48 HRS ★★ Comedy thriller starring Eddie Murphy and Nick Nolte. A cop and a con team up again to take on a murderous biker gang. (S) (AL) (HD)
11.05 FILM 30 Days of Night ★★★ Horror thriller starring Josh Hartnett and Melissa George. (S) (AD) (W) (HD)
1.15am New. Motorsport UK: action from Croft race track (S) (HD) **2.15** Highway Patrol (S) **2.35** Movies Now (HD) **2.45–3.00am** Nightscreen (HD)

ITV4 +1 Freesat 155 Sky 206 Virgin 175

Drama (10)

Dalziel & Pascoe 9.00pm The duo try to track down a docusoap star's killer

Freeview 20 Freesat 158 Sky 158 Virgin 129

7.10am The Indian Doctor **8.00** Sharpe (S) **10.00** Lovejoy (S) **11.00** The Bill (S)
1.00pm Last of the Summer Wine (S) **1.40** Brush Strokes **2.20** Birds of a Feather **3.00** Sharpe (S) **5.00** Lovejoy (S)
6.00pm Brush Strokes
Jacko takes Elmo to a casino, while Veronica tries to sell the painting business.
6.40 Last of the Summer Wine
Seymour gallantly volunteers to help teach Edie to drive. However, he is unable to control a vehicle himself. (S)
7.20 Whatever Happened to the Likely Lads?
Terry gets into a scuffle with the local hard man. Guest-starring Alun Armstrong. (S)
8.00 Cadfael
The Devil's Novice 2/2. When a diplomat is murdered, suspicion falls on the family home where he last took his rest.
Derek Jacobi stars, with Julian Firth.
9.00 Dalziel & Pascoe
3&4/8 Series 8. **The Price of Fame**
The coppers search for the killer of Elfrona Davis, whose body has been found washed ashore. It soon emerges that she received a knock to the head before entering the water, and the list of suspects includes her father, Wayland Bay's resident comedian and a man she arranged a date with on the night she died. (S) (AD)
11.00 Birds of a Feather
A property war breaks out in Chigwell as Dorien and Garth go into competition for the flat above Sharon's café.
11.40 The Bill
The victim of a stabbing seems reluctant to divulge the full story. Then an inmate at an open prison absconds, and it isn't long before the Sun Hill team is investigating a link between the two events. (S)
12.40am Lovejoy (S) **1.40** The Indian Doctor **2.35** Cadfael **3.20–4.00am** Birds of a Feather

ITVBe (26)

F'view 26 F'sat 118 Sky 179 Virgin 119 HD Virgin 179

9.00am Be Beautiful (S) (HD) **9.10** The Only Way Is Essex (S) (HD) **10.00** Who's Doing the Dishes? (S) (HD) **11.00** Flipping Out (HD)
12 noon Buying and Selling (HD) **1.00pm** Dinner Date (S) (HD) **2.00** Vanderpump Rules (HD) **3.00** The Real Housewives of New York City: Bethenny confides in Jill (S) (HD) **4.00** The Real Housewives of Cheshire (S) (HD)
6.00pm Dinner Date A woman from Kent takes part in the dating show. (S) (HD)
7.00 Buying and Selling A couple who have outgrown their starter home. (HD)
8.00 The Real Housewives of Orange County Shannon and David try to repair their marriage. Terera has plastic surgery. (HD)
9.00 New. Shannon and David are pushed to new limits at their couples' retreat. (S) (HD)
10.00 New. Married to Medicine The women try to get back on track. (HD)
11.00 The Only Way Is Essex Following a group of people in Essex. (S) (HD)
11.50 The Jeremy Kyle Show USA The host takes his talk show stateside. (S)
12.45am Shopping **5.50–6.00am** Nightscreen (HD)

ITVBe +1 Freesat 119 Sky 207 Virgin 120

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E4 (28)

Made in Chelsea: South of France 9.00pm More romance in Cannes

F'view 28 F'sat 122 Sky 136 Virgin 144 HD Virgin 145

6.00am Charmed (S) **6.45** Hollyoaks Shown last Friday C4 (S) (AD) (HD) **7.30** Coach Trip: Road to Ibiza Shown last Friday (S) (AD) (HD) **7.40** Melissa & Joey (S) (HD) **8.05** How I Met Your Mother (S) (AD) (HD) **9.00** Rules of Engagement (S) (HD) **10.00** Baby Daddy (S) (HD) **11.00** Charmed (S)
1.00pm How I Met Your Mother (S) (AD) (HD) **2.00** The Big Bang Theory (S) (AD) (HD) **3.00** Baby Daddy (S) (HD) **4.00** Melissa & Joey (S) (HD) **5.00** Agents of SHIELD (S) (AD) (HD)
6.00pm The Big Bang Theory
14/24 Series 5. Raj starts treating his new phone like a person. (S) (AD) (HD)
6.30 15/24. Leonard breaks his roommate agreement with Sheldon. (S) (AD) (HD)
7.00 New. Hollyoaks
Alfie's health takes a turn for the worse. Cast pg7097 Rptd tomorrow 6.30pm C4 (S) (AD) (HD)
7.30 New. Coach Trip: Road to Ibiza
The group takes part in a martial arts class. Repeated tomorrow 7.10am (S) (AD) (HD)
8.00 The Big Bang Theory
10/17 Series 7. Leonard and Sheldon avoid seeing Penny on stage. (S) (AD) (HD)
8.30 11/17. Penny volunteers to nurse Sheldon when he's sick. (S) (AD) (HD)
9.00 New. Made in Chelsea: South of France
3/6. Jamie reels from the revelation that Frankie and Alex have been flirting. (S) (AD) (HD)
10.00 Gogglebox
The armchair critics chat about Britain's Got Talent and Indian Summers. (S) (AD) (HD)
11.05 The Big Bang Theory
12/17 Series 7. Sheldon meets a physicist who is more intelligent than him. (S) (AD) (HD)
11.35 13/17. Leonard, Raj and Howard kick Sheldon off their quiz team. (S) (AD) (HD)
12 midnight Gogglebox (S) (HD) **12.50am** First Dates (S) (HD) **1.55** Made in Chelsea: South of France (S) (AD) (HD) **2.50** Drifters (S) (SL) (HD) **3.40** Agents of SHIELD (S) (AD) (HD) **4.25** Rules of Engagement (S) (HD) **5.05–6.00am** Charmed (S) (SL)

E4 +1 Freeview 29 Freesat 123 Sky 137 Virgin 146

4seven (47)

F'view 47 F'sat 127 Sky 140 Virgin 195 HD F'view 110

9.00am Come Dine with Me: five editions (S) (HD) **11.30** Three in a Bed (S) (HD)
12 noon A Place in the Sun: Winter Sun (S) (HD) **1.30pm** Phil: Secret Agent Down Under (S) (AD) (HD) **2.30** Location, Location, Location (S) (HD) **3.30** Come Dine with Me (S) (HD) **4.30** Couples Come Dine with Me (S) (HD) **5.00** Location, Location, Location (S) (HD)
6.00pm Phil: Secret Agent Down Under Buying land in the Adelaide Hills. (S) (AD) (HD)
7.00 Come Dine with Me In Derby. (S) (HD)
8.00 Amazing Spaces Shed of the Year **3/4** Series 3. Pubs and entertainment spaces, and workshops and studios. (S) (HD)
9.00 999: What's Your Emergency? **Ep 6** Series 3. Featuring a Latvian woman who has been mugged and left with a black eye. (S) (HD)
10.00 First Dates **Ep 1** Series 7. Featuring a man with Tourette syndrome, a female boat builder and a 79-year-old student. (S) (HD)
11.05 Eight out of Ten Cats Does Countdown With David Mitchell and Katherine Ryan. (S) (HD)
12.05am Britain's Benefit Tenants: novice agent Caroline is embroiled in tensions (S) (HD) **1.05** Flying to the Ends of the Earth (S) (AD) (HD) **2.00** The Job Interview (S) (AD) (HD) **2.55** Three in a Bed (S) (HD) **3.50–4.50am** Couples Come Dine with Me (S) (HD)

BBC News Freeview 103 Freesat 212 Sky 503 Virgin 603 Sky News Freeview 132 Freesat 232 Sky 501 Virgin 602

More4 (14)

The Secret Life of Five-Year-Olds 9.00pm Jaja learns self-control

F'view 14 F'sat 124 Sky 138 Virgin 147 HD Virgin 203

8.55am Food Unwrapped (S) (HD) **9.35** A Place in the Sun: Winter Sun (S) (HD)
10.35 River Cottage Bites: beef stew (S) (HD)
10.55 FILM The Lost World ★★★ Fantasy adventure starring Claude Rains and Michael Rennie. **Review p37** (S) (AD) (HD)
12.55pm Time Teams: double bill (S) (HD)
3.05 A Place in the Sun: Winter Sun (S) (HD)
5.15pm Four in a Bed
Staying at B&Bs in Barton-on-Sea in Hampshire, the south Cornish coast, Weymouth and Blackpool. (S) (HD)
7.55 Grand Designs
Transforming a 1960s forester's lodge in the Valleys into a Japanese-style house. (S) (HD)
9.00 The Secret Life of Five-Year-Olds
George struggles to conquer his fear of group activities and Alfie forms a strong and quirky friendship with Emily. (S) (HD)
10.00 16 Kids and Counting
The Radfords want to renew their wedding vows, but keeping the peace among their 14-strong brood could be tricky. (S) (HD)
11.05 24 Hours in A&E
A 60-year-old rail worker is treated after being hit by a high-speed train. (S) (AD) (HD)
12.10am Ramsay's Kitchen Nightmares USA (S) **1.10** The Secret Life of Five-Year-Olds (S) (HD) **2.15** 16 Kids and Counting (S) (HD) **3.20–3.35am** Hugh's Three Good Things: Best Bites: dishes using chicken (S) (HD)

More4 +1 Freesat 125 Sky 139 Virgin 196

5USA (21)

Freeview 21 Freesat 129 Sky 134 Virgin 153

9.00am Castle **10.00** Access **10.10 FILM** Murder 101 ★★ (S) **12 noon** CSI: NY (S)
1.00pm NCIS (S) (AD) **2.00** Law & Order (S) **4.00** NCIS (S) (AD) **5.00** CSI: NY (S)
6.00pm CSI: Miami **20/24** Series 5 (S) (AD) **7.00** NCIS **13&14/19** Series 5. Double bill (S) (AD) **9.00 New.** NCIS: Los Angeles **9/24** Series 3. Sam heads to Sudan to help a CIA agent gather evidence of al-Qaeda terrorist training. First shown on Sky1 (S) **10.00** NCIS: New Orleans **8&9/24** Series 2 **11.55** CSI: Miami **9/24** Series 5. A wealthy businessman is suspected of killing a model (S) (AD)
12.55am CSI: NY: triple bill (S) (AD) **3.35–4.00am** True Crimes: the First 72 Hours (S)

5USA +1 Fview 19 Mon-Fri 6pm Sun/Sat 11pm Sky 129 Sky 219 Virgin 154

5 Star (30)

Freeview 30 Freesat 131 Sky 116 Virgin 151

8.00am Strip Date (S) **8.25** That '70s Show (S) **9.10 FILM** Are We Done Yet? ★★ Comedy sequel (S) **11.00** That '70s Show (S)
12 noon My Wife and Kids (S) **1.00pm** Dance Moms (S) **1.55** Access **2.00** Celebrity Big Brother (S) **3.00** Neighbours (S) (AD) **3.30** Home and Away (S) (AD) **4.00** 8 Simple Rules (S) **5.00** Celebrity Big Brother **5.55** Access
6.00pm Neighbours Shown 5.30pm CS (S) (AD)
6.30 New. Home and Away: Repeated tomorrow 6pm CS (S) (AD) **7.00** Dance Moms (S) **7.55** Access **8.00** On Benefits: Life on the Dole (S)
9.00 FILM The Green Hornet ★★ (S) **11.25** Ridiculousness **11.55** Access **12 midnight** New. Celebrity Big Brother: Live from the House **1.00am** Family Feud – My Big Family Fallout (S) **1.55** Holiday Love Rats Exposed (S) **3.00** Brain Hospital: Saving Lives (S) **3.50–4.00am** Access

5 Star +1 Sky 193 Freesat 132

Film4, Movie Mix, Movies4Men are now listed on our daily Films pages – see p72

Yesterday (19)

Freeview 19 Freesat 159 Sky 537 Virgin 245

6.00am Great British Ghosts (S) **6.25** Medieval Dead **7.10** Great British Railway Journeys (S) **8.00** The World at War (S) **9.00** Monarchy by David Starkey (S) (AD) **10.00** Museum Secrets (S) **11.00** Medieval Dead
12 noon Great British Railway Journeys (S)
1.00pm The World at War (S) **2.00** Monarchy by David Starkey (S) (AD) **3.00** Museum Secrets (S) **4.00** Medieval Dead **5.00** Great British Railway Journeys (S)
6.00pm The World at War The impact of the bombing of Britain's provincial cities. (S)
7.00 Monarchy by David Starkey The reigns of Georges I, II and III. (S) (AD)
8.00 Jeeves and Wooster Honoria Glossop threatens Bertie's stay in New York. (S)
9.10 One Foot in the Grave Christmas special from 1997. Victor plans a quiet rural break in the West Country. (S)
10.40 The Two Ronnies Including another instalment of Sick, You're Killing Me. (S)
11.30 One Foot in the Grave As 9.10pm
1.00am Museum Secrets (S)
2.00–3.00am The World at War (S)

Yesterday +1 Sky 538 Virgin 246

Home (25)

Freeview 25 Sky 156 Virgin 281 BT 214

7.00am Homes under the Hammer **8.00** Flog It! **9.00** DIY SOS **10.00** Escape to the Country **11.00** Fantasy Homes by the Sea **12 noon** Homes under the Hammer **1.00pm** Flog It! **2.00** DIY SOS **3.00** A Place in the Sun: Summer Sun **4.00** Escape to the Country **5.00** Fantasy Homes by the Sea
6.00pm Flog It! **7.00** Homes under the Hammer **8.00** DIY SOS **9.00** A Place in the Sun: Summer Sun **10.00** Fantasy Homes by the Sea **11.00** Escape to the Country **12 midnight** DIY SOS **1.00am** Flog It **2.00** Homes under the Hammer **3.00–4.00am** A Place in the Sun: Summer Sun

Home +1 Sky 244 Virgin 282

Spike (31)

Freeview 31 Freesat 141 Sky 160

9.00am Access **9.05** Bar Rescue **10.00** Chasing Monsters: Beastly British **11.00** Eddie Stobart: Trucks and Trailers **12 noon** Police Interceptors **2.00pm FILM** Breakheart Pass ★★ Murder mystery starring Charles Bronson **4.00** World's Craziest Police Pursuits **5.00** Eddie Stobart: Trucks and Trailers
6.00pm Police Interceptors **8.00** Beware the Cops Are Watching **9.00 New.** Car Crash TV **10.00** The X-Files **13/20** Series 5. A rebel faction of aliens begins killing groups of abductees and burning their bodies **11.00 FILM** Enemies Closer ★★ Action thriller starring Jean-Claude Van Damme, Tom Everett Scott and Orlando Jones
12.40am Beware: Britain Running Riot **1.40** The X-Files **2.45–3.00am** Access

True Entertainment (61)

Freeview 61 (not Wales) Freesat 142 Sky 184 Virgin 189

6.00am The Waltons **7.00** Little House on the Prairie **8.00** The Waltons **10.00** Touched by an Angel **11.00** Little House on the Prairie **12 noon** The Avengers (BW) **1.00pm** The Case of the Whitechapel Vampire **3.00** Danielle Steel's Family Album **5.00** Highway to Heaven **6.00** Touched by an Angel **7.00** M*A*S*H **8.00** The Avengers (BW) **9.00 FILM** Savannah ★★ **11.00 FILM** Killer Instinct ★★ **1.00–2.00am FILM** Losing Chase ★★★ **Review page 37**

Horror Channel (70)

Freeview 70 Freesat 138 Sky 319 Virgin 149

8.00am Highlander **9.00** Tales from the Darkside **10.00 FILM** Warlords of Atlantis ★★★ **12 noon** The War of the Worlds
1.00pm FILM Summer of Fear ★★★ **3.00** The Incredible Hulk **4.00 FILM** Super Shark ★ **5.35** Tales from the Darkside **6.00** Highlander **7.00** Tales from the Darkside **8.00** The War of the Worlds **9.00 FILM** I ★★★★ **10.30** Horror Highlights **10.40 FILM** Lust for a Vampire ★★ **12.35am FILM** Devil's Playground ★★ **2.30 FILM** Grave Halloween ★★ **4.20–4.30am** Horror Highlights

Film4, Movie Mix, Movies4Men – see today's film listings on p72

Pick (11)

Freeview 11 Freesat 144 Sky 152 Virgin 123

6.00am 60-Minute Makeover **7.00** Most Haunted **8.00** Sixth Sense **9.00** Relic Hunter **10.00** Andromeda **11.00** Stargate SG-1 **12 noon** Border Security **1.00pm** 60-Minute Makeover **2.00** Motorway Patrol **2.30** Highway Patrol **3.00** Nothing to Declare **4.00** The Dog Whisperer (AD) **5.00** Monkey Business **6.00** A Town Called Eureka (AD) **7.00** Stargate SG-1 **8.00** Andromeda **9.00** House Fixer **10.00** The Force: Manchester (AD) **11.00** Brit Cops (AD) **12 midnight** Police Force: Australia (AD) **1.00am** Road Wars (AD) **2.00** Mad Stocking **3.00** House Fixer **4.00** Motorway Patrol (AD) **4.30** Highway Patrol **5.00–6.00am** Road Wars

Pick +1 Freesat 145 Sky 153

Really (17)

Freeview 17 Freesat 140 Sky 155 Virgin 179

6.00am Spa of Embarrassing Illnesses **7.00** Shopping **8.00** Antiques Road Trip **9.00** Escape to the Country **10.00** The Sheriffs Are Coming **11.00** Homes under the Hammer **12 noon** DIY SOS **1.00pm** Bargain Hunt **2.00** Escape to the Country **3.00** Antiques Road Trip **4.00** The Sheriffs Are Coming **5.00** Bargain Hunt **6.00** Homes under the Hammer **7.00** Escape to the Country **8.00** Fantasy Homes by the Sea **9.00** DIY SOS **10.00** Helicopter Heroes **11.00** Cold Justice **12 midnight** The Sheriffs Are Coming **1.00am** Paranormal Witness **2.00** Shopping **4.00** Spa of Embarrassing Illnesses **5.35–6.00am** The Clothes Show

Quest (37)

Freeview 37 Sky 144 Virgin 172

6.00am The Great Rod Race **6.20** Wet Nets **7.10** Scrapheap Challenge **8.00** How It's Made **10.00** Wheeler Dealers **11.00** I Am Steve McQueen **12.30pm** M*A*S*H **1.00** Mighty Ships **2.00** Wheeler Dealers **3.00** Chasing Classic Cars **4.00** Hitler: a Profile **5.00** World War II: Complete History
6.00 Born Survivor **7.00** Salvage Hunters **9.00** Aussie Gold Hunters **10.00** Wheeler Dealers **11.00** Destroyed in Seconds **12 midnight** Forensic Detectives **1.00am** FBI Files **2.00** Disappeared **3.00** M*A*S*H **4.00** Put Your Money Where Your Mouth Is **5.00–6.00am** Scrapheap Challenge

Quest +1 Freeview 38 Sky 195 Virgin 173

Challenge (46)

Freeview 46 Freesat 146 Sky 145 Virgin 139

6.00am Deal or No Deal **7.30** Fifteen to One **8.00** Catchphrase **9.00** Pointless **10.00** Deal or No Deal **11.30** Supermarket Sweep **12 noon** Bruce's Price is Right **12.30pm** Strike it Lucky **1.00** Catchphrase **2.00** Pointless **3.00** The Chase **4.00** The Chase USA **5.00** Ninja Warrior **6.00** Robot Wars **7.00** Pointless **8.00** Pointless **9.00** The Chase **10.00** Who Wants to Be a Millionaire? **11.00** Deal or No Deal **12 midnight** Pointless **1.00am** Pointless **2.00** The Chase **3.00** Robot Wars **5.00–6.00am** Are You Smarter than a Ten Year Old?

Challenge +1 Freesat 147 Sky 164 Virgin 180

CBS Action (64)

Freeview 64 Freesat 137 Sky 148 Virgin 192

9.00am JAG **10.00** NCIS **11.00** Star Trek: Deep Space Nine **12 noon** Star Trek **1.00pm** Bonanza **2.00** NCIS **4.00** Walker, Texas Ranger **5.00** JAG **6.00pm** Star Trek **7.00** MacGyver **8.00** Star Trek: Deep Space Nine **9.00** NCIS: a marine is killed after changing his religious persuasion **10.00** Bull Get's police investigate Jon Fenner's murder **11.00** Walker, Texas Ranger **11.40** NCIS **2.20am** The Streets of San Francisco **3.15** Walker, Texas Ranger **4.10–6.00am** Flashpoint

CBS Drama (71)

Freeview 71 (HD only) Freesat 134 Sky 149 Virgin 197

9.00am The High Chaparral **10.00** Matlock **11.00** Dr Quinn **12 noon** Judge Judy **1.00pm** The Streets of San Francisco **2.00** The High Chaparral **3.00** Matlock **4.00** Judge Judy **5.00** CSI: Crime Scene Investigation **6.00** Dr Quinn **7.00** Her Hunters **8.00** Judge Judy **10.00** Cheaters **12 midnight** Jerry Springer **12.55am** World's Wildest Police Videos **1.55** Her Hunters **2.55** Cops: Reloaded **3.45–5.00am** The High Chaparral

BBC Parliament (131)

Freeview 131 Freesat 201 Sky 504 Virgin 605

6.20am BOOKtalk **6.40** Scottish Parliament **7.35** Financial Stability **10.00** Welsh FMQs **10.50** Britain and the EU **11.45** Briefings **12.20pm** BOOKtalk **12.40** Westminster Hall **2.20** Steel Industry **3.45** Lords **5.45** BOOKtalk **6.00** Briefings **8.00** Conversations **8.45** Ireland: 1916 and Beyond **9.35** BOOKtalk **9.55** Commons **11.55** Ireland: 1916 and Beyond **12.40–6.40am** Highlights

MONDAY Satellite & cable

Enemy of the State 9.00pm Robert goes on the run

Ray Donovan 9.00pm Ed Cochran is out for revenge

Criminal Minds 9.00pm The BAU has cause for concern

Cherry Healey's Property Virgins 9.00pm Buying advice

Come Fly with Me 9.35pm A shock to the system for Penny

Sky1

Sky 106 Virgin 110 HD Virgin 109

6.00am Supergirl (S) (HD) **7.00** The Flash (S) (HD) **9.00** Futurama (S) (HD) **10.00** Ninja Warrior Women Tournament (S) **11.00** NCIS: Los Angeles (S) (HD) **12 noon** Hawaii Five-0 (S) (HD) **1.00pm** Supergirl (S) (HD) **2.00** The Flash (S) (HD) **4.00** Modern Family (S) (HD) **5.00** The Simpsons (S) (HD) **5.30** Futurama: double bill (S) (HD)

6.30pm The Simpsons Moe falls in love with a Nigerian princess. **7.00** Chief Wiggum gets his hands on a military jet pack. **7.30** Homer becomes the new Duff beer mascot, Duffman. (S) (HD)

8.00 David Attenborough's Conquest of the Skies 3/3 A look at creatures that dominate today's skies. (S) (AD) (HD)

9.00 Enemy of the State ★★★★ Conspiracy thriller starring Will Smith and Gene Hackman. **Film of the Day: page 37.** (W) (HD)

11.30 NCIS: Los Angeles 16/24 Series 6. The agents set out in search of a CIA spy. (S) (HD)

12.30am Hawaii Five-0 (S) (HD) **1.30** Limitless (S) (AD) (HD) **2.30** Arrow (S) (AD) (HD) **3.30** Road Wars (S) (AD) **4.30** Border Security: Canada's Front Line (S) (HD) **5.00–6.00am** Ninja Warrior (S)

Sky1 +1 Sky 130

Sky Arts

Sky 121 Virgin 122 HD Virgin 206

6.00am Peter Ackroyd's Venice (S) (HD) **7.00** In Confidence (S) (HD) **8.00** Tales of the Unexpected (S) **9.00** Inside the Actors Studio (AD) **10.00 FILM** Tosca ★★ Opera starring Angela Gheorghiu. Italian +subtitles (W) **12.20pm** Vivaldi's Gloria (HD) **1.00** Tales of the Unexpected (S) **2.00** Portrait Artist of the Year 2014 (S) (HD) **3.00** Celtic Woman: Emerald (S) (HD) **4.30** Miles: Heartstrings (HD)

5.45pm The South Bank Show Originals A 2003 profile of jazz musician Herbie Hancock. (S) (HD) **6.15** A look back on a 1995 profile of Wynton Marsalis. (S) (HD)

6.45 Hollywood: Singing and Dancing Movie versions of Broadway hits in the 1950s. (S) (AD)

8.00 Discovering: Joan Crawford A look at the life and career of the actress, who won an Academy Award for her role in the 1945 film *Mildred Pierce*. (S)

9.00 New. Peter Grimes A 2014 English National Opera production of the classic opera by Benjamin Britten, painting a vivid picture of a small community in postwar Britain. Stuart Skelton stars. (HD)

11.45 Sex and the Silver Screen The relaxing of censorship rules after the Second World War. (S)

1.00am 30 Degrees in February (S) (HD) **2.15** Trailblazers: New Romantics (S) (HD) **3.15** Drew: the Man behind the Poster (S) (HD) **5.00–6.00am** Discovering: Joan Crawford (S) (HD)

Universal

Sky 113 Virgin 131 BT 320

6.00am CSI: Miami (S) (HD) **7.00** Home Shopping **8.00** CSI: Miami (S) (HD) **10.00** Law & Order (S) (HD) **2.00pm** NCIS: four episodes (S) (HD)

6.00pm NCIS 15/25 Series 6. Inquiries into the death of a marine land the team squarely in the middle of a gang war (S) (HD) **7.00 16/25.** One of Tony's old murder investigations is reopened, prompting him to switch roles with Gibbs. (S) (HD)

8.00 New. White Collar 11/13 Series 5. Neal and Peter join forces to track down an assassin who has been toying with Neal for some time. (S) (HD) **9.00 New. 12/13.** Neal is desperate to have his sentence dropped, but must first convince Peter he is ready to go let go of his criminal past. (S) (HD)

10.00 Motive 5/13 Series 4. A gruesome murder with a familiar modus operandi prompts Paula to reopen an old murder case. (S) (HD)

11.00 Law & Order: Special Victims Unit 12/24 Series 12. The team uncovers evidence of a paedophile ring after a man finds his girlfriend unconscious and covered in razor cuts. (S) (HD) **12 midnight** Law & Order: Special Victims Unit: double bill (S) (HD) **2.00am** Major Crimes (S) (HD) **3.00** Numb3rs (S) (AD) (HD) **5.00–6.00am** CSI: Miami (S) (HD)

Universal +1 Sky 150 Virgin 138

Sky Atlantic

Sky 108

6.00am Richard E Grant's Hotel Secrets (S) (HD) **7.00** The British (S) (HD) **8.00** Cold Case (S) (AD) (HD) **10.00** The West Wing (S) (HD) **11.00** House (S) (HD) **12 noon** Without a Trace (S) (HD) **1.00pm** Blue Bloods (S) (AD) (HD) **2.00** Urban Secrets (S) (HD) **3.00** Cold Case: double bill (S) **5.00** The West Wing (S) (HD)

6.00pm House 6/22 *Series 1* A schizophrenic woman's symptoms baffle House. (S) (HD)

7.00 Without a Trace 15/23 Series 3. The team looks into the disappearance of a socialite. (S) (HD)

8.00 Blue Bloods 12/22 *Series 2* Danny is caught up in a chase involving a gunman. (S) (AD) (HD)

9.00 New. Ray Donovan 7/12 Series 4. A long-buried scandal leads Ray to a confrontation. (S) (HD)

10.10 New. Last Week Tonight with John Oliver Talk show. (S) (HD)

10.45 Vice Principals 3/9. Gamby tries to impress his crush. (S) (HD)

11.20 Ballers 3/10 Series 2. Spencer deals with Vernon's injury. (S) (HD)

11.55 Ray Donovan As 9pm.

1.05am The Sopranos (S) (HD) **2.15** Veep (S) (AD) (HD) **4.00** Richard E Grant's Hotel Secrets (S) (HD) **5.00–6.00am** The British (S) (HD)

Sky Atlantic +1 Sky 170

Sky Living

Sky 107 Virgin 112 HD Virgin 111

6.00am UK Border Force (S) (HD) **7.45** Cooks to Market **8.00** Million Dollar Listing: NYC (S) (HD) **9.00** Nothing to Declare UK (S) (HD) **10.00** Nothing to Declare (S) (HD) **11.00** RSPCA Animal Rescue (S) (HD) **12 noon** The Biggest Loser: Australia (S) **1.00pm** Million Dollar Listing: NYC (S) (HD) **2.00** Criminal Minds (S) (HD) **4.00** UK Border Force (S) (AD) (HD) **5.00** Cooks to Market (HD)

5.15pm Nothing to Declare Triple bill of the documentary. (S)

6.45 New. My Kitchen Rules: Australia The first of the sudden death cook-offs. (HD)

8.00 Criminal Minds 20/24 Series 8. The BAU finds ritualistic marks on human remains on a native American reservation. **9.00 4/22** Series 11. Three employees are killed during a robbery at a restaurant in Vegas. **10.00 5/22.** The team learns of a killer who is incorporating dead bodies into graffiti art. (S) (HD)

11.00 Shades of Blue 5/13 A drug lord tells Harlee he has some dirt on Wozniak. (S) (HD)

12 midnight Criminal Minds: triple bill (S) (HD) **3.00** Bones (S) (AD) (HD) **4.00–6.00am** Border Security: Canada's Front Line (S) (AD) (HD)

Sky Living +1 Sky 122 Virgin 140

Sky2

Sky 129 Virgin 121

6.00am Stop, Search, Seize (AD) **8.00** Coast Guard Alaska **9.00** Ninja Warrior Women Tournament **10.00** Robot Wars Extreme **11.00** Send in the Dogs (S) **12 noon** Harrow (S) (AD) **1.00pm** Robot Wars Extreme **2.00** Ninja Warrior Women Tournament **3.00** Relic Hunter (S) **4.00** Coast Guard Alaska (S) (AD) **5.00** Stargate SG-1 (S) **6.00** Relic Hunter (S) **7.00** A Town Called Eureka (S) **8.00** Arrow (S) (HD) **9.00** Stop, Search, Seize **10.00** Air Ambulance ER (S) **11.00** Most Shocking (S) **12 midnight** A Town Called Eureka (S) **1.00am** Stop, Search, Seize **2.00** Air Ambulance ER (S) **3.00** Robot Wars Extreme **4.00** as 9am **5.00–6.00am** Andromeda (S)

Syfy

Sky 114 Virgin 135 BT 391 HD Virgin 165 BT 375

6.00am Buffy the Vampire Slayer **8.00** Home Shopping **11.00** Star Trek: Voyager **12 noon** Star Trek: the Next Generation **2.00pm** Beyond Sherwood ★★ **4.00 FILM** The Librarian: Quest for the Spear ★★ **6.00** Star Trek: the Next Generation: double bill **8.00 New.** Dark Matter **9.00 FILM** Star Trek: Generations ★★★★ Sci-fi adventure starring Patrick Stewart **11.30** Dark Matter **12.30am** Star Trek: Voyager: the crew encounters a psychic race **1.30** Star Trek: the Next Generation: double bill **3.30** Todd and the Book of Pure Evil **4.00–6.00am** Quantum Leap

Syfy +1 Sky 194 Virgin 136

W

Sky 109 Virgin 125 BT 311 HD Virgin 191 BT 383

6.05am DIY SOS (S) **6.30** Extreme Makeover: Home Edition (S) **8.35** My Dream Home (S) (HD) **9.15** The Bill (S) **10.20** Tipping Point (HD) **12.20pm New.** Judge Faith (HD) **1.20** Extreme Makeover: Home Edition (S) **3.10** My Dream Home (S) (HD) **5.15** Extreme Makeover: Home Edition (S)

7.00pm Celebrity MasterChef The hopefuls split into two teams to create a chicken dish by relay, before making pastry treats for the Women's Institute. (S) (HD)

9.00 Cherry Healey's Property Virgins 1/2. The presenter helps two couples end a set of friends buy their first properties. (HD)

10.00 EastEnders Babe tries to warn her way back into The Vic. Shown 8am BBCI (S) (AD) (HD)

10.40 Don't Tell the Bride Space enthusiast Anthony is given £12,000 to plan his nuptials, and hopes to give fiancée Holly the stylish wedding she desires. (S)

11.40 Russell Howard's Good News The comedian's perspective on the news in June 2013. (S) (HD)

12.40am EastEnders (S) (AD) (HD) **1.15** Doctor Who: the Doctors Revisited (S) (HD) **2.10–3.00am** Being Human USA (S) (HD)

W +1 Sky 213 Virgin 131

TLC

Sky 125 Virgin 167 BT 323 HD Virgin 168 BT 377

6.00am Little People, Big World **7.00** Say Yes to the Dress **8.00** Say Yes to the Dress: Atlanta **9.00** Say Yes to The Dress: Since I Said Yes **10.00** Judge Jeanine Piro **11.00** Hoarding: Buried Alive **12 noon** Extreme Cheapskates **1.00pm** Little People, Big World **2.00** Cake Boss: the Next Great Baker **3.00** Something Borrowed, Something New **4.00** Say Yes to the Dress **5.00** Say Yes to the Dress: Atlanta **6.00** Say Yes to the Dress **8.00** Little People, Big World **9.00 New.** I Am Jazz: the teenager prepares for surgery **10.00** Uncensored **11.00** Sex Sent Me to the ER **1.00am** I Am Jazz **2.00** Undressed **3.00** Extreme Cheapskates **4.00** Cake Boss: the Next Great Baker **5.00–6.00am** Something Borrowed, Something New

TLC +1 Sky 154 Virgin 169

Lifetime

Sky 126 Virgin 208 BT 329 HD Virgin 209 BT 384

6.00am Judge Judy **7.00** Flipping Boston (HD) **8.00** Flipping Vegas (HD) **9.00** Judge Judy (HD) **11.00** Storage Wars (HD) **12 noon** Flipping Boston (HD) **1.00pm** Flipping Vegas (HD) **2.00** Judge Judy (HD) **3.00** Hardcore Pawn (HD) **4.00** Dance Moms (HD) **5.00** Little Women: LA (HD) **6.00** Hardcore Pawn (HD) **7.00** Judge Judy (HD) **9.00 New.** Child Genius US (HD) **10.00** Dance Moms: Abby's Studio Rescue (HD) **11.00** Project Runway (HD) **12 midnight** Child Genius US (HD) **1.00am** Dance Moms: Abby's Studio Rescue (HD) **2.00** Hardcore Pawn (HD) **3.00** Little Women: LA (HD) **4.00** Dance Moms (HD) **5.00** Storage Wars (HD) **5.20–6.00am** Hardcore Pawn (HD)

Lifetime +1 Sky 191

Gold

Sky 110 Virgin 124 BT 310

7.00am Outnumbered (S) (AD) **7.35** The Brittas Empire (S) **8.05** My Hero (S) **8.45** Summer Wine (S) **10.45** Creature Comforts **10.55** One Foot in the Grave (S) **12.55pm** Outnumbered (S) (AD) **1.35** The Brittas Empire (S) **2.10** My Hero (S) **2.50** Last of the Summer Wine (S) **4.55** One Foot in the Grave (S)

6.15pm One Foot in the Grave Victor suffers a sleepless night. (S)

7.00 Only Fools and Horses Christmas special from 1989. The Trotters go to Margate. (S) (AD)

8.50 Fawlty Towers Basil tries to prove a guest has smuggled a woman into his room. (S) (AD)

9.40 Come Fly with Me Penny is in shock as she has to do some work for a change. (S) (AD)

10.20 Fawlty Towers A party of German guests comes to stay. (S) (AD)

11.00 Absolutely Fabulous Edina and Patsy set off for a break in Provence. (S) (AD)

11.40 Come Fly with Me (S) (AD)

12.20am The Young Ones: the students throw a party (S) **1.00** Cheers (S) **1.35** Bewitched (S) **2.00** I Dream of Jeannie (BW) **2.30** The Young Ones (S) **3.05** Cheers (S) **3.30–4.00am** Bewitched (S)

Gold +1 Sky 166 Virgin 192

Comedy Central

Sky 112 Virgin 132 BT 307 HD Virgin 161 BT 371

8.00am The Middle (S) (HD) **9.00** Bob's Burgers (S) (HD) **10.00** That '70s Show (S) **11.00** Friends (S) (HD) **2.00pm** Impractical Jokers (S) (HD) **3.00** Friends (S) (HD) **8.00** Impractical Jokers (S) (HD) **9.00** Russell Howard's Good News (S) (HD) **10.00** Impractical Jokers (S) (HD) **11.00 New.** Hotshitter: Gene finally takes her GED test. Last in series (HD) **11.30** Rob Beckett at the Comedy Store (S) (HD) **12 midnight** Impractical Jokers (S) (HD) **1.00am** South Park: double bill (S) (HD) **2.00** Russell Howard's Good News (S) (HD) **3.00** Comedy Central at the Comedy Store (S) (HD) **3.50–5.00am** Two and a Half Men: triple bill (S) (HD)

Comedy Central +1 Sky 127 Virgin 133

Sony Channel

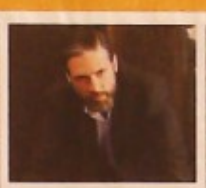
Sky 157 Virgin 173 BT 331

7.00am 'Til Death **8.00** Soldier Soldier **10.00** Saving Hope **12 noon FILM** Black Beauty: the Legend Continues ★★ Drama starring Dean Stockwell and Danielle Keaton **1.50pm** Movie News **2.00** Saving Hope **3.00** Celebrity Ghost Stories: double bill **7.00** Saving Hope **8.00** The Night Shift **9.00 FILM** Stephanie ★★★★ Drama starring Julia Roberts and Susan Sarandon **11.35** Satisfaction **12.35am** The Night Shift: TC, Drew and Gwen help the victims of a gas explosion **1.35** Movie News **1.45** Celebrity Ghost Stories **2.45** Movie News **2.55** Celebrity Ghost Stories **3.50–4.00am** Movie News

Sony TV +1 Sky 181

The Suspicions of Mr Whicher: Beyond the Pale 9.00pm

Death in Paradise 9.00pm DI Poole arrives on Saint-Marie



Tyrant 9.00pm Can Barry prevent a personal tragedy?

Mobsteel 10.00pm Adam gets to work on a luxurious car

ITV Encore

Sky 123

6.10am Robin of Sherwood (S) **7.05** Always and Everyone **8.00** Upstairs, Downstairs (S) **9.00** The Casebook of Sherlock Holmes (S) (AD) (HD) **10.05** Heartbeat **11.05** The Chief **12.10pm** Mapp and Lucia **1.15** Robin of Sherwood (S) **2.30** Always and Everyone **3.30** Heartbeat **4.30** Upstairs, Downstairs (S) **5.40** The Memoirs of Sherlock Holmes (S) (AD)

6.50pm Agatha Christie's Poirot The Incredible Theft. Lord Mayfield tries to trap a spy. (S) (AD) (HD) **7.55 Four and Twenty Blackbirds** A restaurant customer's change of diet intrigues Poirot. (S) (AD) (HD)

9.00 The Suspicions of Mr Whicher: Beyond the Pale 1/2 Threats are made against the former home secretary's son. (S) (AD) (HD)

Jack Whicher	Paddy Considine
Sir Edward Shore	Nicholas Jones
Capt Charles	John Heffernan
Mrs Piper	Nancy Carroll
Katherine	Laura Frances-Morgan

11.00 The Widower 2/3. Malcolm's financial problems mount. (S) (AD) (HD)

12 midnight Band of Gold **1.05am** Homefront (S) (AD) (HD) **2.00** Titanic (S) (AD) (HD) **2.55** Kingdom (S) (AD) **3.50** Upstairs, Downstairs (S) **4.40** The Memoirs of Sherlock Holmes (S) (AD) **5.40** Movies Now (HD) **5.50–6.00am** Nightscreen (HD)

ITV Encore +1 Sky 208

PBS America

Freesat 156 Sky 534 Virgin 216

6.00am Sinking a Destroyer **6.50** Grizzly **7.45** Trapped: Alive in the Andes **8.45** Sinking a Destroyer **9.50** Trapped: Alive in the Andes **10.55** The Boys of '36 **12 noon** Grand Central **1.10pm** Grizzly **2.15** Sinking a Destroyer **3.20** The Boys of '36 **4.30** Grand Central **5.35** Grizzly: the lives of two grizzly bears in Yellowstone National Park

6.40pm Sinking a Destroyer The American and Canadian navies and air forces use their combined firepower and skill to sink the warship HMCS Huron as part of a training exercise.

7.50 American Bison: Facing the Storm The relationship between humans and bison, creatures that once populated the plains of North America but were almost eradicated through hunting during the 19th century.

9.00 The Perfect Crime Nathan Leopold and Richard Loeb's murder of Bobby Franks in 1924 set off a national debate about capital punishment.

10.15 Prohibition 1/5. A look at the wave of ideological fervour that led to a ban on the sale of alcohol in 1920s America.

11.20 American Bison: Facing the Storm As 7.50pm.

12.30am The Perfect Crime **1.35** Prohibition **2.35** Trapped: Alive in the Andes **3.25** Sinking a Destroyer **4.15** Grizzly **5.10–6.00am** Trapped: Alive in the Andes

Alibi

Sky 132 Virgin 126 BT 312 HD Virgin 200 BT 382

7.00am Diagnosis Murder (S) **8.00** Murdoch Mysteries (S) (HD) **10.00** Sue Thomas: F.B.Eye (S) **11.00** Castle (S) (AD) (HD) **12 noon** Rizzoli & Isles (S) (AD) (HD) **1.00pm** Diagnosis Murder (S) **2.00** Sue Thomas: F.B.Eye (S) **3.00** Murdoch Mysteries (S) (HD) **5.00** Castle (S) (AD) (HD)

6.00pm Rizzoli & Isles 7/15 Series 2. Frankie's old girlfriend returns to town, and Jane ends up speaking her mind. (S) (AD) (HD)

7.00 Crossing Lines 9/10 Hickman is arrested for murder, while Dorn discovers information about the killer of Louis and Rebecca's son. (S) (HD)

8.00 Father Brown 10/10 *Series 1* The priest's priceless Blue Cross is targeted by infamous criminal Flambeau, so he takes matters into his own hands. (S) (AD) (HD)

9.00 Death in Paradise 1/8 Series 1. First episode of the Caribbean detective drama starring Ben Miller. (S) (AD) (HD)

10.00 Rebus 2/4 *Series 1.* Rebus investigates a murder that looks set to result in gang warfare. (S)

12 midnight Crossing Lines: Hickman is arrested (S) (HD) **1.00am** Perception (S) (AD) (HD) **1.55–4.00am** Ripper Street (S) (AD) (HD)

Alibi +1 Sky 226 Virgin 130

Discovery History

Sky 535 Virgin 262

6.00am Showdown: Air Combat **7.00** More Industrial Revelations **7.30** Industrial Revelations: the European Story **8.00** Weapons of War **9.00** More Industrial Revelations **9.30** Industrial Revelations: the European Story **4.00** Seven Ages of Britain **5.00** Hitler's Generals

6.00pm Greatest Tank Battles The conflict between elite SS troops and Russian defenders at the village of Prokhorovka.

7.00 Treasure Quest The crew heads for a wreck believed to contain a cargo worth $100million.

8.00 Rory McGrath's Best of British Engineering The comedian hails marvels of British technology, beginning with buildings such as the Palm House at London's Kew Gardens. **9.00** A celebration of British aviation achievements.

10.00 How We Got Here German rocket scientist Wernher von Braun's defection to the US. **10.30** A momentous chance encounter between Thomas Edison and Henry Ford.

11.00 Hitler's Generals A portrait of Field Marshal Friedrich Paulus.

12 midnight Battlefield **2.00am** Treasure Quest **3.00** More Industrial Revelations **3.30** Industrial Revelations: the European Story **4.00–6.00am** Weapons of War

Discovery History +1 Sky 536 Virgin 263

Fox

Sky 124 Virgin 157 HD Virgin 199

8.00am Law & Order: Criminal Intent (HD) **9.00** Medium (S) (HD) **11.00** The Closer (S) (HD) **1.00pm** NCIS (S) (AD) (HD) **3.00** Medium (S) (HD)

5.00pm The Closer 15/15 Series 3. Brenda is forced to be creative when her witness is hesitant, while the stress starts to get to Fritz. (S) (HD) **6.00 1/15** Series 4. The team investigates when a woman's body is discovered in Griffith Park. (S) (HD)

7.00 NCIS 1/24 Series 10. A rescue operation begins after Harper Dearing's bomb attack on the NCIS headquarters. (S) (AD) (HD) **8.00 2/24.** A member of the armoury department is found in her car at the bottom of a lake. (S) (AD) (HD)

9.00 New. Tyrant 3/10 Series 3. Barry and Molly try to avert a personal tragedy. (S) (HD)

10.00 Outcast 9/10 Series 1. Kyle enlists Mark's help to find out where Allison has gone. (S) (HD)

11.00 Family Guy Series 8. Peter, Quagmire and Joe are reunited with Cleveland. (S)

11.30 Lois agrees to be a surrogate mother. (S)

12 midnight American Dad! (S) (HD) **1.00am** Rick and Morty (HD) **2.00** Family Guy (S) (HD) **4.00–5.00am** American Dad! (S) (HD)

Fox +1 Sky 165 Virgin 156

History

Sky 529 Virgin 210 BT 327 HD BT 379

8.00am Pawn Stars (HD) **9.00** Down East Dickering (HD) **10.00** Shipping Wars (HD) **11.00** Counting Cars (HD) **12 noon** Storage Wars (HD) **1.00pm** Pawn Stars (HD) **3.00** Mountain Men (HD) **5.00** Pawn Stars (HD) **6.00pm** American Pickers (HD) **7.00** Storage Wars (HD) **8.00** Pawn Stars (HD) **9.00 New.** Pawn Stars (HD) **9.30** Pawn Stars (HD) **10.00 New.** American Pickers: Frank finds a huge stash of beer-related memorabilia (HD) **11.00 New.** Aussie Pickers (HD) **12 midnight** Pawn Stars (HD) **1.00am** American Pickers (HD) **2.00** Storage Wars (HD) **3.00** Pawn Stars (HD) **4.00–5.00am** American Pickers (HD)

History +1 Sky 530 Virgin 271

Animal Planet

Sky 505 Virgin 256 BT 325 HD Virgin 257 BT 378

6.00am Tanked (HD) **7.00** Pool Master (HD) **8.00** Treehouse Masters (HD) **9.00** Wildlife at the Zoo (HD) **10.00** The Cutie (HD) **11.00** Insane Pools: off the Deep End (HD) **12 noon** Treehouse Masters (HD) **1.00pm** Animal Cops Phoenix (AD) (HD) **3.00** Bondi Vet (HD) **5.00** Animal Cops Detroit (AD) **6.00** Flying Wild Alaska (HD) **7.00** Tanked (HD) **8.00 New.** Too Cute! (HD) **9.00** Bondi Vet (HD) **10.00** Yankee Jungle (HD) **11.00** Bondi Vet (AD) (HD) **12 midnight** Tanked (HD) **1.00am** Too Cute! (HD) **2.00** Bondi Vet (HD) **3.00** as 10pm **3.50** Deadliest Catch (HD) **4.40** Whale Wars **5.30–6.00am** Animal Airport (HD)

Animal Planet +1 Sky 565 Virgin 258

Discovery

Sky 530 Virgin 250 BT 322 HD Virgin 251 BT 375

6.00am Extreme Car Hoarders (HD) **7.00** Alaskan Bush People (HD) **8.00** Bear Grylls: Born Survivor (HD) **9.00** Fast 'n' Loud (HD) **11.00** Wheeler Dealers (HD) **1.00pm** Yukon Men (HD) **2.00** Gold Rush (HD) **3.00** Born Survivor: Bear Grylls (AD) (HD) **4.00** MythBusters (AD) (HD) **5.00** Wheeler Dealers (AD) (HD)

6.00pm Fast 'n' Loud Richard must restore the first two Firebirds made to museum quality. (AD) (HD) **7.00** A chance to see footage cut from the series and some of the greatest moments. (AD) (HD)

8.00 Overhaulin' A man's daughter wants to turn his car into a piece of art. (HD)

9.00 New. Misfit Garage The boys plan to transform a 1940 Ford Tudor into a vintage "moonshine runner". (HD)

10.00 New. Mobsteel A customer puts the team to work on a new customisation job on a classic 1953 Packard. (HD)

11.00 Fast 'n' Loud The crew works on the Ferrari F40. (HD)

12 midnight Naked and Afraid (HD) **1.00am** Street Outlaws (HD) **2.00** Moonshiners (AD) (HD) **3.00** Misfit Garage (HD) **3.50** Mobsteel (HD) **4.40–6.00am** How It's Made

Discovery +1 Sky 521 Virgin 252

Nat Geographic

Sky 526 Virgin 266 BT 317 HD Virgin 268 BT 373

8.00am Nani Megastructures (HD) **9.00** Ancient X Files (HD) **10.00** Nazi Secrets (S) (AD) (HD) **11.00** Highway thru Hell (HD) **12 noon** Wicked Tuna (HD) **1.00pm** Family Guns (S) (AD) (HD) **2.00** Ultimate Airport: Dubai (HD) **3.00** Air Crash Investigation (HD) **5.00** Car SOS (HD) **6.00** Supercar Megabuild (HD) **7.00** Air Crash Investigation (S) (AD) (HD) **8.00** Money Meltdown (HD) **9.00 New.** Yukon Gold (HD) **10.00 CHOICE Raw series.** No Man Left Behind: an SAS commando tells of his 1991 escape across the Iraqi desert **See p65 (HD)** **11.00** as 7pm **12 midnight** Science of Stupid (HD) **1.00am** Underworld, Inc (HD) **2.00** Air Crash Investigation (S) (AD) (HD) **3.00** Car SOS (HD) **4.00–5.00am** Supercar Megabuild (HD)

Nat Geo +1 Sky 527 Virgin 267

Eden

Sky 532 Virgin 247 BT 315 HD Virgin 249

9.00am Africa (S) (AD) (HD) **10.00** as 10pm **11.00** as 1pm **12 noon** Wild Britain (S) (HD) **1.00pm** Biggest & Baddest (S) (HD) **2.00** as 8pm **3.00** Africa (S) (AD) (HD) **4.00** as 10pm **5.00** as 1pm **6.00** Wild Britain (S) (HD) **7.00** Biggest & Baddest (S) (HD) **8.00** Wonders of the Monsoon (S) (HD) **9.00** Africa (S) (AD) (HD) **10.00** Wonders of the Solar System (S) (AD) (HD) **11.00** Walking with Dinosaurs (S) (AD) **12 midnight** Wild Britain (S) (HD) **1.00am** Biggest & Baddest (S) (HD) **2.00** as 8pm **3.00** Africa (S) (AD) (HD) **3.50** as 10pm **4.40** Walking with Dinosaurs (S) (AD) **5.30–6.00am** World's Wildest City: Manaus (HD)

Eden +1 Sky 533 Virgin 248

CHILDREN'S

Milkshake! on C5

Full listings for Channel 5 are on p68

5.40am Angels of Jarm **5.50** Rinary **6.00** The WotWots **6.10** Chloe's Closet **6.20** Lily's Driftwood Bay **6.30** Fireman Sam **6.40** Peppa Pig: Peppa and George play an indoor game **6.45** Bob the Builder: the team restores Fisher's Castle **7.00** Little Princess **7.10** Pip Ahoy! **7.25** Thomas & Friends **7.40** Noddy Toyland Detective **7.50** Ben and Holly **8.05** Wissper **8.15** Peppa Pig: double bill **8.35** Paw Patrol **8.50** Toot the Tiny Tugboat **9.00–9.15am** Bananas in Pyjamas

CBeebies 121

Freeview 121 Freesat 608 Sky 614 Virgin 702

6.00am ZingZillas **6.10** Mr Bloom **6.25** Timmy Time **6.35** Buzz and Tell **6.40** Rea Rea **6.55** Postman Pat **7.10** Twirlywoos **7.20** Teletubbies **7.35** Hey Duggee **7.40** Funchester Hotel **7.55** Go Jetters **8.05** Octonauts **8.20** Chuggington **8.35** Kate & Mim-Mim **8.35** Time Fu Tom **9.00** Time for School **9.10** Bing **9.25** Wussywuss **9.30** Teletubbies **9.45** as 1.45pm **10.05** Patchwork Pals **10.10** as 2.10pm **10.30** Woolly & Tig **10.35** Get Well Soon **10.50** Ruff-Ruff, Tweet and Dexter **11.00** Lingo Show **11.15** Alphablocks **11.20** Numbarns **11.25** Get Squiggling **11.40** Waybuloo **12 noon** My Pet and Me **12.15pm** I Can Cook **12.30** Old Jack's Boat **12.45** Melody **1.00** as 9am **1.10** Bing **1.25** Wussywuss **1.30** Twirlywoos **1.45** Something Special **2.05** as 10.05am **2.10** Show Me Show Me **2.30** Woolly & Tig **2.35** Get Well Soon **2.50** Numtums **3.05** Lingo Show **3.15** as 11.15am **3.25** Nina and the Neurons **3.30** Mister Maker **3.50** Grandpa in My Pocket **4.05** Boj **4.15** What's the Big Idea? **4.20** Kaboom **4.30** Nina and the Neurons: Get Sporty **4.45** Peter Rabbit **5.00 CHOICE New series.** Jamillah and Aladdin **See p65 5.50** Nina, Nelly & Nora **6.00** Clangers **6.10** Abney & Teal **6.20** In the Night Garden... **6.50–7.00pm** Bedtime Story: with Lee Ingleby

CBBC 120

Freeview 120 Freesat 607 Sky 613 Virgin 701

7.00am Arthur **7.15** Zig and Zag **7.25** Danger Mouse **7.35** ZOTD Hacked **7.40** Newsround **7.45** Wild & Weird **8.00** Class Dismissed **8.15** Newsround **8.25** Diddy TV **8.40** Joke Machine **8.45** Nina: Odd Squad **9.00** Nina: Hacker Time **9.30** Nina: Just Kidding **9.55** Copycats **10.30** Young Dracula **11.23** Young Dracula Files **11.55** Matilda and the Ramsay Bunch **12.30pm** Next Step **12.35** Hetty Feather **1.25** Dumping Ground **1.30** Hacker Time **2.00** Copycats **2.30** Wild & Weird **2.45** DYKWIA **3.00** Odd Squad **3.30** Dennis the Menace and Gnasher **3.20** Sidekick **3.35** Endangered Species **3.45 New.** Bottersnikes & Gumbles **4.00** Just Kidding **4.20** Newsround **4.30 New.** Tracy Beaker Survival Files **5.00** Operation Ouch **5.30** Dumping Ground **6.00** Hacker's Olympic Rundown **6.05 New.** Bottersnikes & Gumbles **6.20** The Deep **6.45 New.** Danger Mouse **6.55** Liberation **7.00** Horrible Histories **7.30** Marrying Mum and Dad **8.00** Lost & Found: Jam Sessions **8.05** Next Step **8.25–9.00pm** Dumping Ground

CITV 122

Freeview 122 Freesat 602 Sky 621 Virgin 734

Programmes 6.00am–9.00 not Freeview

6.00am Monsunu **6.20** Signed Stories: Share a Story **6.30** Dino Dan: Trek's Adventures **7.15** Oddbods **7.25** Grizzly Tales for Gruesome Kids **7.55** City Shorts **8.25** Oddbods **8.30 New.** What's New Scooby-Doo? **10.00** Mr Bean: the Animated Series **11.00** Horrid Henry **12 noon** Nands & Monsters **12.30pm** Looped **1.00** Mr Bean: the Animated Series **2.00** Horrid Henry **3.00** Thunderbirds Are Go **3.30** What's New Scooby-Doo? **3.55** My Parents Are Aliens **5.05** Fort Boyard Ultimate Challenge **6.00** Max Steel **6.25** Matt Hatter Chronicles **6.55** Horrid Henry **7.55** Looped **8.25** Thunderbirds Are Go **8.55–9.00pm** Signed Stories: Share a Story

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The Silence of the Lambs ★★★★★
9.00pm ***Sky Crime/Thriller***

It's 25 years since this multi-Oscar winner, adapted from Thomas Harris's bestseller, was responsible for giving cinematic serial killers a better image, thanks to Anthony Hopkins's enthralling portrayal of Hannibal Lecter. Co-star Jodie Foster (see Saturday), as FBI agent Clarice Starling, is also superb in a film that still summons up a magnificent air of chilling, gothic gloom. **JOHN FERGUSON**

Making a splash

The Change-Up ★★★★ *11.25pm* ***Film4*** FREEVIEW

People often end up in fountains in the movies: Anita Ekberg cavorts in the Trevi in *La Dolce Vita*; Keira Knightley dives into one in *Atonement*; the happy couple fall in one in *The Princess Diaries 2*; the Griswolds go for a paddle in *European Vacation*. Less memorably for some, unforgettably for others, in life-swap comedy *The Change-Up* (review, page 37) its male protagonists switch bodies after, ahem, urinating in a magic fountain. **ANDREW COLLINS**

A kids' double bill

Megamind ★★★★/ **Over the Hedge** ★★★
Netflix

If the holidays are getting too much, stream them this corking animation about bulbous-headed ET villain Megamind. Or if furry critters are more their thing, it's showing with *Over the Hedge*, in which the crafty raccoon is voiced by Bruce Willis. **TONY PETERS**

FREEVIEW

Film4 (15)

9.00am Gentle Ben: Black Gold ★★ (2063) **10.50** Movie News **11.00 Gentle Ben: Terror on the Mountain** ★★ Adventure, (2002) **12.50pm** Movie News **1.00 The Call of the Wild: Dog of the Yukon** ★★★ Adventure, (1996, 12) **2.50** Movie News **3.00 Summertree** ★★ Drama, (1971) **4.50** Movie News **5.00 The Crossing** ★★★ (2000)

6.55pm Man of the House ★★ Action comedy starring Tommy Lee Jones as a crusty cop assigned to babysit a bunch of cheerleaders who are the only eyewitnesses to a Mob hit. (2005, 12)

9.00 Lesbian Vampire Killers ★★ Vulgar comedy horror with Gavin & Stacey stars James Corden and Mathew Horne. (Mylène Barley, Vera Filatova) (2008, 15)

10.50 Resident Evil: Apocalypse ★ Limp and uninspired sci-fi action horror. (Milla Jovovich, Sienna Guillory, Oded Fehr) (2004, 15)

12.40am Resident Evil: Extinction ★★ Sci-fi action horror. (Milla Jovovich) (2007, 15) **2.35 Harry and Walter Go to New York** ★★ Crime caper. James Caan, Elliott Gould, Michael Caine (1976, 15) **5.00–6.00am** Highway to Heaven

Movies4Men (48)

Freeview 40 **Freesat** 304 **Sky** 325

6.00am A Likely Story ★★ Comedy. (1947) **7.45 They Won't Believe Me** ★★★ Drama, (1947) **9.35 Culloden 1746** ★★★ Drama, (1964, PG) **11.25 The Giants of Thessaly** ★★ Adventure. (1960) **1.10pm The Brigand of Kandahar** ★★ Adventure. (1965, PG) **2.50 The Last Blitzkrieg** ★ Drama. (1958) **4.35 Farewell to the King** ★ Adventure. (1989, PG)

6.50pm One Minute to Zero ★★ Drama in which Robert Mitchum and Ann Blyth's romance comes under strain during the Korean War. (1952)

9.00 Saints and Soldiers ★★ True story about American soldiers who escape a Nazi massacre. (Corbin Kidred) (2003, 15)

10.50 Desperado ★★★★ This explosive action adventure stars Antonio Banderas as a mysterious guitar-playing stranger who's out for vengeance against an evil drugs baron. (Salma Hayek) (1995, 18)

12.50am Shadow of the Hawk ★★ Intriguing supernatural horror. (Jon-Michael Vincent) (1976) **2.40–4.00am Heli Squad** ★★ Second World War drama. (Kaplan) (1950)

Movies4Men +1 **Freesat** 305 **Sky** 326

Premiere

Sky 301 **Virgin** 401 **BT** 503 **HD** **Virgin** 431

6.00am 4 Minute Mile ★★ Sports drama. (Kelly Blatz, Richard Jenkins, Kim Basinger) (2014, 12) **7.40** As 4.20pm **9.30** As 11.45pm **11.00** As 6.10pm **12.50pm** As 10pm **2.20** As 8pm **4.20 Dragon Ball Z: Battle of Gods** ★★ Animated comedy. (Sean Schemmel, Christopher R Sabat, Kyle Hebert) (2013, 12)

6.10pm Suffragette ★★★★ Inspiring drama. **Choice, p62.** (Carey Mulligan, Helena Bonham Carter, Meryl Streep, Brendan Gleeson, Anne-Marie Duff) (2015, 12)

8.00 Pan ★★★★ Spectacular attraction adventure prequel. (Levi Miller, Hugh Jackman, Rooney Mara) (2015, PG)

10.00 Hangar 10 ★★ Routine found-footage horror. (Danny Shayler, Abbie Salt, Robert Curtis) (2014, 15)

11.45 Sixteen ★★★ Coming-of-age drama. (Roger Jean Nsengiyumva) (2013, 15)

1.20am 4 Minute Mile As 6am **3.00 Infini** ★★ Aussie sci-fi yarn. (Daniel MacPherson, Grace Huang) (2014, 15) **5.00** Star Trek Beyond Special **5.30** Suicide Squad: Special

Premiere +1 **Sky** 302 **Virgin** 402

Greats

Sky 304 **Virgin** 404 **BT** 508 **HD** **Virgin** 434

6.00am Little Shop of Horrors ★★★★ Musical. (Rick Moranis) (1986, PG) **7.45** The Top Ten Show **8.05** As 7pm **10.05** As 4.55pm **12.10pm Anna and the King** ★★★ Period drama. (Jodie Foster, Chow Yun-Fat) (1999, 12) **2.45 Cool Hand Luke** ★★★★ Prison drama. (Paul Newman, George Kennedy) (1967, 15)

4.55pm Demolition Man ★★★★ Entertaining sci-fi thriller. (Sylvester Stallone, Wesley Snipes, Sandra Bullock) (1993, 15)

7.00 Hitch ★★★ Flimsy but appealing comedy. (Will Smith, Eva Mendes, Kevin James, Amber Valletta) (2005, 12)

9.00 Beverly Hills Cop ★★★★ Blockbuster fish-out-of-water action comedy. (Eddie Murphy) (1984, 15)

10.50 Beverly Hills Cop II ★★ Flashy action comedy sequel. (Eddie Murphy, Judge Reinhold, John Ashton) (1987, 15)

12.35am Beverly Hills Cop III ★★ Action comedy. (Eddie Murphy) (1994, 15) **2.20 Groundhog Day** ★★★★★ Comedy fantasy. (Bill Murray) (1993, PG) **4.20 Robots** ★★★ Animated comedy. (Ewan McGregor, Halle Berry) (2005, U)

Comedy

Sky 306 **Virgin** 408 **BT** 506 **HD** **Virgin** 438

6.40am Pitch Perfect 2 Special **7.10 Never Been Kissed** ★★★ (1999, 15) **9.05 When Harry Met Sally...** ★★★★★ (1989, 15) **10.50** The Top Ten Show **11.05 Idiocracy** ★★★ (2006, 15) **12.35pm Big Daddy** ★★★★ Comedy. (1999, 12) **2.15** As 8pm **4.05 Twins** ★★★★ (1988, PG)

6.00pm The Interview ★★★ Dumb but fun comedy. (James Franco, Seth Rogen, Lizzy Caplan, Randall Park) (2014, 15)

8.00 Ghost Town ★★ Sappy supernatural romantic comedy. (Ricky Gervais, Tea Leoni, Greg Kinnear) (2008, 12)

9.45 The Inbetweeners 2 ★★★ Hilarious comedy. (Simon Bird, James Buckley, Joe Thomas, Blake Harrison) (2014, 15)

11.35 Deuce Bigalow: European Gigolo ★ Comedy sequel. (Rob Schneider, Eddie Griffin) (2005, 15)

1.05am White Men Can't Jump ★★★★ Fast-paced comedy drama. (Wesley Snipes) (1992, 15) **3.05 Stir Crazy** ★★★ Comedy. (Gene Wilder) (1980, 15) **5.00 Revenge of the Pink Panther** ★★★ Comedy. (Peter Sellers) (1978, PG)

Hits

Sky 303 **Virgin** 403 **BT** 504 **HD** **Virgin** 433

6.10am Think like a Man Too ★★ Comedy. (2014, 12) **8.10** Kingsman: The Secret Service Special **8.40** As 5.45pm **11.00 Chappie** ★★★ Sci-fi thriller. (2015, 15) **1.05pm** As 6.35pm **3.20** The Top Ten Show **3.35 Second Best Exotic Marigold Hotel** ★★★★ Comedy drama. (2015, 12)

5.45pm Tomorrowland: a World Beyond ★★★★ Hugely amusing and totally beguiling adventure. (George Clooney, Britt Robertson) (2015, 12)

8.00 American Sniper ★★★★ Absorbing action drama telling the story of legendary sniper Chris Kyle, the most wanted man in Iraq. (Bradley Cooper, Sienna Miller) (2014, 15)

10.15 Fifty Shades of Grey ★★ Slick but stilted erotic soap opera. (Dakota Johnson, Jamie Dornan) (2015, 18)

12.25am Chappie As 11am **2.30 Horrible Bosses 2** ★★★ Workmanlike comedy sequel. (Jason Bateman, Jason Sudeikis, Charlie Day) (2014, 15) **4.20 The Second Best Exotic Marigold Hotel** As 3.35pm

Action/Adventure

Sky 307 **Virgin** 407 **BT** 502 **HD** **Virgin** 437

6.00am The Top Ten Show **6.20 Into the Grizzly Maze** ★★ Horror. (Billy Bob Thornton) (2015, 15) **8.05 The Matrix** ★★★★★ Sci-fi action thriller. (Keanu Reeves) (1999, 15) **10.35** As 8pm **1.05pm** As 10.20pm **3.05** The Top Ten Show **3.20 The Italian Job** ★★★ Comedy caper. (Michael Caine) (1969, PG)

5.15pm Exodus: Gods and Kings ★★★ Ridley Scott gives this biblical epic a modern edge. (Christian Bale) (2014, 12)

8.00 Fast & Furious 7 ★★★★ Paul Walker bows out in style in this globe-trotting entry in the muscle-car franchise. (Vin Diesel, Dwayne Johnson, Jason Statham, Michelle Rodriguez) (2015, 12)

10.20 The Terminator ★★★★★ Exciting sci-fi action thriller starring Arnold Schwarzenegger. (Michael Biehn, Linda Hamilton) (1984, 15)

12.15am Crouching Tiger, Hidden Dragon ★★★★★ Martial arts epic. (Chow Yun-Fat, Michelle Yeoh, Zhang Ziyi) (2000, 12) **2.20 Death on Live** ★★ Sci-fi thriller. (Dominic Sessions) (2013, 15) **4.15 The Italian Job** As 3.20pm

Crime/Thriller

Sky 309 **Virgin** 409 **BT** 509 **HD** **Virgin** 439

7.00am Captive As 7.20pm **8.40 Enemy** ★★★★ Thriller. (2013, 15) **10.15 Rage** ★ Thriller. (2014, 15) **11.55 After the Sunset** ★★★ Crime caper. (2004, 15) **1.35pm Kill the Messenger** ★★★ Crime drama. (2014, 15) **3.35 The Left** ★★ Thriller. (2014, 15) **5.20 Hostage** ★★ Crime thriller. (2004, 15)

7.20pm Captive ★★ Slow-moving thriller. (David Oyelowo, Kate Mara) (2015, 12)

9.00 The Silence of the Lambs ★★★★★ FBI agent Clarice Starling seeks the help of incarcerated Hannibal Lecter to track down a serial killer in this magnificent psychological thriller. **Choice, left.** (Jodie Foster, Anthony Hopkins) (1991, 15)

11.00 Knock Knock ★★ Home-invasion thriller. (Keanu Reeves, Ana de Armas, Lorenza Izzo, Ignacia Allamand) (2015, 18)

12.45am Deliverance ★★★★★ Thriller. (Jon Voight, Burt Reynolds) (1972, 18) **2.45 Straight Time** ★★★ Crime drama. (Dustin Hoffman, Theresa Russell) (1978, 18) **4.45 Deep Family Secrets** ★★★ Thriller. (Richard Dreyfuss, Angie Dickinson) (1997)

Key (S) Subtitles (SL) Signing (AD) Audio description

Disney

Sky 305 **Virgin** 405 **BT** 503 **HD** **Virgin** 435

6.55am Mulan II ★★ Animation. (Ming-Na) (2004, U) **8.25** As 4.55pm **10.10** As 9.50pm **12 noon Pixar: Fire and Rescue** ★★★ Animation. (Dave Cook) (2014, U) **1.30pm The Tigger Movie** ★★ Animation. (2000, U) **2.55** Frozen Fever **3.05** As 8pm **4.55 A Bug's Life** ★★★★ Animation. (Dave Foley) (1998, U)

6.35pm The Many Adventures of Winnie the Pooh ★★★★ Entertaining animation. (Sterling Holloway, Paul Winchell, Sebastian Cabot) (1977, U)

8.00 Big Hero 6 ★★★★ High-energy animated adventure. (Scott Adsit, Ryan Potter) (2014, PG)

9.50 101 Dalmatians ★★★ Live-action version of the canine caper. (Glenn Close, Jeff Daniels, Joely Richardson) (1996, U)

11.40 The Kid ★★★ Sentimental comedy. (Bruce Willis, Spencer Breslin) (2000, PG)

1.35am White Fang 2: Myth of the White Wolf ★★ (1994) **3.30 Duck Tales: the Movie – Treasure of the Lost Lamp** ★★★ (1990) **4.55** Big Hero 6: Special **5.25 Confessions of a Teenage Drama Queen** ★★★ (2004)

Drama/Romance

Sky 310 **Virgin** 410 **BT** 511 **HD** **Virgin** 440

6.00am Wolf ★★★ Horror. (Jack Nicholson) (1994, 15) **8.15 Scene Like It Hot** ★★★★★ Comedy. (Marilyn Monroe) (1959, U) **10.25 Elsa & Fred** ★★★ Period comedy drama. (Shirley MacLaine) (2014, 12) **12.10pm** As 8pm **2.10 Wuthering Heights** ★ Romantic drama. (Juliette Binoche, Ralph Fiennes) (1992, PG)

4.05pm In & Out ★★★★ Delightful comedy from director Frank Oz. (Kevin Kline, Joan Cusack) (1997, 12)

5.45 Selma ★★★★ Sweeping historical drama. (David Oyelowo, Tom Wilkinson, Carmen Ejogo, Giovanni Ribisi) (2014, 12)

8.00 The Age of Adaline ★★★ Easy-going romantic fantasy. (Blake Lively, Harrison Ford, Michiel Huisman) (2015, 12)

10.00 Definitely, Maybe ★★ Romantic comedy. (Ryan Reynolds, Elizabeth Banks, Rachel Weisz, Isla Fisher) (2008, 12)

12 midnight Coach Carter ★★★ Basketball drama. (Samuel L Jackson) (2005, 12) **2.20am In the Name of the Father** ★★★★ Drama. (Daniel Day-Lewis) (1993, 15) **4.40 A Place in the Sun** ★★★★ Drama. (Montgomery Clift) (1951, 12)

Select

Sky 312 **Virgin** 412 **BT** 510 **HD** **Virgin** 442

6.25am Hell is for Heroes ★★★ Adventure. (Steve McQueen) (1962, 12) **8.00** As 5.50pm **10.30** As 8pm **12.05pm** As 10pm **2.05 Breakfast at Tiffany's** ★★★★★ Romantic drama. (Audrey Hepburn, George Peppard) (1961, PG) **4.05 True Story** ★★★ Crime drama. (Jonah Hill, James Franco) (2015, 15)

5.50pm Spy Game ★★★ Diverting espionage tale. (Robert Redford, Brad Pitt, Catherine McCormack) (2001, 15)

8.00 Me and Earl and the Dying Girl ★★★★ A quirky drama about the relationship between a self-obsessed young man and a girl dying of leukaemia. (Thomas Mann, Olivia Cooke) (2015, 12)

10.00 RocknRolla ★★★ Guy Ritchie's inspired crime caper. (Gerard Butler, Tom Wilkinson, Thandie Newton) (2008, 15)

12 midnight The Burning ★★★ Drama. (Lee Garcia Bernal, Alice Braga) (2014, 15) **1.50am Marathon Man** ★★★★ Thriller. (Dustin Hoffman, Laurence Olivier, Roy Scheider, William Devane) (1976, 15) **4.00 Breakfast at Tiffany's** As 2.05pm

Fairy Tales

Sky 306 **Virgin** 406 **BT** 505 **HD** **Virgin** 436

6.00am The NeverEnding Story ★★★★ Fantasy. (1984, U) **7.45** As 8pm **9.30 Alice in Wonderland** ★★★ Animated fantasy. (1951, U) **11.00** Cinderella Special **11.15** As 6.30pm **12.50pm** As 9.40pm **3.25 Tinker Bell and the Lost Treasure** ★★ Animated fantasy. (Mae Whitman) (2009, U)

5.00pm Tinker Bell and the Great Fairy Rescue ★★★ Animated fantasy. (Mae Whitman) (2010, U)

6.30 Peter Pan ★★★★ Delightful animated fantasy. (Bobby Driscoll, Kathryn Beaumont, Hans Conried) (1953, U)

8.00 The Princess and the Frog ★★★ Fun, hand-drawn animation. (Anika Noni Rose, Bruno Campos) (2009, U)

9.40 Hook ★★★ Entertaining fantasy adventure. (Dustin Hoffman, Robin Williams, Julia Roberts, Bob Hoskins) (1991, U)

12.10am Tinker Bell and the Lost Treasure As 3.25pm **1.35 Tinker Bell and the Great Fairy Rescue** As 5pm **2.55 The NeverEnding Story** As 6am **4.40 Alice in Wonderland** As 9.30am

Sci-Fi/Horror

Sky 311 **Virgin** 411 **BT** 507 **HD** **Virgin** 441

6.00am Deep Blue Sea As 3.30pm **8.00 Premonition** As 5.30pm **9.45** The Top Ten Show **10.00 Babylon AD** As 7.15pm **11.45 Ant-Man** As 9pm **1.45pm The Visit** As 11pm **3.30 Deep Blue Sea** ★★★ Thriller. (Saffron Burrows) (1999, 15) **5.30 Premonition** ★ Thriller. (Sandra Bullock, Julian McMahon) (2007, 12)

7.15pm Babylon AD ★★ Slight dystopian sci-fi thriller. (Vin Diesel, Michelle Yeoh, Mélanie Thierry, Lambert Wilson) (2008, 12)

9.00 Ant-Man ★★★ Light-hearted comic-book adventure that's more about jesting than jousting. (Paul Rudd, Michael Douglas, Evangeline Lilly, Corey Stoll) (2015, 12)

11.00 The Visit ★★★ M Night Shyamalan's blackly comic horror. (Deanna Dunagan, Peter McRobbie, Kathryn Hahn, Ed Oxenbould) (2015, 15)

12.45am Carrie ★★★★★ Landmark horror. (Sissy Spacek, Piper Laurie) (1976, 18) **2.40 Cujo** ★★ Horror. (Dee Wallace, Christopher Stone) (1983, 18) **4.20 Battle for the Planet of the Apes** ★ Sci-fi fantasy. (Roddy McDowall) (1973, PG)

TCM

Sky 317 **Virgin** 415 **BT** 512 **HD** **Virgin** 416

7.35am The Sheepman ★★★★ Western. (1958, U) **9.20 Tarzan's Three Challenges** ★★ Adventure. (1963, U) **11.15 Oregon Passage** ★★ Western. (1958, U) **12.50pm** Kung Fu **3.00 The Red Badge of Courage** ★★★★ Drama. (1951, U) **4.20 The Longhorn** ★★★ Western. (1951, U)

5.40pm Yellowstone Kelly ★★★ Well-made western. (Clint Walker, Edward Byrnes, John Russell) (1959, U)

7.25 The King's Thief ★ Period adventure. (David Niven, Ann Blyth) (1955, U)

9.00 Hard to Kill ★★★ Visceral action thriller. (Steven Seagal, Kelly LeBrock, Bill Sadler, Frederick Coffin, Bonnie Burroughs) (1989, 18)

10.55 Young Guns II – Blaze of Glory ★★ Disappointing western sequel. (Emilio Estevez, Kiefer Sutherland, Lou Diamond Phillips) (1990, 15)

1.00am Conspiracy Theory with Jesse Ventura **3.00** Hollywood's Best Film Directors

TCM +1 **Sky** 318 **Virgin** 417

SPORT Choices

Premier League Football *7.00pm* ***Sky Sports 1***

Full-on London derby action rounds off the first weekend of the new Premier League season as Chelsea face West Ham United at Stamford Bridge. The excitable new Blues manager, Antonio Conte, needs to make sure established stars perform as they should after last season's let-down. Diego Costa has looked lean and mean during pre-season and could bother the visiting defence, although the main priority for the Irons is to recruit strikers. **STEVE WALL**

Sky Sports 1

Sky 401 **Virgin** 511 **BT** 402 **HD** **Virgin** 501

6.00am Football Gold **7.00** Wrestling **8.00** Goals on Sunday **9.00** Premier League Football **10.00** Football Gold (AD) **10.30** Great Sporting Moments **11.00** Premier League Legends: Robert Pirès **11.30** Football Gold (AD)

12.30pm Premier League Football Yesterday's action.

1.30 Premier League Legends
2.00 Premier League Years (AD)
4.00 Premier League Football
5.00 Sporting Triumphs
5.30 Soccer AM
7.00 LIVE Premier League Football Chelsea v West Ham United at Stamford Bridge (kick-off 8.00). The Blues were low-key last term and will step up the pace under new boss Antonio Conte. The Irons are seeking to build on a solid 2015/16 season in a new era after leaving the Boleyn Ground.
11.00 Scottish Football The best action from the Premiership.
11.30 Super League Fulltime
12 midnight Premier League Football
1.30 Scottish Football **2.00** Premier League Football **3.30** Scottish Football **4.00** Premier League Football **5.30–6.00am** Scottish Football

Sky Sports 2

Sky 402 **Virgin** 512 **BT** 403 **HD** **Virgin** 502

6.00am Cricket Classics (AD) **7.00** Cricket's Greatest (AD) **8.30** Test Cricket: England v Pakistan

10.30 LIVE Test Cricket The fifth and final day of the fourth and last Test between England and Pakistan, at the Oval. The tourists will go on to play two one-day internationals against Ireland before meeting England again in five ODIs and one Twenty20.

6.00pm Cricket's Greatest (AD)
8.00 Test Cricket **10.00** Super League Fulltime **10.30** Cricket's Greatest (AD) **11.00** Test Cricket
1.00am Cricket's Greatest (AD)
2.00 Test Cricket **4.00–6.00am** Cricket's Greatest (AD)

Sky Sports 3

Sky 403 **Virgin** 513 **HD** **Virgin** 503

6.00am Darts Gold (AD) **7.00** Boxing Gold **8.00** Major League Soccer **10.00** Sporting Heroes **11.00** Racing News **11.30** Sporting Greats (AD)

12 noon Time of Our Lives (AD)
1.00pm Major League Soccer
3.00 Sporting Heroes (AD)
4.00 LIVE Tennis The ATP Cincinnati Masters, day one in the seventh of this year's nine tournaments in the Masters 1000 Series. More at 12 midnight.
10.00 More than a Game Andy Flower and Henry Olonga's protest at the 2003 Cricket World Cup.
10.30 Great Sporting Moments
11.00 Darts Gold
11.45 Legends of Darts
12 midnight LIVE Tennis Day one of the ATP Cincinnati Masters.
3.30am Super League Fulltime **4.00** Legends of Darts **5.00** Sporting Triumphs **5.30–6.00am** Super League Fulltime

Sky Sports 4

Sky 404 **Virgin** 514 **HD** **Virgin** 534

6.00am PGA Tour Classic **7.00** US Tour Golf **10.00** US Senior Open Golf: the final day of the Major
2.00pm PGA Tour Classic **3.00** Wonderful World of Golf (AD) **4.30** Sporting Greats (AD) **5.00** PGA Tour Classic **6.00** Chronicles of a Champion Golfer **7.00** US Tour Golf: the John Deere Classic **8.00** Golf: the Sir Bobby Robson Golf Classic **10.00** US Tour Golf **11.00** Chronicles of a Champion Golfer
12 midnight US Tour Golf **1.00am** PGA Tour Classic **2.00** Wonderful World of Golf (AD) **3.30** Sporting Greats: Gary Player (AD) **4.00** Wonderful World of Golf (AD) **5.30–6.00am** Sporting Greats (AD)

Sky Sports 5

Sky 405 **Virgin** 515 **BT Vision+** 406 **HD** **Virgin** 505

6.00am Football's Greatest Teams (AD) **6.30** Football's Greatest Players **9.00** Football's Greatest Teams (AD) **11.00** Major League Soccer

1.00pm Football's Greatest Teams Spain, 2008 to 2012. (AD)
1.30 Football's Greatest Players
3.00 Spanish Football Gold (AD)
4.00 Wrestling WWE Raw.
6.00 Football's Greatest Teams Manchester United 1998/99. (AD)
7.00 Football's Greatest Players
8.30 Major League Soccer
9.00 Wrestling
9.30 Football's Greatest Managers Arrigo Sacchi. (AD)
10.00 Wrestling WWE Raw.
11.00 Major League Soccer
1.00am LIVE Wrestling: WWE Raw action from the States **4.15** Wrestling **4.30** Football's Greatest Players **5.00–6.00am** Spanish Football Gold (AD)

Eurosport 1

Sky 410 **Virgin** 520 **BT** 412 **HD** **Virgin** 521 **BT** 435

7.25am Going for Gold **7.30** Cycling **10.00** Tennis: ATP Los Cabos Open final **11.30** British Superbikes
1.30pm Motorcycling: North West 200 **2.30** News **2.35** Going for Gold **2.40** The Ronnie O'Sullivan Show **3.00** Snooker **5.00** Cycling **6.00** Going for Gold **6.15** Cycling **8.15** News **8.20** Cycling **9.45** News **9.50** Going for Gold **9.55** Snooker **11.55** Boxing **12.55–1.00am** Going for Gold

Eurosport 2

Sky 411 **Virgin** 524 **BT** 413 **HD** **Virgin** 522 **BT** 436

5.15am LIVE Test Cricket Sri Lanka v Australia, day three of the Third Test at the Sinhalese Sports Club Ground. More at 8.10am.
7.30 Triathlon **8.00** Watts
8.30 LIVE Test Cricket Sri Lanka v Australia, the afternoon session on day three. More at 10.30am.
10.10 News **10.25** Going for Gold
10.30 LIVE Test Cricket Sri Lanka v Australia, the concluding overs on day three of the Third Test in Colombo.
12.30pm Cycling **4.00** World Superbikes **6.00** Motocross **7.00** Snooker **9.00** Boxing **10.00** Eurosport News **10.05** Cycling **12.10am** Going for Gold **12.15** Eurosport News **12.20** Motorcycling **12.30–5.15am** Eurosport News

BT Sport 1

Sky 413 **Virgin** 531 **BT** 400 **HD** **Virgin** 527 **BT** 430

6.00am Scottish Football **7.30** Premier League Football: Man City v Sunderland **9.00** Premier League Review **10.00** Brazilian Football **11.30** German Football
1.00pm Premier League Review **2.00** Tennis: the final of the WTA Montreal Open
4.00 LIVE Tennis The WTA Cincinnati Open, first-round matches on day one of this outdoor hardcourt tournament, won last year for the second time by Serena Williams.
2.00am Hockey **2.30** Scottish Football **3.00** Non-League Football **3.30** French Football **4.30–6.00am** Brazilian Football

BT Sport 2

Sky 414 **Virgin** 532 **BT** 401 **HD** **Virgin** 523 **BT** 431

6.00am MotoGP **10.00** Motor Racing **11.00** World Rally **11.30** World Sport
12 noon Non-League Football
12.30pm Four Days in October (AD)
1.30 MotoGP **3.30** Hockey **4.00** Motorcycling **4.30** Motor Racing **5.30** French Football: Ligue 1 round-up **6.30** Scottish Football **7.00** Fishing **8.00** Hockey World **8.30** World Rally **9.00** Mixed Martial Arts: the amateur World Championships in Las Vegas **10.00** French Football **11.00** Global Goals **11.15** Non-League Football: round-up from the National League **11.45** Scottish Football
12.15am Brothers in Exile: the tale of two Cubans who became Major League pitchers (AD) **1.45** Global Goals **2.00–6.00am** MotoGP

BT Sport 3

Sky 417 **Virgin** 533 **BT** 402 **HD** **Virgin** 529 **BT** 432

6.00am French Football: six games **3.00pm** German Football **4.30** Premier League Review **5.30** MotoGP: yesterday's Moto3, Moto2 and MotoGP races from Austria **9.30** Motorcycling **10.00** Brazilian Football **11.30** Hockey World
12 midnight Motor Racing: British GT action **1.00am** Fishing **2.00** German Football **3.30** Scottish Football **5.00–6.00am** Fishing

BT Sport//ESPN

Sky 416 **Virgin** 534 **BT** 411 **HD** **Virgin** 530 **BT** 433

6.00am American Football: Saskatchewan Roughriders v Calgary Stampeders and BC Lions v Hamilton Tiger-Cats, Canadian Football League **11.00** Major League Baseball
6.00pm LIVE Major League Baseball Cleveland Indians v Boston Red Sox (start time 6.10), an American League game.
9.00 Major League Baseball **9.30** Boxing **11.30** American Football
12 midnight LIVE Major League Baseball Detroit Tigers v Kansas City Royals (start time 12.10am).
3.00am Major League Baseball
4.30 Last Week, This Week **5.00–6.00am** Major League Baseball

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TUESDAY Choices

HOT TO TROTT
Can Laura Trott become Britain's most successful female Olympian?

WHEELS ON FIRE
Racing to gold in the omnium at the World Championships in March

PICK OF THE DAY **Cycling: Women's Omnium** *2.57pm* ***BBC4***

She's 24, 5ft 4in and a beaming joy whenever she steps in front of the camera. But anyone who still overlooks Laura Trott in the pantheon of British Olympians really hasn't been paying close attention to the revolutionary success factory that is British Cycling.

Trott is reigning Olympic, world and European champion in the omnium, cycling's multi-discipline test of speed, power and stamina. From straight time trials and individual pursuits to wheel-to-wheel bunched group races, only all-rounders will survive. Trott's small frame and tactical nous makes her a clear favourite.

Her partner Jason Kenny is aiming to match Sir Chris Hoy's record of six gold medals, but if Trott wins just one more gold, she will be out on her own as Britain's most successful female Olympian ever. We'll leave it to them to work out who deserves the bragging rights in that particular household. **JAMES GILL**

Sailing: Men's Finn Medal Race

5.00pm ***BBC1***

For years the only pub quiz answer most people could have given about Olympic sailing was "Ben Ainslie". Not surprising when he was the most garlanded sailor in Olympic history, with medals at five consecutive Games. But Sir Ben has tacked away to captain Britain's America's Cup team, which means the similarly talented Giles Scott can finally emerge from his wake.

In today's Finn Class medal race, the 29-year-old Scott will be clear favourite – he has won the last four World Championships. After years waiting in the Olympic wings (because GB could enter only one sailor in the class – inevitably Ainslie) this is Scott's moment. **DAVID BUTCHER**

Gymnastics: Women's Floor Final

6.45pm ***BBC2***

Floor is one of Team GB gymnast Claudia Fragapane's strengths, so the women's floor final should be a chance for her really to show off. Working on floor is a seriously liberating business for the team and their coaches – they get music, acrobatics and a lovely bouncy floor to "play" with, and making it look effortless is part of the craft.

Athletes to watch include the American Simone Biles, who has a jaw-dropping tumble sequence named after her, and teammate Aly Raisman. Presenter Matt Baker's uncontainable enthusiasm, which is always genuine when gymnastics is involved, will be an added highlight. **EMMA STURGESS**

Athletics: Women's 1500m final

2.30am ***BBC1***

Until a few weeks ago, the British record for women's 1500m had stood since Kelly Holmes set it at Athens in 2004. Then at last month's Anniversary Games, a student vet from Glasgow called Laura Muir broke Holmes's record, won gold and launched herself as the bright young hope of middle-distance running.

Paula Radcliffe believes Muir made herself a medal contender tonight. You'll have to sit up until the wee smalls to find out if she's right, but either way this will surely be an improvement on the equivalent race in 2012: six of the top nine finishers subsequently tested positive for drugs – one candidate for the title "dirtiest race of all time". **DB**

OTHER GOLDS TODAY

ATHLETICS Men's Triple Jump *1.50pm*, Women's Discus *3.20pm*, Men's High Jump *12.30am*, Men's 110m Hurdles *2.45am* **BOXING** Men's Lightweight *11.15pm* **CANOE SPRINT** Men's C1 1,000m *1pm*, Women's K2 500m *1.16pm*, Women's K1 200m *1.40pm*, Men's K1 1,000m *2.04pm* **CYCLING** Women's Sprint *9.44pm*, Men's Keirin *10.14pm* **DIVING** Men's 3m Springboard *9pm* **GYMNASTICS** Men's Parallel Bars *6pm*, Men's High Bar *7.30pm* **SAILING** Women's 470 *5.05pm*, Mixed Nacra 17 *6pm* **SWIMMING** Men's 10km *12 noon* **SYNCHRONISED SWIMMING** Duets Free Routine *6pm* **TABLE TENNIS** Women's Team *11.30pm* **WEIGHTLIFTING** Men's +105kg *12.30am* **WRESTLING** Men's 66kg *9.30pm*, Men's 98kg *10.30pm*

TONIGHT'S HIDDEN GEM

Billy Connolly's Tracks across America

10.40pm ***ITV***

The Big Yin's infectious curiosity and joy in the absurd have plenty to feed upon in this travel doc shown earlier this year. There's both dark humour and lyrical descriptions ("a town with the air of a hundred country songs brought to life") but Billy makes astute comments about America's dark side.

"You cannae just take people to Disneyland all the time," he explains with a shrug.

Inside the Factory

8.00pm ***BBC2***

DOCUMENTARY You may assume that Gregg Wallace's enthusiasm was confined to edibles. Wrong! He almost implodes with excitement at the UK's largest bicycle manufacturing factory, where a new, handmade bike comes off the production line "EVERY THREE AND A HALF MINUTES". Yes, all right mate, we can hear you. He calms down a bit when he's got a brazing torch in his hand but only because he's scared of burning himself. What's even more scary is discovering how hard it is for lorry drivers turning left to see bikes.

Meanwhile Ruth Goodman's history of folding bikes includes the fact that Second World War soldiers parachuted into occupied territory with a folded-down bicycle strapped to them. **JANE RACKHAM**

An Hour to Save Your Life

9.00pm ***BBC2***

DOCUMENTARY Watching three seriously injured people being treated by paramedics at the scene of their accident, you can't imagine that any of them are going to survive.

Following a car accident, 24-year-old Jacqueline, for instance, has such a badly fractured skull that brain matter is being squeezed out through the bone cracks "like toothpaste from a tube". Amazingly, before she's even been moved into the ambulance, the roadside team scans her brain for potentially fatal hidden blood clots.

But recovery for her, as well as the other two trauma cases (including another severe head injury) isn't guaranteed and one of them is left with neurological impairment. **JR**

Phil Spencer's Stately Homes

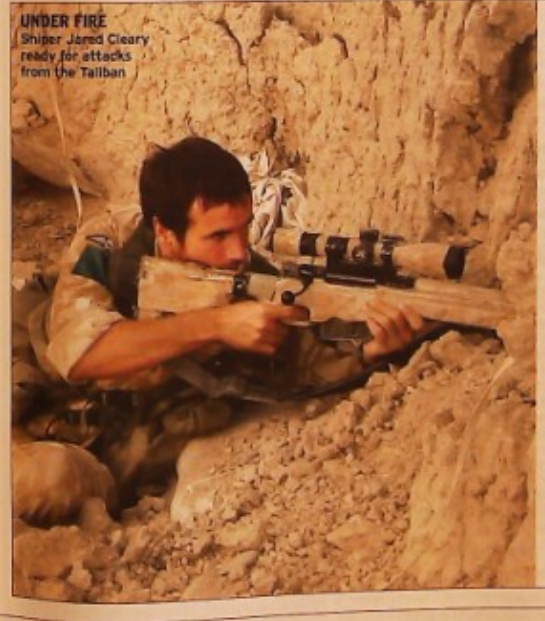
9.00pm ***More4***

PROPERTY For many, Castle Howard in Yorkshire will forever be linked to Charles Ryder and Sebastian Flyte in the TV adaptation of *Brideshead Revisited*. But it is, of course, the home of the Howard family, who have lived there almost continuously since it was built at the start of the 18th century. The current incumbent, Nick, shows Phil around, including a peek at the family mausoleum – definitely not part of the usual tour. What's startling, apart from the sheer sumptuousness of the building, is how much it cost and how long it took to build. **JR**

First Dates

10.00pm ***C4***

REALITY *First Dates* tackles some of the toughest obstacles of modern romance tonight – how do you cope when you fancy your friend's date? How do you move forward if a smartphone app warns that your suitor's star sign is only 30 per cent compatible with yours? What are the options when you're matched with someone who may not be able to fit two in their triangular bed? As ABBA said, love isn't easy, but *First Dates* is as encouraging and kind-spirited a watch as ever, as we observe a new cast of singletons. **SARAH CARSON**



UNDER FIRE
Sniper Jared Cleary ready for attacks from the Taliban

Heroes of Helmand

9.00pm ***C4***

DOCUMENTARY It's often the minor details in war documentaries that make grim stories accessible. In the midst of this extraordinary account of how, in 2006, an ad hoc company of British troops, mostly Paras, were pinned down by the Taliban at a remote compound in Musa Qala, former sniper Jared Cleary describes swabbing a wounded comrade's wounds with antiseptic and recalls how the cotton wool kept snagging on his shattered fingernails.

Cleary is one of several former members of Easy Company who are clearly still haunted by memories of repelling repeated assaults on their thinly defended compound. "They were attacking from all sides, all the time," remembers Ian Wornham. "The possibility of getting captured and executed was very real," says Cleary. He used to be a keen hunter, but tells us, "Now I don't do any shooting. I don't want to see anything get killed." **DB**

DISCOVER TV PICK

Today's best of BBC3, iPlayer, Netflix and beyond

Zoo

Netflix

Animals bite back in a US crama that executes a cheesy allegory with brio. Beasts attacking humans, both in Botswana and an LA zoo, is the start of a global conspiracy thriller that you should avoid if you're afraid of bats. Or rats. Or birds. Or leopards. Season one infests Netflix today.

CHILDREN'S CHOICE

Hacker Time

9.00am ***CBBC***

Tricked into the studio today is *Emmerdale* actress Michelle Hardwick, while Cel Spellman stars in Lost & Found.

■ **The Other Kingdom** *6.30pm* ***Nickelodeon (Sky 604, Virgin 712)***
Chaos breaks out when Astral loses control of her powers.

MORE LIVE SPORT

■ **Cincinnati Tennis, day two: ATP Masters** *4pm, 12 midnight* **SS3; WTA Open** *4pm* ***BT1***
French Open champion Garbiñe Muguruza seeks another big title.

■ **Under-19s One-Day Cricket: England v Sri Lanka, match three** *1.55pm* **Sky Sports 2**

■ **Champions League, play-off round, first-leg matches** *(k/o 7.45pm): 7pm* ***BT2****, 7.45pm* ***BT3***

FILM OF THE DAY

Donnie Brasco

9.00pm ***Movie Mix***

Johnny Depp is the FBI agent struggling to hide his identity from mobster Al Pacino in a 70s-set thriller. **See page 37**

TUESDAY Main Channels

BBC1

6.00am Olympic Breakfast
Charlie Stayt and Louise Minchin present a round-up of the news, while the presenters in Rio preview today's events at the Games. Replay of last night's action from 9.15am on BBC2, followed by live open-water swimming and athletics. (S) (HD)

9.15 Countryside 999
A surfer is bitten by an adder. (R) (S) (AD) (HD)

10.00 Homes under the Hammer
In Lynemouth, Belfast and Derby. (R) (S) (AD) (HD)

11.00 Wanted Down Under
Melanie and Rob spend time in Perth, before deciding whether to make the move permanent. (R) (S) (AD) (HD)

11.45 The Housing Enforcers
Two London families are living too close for comfort.
Repeated tomorrow 7.45am BBC2 (Revised rpt) (S) (HD)

12.15pm Bargain Hunt
From Ardingly antiques fair, West Sussex. (R) (S) (AD) (HD)

1.00 BBC News
Regional News; Weather (S) (HD)

1.45–6.00 Olympics 2016

1.45 Athletics
The men's triple jump and women's discus are the day's first athletics medals to be decided, while Usain Bolt, Justin Gatlin and Britain's Adam Gemili compete in the first round of the 200m. There's also British interest in the women's 100m hurdles heats, where Tiffany Porter begins her efforts to improve on her fifth-place finish at the World Championships. Presented by Hazel Irvine with Gabby Logan, and guests Michael Johnson, Denise Lewis, Paula Radcliffe and Colin Jackson. (S) (HD)
1.45 Women's pole vault qualifying
1.50 Men's triple jump final
2.30 Men's 1500m round one
3.05 Women's 100m hurdles round one
3.20 Women's discus final
3.50 Men's 200m round one
Commentary by Steve Cram, Brendan Foster, Andrew Cotter and Steve Backley.

4.00 Badminton
Action from the semi-finals of the men's and women's doubles. South East Asia and China are dominant in the sport – expect to see some South Korean, Malaysian and Indonesian players on the courts. Presented by Hazel Irvine. (S) (HD)

5.00–6.00 Sailing
Coverage of the medal race in the men's finn class, an event in which Great Britain's Giles Scott started as clear favourite. Scott has been described by compatriot and 2012 champion Sir Ben Ainslie as "Britain's best medal hope across all of our sports" in Rio. A fourth world title and a record of just one defeat in more than three years support that assertion. Presented by Hazel Irvine, with Shirley Robertson and commentary by Niall Myant and Ian Walker. Coverage continues on BBC4. **See choice, page 74.**
Switch to BBC2 at 6pm for gymnastics coverage, featuring the men's parallel bars final and the women's floor final. (S) (HD)

6.00 BBC News **Weather** (S) (HD)

6.30 Regional news magazines (S)

7.00–10.00 Olympics 2016

7.00 Gymnastics
The men's apparatus finals continue alongside the climax of the women's floor competition, where American three-times consecutive world champion Simone Biles will be set to wow the crowds. That's followed by what promises to be an enthralling duel on the men's high bar between Olympic champion Epke Zonderland from the Netherlands and world champion Kohei Uchimura of Japan. Presented by Clare Balding and Matt Baker, with guest Beth Tweddle and commentary by Craig Heap and Christine Still. **See choice, page 74.** (S) (HD)

Athletics *from 12 midnight* After high jumping to a bronze at London 2012, Robbie Grabarz has returned to form after having knee surgery, taking silver at the World Indoor Championships in March

8.00 Track Cycling
Coverage switches to the Velodrome as Laura Trott seeks a second successive Olympic gold medal in the women's omnium. **See choice, page 74.**
Then, in the women's individual sprint, Australian flag-bearer Anna Meares defends the Olympic title that she won against archrival Victoria Pendleton. Presented by Clare Balding. (S) (HD)
8.00 Women's sprint semi-finals, first race
8.10 Women's omnium, flying lap
8.36 Women's sprint semi-finals, second race
8.46 Men's keirin, second round
8.58 Women's sprint semi-finals, third race
9.05 Women's omnium, points race
9.44 Women's sprint final, first race
The commentary comes from Simon Brotherton and Chris Boardman. The cycling coverage continues on BBC2, including the women's sprint final and men's keirin final, plus diving action.

10.00 BBC News **Regional News; Weather** (S) (HD)
Followed by **National Lottery Update** (S)

10.45–4.00am Olympics 2016

10.45 Olympics Round-Up
With Mark Chapman and Clare Balding. (S) (HD)

12 midnight–4.00am Athletics
Three champions are crowned, with finals in the men's 110m hurdles and high jump, and women's 1500m (see choice, p74). They will all be new champions, since the 2012 110m hurdles winner Aries Merritt didn't qualify for Rio and both the high jump and 1500m champs, Russia's Ivan Yukhov and Turkey's Asli Cakir Alptekin respectively, are banned. Hosted by Jason Mohammed with Gabby Logan, and guests Michael Johnson, Denise Lewis, Paula Radcliffe and Colin Jackson. (S) (HD)
12.30 Men's high jump final
12.35 Women's javelin qualifying
12.40 Men's 110m hurdles semi-finals
1.05 Women's long jump qualifying
1.10 Women's 400m hurdles semi-finals
1.35 Men's 400m hurdles semi-finals
2.00 Women's 200m semi-finals
2.30 Women's 1500m final
2.45 Men's 110m hurdles final
Commentary by Steve Cram, Brendan Foster, Andrew Cotter and Steve Backley.

4.00am Weather for the Week Ahead (S) (HD)

4.05–6.00am BBC News (S) (HD)

Freeview 1 Freesat 101 Sky 101 Virgin 101
HD BBC1 HD Freeview 101 Freesat 106 Sky 115 Virgin 108

BBC4

1.00pm–2.00am Olympics 2016

1.00pm Canoeing
An afternoon of finals in the canoe sprint. The women's reigning 200m single kayak champion, New Zealand's Lisa Carrington, is the one to beat. (S) (HD)
1.00 Men's K1 1,000m final
1.16 Women's K2 500m final
1.40 Women's K1 200m final
2.04 Men's C1 1,000m final

2.00 Track Cycling and Canoeing
The women's sprint quarter-finals, the time trial in the women's omnium – featuring defending champion Laura Trott (see choice, page 74) – and the first round of the men's keirin. (S) (HD)
Track Cycling
2.00 Women's sprint quarter-finals, first race
2.18 Men's keirin first round
2.41 Women's sprint quarter-finals, second race
2.57 Women's omnium, time trial
3.19 Women's sprint quarter-finals, third race
3.25 Men's keirin repechages
3.46 Women's sprint 5th-8th places

4.00 Hockey and Football
Team GB could be represented in both the men's hockey semi-final and the women's football semi-final. Presented by Ore Oduba. (S) (HD)
Hockey
4.00 Men's first semi-final
Football
5.00 Women's first semi-final

6.00 Sailing
The medal race in the Nacra 17, a new Olympic class in which Great Britain's Ben Saxton and Nicola Groves will be pushing for a place on the podium. (S) (HD)

8.00 Football and Hockey
Great Britain's men lost out on a hockey medal in 2012 after Australia beat them 3–1 in the bronze match. Will they still be in the mix tonight? (S) (HD)
Football
8.00 Women's second semi-final
Hockey
9.00 Men's second semi-final

10.00 Diving
The men's 3m springboard final takes place, with GB's Jack Laugher hoping to be in contention. (S) (HD)

11.30–2.00am Table Tennis
The women's team gold-medal match. Dan Walker presents the action. (S) (HD)
2.00am Britain on Film: Kids Today Examining transformations in British education. (R) (S)
2.30 Sounds of the Sixties Featuring Pink Floyd. (R) (S)
3.00–4.00am The Secret Life of Waves (R) (S) (SL)

Freeview 9 Freesat 110 Sky 116 Virgin 137
HD BBC4 HD Freeview 106 Freesat 107 Virgin 163

NEVER MISS A MOMENT!

RED BUTTON
- Watch up to eight additional channels of live Olympics coverage via the red button, depending on your service provider
- Viewers with internet-connected TVs and set-top boxes, and Virgin subscribers, can watch every moment of live sport, via Red Button +

GO ONLINE
- There's live coverage online of every sport, every day at **bbc.co.uk/sport** and via the BBC Sport app

BBC2

6.00am Paul Martin's Handmade Revolution A guerrilla knitter competes for the prize. (R) (S) (HD)
6.45 Homes under the Hammer Properties in Derbyshire, Kent and Manchester. (R) (S) (HD)
7.45 The Housing Enforcers A flat with serious damp issues. Shown yesterday 11.45am BBC1 (S) (HD)
8.15–9.15 Sign Zone **8.15 Now You See It** *8/8* Mel Giedroyc presents. (R) (S) **8.45 The Hairy Builder** *5/15.* Wilton's Music Hall in east London. (R) (S) (AD)
9.15 Olympics 2016 Highlights Action from day ten, which featured athletics, boxing, track cycling and sailing. (S) (HD)
12.50pm Olympics 2016 Day 11 gets under way with the men's 10km open-water swim and, on the track, the women's 5,000m first round. Athletics continues on BBC1. (S) (HD)
1.45 Red Rock Some impulsive flirtation reminds Michael of his carefree past. (S) (AD) (HD)
2.30 The Edge Game show. (R) (S) (HD)
3.15 Escape to the Country A couple shop for property on the Isle of Wight. (R) (S) (AD) (HD)
4.00 The Great Antiques Map of Britain From the Royal Windsor Horse Show. (R) (S) (HD)
4.30 Flog It! Some Picasso ceramics. (R) (S) (HD)

5.15pm Pointless
Quiz show with Alexander Armstrong. (R) (S) (HD)

6.00 Olympics 2016
Live action from the gymnastics arena, where the finals of the men's parallel bars and women's floor disciplines take place. The parallel bars start at **6.00**, but British interest will mainly be in the floor at **6.45**, with Ellie Downie and Claudia Fragapane among the outside contenders for medals. Continues on BBC1. **See choice, page 74.** (S) (HD)

7.00 Eggheads
Jeremy Vine hosts the quiz show (S) (HD)

7.30 Grand Tours of Scotland
Paul Murton searches for the romantic ideal, travelling from the Trossachs to Iona and then the fabled Isle of Staffa, all places that enchant and inspire visitors. Previously shown on BBC4 (S) (HD)

8.00 Inside the Factory
RT *4/6 Series 2.* To find out how bicycles make it to our roads, Gregg Wallace learns how to put together 1,200 individual bike parts on a manual production line. Cherry Healey investigates why cyclists and trucks can be such a deadly combination, and Ruth Goodman reveals how 70,000 folding "parabikes" were manufactured during the Second World War. **See page 75.**
Producer Emma Pound. Series producers Chris Parkin and Amanda Lyon. Repeated tomorrow 11.20pm (S) (AD) (HD)

9.00 An Hour to Save Your Life
RT *2/4 Series 3.* After Christy is hit by a car, doctors suspect she could have bruising to her brain. Peter has been run over by a forklift truck and cannot move his legs, and there are concerns that he is bleeding internally. Jacqueline is involved in a car accident that leaves her with a severe skull fracture, causing her to lose consciousness. **See page 75.**
Director/Producer Jonathan Low. Rpt'd Thu 11.20pm (S) (AD) (HD)

10.00 Olympics 2016
The day's track cycling reaches a conclusion and the men's 3m springboard diving final takes place. (S) (HD)

10.45 Newsnight With Evan Davis. (S) (HD)

11.15 Weather (S) (HD)

11.20 Dragons' Den
4/16 Series 14. Featuring a water-saving device.
See choice, page 55. Shown Sunday 9pm (S) (AD) (HD)
12.20am Exodus: Our Journey to Europe *1/3.* Tales of people seeking a home in Europe. (R) (S) (AD) (HD)
1.20–3.20am Sign Zone **1.20 The Somme 1916: from Both Sides of the Wire** *3/3.* Peter Barton examines the final phase of the campaign. (R) (S) (AD)
2.20 Horizon: How to Find Love Online Xand van Tulleken investigates the science behind online match-making websites and goes on various dates. (R) (S)

Freeview 2 Freesat 102 Sky 102 Virgin 102
HD BBC2 HD Freeview 102 Freesat 102 Sky 102 Virgin 162

ITV

6.00am Good Morning Britain Martin Clunes and Katie Price discuss their new projects. (S) (HD)
8.30 Lorraine Guests, gossip and fashion. (S) (HD)
9.25 The Jeremy Kyle Show (R) (S) (HD)
10.30 This Morning Star guests and lifestyle features, including **Regional Weather** (S) (HD)
12.30pm Loose Women Michelle Heaton joins the ladies for a chat. Repeated 3am (S) (HD)
1.30 ITV Lunchtime News **Regional News; Weather** (S)
2.00 Judge Rinder Legal disputes. (R) (S) (HD)
3.00 Secret Dealers A nine-carat gold chain and a 19th-century flintlock pistol get the dealers interested. (R) (S) (HD) Followed by **Regional Weather**
4.00 Tipping Point Game show. (R) (S) (HD)

5.00pm Alphabetical
2/10. Quiz show hosted by Jeff Stelling. (S) (HD)

6.00 Regional News **Weather** (S)

6.30 ITV Evening News **Weather** (S)

7.00 Emmerdale
Vanessa and Tracy are both reluctant to visit their father in hospital, but are persuaded to go.

Vanessa Woodfield	Michelle Hardwick	Bob Hope	Tony Audenshaw
Tracy Shuttleworth	Amy Walsh	Brenda Walker	Lesley Dunlop
Ryan Windsor	Amelia Flanagan	Clare Sugden	Elizabeth Estensen
Cain Dingle	Gemma Atkinson	Gabby Thomas	Rosie Beetham
Charity Dingle	Emma Atkins	James Barton	Bill Ward
Lachlan White	Thomas Atkinson	Joanne Wright	Denise Black
Chrissie Sugden	Louise Marwood	Chas Dingle	Lucy Pargeter
Frank Clayton	Michael Praed	Adam Barton	Adam Thomas
David Metcalfe	Matthew Wolfenden	Andy Sugden	Kelvin Fletcher
Aaron Dingle	Danny Miller	Kerry Wyatt	Laura Norton
Jermaine Bailey	Micah Balfour	Lawrence White	John Bowe
Angie Bailey	Nina Toussaint-White	Ellie	Ashlie Robinson
Romola White	Samantha Giles	Jared	Richard Kay

Writer Paul Roundell. More cast Thursday
Repeated ITV2 tomorrow 8am and 12.10pm (S) (AD) (HD)

8.00 Endeavour
Series 2. **Neverland.** As 1966 draws to a close, a journalist's body found on railway tracks in strange circumstances threatens to expose unspeakable horrors from the past. Endeavour and Thursday find themselves at the dark heart of corruption in Oxford's corridors of power.

DC Endeavour Morse	Shaun Evans	Mary Portmore	Sarah Beck Mather
DI Fred Thursday	Roger Allam	Prison officer Wainwright	Mark Flitton
Chief Supt Reginald Bright	Anton Lesser	Chief Constable Rupert Standish	Derek Hutchinson
Dr Max DeBryn	James Bradshaw	Josiah Lansdorian	Richard Dixon
DS Peter Jakes	Jack Laskey	Hazel Wintergreen	Sarah Woodward
PC Jim Strange	Sean Rigby	Angela McGarrett	Emma Hiddleston
Henry Portmore	Oliver Coleman	Joan Thursday	Sara Vickers
Nicholas Myers	Andrew Gower	Win Thursday	Caroline O'Neill
Alderman Gerald Wintergreen	Gordon Kennedy	Sam Thursday	Jack Bannon
DI Bert Church	Simon Kunz	Muriel Cork	Abby Ford
Benny Topling	Oliver Lansley	Muriel Hicks	Sheene Marks
Dorothea Frazil	Abigail Thaw	DI Hugh Chard	Vince Leigh
Assistant Chief Constable Clive Deare	James Wilby	Dr Jasper Fairbridge	Paul Ridley
Tommy Cork	Louis Ashbourne Serkis	PC Wills	George Tarvey
"Honey" Parker	Martin Hancock	DI Gregson	Max Gold
		Force medical examiner	Nick Warfing

Writer Russell Lewis. Producer Camilla Gobin
Director Geoffrey Sax (R) (S) (AD) (HD)

10.00 ITV News at Ten
Weather; Regional News and Weather (S)

10.40 Billy Connolly's Tracks across America
RT *1/3.* The comedian's train journey through the USA begins in the Windy City, Chicago. From there, he heads to the Minnesota state fair and then moves on to explore an oil boomtown in North Dakota. He yodels with modern-day cowboys and arrives in Montana's answer to Glasgow, before reaching Seattle, where he visits a tent city that offers a unique answer to the problem of homelessness. **See page 75.**
Series director Mike Reilly. Series producer Michele Crowther (R) (S) (AD) (HD)

11.40 Murder, She Wrote
Murder in High C. An operatic soprano is under threat from a stalker in Genoa. (R) (S) (AD) (HD)

12.35am Jackpot247 Interactive gaming.
3.00 Loose Women Shown 12.30pm (S) (HD)
3.50 Nightscreen Text information. (HD)
5.05–6.00am The Jeremy Kyle Show Studio guests air their dirty linen in public. (R) (S) (SL) (HD)

Freeview 3 Freesat 103 Sky 103 Virgin 103
+1 Freeview 23 Freesat 112 Sky 129 Virgin 114
HD ITV HD Freeview 103 Freesat 121 Sky 173 Virgin 115

Channel 4

6.15am 3rd Rock from the Sun (R) (S) (AD)
7.05 Everybody Loves Raymond (R) (S)
8.00 Frasier Double bill. (R) (S) (AD)
9.00 The Big Bang Theory (R) (S) (AD) (HD)
10.00 The Simpsons (R) (S) (AD)
11.30 Come Dine with Me In Devon. (R) (S) (HD) Including **News** at **12 noon** (S) (HD)
2.10pm Obsessive Compulsive Cleaners Helping an untidy mum. (R) (S) (HD)
3.10 Countdown (S) (HD)
4.00 Four in a Bed (R) (S) (HD)
5.00 Couples Come Dine with Me Manchester duos compete. (R) (S) (HD)

6.00pm The Simpsons
The Greatest Story Ever D'oh'ed
Homer goes to Jerusalem. (R) (S) (AD) (HD)

6.30 Hollyoaks
Alfie's health takes a turn for the worse.

Alfie Nightingale	Richard Linnell
Amy Barnes	Ashley Sianna-Davies
Deirdre Queen	Nadine Mckenna
Darren Osborne	Ashley Taylor Dawson
Ellie Nightingale	Sophie Porley
Freddie Roscoe	Charlie Clapham
James Nightingale	Gregory Finnegan
John Paul McQueen	James Sutton
Leah Barnes	Ela-Hoy Demircan

Writer Gareth Lemon. More cast on Thursday
Shown yesterday 7pm E4. Rpt'd tomorrow 6.45am E4
The next episode follows on E4 (S) (AD) (HD)

7.00 Channel 4 News
Sport; Weather (S) (HD)

8.00 Location, Location, Location
Ep 2. A couple who've been forced to live apart look for a home in Amersham, while another pair want to swap London for life in a Berkshire village.
Directors Tracy Comer and Martin Connery
Series producer Abi Judge (S) (AD) (HD)

9.00 Heroes of Helmand: the British Army's Great Escape
RT For more than 50 days in 2006, British soldiers came under siege from the Taliban in a remote desert town in Afghanistan. Here, some of them recall their experiences. **See p75.**
Director Steve Humphries. Producers Steve Humphries and Nick Maddocks. Repeated tomorrow 1.30am (live) and Thursday 2.35am C4 (S) (HD)

10.00 First Dates
RT *Ep 2 Series 7.* Two 21-year-old best mates from Croydon have their friendship put to the test on an unforgettable double date with a pair of "absolute stunners". **See page 75.**
Series producer Mark Henderson
Exec producer Nicola Lloyd. Repeated tomorrow 11.05pm C4 and Fri 11.05pm (live) (S) (AD) (HD)

11.05 999: What's Your Emergency?
Ep 6 Series 3. A Latvian woman has been mugged. Shown last Thursday (S) (HD)

12.10am How the Rich Get Hitched
Caroline Castigliano sources expensive materials for her bespoke dresses. (R) (S) (HD)
1.05 KOTV Boxing Weekly Action from Jamel Herring v Denis Shafikov. (S)
1.30 Motorsport The Armoy Road Races in Antrim. Shown Saturday 7.05am (S) (HD)
2.25 Triathlon Action from the streets of London. Shown Sunday 6.05am (S) (HD)
3.25 World Sport With Paralympic sprinter Heinrich Popow. Shown Saturday 6.40am (S)
3.50 Motorsport British GT action from Snetterton. Shown Sunday 7am (S) (HD)
4.20 Phil: Secret Agent Down Under Mr Spencer heads to Perth. (R) (S) (SL) (AD) (HD)
5.15 Kirstie's Fill Your House for Free A Worcester home is transformed. (R) (S) (HD)
5.30–6.15am Countdown (R) (S) (HD)

Freeview 4 Freesat 104 Sky 104 Virgin 104
+1 Freeview 12 Freesat 121 Sky 135 Virgin 143
HD C4 HD Freeview 104 Freesat 104 Sky 227 Virgin 142

Channel 5 listings are overleaf plus 29 more Freeview channels

Regional variations

ITV CHANNEL
12.35–3.00am Nightscreen

S4C
Freesat 120 Sky 104 Virgin 166
7.00am Cyw (S)
1.00pm Newyddion (S)
1.05 Heno (S)
2.00 Rhyfeddodau Da (S)
2.55 Newyddion (S)
3.00 Yr Anialwch (S)
4.00 Awr Fawr (S)
5.00 Stwnsh
6.00 Pobol y Cwm
Mark has an accident as he tries to complete DIY work on the house. With English subtitles.
6.25 Newyddion (S)
6.30 Rygbi+: a review of the British Rally Championship so far
7.00 Heno (S)
7.30 Y Tywyswr gyda Iolo Williams: a look at how the resident mole is settling in (S)
8.00 Pobol y Cwm: the nightmare of Iolo's attack comes back to haunt him (S)
8.25 Cofio gyda Sharon Morgan: Heledd Cynwal interviews the actress and author (S)
9.00 Newyddion (S)
9.30 Rygbi Dan 18: yr Eidal v Cymru: Wales Under-18s play Italy in Cape Town
10.30 Bois y Flair: the lives of people who run fairgrounds (S)
11.00–11.35 Arfordir Cymru: Llyn: place names between Nant Gwrtheyrn and Porth Tŷ Mawr (S)

RT Choice
Family viewing
Red button coverage
(R) Repeat
(S) Subtitles
(SL) Signing
(AD) Audio description
(HD) High definition
(W) Film in widescreen
(BW) Black and white

Films Premiere
Star Ratings
★★★★★ Outstanding
★★★★ Very good
★★★ Worth watching
★★ Could be worse
★ Poor

TUESDAY Freeview

Channel 5 [5]

Borderline 10.00pm Clive looks to save the day during an extradition

Freeview 5 Freesat 105 Sky 105 Virgin 105
HD Freeview 135 Freesat 105 Virgin 159
6.00am Milkshake! See page 81
9.15 *New.* The Wright Stuff (HD)
11.15 Cowboy Builders Terrible worktops in Brighton. (S) (HD) **12.10pm News** (S) (HD)
12.15 Celebrity Big Brother Highlights. Shown yesterday 9pm. Rptd 2pm/5pm & 5 Star (HD)
1.15 Home and Away Shown yesterday 6.30pm 5 Star. Repeated 6pm Channel 5 (S) (AD) (HD)
1.45 *New.* Neighbours Rptd 5.30pm (S) (AD) (HD)
2.15 NCIS 13/24 Series 10. A lance corporal and a student are found dead. (S) (AD) (HD)
3.15 Buried Secrets ★★ Thriller. A novel [redacted] appears to contain details of a murder. Director Monika Mitchell (2014) (S) (W) (HD)
5.00pm 5 News (S) (HD)
5.30 Neighbours Jack fears he may have hurt Tyler. Shown 1.45pm. Repeated 6pm 5 Star (S) (AD) (HD)
6.00 Home and Away Mason is forced to reveal the truth. Shown 1.15pm. Next episode 6.30pm 5 Star (S) (AD) (HD)
6.30 5 News Tonight (S) (HD)
7.00 Conspiracy: the Cold War Files Was the arms race stirred up by the former head of intelligence for the German army? Series producer Ed Booth
Executive producer Andra Heritage (S) (HD)
Followed by **5 News Update** (S) (HD)
8.00 *New.* The Dog Rescuers with Alan Davies
9/16 Series 4. A lurcher needs a home. Directors/Producers Rohan Latchman and Kevin Forde (S) (HD)
Followed by **5 News Update** (S) (HD)
9.00 *New.* Celebrity Big Brother: Live Eviction
Emma Willis reveals tonight's evictee. Series director Ben Hardy; Exec producers Caroline Davies, Andrew Jackman and Rebecca Kenny-Smith. Rptd tomorrow 12.15pm C5 and 2pm 5 Star (S) (HD)
10.00 *New.* Borderline
3/6. The Cop. Detective Terry Bradshaw handles the extradition of a criminal.

Tariq	David Avery
Proctor	Jackie Clune
Clive	David Ellis
Grant	Jamie Michie
Terry Bradshaw	Graham Dickson

Director Matt Jones; Producer Zoë Rocha (S) (HD)
10.30 *New.* Impractical Jokers UK
3/6. The pranksters plague Brighton beach. Director/Producer Paul Young (S) (HD)
11.00 *New.* Celebrity Big Brother's Bit on the Side
Rylan Clark-Neal presents. (S) (HD)
12.05am *New.* Celebrity Big Brother: Live from the House (HD) **12.35** Lip Sync Battle: with Josh Gad and Kaley Cuoco. First shown on Spike (S) (HD) **1.00 *New.*** SuperCasino **3.10** Person of Interest **18/22** Series 2 (S) (HD) **4.00** Criminals: Caught on Camera (S) (SL) (HD) **4.45** HouseBusters (S) (SL) (HD) **5.10–6.00am** House Doctor (S) (SL)
+1 Freeview 44 Freesat 128 Sky 171 Virgin 155
My5 Freeview 55 Freesat 130 Sky 175 Virgin 152

BBC4 listings are overleaf
BBC3 is now online – for highlights, see **Choices** p75 and **Discover TV** p42

ITV2 [6]

Celebrity Juice 10.00pm Keith Lemon welcomes more famous faces

F'view 6 F'sat 103 Sky 118 Virgin 115 HD Virgin 176
6.00am Planet's Funniest Animals (S) **6.20** Dinner Date (S) (HD) **7.10** The Ellen DeGeneres Show (S) (HD) **8.00** Emmerdale (S) (AD) (HD) **8.30** Coronation Street (S) (AD) (HD) **9.30** Psych (S) (HD) **10.20** Royal Pains: Evan befriends a Canadian tourist (S) (HD) **11.15** Dinner Date (S) (HD)
12.15pm Emmerdale Shown yesterday 7am ITV (S) (AD) (HD) **12.45** Coronation Street Shown yesterday 7.30/8.30pm ITV (S) (AD) (HD) **1.45** The Ellen DeGeneres Show (S) (HD) **2.35** The Jeremy Kyle Show (S) (HD) **5.50** Take Me Out (S) (HD)
7.00pm You've Been Framed! Gold Harry Hill adds his unique narration to more oddities filmed by viewers. (S)
7.30 Comical clips of crazy animals, pranks and painful-looking accidents. (S) (AD) (HD)
8.00 Two and a Half Men
11/16 Series 8. Alan offers massages at the mall to make some extra money. (S) (HD)
8.30 12/16. Charlie hits rock bottom when his search for company takes him to a party Jake is attending. (S) (HD)
9.00 *New.* Mom
21/22 Series 3. Christy and Bonnie hear differing stories about why Violet and Gregory broke up. (S) (HD)
9.30 22/22. Christy realises how much her legal dreams will cost her. (S) (HD)
10.00 Celebrity Juice
5/11 Series 11. Ollie Locke, John Newman, Matthew Wolfenden and Keith Duffy guest on the comedy quiz show. (S) (HD)
10.50 Family Guy
Series 10. Quagmire is admitted to hospital following an accident. (S) (AD) (HD)
11.15 Series 9. Mayor West becomes Peter's new best friend. (S) (AD) (HD)
11.45 American Dad!
Series 7. Financial worries force Hayley to take a job as a stripper. (S) (AD) (HD)
12.15am Series 10. The CIA teaches Stan about "rubbernecking". (S) (AD) (HD)
12.45 Two and a Half Men (S) (HD)
1.40–2.30am Mom: double bill (S) (HD)
ITV2+1 Freeview 27 Freesat 114 Sky 189 Virgin 116

Dave [12]

Freeview 12 Sky 111 Virgin 127 HD Virgin 194
7.00am Rocket City Rednecks (S) (AD) (HD) **7.20** Scrapheap Challenge **8.30** Soapbox Race **9.00** Lizard Lick Towing (S) (HD) **10.00** American Pickers (S) (HD) **11.00** Storage Hunters (S) (HD)
12 noon Top Gear (S) (AD) **1.00pm** American Pickers (S) (HD) **3.00** World's Most Dangerous Roads (S) (HD) **4.00** Lizard Lick Towing (S) (HD) **5.00** Soapbox Race
6.00pm Top Gear The BMW 1 series. (S) (AD)
7.00 American Pickers Frank and Mike examine an embalming table. (S) (HD)
8.00 QI Panellists answer questions on chickens, cormorants and cardigans. (S)
8.40 With panellists Jeremy Clarkson, John Sessions and Alexander Armstrong. (S)
9.20 Would I Lie to You? at Christmas With Ray Winstone, Josh Widdicombe, Rachel Riley and Ricky Tomlinson. (S) (HD)
10.00 Taskmaster 4/6 Series 1. Contestants have to fill an egg cup with tears. (S) (HD)
11.00 Mock the Week With Ed Byrne. (S) (HD)
11.40 QI Double bill. (S)
1.00am Would I Lie to You? (S) (HD) **1.40** Taskmaster (S) (HD) **2.40–4.00am** Mock the Week (S)
Dave Ja Vu Freeview 84 Sky 214 Virgin 211

ITV3 [10]

The Nation's Favourite Elvis Song 8.30pm The King's greatest hits

F'view 10 F'sat 115 Sky 119 Virgin 117 HD Virgin 177
6.00am In Loving Memory (S) **6.25** Heartbeat (S) **7.30** Where the Heart Is (S) (AD) **8.30** The Royal (S) (AD) **9.35** Judge Judy (S) (HD) **10.55** Murder, She Wrote (S) (AD) (HD)
12 noon Love Your Garden (S) (HD) **1.00pm** Heartbeat (S) **2.05** The Royal (S) (AD) **3.05** Where the Heart Is (S) (AD) **4.15** In Loving Memory: Billy sets off for the local dance (S) **4.50** Rising Damp (S) **5.20** George & Mildred
5.55pm Heartbeat
A serious road accident causes chaos. (S)
7.00 Murder, She Wrote
Jessica's cruise with her niece is disrupted by terrifying threats signifying someone will be sent to a watery grave. (S) (AD) (HD)
8.00 Paul O'Grady: for the Love of Dogs
7/11 Series 3. A puppy called Domino needs a guiding hand, but unfortunately he also has a tendency to nip. (S) (HD)
8.30 The Nation's Favourite Elvis Song
The musical legacy of the King of Rock 'n' Roll continues to resound today. Here, archive footage sits alongside interviews with different generations of pop stars to portray the man behind the music – followed by a countdown of 20 of his classic tracks before the nation's number one Elvis song is revealed. (S)
10.00 Case Sensitive
2/2 Series 1. Charlie and Simon struggle to make sense of clues left behind by the mysterious Esther. However, the discovery of a woman's body in the river persuades Sally that she is in terrible danger. (S) (HD)
11.00 Wire in the Blood
1/4 Series 4. **Time to Murder and Create** A reopened case catches Tony Hill off guard, and his surprise is compounded by the revelation that Carol Jordan has been replaced by a wily new detective. (S)
12.35–2.30am Inspector Morse (S) (HD)
ITV3 +1 Freeview 34 Freesat 116 Sky 193 Virgin 134

ITV4 [24]

F'view 24 F'sat 117 Sky 120 Virgin 118 HD Virgin 178
6.00am Magnum, PI (S) (SL) (HD) **6.50** Gunsmoke (S) (SL) **7.45** The Sweeney (S) **8.45** Ironside **9.50** Quincy (S) (AD) (HD) **10.55** Magnum, PI (S) (HD) **11.55** Gunsmoke (S)
1.00pm Pawn Stars (S) (HD) **1.55** Storage Wars (S) (HD) **2.55** The Sweeney (S) **3.55** Quincy (S) (AD) (HD) **5.00** Silverstone Classic (S) (HD)
6.00pm MotoGP Highlights Action from the Grand Prix of Austria. Shown yesterday 4pm (S) (HD)
7.00 Pawn Stars A ticket to the Beatles' 1966 concert at New York's Shea Stadium (S) (HD)
7.30 A 1950s woodworking machine. (S) (HD)
7.55 Mr Bean A stroll in the park turns into a pitched battle with a wasp. (AD) (HD)
8.30 Bean performs first aid. (AD) (HD)
9.00 Benidorm 3/6 Series 3. Brandy tries to seduce Mateo while Martin isn't looking. (S) (AD) (HD)
10.00 FILM The Naked Gun: from the Files of Police Squad! ★★★★★ Comedy starring Leslie Nielsen. (S) (AD) (W) (HD)
11.50 FILM Death Wish V ★ Crime thriller starring Charles Bronson. (S) (AD) (W) (HD)
1.55am Formula Three: the seventh round at Snetterton (HD) **2.45–3.00am** Nightscreen (HD)
ITV4 +1 Freeview 155 Sky 206 Virgin 175

Drama

Cadfael 8.00pm The monk and Sioned look into a landowner's death

Freeview 20 Freesat 158 Sky 158 Virgin 128
7.10am The Bill (S) **8.00** Sharpe (S) **10.00** Lovejoy (S) **11.00** The Bill: double bill (S)
1.00pm Last of the Summer Wine (S) **1.40** Brush Strokes **2.20** Birds of a Feather **3.00** Sharpe (S) **5.00** Lovejoy (S)
6.00pm Brush Strokes
Jacko's world is falling apart – or is it?
6.40 Last of the Summer Wine
The mischievous trio come up with a madcap scheme to harness the power of nature using an old sail, a pair of roller skates and a very gullible "test pilot". (S)
7.20 Whatever Happened to the Likely Lads?
Terry is saddened by the death of his Uncle Jacob, and Bob gets a taste of his own future at the funeral. (S)
8.00 Cadfael
A Morbid Taste for Bones 1/2. The monks cause a storm of resentment by launching an expedition to a Welsh village to recover the bones of St Winifred. As if that does not make them unpopular enough, a local landowner dies in strange circumstances and it is up to Brother Cadfael to clear his colleagues of murder and ensure they get out of the country alive.
9.00 Dalziel & Pascoe
1&2/10 Series 10. **Houdini's Ghost** The mysterious death of a wealthy entrepreneur opens up a hornets' nest of family tensions and betrayal – and brings Dalziel face to face with an old flame, Cherie Lunghi guest-stars. (S) (AD)
11.00 Birds of a Feather
Chris's unexpected weekend leave from prison infuriates Tracey, while his model behaviour arouses wife Sharon's suspicions.
11.40 The Bill
Newly promoted DI Sam Nixon revives the case of missing youngster Amy Tennant. (S)
12.40am Lovejoy (S) **1.40** The Indian Doctor **2.35** Cadfael **3.20–4.00am** Birds of a Feather

ITVBe [26]

F'view 26 F'sat 119 Sky 129 Virgin 119 HD Virgin 179
9.00am Be Beautiful (S) (HD) **9.10** The Only Way Is Essex (S) (HD) **10.00** Who's Doing the Dishes? (S) (HD) **11.00** Flipping Out (HD)
12 noon Buying and Selling (S) **1.00pm** Dinner Date (S) (HD) **2.00** Vanderpump Rules (HD) **3.00** The Real Housewives of New York City (S) **4.00** The Real Housewives of Cheshire (S) (HD)
6.00pm Dinner Date Matt from Guildford chooses three blind dates. (S) (HD)
7.00 Buying and Selling Cristal and Scott need a bigger home, so Drew and Jonathan put together a plan. (HD)
8.00 Dinner Date Stephanie from Leeds takes part in the dating show. (S) (HD)
9.00 The Real Housewives of Atlanta Following the highs and lows of privileged families in the American city. (S) (HD)
10.30 The Real Housewives of Orange County Shannon and David are pushed to new limits at their couples' retreat. (S) (HD)
11.05 Ramsay's Hotel Hell *Ep 7 Series 3* A Florida hotel owner whose inexperience is threatening the business. (S) (AD) (HD)
12 midnight First Dates (S) (AD) (HD) **1.05am** The Three Day Nanny (S) (HD) **2.00** Man Down (S) (AD) (HD) **2.25** Fresh Meat (S) (AD) (HD) **3.10** One Born: What Happened Next? (S) (AD) (HD) **4.05–5.05am** Couples Come Dine with Me (S) (HD)

E4 [28]

2 Broke Girls 8.00pm The friends pay Caroline's father a visit in prison

F'view 28 F'sat 122 Sky 136 Virgin 144 HD Virgin 145
6.00am Charmed (S) **6.45** Hollyoaks Shown yesterday 6.30pm C4 (S) (AD) (HD) **7.10** Coach Trip: Road to Ibiza Shown yesterday 7.30pm (S) (AD) (HD) **7.40** Melissa & Joey (S) (HD) **8.05** How I Met Your Mother (S) (AD) (HD) **9.00** Rules of Engagement (S) (HD) **10.00** Baby Daddy (S) (HD) **11.00** Charmed: double bill (S)
1.00pm How I Met Your Mother (S) (AD) (HD) **2.00** The Big Bang Theory (S) (AD) (HD) **3.00** Baby Daddy (S) (HD) **4.00** Melissa & Joey (S) (HD) **5.00** Agents of SHIELD (S) (AD) (HD)
6.00pm The Big Bang Theory
166/17/24 Series 5. (S) (AD) (HD)
7.00 *New.* Hollyoaks
There's havoc in the village
Cast pp? 3?? Rpt'd tomorrow 6.30pm C4 (S) (AD) (HD)
7.30 *New.* Coach Trip: Road to Ibiza
An old alliance is on the rocks at the vote. Repeated tomorrow 7.10am (S) (AD) (HD)
8.00 *New.* 2 Broke Girls
17/22 Series 5. The friends visit prison to see Caroline's dad perform in a musical. (S) (AD)
8.30 18/22. Max and Caroline look for a larger space for their dessert bar. (S) (AD)
9.00 *New.* Tattoo Fixers on Holiday
4/8 Series 3. Help is given to doting dad Adam, whose bawdy butterfly is coming between him and his family time. (S) (AD) (HD)
10.00 *New.* Wasted
5/6. Serah and Alison go to a hipster barbecue, while Morpheus takes Kent's mum out for a pub lunch. (S) (AD) (HD)
10.35 The Inbetweeners
3/6 Series 1. Simon passes his driving test and takes the lads out. (S) (AD) (HD)
11.05 The Big Bang Theory
14&15/17 Series 1. (S) (AD) (HD)
12 midnight Gogglebox (S) (HD) **12.50am** Tattoo Fixers on Holiday (S) (AD) (HD) **1.55** Wasted (S) (AD) (HD) **2.20** The Inbetweeners (S) (SL) (HD) **2.45** Brooklyn Nine-Nine (S) (AD) (HD) **3.30** Agents of SHIELD (S) (AD) (HD) **4.15** Rules of Engagement: double bill (S) (HD) **4.55–6.00am** Charmed (S) (SL)
E4 +1 Freeview 29 Freesat 123 Sky 137 Virgin 146

4seven [47]

F'view 47 F'sat 127 Sky 140 Virgin 195 HD F'view 110
9.00am Come Dine with Me: in Peterborough (S) (HD) **11.30** Three in a Bed (S) (HD)
12.30pm Amazing Spaces Shed of the Year (S) (AD) (HD) **1.30** Phil Secret Agent Down Under (S) (AD) (HD) **2.30** Location, Location, Location (S) (HD) **3.30** Come Dine with Me (S) (HD) **4.00** Couples Come Dine with Me (S) (HD) **5.00** Location, Location, Location (S) (HD)
6.00pm Phil: Secret Agent Down Under A search for a home in Adelaide. (S) (HD)
7.00 Come Dine with Me Some post-dinner hair removal features in North Yorkshire. (S) (HD)
8.00 Obsessive Compulsive Cleaners A dala manager helps a zoo keeper. (S) (HD)
9.00 Britain's Benefit Tenants *1/3 Series 2* Novice agent Caroline is drawn into tension on a street in Hartlepool. (S) (AD) (HD)
10.00 Eight out of Ten Cats Does Countdown With Rob Brydon and Nish Kumar. (S) (HD)
11.05 Ramsay's Hotel Hell *Ep 7 Series 3* A Florida hotel owner whose inexperience is threatening the business. (S) (AD) (HD)
12 midnight First Dates (S) (AD) (HD) **1.05am** The Three Day Nanny (S) (HD) **2.00** Man Down (S) (AD) (HD) **2.25** Fresh Meat (S) (AD) (HD) **3.10** One Born: What Happened Next? (S) (AD) (HD) **4.05–5.05am** Couples Come Dine with Me (S) (HD)

More4 [14]

Phil Spencer's Stately Homes 9.00pm Phil visits North Yorkshire

F'view 14 F'sat 124 Sky 138 Virgin 147 HD Virgin 203
8.55am Food Unwrapped (S) (HD) **9.35** A Place in the Sun: Winter Sun (S) (HD) **10.30** Food Unwrapped (S) (HD) **11.05** Hugh's Three Good Things: Best Bites (S) (HD) **11.25 FILM** Comanche Station ★★★★ Western (S) (W) (HD)
12.55pm Time Team (S) (HD) **3.05** A Place in the Sun: Winter Sun: double bill (S) (HD)
5.15pm Four in a Bed
B&Bs in Surrey, Hampshire, Cleethorpes and Bedfordshire compete. (S) (HD)
7.55 Grand Designs
A cutting-edge, post-industrial house in the traditional South Downs area. (S) (AD) (HD)
9.00 *New.* Phil Spencer's Stately Homes
RT *Ep 2.* Phil visits Castle Howard in North Yorkshire, where owner Nick offers an insight into the residence which has been in his family for more than 300 years. **See page 75.** (S) (AD) (HD)
10.00 Obsessive Compulsive Cleaners
Tackling a chaotic two-bedroomed home and a messy north London flat. (S) (HD)
11.10 Eight out of Ten Cats Does Countdown
With Jack Whitehall and Roisin Conaty. (S) (HD)
12.15am Ramsay's Kitchen Nightmares USA (S) **1.15** as 10pm **2.15** Phil Spencer's Stately Homes (S) (AD) (HD) **3.20–3.35am** Kirstie's Handmade Treasures (S) (HD)
More4 +1 Freesat 125 Sky 139 Virgin 166

5USA [21]

Freeview 21 Freesat 129 Sky 134 Virgin 153
9.00am Diagnosis Murder (S) **10.00** Access **10.10** Murder 101: College Can Be Murder (S) **12 noon** CSI: NY (S) **1.00pm** NCIS (S) (AD) **2.00** Law & Order (S) **3.00** Law & Order: Deadly Corruption **4.00** NCIS (S) (AD) **5.00** CSI: NY (S)
6.00pm CSI: Miami *21/24* Series 5 (S) (AD)
7.00 NCIS *15&16/19* Series 5 (S) (AD) **9.00** NCIS *20/24* Series 8. The investigators worry Gibbs is about to leave again (S) (AD) **10.00** Law & Order: Special Victims Unit *9/24* Series 14 (S) **11.00** Castle *7/23* Series 4 (S) **11.55** CSI: NY *20/24* Series 3 (S) (AD)
12.55am CSI: Miami: a film star dies after a stay in rehab (S) **1.50** CSI: NY **2.50** Rookie Blue **3.35–4.00am** True Crimes: the First 72 Hours (S)
5USA +1 Pview 79 Mon-Fri 6pm-7pm Sky+ Sat 130 Sky 219 Virgin 154

5 Star [30]

Freeview 30 Freesat 131 Sky 136 Virgin 151
8.00am Strip Date (S) **8.25** That '70s Show (S) **9.15 FILM** Alvin and the Chipmunks: Chipwrecked ★★ (S) **11.00** That '70s Show (S)
12 noon My Wife and Kids (S) **1.00pm** Dance Moms (S) **1.55** Access **2.00** Celebrity Big Brother **3.00** Neighbours (S) (AD) **3.30** Home and Away (S) (AD) **4.00** 8 Simple Rules (S) **5.00** Celebrity Big Brother **5.55** Access **6.00** Neighbours Shown 5.30pm C5 (S) (AD) **6.30** New. Home and Away Rpt'd 6pm C5 (S) (AD) **7.00** Dance Moms (S) **8.00** New. Dance Moms First shown on Lifetime (S) **9.00** One Punch Killers **See choice, p65** Shown Mon 10pm C5 (S) (AD) **10.00** New. Wentworth Prison *9/12 Series 4* (S) (AD) **11.00** When Kids Kill: Britain's Youngest Serial Killer (S)
12 midnight Baby-Faced Mums **1.00am** The Shamans Chronicles **2.00** Yosemite Park Slayer: Born to Kill? (S) **3.00** That '70s Show **3.50–4.00am** Access
5 Star +1 Sky 190 Freesat 132

Film4, Movie Mix, Movies4Men are now listed on our daily **Films pages** – see p82

Yesterday [19]

Freeview 19 Freesat 159 Sky 537 Virgin 245
6.00am Great British Ghosts (S) **6.25** Medieval Dead **7.10** Great British Railway Journeys (S) **8.00** The World at War (S) **9.00** Monarchy by David Starkey (S) (AD) **10.00** Museum Secrets (S) **11.00** Medieval Dead
12 noon Great British Railway Journeys (S) **1.00pm** The World at War (S) **2.00** Monarchy by David Starkey (S) (AD) **3.00** Museum Secrets (S) **4.00** Medieval Dead **5.00** Great British Railway Journeys (S)
6.00pm The World at War A look at changing morale within the Third Reich. (S)
7.00 Monarchy by David Starkey The impact of the French Revolution on Britain. (S) (AD)
8.00 Jeeves and Wooster Bertie is arrested during a raid on a nightclub. (S)
9.10 The Two Ronnies Vintage comedy. (S)
10.00 Yes Minister Double bill. (S)
11.20 'Allo 'Allo! René cracks open the safe. (S)
11.55 Museum Secrets A behind-the-scenes look at the Bardo Museum in Tunisia. (S)
12.55am The Treasures of Ancient Rome: the artistic achievements of the Romans (S) **1.50** Henry VII: Winter King **2.35–3.00am** Battle Factory (S)
Yesterday +1 Sky 536 Virgin 246

Home [25]

Freeview 25 Sky 156 Virgin 281 BT 314
7.00am Homes under the Hammer **8.00** Flog It! **9.00** DIY SOS (AD) **10.00** as 4pm **11.00** as 5pm **12 noon** as 7pm **1.00pm** as 6pm **2.00** as 8pm **3.00** as 9pm **4.00** Escape to the Country (AD) **5.00** Fantasy Homes by the Sea (AD)
6.00pm Flog It! **7.00** Homes under the Hammer **8.00** DIY SOS (AD) **9.00** A Place in the Sun: Summer Sun **10.00** Fantasy Homes by the Sea (AD) **11.00** Escape to the Country (AD)
12 midnight DIY SOS (AD) **1.00am** Flog It! **2.00** Homes under the Hammer **3.00–4.00am** as 9pm
Home +1 Sky 244 Virgin 282

Spike [31]

Freeview 31 Freesat 161 Sky 160
9.00am Access **9.05** Bar Rescue **10.00** Chasing Monsters **11.00** Eddie Stobart: Trucks and Trailers **12 noon** Police Interceptors **2.00pm FILM** Pork Chop Hill ★★★★ War drama starring Gregory Peck (BW) **4.00** Robson's Extreme Fishing Challenge **5.00** Eddie Stobart: Trucks and Trailers
6.00pm Police Interceptors **8.00** Robson's Extreme Fishing Challenge: in Peru, the actor competes to catch lake trout against a local village chief **9.00 *New.*** Animal Fight Club: cameras follow what happens when a grizzly bear's robbery goes wrong. Last in series
10.00 The X Files *14/20* Series 5. Scully survives a massacre with no memory **11.00** Can't Play? We'll Take It Away!: double bill **1.00am *New.*** Framework **2.00–3.00am** Bar Rescue

True Entertainment [61]

Freeview 61 (not Wales) Freesat 142 Sky 164 Virgin 189
6.00am The Waltons **7.00** Little House on the Prairie **8.00** The Waltons **10.00** Touched by an Angel **11.00** Little House on the Prairie
12 noon The Avengers (doc) **1.00pm FILM** The Baron and the Kid ★★ **3.00** Danielle Steel's Family Album **5.00** Highway to Heaven **6.00** Touched by an Angel **7.00** CSI: Crime Scene Investigation **8.00** The Avengers (doc) **9.00 FILM** Birth of the Beatles ★ **11.00 FILM** The Crooked E: the Unshredded Truth about Enron ★★ **1.00–3.00am** The Last Don

Horror Channel [70]

Freeview 70 Freesat 138 Sky 319 Virgin 149
8.00am Highlander **9.00** Tales from the Darkside **10.00 FILM** Sugar Shark ★ **11.35** Tales from the Darkside **12 noon** The War of the Worlds **1.00pm FILM** Beauty and the Beast ★★ **2.50** Horror Highlights **3.00** The Incredible Hulk **4.00 FILM** The Covenant ★ **6.00pm** Highlander **7.00** Tales from the Darkside **8.00** The War of the Worlds **9.00 FILM** Embrace of the Vampire ★★ **10.50 FILM** Diary of the Dead ★★★★ **12.45am FILM** Cyrus: Mind of a Serial Killer ★★ **2.35–4.30am FILM** Livid ★★ French +subtitles

Pick [11]

Freeview 11 Freesat 144 Sky 152 Virgin 173
6.00am 60-Minute Makeover **7.00** Most Haunted **8.00** 6th Sense **9.00** Relic Hunter **10.00** Andromeda **11.00** Stargate SG-1 **12 noon** Border Security **1.00pm** 60-Minute Makeover **2.00** Motorway Patrol **2.30** Highway Patrol **3.00** Nothing to Declare (AD) **4.00** The Dog Whisperer (AD) **5.00** Monkey Business **6.00** A Town Called Eureka (AD) **7.00** Stargate SG-1 **8.00** Andromeda **9.00** A Haunting **10.00** Stalker **11.00** Riot Cops: Law & Disorder (AD) **12 midnight** Police Force: Australia (AD) **1.00am** Road Wars (AD) **2.00** Most Shocking **3.00** The Force: Manchester (AD) **4.00** Motorway Patrol **4.30** Highway Patrol **5.00–6.00am** Road Wars
Pick +1 Freesat 145 Sky 153

Really [17]

Freeview 17 Freesat 160 Sky 155 Virgin 129
6.00am Spa of Embarrassing Illnesses **7.00** Shopping **8.00** Antiques Road Trip **9.00** as 7pm **10.00** as 4pm **11.00** as 6pm **12 noon** DIY SOS (AD) **1.00pm** Bargain Hunt **2.00** Escape to the Country **3.00** Antiques Road Trip **4.00** The Sheriffs Are Coming **5.00** Bargain Hunt **6.00** Homes under the Hammer **7.00** Escape to the Country **8.00** Iceland Foods: Life in the Freezer Cabinet **9.00** Obsessive Compulsive Cleaners **10.00** Embarrassing Fat Bodies **11.00** Cash Junkie (AD) **12 midnight** The Sheriffs Are Coming **1.00am** Paranormal Witness **2.00** Shopping **4.00** Spa of Embarrassing Illnesses **5.35–6.00am** The Clothes Show

Quest [37]

Freeview 37 Sky 144 Virgin 172
6.00am The Great Red Race **6.20** Wet Nets **7.10** Scrapheap **8.00** How It's Made **10.00** Wheeler Dealers: on the Road **11.00** Fifth Gear **12 noon** Aussie Gold Hunters **1.00pm** Mighty Ships **2.00** Wheeler Dealers: on the Road **3.00** Chasing Classic Cars **4.00** Hitler: a Profile **5.00** World War II: the Complete History **6.00** Bush Survivor **7.00** Salvage Hunters (AD) **9.00 *New.*** Mega Shippers **10.00** What On Earth? **11.00** Destroyed in Seconds **12 midnight** Forensic Detectives **1.00am** Rat Fixers (AD) **2.00** Disappeared **3.00** M*A*S*H **4.00** Put Your Money Where Your Mouth Is **5.00–6.00am** Scrapheap
Quest +1 Freeview 38 Sky 195 Virgin 173

Challenge [40]

Freeview 40 Freesat 146 Sky 145 Virgin 139
6.00am Deal or No Deal **7.30** Fifteen to One **8.00** Countdown **9.00** Pointless **10.00** Deal or No Deal **11.30** Supermarket Sweep **12 noon** Bruce's Price Is Right **12.30pm** Strike It Lucky **1.00** Catchphrase (AD) **2.00** Pointless **3.00** The Chase **4.00** The Chase USA **5.00** Ninja Warrior **6.00** Robot Wars (AD) **7.00** Pointless **9.00** The Chase **10.00** Are You Smarter than a Millionaire? **11.00** Bullseye **1.00am** Pointless **3.00** The Chase **4.00** Robot Wars (AD) **5.00–6.00am** Are You Smarter than a Ten Year Old?
Challenge +1 Freesat 147 Sky 164 Virgin 180

CBS Action [64]

Freeview 64 Freesat 137 Sky 148 Virgin 192
9.00am NCIS **11.00** Star Trek: Deep Space Nine **12 noon** Star Trek **1.00pm** Bonanza **2.00** NCIS **4.00** Walker, Texas Ranger **5.00** JAG
6.00pm Star Trek: Spock faces a court martial **7.00** MacGyver: Mac investigates when a dialysis machine is stolen from a children's hospital **8.00** Star Trek: Deep Space Nine **9.00** NCIS **10.00** Bad Girls **10.50** Walker, Texas Ranger **11.45** NCIS **2.30am** The Streets of San Francisco **3.30** Walker, Texas Ranger **4.15–6.00am** Flashpoint

CBS Drama [71]

Freeview 71 (HD only) Freesat 134 Sky 149 Virgin 197
9.00am The High Chaparral **10.00** Matlock **11.00** Dr Quinn **12 noon** Judge Judy **1.00pm** The Streets of San Francisco **2.00** The High Chaparral **3.00** Matlock **4.00** Judge Judy **5.00** CSI: Crime Scene Investigation **6.00** Dr Quinn **7.00** Heir Hunters **8.00** Judge Judy **10.00** Cheaters **12 midnight** Jerry Springer **12.55am** World's Wildest Police Videos **1.55** Heir Hunters **2.55** Cops: Reloaded **3.45–5.00am** The High Chaparral

BBC Parliament [131]

Freeview 131 Freesat 201 Sky 504 Virgin 605
6.40am PMQs **7.20** EU Referendum **8.40** BOOKtalk **9.00** Speaker's House **9.45** Vauxhall Zafira B Fires **11.05** Welsh Assembly **12.55pm** BOOKtalk **1.20** Scottish FMQs **2.10** BBC Wide Paper **3.35** NI Assembly **4.25** Speaker's House **5.00** Briefings **6.40** Debate **8.40** Conversations **9.10** Review **10.10** Long Goodbye? **10.40** BOOKtalk **11.00** Scottish Parliament – EU Referendum **11.55** Financial Stability **2.20–6.40am** Highlights

ALL PROGRAMMES ON THE ABOVE CHANNELS ARE REPEATS UNLESS OTHERWISE STATED

BBC News Freeview 100 Freesat 212 Sky 501 Virgin 103 Sky News Freeview 132 Freesat 202 Sky 501 Virgin 602

Money Paul Lewis on the benefits of paying by card Your RT p137

TUESDAY Satellite & cable

Carpool Karaoke 9.00pm James Corden and Adele

Vice Principals 9.40pm Gamby prepares for a football match

My Kitchen Rules: Australia 6.45pm An Olympic challenge

The Bucket List 10.00pm Edward learns lessons in life

One Foot in the Grave 6.50pm A traffic jam causes chaos

Sky1

Sky 106 Virgin 163 HD Virgin 109

6.00am Supergirl (S) (HD) **7.00** The Flash (S) (HD) **9.00** Futurama (S) (HD) **10.00** Ninja Warrior Women Tournament (S) **11.00** NCIS: Los Angeles (S) (HD) **12 noon** Hawaii Five-0 (S) (HD) **1.00pm** Supergirl (S) (HD) **2.00** The Flash (S) (HD) **4.00** Modern Family (S) (HD) **5.00** The Simpsons (S) (HD) **5.30** Futurama (S) (HD)

6.30pm The Simpsons The story of Bart and Lisa's first fight. **7.00** The family hears about Grampa's time in the Air Force. **7.30** Homer gets arrested. (S) (HD)

***8.00 New.* Stop, Search, Seize** *4/10 Series 2.* Following the work of Ireland's border force. (HD)

9.00 Carpool Karaoke Highlights of the segment from *The Late Late Show* with James Corden. (S) (AD) (HD)

10.00 Don't Tell the Bride *4/6 Series 12.* Khloe dreams of a Mediterranean ceremony, but fiancé Lawrence has other ideas. (HD)

11.00 A League of Their Own Series nine out-takes. (S) (AD) (HD)

11.30 Further bloopers. (S) (AD) (HD)

12 midnight NCIS: Los Angeles (S) (HD) **1.00am** Hawaii Five-0 (S) (HD) **2.00** Limitless (S) (AD) (HD) **3.00** Arrow (S) (AD) (HD) **4.00** Road Wars (S) **5.00–6.00am** Ninja Warrior (S)

Sky1 +1 Sky 130

Sky Arts

Sky 121 Virgin 172 HD Virgin 206

6.00am Bairn Archive (S) (HD) **7.00** Royalty Close Up (S) (HD) **7.30** Celebrity Exposed (S) (HD) **8.00** Tales of the Unexpected (S) **9.00** The Great Culture Quiz (S) (HD) **10.00** Peter Grimes (HD) **12.45pm** Honeysuckle (HD) **1.00** Tales of the Unexpected (S) **2.00** Discovering: Joan Crawford **3.00** Sleeping Beauty (S) (HD) **5.25** Bolero (HD) **5.45** Monty Python: Almost the Truth (S) (HD)

7.00pm The Seventies A look at the wave of violent crime that gripped the US throughout the 1970s, from the Son of Sam murders in New York to serial killer John Wayne Gacy. (S) (AD) (HD)

8.00 André Rieu: Live in Dublin The violinist and his Johann Strauss Orchestra perform some of his best-loved music in Ireland.

9.45 Elvis '56 Special Documentary capturing the sights and sounds of a pivotal year in Elvis Presley's journey to become the king of rock 'n' roll. (S) (AD)

11.00 Classic Albums The making of Elvis Presley's debut album, featuring contributions by the original musicians, as well as friends and colleagues including Keith Richards and BB King. (S)

12 midnight Soundstage Presents Robert Plant and the Strange Sensation (HD) **1.15am** Metal Evolution (S) (AD) (HD) **2.15** Dog: double bill (S) (HD) **3.15** Naked States (S) (HD) **4.45–6.00am** Ella Fitzgerald: Live in '57 and '63 (S)

Sky Atlantic

Sky 108

6.00am Richard E Grant's Hotel Secrets (S) (HD) **7.00** The British (S) (HD) **8.00** Cold Case (S) **10.00** The West Wing (S) (HD) **11.00** House (S) (HD) **12 noon** Without a Trace (S) (HD) **1.00pm** Blue Bloods (S) (AD) (HD) **2.00** Urban Secrets (S) (HD) **3.00** Cold Case: double bill (S) (HD) **5.00** The West Wing (S) (HD)

6.00pm House *7/22 Series 1* (S) (HD)

7.00 Without a Trace *16/23 Series 3.* A boy is kidnapped. (S) (HD)

8.00 Blue Bloods *13/22 Series 2* A woman claims God told her who murdered her mother. (S) (AD) (HD)

9.00 *New.* Ballers *4/10 Series 2* Jason visits the swamps for a potential new signing. (S) (HD)

9.40 *New.* Vice Principals *4/9* Gamby and Russell push Dr Brown to breaking point. (S) (HD)

10.20 *New.* Dice *3/6.* Dice makes an enemy of Criss Angel. (S) (HD)

10.55 *New.* 4/6. Dice sets up a meeting for a casino gig. (S) (HD)

11.20 Amy Schumer: Live at the Apollo Stand-up comedy. (S) (HD)

12.50am Ballers (S) (HD) **1.30** Vice Principals (S) (HD) **2.10** The Sopranos (HD) **3.10** Veep (S) (AD) (HD) **4.10** Richard E Grant's Hotel Secrets (S) (HD) **5.00–6.00am** The British (S) (HD)

Sky Atlantic +1 Sky 173

Universal

Sky 113 Virgin 137 BT 320

6.00am CSI: Miami (S) (HD) **7.00** Home Shopping **8.00** CSI: Miami (S) (HD) **10.00** Law & Order (S) (HD) **2.00pm** NCIS: four episodes (S) (HD)

6.00pm NCIS *19/25 Series 6* The team travels to a naval base where a gun found by a young boy leads them to a dead body and a string of suspects through whose hands the gun has passed. (S) (HD)

7.00 *20/25.* Gibbs teams up with an old foe, CIA agent Trent Kort, to track down an international criminal at the top of the most wanted list. However, it soon turns out he has a hidden agenda. (S) (HD)

8.00 Major Crimes *3/23 Series 4* Two officers are gunned down and Rusty steps up his pursuit. (S) (HD)

9.00 The Heartbreak Kid ★★★ Romantic comedy from the Farrelly brothers, starring Ben Stiller and Michelle Monaghan. A bachelor, under pressure to settle down, marries in haste and discovers there's more to his new bride than meets the eye. **Review page 37.** (S) (AD) (HD)

11.20 Law & Order: Special Victims Unit *14/24 Series 12* An assistant district attorney falls to her death from the top of a multi-storey car park. (S) (HD)

12.15am Law & Order: Special Victims Unit (S) (HD) **2.05** Major Crimes (S) (HD) **3.00** Numbers (S) (AD) (HD) **5.00–6.00am** CSI: Miami (S) (HD)

Universal +1 Sky 150 Virgin 138

Sky Living

Sky 107 Virgin 162 HD Virgin 111

6.00am UK Border Force (S) (HD) **7.45** Cooks to Market (HD) **8.00** Million Dollar Listing: NYC (S) (HD) **9.00** Nothing to Declare (S) (HD) **11.00** RSPCA Animal Rescue (S) (HD) **12 noon** The Biggest Loser: Australia (S) **1.00pm** Million Dollar Listing: NYC (S) (HD) **2.00** Criminal Minds (S) (HD) **4.00** UK Border Force (S) (AD) (HD) **5.00** Cooks to Market (HD) **5.15** Nothing to Declare (S)

6.15pm Nothing to Declare Australian customs work. (S) (AD)

***6.45 New.* My Kitchen Rules: Australia** The teams have to cook for 200 members of the Australian Olympic team. (HD)

8.00 Criminal Minds *22/24 Series 8.* The agents hunt for a killer targeting married couples. **9.00** *12/24.* Jesse & Garcia crosses paths with her ex-boyfriend. **10.00** *13/24.* Rossi is devastated to hear that his former Marine sergeant has vanished. **11.00** *14/24 Series 8.* A writer's daughters vanish a year on from his wife's disappearance. **12 midnight** *15/24.* Murder victims in Texas all had their watches set incorrectly. (S) (HD)

1.00am Bones: triple bill (S) (AD) (HD) **4.00–6.00am** Border Security: Canada's Front Line (S) (AD) (HD)

Sky Living +1 Sky 122 Virgin 140

Sky2

Sky 129 Virgin 121

6.00am Stop, Search, Seize (AD) **8.00** Coast Guard Alaska (S) (AD) **9.00** Ninja Warrior Women Tournament **10.00** Robot Wars Extreme **11.00** Send in the Dogs (S) **12 noon** Harrow (S) (AD) **1.00pm** Robot Wars Extreme **2.00** Ninja Warrior Women Tournament (S) **3.00** Relic Hunter (S) **4.00** Coast Guard Alaska (S) (AD) **5.00** Stargate SG-1 (S) **6.00pm** Relic Hunter (S) **7.00** A Town Called Eureka (S) **8.00** Arrow (S) (AD) **9.00** The Flash (S) **10.00** The Flash (S) **11.00** Strike Back: Vengeance (S) (AD) **12 midnight** as 6am **1.00am** The Flash (S) **3.00** Robot Wars Extreme **4.00** Ninja Warrior Women Tournament **5.00–6.00am** Andromeda (S)

Syfy

Sky 114 Virgin 135 BT 319 HD Virgin 165 BT 375

6.00am Buffy the Vampire Slayer **8.00** Home Shopping **11.00** Star Trek: Voyager **12 noon** Star Trek: The Next Generation **2.00pm FILM** Fire Twister ★★ Disaster movie starring Casper Van Dien. **4.00 FILM** The Librarian: Return to King Solomon's Mines ★★ **6.00pm** Star Trek: the Next Generation **8.00 *New.*** Killjoys **9.00 FILM** Rambo: First Blood, Part II ★★★ **11.00** Killjoys **12 midnight** Fact or Faked: Paranormal Files: a video of a ghost-like apparition is investigated **1.00am** Star Trek: Voyager **2.00** Star Trek: the Next Generation **4.00–6.00am** Quantum Leap

Syfy +1 Sky 134 Virgin 136

W

Sky 109 Virgin 125 BT 311 HD Virgin 191 BT 383

6.00am DIY SOS (S) **6.30** MasterChef Australia: the Professionals (S) (HD) **7.15** Extreme Makeover: Home Edition (S) **9.00** My Dream Home (S) (HD) **10.00** The Bill (S) **11.00** Tipping Point (HD) **1.00pm *New.*** Judge Faith (HD) **2.00** Extreme Makeover: Home Edition (S) **3.50** My Dream Home (S) (HD) **5.50** Extreme Makeover: Home Edition (S)

7.40pm Celebrity MasterChef The four finalists must rustle up some tasty street food at London's Queen Elizabeth Park. (S) (HD)

9.00 One Born Every Minute Well-respected midwife Linda Abbott is retiring after 38 years service. Before leaving she helps with the delivery of nervous 22-year-old Michelle's baby. (S) (HD)

10.00 The Bucket List ★★★ Comedy drama starring Jack Nicholson and Morgan Freeman as two terminally ill men from different walks of life who meet in hospital. With their lives ebbing away, they decide to achieve as many things as they can on their "bucket lists". (HD)

12 midnight Derren Brown, Messiah **1.00am** Doctor Who: the Doctors Revisited (S) (HD) **1.25** Being Human USA (S) (HD) **2.10–3.00am** Atlantis (HD)

W +1 Sky 213 Virgin (3)

TLC

Sky 175 Virgin 167 BT 323 HD Virgin 168 BT 377

6.00am Little People, Big World **7.00** Say Yes to the Dress (HD) **8.00** Say Yes to the Dress: Atlanta (HD) **9.00** Say Yes to the Dress (HD) **10.00** Jeane Pirro **11.00** Hoarding: Buried Alive (HD) **12 noon** Extreme Cheapskates (HD) **1.00pm** Little People, Big World **2.00** Cake Boss: the Next Great Baker (HD) **3.30** Something Borrowed, Something New (HD) **4.30** Say Yes to the Dress **5.00** Say Yes to the Dress: Atlanta (HD) **6.00** Say Yes to the Dress: Atlanta – Top Ten Southern Belles (HD) **7.00** Say Yes to the Dress (HD) **8.00** Gypsy Brides US (HD) **9.00 *New.*** My Giant Life (HD) **10.00 *New.*** Bible Bowl (HD) **11.00** Sex Sent Me to the ER (HD) **12 midnight** as 6pm **1.00am** as 9pm **2.00** as 10pm **3.00** as 12 noon **4.00** as 2pm **5.30–6.00am** as 3.30pm

TLC +1 Sky 154 Virgin 169

Lifetime

Sky 116 Virgin 236 BT 329 HD Virgin 209 BT 384

6.00am Judge Judy (HD) **7.00** Flipping Boston (HD) **8.00** Flipping Vegas (HD) **9.00** Judge Judy (HD) **11.00** Storage Wars (HD) **12 noon** Flipping Boston (HD) **1.00pm** Flipping Vegas (HD) **2.00** Judge Judy (HD) **3.00** Hardcore Pawn (HD) **4.00** Dance Moms (HD) **5.00** Little Women: LA (HD) **6.00pm** Hardcore Pawn (HD) **7.00** Judge Judy (HD) **9.00 *New.*** Neighbours with Benefits (HD) **10.00** Vanderpump Rules (HD) **11.00** Atlanta Plastic (HD) **12 midnight** Neighbours with Benefits (HD) **1.00am** Vanderpump Rules (HD) **2.00** Hardcore Pawn (HD) **3.00** Little Women: LA (HD) **4.00** Dance Moms (HD) **5.00** Storage Wars (HD) **5.20–6.00am** Hardcore Pawn (HD)

Lifetime +1 Sky 117

Gold

Sky 110 Virgin 174 BT 318

7.00am Outnumbered (S) (AD) **7.30** The Brittas Empire (S) **8.30** My Hero (S) **8.50** Last of the Summer Wine (S) **10.50** As Time Goes By (S) **12.50pm** Creature Comforts **1.00** Outnumbered (S) (AD) **1.40** The Brittas Empire (S) **2.20** My Hero (S) **3.00** Last of the Summer Wine (S) **5.00** Only Fools and Horses (S) (AD)

7.00pm One Foot in the Grave A nice day out inevitably turns into a nightmare. (S)

7.40 Only Fools and Horses Del enters the hi-tech world of satellite communications. (S) (AD)

8.50 Fawlty Towers An American comes to stay. (S) (AD)

9.35 Absolutely Fabulous Edina and Patsy head for Provence. (S) (AD)

10.15 Fawlty Towers Basil tries to conceal the corpse. (S) (AD)

11.00 Absolutely Fabulous The duo visit Morocco. (S) (AD)

11.40 Come Fly with Me Great British Air's snobbiest employee is forced to deal with passengers from the lower classes. (S) (AD)

12.20am The Young Ones (S) **1.10** Cheers (S) **2.10** I Dream of Jeannie **2.35** The Young Ones (S) **3.10** Cheers (S) **3.40–4.00am** Rex the Runt: double bill

Gold +1 Sky 166 Virgin 190

Comedy Central

Sky 112 Virgin 132 BT 307 HD Virgin 181 BT 370

6.00am The Middle (S) (HD) **9.00** Bob's Burgers (S) (HD) **10.00** That '70s Show (S) **11.00** Friends (S) (HD) **2.00pm** Impractical Jokers (S) (HD) **3.00** Friends: ten episodes (S) (HD) **8.00pm** Impractical Jokers (S) (HD) **8.30 FILM** Fun with Dick and Jane ★★ Comedy starring Jim Carrey and Téa Leoni (HD) **11.00** Inside Amy Schumer (S) (HD) **11.30** Impractical Jokers (S) (HD) **12.30am *New.*** The Daily Show: satirical talk show (HD) **1.00** South Park: double bill (S) (HD) **2.00** Russell Howard's Stand Up Central (S) (HD) **2.30** Drunk History (S) (HD) **3.00** Comedy Central all the Comedy Store (S) (HD) **3.50–5.00am** Two and a Half Men (S) (HD)

Comedy Central +1 Sky 127 Virgin (3)

Sony Channel

Sky 157 Virgin 193 BT 331

7.00am 'Til Death **8.00** Soldier Soldier **10.00** Saving Hope **12 noon FILM** Man of the House ★★ Action comedy **2.05pm** Saving Hope **3.05** Celebrity Ghost Stories **7.00pm** Saving Hope: news of Alex's pregnancy quickly circulates among the staff **8.00** The Night Shift: a sky-diver receives aid after being involved in a suspicious crash **9.00 *New.*** Satisfaction: Neil and Grace get their new escort business up and running **10.00** Younger **11.00** Will & Grace: double bill **12 midnight** The Night Shift **1.00–4.00am** Celebrity Ghost Stories

Sony TV +1 Sky 181

The Durrells 8.00pm Louisa is in the mood to celebrate

Rosewood 8.00pm The duo question a brilliant doctor

Outcast 10.00pm Kyle looks for a perpetrator in Rome

Marooned with Ed Stafford 8.00pm From Venezuela

ITV Encore

Sky 123

6.00am Drama Trails **6.30** Robin of Sherwood (S) **7.10** Always and Everyone **8.00** Upstairs, Downstairs (S) **8.55** The Memoirs of Sherlock Holmes (S) (AD) **10.05** Heartbeat **11.10** The Chief **12.10pm** Mapp and Lucia **1.20** Robin of Sherwood (S) **2.30** Always and Everyone **3.30** Heartbeat **4.30** Upstairs, Downstairs (S) **5.40** The Memoirs of Sherlock Holmes (S) (AD) (HD)

6.50pm Agatha Christie's Poirot *Four and Twenty Blackbirds* A restaurant customer's change of diet intrigues Poirot. (S) (AD) (HD)

8.00 The Durrells *6/6.* Gerry questions the ethics behind keeping his animals in captivity. (S) (AD) (HD)

9.00 Home Fires *6/6 Series 2* The village prepares for Nick and Teresa's wedding. (S) (AD) (HD)

10.00 The Americans *13/13 Series 4.* Paige considers entering the family business. (S) (AD) (HD)

11.05 Marcella *7/8.* Mo El-Sayed confronts Marcella. (S) (AD) (HD)

12.10am Mr Selfridge (S) (AD) (HD) **1.15** Kavanagh QC (S) (HD) **2.35** Kingdom: Beatrice returns (S) (AD) **3.30** Upstairs, Downstairs (S) **4.30** The Memoirs of Sherlock Holmes (S) (AD) (HD) **5.25** Drama Trails **5.45–6.00am** Nightscreen

ITV Encore +1 Sky 208

PBS America

Freesat 156 Sky 534 Virgin 276

6.00am Ice Pilots **6.55** Aerial America **7.40** Trapped: Ocean Emergency **8.40** Ice Pilots **9.50** Trapped: Ocean Emergency **10.55** The Perfect Crime **12 noon** Prohibition **1.10pm** American Bison: Facing the Storm **2.20** Ice Pilots **3.30** The Perfect Crime **4.35** Prohibition **5.40** American Bison: Facing the Storm

6.50pm Ice Pilots Cameras follow the US Air Force's workhorse, the Hercules LC-130.

7.55 Alaska's Wild Peninsula An exploration of the Alaska Peninsula, a narrow frontier between warm and cold latitudes that extends 500 miles from the south-west Alaskan mainland.

9.00 Jamestown's Dark Winter: Secrets of the Dead Reflecting on a dark chapter in the history of America's early settlers after the discovery of the remains of a young woman dating from 1609.

10.15 Prohibition *2/5.* A look at the impact of the introduction of prohibition on 17 January 1920, as it quickly became apparent that many Americans were intent on seeking a way around the new law.

11.20 Alaska's Wild Peninsula As 7.55pm.

12.25am Jamestown's Dark Winter: Secrets of the Dead **1.35** Prohibition **2.35** Trapped: Ocean Emergency **3.25** Ice Pilots **4.20** Trapped: Ocean Emergency **5.15–6.00am** Aerial America

Alibi

Sky 132 Virgin 155 BT 312 HD Virgin 206 BT 382

7.00am Diagnosis Murder (S) **8.00** Murdoch Mysteries (S) (HD) **10.00** Sue Thomas: F.B.Eye (S) **11.00** Castle (S) (AD) (HD) **12 noon** Rizzoli & Isles (S) (AD) (HD) **1.00pm** Diagnosis Murder (S) **2.00** Sue Thomas: F.B.Eye (S) **3.00** Murdoch Mysteries (S) (HD) **5.00** Castle (S) (AD) (HD)

6.00pm Rizzoli & Isles *8/15 Series 2.* A father and son are attacked leaving the parent dead and his offspring wounded. (S) (AD) (HD)

7.00 Crossing Lines *10/10 Series 1.* Genovese is arrested, and Anne-Marie goes missing. (S) (HD)

8.00 New. Rosewood *4/22* Rosewood and Villa suspect a doctor has killed two of his patients, and must find a way to make their case with limited evidence. (HD)

9.00 Castle *4/10 Series 1.* A city councillor running for re-election is found dead in a skip. (S) (AD) (HD)

10.00 The Closer *19/21 Series 7* The murder of a priest causes a rift between Bronda and Pope and puts the squad in trouble with the Catholic Church. (S) (HD)

11.00 Crossing Lines As 7pm.

12 midnight Percentage: evidence stacks up against Donnie after Shelby is found dead (S) (AD) (HD) **1.00–3.40am** Ripper Street (S) (AD) (HD)

Alibi +1 Sky 226 Virgin 130

Discovery History

Sky 535 Virgin 262

6.00am Aircraft Stories **7.00** Industrial Revelations: the European Story **8.00** Weapons of War **10.00** Weaponology (AD) **12 noon** Hitler's Generals **1.00pm** Weapons of War **3.00** Industrial Revelations: the European Story **4.00** Seven Ages of Britain **5.00** Hitler's Generals

6.00pm Greatest Tank Battles The 1944 campaign in northern Italy between the Canadians and Germans is brought to life.

7.00 Treasure Quest The work of salvage crews as they search for the wreck of the SS Gairsoppa.

8.00 Rory McGrath's Best of British Engineering The comedian hails some of Britain's most outstanding bridges, travelling to Ironbridge in Shropshire.

9.00 Planes That Never Flew The British designed Saunders-Roe SR177, an advanced rocket plane that fell victim to sabotage by a rival aircraft company. (AD)

10.00 How We Got Here George Hearst seeks his fortune as gold is discovered in California. **10.30** America's development into an industrial powerhouse.

11.00 Hitler's Generals Nazi commander Wilhelm Canaris.

12 midnight Weaponology: double bill (AD) **2.00am** Treasure Quest **3.00** Industrial Revelations: the European Story: double bill **4.00–6.00am** Weapons of War

Discovery History +1 Sky 536 Virgin 263

Fox

Sky 124 Virgin 157 HD Virgin 199

8.00am Law & Order: Criminal Intent (HD) **9.00** Medium (S) (HD) **11.00** The Closer (S) (HD) **1.00pm** NCIS (S) (AD) (HD) **3.00** Medium (S) (HD)

5.00pm The Closer *2/15 Series 4* A recently released murderer is killed in a hit-and-run. (S) (HD)

6.00 *3/15.* A girl is found dead in suspicious circumstances. (S) (HD)

7.00 NCIS *3/24 Series 10.* Ducky fears he may have made mistakes on the postmortem of a navy commander 12 years ago. **8.00** *4/24.* The team is called in to investigate when three dehydrated survivors from a helicopter crash are discovered. **9.00** *8/24 Series 13.* DiNozzo must help an old flame rescue her kidnapped husband. (S) (AD) (HD)

10.00 New. Outcast *10/10* Kyle and Anderson scour Rome in search of an unexpected perpetrator, while Sidney explains his intentions. (S) (HD)

11.00 Family Guy Series 8 Another power cut gives Peter a chance to regale the family with a second Star Wars-themed story. (S)

12 midnight American Dad! (S) (HD) **1.00am** Outcast (HD) **2.00** Family Guy: four episodes (S) (HD) **4.00–5.00am** American Dad! (S) (HD)

Fox +1 Sky 165 Virgin 158

History

Sky 529 Virgin 278 BT 327 HD BT 379

8.00am Pawn Stars (HD) **9.00** Down East Dickering (HD) **10.00** Shipping Wars (HD) **11.00** Counting Cars (HD) **12 noon** Storage Wars (HD) **1.00pm** Pawn Stars (HD) **3.00** Mountain Men (HD) **5.00** Pawn Stars (HD) **6.00pm** American Pickers (HD) **7.00** Storage Wars (HD) **8.00** Billion Dollar Wreck (HD) **9.00 *New.*** Storage Wars: Rene brings his dad to the auction (HD) **9.30** Storage Wars (HD) **10.00 *New.*** The Bastard Executioner: Wilkin must do his duty (HD) **11.05** Storage Wars (HD) **1.00am** The Bastard Executioner (HD) **2.05** Storage Wars: double bill (HD) **3.00** Pawn Stars: double bill (HD) **4.00–5.00am** American Pickers (HD)

History +1 Sky 530 Virgin 271

Animal Planet

Sky 523 Virgin 276 BT 325 HD Virgin 257 BT 378

6.00am Tanked (HD) **7.00** The Pool Master (HD) **8.00** Treehouse Masters (HD) **9.00** Wildlife at the Zoo (HD) **10.00** Too Cute! (HD) **11.00** Insane Pools: off the Deep End (HD) **12 noon** Treehouse Masters (HD) **1.00pm** Animal Cops Phoenix (AD) (HD) **3.00** Bondi Vet (HD) **5.00** Animal Cops Detroit (AD)

6.00pm Flying Wild Alaska (HD) **7.00** Tanked (HD) **8.00 *New.*** Bondi Vet: a territorial Tasmanian devil (HD) **9.00 *New.*** The Vet Life (HD) **10.00** Dr Dee: Alaska Vet (HD) **11.00** Bondi Vet (AD) (HD)

12 midnight Tanked (HD) **1.00am** Bondi Vet (HD) **2.00** The Vet Life (HD) **3.00** Dr Dee: Alaska Vet (HD) **3.50** Deadliest Catch (HD) **4.40** Whale Wars **5.30–6.00am** Animal Airport (HD)

Animal Planet +1 Sky 549 Virgin 258

Discovery

Sky 520 Virgin 250 BT 322 HD Virgin 251 BT 376

6.00am Extreme Car Hoarders (HD) **7.00** Alaskan Bush People (HD) **8.00** Bear Grylls: Born Survivor (HD) **9.00** Fast 'n' Loud (HD) **11.00** Wheeler Dealers (HD) **1.00pm** Misfit Garage (HD) **2.00** Gold Rush (HD) **3.00** Born Survivor: Bear Grylls (AD) (HD) **4.00** MythBusters (HD) **5.00** Wheeler Dealers (AD) (HD)

6.00pm Fast 'n' Loud Richard continues restoring the first two Firebirds ever made. (AD) (HD)

7.00 Aaron is unimpressed by the 1972 Ford Pantera that Richard has picked up. (AD) (HD)

8.00 Marooned with Ed Stafford Stranded in a rainforest in Venezuela, the explorer tries to cope for ten days without food and water. (AD) (HD)

9.00 *New.* Deadliest Catch Sig fights to survive a massive heart attack and Bill learns a dark secret about his son. (HD)

11.00 Fast 'n' Loud The guys push to finish the Ferrari F40 and get it sold, but costs rise when the windscreen is broken. (HD)

12 midnight Naked and Afraid (HD) **1.00am** Street Outlaws (HD) **2.00** Moonshiners (AD) (HD) **3.00** Deadliest Catch (HD) **4.40–6.00am** How It's Made: triple bill

Discovery +1 Sky 521 Virgin 252

Nat Geographic

Sky 526 Virgin 266 BT 317 HD Virgin 268 BT 373

8.00am Nazi Megastructures (HD) **9.00** Ancient X Files (S) (AD) (HD) **10.00** Egypt's Treasure Guardians (HD) **11.00** Highway thru Hell (HD) **12 noon** Wicked Tuna (HD) **1.00pm** Family Guns (S) (AD) (HD) **2.00** Ultimate Airport Dubai (HD) **3.00** Air Crash Investigation (S) (AD) (HD) **5.00** Car SOS (HD) **6.00** Supercar Megabuild (HD) **7.00** Air Crash Investigation (S) (AD) (HD) **8.00** Top Ten Natural Disasters (HD) **10.00** Car SOS (HD) **11.00** Air Crash Investigation (S) (AD) (HD) **12 midnight** Science of Stupid (HD) **1.00am** Underworld, Inc (HD) **2.00** Air Crash Investigation (S) (AD) (HD) **3.00** Car SOS (HD) **4.00–5.00am** as 6pm

Nat Geo +1 Sky 527 Virgin 267

Eden

Sky 532 Virgin 247 BT 315 HD Virgin 249

9.00am Africa (S) (AD) (HD) **10.00** as 10pm **11.00** as 9am **12 noon** as 6pm **1.00pm** as 7pm **2.00** as 8pm **3.00** as 9pm **4.00** Wonders of the Solar System (S) (AD) (HD) **5.00** Walking with Dinosaurs (S) (AD) **6.00** Crazy Creature Costumes (HD) **7.00** Walrus: Two Ton Tusker (S) (HD) **8.00** Wonders of the Monsoon (S) (HD) **9.00** Africa (S) (AD) (HD) **10.00** Wonders of the Solar System (S) (AD) (HD) **11.00** Walking with Dinosaurs (S) (AD) **12 midnight** Crazy Creature Costumes (HD) **1.00am** Walrus: Two Ton Tusker (S) (HD) **2.00** Wonders of the Monsoon (S) (HD) **3.00** Africa (S) (AD) (HD) **3.50** Wonders of the Solar System (S) (AD) (HD) **4.40** Walking with Dinosaurs (S) (AD) **5.30–6.00am** World's Wildest City: Manaus (HD)

Eden +1 Sky 533 Virgin 248

CHILDREN'S

Milkshake! on C5

Full listings for Channel 5 are on p78

6.00am The Wotwots **6.10** Chloe's Closet **6.20** Lily's Driftwood Bay **6.30** Fireman Sam **6.40** Peppa Pig **6.45** Bob the Builder **7.00** Little Princess **7.10** Pip Ahoy! **7.25** Thomas & Friends **7.40** Noddy, Toyland Detective **7.50** Ben and Holly: Ben joins Holly for her first day at school **8.05** Wissper **8.15** Peppa Pig: double bill **8.35** Paw Patrol **8.50** Toot the Tiny Tugboat: Wayne uncovers a dinosaur skeleton **9.00–9.15am** Bananas in Pyjamas

CBeebies

Freeview 101 Freesat 608 Sky 614 Virgin 702

6.00am Zingzillas **6.10** Mr Bloom **6.25** Timmy Time **6.35** Buzz and Tell **6.40** Rastamouse **6.55** Postman Pat **7.10** Twirlywoos **7.20** Teletubbies **7.35** Hey Duggee **7.40** The Furchester Hotel **7.55** Go Jetters **8.05** Octonauts **8.20** Chuggington **8.25** Kate & Mim-Mim **8.35** Tree Fu Tom **9.00** Time for School **9.10** Bing **9.25** as 12.55pm **9.30** Teletubbies **9.45** as 1.45pm **10.05** as 2.05pm **10.10** as 2.10pm **10.30** Woolly & Tig **10.35** Get Well Soon **10.50** Ruff-Ruff, Tweet and Dave **11.05** The Lingo Show **11.15** Alphablocks **11.20** Numtums **11.25** Get Squiggling! **11.40** Rastamouse

12 noon My Pet and Me **12.15pm** I Can Cook on the Go **12.30** Cbeebs Boat **12.45** Melody **1.00** Time for School **1.10** Bing **1.25** Waybuloo **1.30** Twirlywoos **1.45** Something Special **2.05** Patchwork Pals **2.20** Show Me Show Me **2.30** Woolly & Tig **2.35** Get Well Soon **2.50** Numtums **3.05** The Lingo Show **3.15** Alphablocks **3.25** Nina and the Neurons **3.30** Mister Maker **3.50** Grandpa in My Pocket **4.05** Bo **4.15** What's the Big Idea? **4.20** Hacker's Olympic Rundown **4.35** Peter Rabbit **5.00** The Let's Go Club **5.15** Sarah & Duck **5.25** Topsy and Tim **5.35** *New.* Jamillah and Aladdin **5.50** *New.* Nelly & Nora **6.00pm** Digby Dragon **6.10** Abney & Teal **6.20** In the Night Garden **6.50–7.00pm** Bedtime Story: with Clare Balding

CBBC

Freeview 103 Freesat 607 Sky 613 Virgin 701

7.00am Arthur **7.15** Zig and Zag **7.25** Danger Mouse **7.40** Newsround **7.45** Wild & Weird **8.00** Class Dismissed **8.15** Newsround **8.25** Diddy TV **8.40** Joke Machine **8.45** *New.* Odd Squad **9.00** **CBBC CHOICE** *New.* Hacker Time *See p75* **9.30** *New.* Just Kidding: Lost & Found **9.55** Copycats **10.30** Young Dracula **11.25** Young Dracula Files **11.55** Matilda and the Ramsay Bunch **12.10pm** Next Stop **12.35** Hetty Feather **1.00** Hacker Time **2.00** Copycats **2.30** Wild & Weird **2.45** Officially Amazing **3.00** Odd Squad **3.10** Dennis **3.25** Sidekick **3.35** Endangered Species **3.45** *New.* Bottersnikes & Gumbles **4.00** Just Kidding **4.20** Newsround **4.30** *New.* Hetty Feather **5.00** Rocket's Island **5.30** Dumping Ground **6.00** *New.* Hacker's Olympic Rundown **6.05** *New.* Bottersnikes & Gumbles **6.20** *New.* The Deep **6.45** *New.* Danger Mouse **6.55** Lifebabble **7.00** Horrible Histories **7.30** Marrying Mum and Dad **8.00** Lost & Found **8.05** The Next Step **8.25–9.00pm** Dumping Ground

CITV

Freeview 102 Freesat 602 Sky 621 Virgin 734

Programmes 6.00pm–9.00 not Freeview

6.00am Monsuno **6.20** Signed Stories **6.30** Dino Dan: Trek's Adventures **7.15** Oddbods **7.25** Grizzly Tales **7.55** City Shorts **8.00** Max Steel **8.25** Matt Hatter Chronicles **8.55** Thunderbirds Are Go **9.25** Oddbods **9.30** *New.* What's New Scooby Doo? **10.00** Mr Bean: the Animated Series **11.00** Horrid Henry **12 noon** Nerds & Monsters **12.30pm** Leopard **1.00** Mr Bean: the Animated Series **2.00** Horrid Henry **3.00** Thunderbirds Are Go **3.30** What's New Scooby Doo? **3.55** My Parents Are Aliens **4.45** My Parents Are Aliens **5.05** Fort Boyard Ultimate Challenge **6.00pm** Max Steel **6.25** Matt Hatter Chronicles **6.55** Horrid Henry **7.55** Looped **8.25** Thunderbirds Are Go **8.55–9.00pm** Signed Stories

ALL PROGRAMMES ON THE ABOVE CHANNELS ARE REPEATS UNLESS OTHERWISE STATED

Key (S) Subtitles (SL) Signing (AD) Audio description (HD) High definition (W) Widescreen

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TUESDAY Films & Sport

Discover film

The best of Sky, iPlayer, Netflix and beyond

Once upon a time...

Cinderella ★★★★ *4.55pm Sky Fairy Tales*

You can't beat a bit of escapism and so kids of all ages will be thrilled that until 21 August Sky Family becomes Sky Fairy Tales. There's certainly a plethora of princesses in the mix including *Brave*, *Enchanted* and *The Princess Diaries*. Today, though, the channel revisits a classic with Disney's 1950 animated version of *Cinderella* that features some great songs, including the Oscar-nominated *Bibbidi-Bobbidi-Boo*. TONY PETERS

Hot pursuit

Wild at Heart ★★★★ *12.40am Sky Select*

Director David Lynch goes somewhere over the psychedelic rainbow here in a violent and sleazily sexy pulp art attack, as we follow convict Nicolas Cage and his girlfriend Laura Dern being pursued by her crazed mother's gumshoe lover. Stuffed with transfixing deranged visuals and and exuberant camp, it's another hip and hypnotic rollercoaster ride through the twin peaks of pretentiousness and exhilaration. ALAN JONES

Stripe it lucky

Khumba ★★★ *My5*

FREE TO VIEW

A zebra born with only half his stripes goes in search of a mystical water hole in this animated adventure. It doesn't have the production values of Disney or Pixar, but it's a decently told tale with a voice cast that includes Catherine Tate and Liam Neeson. DAVE ALDRIDGE

FREEVIEW

Film4 15

F'view 15 **F'sat** 300 **Sky** 315 **Virgin** 429 **HD** Virgin 429

11.00am The Spy Next Door ★★★ Comedy. Jackie Chan (2009, PG) (S) **12.50pm Doctor in Distress** ★★ Comedy (1963, PG) (S) **2.55 Epic** ★★★ Animation. Colin Farrell (2013, U) (S) **5.00 New In Town** ★ Romantic comedy. (2009, U)

6.50pm My Sister's Keeper ★★ Drama in which a girl fights for her own identity after being conceived to help save her terminally ill sister. Cameron Diaz, Alec Baldwin, Abigail Breslin, Joan Cusack (2009, 12) (S) (AD)

9.00 Locke ★★★★ Tom Hardy gives the performance of a lifetime as a man on a collision course with fate in a film shot almost entirely within a car. (2014, 15) (S)

10.45 Faster ★★ Ex-con Dwayne Johnson is out for revenge in a thriller that delivers plenty of action. (2010, 15) (S)

12.40–3.35am The Girl Who Kicked the Hornet's Nest ★★★ Thriller. Michael Nyqvist, Noomi Rapace, Lena Endre, Annika Hallin (2009, 15)

Film4 +1 **F'view** 45 (HD only) **F'sat** 301 **Sky** 316 **Virgin** 430

Movie Mix 32

Freeview 32

9.00am Jungle Boy ★★ Adventure. David Fox, Lea Moreno (1998, U) **10.50** Movie News **11.00 Living Free** ★★ Wildlife adventure. Nigel Davenport, Susan Hampshire (1972, U) **12.50pm** Movie News **1.00 Bite the Bullet** ★★★ Western eDventure. Gene Hackman, Candice Bergen (1975, PG) **3.50** Movie News **4.00 Back and the Preacher** ★★★ Western. Sidney Poitier, Harry Belafonte (1972, PG)

6.15pm The Natural ★★★★ An ageing baseball player gets a second chance at the big leagues in this memorable drama. Robert Redford, Robert Duvall, Glenn Close (1984, PG)

9.00 Donnie Brasco ★★★★ An undercover FBI agent befriends a low-level Mafia hood in this gritty crime drama. **Film of the Day, p37.** Al Pacino, Johnny Depp, Michael Madsen, Anne Heche (1997, 18)

11.35 Renegade Justice ★ Violent action drama about a man out to avenge the murder of his son. Steven Seagal (2007, 18)

1.30am Shadow Man ★ Action drama. Steven Seagal (2006, 15) **3.25 Casey's Shadow** ★★★ Drama. Walter Matthau (1978, PG) **5.50–6.00am** Behind the Screens

Movies4Men 48

Freeview 48 **Freesat** 334 **Sky** 325

6.00am The Hasty Heart ★★★ War drama. Ronald Reagan (1949, U) **8.05 The Big Steal** ★★★ Film noir. Robert Mitchum (1949, PG) **9.30 Stormforce** ★★ Drama. Kevin Janssens, (2006) **11.40 Jet Stream** ★★ Disaster thriller. David Chokachi (2001, 12) **1.25pm Super Tanker** ★★ Disaster movie. Ben Cross (2011, 12) **3.10 Iron Eagle IV** ★★ Adventure. Louis Gossett Jr (1995, 12)

5.05pm Underwater! ★★★ Some fine photography lifts this adventure about the search for lost treasure. Jane Russell (1955, U)

7.10 NYC: Tornado Terror ★ The Big Apple is threatened by storms in this disaster movie. Nicole de Boer, Sebastian Spence (2008, 12)

9.00 Blackjack ★★ An ex-bodyguard comes out of retirement in this bizarre action thriller. Ralph Lamberger, Kate Vernon (1998, 18)

10.50 Bet Your Life ★ Billy Zane bets a man $2 million that he can hunt and kill him in 24 hours in this action thriller. (2004)

12.35am Hollow Man 2 ★ Sci-fi thriller. Christian Slater, Peter Facinelli, Laura Regan, David McIlwraith (2006, 15) **2.20–4.00am Deadly Descent** ★★ Horror thriller. Chuck Campbell, Adrian Paul (2013)

Movies4Men +1 **Freesat** 305 **Sky** 326

Premiere

Sky 301 **Virgin** 401 **BT** 501 **HD** Virgin 431

6.00am As 4pm **8.00** Suicide Squad: Special **8.30 4 Minute Mile** ★★ Sports drama. Kelly Blatz, Richard Jenkins, Kim Basinger (2014, 12) **10.15** As 8pm **12.15pm** As 6pm **2.15** As 10pm **4.00 Dragon Ball Z: Battle of Gods** ★★ Animated fantasy comedy. Sean Schemmel, Christopher R Sabat (2013, 12)

6.00pm Pan ★★★★ Spectacular all-action adventure prequel. Levi Miller, Hugh Jackman, Rooney Mara (2015, PG)

8.00 Suffragette ★★★★ Inspiring drama. **Choice, p62.** Carey Mulligan, Helena Bonham Carter, Meryl Streep (2015, 12)

10.00 Kite ★★ Highly stylised reworking of an anime original. India Eisley, Samuel L Jackson, Callan McAuliffe (2014, 15)

11.40 Hangar 10 ★★ Routine found-footage horror thriller. Danny Dreyer, Alexie Gilmore, Robert Curtis (2014, 15)

1.20am 4 Minute Mile As 8.30am **3.00 Infini** ★★ Aussie sci-fi yarn. Daniel MacPherson (2014, 15) **5.00** Suicide Squad: Special **5.30** Finding Pixar

Premiere +1 **Sky** 302 **Virgin** 402

Greats

Sky 304 **Virgin** 404 **BT** 508 **HD** Virgin 434

6.00am Harry Potter and the Order of the Phoenix ★★★★ Fantasy adventure. Daniel Radcliffe (2007, 12)

8.35 Harry Potter and the Half-Blood Prince ★★★★ Fantasy. (2009, 12)

11.20 Star Trek Beyond Special **11.50** As 8pm **1.50pm The Birds** ★★★★★ Classic horror. Rod Taylor (1963, 15)

3.55pm Platoon ★★★★★ Absorbing war drama. Tom Berenger, Willem Dafoe, Charlie Sheen, Forest Whitaker (1986, 15)

6.00 Gone in Sixty Seconds ★★ Boys-and-their-toys action drama. Nicolas Cage, Angelina Jolie (2000, 15)

8.00 Dumb and Dumber ★★★★ Cheerfully moronic comedy. Jim Carrey, Jeff Daniels (1994, 12)

10.00 Carlito's Way ★★★★ Visually audacious crime drama. Al Pacino, Sean Penn, Penelope Ann Miller (1993, 18)

12.25am Backdraft ★★★★ Action drama. Kurt Russell, William Baldwin (1991, 15)

2.55 Dog Day Afternoon ★★★★ Crime drama. Al Pacino (1975, 15) **5.00 The Adventures of Robin Hood** ★★★★★ Adventure. Errol Flynn (1938, U)

Comedy

Sky 308 **Virgin** 408 **BT** 506 **HD** Virgin 438

6.45am The Top Ten Show **7.00 Three Amigos!** ★★★ **8.50 License to Drive** ★★ **10.30** Pitch Perfect 2 Special **11.00 Death Becomes Her** ★★★★ (1992, PG) **12.50pm Nine Months** ★★ (1995, 12) **2.40 Playing It Cool** ★★ (2014, 15) **4.20 This Is Where I Leave You** ★★★ (2014, 15)

6.10pm The Wedding Ringer ★★ A friendless groom hires a best man. Kevin Hart, Josh Gad (2015, 15)

8.00 Get Hard ★★★ Will Ferrell and Kevin Hart make a sparky odd couple in this comedy. (2015, 15)

9.45 The Heartbreak Kid ★★★ Funny but outrageously crude comedy. Ben Stiller, Michelle Monaghan (2007, 15)

11.45 Calendar Girls ★★★★ Marvellous comedy drama. Helen Mirren, Julie Walters, Penelope Wilton (2003, 12)

1.40am The Rocky Horror Picture Show ★★★★ Musical satire. Tim Curry (1975, 15) **3.25 Eight Legged Freaks** ★★ Sci-fi horror comedy. David Arquette (2002, 12) **5.10 Trail of the Pink Panther** ★ Comedy. Peter Sellers (1982, PG)

Hits

Sky 303 **Virgin** 403 **BT** 504 **HD** Virgin 433

6.30am Fury ★★★★ War drama. Brad Pitt (2014, 15) **8.50 The SpongeBob Movie: Sponge out of Water** ★★★★ Part-animated adventure. Tom Kenny (2015, U) **10.35** As 6.20pm **12.20pm** As 8pm **2.35** As 10pm **4.35 Johnny English** ★★ Spy comedy adventure. Rowan Atkinson (2011, PG)

6.20pm Cloudy with a Chance of Meatballs ★★★★ Clever, funny and genuinely surprising animated comedy fantasy. Bill Hader, Anna Faris, James Caan, Neil Patrick Harris (2009, U)

8.00 Crimson Peak ★★ Gruesome gothic horror. Mia Wasikowska, Jessica Chastain, Tom Hiddleston (2015, 15)

10.05 Ted 2 ★★★ The trash-talking teddy bear returns in this gag-heavy comedy. Mark Wahlberg, Seth MacFarlane, Amanda Seyfried, Jessica Barth (2015, 15)

12.10am Fury As 6.30am **2.40 The Departed** ★★★★ Superb Oscar-winning crime drama. Leonardo DiCaprio, Matt Damon, Jack Nicholson (2006, 15) **5.15 The SpongeBob Movie: Sponge out of Water** As 8.50pm

Action/Adventure

Sky 307 **Virgin** 407 **BT** 502 **HD** Virgin 437

6.00am Rush Hour 2 ★★★ Martial arts action comedy. Jackie Chan, Chris Tucker (2001, 12) **7.35** As 6.55pm **9.40** As 9pm **12.05pm** As 11.25pm **2.20 Apollo 13** ★★★★ Space drama. Tom Hanks, Bill Paxton (1995, PG) **4.45 Batman** ★★★★ Action fantasy. Michael Keaton, Jack Nicholson, Kim Basinger (1989, 12)

6.55pm Spider-Man ★★★★ Exciting, smart and funny fantasy adventure. Tobey Maguire, Willem Dafoe, Kirsten Dunst, James Franco (2002, 12)

9.00 Avengers: Age of Ultron ★★★★ Marvel's superheroes reassemble in this explosive and compelling sequel. Robert Downey Jr, Chris Hemsworth, Mark Ruffalo, Chris Evans (2015, 12)

11.25 The Equalizer ★★★ Slick re-imagining of the hit 1980s TV show. Denzel Washington, Marton Csokas (2014, 15)

1.40am Dante's Peak ★★★ Action adventure. Pierce Brosnan (1997, 12) **3.30 Crimson Tide** ★★★★ Action thriller. Denzel Washington (1995, 15) **5.30 Remember the Titans** ★★★ American football drama. Denzel Washington (2000, PG)

Crime/Thriller

Sky 309 **Virgin** 409 **BT** 509 **HD** Virgin 439

6.30am Domino As 5pm **8.40 Tracers** As 7.10pm **10.30 Montana** ★★ Action crime thriller. Lars Mikkelsen, Michiel Bovel (2014, 15) **12.30pm Valkyrie** As 9pm **2.40 The Rock** ★★★★ Action thriller. Sean Connery, Nicolas Cage, Ed Harris (1996, 15) **5.00 Domino** ★★ Action thriller. Keira Knightley, Mickey Rourke (2005, 15)

7.10pm Tracers ★★ Twilight's wolf boy Taylor Lautner attempts the transition to Hollywood action man. Marie Avgeropoulos (2015, 12)

9.00 Valkyrie ★★★ Engrossing wartime drama starring Tom Cruise as an aristocratic German officer who leads a plot to assassinate Hitler. Kenneth Branagh (2008, 12)

11.10 We Still Kill the Old Way ★ Very violent London gangster flick. Ian Ogilvy, Alison Doody (2014, 18)

12.55am The Firm ★★★ Lively 1980s set drama. Paul Anderson, Colin MacNab (2009, 18) **2.40 Assassin** ★★ Thriller. Danny Dyer, Martin Kemp, Gary Kemp (2015, 15) **4.15 Loss of Faith** ★★ Mystery thriller. John Ritter (1997)

Key (S) Subtitles (SL) Signing (AD) Audiodescription

Disney

Sky 305 **Virgin** 405 **BT** 503 **HD** Virgin 435

7.05am The Return of Jafar ★★ (1994, U) **8.20** As 2.50pm **9.50** As 4.20pm **11.30** As 6pm **1.30pm The Many Adventures of Winnie the Pooh** ★★★★ Animation. (1977, U) **10.00** As 6.15pm **11.45** As 8pm **1.20pm** As 9.40pm **2.45** As 11.25pm **4.55 Cinderella** ★★★★ Animated fantasy **Choice, left.** (1950, U) **Inside Out** ★★★★★ Animation. (2015, U)

6.00pm Cars ★★★ A racing car gets stuck in a small town in this great-looking animated comedy. Owen Wilson, Paul Newman, Bonnie Hunt (2006, PG)

8.00 Old Dogs ★★ Ramshackle comedy. John Travolta, Robin Williams (2009, PG)

9.40 The Pacifier ★★ This family comedy cheekily sends up Vin Diesel's toughguy persona. (2005, PG)

11.25 The Black Hole Preview. Intriguing sci-fi epic. Maximilian Schell, Anthony Perkins, Robert Forster (1979, PG)

1.10am Freaky Friday ★★★ Brisk body-swap comedy. Jessica Alba, Jodie Foster (1976, U) **2.55 Snowball Express** ★★★ Comedy. Dean Jones (1972, U) **4.35 The Pacifier** As 9.40pm

Drama/Romance

Sky 310 **Virgin** 410 **BT** 511 **HD** Virgin 448

6.45am St Vincent ★★★★ Comedy. Bill Murray (2014, 12) **8.40 West Side Story** ★★★★★ Musical. Natalie Wood (1961, PG) **11.15 Shirley Valentine** ★★★★ Comedy. Pauline Collins, Tom Conti (1989, PG) **1.15pm** As 9pm **3.15 Children of a Lesser God** ★★★★ Romantic drama. William Hurt (1986, 15)

5.20pm Lessons in Love ★ Utterly clichéd romantic comedy. Pierce Brosnan, Jessica Alba, Salma Hayek (2014, 15)

7.05 27 Dresses ★★★ Fluffy romantic comedy. Katherine Heigl, James Marsden, Malin Akerman, Judy Greer (2008, 12)

9.00 Paper Towns ★★★ Coming-of-age tale with Cara Delevingne. Nat Wolff, Halston Sage (2015, 12)

11.00 A Beautiful Mind ★★★ Oscar-winning biographical drama. Russell Crowe, Ed Harris (2001, 12)

1.20am Mountain Men ★★ Comedy drama. Tyler Labine, Chace Crawford (2014, 15) **2.55 Honour** ★★★ Thriller. Aiysha Hart, Paddy Considine (2012, 15) **4.45 Bus Stop** ★★★★ Romantic comedy. Marilyn Monroe, Don Murray (1956, U)

Select

Sky 312 **Virgin** 412 **BT** 513 **HD** Virgin 442

6.00am Charlie Countryman ★★★ Comedy. Shia LaBeouf (2013, 15) **7.50 The Face of an Angel** ★★★★ Drama. Daniel Brühl (2014, 15) **9.35** As 8.20pm **11.15 The Hurricane** ★★★★ Drama. Denzel Washington (1999, 15) **1.45pm How to Steal a Million** ★★★ Comedy. Audrey Hepburn (1966, U)

3.50pm The Sea Inside ★★★★★ Enormously touching biopic. Javier Bardem, Belén Rueda, Lola Dueñas (2004, PG)

6.00 As Good as It Gets ★★★★ Offbeat romantic comedy drama. Jack Nicholson, Helen Hunt (1997, 15)

8.20 Irrational Man ★★ Clunky comedy drama. Joaquin Phoenix, Emma Stone, Parker Posey, Jamie Blackley (2015, 12)

10.00 Eyes Wide Shut ★★★ Fascinating swan song for Stanley Kubrick. Tom Cruise, Nicole Kidman (1999, 18)

12.40am Wild at Heart ★★★★ Violent road movie. **Choice, left.** Nicolas Cage (1990, 15) **2.50 Thunderbolt and Lightfoot** ★★★★ Crime drama. Clint Eastwood (1974, 15) **4.50 How to Steal a Million** As 1.45pm

Fairy Tales

Sky 306 **Virgin** 406 **BT** 505 **HD** Virgin 436

6.00am As 4.55pm **7.20 Cinderella II: Dreams Come True** ★★ Animation. (2002, U) **8.40 Cinderella III: a Twist in Time** ★★ Animation. (2007, U) **10.00** As 6.15pm **11.45** As 8pm **1.20pm** As 9.40pm **2.45** As 11.25pm **4.55 Cinderella** ★★★★ Animated fantasy **Choice, left.** (1950, U)

6.15pm Strange Magic ★★ Animated musical fantasy. Evan Rachel Wood, Alan Cumming, Elijah Kelley (2015, U)

8.00 Aladdin ★★★★★ Delightful animated musical. Robin Williams (1992, U)

9.40 Aladdin and the King of Thieves ★★★★ Entertaining animated sequel. Robin Williams (1996, U)

11.10 Cinderella Special Preview.

11.25 Stardust ★★★★ Witty fantasy adventure. Claire Danes, Charlie Cox, Michelle Pfeiffer, Robert De Niro (2007, PG)

1.40am FernGully: the Last Rainforest ★★ Animated fantasy. Samantha Mathis, Jonathan Ward, Robin Williams (1992, U) **3.05** As 7.20am **4.25** As 8.40am **5.45** Cinderella Special

Sci-Fi/Horror

Sky 311 **Virgin** 411 **BT** 507 **HD** Virgin 441

6.00am As 3.35pm **7.40 Cloverfield** ★★★ Sci-fi action thriller. Lizzy Caplan, Jessica Lucas (2008, 15) **9.10** As 11.15pm **11.20** As 6.45pm **1.30pm** As 9pm **3.35 13 Sins** ★★★ Horror thriller. Mark Webber, Rider Strong, Devon Graye, Tom Bower, Ron Perlman (2013, 15) **5.15 The Gallows** ★ Horror. Reese Mishler, Pfeifer Brown (2015, 15)

6.45pm Serenity ★★★★ Thrilling sci-fi tale that follows the exploits of a maverick adventurer and his crew in the galactic equivalent of the Wild West. Nathan Fillion (2005, 15)

9.00 Mad Max: Fury Road ★★★★ Exhilarating action adventure from director George Miller. Tom Hardy, Charlize Theron (2015, 15)

11.15 The X-Files ★★★★ Classy first spin-off from the popular TV series. David Duchovny, Gillian Anderson (1998, 15)

1.20am The Gallows As 5.15pm **2.50 Cloverfield** As 7.40am **4.20 Target Earth** ★★ Sci-fi drama. Christopher Kriesa, Marcia Cross (1998)

TCM

Sky 317 **Virgin** 415 **BT** 512 **HD** Virgin 416

6.15am Kung Fu 8.20 Yellowstone Kelly ★★★ Western. Clint Walker (1959, U) **10.05 The Longhorn** ★★★ Western. Will Sonnett (1955, U) **11.30 The Red Badge of Courage** ★★★★ War drama. Audie Murphy (1951, U) **12.50pm Kung Fu 3.00 Elvis on Tour** ★★★ Documentary. Elvis Presley (1972, PG)

4.50pm Jailhouse Rock ★★★★ Scintillating musical drama. Elvis Presley, Judy Tyler, Mickey Shaughnessy (1957, U)

6.55 One Spy Too Many ★★ Man from UNCLE spy adventure. Robert Vaughn, David McCallum, Big Tom (1966, PG)

9.00 Young Guns II – Blaze of Glory ★★ Western sequel. Emilio Estevez, Kiefer Sutherland, Lou Diamond Phillips (1990, 15)

11.05 Mad Max ★★★★★ Highly inventive and very violent futuristic action adventure. Mel Gibson (1979, 18)

1.00am Conspiracy Theory with Jesse Ventura **2.55** Hollywood's Best Film Directors **5.00 Jailhouse Rock** As 4.50pm

TCM +1 **Sky** 318 **Virgin** 417

SPORT Choices

Tennis *4.00pm, 12 midnight Sky Sports 3* The top eight seeds will join the fray in the ATP Cincinnati Masters for the second round, which begins today. Surprisingly, Novak Djokovic has never won this outdoor hardcourt event, but after his hiccup at Wimbledon he triumphed imperiously in the Toronto Masters, and will be backed to put this omission right – especially with reigning champion Roger Federer injured. You can also follow the women's Cincinnati tournament on BT Sport 1. STEVE WALL

Sky Sports 1

Sky 401 **Virgin** 501 **BT** 402 **HD** Virgin 501

6.00am Football Gold (AD) **7.00** Wrestling **8.00** Premier League Football **9.30** Premier League Years (AD) **11.30** Football Gold

12 noon Scottish Football
12.30pm Premier League Football
2.00 Premier League Years
4.00 Premier League Football
5.30 Sporting Triumphs
6.00 Scottish Football
6.30 Premier League Review
7.30 Soccer Special News of all tonight's goals as they go in.
10.00 Spanish Football
10.30 Premier League Review
11.30 Scottish Football
12 midnight Spanish Football **12.30am** Premier League Review **1.30** Football Gold **2.00** Scottish Football **2.30** Football Gold **3.00** Premier League Review **4.00–6.00am** Premier League Years (AD)

Sky Sports 2

Sky 402 **Virgin** 502 **BT** 403 **HD** Virgin 502

6.00am Cricket Classics **7.00** Test Cricket **9.00** Cricket's Greatest (AD) **12 noon** Test Cricket
1.55pm LIVE International Under-19s Cricket England v Sri Lanka, the third and final one-day international of the series, from the St Lawrence Ground in Canterbury.
10.30 Major League Soccer
11.00 Super League Fulltime **11.30** Cricket's Greatest (AD)
1.30am Super League Fulltime **2.00** Cricket Classics (AD) **3.00** Cricket's Greatest (AD) **4.00–6.00am** The Ashes: England's Best Days

Sky Sports 3

Sky 403 **Virgin** 513 **HD** Virgin 503

6.00am Legends of Darts **7.00** Boxing Gold **8.00** Tennis **9.00** Super League Fulltime **9.30** Sporting Greats (AD) **10.00** Sporting Heroes (AD) **11.00** Racing News **11.30** Super League Fulltime
12 noon Time of Our Lives (AD)
1.00pm Tennis From Cincinnati.
2.00 Sporting Heroes (AD)
3.00 Tennis From Cincinnati.
4.00 LIVE Tennis The ATP Cincinnati Masters, day two of this outdoor hardcourt tournament, featuring matches in the first and second rounds. The top eight seeds enter the competition in round two. More at 12 midnight.
10.00 More than a Game
10.30 Great Sporting Moments
11.00 Legends of Darts
11.15 Darts Gold (AD)
12 midnight LIVE Tennis Further coverage from the ATP Cincinnati Masters. **3.30am** Darts Gold (AD) **4.00** Time of Our Lives **5.00–6.00am** Sporting Greats (AD)

Sky Sports 4

Sky 404 **Virgin** 504 **HD** Virgin 504

6.00am PGA Tour Classic **7.00** Wonderful World of Golf **8.30** US Tour Golf **9.30** Golf **11.30** Wonderful World of Golf (AD)
1.00pm US Tour Golf **2.00** PGA Tour Classic **3.00** US Tour Golf **4.00** Sporting Rivalries (AD) **5.00** US Tour Golf **6.00** Sportswomen **6.30** Golfing World **7.00** Chronicles of a Champion Golfer: Tiger Woods **8.00** EuroPro Tour Golf
10.00 LIVE Poker Coverage of the Sky Poker Grudge Match.
12 midnight EuroPro Tour Golf **2.00am** US Tour Golf **3.00** PGA Tour Classic **4.00–6.00am** EuroPro Tour Golf

Sky Sports 5

Sky 405 **Virgin** 515 **BT Vision+** 436 **HD** Virgin 505

6.00am Football's Greatest Players **10.00** Major League Soccer
12 noon Football's Greatest Teams Double bill. (AD)
1.00pm Spanish Football Gold (AD)
2.00 Dutch Football (AD)
3.00 Major League Soccer
3.30 Spanish Football Gold (AD)
4.30 Football's Greatest Teams **Barcelona in recent years.** (AD)
5.00 Wrestling WWE Smackdown.
7.00 Triathlon Tenerife Blue Trail.
7.30 Football's Greatest Teams Barcelona in recent years. (AD)
8.00 Dutch Football
9.00 Major League Soccer
9.30 Football's Greatest Teams Bayern Munich, 1974 to 1976. (AD)
10.00 Wrestling WWE Smackdown.
11.00 Football's Greatest Teams Real Madrid in the 50s and 60s. (AD)
11.30 Triathlon Tenerife Blue Trail.
12 midnight Wrestling **1.00am LIVE** Wrestling. WWE Smackdown **3.00** Dutch Football **4.00** Major League Soccer **4.30** Football's Greatest Teams (AD) **5.00–6.00am** Spanish Football Gold (AD)

Sky Sports 1

Sky 406 **Virgin** 506 **BT** 404 **HD** Virgin 506

6.00am World Rally **6.30** Non-League Football **7.00** Game of the Week **7.30** Motor Racing **8.30** Motorcycling **9.00** MotoGP **1.00pm** Tennis
4.00 LIVE Tennis Day two of the WTA Cincinnati Open, first and second round matches on day two of the tournament.
4.00am Hockey **4.30** Motorcycling **5.00–6.00am** Classic MotoGP

Eurosport 1

Sky 410 **Virgin** 523 **BT** 412 **HD** Virgin 523 **BT** 435

7.25am Going for Gold **7.30** Triathlon **8.00** Cycling **1.00pm** British Superbikes **2.00** Motorcycling **3.05** Snooker **5.00** Cycling **6.00** Going for Gold **6.15** Eurosport News **6.20** Cycling **7.25** Going for Gold **8.00** British Superbikes **10.00** Snooker the final of the Masters **11.55** Boxing **12.55–1.00am** Going for Gold

Eurosport 2

Sky 411 **Virgin** 524 **BT** 413 **HD** Virgin 522 **BT** 436

5.15am LIVE Test Cricket Sri Lanka v Australia, day four of the series concluding Third Test at the Sinhalese Sports Club Ground in Colombo. More at 8.30am.
7.30 Triathlon: the Staffordshire Ironman 70.3 **8.00** Top Ten
8.10 LIVE Test Cricket Sri Lanka v Australia, continuing play from day four of the Third Test. More 10.30am.
10.10 Eurosport News **10.25** Going for Gold
10.30 LIVE Test Cricket Sri Lanka v Australia, the last session on day four of the Third Test in Colombo.
12.30pm Triathlon: Cardiff Triathlon **1.00** Cycling **1.20** Eurosport News **1.25** Going for Gold **1.30** Motocross **2.00** TT **4.00** World Superbikes **6.00** Motorcycling **7.00** Snooker **8.55** Boxing **9.55** Eurosport News **10.00** Cycling
12 midnight Eurosport News **12.05am** Going for Gold **12.20** Top Ten **12.25** Going for Gold **12.30–5.15am** Eurosport News

BT Sport 1

Sky 413 **Virgin** 531 **BT** 400 **HD** Virgin 527 **BT** 430

6.00am World Rally **6.30** Non-League Football **7.00** Game of the Week **7.30** Motor Racing **8.30** Motorcycling **9.00** MotoGP **1.00pm** Tennis
4.00 LIVE Tennis Day two of the WTA Cincinnati Open, first and second round matches on day two of the tournament.
4.00am Hockey **4.30** Motorcycling **5.00–6.00am** Classic MotoGP

BT Sport 2

Sky 414 **Virgin** 532 **BT** 401 **HD** Virgin 528 **BT** 431

6.00am Speedway **8.00** Australian Rules Football **12 noon** Brazilian Football **1.30pm** Game of the Week **2.00** MotoGP **2.55** SMU Pony Express (AD) **4.15** Scottish Football **4.45** Motor Racing **5.45** MotoGP **6.00** Australian Rules Football
7.00 LIVE Champions League Football Coverage of a play-off round first-leg match, with a place in the group stage at stake.
10.00 UFC **11.30** Mixed Martial Arts: amateur World Championships
12.30am Bernie and Ernie (AD) **1.30** UFC **2.30** Australian Rules Football **3.30** Scottish Football **4.00–6.00am** MotoGP

BT Sport 3

Sky 417 **Virgin** 533 **BT** 410 **HD** Virgin 525 **BT** 432

6.00am French Football **7.00** Classic MotD **10.00** Premier League Review **11.00** Global Goals **11.15** Last Week, This Week **11.30** French Football **12.30pm** Scottish Football **1.00** Fishing **2.00** Motor Racing **3.00** World Rally **3.30** MotoGP **3.45** Motor Racing **4.45** Non-League Football **5.15** French Football **6.15** Scottish Football **6.45** Premier League Review **7.45 LIVE Champions League Football** Coverage of a play-off round first-leg match.
9.45 Scottish Football **10.15** Game of the Week **10.45** Global Goals **11.00** French Football
12 midnight Champions League Football play-off first-leg action **5.00–6.00am** French Football

BT Sport//ESPN

Sky 416 **Virgin** 534 **BT** 411 **HD** Virgin 530 **BT** 433

6.00am Pardon the Interruption **6.30** Around the Horn **7.00** Pardon the Interruption **7.30** Around the Horn **8.00** American Football **8.30** Major League Baseball **11.30** Around the Horn
12 noon ESPN FC **12.30pm** Boxing **2.30** Major League Baseball **6.30** ESPN FC **7.00** Last Week, This Week **7.15 LIVE Major League Baseball** Chicago Cubs v Milwaukee Brewers, a National League Central game.
10.15 Last Week, This Week **10.30** World Sport **11.00** Pardon the Interruption **11.30** American Football
12 midnight LIVE Major League Baseball Baltimore Orioles v Boston Red Sox (start **12.05am**).
3.00–6.00am Major League Baseball: Cubs v Brewers

WEDNESDAY Choices

CHOPPER SQUAD Humberside's HM Search and Rescue have to work in all weathers

PICK OF THE DAY **Skies above Britain** 9.00pm **BBC2**

DOCUMENTARY ***New series*** BBC2 takes flight again. It's only a few weeks since the unexpectedly absorbing *City in the Skies* told us all about the innards of global aviation. Now this series focuses on British airspace and the people who look after it for us. Dull? Not a bit of it.

The climax of the programme is a gripping sequence inside a search and rescue helicopter that is plucking an injured hiker off a mountain in absurdly unhelpful weather. But prior to that, the well-I-never facts keep coming, like how RAF jets communicate with rogue planes that stray into our airspace – a "show of presence" is followed by a "show of force", though to the layman both look like variations of wing-waggling.

It's also interesting to see how Typhoon fighter pilots are trained and how the air traffic nerve centre operates. "We're a superstitious bunch," says the latter's director, pointing to a gilt cherub suspended from the ceiling – their guardian angel. Good to know we're in safe hands. **DAVID BUTCHER**

Emmerdale

7.00pm **ITV**

SOAP In the grab-bag of *Emmerdale* plotlines, the one about two villagers getting embroiled in a risky scam always seems to be within easy reach. Usually, it's Charity who's involved (as it is here), only this time she's roped in Cain instead of her go-to of choice, Ross.

Now, Cain was getting up to this kind of lark a decade ago, but in recent years, he's been more of a reformed character. Only now that his marriage to Moira has hit the buffers, it seems that he's up for some full-on law-breaking again.

For her part, Chas is warning Cain not to do anything reckless, but is he in the mood to listen to his sister? **DAVID BROWN**

Soapland: page 65

Countrywise Secret Wild Places

8.00pm **ITV**

NATURE Wild places mean different things to different people (and there are some among us who panic if they're not within 50ft of houmous) but in this *Countrywise* special Paul Heiney, Liz Bonnin and Ben Fogle really are going to extremes.

They're out and about across the UK visiting a handful of places that still feel almost entirely untouched, and seeing some that nature has gradually taken back from human interlopers. Their destinations include the frozen Cairngorms and the north coast of Cornwall, where even the most intrepid holidaymakers can't get everywhere with their buckets and spades. **EMMA STURGESS**

Great Canal Journeys

8.00pm **C4**

DOCUMENTARY This is as much a portrait of a loving marriage as it is a travelogue, but both elements make charming viewing.

"Canals wind through our lives," says Prunella Scales, who describes her dementia as "a nuisance, but it doesn't prevent me from unlocking the lock gate or making the skipper a cup of tea!"

She and husband Timothy West are pootling through the canals of Venice. They're more picturesque than most of Britain's city canals where you get "a mill and a pub... if you're lucky!" They're also much busier, and it gets quite alarming when the pair hit the Grand Canal at rush hour. "That was a b***s-up!" says West. **JANE RACKHAM**

Long Lost Family

9.00pm **ITV**

DOCUMENTARY In the penultimate dispatch from the tender ground between long-slog genealogy and gut-wrenching personal loss, Davina and Nicky meet two women whose families were shaped by adoption.

Marisa Moorhouse and her mum Val are painfully aware of the absence of Stephen, the brother and son who was adopted as a baby 40 years ago. His name is signed in every card Marisa sends to Val, but sadly not by him. Meanwhile, having received a wealth of love and support from her own adoptive family when she fell pregnant as a teenager, Sam Cashmore is looking for her birth mother, who didn't have the same experience. There's a lot of healing to do. **ES**

TONIGHT'S HIDDEN GEM

The South Bank Show Originals

10.00pm, 10.30pm

Sky Arts

Here are a couple of classic editions for a change of pace when you're Olympic-ed out. In 1981 a youthful, cravat-wearing Elvis Costello (right) let the cameras follow him as he recorded *Almost Blue*, an album of country covers, in Nashville. It's followed by Melvyn Bragg's 1982 look at the sociology of the songs of Jerry Leiber and Mike Stoller, who composed over 70 chart hits.

Containment

9.00pm ***E4***

DRAMA There's something masterly about the way this drama about a virus outbreak can spin out its disaster-movie plotlines without ever letting the story progress too far.

This week, with a stretch of Atlanta still cordoned off, there is talk of putting on a baseball game to show that outside, life goes on. My sympathies are with the quest character who says, "Slowest game on God's green earth." Sadly, his scenes are slower. **DAVID BUTCHER**

Man Down

10.00pm ***C4***

COMEDY OF THE WEEK A glorious final episode with a piece of stunt casting that leaves a galaxy far, far away spinning off its axis. Mark Hamill – Luke Skywalker himself – contributes a brief but magnificent cameo as Bob, the wrecked husband of café harridan Shakira.

The sheer oddness of that might capsize a regular sitcom but here it's just another mad touch in a deftly plotted finale that manages to be stupidly funny and, here and there, really quite touching. **DAVID BUTCHER**

A Granny's Guide to the Modern World

10.30pm ***C4***

DOCUMENTARY Viewers seem to be divided on whether this is just a bit of fun or a serious misrepresentation of the older generation. Different generations have different views on things, that's all. In any case, in the final programme of the series Laura June, the very refined 82-year-old who struggled to master obscenities in programme one, gets a disturbingly frank lesson in celebrity from Geordie Shore's Charlotte Crosby while Bobby tries to be politically correct. **JR**

Suspects: the Enemy Within

10.00pm ***Channel 5***

DRAMA DC Charlie Steele (the splendid Clare-Hope Ashitey) is placed in an impossible position by Jack, her sergeant, who hasn't owned up to the fact that a witness in the rape case they're investigating is his recently rediscovered daughter.

It's a grim, nasty story but the acting makes it horribly easy to believe. **DAVID BUTCHER**

Equestrian: Team Showjumping

2.00pm ***BBC1***

The British showjumping team boasts eight extremely safe hands. Yorkshire brothers Michael (56) and John Whitaker (61) have been around the Olympic block a few times, notably in 1984 in Los Angeles, where they were part of the silver medal-winning team. Nick Skelton (58) was part of the British gold-winning team at London 2012; his horse, Big Star, is making a comeback from injury.

Teammate Ben Maher, who was also on the golden London side, provides relative youth (he's 33) and not a little experience. We may be the reigning Olympic champions, but with likely rivals for the coveted zero score including the Dutch, German, French and American sides, the team has a job of work to do. **ES**

NATTY JUMPER John Whitaker in action in Hong Kong earlier this year and below (left) with younger brother Michael

OTHER GOLDS TODAY

ATHLETICS Men's 3,000m Steeplechase 3.50pm, Women's Long Jump 1.15am, Women's 200m 2.30am, Women's 100m Hurdles 2.55am **BADMINTON** Mixed Doubles 5pm **BEACH VOLLEYBALL** Women's 4am **BOXING** Men's Welterweight 8.30pm **TABLE TENNIS** Men's Team 11.30pm **TAEKWONDO** Women's -49kg 2am, Men's -58kg 2am **SAILING** Men's 470 5pm, Women's 470 6pm **WRESTLING** Women's Freestyle -48kg 9.05pm, Women's Freestyle -58kg 9.50pm, Women's Freestyle -69kg 10.35pm

DISCOVER TV PICK

Today's best of BBC3, iPlayer, Netflix and beyond

People Just Do Nothing

from 10am iPlayer (BBC3)

Yes, it's a mockumentary about deluded folk trying to be cool, but the antics of a pirate radio station's DJs have made it to season three because this is an old format executed perfectly, with broad idiocy offset by pathos. A new episode joins the s1–2 box set on iPlayer today.

CHILDREN'S CHOICE

Fairly Odd Parents

7.30am/3.30pm ***NickToons (Sky 606, Virgin 717)***

Chloe joins the Squirrely Scouts and helps them earn a badge. Later, she and Timmy vie for the best birthday party.

■ **Odd Squad** *8.45am* ***CBBC***
Olive and Otto are on the case to help Agent Obfusco, whose moustache has been stolen.

MORE LIVE SPORT

■ **Cincinnati Tennis, day three: ATP Masters** *4am, 12 midnight* **SS3; WTA Open** *4pm* **BT1** Andy Murray has won this title twice.
■ **Cricket: One-Day Cup quarter-final** *2pm* ***Sky Sports 2***
■ **Champions League, play-off round, first-leg matches** *(k/o 7.45pm): 7pm* **BT2**, *7.45pm* **BT3**
■ **Spanish Super Cup second leg: Barcelona v Sevilla** *10pm* **SS1**

FILM OF THE DAY

Big

6.55pm ***Film4***

Got your giant keyboard ready? Irresistible comedy drama starring Tom Hanks as the boy in a man's body. **See page 38**

PA, GETTY

WEDNESDAY Main Channels

BBC1

6.00am Olympic Breakfast
Louise Minchin and Sally Nugent present a round-up of the news while presenters in Rio look ahead to today's events at the Games. Replay of last night's action from 9.15am on BBC2, followed by updates on the women's golf, plus athletics coverage. (S) (HD)

9.15 Countryside 999
A rider in Cornwall suffers a fall, and police look into a case of suspected sheep-rustling. (R) (S) (AD) (HD)

10.00 Homes under the Hammer
In Carlisle, Folkestone and Dunfermline. (R) (S) (AD) (HD)

11.00 Wanted Down Under
A couple spend a week on the Gold Coast. (R) (S) (AD) (HD)

11.45 The Housing Enforcers
Housing officers in Kent have a tough decision to make about a pensioner who is struggling to look after herself. Rpted tomorrow 7.45am BBC2 (Revised rpt) (S) (HD)

12.15pm Bargain Hunt
Two teams compete for bargains at the Peterborough Festival of Antiques. (R) (S) (AD) (HD)

1.00 BBC News Regional News; Weather (S) (HD)

1.45–6.00 Olympics 2016

1.45 Athletics and Equestrian
Just days after running the 10,000m, Mo Farah goes in the men's 5,000m heats. Ezekiel Kemboi of Kenya is another trying to win back-to-back Olympic titles – he should feature in the men's steeplechase final.
Great Britain won the team showjumping final at the London Olympics but will face stiff competition from the Dutch world champions, as well as France, USA and Germany. **See choice, page 85.**
Presented by Hazel Irvine with Gabby Logan and Lee McKenzie. (S) (HD)
Equestrian
2.00 Team showjumping final
With commentary by Michael Tucker, Ian Stark and Andy Austin.
Athletics
2.05 Men's 5,000m, round one
2.35 Decathlon long jump
2.55 Women's 800m, round one
3.50 Men's 3,000m steeplechase final

4.10 Hockey
Coverage of the women's semi-finals. Four years ago in London, while Great Britain took bronze, the Netherlands beat Argentina to win their third Olympic title. Will they make it to another final?
Presented by Hazel Irvine. Commentary by Matt Chilton, Simon Mason and Mel Clewlow. (S) (HD)

5.00–6.00 Sailing
In Guanabara Bay, it's the medal race in the men's 470 class. Britain's Luke Patience won silver in 2012 and has a medal chance with new partner Chris Grube – but the favourites are defending champions Mat Belcher and Will Ryan of Australia and Croatia's world champions Sime Fantela and Igor Marenic.
Presented by Shirley Robertson. Commentary from Niall Myant and Ian Walker. Switch to BBC2 at 6pm for boxing, including the women's lightweight semi-finals and the women's middleweight quarter-finals. (S) (HD)

6.00 BBC News Weather (S) (HD)

6.30 Regional news magazines (S)

7.00–8.00 Olympics 2016

7.00 Olympics Round-up
Clare Balding presents the best of the day's action and looks ahead to tonight's events. (S) (HD)

7.30–8.00 Boxing
It's the turn of the men's flyweight boxers at the quarter-final stage, with Britain's Muhammad Ali seeking to go one better than at last year's World Championships when he exited at this point.
Presented by John Inverdale. Commentary is by Ronald McIntosh and Richie Woodhall. From 8pm, BBC2 is showing men's football and the welterweight final in the men's boxing. (S) (HD)

Sailing 5.00pm The pairing of Luke Patience and Chris Grube in the 470 class only came about because Luke's original partner Elliot Willis was diagnosed with bowel cancer. Can Luke and Chris win gold for Elliot and GB?

8.00 EastEnders
Roxy prepares to give evidence at Dean's trial.
Writer Andrew Rattenbury. Cast Monday/Thursday: Satellite and cable viewers can watch a repeat at 10pm on W (S) (AD) (HD)

8.30–10.00 Olympics 2016

8.30 Football and Hockey
The semi-finals in the men's football and the women's hockey. The hockey action continues on BBC2. (S) (HD)

10.00 BBC News Regional News; Weather (S) (HD)
Followed by **National Lottery Update** (S)

10.45–5.00am Olympics 2016

10.45 Olympics Round-up
Clare Balding and Mark Chapman present today's best action, with guests and medallists. (S) (HD)

11.30 Volleyball and Handball
Coverage of the quarter-finals in the men's volleyball and handball competitions. (S) (HD)

12.30am Athletics
Great Britain's Dina Asher-Smith will expect to be involved in the women's 200m final, in which flying Dutchwoman Dafne Schippers went into these Games as the favourite in the absence of London 2012 champion Allyson Felix.
Long jumper Shara Proctor was second at last year's World Championships, but it is fellow Brit Lorraine Ugen who has shown better recent form.
USA-born Tiffany Porter represents GB in the 100m hurdles, but it's the Americans who are expected to dominate – especially with Sally Pearson of Australia unable to defend her title. (S) (HD)
12.30 Men's javelin qualifying
12.45 Women's 100m hurdles semi-finals
1.15 Women's long jump final
1.20 Decathlon 400m
2.00 Men's 200m semi-finals
2.30 Women's 200m final
2.55 Women's 100m hurdles final

3.15 Table Tennis
Action from the bronze and gold medal matches in the men's team table tennis event. (S) (HD)

4.00–5.00 Beach Volleyball
The women's final from Copacabana Beach. (S) (HD)

5.00am Weather for the Week Ahead (S) (HD)

5.05–6.00am BBC News (S) (HD)

Freeview 1 Freesat 101 Sky 101 Virgin 101
HD BBC1 HD Freeview 101 Freesat 106 Sky 115 Virgin 108

BBC4

1.00pm–2.00am Olympics 2016

1.00pm Badminton and Canoeing
Coverage of the gold-medal match in the badminton mixed doubles is set for this afternoon. The men's singles quarter-finals are also scheduled.
London Olympic bronze medallist canoe sprinter Liam Heath and Jon Schofield begin their bid to reach the final of the K2 200m. (S) (HD)
Canoeing
1.00 Men's K2 1,000m heats
1.16 Men's C1 200m heats
1.37 Men's K2 200m heats
1.51 Women's K1 500m heats

5.00 Sailing and Football
Further coverage of the medal race in the men's 470 class, where British hopes lie with the pairing of Luke Patience and Chris Grube.
There's also further action from the men's football semi-finals, which could feature Brazil. (S) (HD)

6.00 Sailing
British sailors Saskia Clark and Hannah Mills attempt to end their successful five-year partnership with another Olympic medal in the 470 class. (S) (HD)

7.00 Handball and Basketball
The men's quarter-finals in the handball competition from the Future Arena. France were triumphant at the 2012 Olympic Games, beating Sweden in the final.
The men's basketball quarter-finals are also taking place tonight. (S) (HD)

9.00 Hockey and Football
The second semi-final in the women's hockey gets under way, while the final whistle approaches in the second men's football semi-final at the Corinthians Arena in Sao Paulo, although there may be extra time and penalties. (S) (HD)

10.00 Water Polo and Handball
There are semi-final matches in the women's water polo competition tonight, while the men's handball quarter-finals continue on Copacabana Beach. (S) (HD)

11.30–2.00am Table Tennis
The men's team final in the table tennis tournament, taking place at Pavilion 3 of the Riocentro.
Plus action from the latter stages of the handball and water polo competitions. (S) (HD)

2.00am Britain on Film: Island Nation The implications of Britain's identity as an island nation. (R) (S)
2.30 Sounds of the 70s: Reggae – Stir it Up Music by Bob Marley & the Wailers, Steel Pulse and Susan Cadogan. (R) (S)
3.00–4.00am Carved with Love: the Genius of British Woodwork 2/3. The story of 17th-century woodcarver Grinling Gibbons, who helped restore London to its former glory in the aftermath of the Great Fire of 1666. (R) (S) (HD)

Freeview 9 Freesat 110 Sky 116 Virgin 107
HD BBC4 HD Freeview 106 Freesat 137 Virgin 163

NEVER MISS A MOMENT!

RED BUTTON
- Watch up to eight additional channels of live Olympics coverage via the red button, depending on your service provider
- Viewers with Internet-connected TVs and set-top boxes, and Virgin subscribers, can watch every moment of live sport, via Red Button +

GO ONLINE
- There's live coverage online of every sport, every day at **bbc.co.uk/sport** and via the BBC Sport app

BBC2

6.00am Paul Martin's Handmade Revolution
An illusion knitter competes for the prize. (R) (S) (HD)
6.45 Homes under the Hammer Properties in Manchester, Essex and Stoke-on-Trent. (R) (S) (HD)
7.45 The Housing Enforcers Families living too close for comfort. Shown yesterday 11.45am BBC1 (S) (HD)
8.10–9.15 Sign Zone 8.10 Gardeners' World Renovating a walled garden. First shown last Fri (S) **8.45 The Hairy Bulder 6/15.** Bradford City Hall. (R) (S) (AD)
9.15 Olympics 2016 Highlights The best of the action from day 11 of the Games. Jason Mohammad presents. (S) (HD)
1.00pm Olympics 2016 Day 12 of the Games in Rio. The decathlon 100m gets the athletics started at **1.30** at the Olympic Stadium, followed by the men's hammer qualifying at **1.40**. Continues on BBC1 (S) (HD)
1.45 Red Rock Patricia picks a bad day to visit the Kielys. Angela's patience is tested. (S) (AD) (HD)
2.30 The Edge Hosted by Gabby Logan. (R) (S) (HD)
3.15 Escape to the Country Newlyweds seek a home in rural Hertfordshire. (R) (S) (AD) (HD)
4.00 The Great Antiques Map of Britain Relics of Derby's industrial past. (R) (S) (HD)
4.30 Fleg It! In Newcastle upon Tyne. (R) (S) (HD)
5.15pm Pointless
Quiz show with Alexander Armstrong. (R) (S) (HD)
6.00 Olympics 2016
More live coverage, with the women's lightweight boxing semi-finals getting under way at **6.00**, followed by the women's middleweight quarter-finals from **6.30**. (S) (HD)
7.00 Eggheads
Jeremy Vine hosts the quiz show. (S) (HD)
7.30 Grand Tours of Scotland
Paul Murton makes a trip from Dunkeld to Balmoral on an authentic tricycle from the 1870s.
Director Paul Murton; Series producer Kathryn Ross
Previously shown on BBC4 (S) (HD)
8.00 Olympics 2016
The latest live coverage on day 12 in Rio. The second men's football semi-final kicks off at **8.00** at Arena Corinthians in Sao Paulo, and there is a look ahead to the men's welterweight boxing final. (S) (HD)
8.30 The Hairy Bikers' Bakeation
The duo's European odyssey ends in northern Spain, where they visit in San Sebastian.
Director Francois Gandolfi; Series producer Oliver Clark (R) (S) (HD)
9.00 Skies above Britain
RT *New series. 1/5.* Series exploring the skies above us, the people who spend their lives in flight and the teams whose job it is to keep them safe. Tonight, air traffic controllers deal with an unidentified aircraft flying across Gatwick's flight path and the RAF scrambles a Typhoon jet to intercept an unresponsive plane. The programme also meets a pair of vintage plane enthusiasts, brothers Nick and Giles English, whose passion for flight is undimmed despite personal loss. **See p84.**
Director/Producer Christian Colerton (S) (AD) (HD)
10.00 Olympics 2016
Further live coverage on day 12 of the Games, focusing solely on the Olympic Hockey Centre as the second women's hockey semi-final draws to a close. (S) (HD)
10.45 Newsnight With Evan Davis. (S) (HD)
11.15 Weather (S) (HD)
11.20 Inside the Factory
4/6 Series 2. Gregg Wallace learns how to put together 1,200 individual bicycle parts. **See choice, p75.** Shown yesterday 8pm (S) (AD) (HD)
12.20am Exodus: Our Journey to Europe 2/3. Ahmad, a Syrian Kurd, reaches Athens. (R) (S) (AD) (HD)
1.20–3.05am Sign Zone 1.20 Saving Lives at Sea A prankster has thrown himself off London's Tower Bridge for "a dare". (R) (S) (AD)
2.20 Matron, Medicine and Me: 70 Years of the NHS 1/5. Famous faces look back at the history of the NHS, beginning with Lucy Alexander. (R) (S) (AD)

Freeview 2 Freesat 102 Sky 102 Virgin 102
HD BBC2 HD Freeview 102 Freesat 132 Sky 132 Virgin 162

ITV

6.00am Good Morning Britain (S) (HD)
8.30 Lorraine Entertainment and fashion. (S) (HD)
9.25 The Jeremy Kyle Show (R) (S) (HD)
10.30 This Morning With Eamonn Holmes and Ruth Langsford. Including **Regional Weather** (S) (HD)
12.30pm Loose Women Topical studio discussion from a female perspective. (S) (HD)
1.30 ITV Lunchtime News Regional News; Weather (S)
2.00 Judge Rinder Real-life court cases. (R) (S) (HD)
3.00 Secret Dealers The dealers are excited by a Moorcroft collection, including a rare 1950s twin handled vase. (R) (S) (HD) Then **Regional Weather**
4.00 Tipping Point Ben Shephard presents the arcade-themed weekday quiz show. (R) (S) (HD)
5.00pm Alphabetical
3/10. Quiz featuring questions based around letters of the alphabet. Jeff Stelling hosts. (S) (HD)
6.00 Regional News Weather (S)
6.30 ITV Evening News Weather (S)
7.00 Emmerdale
RT As Belle struggles with her secret, Tracy faces up to her past. Robert realises that Lachlan is Chrissie's weakness. **See page 84.**
Writer Chris Gill. Cast Tuesday/Thursday
Repeated ITV2 tomorrow 8am and 12.35pm (S) (AD) (HD)
7.30 Coronation Street
Gary's admission leaves Izzy devastated. Maria sticks to her guns, while Leanne seizes control.

Gary Windass	Hilary North	Steph Britton	Tisha Merry
Izzy Armstrong	Cheryleen Houston	Sean Tully	Antony Cotton
Maria Connor	Samia Ghadie	Kirk Sutherland	Andrew Whyment
Leanne Battersby	Jane Danson	Sally Metcalfe	Sally Dynevor
Cal Kennard	Rhea Bailey	Viv Stope	Jennie McAlpine
Audrey Roberts	Sue Nicholls	Beth Sutherland	Lisa George
Rita Tanner	Barbara Knox	Tim Metcalfe	Joe Duttine
Eva Price	Catherine Tyldesley	Tyrone Dobbs	Alan Halsall
Robert Preston	Tristan Gemmill	Tracy Barlow	Kate Ford
Nick Tilsley	Ben Price	Sharif Nasir	Marc Anwar

Writer Ellen Taylor. More cast Friday
Repeated ITV2 tomorrow 8.30am and 12.45pm (S) (AD) (HD)
8.00 Countrywise: Secret Wild Places
RT In a special edition, presenters Paul Heiney, Liz Bonnin and Ben Fogle travel the country in search of Britain's wildest, most remote places. From the frozen beauty of the Cairngorms to the raging coast of north Cornwall, they explore corners of the countryside where humans are few and far between – including locations nature has reclaimed as its own. **See page 84.**
Director/Producer Ruth Gray (S) (HD)
9.00 Long Lost Family
RT *6/7 Series 6.* Davina McCall and Nicky Campbell hear the stories of two women who are trying to bring their families back together. Mother and daughter Val and Marisa are desperate to trace the son Val gave up for adoption in 1977, when she was a single parent struggling financially. Sam, from Surrey, has a successful career and a beautiful home, but her life is overshadowed by the absence of her birth mother and sister. **See page 84.**
Series producer Sally Benton; Executive producer Colette Flight
Repeated next Sunday (S) (AD) (HD)
10.00 ITV News at Ten
Weather; Regional News and Weather (S)
10.40 Champions League Highlights
Action from this week's play-off round first-leg ties in European football's elite club competition, including Steaua Bucharest v Manchester City, FC Porto v AS Roma and Dundalk against Legia Warsaw. Mark Pougatch presents.
Editor Stuart Smith (S)
11.40 Murder, She Wrote
Twice Dead. A scientist fakes his own death, but is later murdered for real. Jessica must prove the innocence of the chief suspect. (R) (S) (AD) (HD)
12.35am Jackpot247 Interactive gaming.
3.00 Murder, She Wrote A terminally ill man apparently commits suicide. (R) (S) (AD) (HD)
3.50 Nightscreen Text information. (HD)
5.05–6.00am The Jeremy Kyle Show (R) (S) (AD) (HD)

Freeview 3 Freesat 103 Sky 103 Virgin 103
+1 Freeview 13 Freesat 112 Sky 131 Virgin 114
HD ITV HD Freeview 103 Freesat 111 Sky 170 Virgin 113

Channel 4

6.15am 3rd Rock from the Sun (R) (S) (AD)
7.05 Everybody Loves Raymond (R) (S)
8.00 Frasier Double bill. (R) (S) (AD)
9.00 The Big Bang Theory (R) (S) (AD) (HD)
10.00 The Simpsons (R) (S) (AD)
11.30 Come Dine with Me (R) (S) (HD)
Including **News at 12 noon** (S) (HD)
1.35pm LIVE Racing Coverage of the first day of York's four-day Ebor Festival where the feature race is the **3.40** International Stakes. Plus other starts are at **1.55**, **2.30** and **3.05**. (S) (HD)
4.00 Four in a Bed (R) (S) (HD)
5.00 Couples Come Dine with Me
Duos from Plymouth compete. (R) (S) (HD)
6.00pm The Simpsons
Homer the Whopper. Homer is cast as the lead character in a film. (R) (S) (AD) (HD)
6.30 Hollyoaks
There's havoc in the village.
Writer Cardy O'Donnell. Cast Tuesday/Thursday
Shown yesterday 7pm E4 Rpted tomorrow 6.45am E4
The next episode follows on E4 (S) (AD) (HD)
7.00 Channel 4 News
Sport; Weather (S) (HD)
8.00 Great Canal Journeys
RT *New series. 1/3* Series 5.
Timothy West and Prunella Scales travel along the Brenta river to Venice, where they explore the canals that tourists rarely see. **See page 84.**
Director/Producer Mike Taylor (S) (AD) (HD)
9.00 Britain's Benefit Tenants
2/3 Series 2. A private landlord decides to evict all 160 of his benefit tenants due to council delays with their claims.
Director/Producer Charlie Slade
Repeated Friday, 9pm 4seven (S) (HD)

COMEDY OF THE WEEK

10.00 Man Down
RT *6/6 Series 3.* **The Party.** Dan bids farewell to teaching. **See p85.**

Dan	Greg Davies
Nesta	Stephanie Cole
Jo	Roisin Conaty
Brian	Mike Wozniak
Mum	Gwyneth Powell
Daddy	Tony Robinson
Mr Kipling	Steven Berkoff
Bob	Mark Hamill

Writers Steve Morrison, Mike Wozniak, Sian Harries and Greg Davies; Director Al Campbell; Producer Toby Welch. Repeated Friday 12.05am (S) (AD) (HD)
10.30 A Granny's Guide to the Modern World
RT *3/3.* Laura June finds out about contemporary fame from Geordie Shore's Charlotte Crosby. **See p85.**
Series producer Nick Vaughan Smith
Executive producers Ian Wimbush and Emily Hudd
Repeated Friday 12.40am (S) (AD) (HD)
11.05 First Dates
Ep 2 Series 7. Featuring two best mates.
See choice, p75. Shown Tue 10pm (S) (AD) (HD)
12.05am Live from Abbey Road Classics
6/6 Series 3. Kasabian perform. (S) (HD)
12.40 The Last Exorcism ★★★ Horror thriller starring Patrick Fabian.
Director Daniel Stamm (2010, 85 (S) (SL) (W) (HD)
2.05 Obsessive Compulsive Cleaners
A home with 37 owls. (R) (S) (SL) (HD)
3.00 Location, Location, Location First-time buyers in north London. (R) (S) (HD)
3.55 Phil: Secret Agent Down Under
Looking for a home in Sydney. (R) (S) (AD) (HD)
4.50 Kirstie's Fill Your House for Free
Advice on improving a bedroom. (R) (S) (HD)
5.00 Countdown (R) (S) (HD)
5.40–6.10am Draw It! (R) (S) (HD)

Freeview 4 Freesat 104 Sky 104 Virgin 104
+1 Freeview 11 Freesat 121 Sky 105 Virgin 140
HD C4 HD Freeview 104 Freesat 136 Sky 227 Virgin 142

Channel 5 listings are overleaf plus 29 more Freeview channels

Regional variations

ITV CHANNEL
12.35–3.00am Nightscreen

S4C
Freesat 120 Sky 104 Virgin 104
7.00am Cyw (S)
1.00pm Newyddion (S)
1.05 Heno (S)
1.30 Dechrau Canu Dechrau Canmol (S)
2.00 Prynhawn Da (S)
2.55 Newyddion (S)
3.00 Y Cosmos (S)
4.00 Aer Fawr (S)
5.00 Stwnsh
6.00 Pobol y Cwm, with English subtitles
6.25 Newyddion (S)
6.30 Bro Llanfairpwllgwyngyll: Iolo Williams and Shân Cothi visit Llanfairpwll on Anglesey (S)
7.00 Heno (S)
7.30 04 Wal: an edition from 2007 featuring town houses full of interesting artefacts (S)
8.00 Pobol y Cwm: Effion scares everyone on the camping trip. Anita tries to play it cool with Sam (S)
8.25 Only Men Aloud: with singer Caryl Parry Jones and cellist Julian Lloyd Webber (S)
9.00 Newyddion (S)
9.30 Cadw Cemni gyda John Hardy: a man who was once homeless talks about how he mentors young people (S)
10.00 Fleit Gyntaf Amy: Amy's still determined to fight in the ring, but her grandmother fears for her safety (S)
10.30–11.35 Creu Cymru Fodern: How Edwards traces the history of his grandmother's family at a time of great change in Wales, as people moved from the rural west to the Valleys coalfields (S)

RT Choice
Family viewing
Red button coverage
(R) Repeat
(S) Subtitles
(SL) Signing
(AD) Audio description
(HD) High definition
(W) Film in widescreen
(BW) Black and white

Films Premiere
Star Ratings
★★★★★ Outstanding
★★★★ Very good
★★★ Worth watching
★★ Could be worse
★ Poor

WEDNESDAY Freeview

Channel 5 [5]

Suspects: the Enemy Within 10.00pm Jack and Gary ponder their next move

Freeview 5 Freesat 105 Sky 105 Virgin 105
HD Freeview 105 Freesat 105 Virgin 150

6.00am Milkshake! See page 99

9.15 *New.* The Wright Stuff (HD)

11.15 Cowboy Builders The team helps an single mother. (S) (HD) **12.10pm 5 News** (S) (HD)

12.15 Celebrity Big Brother: the Eviction Shown yesterday 9pm. Rptd 2pm/5pm 5 Star (HD)

1.15 Home and Away Shown yesterday 6.30pm 5 Star. Repeated 4pm (S) (S) (AD) (HD)

1.45 *New.* Neighbours Rptd 5.30pm (S) (AD) (HD)

2.15 NCIS 3/23 *Series 7.* A naval commander's body is washed ashore. (S) (AD)

3.20 Killer Instinct: From the Files of Agent Candice DeLong ★★ Drama with Jean Smart. A jaded FBI agent's zeal returns after a friend is attacked by a killer. Director Peter Werner (2002) (S) (AD) (W) (HD)

5.00pm 5 News (S) (HD)

5.30 Neighbours
Ned encounters an old biker mate. Shown 1.45pm. Repeated 6pm 5 Star (S) (AD) (HD)

6.00 Home and Away
Irene has a traumatic flashback. Shown 1.15pm. Next episode 6.30pm 5 Star (S) (AD) (HD)

6.30 5 News Tonight (S) (HD)

7.00 Chris Tarrant: Extreme Railway Journeys
1/6 Series 2. In South East Asia, Chris travels from Bangkok to Mandalay along the infamous Burma-Siam Railway.
Director/Producer Neil Ferguson (S) (HD)
Followed by **5 News Update** (S) (HD)

8.00 *New.* GPs: behind Closed Doors
Former patient Charles explains why he chose to have risky heart surgery.
Series producer Pat Doyle. Executive producer Jonathan Stadlen (S) (AD) (HD)
Followed by **5 News Update** (S) (HD)

9.00 *New.* Celebrity Big Brother
The latest highlights from the house. Rptd tomorrow 12.15pm (S) and 2pm 5 Star (S) (HD)

10.00 *New.* Suspects: the Enemy Within
RT *3/6 Series 5.* When a girl is raped after visiting Lucy, Jack tries to conceal his connection to the case and asks Charlie to keep his secret. **See p85.**

DI Jack Archer	Damien Molony
DS Charlie Steele	Clare-Hope Ashitey
DCI Daniel Drummond	James Murray
DC Gary Roscoe	Perry Fitzpatrick
Lucy Kerris	Lucy Cohen

Writer Hilary Frankland. Director Craig Pickles. Series producer Kara Manley (S) (AD) (HD)

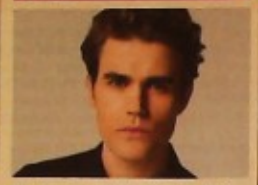
11.05 *New.* Celebrity Big Brother's Bit on the Side
Rylan Clark-Neal presents. (S) (HD)

12.05am Desperately Seeking Stardom: On Benefits (S) (HD) **1.00 *New.*** SuperCasino **3.10** Can't Pay? We'll Take It Away! (S) (HD) **4.00** Criminals: Caught on Camera (S) (S) (HD) **4.45** House Buyers (S) (S) **5.10–6.00am** House Doctor (S) (S)

+1 Freeview 44 Freesat 128 Sky 117 Virgin 155
My5 Freeview 55 Freesat 133 Sky 172 Virgin 162

BBC4 listings are overleaf
BBC3 is now online – for highlights, see **Choices p85** and **Discover TV p42**

ITV2 [6]



The Vampire Diaries 10.00pm Stefan comes face to face with Alaric

F'view 6 F'sat 113 Sky 118 Virgin 115 HD Virgin 176

6.00am Planet's Funniest Animals (S) **6.20** Dinner Date (S) (HD) **7.10** The Ellen DeGeneres Show (S) (HD) **8.00** Emmerdale (S) (AD) (HD) **9.00** You've Been Framed! Gold (S) **9.30** Psych (S) (HD) **10.20** Royal Pains (S) (HD) **11.15** Dinner Date (S) (HD)

12.15pm Emmerdale Shown yesterday 7pm ITV (S) (AD) (HD) **1.15** You've Been Framed! Gold (S) **1.45** The Ellen DeGeneres Show (S) (HD) **2.35** The Jeremy Kyle Show: triple bill (S) (HD) **5.50** Take Me Out (S) (HD)

7.00pm You've Been Framed! Gold
Double bill of comical mishaps.

8.00 Two and a Half Men
13/16 Series 8. Alan forbids Lindsey to invite Charlie to her party. (S) (HD)
8.30 14/16. Rose moves back to the beach with her new husband. (S) (HD)

9.00 *New.* Hell's Kitchen
6/16 Series 15. Hassan comes under fire for sweating over the lobster. (S) (HD)

10.00 *New.* The Vampire Diaries
19/22 Series 7. As Bonnie's condition worsens, Damon and Enzo strike a deal with Rayna. (S) (AD) (HD)

Stefan Salvatore	Paul Wesley
Damon Salvatore	Ian Somerhalder
Lorenzo "Enzo" St. John	Michael Malarkey
Bonnie Bennett	Kat Graham

10.55 Family Guy
Series 10. Ryan Reynolds arrives in Quahog, and Stewie steals the family car. (S) (AD) (HD)
11.25 *Series 9.* Bertram goes back in time to kill Leonardo da Vinci. (S) (AD) (HD)

11.55 American Dad!
Series 1. Stan forgets his anniversary so arranges to have the last 20 hours of Francine's memory erased. (S) (AD) (HD)
12.25am Series 10. Stan loses his job at the CIA in a round of budget cuts. (S) (AD) (HD)
12.50 Two and a Half Men (S) (HD) **1.20** Hell's Kitchen (S) **2.10** The Hot Desk: Pizzle Kicks (S) (HD) **2.20** Home Shopping **5.50–6.00am** Nightscreen (HD)

ITV2+1 Freeview 27 Freesat 114 Sky 160 Virgin 116

Dave [12]

Freeview 12 Sky 115 Virgin 127 HD Virgin 194

7.00am Rocket City Rednecks (S) (AD) (HD) **7.20** Scrapheap Challenge: Ten Years Celebration **8.10** Soapbox Race **9.00** Lizard Lick Towing (S) (HD) **10.00** American Pickers (S) (HD) **11.00** Storage Hunters (S) (HD)

12 noon Top Gear (S) (AD) (HD) **1.00pm** American Pickers (S) (HD) **3.00** World's Most Dangerous Roads (S) (HD) **4.00** Lizard Lick Towing (S) (HD) **5.00** Soapbox Race

6.00pm Top Gear The McLaren P1 (S) (AD) (HD)
7.00 American Pickers Mike and Frank examine petrol station memorabilia. (S) (HD)
8.00 QI XL With Victoria Wood. (S) (HD)
9.00 Would I Lie to You? Aisling Bea, Jane Brown and Adrian Chiles guest. (S) (HD)
9.40 Mock the Week With Alistair McGowan, Hal Cruttenden and Gary Delaney. (S) (HD)
10.20 QI Rory McGrath joins in the fun. (S)
11.00 With Jeremy Clarkson and Rich Hall. (S)
11.40 Would I Lie to You? The Unseen Bits Extra material from the panel show. (S) (HD)
12.20am Mock the Week (S) (HD) **1.00** QI (S) **2.20** Mock the Week (S) (HD) **3.00–4.00am** Russell Howard's Good News Extra (S) (HD)

Dave Ja Vu Freeview 84 Sky 214 Virgin 211

ITV3 [10]

Wycliffe 10.00pm The detective looks into the death of a local landowner

F'view 10 F'sat 115 Sky 119 Virgin 117 HD Virgin 177

6.00am In Loving Memory (S) **6.25** Heartbeat (S) **7.25** Where the Heart Is (S) (AD) **8.25** The Royal (S) (AD) **9.30** Judge Judy (S) (HD) **10.50** Murder, She Wrote (S) (AD) (HD) **11.55** Love Your Garden (S) (HD)

12.55pm Heartbeat (S) **2.00** The Royal (S) (AD) **3.00** Where the Heart Is: Karen joins the team (S) (AD) **4.10** In Loving Memory (S) **4.45** Rising Damp (S) **5.15** George & Mildred

5.50pm Heartbeat
Ventress thinks Mike's replacement is too keen to prove his worth, while Vernon attempts to impress the new doctor. (S)

6.50 Murder, She Wrote
Jessica attends the birthday party of a famous artist on a Mediterranean island, but finds herself hunting a killer. (S) (AD) (HD)

7.55 Foyle's War
3/4 Series 2. **War Games.** Foyle investigates what he believes to be a burglary at the headquarters of a multinational company. The murder of a Home Guard member during a large-scale exercise on the Sussex Downs soon leads him to believe the firm is conducting covert business with the Nazis – and that his former police sergeant may be involved. (S) (AD)

10.00 Wycliffe
Bad Blood. The discovery of a local landowner's body throws suspicion on two of his tenants, a couple who have previously been threatened with violence for refusing to move out of their cottage. Rather than stay and face the music, they disappear. Wycliffe realises if he doesn't get to them before the victim's family, the consequences could be dire. (S) (HD)

11.05 Wire in the Blood
2/4 Series 4. **Torment.** A prostitute is violently murdered, but Tony's investigations reveal that the suspected killer was confined to a high-security psychiatric unit at the time. (S)
12.35–2.30am Inspector Morse (S) (HD)

ITV3 +1 Freeview 34 Freesat 116 Sky 193 Virgin 174

ITV4 [24]

F'view 24 F'sat 117 Sky 120 Virgin 118 HD Virgin 178

6.00am Magnum, PI (S) (S) (HD) **6.50** Gunsmoke (S) (S) **7.45** The Sweeney (S) **8.45** Ironside **9.50** Quincy (S) (AD) (HD) **10.55** Magnum, PI (S) (HD) **11.55** Gunsmoke (S)

1.00pm Pawn Stars (S) (HD) **2.00** Storage Wars (S) (HD) **2.55** The Sweeney (S) **3.55** Quincy (S) (AD) (HD) **5.00** Ironside

6.00pm Storage Wars Jarrod ends up with some unusual art on his hands. (S) (HD)
6.30 Darrell and Ivy battle it out. (S) (HD)
7.00 Pawn Stars Featuring offers of puppets from the *Buffalo Bill Wild West Show.* (S) (HD)
7.30 The guys snap to attention when a client brings in a rare West Point musket. (S) (HD)
8.00 River Monsters A mysterious predatory creature in the Zambezi River. (S) (HD)
9.00 *New.* The Motorbike Show An insight into motorcycling culture, presented by Henry Cole. Repeated tomorrow 7am (S) (HD)
10.00 FILM Public Enemies ★★★★ Biographical crime drama starring Johnny Depp and Christian Bale. (S) (AD) (W) (HD)
12.50am The Sweeney (S) **1.50** Gunsmoke (S) (S) **2.50–3.00am** Nightscreen (HD)

ITV4 +1 Freesat 135 Sky 206 Virgin 175

Drama [23]

Whatever Happened to the Likely Lads? 7.20pm Terry meets up with Bob

Freeview 20 Freesat 158 Sky 158 Virgin 128

7.10am The Bill (S) **8.00** Sharpe (S) **10.00** Lovejoy (S) **11.00** The Bill: double bill (S)

1.00pm Last of the Summer Wine (S) **1.40** A Fine Romance **2.20** Birds of a Feather **3.00** Sharpe (S) **5.00** Lovejoy (S)

6.00pm A Fine Romance
Socially inept Laura bumps into nervous horticulturalist Mike at a party, and the pair forge an unlikely relationship.

6.40 Last of the Summer Wine
Clegg takes Compo and Seymour on a journey down memory lane, recalling time spent at school walking on gates and climbing trees – forgetting, of course, that it was many years ago. (S)

7.20 Whatever Happened to the Likely Lads?
First episode of the classic comedy sequel. Bob travels down to London, where his efforts to find a suitable wedding present see him reunited with Terry. (S)

8.00 Cadfael
A Morbid Taste for Bones 2/2. The monks continue their efforts to take the bones of a saint back to their monastery.

9.00 Dalziel & Pascoe
5&6/10 Series 10. **Wrong Time, Wrong Place.** Dalziel attends a police conference in Amsterdam and finds himself the prime suspect in a murder case. Michael French guest-stars. (S) (AD)

11.00 Birds of a Feather
The success of a business venture causes Sharon and Tracey's lives to take a new direction, while Dorien gives Garth the benefit of her worldly wisdom.

11.40 The Bill
Sam's initiative on the anniversary of Amy Tennant's disappearance provides the team with a lead when a friend of the family is seen stealing something from the missing child's bedroom. (S)
12.40am Lovejoy (S) **1.40** The Indian Doctor **2.35** Cadfael **3.25–4.00am** Birds of a Feather

ITVBe [26]

F'view 26 F'sat 118 Sky 129 Virgin 119 HD Virgin 179

9.00am Be Beautiful (S) (HD) **9.10** The Only Way Is Essex (S) (HD) **10.00** Who's Doing the Dishes? (S) (HD) **11.00** Flipping Out (HD)

12 noon Buying and Selling (S) **1.00pm** Dinner Date: with Matt from Guildford (S) (HD) **2.00** Vanderpump Rules (S) (HD) **3.00** The Real Housewives of New York City (S) **4.00** The Real Housewives of Cheshire (S) (HD) **5.00** The Real Housewives of New Jersey (S) (HD)

6.00pm Dinner Date Rachel from Derby takes part in the matchmaking show. (S) (HD)
7.00 Buying and Selling A couple search for a spacious property. (HD)
8.00 *New.* Dinner Date Sheffield man Jamie chooses three blind dates. (S) (HD)
9.00 *New.* Elliott Wright: Playa in Marbella Sadie tells mum Julie she feels lonely. (S) (HD)
10.00 *New.* The Only Way Is Essex Reality programme following people in Essex. (S) (HD)
10.50 Married to Medicine Dr Simone talks to Mariah for the first time since the fight, and Mariah confronts Toya. (S) (HD)
11.50 Elliott Wright: Playa in Marbella (S) (HD)
12.50am Shopping **5.55–6.00am** Nightscreen (HD)

ITVBe +1 Freesat 159 Sky 207 Virgin 120

ALL PROGRAMMES ON THE ABOVE CHANNELS ARE REPEATS UNLESS OTHERWISE STATED

E4 [28]

Containment 9.00pm Jake and Teresa struggle with the heat

F'view 28 F'sat 122 Sky 136 Virgin 144 HD Virgin 145

6.00am Charmed (S) **6.45** Hollyoaks Shown yesterday 6.30pm C4 (S) (AD) (HD) **7.10** Coach Trip: Road to Ibiza Shown yesterday 7.30pm (S) (AD) (HD) **7.40** Melissa & Joey (S) (HD) **8.05** How I Met Your Mother (S) (AD) (HD) **9.00** Rules of Engagement (S) (HD) **10.00** Baby Daddy (S) (HD) **11.00** Charmed (S)

1.00pm How I Met Your Mother (S) (AD) (HD) **2.00** The Big Bang Theory (S) (AD) (HD) **3.00** Baby Daddy (S) (HD) **4.00** Melissa & Joey (S) (HD) **5.00** Agents of SHIELD (S) (AD) (HD)

6.00pm The Big Bang Theory
18&19/24 Series 5. (S) (AD) (HD)

7.00 *New.* Hollyoaks
Grace discovers a reminder of the past. Cast list 27/7/16 Rptd tomorrow 6.30pm C4 (S) (AD) (HD)

7.30 *New.* Coach Trip: Road to Ibiza
The coach reaches glamorous Portofino, but one tourist is winding everyone up, leading to another feisty vote.
Repeated tomorrow 7.10am (S) (AD) (HD)

8.00 *New.* Jane the Virgin
22/22 Series 2. Jane and Michael's wedding plans go awry. (S) (AD)

9.00 *New.* Containment
RT *6/13.* Life outside the cordon returns to normal, despite the intense heatwave. **See page 85.** (S) (AD)

Alex "Lex" Carnahan	David Gyasi
Sabine Lemmers	Claudia Black
Kate Rank	Kristen Gutoskie
Jake	Chris Wood
Teresa	Hanna Mangan Lawrence

10.00 *New.* Supernatural
18/23 Series 11. Lucifer tries to bargain his way back into heaven by making the angels an offer they cannot refuse. (S)

11.00 The Big Bang Theory
16&17/17 Series 1. (S) (AD) (HD)
12 midnight Gogglebox (S) (HD) **12.50am** First Dates (S) (HD) **1.55** Supernatural (S) **2.40** Containment (S) (AD) **3.25** Agents of SHIELD (S) (AD) (HD) **4.05** Rules of Engagement (S) (HD) **4.50–6.00am** Charmed (S) (S)

E4 +1 Freeview 29 Freesat 123 Sky 131 Virgin 146

4seven [47]

F'view 47 F'sat 127 Sky 140 Virgin 195 HD F'view 80

9.00am Come Dine with Me: five back-to-back editions (S) (HD) **11.30** Three in a Bed

12.30pm The Supervet: Bionic Specials (S) (HD) **1.30** Phil: Secret Agent Down Under (S) (HD) **2.30** Location, Location, Location **3.30** Come Dine with Me **4.00** Couples Come Dine with Me (S) (HD) **5.00** Location, Location, Location: from Hertfordshire (S) (HD)

6.00pm Phil: Secret Agent Down Under An inner-city apartment in Perth. (S) (AD) (HD)
7.00 Come Dine with Me Dinner party challenge from the Lake District. (S) (HD)
8.00 FILM Captain America: the First Avenger ★★★ Superhero adventure starring Chris Evans and Hugo Weaving. **Review p36.** Shown Sunday 8am C4 (S) (S) (HD)
10.30 Naked Attraction *Ep 4.* Revealing dating show, hosted by Anna Richardson. Shown Monday 10.30pm C4 (S) (HD)
11.35 How the Rich Get Hitched In Knightsbridge, Caroline Castigliano designs bespoke bridal dresses. (S) (HD)
12.35am Walking the Himalayas (S) (AD) (HD) **1.30** Heroes of Helmand: the British Army's Great Escape (S) (HD) **2.25** Superfoods: the Real Story (S) (HD) **2.50** The Three Day Nanny (S) (HD) **3.45–4.45am** Couples Come Dine with Me (S) (HD)

More4 [14]

Selling Houses with Amanda Lamb 9.00pm West Sussex homeowners

F'view 14 F'sat 114 Sky 138 Virgin 147 HD Virgin 213

8.55am Food Unwrapped (S) (HD) **9.35** A Place in the Sun: Winter Sun (S) (HD) **10.35** Kirstie's Fill Your House for Free (S) (HD)
10.50 FILM A Challenge for Robin Hood ★★ Adventure starring Barrie Ingham (S)
12.55pm Time Team: double bill (S) (HD)
3.05 A Place in the Sun: Winter Sun: double bill (S) (HD) **5.15** Four in a Bed (S) (HD)

7.55pm Grand Designs
Near York, a family build a home inspired by a giant farm shed. (S) (HD)

9.00 *New.* Selling Houses with Amanda Lamb
4/9 Series 6. The presenter helps three homeowners struggling to sell their property in West Sussex, including Indie, who needs to create a lounge from scratch in an old post office room. (S) (HD)

10.00 Eight out of Ten Cats Does Countdown
Reginald D Hunter, Aisling Bea and Holly Walsh guest. Jimmy Carr hosts. (S) (HD)

11.05 Bodyshockers: Nips, Tucks and Tattoos
A man who has gone to extreme lengths to look like Kim Kardashian. (S) (HD)
12.10am Ramsay's Kitchen Nightmares USA: in Pennsylvania (S) **1.10** Selling Houses with Amanda Lamb (S) (HD) **2.15** Bodyshockers: Nips, Tucks and Tattoos (S) (HD) **3.20–3.35am** Kirstie's Vintage Gems (S) (HD)

More4 +1 Freesat 125 Sky 139 Virgin 196

5USA [21]

Freeview 21 Freesat 129 Sky 114 Virgin 153

9.00am Diagnosis Murder (S) **10.00** Access **10.10** Murder 101: If Wishes Were Horses (S) **12 noon** CSI: NY (S) **1.00pm** NCIS (S) (AD) **2.00** Law & Order: Fatal Abduction (S) **3.00** Law & Order (S) **4.00** NCIS (S) (AD) **5.00** CSI: NY (S) **6.00pm** CSI: Miami *22/24 Series 5* (S) (AD) **7.00** NCIS *17&18/19 Series 5* (S) (AD) **9.00** Law & Order: Special Victims Unit *1/19 Series 9.* A case of alleged child abuse (S) **10.00** Law & Order: Special Victims Unit *5/22 Series 10* (S) **11.00** CSI: Miami *9/24 Series 5* (S) (AD) **11.55** CSI: NY *2/21 Series 4* (S)

12.55am CSI: Miami (S) (AD) **1.50** CSI: Crime Scene Investigation (S) (AD) **2.50** Ironside **3.35–4.00am** True Crimes: the First 72 Hours (S)

5USA +1 Freeview 73 Mon-Fri 6pm/5pm/Pust 130 Sky 219 Virgin 154

5 Star [30]

Freeview 30 Freesat 131 Sky 176 Virgin 151

6.00am The Secret Life of Pets (S) **8.25** That '70s Show (S) **9.10 FILM** Jack and the Beanstalk ★★ Fantasy adventure (S) **11.00** That '70s Show (S) **12 noon** My Wife and Kids (S) **1.00pm** Dance Moms (S) **1.55** Access **2.00** Celebrity Big Brother: Eviction **3.00** Neighbours (S) (AD) **3.30** Home and Away (S) (AD) **4.00** 8 Simple Rules (S) **5.00** Celebrity Big Brother: Eviction **5.55** Access

6.00pm Neighbours Shown 5.30pm C5 (S) (AD)
6.30 *New.* Home and Away Rptd tomorrow 6pm C5 (S) (AD) **7.00** Dance Moms (S) **7.55** Access **8.00 FILM** Six Days Seven Nights ★★★ Review page 38 (S) **10.00 *New.*** Sex Pod (S) **11.00** My Mum's Hotter than Me! (S)
12 midnight *New.* Celebrity Big Brother: Live from the House **1.00am** Teen Wolf **2.50** Storage: Flog It! (S) (AD) **3.35–4.00am** Ridiculousness

5 Star +1 Sky 190 Freesat 132

Film4, Movie Mix, Movies4Men are now listed on our daily **Films pages** – see p92

Yesterday [10]

Freeview 19 Freesat 159 Sky 537 Virgin 246

6.00am Great British Ghosts (S) **6.25** Medieval Dead **7.10** Great British Railway Journeys (S) **8.00** The World at War (S) **9.00** Henry VI: Winter King **10.00** Raiders of the Lost Past (S) (AD) **11.00** Medieval Dead

12 noon Great British Railway Journeys (S) **1.00pm** The World at War (S) **2.00** Henry VI: Winter King **3.00** Raiders of the Lost Past (S) (AD) **4.00** Medieval Dead **5.00** Great British Railway Journeys (S)

6.00pm The World at War The planning of the the D-Day landings in June 1944. (S)
7.00 Henry VI: Winter King Examining the reign of the first Tudor monarch.
8.00 'Allo 'Allo! René cracks open the safe. (S)
8.35 Yes Minister Double bill. (S)
9.55 Whatever Happened to the Likely Lads? Bob throws a party for Terry. (S)
11.15 'Allo 'Allo! René meets an old flame. (S)
11.50 Raiders of the Lost Past The hunt for a book written by a Roman historian. (S) (AD)
12.50am Great British Ghosts (S) **1.20** The Treasures of Ancient Rome (S) **2.20–3.00am** Weather that Changed the World

Yesterday +1 Sky 538 Virgin 246

Home [23]

Freeview 23 Sky 116 Virgin 288 BT 314

7.00am Homes under the Hammer **8.00** Flog It! **9.00** DIY SOS (AD) **10.00** Escape to the Country (AD) **11.00** Fantasy Homes by the Sea (AD)

12 noon Homes under the Hammer **1.00pm** Flog It! **2.00** 25 to 1am **3.00** A Place in the Sun: Home or Away **4.00** Escape to the Country (AD) **5.00** Fantasy Homes by the Sea (AD) **6.00** Flog It! **7.00** Homes under the Hammer **8.00** DIY SOS (AD) **9.00** A Place in the Sun: Home or Away **10.00** Fantasy Homes by the Sea (AD) **11.00** Escape to the Country (AD)

12 midnight DIY SOS (AD) **1.00am** Flog It! **2.00** Homes under the Hammer **3.00–4.00am** as 9pm

Home +1 Sky 244 Virgin 282

Spike [31]

Freeview 31 Freesat 141 Sky 160

9.00am Access **9.05** Bar Rescue **10.00** Chasing Monsters **11.00** Eddie Stobart: Trucks and Trailers **12 noon** Police Interceptors

2.00pm FILM The Battle at Apache Pass ★★★ **3.45** Access **4.00** Police Interceptors **5.00** Eddie Stobart: Trucks and Trailers **6.00pm** Police Interceptors **8.00** Police Interceptors: Dog Squad Special **9.00 *New.*** Manhunt: Kill or Capture: the case of crime boss Griselda Blanco, the Colombian drug baron who took the USA by storm **10.00** The X Files *15/20 Series 5.* Mulder learns about his father's past **11.00 FILM** Reservoir Dogs ★★★★★ Crime drama directed by Quentin Tarantino, starring Harvey Keitel **1.00am** Streets of Rage: Caught on Camera: a vicious assault **2.00–3.00am *New.*** (S) (HD) (2

True Entertainment [61]

Freeview 61 (not Wales) Freesat 142 Sky 184 Virgin 189

6.00am The Waltons **7.00** Little House on the Prairie **8.00** The Waltons **10.00** Touched by an Angel **11.00** Little House on the Prairie

12 noon The Avengers **1.00pm FILM** End of Summer ★★ **3.00** Danielle Steel's *Zoya* **5.00** Highway to Heaven **6.00** Touched by an Angel **7.00** M*A*S*H **8.00** The Avengers **9.00** The Case of the Whitechapel Vampire **11.00 FILM** Dangerous Offender: the Marlene Moore Story ★★★ **1.00–3.00am** The Last Don

Horror Channel [70]

Freeview 70 Freesat 138 Sky 319 Virgin 149

8.00am Highlander **9.00** Tales from the Darkside **10.00 FILM** The Covenant ★ **12 noon** The War of the Worlds **1.00pm FILM** Stonehenge Apocalypse ★ **2.50** Horror Highlights **3.00** The Incredible Hulk **4.00 FILM** Island of Terror ★★ **5.50** Horror Highlights **6.00** Highlander **7.00** Tales from the Darkside **8.00** The War of the Worlds **9.00 FILM** Secret Window ★★★ Suspense thriller **10.55 FILM** WAZ ★★ **12.55am FILM** Containment ★★★ Horror thriller **2.30–4.30am FILM** The Final Rites ★★

Quest [37]

Freeview 37 Sky 144 Virgin 172

6.00am Great Red Race **6.20** Wet Nets **7.10** Scrapheap Challenge **8.00** How It's Made **10.00** Wheeler Dealers **11.00** Fifth Gear **12 noon** Mega Shippers **1.00pm** Mighty Ships **2.00** Wheeler Dealers **3.00** Chasing Classic Cars **4.00** Hitler's Henchmen **5.00** World War II **6.00** Dam Survivor **7.00** Salvage Hunters (AD) **8.00** Auction Hunters (AD) **9.00** Toy Stories **10.00** Wheeler Dealers (AD) **11.00** Destroyed in Seconds **12 midnight** Forensic Detectives **1.00am** FBI Files (AD) **2.00** Disappeared **3.00** M*A*S*H **4.00** Put Your Money Where Your Mouth Is **5.00–6.00am** as 10am

Quest +1 Freeview 38 Sky 195 Virgin 173

Challenge [46]

Freeview 46 Freesat 146 Sky 145 Virgin 139

6.00am Deal or No Deal **7.30** Fifteen to One **8.00** Catchphrase (AD) **9.00** Pointless **10.00** Deal or No Deal **11.30** Supermarket Sweep **12 noon** Bruce's Price Is Right **12.30pm** Strike It Lucky **1.00** Catchphrase (AD) **2.00** Pointless **3.00** The Chase **4.00** The Chase USA **5.00** Ninja Warrior **6.00** Robot Wars (AD) **7.00** Pointless **9.00** The Chase (AD) **10.00** Who Wants to Be a Millionaire? **11.00** Bullseye **1.00am** Pointless **3.00** The Chase (AD) **4.00** Robot Wars (AD) **5.00–6.00am** Are You Smarter than a Ten Year Old?

Challenge +1 Freesat 147 Sky 164 Virgin 180

CBS Action [64]

Freeview 64 Freesat 137 Sky 148 Virgin 192

9.00am NCIS **11.00** Star Trek: Deep Space Nine **12 noon** Star Trek **1.00pm** Bonanza **2.00** NCIS **4.00** Walker, Texas Ranger **5.00** JAG **6.00pm** Star Trek: Deep Space Nine **7.00** MacGyver **8.00** Star Trek: Deep Space Nine **9.00** NCIS **10.00** Bad Girls: a power cut strikes the prison on Christmas Eve **10.50** Walker, Texas Ranger: assassins try to kill Walker and a key witness **11.45** NCIS **2.30am** Bonanza: Hoss befriends a newcomer **3.30** Walker, Texas Ranger **4.20–6.00am** Flashpoint

CBS Drama [71]

Freeview 71 (HD only) Freesat 134 Sky 149 Virgin 197

9.00am The High Chaparral **10.00** Matlock **11.00** Dr Quinn **12 noon** Judge Judy **1.00pm** Streets of San Francisco **2.00** High Chaparral **3.00** Matlock **4.00** Judge Judy **5.00** CSI: Crime Scene Investigation **6.00pm** Dr Quinn **7.00** Heir Hunters **8.00** Judge Judy: four episodes **10.00** Cheaters **12 midnight** Jerry Springer **1.00am** World's Wildest Police Videos **1.55** Heir Hunters **2.55** Cops: Reloaded **3.45–5.00am** High Chaparral

BBC Parliament [131]

Freeview 131 Freesat 231 Sky 504 Virgin 605

6.40am Steel Industry **8.05** EU Referendum **10.05** BOOKtalk **10.20** Briefings **11.05** Rail Passenger Experience **12.20pm** Conversations **1.05** Ireland 1916 and Beyond **1.55** BOOKtalk **2.15** Trident **4.15** Ireland 1916 and Beyond **5.00** Briefings **6.20** English Votes for English Laws **8.00** Briefings **8.30** Speaker's House **9.20** Briefings **10.00** Review **11.00** PMQs **11.40** Britain's Vote in the EU Referendum **1.00–6.30am** Highlights

Pick [11]

Freeview 11 Freesat 144 Sky 152 Virgin 123

6.00am 60 Minute Makeover **7.00** Most Haunted **8.00** Ash Versus Evil Dead **9.00** Relic Hunter **10.00** Andromeda **11.00** Stargate SG1 **12 noon** Border Security: Canada's Front Line **1.00pm** 60 Minute Makeover **2.00** Motorway Patrol (AD) **2.30** Highway Patrol **3.00** Nothing to Declare (AD) **4.00** Dog Whisperer (AD) **5.00** Monkey Business (AD) **6.00** Town Called Eureka (AD) **7.00** Stargate SG1 **8.00** Andromeda **9.00** Bones (AD) **10.00** Criminal Minds **11.00** Brit Cops: Law & Disorder (AD) **12 midnight** Police Force Australia (AD) **1.00am** Road Wars (AD) **2.00** Most Shocking **3.00** Bones (AD) **4.00** Motorway Patrol **4.30** Highway Patrol **5.00–6.00am** Road Wars

Pick +1 Freesat 145 Sky 153

Really [17]

Freeview 17 Freesat 160 Sky 155 Virgin 129

6.00am Spa of Embarrassing Illnesses **7.00** Shopping **8.00** Antiques Road Trip **9.00** Escape to the Country **10.00** The Sheriffs Are Coming **11.00** Homes under the Hammer **12 noon** DIY SOS (AD) **1.00pm** Bargain Hunt **2.00** Escape to the Country **3.00** Antiques Road Trip **4.00** The Sheriffs Are Coming **5.00** Bargain Hunt **6.00** Homes under the Hammer **7.00** Escape to the Country **8.00** Escape to the Country **9.00** *New.* Countdown to Murder **10.00** *New series.* First Kill, Last Kill **11.00** Cold Justice (AD) **12 midnight** The Sheriffs Are Coming **1.00am** Paranormal Witness **2.00** Shopping **4.00** Spa of Embarrassing Illnesses **5.35–6.00am** Clothes Show

Quest [37]

Freeview 37 Sky 144 Virgin 172

6.00am Great Red Race **6.20** Wet Nets **7.10** Scrapheap Challenge **8.00** How It's Made **10.00** Wheeler Dealers **11.00** Fifth Gear **12 noon** Mega Shippers **1.00pm** Mighty Ships **2.00** Wheeler Dealers **3.00** Chasing Classic Cars **4.00** Hitler's Henchmen **5.00** World War II **6.00** Dam Survivor **7.00** Salvage Hunters (AD) **8.00** Auction Hunters (AD) **9.00** Toy Stories **10.00** Wheeler Dealers (AD) **11.00** Destroyed in Seconds **12 midnight** Forensic Detectives **1.00am** FBI Files (AD) **2.00** Disappeared **3.00** M*A*S*H **4.00** Put Your Money Where Your Mouth Is **5.00–6.00am** as 10am

Quest +1 Freeview 38 Sky 195 Virgin 173

Challenge [46]

Freeview 46 Freesat 146 Sky 145 Virgin 139

6.00am Deal or No Deal **7.30** Fifteen to One **8.00** Catchphrase (AD) **9.00** Pointless **10.00** Deal or No Deal **11.30** Supermarket Sweep **12 noon** Bruce's Price Is Right **12.30pm** Strike It Lucky **1.00** Catchphrase (AD) **2.00** Pointless **3.00** The Chase **4.00** The Chase USA **5.00** Ninja Warrior **6.00** Robot Wars (AD) **7.00** Pointless **9.00** The Chase (AD) **10.00** Who Wants to Be a Millionaire? **11.00** Bullseye **1.00am** Pointless **3.00** The Chase (AD) **4.00** Robot Wars (AD) **5.00–6.00am** Are You Smarter than a Ten Year Old?

Challenge +1 Freesat 147 Sky 164 Virgin 180

CBS Action [64]

Freeview 64 Freesat 137 Sky 148 Virgin 192

9.00am NCIS **11.00** Star Trek: Deep Space Nine **12 noon** Star Trek **1.00pm** Bonanza **2.00** NCIS **4.00** Walker, Texas Ranger **5.00** JAG **6.00pm** Star Trek: Deep Space Nine **7.00** MacGyver **8.00** Star Trek: Deep Space Nine **9.00** NCIS **10.00** Bad Girls: a power cut strikes the prison on Christmas Eve **10.50** Walker, Texas Ranger: assassins try to kill Walker and a key witness **11.45** NCIS **2.30am** Bonanza: Hoss befriends a newcomer **3.30** Walker, Texas Ranger **4.20–6.00am** Flashpoint

CBS Drama [71]

Freeview 71 (HD only) Freesat 134 Sky 149 Virgin 197

9.00am The High Chaparral **10.00** Matlock **11.00** Dr Quinn **12 noon** Judge Judy **1.00pm** Streets of San Francisco **2.00** High Chaparral **3.00** Matlock **4.00** Judge Judy **5.00** CSI: Crime Scene Investigation **6.00pm** Dr Quinn **7.00** Heir Hunters **8.00** Judge Judy: four episodes **10.00** Cheaters **12 midnight** Jerry Springer **1.00am** World's Wildest Police Videos **1.55** Heir Hunters **2.55** Cops: Reloaded **3.45–5.00am** High Chaparral

BBC Parliament [131]

Freeview 131 Freesat 231 Sky 504 Virgin 605

6.40am Steel Industry **8.05** EU Referendum **10.05** BOOKtalk **10.20** Briefings **11.05** Rail Passenger Experience **12.20pm** Conversations **1.05** Ireland 1916 and Beyond **1.55** BOOKtalk **2.15** Trident **4.15** Ireland 1916 and Beyond **5.00** Briefings **6.20** English Votes for English Laws **8.00** Briefings **8.30** Speaker's House **9.20** Briefings **10.00** Review **11.00** PMQs **11.40** Britain's Vote in the EU Referendum **1.00–6.30am** Highlights

WEDNESDAY Satellite & cable

Ross Kemp: Extreme World 10.00pm From South Africa

Game of Thrones 9.00pm Tyrion tries to identify a spy

Shades of Blue 9.00pm Harlee meets up with her ex

In the Club 9.00pm Dev and Jasmin consider the future

Outnumbered 7.00pm The family goes on a camping trip

Sky1

Sky 106 Virgin 110 HD Virgin 179

6.00am Supergirl (S) (HD) **7.00** The Flash (S) (HD) **9.00** Futurama (S) (HD) **10.00** Ninja Warrior Women Tournament (S) **11.00** NCIS: Los Angeles (S) (HD) **12 noon** Hawaii Five-0 (S) (HD) **1.00pm** Supergirl (S) (HD) **2.00** The Flash (S) (HD) **4.00** Modern Family (S) (HD) **5.00** The Simpsons (S) (HD) **5.30** Futurama: double bill (S) (HD)

6.30 The Simpsons Homer and Marge have a trial separation. **7.00** Homer is challenged to a barbecue cook-off by a TV chef. **7.30** Marge's twin sisters agree to give up smoking. (S) (HD)

8.00 Don't Tell the Bride *4/6* Series 12. A groom to be plans a funfair-themed wedding day. (HD)

9.00 Karl Pilkington: the Meaning of Life *5/5* Series 1. Karl looks at attitudes to death. (S) (AD) (HD)

10.00 Ross Kemp: Extreme World Examining South Africa's rape epidemic. (S) (AD) (HD)

11.00 A League of Their Own With Andy Carroll, David Walliams and Melanie C. (S) (AD) (HD)

12 midnight NCIS: Los Angeles (S) (HD) **1.00am** Hawaii Five-0 (S) (HD) **2.00** Limitless (S) (AD) (HD) **3.00** Arrow (S) (AD) (HD) **4.00** Road Wars (S) **5.00–6.00am** Ninja Warrior (S)

Sky1 +1 Sky 131

Sky Arts

Sky 121 Virgin 122 HD Virgin 206

6.00am She Stoops to Conquer (S) (HD) **6.30** Gilbert and Sullivan: a Motley Pair (S) (HD) **7.00** André Rieu: Welcome to My World (HD) **8.00** Tales of the Unexpected (S) **9.00** Discovering: Joan Crawford **10.00** Sleeping Beauty (S) (HD) **12.25pm** Sadler's Wells on Screen: Push (HD) **1.00** Tales of the Unexpected (S) **2.00** Talks Music and Art **3.00** Verbier 2012 (S) (HD) **4.40** Classical Destinations (HD) **4.45** Ella Fitzgerald: Live in '57 and '63 (S) **6.00** Celebrities Exposed (S) (HD)

6.30pm Royalty Close Up (S) (HD)

7.00 Master of Photography (HD)

8.00 *New.* Auction A book by Ernest Shackleton's team. (S) (HD) **8.30 *New.*** A 17th-century timepiece goes up for sale. (S) (HD)

9.00 Elvis Presley: a Legend in Concert TV performances. (S)

10.00 *New.* The South Bank Show Originals A 1981 profile of Elvis Costello. (HD) **10.30 *New.*** Jerry Leiber and Mike Stoller. **See page 85.** (HD)

11.00 *New.* Daq *5/10* Series 4. Benedikt must save Dorina. (HD) **11.30 *New.* 6/10.** Daq and Eva clash. Norwegian +subtitles. (HD)

12 midnight Hollywood: Singing and Dancing (S) (AD) **1.15am** Trailblazers: New Romantics (S) (HD) **2.15** Monty Python: Almost the Truth (S) (HD) **3.30** Elvis '56 Special (S) (HD) **4.45–6.00am** National Trust: National Treasures (S) (AD) (HD)

Sky Atlantic

Sky 108

6.00am Richard E Grant's Hotel Secrets (S) (HD) **7.00** The British (S) (HD) **8.00** Cold Case (S) (HD) **10.00** The West Wing (S) (HD) **11.00** House (S) (HD) **12 noon** Without a Trace (S) (HD) **1.00pm** Blue Bloods (S) (AD) (HD) **2.00** Urban Secrets (S) (HD) **3.00** Cold Case: double bill (S) (HD) **5.00** The West Wing (S) (HD)

6.00pm House *8/22* Series 1. The doctor treats two boys who appear to be victims of poisoning. (S) (HD)

7.00 Without a Trace *17/23* Series 3. The team searches for a missing estate agent. (S) (HD)

8.00 Blue Bloods *14/22* Series 2 When a thief is shot dead, the Reagans debate how far they would go to protect each other. (S) (AD) (HD)

9.00 Game of Thrones *3/10* Series 2. Tyrion plots to identify Cersei's spy. (S) (AD) (HD)

10.10 *4/10.* Tyrion struggles to curb Joffrey's excesses. (S) (AD) (HD)

11.15 Dexter *6/12* Series 5. Dexter is placed in danger. (HD)

12.20am 2 FILM The Green Prince ★★★ Afghan conflict documentary. **Review p38** (S) (AD) (HD) **2.10** The Sopranos (HD) **3.10** Vera: double bill (S) (AD) (HD) **4.15** Richard E Grant's Hotel Secrets (S) (HD) **5.10–6.00am** The British (S) (HD)

Sky Atlantic +1 Sky 170

Universal

Sky 113 Virgin 137 BT 320

6.00am CSI: Miami (S) (HD) **7.00** Home Shopping **8.00** CSI: Miami (S) (HD) **10.00** Law & Order: four back-to-back episodes (S) (HD) **2.00pm** NCIS: four back-to-back episodes (S) (HD)

6.00pm NCIS *23/25* Series 6 Agent Callen goes under cover. Tony questions Ziva's loyalty to the team, and a psychologist uncovers the truth about the relationship between Gibbs and Agent Macy. (S) (HD)

7.00 *24/25.* The team works with the FBI to catch the killer of an immigration and Customs Enforcement agent who was killed during a poker game. (S) (HD)

8.00 Major Crimes *8/23* Series 4 The team works with a difficult FBI agent on a kidnapping case, while Rusty takes risks when he follows a lead to Alice's brother. (S) (HD)

9.00 Law & Order: Special Victims Unit *13/25* Series 4. The police come under suspicion when a prisoner dies in custody after being beaten and sexually assaulted. **10.00** *8/25* Series 5. The detectives investigate the murder of a poster boy for a pressure group. George Segal guest-stars. **11.00** *23/23* Series 13. A woman is found murdered at a high-society bachelor party. (S) (HD)

12 midnight Law & Order: Special Victims Unit (S) (HD) **2.00am** Major Crimes (S) (HD) **3.00** Numb3rs (S) (AD) (HD) **5.00–6.00am** CSI: Miami (S) (HD)

Universal +1 Sky 159 Virgin 138

Sky Living

Sky 137 Virgin 142 HD Virgin 171

6.00am UK Border Force (S) (HD) **8.00** Million Dollar Listing: NYC (S) (HD) **9.00** Nothing to Declare (S) (HD) **11.00** RSPCA Animal Rescue (S) (HD) **12 noon** The Biggest Loser: Australia (S) **1.00pm** Million Dollar Listing: NYC (S) (HD) **2.00** Criminal Minds (S) (HD) **4.00** UK Border Force (S) (AD) (HD) **5.00** Cooks to Market (HD) **5.15** Nothing to Declare (S)

6.45pm New. My Kitchen Rules: Australia The two worst performing pairs from the Olympic challenge enter the second sudden death cook-off. (S) (HD)

8.00 Criminal Minds *23/24* Series 8. The Replicator targets a member of the team. (S) (HD)

9.00 New. Shades of Blue *6/13* An imprisoned ex-lover asks Harlee to find the man who framed him for murder. (HD)

10.00 Criminal Minds *21/23* Series 10. Three people implicated in murders claim to have been attacked by a monster. (S) (HD)

11.00 *22/23* Series 10. Shootings take place in the LA area. (S) (HD)

12 midnight Criminal Minds (S) (HD) **1.00am** Bones (S) (AD) (HD) **3.00am** Blindspot (S) (AD) (HD) **4.00–6.00am** Border Security: Canada's Front Line (S) (AD) (HD)

Sky Living +1 Sky 122 Virgin 140

Sky2

Sky 129 Virgin 121

6.00am Stop, Search, Seize (AD) **8.00** Coast Guard Alaska (S) (AD) **9.00** Ninja Warrior Women Tournament **10.00** Robot Wars Extreme **11.00** Serial in the Dogs (S) **12 noon** Harrow (S) (AD) **1.00pm** Robot Wars Extreme **2.00** Ninja Warrior Women Tournament (S) **3.00** Relic Hunter (S) **4.00** Coast Guard Alaska (S) (AD) **5.00** Stargate SG-1 (S) **6.00** Relic Hunter (S) **7.00** Football's Funniest Moments (S) (AD) **8.00** Arrow (S) (AD) **9.00** Supergirl (S) **11.00** DC's Legends of Tomorrow (S) (AD)

12 midnight The Force Manchester **1.00am** A Town Called Eureka (S) **2.00** as 9am **3.00** as 9am **4.00** Robot Wars Extreme **5.00–6.00am** Andromeda (S)

Syfy

Sky 114 Virgin 135 BT 319 HD Virgin 165 BT 375

6.00am Buffy the Vampire Slayer **8.00** Home Shopping **11.00** Star Trek: Voyager **12 noon** Star Trek: the Next Generation **2.00pm FILM** Atlantic Rim ★ Sci-Fi action thriller **4.00 FILM** Supercolider ★★ Disaster thriller starring Robin Dunne **6.00** Star Trek: the Next Generation **8.00** Killjoys **9.00** Dark Matter **10.00 FILM** Predator ★★★★ Sci-Fi action thriller starring Arnold Schwarzenegger **12.10am** Fact or Faked: Paranormal Files: an alleged ghost sighting in Alton, Illinois **1.10** Star Trek: Voyager **2.10** Star Trek: the Next Generation: double bill **4.10–6.00am** Quantum Leap

Syfy +1 Sky 194 Virgin 136

W

Sky 109 Virgin 125 BT 311 HD Virgin 191 BT 383

6.05am MasterChef Australia: the Professionals (S) (HD) **6.50** Extreme Makeover: Home Edition (S) **8.40** My Dream Home (S) (HD) **9.40** The Bill (S) **10.40** Tipping Point (HD) **12.40pm** Traffic Cops (S) **1.20** Extreme Makeover: Home Edition (S) **3.10** Dirt' SOS: Million Pound Build for Children in Need 2013 (S) (AD) (HD) **4.10** My Dream Home (S) (HD) **5.10** Extreme Makeover: Home Edition (S)

7.00pm Celebrity MasterChef The finalists prepare dishes for four masters of Italian cooking. (S) (HD)

9.00 In the Club *5/6.* Jasmin is induced early by Dr Bellingham, leaving her to fret over her marriage's prospects. (HD)

10.05 EastEnders Linda and Whitney make a shocking discovery. Shown from BBC1 (S) (AD) (HD)

10.45 Don't Tell the Bride Hopeless romantic Ian plans his wedding of a lifetime to his sports physiotherapist fiancée Hayley. (S)

11.45 Russell Howard's Good News The comedian's perspective on the news from 2013. (S) (HD)

12.45am EastEnders (S) (AD) (HD) **1.20** Doctor Who: the Doctors Revisited (S) (HD) **2.10–3.00am** Being Human USA (S) (HD)

W +1 Sky 213 Virgin 131

TLC

Sky 115 Virgin 147 BT 323 HD Virgin 168 BT 377

6.00am Little People, Big World **7.00** Say Yes to the Dress: Atlanta – Top Ten (HD) **8.00** Say Yes to the Dress: Atlanta (HD) **9.00** Say Yes to the Dress (HD) **10.00** Judge Jeanine Pirro **11.00** Hoarding: Buried Alive (HD) **12 noon** Extreme Cheapskates (HD) **1.00pm** Little People, Big World **2.00** Cake Boss: the Next Great Baker (AD) (HD) **3.30** Something Borrowed, Something New (HD) **4.30** Say Yes to the Dress **5.00** Say Yes to the Dress: Atlanta (HD) **6.00** Say Yes to the Dress (HD) **8.00 New.** Whitney: Fat Girl Dancing (HD) **9.00 New.** Sweet 15: Quinceañera (HD) **10.00 New.** Mistresses (HD) **11.00** Devious Maids (HD) **12 midnight** as 8pm **1.00am** as 9pm **2.00** as 10pm **3.00** as 12 noon **4.00** as 2pm **5.30–6.00am** Something Borrowed, Something New (HD)

TLC +1 Sky 154 Virgin 169

Lifetime

Sky 116 Virgin 208 BT 329 HD Virgin 209 BT 384

6.00am Judge Judy (HD) **7.00** Flipping Boston (HD) **8.00** Flipping Vegas (HD) **9.00** Judge Judy (HD) **11.00** Storage Wars (HD) **12 noon** Flipping Boston (HD) **1.00pm** Flipping Vegas (HD) **2.00** Judge Judy (HD) **3.00** Hardcore Pawn (HD) **4.00** Dance Moms (HD) **5.00** Little Women: LA (HD) **6.00** Hardcore Pawn (HD) **7.00** Judge Judy (HD) **9.00 New.** Little Women: NY (HD) **10.00** Joy of Sex Toys (HD) **12 midnight** Little Women: NY (HD) **1.00am** as 10pm **2.00** Hardcore Pawn (HD) **3.00** Little Women: LA (HD) **4.00** Dance Moms (HD) **5.00** Storage Wars (HD) **5.20–6.00am** as 6pm

Lifetime +1 Sky 197

Gold

Sky 110 Virgin 124 BT 310

7.00am Outnumbered (S) (AD) **7.40** The Britas Empire (S) **8.15** My Hero (S) **8.55** Last of the Summer Wine (S) **10.55** The Green Green Grass (S) **1.10pm** Outnumbered (S) (AD) **1.50** The Britas Empire (S) **2.30** My Hero (S) **3.10** Last of the Summer Wine (S) **5.10** One Foot in the Grave (S) **5.50** Only Fools and Horses (S) (AD)

7.00pm Outnumbered Ben shows off his survival skills on a winter camping trip. (S) (AD)

7.40 Only Fools and Horses The Trotters escape Peckham for a holiday in the Florida sun. (S) (AD)

8.50 Fawlty Towers A death plunges the hotel into chaos. (S) (AD)

9.30 Absolutely Fabulous The trio go to Morocco. (S) (AD)

10.15 Fawlty Towers Sybil walks out on Basil. (S) (AD)

11.00 Absolutely Fabulous Eddie and Patsy go hunting. (S) (AD)

11.40 Come Fly with Me Penny gets a visit from a member of the royal household. (S) (AD)

12.20am Little Britain Abroad (S) (AD) **1.00** Cheers (S) **1.30** I Dream of Jeannie **2.30** Little Britain Abroad (S) (AD) **3.05** Cheers (S) **3.30–4.00am** I Dream of Jeannie

Gold +1 Sky 166 Virgin 190

Comedy Central

Sky 112 Virgin 132 BT 309 HD Virgin 181 BT 371

8.00am The Middle (S) (HD) **9.00** Bob's Burgers (S) **10.00** That '70s Show (S) **11.00** Friends (S) (HD) **2.00pm** Impractical Jokers (S) (HD) **3.00** Friends (S) (HD) **8.00** Impractical Jokers (S) (HD) **9.00** Live at the Apollo (S) (HD) **10.00 New.** Katherine Ryan at the Comedy Store (HD) **10.30** Bad Education (S) (HD) **11.00** Impractical Jokers (S) (HD) **11.30 New.** Workaholics (S) (HD) **12 midnight** Impractical Jokers (S) (HD) **12.30am New.** The Daily Show (HD) **1.00** South Park (S) (HD) **2.00** Russell Howard's Stand Up Central (S) (HD) **2.30** Drunk History (S) (HD) **3.00** Comedy Central at the Comedy Store (S) (HD) **3.50–5.00am** Two and a Half Men (S) (HD)

Comedy Central +1 Sky 127 Virgin 133

Sony Channel

Sky 157 Virgin 193 BT 331

7.00am 'Til Death **8.00** Soldier Soldier **10.00** Saving Hope **12 noon FILM** The Jane Austen Book Club ★★★ **2.05pm** Saving Hope **3.05** Celebrity Ghost Stories! **7.00pm** Saving Hope **8.00** The Night Shift **9.00 New.** Younger: double bill. Liza accompanies Josh to a music festival and Josh's relationship with Liza becomes strained **10.00** Satisfaction: Neil and Grace get their new escort business up and running **11.00** Will & Grace: double bill of the US sitcom **12 midnight** The Night Shift **1.00–4.00am** Celebrity Ghost Stories

Sony TV +1 Sky 131

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Marcella 9.00pm Will the detective unmask the killer?

Castle 8.00pm The author asks daughter Alexis for advice

Family Guy 9.30pm An angry Stewie goes back in time

Street Outlaws 9.00pm Big Chief pulls up to the start line

ITV Encore

Sky 123

6.00am Movies Now **6.30** Robin of Sherwood (S) **7.10** Always and Everyone **8.00** Upstairs, Downstairs (S) **9.00** The Memoirs of Sherlock Holmes (S) (AD) (HD) **10.00** Heartbeat **11.05** The Chief **12.05pm** Mapp and Lucia **1.10** Robin of Sherwood **2.25** Always and Everyone **3.25** Heartbeat **4.30** Upstairs, Downstairs (S) **5.40** The Memoirs of Sherlock Holmes (S) (AD) (HD)

6.50pm Agatha Christie's Poirot The Third Floor Flat. A murder takes place in the detective's apartment block. (S) (HD)
7.55 Triangle at Rhodes. A woman is murdered (S) (AD) (HD)

9.00 Marcella *8/8.* The killer is finally revealed. (S) (AD) (HD)

Angela Bickford	Anna Friel
Jil Tre Williamson	Jamie Bamber
Henry Gibson	Harry Lloyd
Matthew Neil	Ben Cura
DC Alex Dier	Charlie Covell

10.00 Vera *1/4* Series 6. The body of a woman is found on the bleak Northumberland moors. (S) (AD) (HD)

12 midnight DCI Banks: double bill (S) (AD) (HD) **1.55am** Titanic (S) (AD) (HD) **2.50** Kingdom (S) (AD) **3.40** Upstairs, Downstairs (S) **4.40** The Memoirs of Sherlock Holmes (S) (AD) (HD) **5.35** Drama Trails **5.45–6.00am** Nightscreen (HD)

ITV Encore +1 Sky 208

PBS America

Freesat 156 Sky 534 Virgin 276

6.00am Stealth: Flying Invisible **6.50** Zoo Vets **7.40** Trapped: Cave Rescue **8.40** Stealth: Flying Invisible **9.40** Trapped: Cave Rescue **10.45** Jamestown's Dark Winter: Secrets of the Dead **11.55** Prohibition **1.00pm** Alaska's Wild Peninsula **2.05** Stealth: Flying Invisible **3.10** Jamestown's Dark Winter: Secrets of the Dead **4.20** Prohibition **5.35** Alaska's Wild Peninsula

6.40pm Stealth: Flying Invisible Examining stealth aircraft technology from the U-2 to the F-117 Nighthawk, featuring rare Pentagon footage.

7.30 Bone Diggers Australia's leading palaeontologists set out to find the elusive remains of one of the more unusual prehistoric creatures, a large predatory marsupial called Thylacoleo.

9.00 Secrets of Stonehenge Researchers explore a dig site to investigate the cryptic origins of the stone circle that has mystified humanity for thousands of years.

10.15 Prohibition *3/5* The early 1920s saw shrewd gangsters making unprecedented profits in the beer trade, resulting in violent gratis for power in cities such as Chicago and Detroit.

11.25 Bone Diggers As 7.50pm.
12.30am Secrets of Stonehenge **1.40** Prohibition **2.35** Trapped: Cave Rescue **3.25** Stealth: Flying Invisible **4.15** Trapped: Cave Rescue **5.05–6.00am** Zoo Vets

Alibi

Sky 122 Virgin 136 BT 312 HD Virgin 200 BT 382

7.00am Diagnosis Murder (S) **8.00** Murdoch Mysteries (S) (HD) **10.00** Sue Thomas: F.B.Eye (S) **11.00** Castle (S) (AD) (HD) **12 noon** Rizzoli & Isles (S) (AD) (HD) **1.00pm** Diagnosis Murder (S) **2.00** Sue Thomas: F.B.Eye (S) **3.00** Murdoch Mysteries (S) (HD) **5.00** Castle (S) (AD) (HD)

6.00pm Rizzoli & Isles *9/15* Series 2. A woman's death at the docks forces Maura to question whether her biological father has links to the Mob. (S) (AD) (HD)

7.00 Crossing Lines *1/12* Series 2. The team has only 24 hours to find and rescue Louis and Rebecca. (S) (HD)

8.00 Castle *4/10* Series 1. A councillor running for re-election is murdered, leading Castle and Beckett to discover several suspects with motives. (S) (AD) (HD)

9.00 CSI: NY *11/24* Series 2. Danny gets trapped in a panic room with a murder victim. (S) (HD)

10.00 Rosewood *4/22.* Rosewood and Villa suspect a brilliant doctor has killed two of his patients. (HD)

11.00 As 7pm.

12 midnight Perception: Daniel requires surgery for a traumatic injury (S) (AD) (HD) **1.00–3.40am** Ripper Street (S) (AD) (HD)

Alibi +1 Sky 276 Virgin 138

Discovery History

Sky 535 Virgin 262

6.00am Aircraft Stories **7.00** Industrial Revelations: the European Story **8.00** Weapons of War **10.00** Weaponology (AD) **11.00** Heroes of Hell Island: the Men Who Saved Malta **12 noon** Hitler's Generals **1.00pm** Weapons of War **3.00** Industrial Revelations: the European Story **4.00** Battle Castle with Dan Snow **5.00** Hitler's Generals

6.00pm Greatest Tank Battles Exploring how the US military used tanks in the Vietnam war.

7.00 Treasure Quest The team continues to recover silver from the shipwrecked SS Gairsoppa.

8.00 Rory McGrath's Best of British Engineering A look at the Jaguar E-type sports car.

9.00 Planes That Never Flew Examining the SST, America's answer to Concorde. (AD)

10.00 How We Got Here Samuel Morse's inspiration for creating his famous "code". **10.30** How the California gold rush can be connected to the creation of denim.

11.00 Hitler's Generals Profile of First World War fighter ace and director-general of equipment for the Luftwaffe Ernst Udet.

12 midnight Weaponology (AD) **2.00am** Treasure Quest **3.00** Industrial Revelations: the European Story **4.00–6.00am** Weapons of War: double bill

Discovery History +1 Sky 536 Virgin 263

Fox

Sky 124 Virgin 157 HD Virgin 199

8.00am Law & Order: Criminal Intent (HD) **9.00** Medium (S) (HD) **11.00** The Closer (S) (HD) **1.00pm** NCIS (S) (AD) (HD) **3.00** Medium (S) (HD)

5.00pm The Closer *4/15* Series 4. A man wearing a surveillance wire is murdered. (S) (HD)
6.00 *5/15.* Priory Homicide sets out to recover stolen evidence. (S) (HD)

7.00 NCIS *5/24* Series 10. A petty officer moonlighting as a valet parker is shot dead at the wheel of a billionaire's Ferrari. (S) (AD) (HD) **8.00** *6/24.* A US Navy lieutenant dies after a fight. (S) (AD) (HD)

9.00 Family Guy Series 12 Cleveland returns to Quahog, but he and Peter are not allowed to spend time together. (S) (HD)
9.30 Angry baby Stewie is reborn into a Downton Abbey-esque British household. (S) (HD)

10.00 American Dad! Series 3 Steve uncovers a conspiracy dating back to the Civil War. (S)
10.30 A misunderstanding at work prompts Stan to flee. (S)

11.00 Family Guy Series 9 The residents of Quahog try to solve a murder mystery. (S) (HD)
12 midnight American Dad! (S) (HD) **2.00am** Family Guy (S) (HD) **4.00–5.00am** American Dad! (S) (HD)

Fox +1 Sky 165 Virgin 158

History

Sky 529 Virgin 270 BT 317 HD BT 379

8.00am Pawn Stars (HD) **9.00** Down East Dickering (HD) **10.00** Shipping Wars (HD) **11.00** Counting Cars (HD) **12 noon** Storage Wars (HD) **1.00pm** Pawn Stars (HD) **3.00** Mountain Men (HD) **5.00** Pawn Stars (HD) **6.00** American Pickers (HD) **7.00** Storage Wars (HD) **8.00** Mountain Men: Tom calls in reinforcements (HD) **10.00 New.** Ancient Aliens: investigating "The Nine" – an alleged federation of extraterrestrial beings (HD) **11.00** Storage Wars (HD) **12 midnight** Mountain Men (HD) **1.00am** Ancient Aliens (HD) **2.00** Storage Wars (HD) **3.00** Pawn Stars (HD) **4.00–5.00am** American Pickers (HD)

History +1 Sky 530 Virgin 271

Animal Planet

Sky 523 Virgin 256 BT 325 HD Virgin 257 BT 376

6.00am Tanked (HD) **7.00** The Pool Master (HD) **8.00** Treehouse Masters (HD) **9.00** Wildlife at the Zoo (HD) **10.00** Too Cute! (HD) **11.00** Insane Pools: off the Deep End (HD) **12 noon** Treehouse Masters (HD) **1.00pm** Animal Cops Phoenix (AD) (HD) **3.00** Bondi Vet (HD) **5.00** Animal Cops Detroit (AD) **6.00** Flying Wild Alaska (HD) **7.00** Tanked (HD) **8.00 New.** Treehouse Masters (HD) **10.00** Treasure Quest: Snake Island (HD) **11.00** Bondi Vet (AD) (HD) **12 midnight** Tanked (HD) **1.00am** Treehouse Masters (HD) **3.00** Treasure Quest: Snake Island (HD) **3.50** Deadliest Catch (HD) **4.40** Whale Wars **5.30–6.00am** Animal Airport (HD)

Animal Planet +1 Sky 549 Virgin 258

Discovery

Sky 520 Virgin 250 BT 322 HD Virgin 251 BT 376

6.00am Extreme Car Hoarders (HD) **7.00** Alaskan Bush People (HD) **8.00** Bear Grylls: Born Survivor (HD) **9.00** Fast 'n' Loud (AD) (HD) **11.00** Wheeler Dealers (HD) **1.00pm** Air Jaws: Walking with Great Whites (HD) **2.00** Gold Rush Special (HD) **3.00** Born Survivor: Bear Grylls (AD) (HD) **4.00** MythBusters (HD) **5.00** Wheeler Dealers (HD)

6.00pm Fast 'n' Loud Richard and Aaron acquire a 1931 Model A that they plan to restore. (AD) (HD)
7.00 Aaron has big plans for a 1964 Dodge truck. (AD) (HD)

8.00 What Could Possibly Go Wrong? Making the fastest motorised trike. (HD)

9.00 New. Street Outlaws Big Chief and the Crow-mod finally make a run for the list. (HD)

10.00 New. Fat 'n' Furious: Rolling Thunder Converting a 1974 Ford Pinto Wagon and a 1967 Plymouth Belvedere. (HD)

11.00 Fast 'n' Loud A Ford Galaxie is restored. (HD)

12 midnight Naked and Afraid (HD) **1.00am** Street Outlaws (HD) **2.00** Moonshiners (HD) **3.00** Street Outlaws (HD) **3.50** Fat 'n' Furious: Rolling Thunder (HD) **4.40–6.00am** How It's Made

Discovery +1 Sky 521 Virgin 252

Nat Geographic

Sky 526 Virgin 264 BT 317 HD Virgin 318 BT 373

8.00am Nazi Megastructures (HD) **9.00** Ancient X Files (HD) **10.00** Ultimate Tutankhamun (HD) **11.00** Highway thru Hell (HD) **12 noon** Wicked Tuna (HD) **1.00pm** Family Guns (S) (AD) (HD) **2.00** Ultimate Airport Dubai (HD) **3.00** Air Crash Investigation (HD) **5.00** Car SOS (HD) **6.00pm** Supercar Megabuild (HD) **7.00** Air Crash Investigation (S) (AD) (HD) **8.00** Tallest Towers (S) (AD) (HD) **9.00** World's Fastest Train (S) (AD) (HD) **10.00** Car SOS (HD) **11.00** Air Crash Investigation (HD) **12 midnight** Science of Stupid (HD) **1.00am** Underworld, Inc (HD) **2.00** Air Crash Investigation (S) (AD) (HD) **3.00** Car SOS (HD) **4.00–5.00am** as 6pm

Nat Geo +1 Sky 527 Virgin 267

Eden

Sky 532 Virgin 247 BT 315 HD Virgin 249

9.00am Africa (S) (AD) (HD) **10.00** as 10pm **11.00** as 5pm **12 noon** Dino Gangs (HD) **1.00pm** as 7pm **2.00** as 8pm **3.00** Africa (S) (AD) (HD) **4.00** Wonders of the Solar System (S) (AD) (HD) **5.00** Walking with Dinosaurs (S) (AD) **6.00** Dino Gangs (HD) **7.00** Australia with Simon Reeve (S) (HD) **8.00** Wonders of the Monsoon (S) (HD) **9.00** Africa (S) (AD) (HD) **10.00** Wonders of the Solar System (S) (AD) (HD) **11.00** Walking with Dinosaurs (S) (AD) **12 midnight** as 6pm **1.00am** as 7pm **2.00** as 8pm **3.00** as 9pm **3.50** as 10pm **4.40** as 9pm **5.30–6.00am** World's Wildest City: Manaus (HD)

Eden +1 Sky 533 Virgin 248

CHILDREN'S

Milkshake! on C5

Full listings for Channel 5 are on p88

6.00am The WotNots **6.10** Chloe's Closet **6.20** Lily's Driftwood Bay **6.30** Fireman Sam **6.40** Peppa Pig **6.45** Bob the Builder **7.00** Little Princess **7.10** Pip Ahoy! the friends help an unhappy snail **7.25** Thomas & Friends: Henry saves an important visitor on a tour **7.40** Noddy, Toyland Detective **7.50** Ben and Holly **8.05** Wissper **8.15** Peppa Pig: double bill **8.35** Paw Patrol **8.50** Toot the Tiny Tugboat **9.00–9.15am** Bananas in Pyjamas

CBeebies 121

Freeview 121 Freesat 603 Sky 614 Virgin 702

6.00am Zingzillas **6.10** Mr Bloom **6.25** Timmy Time **6.35** Buzz and Bo **6.40** Rolf Rex **6.55** Postman Pat **7.10** Twirlywoos **7.20** Teletubbies **7.35** Hey Duggee **7.40** Furchester Hotel **7.55** Go Jetters **8.05** Octonauts **8.20** Chuggington **8.25** Kate & Mim-Mim **8.35** Tree Fu Tom **9.00** Time for School **9.10** Peep **9.25** Nursery **9.30** Teletubbies **9.45** Something Special **10.05** Patchwork Pals **10.10** Show Me Show Me **10.30** Woolly & Tig **10.35** Get Well Soon **10.50** Puff Puff Travel and Dixie **11.05** The Lingo Show **11.15** Alphablocks **11.20** Hey Duggee **11.25** Get Squiggling! **11.40** Waybuloo **12 noon** My Pet and Me **12.15pm** I Can Cook **12.30** Old Jack's Boat **12.45** Woolly **1.00** Time for School **1.10** Peep **1.25** Wissper **1.30** Tree Flywood **1.45** Something Special **2.05** Patchwork Pals **2.10** Show Me Show Me **2.30** Woolly & Tig **2.35** Get Well Soon **2.50** Numtums **3.05** The Lingo Show **3.15** Alphablocks **3.25** Nina and the Neurons **3.30** Mister Maker **3.50** Bing **4.05** Bo **4.15** What's the Big Idea? **4.20** Kazoops **4.30** Nina and the Neurons **4.45** Peter Rabbit **5.00** Octonauts Special **5.25** Topsy and Tim **5.35** New. Jeevan and Aladdin **5.50** New. Nelly & Nora **6.00pm** Clangers **6.10** Abney & Teal **6.20** In the Night Garden... **6.50–7.00pm** Bedtime Story: read by Prina Druche

CBBC 120

Freeview 120 Freesat 601 Sky 613 Virgin 701

7.00am Arthur **7.15** Zig and Zag **7.25** Danger Mouse **7.40** Newsround **7.45** Wild & Weird **8.00** Dixie Dreamcar **8.15** Newsround **8.25** Diddy Dick the Joke Machine **8.45** CBBC Choice New. Odd Squad **See p85** **9.00** Arthur **9.15** Danger Mouse **9.30 New.** Just Kidding **9.55** Copycats **10.30** Young Dracula **11.55** Mud Kids **12.00** Newsround **12.10pm** The Next Step **12.35** Hetty Feather **1.30** Hacker Time **2.00** Copycats **2.30** Wild & Weird **2.45** Officially Amazing **3.00** Odd Squad **3.30** Dennis and Gnasher: Unleashed **3.50** Sidekick **3.35** Endangered Species **3.45** New. Bottersnikes & Gumbles **4.00** Just Kidding **4.20** Newsround **4.30** 4 o'Clock Flies **5.00** Show Me What You're Made Of **5.30** The Dumping Ground **6.00pm** New. Hacker's Olympic Heroes **6.05** New. Bottersnikes & Gumbles **6.20** New. The Deep **6.45** Danger Mouse **6.55** Lifebabble **7.00** Horrible Histories **7.30** Marrying Mum and Dad **8.00** Lost & Found Jam Sessions **8.05** The Next Step **8.25–9.00pm** The Dumping Ground

CITV 122

Freeview 122 Freesat 602 Sky 621 Virgin 734

Programmes 6.00pm–9.00 not Freeview

6.00am Monsuno **6.20** Signed Stories **6.30** Dino Dan: Trex's Adventures **7.15** Oddbods **7.25** Grizzly Tales **7.55** City Show **8.00** Mia and Me **8.40** Matt Hatter Chronicles **8.55** Thunderbirds Are Go **9.25** Oddbods **9.30** New. What's New Scooby Doo? **10.00** Mr Bean: the Animated Series **11.00** Horrid Henry **11.30** Nerds & Monsters **12.30pm** Looped **1.00** Mr Bean the Animated Series: four back-to-back episodes **2.00** Horrid Henry **3.00** Thunderbirds Are Go **3.30** What's New Scooby Doo? **3.55** My Parents Are Aliens **5.05** Fort Boyard Ultimate Challenge **6.00pm** Max Steel **6.25** Matt Hatter Chronicles **6.55** Horrid Henry **7.55** Looped **8.25** Thunderbirds Are Go **8.55–9.00pm** Signed Stories

WEDNESDAY Films & Sport

Discover film

The best of Sky, iPlayer, Netflix and beyond

By George!

Mad Max ★★★★★ *9.00pm TCM*

Brisbane's George Miller had his most notable successes with low-budget debut *Mad Max* in 1979 and the $150 million-budget sequel *Fury Road* in 2015. Between those post-apocalyptic Top Gear episodes (and *Mad Max II* and *III*), he proved quite the family-film man with best picture Oscar nominee *Babe* and two animated hits in *Happy Feet* and its sequel. So why no talking pigs or dancing penguins in *Fury Road*? ANDREW COLLINS

Belissima morte

Black Souls ★★★★ *Film4* FREEVIEW

For as long as I can remember, Italian-American gangsters have been ubiquitous in Hollywood. But we're seeing a welcome explosion in stylish homegrown Italian crime sagas: *Gomorrah* (2008), depicting the Neapolitan mob, spawned a superb TV series; *Suburra* (2015) recently hit cinemas; you could also try *Black Souls* (review, p38) set amid a Calabrian syndicate, where families feud and bodies pile up. An offer you can't refuse? ANDREW COLLINS

Horrid Henry

A Man for All Seasons ★★★★ *Netflix*

In this Oscar-laden film of Robert Bolt's play, Paul Scofield gives an inspired performance as Sir Thomas More, who wins the moral argument but loses the one concerning custody of his head, to Henry VIII. The superb support cast includes Orson Welles and John Hurt. ADRIAN TURNER

FREEVIEW

Film4 15

Fview 15 *Fsat* 300 *Sky* 315 *Virgin* 435 HD *Virgin* 429

11.00am A Monster in Paris ★★★ Animation. Adam Goldberg (2011, U) **12.45pm The Love Bug** ★★★★ Comedy. Dean Jones, David Tomlinson (1968, U) **3.00 Catch That Kid** ★★★ Adventure. Kristen Stewart, Jennifer Beals (2004, PG) (S)

4.50pm Evolution ★★★ Amiably daft sci-fi action comedy from director Ivan Reitman. David Duchovny, Julianne Moore (2001, PG)

6.55 Big ★★★★ Utterly charming comedy fantasy in which a young boy becomes an adult overnight. **Film of the Day, p38.** Tom Hanks, Elizabeth Perkins (1988, PG) (S)

9.00 Red 2 ★★★ The retired secret agents must stop a nuclear threat in this action comedy sequel that ups the ante on the original. Bruce Willis, John Malkovich, Anthony Hopkins, Mary-Louise Parker, Helen Mirren (2013, PG) (S) (AD)

11.15pm The Breakfast Club ★★★★ Seminal 1980s Brat Pack movie. Emilio Estevez, Molly Ringwald (1985, 15) **1.10–3.15am** D **Black Souls** ★★★★ Crime drama. **Review, p38; Choice, left.** Marco Leonardi (2014, 15)

Film4 +1 *Fview* 45 (10 only) *Fsat* 301 *Sky* 316 *Virgin* 430

Movie Mix 32

Freeview 32

9.00am S Club: Seeing Double ★★ Musical comedy. Bradley Walsh, Rachel Stevens (2003, PG) **11.00 Double Platinum** ★★ Musical drama. Diana Ross, Brandy Norwood (1999, PG) **12.55pm The Biggest Fan** ★ Comedy drama. Kala Amariah, Chris Trousdale (2012) **2.45 Summertree** ★★ Drama. Michael Douglas (1971) **4.35 Casey's Shadow** ★★★ Drama. Walter Matthau (1978, PG)

6.55pm Street Fighter ★ Jean-Claude Van Damme and Kylie Minogue team up in this laughably bad adventure. (1994, 12)

9.00 Freelancers ★★ Curtis "50 Cent" Jackson fails to convince, and Robert De Niro looks pretty creaky, too, in this thriller about corruption in the NYPD. Forest Whitaker, Ryan O'Nan, Matt Gerald (2012, 18)

10.55 The Contractor ★★ Action thriller starring Wesley Snipes as yet another ex-CIA agent called out of retirement. Elsa Bennett, Lena Headey (2007, 15)

12.50am Movie News **1.00 Bobby** ★★★★ Poignant ensemble drama. **Review, p38.** William H Macy, Christian Slater, Anthony Hopkins, Sharon Stone (2006, 15) **3.25** Movie News **3.35 Buck and the Preacher** ★★★ Western. Sidney Poitier, Harry Belafonte (1972, PG) **5.50–6.00am** Movie News

Movies4Men 48

Freeview 48 *Freesat* 304 *Sky* 325

6.00am The Fugitive ★★★★ Drama. Harrison Ford (1947, PG) **8.00 Second Chance** ★★★ Crime drama. (1951) **9.35 Riders of the Rockies** ★★ Western. (1937, U) **10.45** Cimarron Strip **12.20pm Kentucky Rifle** ★★ Western. (1955, U) **2.00 Boot Hill** ★★ Western. (1969, PG) **3.50** Cimarron Strip: Whitey **5.25 Trail Street** ★★ Western. Randolph Scott (1947, U)

7.10pm Cavalry Charge ★★ Two brothers on opposing sides during the Civil War have to work together in this watchable western. Ronald Reagan, Rhonda Fleming (1951, U)

9.00 Bandidos ★★★ A renowned gunman seeks revenge on the outlaw who maimed him in this spaghetti western. Enrico Maria Salerno, Terry Jenkins (1967)

10.50 Twice a Judas ★★ A man awakes in the desert with no memory of his past in this spaghetti western starring Antonio Sabato and Klaus Kinski. (1968)

12.40am Don't Wait, Django...Shoot! ★★ Spaghetti western. Sean Todd (1967) **2.20–4.00am One Damned Day at Dawn...Django Meets Sartana** ★★ Spaghetti western. Hunt Powers, Tobias Torsi (1971)

Movies4Men +1 *Freesat* 305 *Sky* 326

Premiere

Sky 301 *Virgin* 401 *BT* 501 HD *Virgin* 431

6.00am As 1.05pm **7.50** As 6pm **9.40** As 8pm **11.40 Sixteen** ★★★ Drama. Kaiser Jean-Nyangkuona (2013, 15) **1.05pm Dragon Ball Z: Battle of Gods** ★★ Animation. Sean Schemmel (2013, U) **2.40 Hangar 10** ★★ Sci-fi horror. Danny Glover (2014, 15) **4.25 Kite** ★★ Crime thriller. India Eisley (2014, 15)

6.00pm Suffragette ★★★★ Inspiring drama. **Choice, p62.** Carey Mulligan, Helena Bonham Carter (2015, 12)

8.00 Pan ★★★★ Spectacular all-action adventure prequel. Levi Miller, Hugh Jackman, Rooney Mara (2015, PG)

10.00 D **Deep in the Wood** ★★ A missing-child mystery deepens in this unpredictable Italian thriller. Filippo Nigro (2015)

11.40 Avengers: Age of Ultron Special Behind the scenes.

12 midnight Kite As 4.25pm **1.35am Hangar 10** As 2.55pm **3.10 4 Minute Mile** ★★★ Drama. Kelly Blatz (2014, 15) **5.00** Star Trek Beyond Special **5.30** Suicide Squad: Special

Premiere +1 *Sky* 302 *Virgin* 402

Greats

Sky 304 *Virgin* 404 *BT* 508 HD *Virgin* 434

6.55am Niagara ★★★★ (1953, PG) **8.40** The Top Ten Show **8.55 Crouching Tiger, Hidden Dragon** ★★★★★ (2000, 12) **11.00 Harry Potter and the Deathly Hallows: Part 1** ★★★ Fantasy. (2010, 12) **1.45pm Harry Potter and the Deathly Hallows: Part 2** ★★★★★ Fantasy. (2011, 12)

4.30pm The Mask ★★★★★ Stunning fantasy comedy. Jim Carrey, Cameron Diaz, Peter Riegert, Peter Greene (1994, PG)

6.00 Edward Scissorhands ★★★★★ Poignant comic fantasy. Johnny Depp, Winona Ryder, Dianne Wiest (1990, PG)

8.00 Smokey and the Bandit ★★★★ Smash-hit, freewheeling comedy. Burt Reynolds, Sally Field, (1977, PG)

9.40 Smokey and the Bandit II ★★★ Comedy sequel. Burt Reynolds, Jackie Gleason, Jerry Reed, Dom DeLuise (1980, PG)

11.25pm Smokey and the Bandit III ★ Dire sequel. Jackie Gleason (1983, 15) **12.55am The Thing** ★★★★ Sci-fi horror. (1982, 18) **2.45 Insomnia** ★★★★ Crime thriller. (2002, 15) **4.45 Robots** ★★★ Animation. (2005, U)

Comedy

Sky 308 *Virgin* 408 *BT* 506 HD *Virgin* 438

6.55am Valentine's Day ★★★ Comedy. (2010, 12) **9.05** The Top Ten Show **9.25 Alien Autopsy** ★★ Sci-fi comedy. (2006, 12) **11.10 Mr Woodcock** ★★ Comedy. Billy Bob Thornton (2007, 12) **12.50pm And So It Goes** ★★ Comedy drama. (2014, 12) **2.30** The Top Ten Show **2.45** As 8pm

4.40pm Nacho Libre ★★★ Goofy and endearing comedy. Jack Black, Ana de la Reguera, Hector Jiménez (2006, 12)

6.20 The Simpsons Movie ★★★★ Glorious feature-length outing. Dan Castellaneta, Julie Kavner (2007, PG)

8.00 Pixels ★★ Energetic sci-fi comedy. Adam Sandler, Kevin James (2015, 12)

10.00 Walk Hard: the Dewey Cox Story ★★★★ John C Reilly stars in this hilarious spoof. Jenna Fischer, Tim Meadows, Kristen Wiig (2007, 15)

11.45 Entourage ★★★ Comedy. Adrian Grenier (2015, 15) **1.35am Jackass: the Movie** ★★★ Comedy. (2002, 18) **3.10 Confetti** ★★ Comedy. (2006, 15) **4.55 The Curse of the Pink Panther** ★★ Comedy. (1983, PG)

Hits

Sky 303 *Virgin* 403 *BT* 504 HD *Virgin* 433

6.55am As 5.25pm **9.30** Despicable Me 2 ★★★ Drama based on a true story. Kerry Cornick, Jo Amos, Morgan Freeman, Nathan Gamble (2014, U) **11.30** As 8pm **1.20pm** As 9.45pm **3.10** As 11.40pm **5.25 Exodus: Gods and Kings** ★★★ Biblical epic with a modern edge. Christian Bale (2014, 12)

8.00pm John Wick ★★★★ Lean, action-packed revenge thriller starring Keanu Reeves as the title character, a former hitman looking for revenge. (2014, 15)

9.45 Dumb and Dumber To ★ Exceedingly dumb sequel. Jim Carrey, Jeff Daniels, Kathleen Turner, Rob Riggle (2014, 15)

11.40 Enemy of the State ★★★★ Tense thriller starring Will Smith as a lawyer who's forced to go on the run. Gene Hackman (1998, 15)

2.00am As Above, So Below ★★★ Serviceable spook story. Perdo Wheeler, Ben Feldman, Edwin Hodge, François Civil (2014, 15) **3.45** The Ten Show **4.00 Dolphin Tale 2** As 9.30am

Action/Adventure

Sky 307 *Virgin* 407 *BT* 503 HD *Virgin* 437

7.25am Sword of Vengeance ★★ Adventure. Stanley Weber (2015, 15) **9.00** As 5.50pm **11.15** As 8pm **1.10pm** As 9.50pm **3.15 Armageddon** ★★★ Sci-fi action adventure. Bruce Willis, Billy Bob Thornton (1998, 12) **5.50 Spider-Man 2** ★★★★ Fantasy action adventure. Tobey Maguire (2004, 12)

8.00pm Taken 3 ★★ Liam Neeson chases bad guys in this tired action threequel with great stunts but predictable twists. (2014, 12)

9.50 Everest ★★ Retelling of the tragic events that unfolded on the world's highest mountain in 1996. Josh Brolin, Jake Gyllenhaal (2015, 12)

11.55 The Outlaw Josey Wales ★★★★ Tough, sprawling and beautifully photographed western. Clint Eastwood, Sondra Locke, Chief Dan George (1976, 15)

2.15am Snakes on a Plane ★★ Action horror thriller. Samuel L Jackson, Julianna Margulies (2006, 15) **4.05 The Poseidon Adventure** ★★★★ Disaster movie. Gene Hackman (1972, PG)

Crime/Thriller

Sky 309 *Virgin* 409 *BT* 509 HD *Virgin* 439

6.00am All the President's Men ★★★★★ Thriller. (1976, 15) **8.30 Three Days of the Condor** ★★★★ Thriller. (1975, 15) **10.30 Stretch** ★★★ (2014, 15) **12.15pm Kidnapping Freddy Heineken** ★★ (2015, 15) **2.00 Grand Piano** ★★★ Thriller. (2013, 15) **3.45 Pawn** ★★ Thriller. (2013, 15)

5.25pm The Forger ★★ Heist caper. John Travolta, Christopher Plummer (2014, 15)

7.05 The Gambler ★★★ Swaggering, if occasionally crass, thriller remake. Mark Wahlberg (2014, 15)

9.00 Snatch ★★★ Cheeky but familiar follow-up to *Lock, Stock and Two Smoking Barrels*. Brad Pitt, Jason Statham, Dominic Del Toro (2000, 18)

10.45 Taken ★★★★ Liam Neeson is impressive in this gritty action drama. (2008, 15)

12.25am Standoff ★★ Thriller. Thomas Jane, Laurence Fishburne (2015, 15) **1.55 Pawn** As 3.45pm **3.25 Snatch** As 9pm **5.10 Angel Flight Down** ★★ Drama based on a true story. Patricia Kalember, David Charvet, Christopher Atkins (1996)

Key (S) Subtitles (SL) Signing (AD) Audio description

Disney

Sky 305 *Virgin* 405 *BT* 503 HD *Virgin* 435

6.15am As 1.55pm **7.50 A Goofy Movie** ★★ Animation. (1995, U) **9.15** As 5.20pm **10.55 101 Dalmatians** ★★★ Comedy adventure. Glenn Close (1996, U) **12.40pm** As 9.15pm **1.55 Mars Needs Moms** ★★ Animation. Seth Green (2011, PG) **3.30 Cars 2** ★★★ Animated comedy. Owen Wilson (2011, U)

5.20pm The Good Dinosaur ★★★★ Stunningly animated comedy adventure from Pixar. Raymond Ochoa, Jeffrey Wright (2015, PG)

7.00pm McFarland, USA ★★ Kevin Costner is perfectly cast as a football coach. Morgan Saylor (2015, PG)

9.15 Dumbo ★★★★★ Wonderful animated classic. Edward Brophy (1941, U)

10.30 Mickey, Donald, Goofy: The Three Musketeers ★★ OK animation. Wayne Allwine, Tony Anselmo (2004, U)

11.45pm Escape to Witch Mountain ★★★ Sci-fi adventure. (1975, U) **1.30am** As 7pm **3.50 Alexander and the Terrible, Horrible, No Good, Very Bad Day** ★★★ Comedy. (2014, PG) **5.15** As 7.50am

Drama/Romance

Sky 310 *Virgin* 410 *BT* 511 HD *Virgin* 440

6.25am Shadowlands ★★★★★ Drama. (1993, U) **8.40 The Last Song** ★★★ Drama. (2010, PG) **10.35 The Riot Club** ★★★ Drama. Sam Claflin (2014, 15) **12.30pm Two Night Stand** ★★ Comedy. Analeigh Tipton (2014, 15) **2.05** As 8pm **3.50 Marie Antoinette** ★★★ Drama. Kirsten Dunst (2006, U)

6.00pm Mamma Mia! ★★★★ Infectious musical romantic comedy. Meryl Streep, Colin Firth (2008, PG)

8.00 10 Things I Hate about You ★★★★ Smart update of *The Taming of the Shrew*. Heath Ledger (1999, 12)

9.45 Wild ★★★ This tale is gritty, but slightly overcooked. Reese Witherspoon, Laura Dern, Thomas Sadoski (2014, 15)

11.45 Little Children ★★★★ Excellently played but exploitative black comedy drama. Kate Winslet (2006, 15)

2.05am All ★★★ Stylish biographical boxing drama. Will Smith (2001, 15) **4.40 GI Blues** ★★★ Musical. Elvis Presley, Juliet Prowse (1960, U)

Select

Sky 312 *Virgin* 412 *BT* 510 HD *Virgin* 442

7.00am As 8pm **9.15 The Hustler** ★★★★★ Sports drama. Paul Newman, Jackie Gleason (1961, 15) **11.40** As 10.10pm **2.00pm An Affair to Remember** ★★★★ Romantic drama. Cary Grant, Deborah Kerr (1957, U) **4.00 Appaloosa** ★★★★ Marvellous western. Ed Harris, Viggo Mortensen, Renée Zellweger (2008, 15)

6.00pm The Drop ★★★ Tom Hardy and James Gandolfini star in a heist-gone-wrong drama that deviates from the expected plot path. Tom Hardy, Noomi Rapace (2014, 15)

8.00 Love & Mercy ★★★ Respectful biopic about Brian Wilson, the troubled co-founder of the Beach Boys. John Cusack (2014, 12)

10.30 Vanilla Sky ★★ Glossy but superficial romantic fantasy thriller. Tom Cruise, Penélope Cruz (2001, 15)

12.30am Four Corners ★★★ Gangland saga set in a South African township. Brendan Daniels (2013, 15) **2.35 Partisan** ★★★ Futuristic thriller. Vincent Cassel (2015, 15) **4.20 An Affair to Remember** As 2pm

Fairy Tales

Sky 306 *Virgin* 406 *BT* 505 HD *Virgin* 436

6.00am As 11.30pm **8.05** As 4.25pm **9.40** As 6.10pm **11.30** As 8pm **1.00pm** As 9.25pm **3.05 Fairytale: Story of the Seven Dwarves** ★★ Animated adventure. Joshua Graham (2014, PG) **4.35 Shrek** ★★★★ Animated fantasy comedy. Mike Myers, Eddie Murphy, Cameron Diaz (2001, U)

6.10pm Cinderella ★★★★ Lavish live action fairy tale. Lily James, Cate Blanchett, Helena Bonham Carter (2015, U)

8.00 The Little Mermaid ★★★★★ Delightful animated adventure. Jodi Benson, Rene Auberjonois (1989, U)

9.25 Into the Woods ★★★ Potent screen transfer of Stephen Sondheim's musical. Meryl Streep (2014, PG)

11.30 Ever After: a Cinderella Story ★★★★ Delightful reworking of the fairy tale. Drew Barrymore (1998, PG)

1.35am Fairytale: Story of the Seven Dwarves As 3.05pm **3.05** Neverland

Sci-Fi/Horror

Sky 311 *Virgin* 411 *BT* 507 HD *Virgin* 441

6.00am As 3.30pm **7.45** As 5.15pm **9.30 Self/Less** As 7pm **11.30 Jurassic Park** As 9pm **1.45pm Annabelle** As 11.15pm **3.30 Extraterrestrial** ★★ Sci-fi horror. Brittany Allen, Michael Pare (2014, 15) **5.15 Monster Hunter** ★★ Horror thriller. Kevin Durand, Lukas Haas (2014, 15)

7.00pm Self/Less ★★ Dark thriller in which a dying man transfers his consciousness to a younger man. Ryan Reynolds (2015, 15)

9.00 Jurassic Park ★★★★★ Thrilling fantasy adventure about a group of people trapped on an island populated by dinosaurs. Sam Neill, Laura Dern, Jeff Goldblum (1993, PG)

11.15 Annabelle ★★ Weak spin-off from horror *The Conjuring*. Annabelle Wallis, Ward Horton (2014, 15)

1.00am Pet Sematary ★★★ Horror. Fred Gwynne, Dale Midkiff, Denise Crosby (1989, 18) **2.50 Pet Sematary II** ★★ Horror. Anthony Edwards, Edward Furlong, Clancy Brown (1992, 18) **4.35 Project ALF** ★★ Sci-fi comedy. Miguel Ferrer (1996)

TCM

Sky 317 *Virgin* 415 *BT* 512 HD *Virgin* 446

6.55am Kung Fu **9.05 Jailhouse Rock** ★★★★ Musical drama. Elvis Presley (1957, U) **11.05 Elvis on Tour** ★★★ Documentary. (1972, PG) **12.50pm** Kung Fu **3.00 Gun Glory** ★★ Western. Stewart Granger (1957, U) **4.50 Guns for San Sebastian** ★★ Western. Anthony Quinn, Charles Bronson (1968, PG)

7.10pm To Trap a Spy ★★★ First, and one of the best, spin-offs from *The Man from UNCLE* TV show. Robert Vaughn, David McCallum (1966)

9.00 Mad Max ★★★★★ A tough, uncompromising cop battles psycho biker gangs in this inventive and very violent futuristic adventure. Mel Gibson (1979, 18)

10.50 The Last Boy Scout ★★★ Flashy buddy movie. Bruce Willis, Damon Wayans, Chelsea Field, Noble Willingham (1991, 18)

1.00am Conspiracy Theory **2.55** Hollywood's Best Film Directors **5.00 To Trap a Spy** As 7.10pm

TCM +1 *Sky* 318 *Virgin* 417

SPORT Choices

Spanish Football 10.00pm *Sky Sports 1* The first silverware of the domestic Spanish season will be handed over tonight following the second leg of the Super Cup, Barcelona v Sevilla at the Nou Camp. Of Barça's stellar trio of strikers, Luis Suárez was the dominant force last season, top scorer in La Liga with 40 goals – although having Messi and Neymar as company can't have been a hindrance. Sevilla are smart – if they got a good result in Sunday's first leg they could be stubborn. STEVE WALL

Sky Sports 1

Sky 401 *Virgin* 511 *BT* 402 HD *Virgin* 501

6.00am Football Gold **7.00** Wrestling **8.00** Premier League 100 Club (AD) **8.30** Premier League Years **10.30** Great Sporting Moments: double bill **11.00** Premier League Review **12 noon Premier League Legends 1.00pm Football Gold 2.00 PL Years: Man Utd's Treble** The 1998/9 season. (AD) **4.00 Premier League Review 5.00 Sporting Triumphs 6.00 Premier League Legends 7.00 Premier League World 7.30 Soccer Special 10.00 LIVE Spanish Football** Spanish Super Cup second leg, Barcelona v Sevilla at the Nou Camp (kick-off 10.00). **12.05am** Football Gold **12.30** Premier League Legends **1.00** Premier League World **1.30** Premier League Review **2.30** Football Gold **3.00** Premier League 100 Club **4.00–6.00am** Premier League Years (AD)

Sky Sports 2

Sky 402 *Virgin* 512 *BT* 403 HD *Virgin* 502

6.00am Cricket Classics (AD) **7.30** Cricket's Greatest (AD) **8.00** Cricketing Yorkshire **10.00** Cricket's Greatest (AD) **11.00** Cricket Classics **12 noon** Cricket's Greatest (AD) **2.00pm LIVE One-Day Cricket** A quarter-final match in the One-Day Cup, a 50-overs-a-side domestic competition. **10.00** More than a Game **10.30** Great Sporting Moments **11.00** Cricket Classics (AD) **12 midnight** Cricket's Greatest (AD) **4.00am** Cricket Classics (AD) **5.00–6.00am** Cricket's Greatest (AD)

BT Sport 1

Sky 413 *Virgin* 531 *BT* 400 HD *Virgin* 527 *BT* 430

6.00am Bowls **7.00** Australian Rules Football **1.00pm** Tennis **4.00 LIVE Tennis** WTA Cincinnati Open, third-round matches on day three of this Premier-rated outdoor hardcourt tournament. **2.00am** World Rally **2.30** Scottish Football **3.00–6.00am** Classic MotoTD

Sky Sports 3

Sky 403 *Virgin* 513 HD *Virgin* 503

6.00am Darts Gold (AD) **7.00** Boxing Gold **8.00** Tennis **9.00** Sporting Greats **10.00** Sporting Heroes (AD) **11.00** Racing News **11.30** Darts Gold (AD) **12 noon Time of Our Lives** Golfers share their Ryder Cup memories. (AD) **1.00pm Tennis** From Cincinnati **2.00 Boxing Gold 3.00 Tennis** From Cincinnati **4.00 LIVE Tennis** The ATP Cincinnati Masters, day three of the tournament, featuring third-round matches. Roger Federer was the champion last year, but is unable to defend his title because of injury. More at 12 midnight. **10.00 Darts Gold** (AD) **11.00 Sporting Greats** (AD) **12 midnight LIVE Tennis** Continuing coverage from the third day of the ATP Cincinnati Masters, an outdoor hardcourt event. **3.30am** Sporting Greats (AD) **4.00** Sporting Heroes (AD) **5.00–6.00am** Time of Our Lives (AD)

Sky Sports 4

Sky 404 *Virgin* 514 HD *Virgin* 504

6.00am PGA Tour Classic **7.00** Wonderful World of Golf **10.00** EuroPro Tour Golf **12 noon** Golfing World **12.30pm** Sporting Greats (AD) **1.00** PGA Tour Classic **2.00** EuroPro Tour Golf **4.00** Golf: the World Kids Golf Championship **5.00** PGA Tour Classic **6.00** Inside the PGA Tour **6.30** Euro Tour Weekly **7.00** Golf **8.00** US Senior Open Golf **9.00** Golf **11.00** Euro Tour Weekly **11.30** Inside the PGA Tour **12 midnight** EuroPro Tour Golf **2.00am** Golf **2.30** Euro Tour Weekly **3.00** US Senior Open Golf **4.00** Golfing World **4.30–6.00am** Wonderful World of Golf (AD)

BT Sport 2

Sky 414 *Virgin* 532 *BT* 401 HD *Virgin* 528 *BT* 431

6.00am Fishing **7.00** Classic MotoTD **10.00** Scottish Football **10.30** Game of the Week **11.00** Global Goals **11.15** MotoGP **11.30** Speedway: Sweden Grand Prix **1.30pm** Fernando Nation (AD) **2.30** MotoGP **4.00** Premier League Football **5.30** Last Week, This Week **6.00** Scottish Football **6.30** Premier League World **7.00 LIVE Champions League Football** Coverage of a play-off round first-leg match, with a place in the group stage at stake. **10.00** Bad Blood: Diaz v McGregor **11.00** UFC: Beyond the Octagon **11.30** Premier League World **12 midnight** No Mas (AD) **1.30am** Bad Blood: Diaz v McGregor **2.30** UFC: double bill **3.30** German Football **5.00–6.00am** MotoGP

Eurosport 1

Sky 410 *Virgin* 520 *BT* 412 HD *Virgin* 522 *BT* 435

7.20am Going for Gold **7.30** Triathlon **8.30** Tour de France **9.30** Cycling **12 noon** British Superbikes **2.00** Motorcycling: Cock of the North **3.00** Snooker **5.00** Cycling **6.00** Going for Gold **6.15** News **6.20** Cycling **7.20** Going for Gold **7.25** British Superbikes **9.25** News **9.30** Going for Gold **9.35** Cycling **9.50** Going for Gold **9.55** Snooker **11.55** Boxing: Bill Hermer v Pat O'Sullivan, Queensbury League **12.55–1.00am** Eurosport News

BT Sport 3

Sky 417 *Virgin* 533 *BT* 402 HD *Virgin* 529 *BT* 432

6.00am Champions League Football **11.00** French Football **12 noon** Champions League Football **12.30pm** Hockey World **1.00** Champions League Football **6.00** Game of the Week **6.30** Champions League Football **7.00** MotoGP **7.15** Motorcycling **7.45 LIVE Champions League Football** A play-off first-leg match. **9.45** MotoGP **10.45** Speedway **11.45** Last Week, This Week **12 midnight** Champions League Football **5.00–6.00am** Fishing

Eurosport 2

Sky 411 *Virgin* 521 *BT* 413 HD *Virgin* 523 *BT* 436

5.15am LIVE Test Cricket Sri Lanka v Australia, the fifth and final day of the Third and last Test, from the Sinhalese Sports Club Ground in Colombo. More at 8.10am. **7.30** Ultramarathon **8.00** Watts **8.10 LIVE Test Cricket** Sri Lanka v Australia, the middle session on day five of the Third Test. **10.10** News **10.25** Going for Gold **10.30 LIVE Test Cricket** The third and last Test between Sri Lanka and Australia concludes on day five in Colombo. **12.30pm** Cycling **1.00** Triathlon **1.30** News **1.35** Going for Gold **1.40** Watts **2.00** Speedway **3.30** World Superbikes **5.30** Speedway **7.00** Snooker **9.00** Boxing **10.00** Cycling **12 midnight** News **12.10am** Motorcycling **12.25** Going for Gold **12.30–6.00am** News

BT Sport//ESPN

Sky 435 *Virgin* 534 *BT* 411 HD *Virgin* 530 *BT* 433

6.00am Pardon the Interruption **6.30** Around the Horn **7.00** Pardon the Interruption **7.30** Around the Horn **8.00** American Football **8.30** Major League Baseball **11.30** Around the Horn **12 noon** ESPN FC **12.30pm** Pardon the Interruption **1.00** American Football **1.30** Major League Baseball **4.30** Australian Rules Football **5.30** American Football **6.00** Last Week, This Week **6.30** ESPN FC **7.00 LIVE Major League Baseball** Houston Astros against St Louis Cardinals (start time 7.10). **10.00** Australian Rules Football **11.00** Last Week, This Week **11.30** American Football **12 midnight LIVE Major League Baseball** Coverage of a top game. **3.00am** Major League Baseball: news and action **4.00** Australian Rules Football **5.00–6.00am** Major League Baseball

Puzzles Are you an Egghead or will you end up Pointless? Take our brainteasers Your RT p147/149

THURSDAY Choices

BROTHERS BOLT Jonny (26) and Alistair Brownlee (28) will put out all the stops

PICK OF THE DAY **Men's Triathlon** *3.00pm* ***BBC1***

OK, they wear "tri-suits" that make them look a tiny bit like the Thompson Twins from Tintin on a trip to the beach, but the Brownlee brothers are deadly serious. "I just love being in pain" is how Alistair explained his training psychology in a BBC documentary recently. "It would seem quite strange to a lot of people, that you could actually enjoy physically hurting yourself," he admitted, before comparing the rigours of training to a kind of mental escapism.

That escapism has made him the reigning Olympic, European and Commonwealth champion in his event (which involves, remember, a 1500m swim followed by a 40km bike ride, rounded off with a 10,000m run). Barring injuries, he will be favourite today, but younger brother Jonny, who took bronze in 2012, will be hot on his heels. He has beaten Alistair on his day and with rival Javier Gomez out of the running, a fraternal showdown is on the cards. **DAVID BUTCHER**

Diving: Women's 10m Platform

8.00pm ***BBC1***

Here are some terrifying numbers for you. From the 10m platform, divers spend just under three seconds in the air – and hit the water at over 30mph. During competition, bubble machines operate in the water to decrease its surface tension, helping cushion the impact should anything go wrong.

Tom Daley may be the centre of attention in the British team, but he's not the only one to watch in Brazil. Tonia Couch, participating in her third Olympic Games, won silver at this year's European Championships. However, there she didn't have to contend with the dominant Chinese, who are targeting a clean sweep of all eight diving golds. **JAMES GILL**

Taekwondo: Women's -57kg

2.00am ***BBC1***

In 2012, Jade Jones had the whole ExCel arena behind her as she defeated China's Yuzhuo Hou to win Britain's first ever taekwondo gold, becoming Britain's youngest gold medallist of the Games at 19. Rio will be very different, although arguably even more of a culture shock for the Korean and Chinese athletes who have dominated this ancient martial art.

The sport encourages quick thinking and reactions over sheer strength, with the majority of points landed on the counter attack.

That said, there's nothing defensive about Jones's style. She's known as the "Headhunter" for good reason. **JG**

Athletics: Men's 200m Final

2.30am ***BBC1***

If Jamaica's Usain Bolt has done the business in the 100m late last Sunday, there's no excuse not to set an alarm for tonight's 200m final. After all, you don't want to sleep through history.

Sometimes it seems Bolt will never run out of records to break, but this one really is one for the ages. The treble treble? Gold medals at 100m, 200m and 4x100m relay in three successive Olympic Games? Individual world records are made to be broken, but dominance on that scale is built to last. Not that we're racing to conclusions **JG**

Usain Bolt: page 8

OTHER GOLDS TODAY

ATHLETICS Men's 400m Hurdles *4pm*, Men's Shot Put *12.30am*, Men's Decathlon 1500m *1.45am*, Women's Javelin *1.10am*, Women's 400m Hurdles *2.15am* **BADMINTON** Women's Doubles *5pm* **BEACH VOLLEYBALL** Men's *4am* **BOXING** Men's Light Heavyweight *7.30pm* **CANOE SPRINT** Men's K2 1,000m *1pm*, Men's C1 200m *1.15pm*, Men's K2 200m *1.39pm*, Women's K1 500m *2.03pm* **HOCKEY** Men's *9pm* **SAILING** Men's 49er FX *5pm*, Women's 49er FX *6pm* **TAEKWONDO** Men's -68kg *2.15am* **WRESTLING** Women's Freestyle -53kg *9.05pm*, Women's Freestyle -63kg *9.50pm*, Women's Freestyle -75kg *10.35pm*

TONIGHT'S HIDDEN GEM

Harry Price: Ghost Hunter

8.00pm ***ITV Encore***

Harry Price was a real life 1920s ghost-buster and exposer of fraudulent clairvoyants who will forever be linked to the notorious goings-on at Borley Rectory. In this 2015 dramatisation of Neil Spring's engaging novel *The Ghost Hunters*, Harry (excellent Rafe Spall), is approached by an anxious MP, Sir Charles Harwood, whose troubled and unhappy wife is plagued by a mysterious figure.

The Supervet: Bionic Specials

8.00pm ***C4***

DOCUMENTARY "I won't ever pick up a scalpel blade unless I believe morally, ethically and in the welfare interests of that dog, it's the right thing to do," says Noel Fitzpatrick. But he's also determined to push boundaries, and is pioneering regenerative medical procedures. It's the stuff of science fiction.

Tonight, for example, he repairs the damaged cartilage in Flo's shoulder with a plug of living cells he's harvested from her. Then he collects bone marrow cells from Izzy to inject into her broken leg, where he hopes they will grow around a customised implant to form new bone. "It's the perfect marriage of bio-mechanics and biology." **JR**

The 80s with Dominic Sandbrook

9.00pm ***BBC2***

DOCUMENTARY Dominic Sandbrook, looking, as always, like a comfortable owl on a day trip, reaches the end of his trot through the decade. We arrive at 1990, with its poll tax riots, Gazza-mania and the end of Margaret Thatcher's rule.

But first we rush headfirst into the privatisation of British Telecom, the rise of the yuppie, personified by Del Boy in *Only Fools and Horses*, the Big Bang, popular capitalism and its dark shadow, homelessness.

But it's not all gloom – Ikea arrived with its meatballs and cheap furniture, as did raves, the Channel Tunnel and Neil Kinnock falling into the sea. Some things never get old...

ALISON GRAHAM TV EDITOR

Don't Tell the Bride

9.00pm ***Sky1***

REALITY Why must the grooms in this series go high-concept on the wedding themes? We don't need fancy dress or frills to detract from the raw marvel of male miscalculation. Tonight, shy Adriana looks forward to an intimate ceremony, while her fiancé Robert, an attentive listener and eager to please, invites hundreds of guests to an "African royalty"-themed bash. **SARAH CARSON**

Secrets of a Police Marksman

10.00pm ***C4***

DOCUMENTARY OF THE WEEK This would be extraordinary viewing at any time, but with the announcement of 1,500 new armed police to be deployed across Britain, it's sharply topical too. Tony Long, a firearms officer with the Metropolitan Police for 25 years, talks with confessional frankness about his career, during which, in the course of duty, he shot five people, killing three of them.

How incidents unfolded is powerful to hear from the man himself – not least because for the last, he ended up on a murder charge. There's also a fascinating discussion with an ageing former armed robber. **DB**

See feature: page 27

ON THE RAILS Ruth Goodman, Peter Ginn and friends explore Devon's branch lines

Full Steam Ahead

8.00pm ***BBC2***

DOCUMENTARY Archaeologists Alex Langlands and Peter Ginn are very clever blokes but images of Laurel and Hardy keep popping in to my mind when they're together. There's definitely a comic air as they lark about during the eye test they must pass if they're to be a steam train driver. Even more so when they have a go at "token passing", introduced to prevent trains on the same track colliding.

In this edition they tell us about the branch lines – the small railways that connected rural towns and villages with the main lines. Used primarily for transporting goods, they turned cottage industries and regional produce – such as Scotch whisky – into global businesses, until, in the 1960s, Dr Richard Beeching scrapped 6,000 miles of rural lines and closed 2,000 stations. **JANE RACKHAM**

SEE P142 Travel

DISCOVER TV PICK

Today's best of BBC3, iPlayer, Netflix and beyond

New Zealand: Earth's Mythical Islands

iPlayer

The otherworldliness of NZ is exploited beautifully here, as cameras visit the penguins, dolphins, reptiles and insects who have happily ploughed their own zoological furrow since the islands separated from the rest of Earth's land mass 80 million years ago.

CHILDREN'S CHOICE

Blue Peter

5.00pm ***CBBC***

Radzi meets the cast of the new *Swallows and Amazons* film, Barney goes drone racing, and Lindsey explores a Victorian sewer.

■ **Hank Zipzer** *4.30pm* ***CBBC***
A move to New York's on the cards – what will it mean for Hank and his friends?

MORE LIVE SPORT

■ **Cricket: West Indies v India, Fourth Test, day one** *2.55pm* ***SS5*** Ravichandran Ashwin could torment the Windies with off-spin.
■ **Cincinnati Tennis, last-16** *4pm*: ***ATP SS3; WTA BT1***
■ **Europa League, play-off round, first leg** *7pm* ***BT Sport 2***
■ **Super League Super 8s: Hull FC v Catalans Dragons** *7.30pm (k/o 8pm)* ***Sky Sports 1***

FILM OF THE DAY

Titan AE

8.00pm ***Syfy***

A top-flight cast add their voices to this animated sci-fi drama about life after Earth's destruction. **See page 38**

GETTY FX

THURSDAY Main Channels

BBC1

6.00am Olympic Breakfast
Presented by Naga Munchetty and Sally Nugent. Replay of last night's action from 9.15am on BBC2, followed by live coverage of canoe sprint finals and the decathlon 110m hurdles. (S) (HD)

9.15 Countryside 999
A road traffic collision in Durham. (R) (S) (AD) (HD)

10.00 Homes under the Hammer
Properties about to be auctioned in Staffordshire, Norfolk and Croydon, south London. (R) (S) (AD) (HD)

11.00 Wanted Down Under
Sampling life in Australia or New Zealand. (R) (S) (AD) (HD)

11.45 The Housing Enforcers
An officer gives a masterclass in mediation.
Repeated tomorrow 7.45am BBC2 (Revised rpt) (S) (HD)

12.15pm Bargain Hunt
Antiques experts Jonathan Pratt and Kate Bliss head to London's bustling Portobello Road. (R) (S) (AD) (HD)

1.00 BBC News Regional News; Weather (S) (HD)

1.45–6.00 Olympics 2016

1.45 Athletics, Triathlon and Sailing
Great Britain's Brownlee brothers, Alistair and Jonny, go for gold in the men's triathlon. Their chances have been improved by the withdrawal through injury of Javier Gómez, although his fellow Spaniard Mario Mola will be a threat. **See choice, page 94.**
In the women's 49er medal race, the British contestants are Charlotte Dobson and Sophie Ainsworth, but Brazil's Martine Soffiatti Grael and Kahena Kunze are very much favoured to win a popular home gold.
Introduced by Hazel Irvine, with Gabby Logan, Jonathan Edwards and Shirley Robertson. (S) (HD)
Athletics
1.55 Men's shot put qualifying
2.00 Women's high jump qualifying
2.25 Decathlon discus, Group A
Commentary by Steve Cram, Brendan Foster, Andrew Cotter and Steve Backley. Athletics continues on BBC4.
Triathlon
3.00 Men's triathlon
Commentary from Matt Chilton and Annie Emmerson.
Sailing
5.00 Women's 49er medal race
Commentary by Niall Myant and Ian Walker. Switch to BBC2 at 6pm for boxing; the women's flyweight semi-finals and the men's bantamweight division.

6.00 BBC News Weather (S) (HD)

6.30 Regional news magazines (S)

7.00–7.30 Olympics 2016

7.00 Olympics Round-up
Clare Balding presents the best of the day's action so far, including live boxing and the men's middleweight semi-finals. Britain's Anthony Fowler, the reigning Commonwealth champion, could be a contender. Switch to BBC2 at 7.30pm for boxing and the men's light-heavyweight final, plus women's taekwondo. (S) (HD)

7.30 EastEnders
Shirley heads off to the court to give evidence in Dean's trial, while Buster feels she is pushing him away.
Shirley Carter **Linda Henry**, Andrew 'Buster' Briggs **Karl Howman**, Lauren Branning **Jacqueline Jossa**, Carmel Kazemi **Bonnie Langford**, Sylvia Carter **Linda Marlowe**, Jack Branning **Scott Maslen**, Whitney Dean **Shona McGarty**, Belinda Peacock **Carli Norris**, Johnny Carter **Ted Reilly**, Les Coker **Roger Sloman**, Fiona Cotton **Tom Pepper**, Mr Lister **Tracey**, Judge **Clerk of the court**, Forewoman **Gillian Taylforth**, **Ellen Thomas**, **Rudolph Walker**, **Arian Chikhlia**, **Nick Wilton**, **Tristam Summers**, **Jane Slaughter**, **Geoffrey Beevers**, **Andrea Gordon**, **Nicola Weeks**
Writer Kathrine Smith. Further cast on Monday. Satellite and cable viewers can watch a repeat at 10pm on 1N (S) (AD) (HD)

8.00–10.00 Olympics 2016

8.00 Diving and Hockey
The women's 10m platform final could feature Britain's Tonia Couch and Sarah Barrow, up against North Korean world champion Kim Kuk-hyang and Ren Qian of China. **See choice, page 94.**

Taekwondo 2.00am Defending her gold in the women's -57g, GB's Jade Jones is a clear favourite, but she won't want a repeat of last year's World Championships when she exited the competition at the quarter-final stage

There's also the start of the men's hockey gold medal match. Coverage continues on BBC2 at 10pm. Presented by Clare Balding. (S) (HD).
Diving
8.00 Women's 10m platform final
Commentary by Bob Ballard and Leon Taylor.
Hockey
9.00 Men's final
Matt Chilton, Simon Mason and Mel Clewlow commentate.

10.00 BBC News Regional News Weather (S) (HD)

10.45–5.00am Olympics 2016

10.45 Olympics Round-up
Mark Chapman and Clare Balding present highlights including the latest from the men's hockey final. (S) (HD)

11.15 Basketball and Handball
Highlights from the semi-finals. (S) (HD)

12 midnight–5.00am Athletics, Taekwondo, Handball and Beach Volleyball
Jamaican superstar Usain Bolt is likely to take centre stage – for less than 20 seconds – in the men's 200m final. **See choice, page 94.**
Scotland's Eilidh Doyle could be a medal hopeful in the women's 400m hurdles, while the decathlon concludes with the 1500m.
In the taekwondo, Jade Jones won gold at London 2012 and it's to be hoped she's in the final of the women's -57kg category. **See choice, page 94.**
The night ends with the men's beach volleyball final. Jason Mohammad presents, with Gabby Logan. (S) (HD)
Athletics
12.30 Men's shot put final
12.45 Men's 1500m semi-finals
1.10 Women's javelin final
1.15 Women's 800m semi-finals
1.45 Decathlon 1500m
2.15 Women's 400m hurdles final
2.30 Men's 200m final
Steve Cram, Brendan Foster, Andrew Cotter and Steve Backley commentate. Analysis from Michael Johnson, Denise Lewis, Paula Radcliffe and Colin Jackson.
Taekwondo
2.00 Women's -57kg final
Beach Volleyball
4.00 Men's final

5.00am Weather for the Week Ahead (S) (HD)

5.05–6.00am BBC News (S) (HD)

Freeview 1 Freesat 101 Sky 101 Virgin 101
HD BBC1 HD Freeview 101 Freesat 106 Sky 115 Virgin 108

BBC4

1.00pm–2.00am Olympics 2016

1.00pm Badminton and Athletics
There will be British interest on the track this afternoon in the sprint relay heats. The men's 400m hurdles final takes place and the decathlon competition moves towards its conclusion.
The gold medal will be decided in the badminton women's doubles at the Riocentro.
Ore Oduba presents, with Gabby Logan. (S) (HD)
Badminton
12.30 Women's singles semi-finals
2.30 Women's doubles bronze medal match
3.30 Men's doubles bronze medal match
4.30 Women's doubles gold medal match
Athletics
3.20 Women's 4x100m, round one
3.40 Men's 4x100m, round one
3.40 Decathlon discus, Group B
4.00 Men's 400m hurdles final
5.25 Decathlon pole vault

5.30 BMX Cycling
The men's quarter-finals from the Olympic BMX Centre, with coverage of three runs. Liam Phillips and Kyle Evans are the British representatives for this competition. (S) (HD)

6.00 Sailing
In Guanabara Bay, it's the climax of the men's 49er sailing class, with Britain's Dylan Fletcher and Alain Sign, who won bronze at the World Championships, possibly in contention. Presented by Dan Walker, with Shirley Robertson. (S) (HD)

7.00 Basketball, Handball and Freestyle Wrestling
The semi-final stage has been reached in the women's basketball at Arena 1 of the Carioca and the women's handball at the Future Arena. There's also coverage of the finals in the women's freestyle wrestling at Arena 2 of the Carioca. (S) (HD)
Basketball
7.00 First women's semi-final
Handball
7.30 First women's semi-final

11.00–2.00am Basketball
Live semi-final coverage of the women's basketball at Arena 1 of the Carioca. The sport has traditionally been dominated by the USA and the Americans are the reigning Olympic champions. (S) (HD)

2.00am Britain on Film: The World of Work How British working lives were transformed during the 1960s. (R) (S)
2.30 Sounds of the Seventies Including performances by Neil Young, Joni Mitchell and James Taylor. (R) (S)
3.00–4.00am Burma, My Father and the Forgotten Army Griff Rhys Jones meets African and Asian soldiers. (R) (S) (SL)

Freeview 9 Freesat 110 Sky 116 Virgin 107
HD BBC4 HD Freeview 106 Freesat 107 Virgin 163

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- Viewers with internet-connected TVs and set-top boxes, and Virgin subscribers, can watch every moment of live sport, via Red Button +

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BBC2

6.00am Paul Martin's Handmade Revolution Paul Martin travels to St Ives in Cornwall to learn about the traditions of studio pottery. (R) (S) (HD)
6.45 Homes under the Hammer Properties in Middlesex, Cumbria and Kent. (R) (S) (HD)
7.45 The Housing Enforcers A pensioner needs help. Shown yesterday 11.45am BBC1 (S) (HD)
8.15–9.15 Sign Zone **New Zealand: Earth's Mythical Islands 3/3.** A caving expedition reveals relics of the nation's pre-human past. (R) (S) (AD)
9.15 Olympics 2016 Highlights Action from day 12, which included the women's 100m hurdles and 200m finals. (S) (HD)
1.00pm Olympics 2016 Three finals in the canoe sprint, plus day two of the decathlon. Athletics continues on BBC1. (S) (HD)
1.45 Red Rock Sean is obliged to change his tune with Keith Kiely. (S) (AD) (HD)
2.30 The Edge Game show. (R) (S) (HD)
3.10 Escape to the Country A London couple search for a new home in Cornwall. (R) (S) (AD) (HD)
4.00 The Great Antiques Map of Britain An eclectic mix of Glaswegian antiques. (R) (S) (HD)
4.30 Flog It! At Longleat in Wiltshire. (R) (S) (HD)
5.15pm Pointless
Quiz show with Alexander Armstrong. (R) (S) (HD)
6.00 Olympics 2016
The men's and women's boxing semi-finals continue, with the women's flyweight boxers at **6.00**, followed by the men's bantamweight division at **6.30**. (S) (HD)
7.00 Eggheads
Jeremy Vine hosts the weekday quiz.
Executive producers Andy Culpin and Rob Bean (S) (HD)
7.30 Olympics 2016
Featuring the men's light-heavyweight boxing final at **7.30** and the women's -57kg taekwondo quarter-finals. (S) (HD)
8.00 Full Steam Ahead
RT **5/6.** On the South Devon Railway, Peter Ginn finds out why it is important to keep one eye closed when shovelling coal and Ruth Goodman discovers how the railways came to the rescue when a deadly disease swept through the cattle herds. Plus the story of the young Welsh entrepreneur who became the first person to introduce mail-order catalogues – thanks to trains. **See page 95.**
Producers Emma Rardle-Caprez and Georgina Stewart
Series director Stuart Elliott (S) (AD) (HD)
Your RT Travel: page 142
9.00 The 80s with Dominic Sandbrook
RT **3/3. World in Motion.** The decade's end brought increased affluence for some, as yuppies splashed their cash on designer continental goods. But not everybody was sharing the profits and the riots against the community charge were just one sign of a growing disconnection from the political elite. And time was nearly up for Margaret Thatcher, the architect of so much change. **See page 95.**
Director/Producer Jacqui Farnham (S) (AD) (HD)
10.00 Olympics 2016
Clare Balding introduces continued coverage of the men's hockey final, joining the match in progress. (S) (HD)
10.45 Newsnight With Kirsty Wark. (S) (HD)
11.15 Weather (S) (HD)
11.20 An Hour to Save Your Life
2/4 Series 3. Jacqueline is involved in a car accident that leaves her with a severe skull fracture. **See choice, page 75.**
Shown Tuesday 9pm (S) (AD) (HD)
12.20am Exodus: Our Journey to Europe 3/3 Hossam's attempts to get to the UK are thwarted. (R) (S) (AD) (HD)
1.20–3.30am Sign Zone **1.20 Fake or Fortune?** A painting that may be the work of Lucian Freud. (R) (S)
2.20 Rhod Gilbert's Work Experience 2/4. Rhod attempts to host a paranormal evening. (R) (S)
2.50 Horizon: Should We Close Our Zoos? Liz Bonnin reports on issues concerning zoos. (R) (S)

Freeview 2 Freesat 102 Sky 102 Virgin 102
HD BBC2 HD Freeview 102 Freesat 102 Sky 102 Virgin 102

ITV

6.00am Good Morning Britain (S) (HD)
8.30 Lorraine Showbiz news and fashion. (S) (HD)
9.25 The Jeremy Kyle Show (R) (S) (HD)
10.30 This Morning Celebrity chat and lifestyle features, including **Regional Weather** (S) (HD)
12.30pm Loose Women Topical discussion. (S) (HD)
1.30 ITV Lunchtime News Regional News; Weather (S)
2.00 Judge Rinder Real-life cases. (R) (S) (HD)
3.00 Secret Dealers A large hoard of gold and silver trinkets. (R) (S) (HD) Then **Regional Weather**
4.00 Tipping Point Game show. (R) (S) (HD)
5.00pm Alphabetical
4/10. Quiz hosted by Jeff Stelling. (HD)
6.00 Regional News Weather (S)
6.30 ITV Evening News Weather (S)
7.00 Emmerdale
The pressure is mounting on Belle. Continues 8pm.
Belle Dingle **Eden Taylor-Draper**, Moira Dingle **Natalie J Robb**, Cain Dingle **Jeff Hordley**, Leyla Harding **Rory Stultoff**, Victoria Sugden **Isobel Hodgins**, Zak Dingle **Steve Halliwell**, Megan Macey **Gaynor Faye**, Pearl Lockhart-Banks **Meg Johnson**, Rhona Hide **John McArdle**, Rakesh Kotecha **Pasha Bocarie**, Lisa Dingle **Jane Cox**, Marlon Dingle **Mark Charnock**, Rhona Goskirk **Robert Sugden**, Olivia Flaherty **Rachel Shenton**, Rodney Blackstock **Patrick Mower**, Ross Barton **Michael Parr**, Pete Barton **Anthony Quinlan**, Sam Dingle **James Hooton**, Samson Dingle **Sam Hall**, PC Hayes **John Weaver**, Doctor **Neil Reidman**, Nurse **Danielle Chin**, Police officer **Dana Kaejoo**, **Zoe Henry**, **Ryan Hawley**, **Isobel Steele**, **Patrick Mower**, **Michael Parr**, **Anthony Quinlan**, **James Hooton**, **Sam Hall**, **John Weaver**, **Neil Reidman**, **Danielle Chin**, **Dana Kaejoo**
Writer Isobel Cameron. More cast Tuesday
Repeated ITV2 tomorrow 8am and 12.15pm (S) (AD) (HD)
7.30 Real Stories with Ranvir Singh
6/6 Series 2. Two years ago, Melissa Tennant's twin sister died of cystic fibrosis when she was 21. The evening before Nicole's funeral, Melissa found a bucket list on her sister's laptop, and ever since she has been ticking off the items as a tribute. Tonight's report tells Melissa's story and follows her as she prepares to fulfil her sister's final wish – that she should get married.
Directors/Producers Catherine Morgan, Gregor Stewart and John Willetts (S) (HD)
8.00 Emmerdale
A shocking revelation leaves the Dingles reeling.
Writer Isobel Cameron
Repeated ITV2 tomorrow 8.30am and 12.45pm (S) (AD) (HD)
8.30 The Cruise
2/6. Captain Ed Perrin faces the tricky task of navigating the Regal Princess safely through hundreds of islands in Stockholm's archipelago. On the entertainment team, injury strikes Dulcie, whose woes are compounded by partnering a new recruit who doesn't know the routines.
Series director Adam Hopkins
Series producer Cathy Sexton (R) (S) (HD)
9.00 Paul O'Grady's Animal Orphans
The presenter continues his travels in Zambia, where he is reunited with Nkala, the elephant calf he looked after on his last visit. At Naankuse Wildlife Sanctuary in Namibia Paul meets Joris, a five-month-old cheetah cub, and releases two leopard tortoises back into the wild before taking part in a healing dance with indigenous hunter-gatherers who live in harmony with nature.
Director Jill Wensley; Exec producer Mark Scantlebury (R) (S) (HD)
10.00 ITV News at Ten
Weather; Regional News and Weather (S)
10.45 Drive
5/5. It's the final, and the celebrities must put pedal to metal in their bid to be crowned Drive Champion. Their final challenge is to take the wheel of an F4 racing car for a high-speed showdown with their rivals. Vernon Kay hosts.
Executive producers Dan Adamson, Melanie Leach and Andrew Mackenzie-Beltz; Series editor Mic Patten (R) (S) (HD)
11.45 Murder, She Wrote
Film Fiam. A young movie buff is found dead. James Caviezel guest-stars. (R) (S) (AD) (HD)
12.35am Jackpot247 Interactive gaming.
3.00 Nightscreen Text information. (HD)
5.05–6.00am The Jeremy Kyle Show (R) (S) (SL)

Freeview 3 Freesat 103 Sky 103 Virgin 103
+1 Freeview 33 Freesat 112 Sky 131 Virgin 114
HD ITV HD Freeview 103 Freesat 711 Sky 178 Virgin 103

Channel 4

6.15am 3rd Rock from the Sun (R) (S) (AD)
7.05 Everybody Loves Raymond (R) (S)
8.00 Frasier Double bill. (R) (S) (AD)
9.00 The Big Bang Theory (R) (S) (AD) (HD)
10.00 The Simpsons Triple bill. (R) (S) (AD)
11.30 Come Dine with Me (R) (S) (HD)
Including **News** at 12 noon (S) (HD)
1.35pm LIVE Racing Day two of the Ebor Festival from York, featuring the Yorkshire Oaks at **3.40**. Plus other starts at **1.55**, **2.30** and **3.05**. (S) (HD)
4.00 Four In a Bed (R) (S) (HD)
5.00 Couples Come Dine with Me
Three duos in Hull compete. (R) (S) (HD)
6.00pm The Simpsons
Bart Gets a Z. Bart's mischief causes Mrs Krabappel to get fired. (R) (S) (AD) (HD)
6.30 Hollyoaks
Grace finds a reminder of the past.
Grace Black **Tamara Wall**, Lisa Loveday **Rachel Adedeji**, Mamie Nightingale **Lysette Anthony**, Nancy Osborne **Jessica Fox**, Nathan Nightingale **Jared Garfield**, Ryan Knight **Duncan James**, Scott Drysdell **Ross Adams**, Sid McQueen **Kieron Richardson**, Tegan Lomax **Jessica Ellis**
Writer Richard Burke. More cast Tuesday. Shown yesterday 7pm E4. Repeated tomorrow 6.45am E4. The next episode follows on E4 (S) (AD) (HD)
7.00 Channel 4 News
Sport; Weather (S) (HD)
8.00 The Supervet: Bionic Specials
RT *2/4 Series 7.* An Italian spinone has a hole in its shoulder bone, and a border collie is in constant pain from a leg which was broken. **See p95.**
Series director Phil Broadhurst; Exec producer Alex Sutherland. Rptd tomorrow 8pm 4seven (S) (AD) (HD)
9.00 999: What's Your Emergency?
Ep 7 Series 3. In Crewe, PC Matt Ambrose visits an elderly woman who has had nearly £10,000 of her life savings stolen from her bank account.
Series director Jim Incledon; Series producer Jo Abel
Repeated 11.40pm 4seven (S) (HD)

DOCUMENTARY OF THE WEEK

10.00 Secrets of a Police Marksman
RT Tony Long, a police marksman who has been deployed on hundreds of dangerous operations, reveals what it is like to kill in the line of duty. **See p95.**
Director Patrick Dickinson; Executive producer Paul Blake. Repeated tomorrow 2.55am 4seven (S) (HD)
See feature: page 27
11.05 Ramsay's Hotel Hell
Ep 8 Series 3. The chef visits a failing multi-million-dollar hotel in Ohio, set in an 1100-acre woodland estate. (S) (AD) (HD)
12.05am Naked Attraction *Ep 4.* Sapphire and Kieron. Shown Monday 10.30pm (S) (AD) (HD)
1.10 The World's Weirdest Weather A look at weather at its strangest. (R) (S) (AD) (HD)
2.05 The Great Housing Scandal
A Dispatches report on affordable homes in the UK. Shown Monday 8pm (S) (SL) (HD)
2.35 Heroes of Helmand: the British Army's Great Escape Soldiers recall a 50-day siege. **See choice, p75.** Shown Tuesday 9pm (S) (HD)
3.30 Obsessive Compulsive Cleaners
Tackling a Londoner's clutter. (R) (S) (SL) (HD)
4.25 Location, Location, Location House-hunting in the Tees Valley. (R) (S) (HD)
5.20–6.15am Phil: Secret Agent Down Under From Melbourne. (R) (S) (SL) (AD) (HD)

Freeview 4 Freesat 104 Sky 104 Virgin 104
+1 Freeview 13 Freesat 121 Sky 135 Virgin 143
HD C4 HD Freeview 104 Freesat 104 Sky 227 Virgin 142

Channel 5 listings are overleaf plus 29 more Freeview channels

Regional variations

ITV CHANNEL
12.35–5.05am Nightscreen

S4C
Freesat 120 Sky 104 Virgin 104
7.00am Cyw (S)
1.00pm Newyddion (S)
1.05 Heno (S)
1.30 Cefn Gwlad (S)
2.00 Prynhawn Da (S)
2.55 Newyddion (S)
3.00 Gwaser Edwards yn Ohio (S)
4.00 Aer Faw (S)
5.00 Tomos (S)
6.00 Pobol y Cwm: Ffion scares everyone on the camping trip. With English subtitles
6.25 Newyddion (S)
6.30 Dudley or Garth: chef Dudley Newbery cooks a spicy curry (S)
7.00 Heno (S)
7.30 Cyf Galon: Teula: exploring the changing nature of the Welsh family unit, with a focus on the rise in step-families (S)
8.00 Pobol y Cwm: Ffion decides to tell the police what happened with Craig (S)
8.25 S Stori: one-off drama. On the last day before he retires, undertaker Gwyn Jones is shocked when two bodies start talking to him (S)
9.00 Newyddion (S)
9.30 Rallor: the latest motorbike trials, along with the two-day Enduro Cymru race
10.00–11.35 Cyngerdd y Cyn Eisteddfod: with Gwawr Edwards, Elgan Llŷr Thomas, Côr Godre'r Aran, Côr Meibion Llangwm and Pres Paced (S)

RT Choice
4 Family viewing
Red button coverage
(R) Repeat
(S) Subtitles
(SL) Signing
(AD) Audio description
(HD) High definition
(W) Film in widescreen
(BW) Black and white

Films Premiere
Star Ratings
★★★★★ Outstanding
★★★★ Very good
★★★ Worth watching
★★ Could be worse
★ Poor

THURSDAY Freeview

Channel 5 (5)

Celeb Trolls: We're Coming to Get You 10.00pm Frankie Bridge hits back

Freeview 5 Freesat 105 Sky 105 Virgin 105

HD Freeview 605 Freesat 105 Virgin 150

6.00am Milkshake! See page 101

9.15 *New.* The Wright Stuff (HD)

11.15 Cowboy Builders A house with a sewage issue. (S) (HD) **12.10pm 5 News** (S) (HD)

12.15 Celebrity Big Brother Highlights. Shown yesterday. Ends 2pm/5pm 5 Star (HD)

1.15 Home and Away Shown yesterday 6.30pm 5 Star. Repeated 6pm C5 (S) (AD) (HD)

1.45 *New.* Neighbours Rpts 5.30pm (S) (AD) (HD)

2.15 NCIS 14/24 Series 10. The team tries to stop a terrorist unleashing a strain of the ebola virus. (S) (AD) (HD)

3.15 Survive the Serengeti: Against the Wild 2 ★★★ Adventure starring John Paul Ruttan and Elia Ballentine. A plane crash leaves two children and their dog stranded in the African desert.

Director Richard Boddington (2016) (S) (HD)

5.00pm 5 News (S) (HD)

5.30 Neighbours

Charlie's birthday brings some surprises. Shown 1.45pm. Repeated 6pm 5 Star (S) (AD) (HD)

6.00 Home and Away

Billie tries to teach Irene self-defence. Shown 1.15pm. Next episode 6.30pm 5 Star (S) (AD) (HD)

6.30 5 News Tonight (S) (HD)

7.00 Secrets of Underground Britain

In the Yorkshire Dales, Rob Bell admires the natural wonder of a mile-long system of caves dotted with waterfalls. Over in Stockport he visits Britain's largest Second World War air raid shelter.

Director/Producers Imogen Watford and Nick Gillam-Smith (S) (AD) (HD)

Followed by **5 News Update** (S) (HD)

8.00 *New.* On Benefits: Costa Del Dole

Benefits claimants living in coastal resorts. In Bridlington, Heather gave Caroline a place to stay when she was homeless but now her flat is overcrowded.

Director/Producer Tona Dixit (S) (HD)

Followed by **5 News Update** (S) (HD)

9.00 *New.* Celebrity Big Brother

The latest from the star-studded house. Rpts tomorrow 12.15pm (S) and 2pm 5 Star (S) (HD)

10.00 *New.* Celeb Trolls: We're Coming to Get You

The Saturdays singer Frankie Bridge talks to fellow sufferers of abuse from internet trolls, and enlists a team of cyber sleuths to identify and confront some of the trolls.

Director/Producer Dan Pergan (S) (HD)

11.05 *New.* Celebrity Big Brother's Bit on the Side

Rylan Clark-Neal presents. (S) (HD)

12.05am *New.* SuperCasino **3.10** Can't Pay? We'll Take It Away! (S) (HD) **4.00** Criminals: Caught on Camera (S) (S) (HD) **4.45** HouseBusters (S) (S) **5.10–6.00am** House Doctor: double bill (S) (S)

+1 Freeview 44 Freesat 128 Sky 177 Virgin 156

My5 Freeview 55 Freesat 133 Sky 175 Virgin 152

BBC4 listings are overleaf

BBC3 is now online – for highlights, see Choices p95 and Discover TV p42

ITV2 (6)

Take Me Out 5.50pm Francis gets a few pointers from Paddy McGuinness

Freeview 6 Freesat 113 Sky 118 Virgin 115 HD Virgin 176

6.00am Planet's Funniest Animals (S) **6.20** Dinner Date (S) (HD) **7.10** The Ellen DeGeneres Show (S) (HD) **8.00** Emmerdale (S) (AD) (HD) **8.30** Coronation Street (S) (AD) (HD) **9.00** You've Been Framed! Gold (S) **9.30** Psych (S) (HD) **10.20** Royal Pains (S) (HD) **11.15** Dinner Date (S) (HD)

12.15pm Emmerdale Shown yesterday 7pm ITV (S) (AD) (HD) **12.45** Coronation Street Shown yesterday 7.30pm ITV (S) (AD) (HD) **1.15** You've Been Framed! Gold **1.45** The Ellen DeGeneres Show (S) (HD) **2.35** The Jeremy Kyle Show (S) (HD) **3.50** Take Me Out (S) (HD)

7.00pm You've Been Framed! Gold A to Z

Harry Hill narrates a comical selection of mishaps filmed by viewers. (S)

8.00 Two and a Half Men
16/16 Series 8. Charlie is tricked into fearing for his safety as his so-called affair continues. (S) (HD)
8.30 *1/24 Series 9.* Alan is not looking forward to moving out of his brother's house. Then he meets a billionaire with problems of his own. (S) (HD)

9.00 The Matrix Reloaded ★★★

Sci-fi action thriller sequel to The Matrix. Understanding the complexities of the Matrix, Morpheus is convinced that Neo is the prophesied messiah, the "One" to lead humankind from its bondage to machines. But Zion, the human citadel, is soon attacked.

Thomas A Anderson/Neo	Keanu Reeves
Morpheus	Laurence Fishburne
Trinity	Carrie-Anne Moss
Agent Smith	Hugo Weaving
Niobe	Jada Pinkett Smith

Directors Larry Wachowski and Andy Wachowski (2002, 15) (S) (AD) (W) (HD)

11.45 Family Guy

Series 10. The final instalment in the trilogy of Star Wars-themed episodes, based on the film *Return of the Jedi*. (S) (AD) (HD)

12.40am American Dad (S) (AD) (HD)
1.40–2.30am The Vampire Diaries (S) (AD) (HD)

ITV2+1 Freeview 27 Freesat 114 Sky 130 Virgin 116

ITV3 (10)

Endeavour 8.00pm Thursday and Morse track down a missing au pair

Freeview 10 Freesat 115 Sky 119 Virgin 117 HD Virgin 177

6.00am Movies Now (HD) **6.10** In Loving Memory (S) **6.35** Heartbeat (S) **7.35** Where the Heart Is (S) (AD) **8.35** The Royal (S) (AD) **9.40** Judge Judy: triple bill (S) (HD) **11.00** Murder, She Wrote (S) (AD) (HD)

12 noon Love Your Garden (S) (HD) **1.05pm** Heartbeat (S) **2.05** The Royal (S) (AD) **3.10** Where the Heart Is (S) (AD) **4.15** In Loving Memory (S) **4.50** Rising Damp (S) **5.20** George & Mildred: George's budgie dies (S)

5.55pm Heartbeat

An informant reveals that two local hoodlums are planning to raid a shipment of gold bullion, prompting Shiner to set up an ambush to catch the would-be thieves. Elsewhere, Vernon urges Dr Merrick to spruce up the surgery, but she is less than pleased with the results. (S)

7.00 Murder, She Wrote

Jessica pulls out all the stops to help private eye Harry McGraw find his partner's murderer. With Angela Lansbury and guest star Jerry Orbach. (S) (HD)

8.00 Endeavour

Prey. A seemingly routine missing persons case involving a Dutch au pair leads DC Morse deep into the untamed wilderness of the Oxfordshire countryside, and then to the August Mortmaigne family estate of Crevecoeur, where he meets three siblings divided by personal demons and shared loss. (S) (AD) (HD)

10.00 Lewis

Music to Die For. Two Oxford dons, Cole and Helm, are fascinated by underworld boxing bouts that take place at a farm in the surrounding countryside. One of their students, Jack Roth, is the unlikely winner of such a fight, so when Cole is found dead, suspicion turns to a number of underworld connections. (S) (AD) (HD)

12 midnight Inspector Morse: a business tycoon is found murdered (S) (HD)
2.05–2.30am Nightscreen (HD)

ITV3 +1 Freeview 34 Freesat 116 Sky 193 Virgin 174

Drama (20)

Last of the Summer Wine 6.40pm Seymour sets up an experiment

Freeview 20 Freesat 158 Sky 158 Virgin 128

7.10am The Bill (S) **8.00** Sharpe (S) (AD) **10.00** Lovejoy (S) **11.00** The Bill (S)

1.00pm Last of the Summer Wine (S) **1.40** A Fine Romance **2.20** Birds of a Feather **3.00** Sharpe: Harper and Sharpe help defeat Napoleon (S) (AD) **5.00** Lovejoy: Pete Postlethwaite guest-stars (S)

6.00pm A Fine Romance

Helen and Phil are keen to know how things went between unlikely lovebirds Laura and Mike, so both end up invited to lunch.

6.40 Last of the Summer Wine

Compo speculates why blood rushes to the head when upside down but not to the feet while standing up. (S)

7.20 Whatever Happened to the Likely Lads?

Terry arrives home from the Army to find his parents on holiday, the fridge empty and Thelma her usual unhelpful self. Luckily, Bob is on hand with a suggestion. (S)

8.00 Cadfael

The Rose Rent 1/2. The widow of a rich merchant stirs up a tempest of lust as the men of Shrewsbury vie for her hand in marriage – and it seems that one has no qualms about murdering his rivals.

9.00 Dalziel & Pascoe

16.2/6 Series 12. **Demons on Our Shoulders** The detective duo are called upon after a man kills his wife in a precise imitation of an illusionist's act on a TV show. When the mutilated body of another woman involved with the couple's solicitor is found with a mysterious symbol carved into her skin, Dalziel and Pascoe find themselves being drawn into the world of the paranormal. Guest-starring Richard E Grant. (S) (AD)

11.20 Birds of a Feather

With the swimming pool business beginning to take off, Sharon makes a momentous decision about her future.

12 midnight The Bill (S) **1.00am** Lovejoy (S) **2.00** The Indian Doctor **2.55** Cadfael **3.35–4.00am** Garden Hopping

ITV4 (24)

F'view 24 F'sat 117 Sky 120 Virgin 118 HD Virgin 178

6.00am Magnum, P.I (S) (S) (HD) **6.50** Gunsmoke (S) (S) **7.45** The Sweeney (S) **8.50** Ironside **9.50** Quincy (S) (AD) (HD) **10.55** Magnum, P.I (S) (HD) **11.50** Tipping Out (S)

1.00pm Pawn Stars: double bill (S) (HD) **2.00** Storage Wars (S) (HD) **2.55** The Sweeney (S) **3.55** Quincy (S) (AD) (HD) **4.55** Ironside

6.00pm Storage Wars The bidders attend an auction in Placentia, California, where Rene and Casey buy a locker full of luggage. (S) (HD)

6.30 Barry adopts a disguise at an auction in Stanton, while Darrell gets banned. (S) (HD)

7.00 The Waterbike Show An insight into motorcycling culture, presented by untamed Henry Cole. Shown yesterday 9pm (S) (HD)

8.00 *New.* Darts Day one of the World Series at the Star in Sydney, as the fourth staging of the annual tournament got under way with the first-round matches. Presented by Adam Peacock, with analysis from Rod Harrington and commentary by Stuart Pyke. (S) (HD)

12 midnight Benidorm (S) (S) (AD) **1.00am** River Monsters (S) (HD) **2.00** The Sweeney (S) (S) **2.50–3.00am** Nightscreen (HD)

ITV4 +1 Freeview 155 Sky 206 Virgin 175

ITVBe (26)

F'view 26 F'sat 118 Sky 179 Virgin 119 HD Virgin 179

9.00am Be Beautiful (S) (HD) **9.10** The Only Way Is Essex (S) (HD) **10.00** Who's Doing the Dishes? (S) (HD) **11.00** Tipping Out (S)

12 noon Buying and Selling (HD) **1.00pm** Dinner Date (S) (HD) **2.00** Vanderpump Rules (S) (HD) **3.00** The Real Housewives of New York City: reality series (S) **4.00** The Real Housewives of New Jersey: double bill (S)

6.00pm Dinner Date Londoner Ria picks three blind dates from five potentials. (S) (HD)

7.00 Buying and Selling A couple hoping to move to a more child-friendly home. (HD)

8.00 Dinner Date Martyn from Cardiff chooses three blind dates. (S) (HD)

9.00 The Millionaire Matchmaker Rpts Stenger helps two best friends to find love. (S)

10.00 Utterly Outrageous Celebrity Weddings Marriages of the famous. (S)

11.00 The Only Way Is Essex Reality programme following people in Essex. (S) (HD)

11.50 The Jeremy Kyle Show USA The host takes his talk show stateside. (S)

12.45am Home Shopping
3.50–6.00am ITV3de Nightscreen (HD)

ITVBe +1 Freeview 119 Sky 227 Virgin 120

E4 (28)

New Girl 9.00pm Jess agrees to help with the wedding preparations

F'view 28 F'sat 122 Sky 136 Virgin 144 HD Virgin 145

6.00am Charmed (S) **6.45** Hollyoaks Shown yesterday 6.30pm C4 (S) (AD) (HD) **7.10** Coach Trip: Road to Ibiza Shown yesterday 7.30pm (S) (AD) (HD) **7.40** Melissa & Joey (S) (HD) **8.05** How I Met Your Mother (S) (AD) (HD) **9.00** Rules of Engagement (S) (HD) **10.00** Baby Daddy (S) (HD) **11.00** Charmed (S)

1.00pm How I Met Your Mother (S) (AD) (HD) **2.00** The Big Bang Theory (S) (AD) (HD) **3.00** Baby Daddy (S) (HD) **4.00** Melissa & Joey (S) (HD) **5.00** Agents of SHIELD (S) (AD) (HD)

6.00pm The Big Bang Theory

20/24 Series 5. Penny buys Leonard some *Star Trek* memorabilia. (S) (AD) (HD)

6.30 *21/24.* Howard blackmails Sheldon into performing unpleasant tasks. (S) (AD) (HD)

7.00 *New.* Hollyoaks

The power goes out in the village.

Cast pg7197 Rpts tomorrow 6.30pm C4 (S) (AD) (HD)

7.30 *New.* Coach Trip: Road to Ibiza

Two new couples join the coach party in Pisa for a tour of the city's famous tower. Repeated tomorrow 7.10am (S) (AD) (HD)

8.00 The Big Bang Theory

10/24 Series 9. Howard and Raj discover their band has a fan. (S) (AD) (HD)

8.30 *11/24.* Sheldon and Amy spend their first night together. (S) (AD) (HD)

9.00 *New.* New Girl

12/22 Series 5. The arrival of Schmidt's dad causes problems. (S) (AD)

9.30 *New.* Angie Tribeca

7/10 Series 2. A boy band singer is killed in mysterious circumstances. (S) (AD)

10.00 X-Men Origins: Wolverine ★★

Spin-off prequel from the action fantasy X-Men series, starring Hugh Jackman and Liev Schreiber. **Review page 38.**

Director Gavin Hood (2009, 12) (S) (AD) (W) (HD)

12.05am The Big Bang Theory (S) (AD) (HD) **1.05** Gogglebox (S) (HD) **1.55** First Dates (S) (HD) **2.50** Angie Tribeca (S) (AD) **3.10** Agents of SHIELD (S) (AD) (HD) **3.55** Rules of Engagement (S) (HD) **4.35–6.00am**

E4 +1 Freeview 29 Freesat 123 Sky 137 Virgin 146

4seven (47)

F'view 47 F'sat 127 Sky 140 Virgin 195 HD F'view 110

9.00am Come Dine with Me: five editions (S) (HD) **11.30** Three in a Bed (S) (HD)

12.30pm Grand Designs Australia (S) (HD) **1.30** Phil: Secret Agent Down Under (S) (HD) **2.30** Location, Location, Location (S) (HD) **3.30** Come Dine with Me (S) (HD) **4.00** Couples Come Dine with Me (S) (HD) **5.00** Location, Location, Location (S) (HD)

6.00pm Phil: Secret Agent Down Under A home in Perth, Australia. (S) (AD) (HD)

7.00 Come Dine with Me In Barnsley. (S) (HD)

8.00 Location, Location, Location Two friends want to buy in east London. (S) (HD)

9.00 The Big Fat Quiz of Everything 1/3 Questions on human history. **See choice, page 65.** Shown Monday 9pm Channel 4. (S) (HD)

10.35 Bodyshockers: Nips, Tucks and Tattoos A woman whose piercing has left her with an unsightly earlobe. (S) (AD) (HD)

11.40 999: What's Your Emergency? *Ep 7* Series 3. PC An elderly woman who has had nearly £10,000 stolen. Shown 9pm C4 (S) (HD)

12.40am One Born: What Happened Next? (S) (AD) (HD) **1.35** Naked Attraction (S) (AD) (HD) **2.30** Flying to the Ends of the Earth (S) (HD) **3.25** Supersoaks: the Real Story (S) (HD) **3.50–5.00am** Couples Come Dine with Me (S) (HD)

More4 (14)

Love Child 11.05pm Things become heated between Joan and Patrick

F'view 14 F'sat 128 Sky 131 Virgin 141 HD Virgin 203

8.55am Food Unwrapped (S) (HD) **9.35** A Place in the Sun: Winter Sun (S) (HD) **10.30** Food Unwrapped (S) (HD) **11.05** Hugh's Three Good Things: Best Bites (S) (HD) **11.15 FILM** Drums across the River ★★ Western starring Audie Murphy and Lisa Gaye (W) (HD)

12.55pm Time Team: double bill (S) (AD) **3.05** A Place in the Sun: Winter Sun (S) (HD) **5.15** Four in a Bed: five editions (S) (HD)

7.55pm Grand Designs

Kevin McCloud follows the progress of a seaside home on the Isle of Wight. (S) (HD)

9.00 The Secret World of Lego

Going behind the scenes at the Danish headquarters of the toy company. (S) (HD)

10.00 24 Hours in A&E

Thirteen-year-old Tom is rushed to St George's after crashing his bike head first into a car while racing a friend. (S) (AD) (HD)

11.05 *New.* Love Child

6/8. Shirley's husband returns home injured from Vietnam. (S) (AD)

Joan Miller	Jessica Harois
Dr Patrick McNaughton	Jonathan LaPaglia
Matron Frances Bolton	Mandy McElhinney
Shirley Ryan	Ella Scott Lynch
Colin Ryan	Ben Lawson

12.10am Ramsay's Kitchen Nightmares USA (S) **1.15** 24 Hours in A&E (S) (AD) (HD) **2.20** The Secret World of Lego (S) (HD) **3.25–3.35am** River Cottage Bites (S) (HD)

More4 +1 Freeview 125 Sky 139 Virgin 196

5USA (21)

Freeview 21 Freesat 129 Sky 174 Virgin 155

9.00am Diagnosis Murder (S) **10.00** Access **10.10** Murder 101: Locked Room Mystery (S) **12 noon** CSI: NY (S) **1.00pm** NCIS (S) (AD) **2.00** Law & Order (S) **4.00** NCIS (S) (AD) **5.00** CSI: Crime Scene Investigation (S) (AD) **6.00pm** CSI: Miami **23/24** Series 5 (S) (AD) **7.00** NCIS **19/19** Series 5 (S) (AD) **8.00** NCIS **1/25** Series 6 (S) (AD) **9.00 *New.*** Chicago PD **10/23** Series 3 **10.00** Law & Order: Special Victims Unit **10/24** Series 14 (S) **11.00** Law & Order **20/22** Series 19 **11.55** CSI: NY **3/21** Series 4 (S) (AD)

12.55am CSI: Miami (S) (AD) **1.50** CSI: Crime Scene Investigation (S) (AD) **2.50** Chicago PD **3.35–4.00am** True Crimes: The First 72 Hours (S)

5USA +1 Freeview 71 Mon-Fri 6pm-5am (F'sat 1.00) Sky 219 Virgin 164

5 Star (30)

Freeview 30 Freesat 131 Sky 184 Virgin 157

8.00am The Secret Life of Pets (S) **8.25** That '70s Show (S) **9.10 FILM** Legends of Oz: Dorothy's Return ★★ (S) **11.00** That '70s Show (S) **12 noon** My Wife and Kids (S) **1.00pm** Dance Moms (S) **1.55** Access **2.00** Celebrity Big Brother (S) **3.00** Neighbours (S) (AD) **3.30** Home and Away (S) (AD) **4.00** 8 Simple Rules **5.00** Celebrity Big Brother (S) **5.55** Access **6.00pm** Neighbours Shown 5.30pm C5 (S) (AD)

6.30 *New.* Home and Away Rpts 6pm C5 (S) (AD) **7.00** Dance Moms **10/29** Series 2 (S)

8.00 Puppies Make You Laugh Out Loud 2 (S) **9.00 FILM** Parker ★★★ (S) **11.20** Ridiculousness **2/22** Series 4 **11.50** Access

12 midnight *New.* Celebrity Big Brother: Live from the House (S) **1.00am** Celebrity Big Brother: Fempers, Tears and Laughs (S) **2.00** Heroes Reborn (S) **3.35–4.00am** Ridiculousness

5 Star +1 Sky 118 Freesat 132

Yesterday (19)

Freeview 19 Freesat 159 Sky 537 Virgin 245

6.00am Great British Ghosts (S) **6.25** Medieval Dead **7.10** as 5pm **8.00** The World at War (S) **9.00** as 7pm **10.00** Raiders of the Lost Past (S) (AD) **11.00** Medieval Dead

12 noon Great British Railway Journeys (S) **1.00pm** The World at War (S) **2.00** as 7pm **3.00** as 11.50pm **4.00** Medieval Dead **5.00** Great British Railway Journeys (S)

6.00pm The World at War The Netherlands (S) **7.00 Henry VIII's Enforcer: the Rise and Fall of Thomas Cromwell** Was the powerful statesman really a principled idealist? (S) **8.00 'Allo 'Allo!** René is reunited with his childhood sweetheart. (S)

8.35 Whatever Happened to the Likely Lads? Terry tracks down his ex-girlfriends. (S) **9.55 Keeping Up Appearances** Hyacinth's father makes plans to be married. (S)

11.15 'Allo 'Allo! René is in trouble. (S) **11.50 Raiders of the Lost Past** The search for the Ark of the Covenant (S) (AD)

12.50am Great British Ghosts: in Staffordshire (S) **1.20** The Treasures of Ancient Rome (S) **2.20–3.00am** Great British Ghosts (S)

Yesterday +1 Sky 538 Virgin 246

Home (25)

Freeview 25 Sky 536 Virgin 281 BT 314

7.00am Homes under the Hammer **8.00** Flog It! **9.00** DIY SOS (AD) **10.00** Escape to the Country (AD) **11.00** Fantasy Homes by the Sea (AD) **12 noon** Homes under the Hammer **1.00pm** Flog It! **2.00** DIY SOS (AD) **3.00** A Place in the Sun **4.00** Escape to the Country (AD) **5.00** Fantasy Homes by the Sea (AD) **6.00** Flog It! **7.00** Homes under the Hammer **8.00** DIY SOS (AD) **9.00** A Place in the Sun **10.00** Fantasy Homes by the Sea (AD) **11.00** Escape to the Country (AD) **12 midnight** DIY SOS (AD) **1.00am** Flog It! **2.00** Homes under the Hammer **3.00–4.00am** A Place in the Sun

Home +1 Sky 244 Virgin 282

Spike (31)

Freeview 31 Freesat 141 Sky 160

9.00am Bar Rescue **10.00** Chasing Monsters **11.00** Eddie Stobart: Trucks and Trailers **12 noon** Police Interceptors **2.00pm FILM** Mosquito Squadron ★★ Adventure **3.50** Access **4.00** Can't Pay? We'll Take It Away **5.00** Eddie Stobart: Trucks and Trailers **6.00pm** Police Interceptors: double bill **8.00** Can't Pay? We'll Take It Away!: double bill providing an insight into the world of debt collection **10.00** The X-Files **16/20** *Series 5* A blind woman has visions of a murder **11.00** Wynonna Earp **4/13.** A blade-wielding apparition begins to haunt Wynonna

12 midnight *New.* Justified **3/13** Series 6. A visit from his baby daughter threatens to pull Raylan away from the search for a fugitive **1.00am** Tattoo Disasters UK **2.00–3.00am** Lip Sync Battle

True Entertainment (61)

Freeview 61 (not Wales) Freesat 142 Sky 184 Virgin 189

6.00am The Waltons **7.00** Little House on the Prairie **8.00** The Waltons **10.00** Touched by an Angel **11.00** Little House on the Prairie **12 noon** The Avengers **1.00pm** Love Comes Softly **3.00** Danielle Steel's Zoya **5.00** Highway to Heaven

6.00pm Touched by an Angel **7.00** M*A*S*H **8.00** The Avengers **9.00** Son of the Morning Star **11.00 FILM** Soldier's Girl ★★★ **1.00–3.00am FILM** Crown Heights ★★

Horror Channel (70)

Freeview 70 Freesat 138 Sky 319 Virgin 149

8.00am Highlander **9.00** Tales from the Darkside **10.00 FILM** Island of Terror ★★ **11.50** Horror Highlights **12 noon** The War of the Worlds **1.00pm FILM** Midnight Offerings ★★ **3.00** The Incredible Hulk **4.00 FILM** Snow Beast ★★ **5.50** Horror Highlights **6.00** Highlander **7.00** Tales from the Darkside **8.00** The War of the Worlds **9.00 FILM** Truth or Dare ★★★ Horror **10.55 FILM** Community ★★ Horror Thriller **12.30am FILM** Don't Look Now **2.40–4.30am FILM** Red Clover ★★

Film4, Movie Mix, Movies4Men are now listed on our daily **Films pages** – see p102

Pick (11)

Freeview 11 Freesat 144 Sky 152 Virgin 123

6.00am 60 Minute Makeover **7.00** Most Haunted **8.00** Bath Sense **9.00** Relic Hunter **10.00** Andromeda **11.00** Stargate SG-1 **12 noon** Border Security **1.00pm** 60 Minute Makeover **2.00** Motorway Patrol **2.30** Highway Patrol **3.00** Nothing to Declare **4.00** The Dog Whisperer **5.00** Monkey Business **6.00** A Town Called Eureka **7.00** Stargate SG-1 **8.00** Andromeda **9.00** Murder Rock **10.00** Riots: Keeping the Fight against ISIS **11.30** Brit Cops **12.30am** Police Force: Australia **1.00** Road Wars **2.00** Most Shocking **3.00** Pet Cops **4.00** Motorway Patrol **4.30** Highway Patrol **5.00–6.00am** Road Wars

Pick +1 Freesat 145 Sky 153

Really (17)

Freeview 17 Freesat 160 Sky 155 Virgin 129

6.00am Spa of Embarrassing Illnesses **7.00** Shopping **8.00** Antiques Road Trip **9.00** Escape to the Country **10.00** The Sheriffs Are Coming **11.00** Homes under the Hammer **12 noon** DIY SOS **1.00pm** Bargain Hunt **2.00** Escape to the Country **3.00** Antiques Road Trip **4.00** The Sheriffs Are Coming **5.00** Bargain Hunt **6.00** Homes under the Hammer **7.00** Escape to the Country **8.00 *New.*** The Other Side **9.00** Ghost Adventures **10.00 *New.*** Most Haunted **11.00** Cold Justice **12 midnight** The Sheriffs Are Coming **1.00am** Paranormal Witness **2.00** Shopping **4.00** Spa of Embarrassing Illnesses **5.35–6.00am** The Clothes Show

Quest (37)

Freeview 37 Sky 144 Virgin 172

6.00am The Great Rod Race **6.20** Wet Nets **7.10** Straight up Challenge **8.00** How It's Made **10.00** Wheeler Dealers **11.00** Fifth Gear **12 noon** Top Stories **1.00pm** Mighty Ships **2.00** Wheeler Dealers: on the Road **3.00** Chasing Classic Cars **4.00** Hitler's Henchmen **5.00** Hitler's Children **6.00** Born Survivor: Bear Grylls **7.00** Salvage Hunters **9.00** Fast 'n' Loud **10.00** American Chopper **11.00** Destroyed in Seconds **12 midnight** Forensic Detectives **1.00am** FBI Files **2.00** Disappeared **3.00** M*A*S*H **4.00** Put Your Money Where Your Mouth Is **5.00–6.00am** Straphead Challenge

Quest +1 Freeview 38 Sky 175 Virgin 173

Challenge (46)

Freeview 46 Freesat 146 Sky 145 Virgin 139

6.00am Deal or No Deal **7.30** Fifteen to One **8.00** Catchphrase (AD) **9.00** Pointless **10.00** Deal or No Deal **11.30** Supermarket Sweep **12 noon** Bruce's Price Is Right **12.30pm** Strike It Lucky **1.00** Catchphrase (AD) **2.00** Pointless **3.00** The Chase (AD) **4.00** Fifteen to One **5.00** Ninja Warrior **6.00** Robot Wars (AD) **7.00** Pointless **9.00** The Chase (AD) **10.00** Who Wants to Be a Millionaire? **11.00** Bullseye **1.00am** Pointless **3.00** The Chase (AD) **4.00** Robot Wars (AD) **5.00–6.00am** Are You Smarter than a Ten Year Old? (AD)

Challenge +1 Freesat 147 Sky 164 Virgin 180

CBS Action (64)

Freeview 64 Freesat 137 Sky 148 Virgin 192

9.00am NCIS **11.00** Star Trek: Deep Space Nine **12 noon** Star Trek **1.00pm** Bonanza **2.00** NCIS **4.00** Walker, Texas Ranger **5.00** JAG **6.00pm** Star Trek **7.00** MacGyver: Man's Chinese foster daughter is targeted by the People's Republic **8.00** Star Trek: Deep Space Nine: Quark tries to enhance his reputation **9.00** NCIS **10.00** Bad Girls **10.45** Walker, Texas Ranger **11.40** NCIS **2.20am** Bonanza **3.20** Walker, Texas Ranger **4.10–6.00am** Flashpoint

CBS Drama (71)

Freeview 71 (HD only) Freesat 134 Sky 149 Virgin 197

9.00am The High Chaparral **10.00** Matlock **11.00** Dr Quinn **12 noon** Judge Judy **1.00pm** The Streets of San Francisco **2.00** The High Chaparral **3.00** Matlock **4.00** Judge Judy **5.00** CSI: Crime Scene Investigation **6.00** Dr Quinn **7.00** Heir Hunters **8.00** Judge Judy **10.00** Cheaters **12 midnight** Jerry Springer **12.55am** World's Wildest Police Videos **1.55** Heir Hunters **2.55** Copc: Reloaded **3.45–5.00am** The High Chaparral

BBC Parliament (131)

Freeview 131 Freesat 201 Sky 504 Virgin 605

6.30am BBC White Paper **7.55** NI Assembly **8.40** Speaker's House **9.20** Briefings **11.00** Chilcot **1.00pm** Conversations **1.30** Review **2.30** Long Goodbye? **3.00** BOOKtalk **3.20** Scottish Parliament **4.15** Financial Stability **6.40** Welsh FMQs **7.30** Britain and the EU **8.25** Briefings **9.00** BOOKtalk **9.20** Westminster Hall **11.00** Steel Industry **12.25–6.15am** Highlights

Gardening Joe Swift takes a seat to enjoy the view Your RT p140

THURSDAY Satellite & cable

Modern Family 8.00pm The christening causes chaos

Band of Brothers 9.00pm Easy Company heads to Foy

Chicago Fire 9.00pm A tornado hits the Windy City

Stacey Dooley in the USA: Kids in the Crossfire 9.00pm

Fawlty Towers 9.00pm Basil plans a surprise party

Sky1

Sky 106 Virgin 90 HD Virgin 109

6.00am Supergirl (S) (HD) **7.00** The Flash (S) (HD) **9.00** Futurama (S) (HD) **10.00** Ninja Warrior Women Tournament (S) **11.00** NCIS: Los Angeles (S) (HD) **12 noon** Hawaii Five-0 (S) (HD) **1.00pm** Supergirl (S) (HD) **2.00** The Flash (S) (HD) **4.00** Modern Family (S) (HD) **5.00** The Simpsons (S) (HD) **5.30** Futurama: double bill (S) (HD)

6.30pm The Simpsons Homer sees his chance to live the good life. **7.00** Lisa stays with Broadway legend Laney Fontaine for a month. **7.30** Marge and Homer suspect Bart might be a sociopath. (S) (HD)

8.00 Modern Family *13&14/24 Series 4.* Double bill. (S) (HD)

9.00 ***New.*** **Don't Tell the Bride** RT *5/6 Series 12.* A groom creates a ceremony on the theme of royal Africa. **See page 95.** (S) (HD)

10.00 The Simpsons Moe enters the whiskey business. (S) (HD) **10.30** A trio of romantic tales. (S)

11.00 A League of Their Own With Ashley Cole, Noel Fielding and Aisling Bea. (S) (AD) (HD)

12 midnight NCIS: Los Angeles (S) (HD) **1.00am** Hawaii Five-0 (S) (HD) **2.00** Limitless (S) (AD) (HD) **3.00** Arrow (S) (AD) (HD) **4.00** Road Wars (S) **5.00–6.00am** Ninja Warrior (S)

Sky1 +1 Sky 130

Sky Arts

Sky 121 Virgin 132 HD Virgin 206

6.00am In Conversation (S) (HD) **7.00** First Love (AD) (HD) **8.00** Tales of the Unexpected (S) **9.00** Talks Music (S) (HD) **10.00** Verbier 2012 (S) (HD) **11.40** Dance on Screen (S) (HD) **1.00pm** Tales of the Unexpected (S) **2.00** Auction (S) (HD) **3.00** André Rieu: Live in Dublin **4.45** All Hisse and **4.55** Drew: The Man Behind the Poster (S) (HD)

6.45pm Soundstage Presents Robert Plant and the Strange Sensation A concert by the veteran singer. (HD)

8.00 ***New.*** **Master of Photography** The contestants go backstage at a London theatre. (S) (HD)

9.00 ***New.*** **Discovering: Buster Keaton** A profile of the silent film pioneer, whose deadpan physical comedy made him a Hollywood superstar in the 1920s. (S) (HD)

10.00 Occupied *5/10.* A major incident at an oil and gas facility changes the political landscape. Norwegian +subtitles. (S) (HD)

11.00 Master of Photography The contestants go backstage at a London theatre. (S) (HD)

12 midnight Rock 'n' Roll Exposed (S) (HD) **12.30am** The Nightmare Worlds of HG Wells (S) (AD) (HD) **1.00** Balm Archive (HD) **1.30** Dizzy Gillespie: Live in '58 & '70 (S) **3.15 FILM** Mavis! ★★★ Music documentary about Mavis Staples (S) (AD) (W) (HD) **4.50** Arts Scholarships – Sky Academy (HD) **5.00–6.00am** In Confidence (S) (HD)

Sky Atlantic

Sky 108

6.00am Richard E Grant's Hotel Secrets (S) (HD) **7.00** The British (S) (HD) **8.00** Cold Case (S) **10.00** The West Wing (S) (HD) **11.00** House (S) (HD) **12 noon** Without a Trace (S) (HD) **1.00pm** Blue Bloods (S) (AD) (HD) **2.00** Urban Secrets (S) (HD) **3.00** Cold Case (S) (HD) **5.00** The West Wing (S) (HD)

6.00pm House *9/22 Series 1* The maverick medic ignores a patient's wishes. (S) (HD)

7.00 Without a Trace *18/23 Series 3.* A member of a choir goes missing. (S) (HD)

8.00 Blue Bloods *15/22 Series 2* Danny vows to avenge a colleague's death. (S) (AD) (HD)

9.00 Band of Brothers *7/10* Easy Company is ordered to take the nearby town of Foy. (S) (HD) **10.25** *8/10.* An Easy Company patrol is sent across a river to take enemy prisoners. (S) (HD)

11.40 Last Week Tonight with John Oliver A satirical look at news and pop culture. (S) (HD)

12.15am Vice Principals (S) (HD) **12.55** Ballers (S) (HD) **1.35** The Sopranos (HD) **2.40** Veep: double bill (S) (AD) (HD) **4.15** Richard E Grant's Hotel Secrets (S) (HD) **5.10–6.00am** The British (S) (HD)

Sky Atlantic +1 Sky 170

Universal

Sky 113 Virgin 137 BT 329

6.00am CSI: Miami (S) (HD) **7.00** Home Shopping **8.00** CSI: Miami (S) (HD) **10.00** Law & Order (S) (HD) **2.00pm** NCIS (S) (HD)

6.00pm NCIS *2/24 Series 7* Gibbs and his team investigate the bizarre deaths of a marine and two of his friends, while Ziva tries to rejoin the NCIS. (S) (HD)

7.00 *3/24.* A blogger who accused the NCIS of a cover-up is found dead, and Gibbs and his team are forced to reopen a closed case. (S) (HD)

8.00 Major Crimes *9/23 Series 4* The team investigates a disturbing video that has been circulating online, and Rusty's search for closure continues, even after he finds Alice's brother. (S) (HD)

9.00 ***New.*** **Mr Robot** *6/10 Series 1* Vera's brother holds Shayla hostage, and forces Elliot to engineer a means of escape. (S) (HD)

10.00 Law & Order: Special Victims Unit *18/24 Series 12* A gruesome work of art in a painter's studio leads to the discovery of a woman's body. (S) (HD)

11.00 *19/24.* A couple confront a businessman who is trying to break into their car, only to discover he has been stabbed. (S) (HD)

12 midnight Law & Order: Special Victims Unit (S) (HD) **2.00am** Mr Robot (S) (HD) **3.00** Numbers (S) (AD) (HD) **5.00–6.00am** CSI: Miami (S) (HD)

Universal +1 Sky 150 Virgin 138

Chicago Fire

Sky 107 Virgin 92 HD Virgin 111

6.00am UK Border Force (S) (HD) **8.00** Million Dollar Listing: NYC (S) (HD) **9.00** Nothing to Declare (S) (HD) **11.00** RSPCA Animal Rescue (S) (HD) **12 noon** The Biggest Loser: Australia (S) (HD) **1.00pm** Million Dollar Listing: NYC (S) (HD) **2.00** Criminal Minds (S) (HD) **4.00** UK Border Force (S) (AD) (HD) **5.00** Cooks to Market (HD) **5.45** Nothing to Declare: double bill (S)

6.45 ***New.*** **My Kitchen Rules: Australia** The teams serve up seafood for 100 fishermen. (S) (HD)

8.00 Chicago Fire *10/23 Series 4* A member of Firehouse 51 falls victim to a near-fatal stabbing. (HD)

9.00 ***New.*** *11/23.* The crew members of Firehouse 51 have their work cut out when a tornado bears down on the city. (HD)

10.00 Criminal Minds *16/24 Series 8.* The profilers turn the tables on the Replicator, identifying subtle discrepancies between a series of copycat murders. (S) (HD)

11.00 *17/24.* The team investigates a case of life imitating art when several members of an online writing forum are murdered. (S) (HD)

12 midnight Criminal Minds (S) (HD) **2.00am** Bones (S) (AD) (HD) **4.00–6.00am** Border Security: Canada's Front Line (S) (AD) (HD)

Sky Living +1 Sky 122 Virgin 140

Sky2

Sky 129 Virgin 121

6.00am Stop, Search, Seize (AD) **8.00** as 4pm **9.00** Ninja Warrior Women Tournament (S) **10.00** Robot Wars Extreme (S) (AD) **11.00** Send in the Dogs (S) **12 noon** Harrow (S) (AD) **1.00pm** Robot Wars Extreme (S) (AD) **2.00** Ninja Warrior Women Tournament (S) **3.00** Relic Hunter (S) **4.00** Coast Guard Alaska (S) (AD) **5.00** Stargate SG-1 (S) **6.00** Relic Hunter (S) **7.00** A Town Called Eureka (S) **8.00** Arrow (S) (AD) **9.00** The Last Ship (S) **10.00** Zoo (S) **11.00** Most Shocking (S) **12 midnight** Ross Kemp on Gangs (S) (AD) **1.00am** The Last Ship (S) **2.00** Zoo (S) **3.00** Robot Wars Extreme (AD) **4.00** Ninja Warrior Women Tournament (S) **5.00–6.00am** Andromeda (S)

Syfy

Sky 114 Virgin 135 BT 319 HD Virgin 165 BT 375

6.00am Buffy the Vampire Slayer **8.00** Home Shopping **11.00** Star Trek: Voyager **12 noon** Star Trek: the Next Generation **2.00pm FILM** Journey to Dinosaur Island ★★ **4.00 FILM** Independence Day: Resurgence ★★ Sci-fi action drama **6.00pm** Star Trek: the Next Generation **8.00 FILM** Titan AE ★★★★ Animated adventure. **Film of the Day: page 38 10.00 FILM** Ice Soldiers ★ Action horror **12 midnight** Fact or Faked: Paranormal Files: an opportunity recorded by a security camera **1.00am** Star Trek: Voyager **2.00** Star Trek: the Next Generation **4.00–6.00am** Quantum Leap

Syfy +1 Sky 194 Virgin 136

Stacey Dooley in the USA: Kids in the Crossfire

Sky 109 Virgin 125 BT 311 HD Virgin 191 BT 383

6.00am Dynamo: Top Ten Greatest Moments **6.10** MasterChef Australia: the Professionals (S) (HD) **7.00** Extreme Makeover: Home Edition (S) **8.40** My Dream Home (S) (HD) **9.50** The Bill (S) **10.50** Tipping Point (HD) **12.50pm** ***New.*** Judge Faith (HD) **1.50** Traffic Cops (S) **2.20** Extreme Makeover: Home Edition (S) **4.10** My Dream Home (S) (HD) **5.10** Tipping Point (HD)

6.10pm Extreme Makeover: Home Edition The team visits a family that runs a soup kitchen. (S)

8.00 Choccywoccydoodah: Starstruck Preparing a cake for Jason Donovan. (S) (AD) (HD)

9.00 Stacey Dooley in the USA: Kids in the Crossfire Investigating youth killings in Chicago. (S) (HD)

10.00 EastEnders Shirley goes to court to give evidence in Dean's trial. Shawn 7.30pm BBC1 (S) (AD) (HD)

10.40 Don't Tell the Bride A Liverpool man plans his wedding. (S)

11.40 Russell Howard's Good News The comedian's perspective on the news in June 2013. (S) (HD)

12.40am EastEnders (S) (AD) (HD) **1.15** Doctor Who: the Doctors Revisited (S) (HD) **2.10–3.00am** Being Human USA (S) (HD)

W +1 Sky 203 Virgin 131

TLC

Sky 125 Virgin 107 BT 323 HD Virgin 161 BT 377

6.00am Little People, Big World **7.00** Say Yes to the Dress **8.00** Say Yes to the Dress: Atlanta **9.00** Say Yes to the Dress **10.00** Judge Jeanine Pirro **11.00** Hoarding: Buried Alive **12 noon** Extreme Cheapskates **1.00pm** Little People, Big World **2.00** Cake Boss: the Next Great Baker **3.00** Something Borrowed, Something New **4.00** Say Yes to the Dress **5.00** Say Yes to the Dress: Atlanta **6.00pm** Say Yes to the Dress **8.00** Say Yes to the Dress: UK **9.00** ***New series.*** Karie Price's Pony Club **10.00** ***New.*** Devious Maids **11.00** Sex Sent Me to the ER **12 midnight** Say Yes to the Dress: UK **1.00am** as 9pm **2.00** as 10pm **3.00** Extreme Cheapskates **4.00** Cake Boss: the Next Great Baker **5.00–6.00am** Something Borrowed, Something New

TLC +1 Sky 154 Virgin 169

Lifetime

Sky 126 Virgin 108 BT 324 HD Virgin 239 BT 384

6.00am Judge Judy (HD) **7.00** Flipping Boston (HD) **8.00** Flipping Vegas (HD) **9.00** Judge Judy (HD) **11.00** Storage Wars (HD) **12 noon** Flipping Boston (HD) **1.00pm** Flipping Vegas (HD) **2.00** Judge Judy (HD) **3.00** Hardcore Pawn (HD) **4.00** Dance Moms (HD) **5.00** Little Women: LA **6.00** Hardcore Pawn (HD) **7.00** Judge Judy (HD) **9.00** ***New.*** Project Runway (HD) **10.00** Child Genius US (HD) **11.00** Little Women: NY (HD) **12 midnight** Neighbours with Benefits (HD) **1.00am** Project Runway (HD) **2.00** Hardcore Pawn (HD) **3.00** Little Women: LA (HD) **4.00** Dance Moms (HD) **5.00** Storage Wars (HD) **5.20–6.00am** Hardcore Pawn (HD)

Lifetime +1 Sky 117

Gold

Sky 110 Virgin 124 BT 318

7.00am Outnumbered (S) (AD) **7.40** The Brittas Empire (S) **8.15** My Hero (S) **8.55** Last of the Summer Wine (S) **10.55** Keeping Up Appearances (S) **12.55pm** Outnumbered (S) (AD) **1.35** The Brittas Empire (S) **2.15** My Hero (S) **2.50** Last of the Summer Wine (S) **4.50** Creature Comforts (S) **5.00** Outnumbered (S) (AD)

5.40pm Only Fools and Horses Del and Rodney get the chance to leave Peckham behind for a holiday in the Florida sun. (S) (AD)

6.55 The Trotters arrive in America and suffer a setback when their camper van is burgled. (S) (AD)

9.00 Fawlty Towers Sybil walks out on Basil on their anniversary, forcing him to try to convince their friends all is well. (S) (AD)

9.45 Absolutely Fabulous Sally has a baby shower with her friends, while Eddie and Patsy go on a hunting trip in the country. (S) (AD)

10.25 Fawlty Towers Mansel's pet rat escapes. (S) (AD)

11.30 Absolutely Fabulous Patsy and Edina visit New York. (S) (AD)

12.25am Little Britain Abroad (S) (AD) **1.05** Cheers (S) **1.35** I Dream of Jeannie **2.30** Little Britain Abroad (S) (AD) **3.05** Cheers (S) **3.40–4.00am** Rex the Runt (S)

Gold +1 Sky 166 Virgin 193

Comedy Central

Sky 112 Virgin 132 BT 307 HD Virgin 181 BT 371

8.00am The Middle (S) (HD) **9.00** Bob's Burgers **10.00** That '70s Show (S) **11.00** Friends (S) (HD) **2.00pm** Impractical Jokers (S) (HD) **3.00** Friends: ten episodes (S) (HD) **8.00pm** Impractical Jokers: double bill of japes (S) (HD) **9.00 FILM** Kevin & Perry Go Large ★★★ (HD) **10.45 FILM** Superhero Movie ★★ (HD)

12.30am ***New.*** The Daily Show (HD) **1.00** South Park: double bill (S) (HD) **2.00** Russell Howard's Stand Up Central (S) (HD) **2.30** Drunk History (S) (HD) **3.00** Comedy Central at the Comedy Store: double bill (S) (HD) **3.50–5.00am** Two and a Half Men: triple bill (S) (HD) (HD)

Comedy Central +1 Sky 127 Virgin 138

Sony Channel

Sky 157 Virgin 193 BT 331

7.00am 'Til Death **8.00** Soldier Soldier **10.00** Saving Hope **12 noon FILM** Peggy Sue Got Married ★★★ Comedy fantasy starring Kathleen Turner and Nicolas Cage **2.05pm** Saving Hope **3.05** Celebrity Ghost Stories **7.00pm** Saving Hope **8.00** The Night Shift **9.00** Ashes to Ashes: double bill. The discovery of a concrete-encased body at a building site leads to conflict, and Gene learns that crooked cops are planning a robbery. **11.30** Will & Grace **12.10am** The Night Shift **1.10–4.00am** Celebrity Ghost Stories

Sony TV +1 Sky 181

Harry Price: Ghost Hunter 8.00pm Sarah assists Harry

King and Maxwell 9.00pm Michelle is under investigation

Neon Joe, Werewolf Hunter 11.00pm Joe helps the sheriff

Alaskan Bush People 9.00pm Bear Brown gets to work

ITV Encore

Sky 123

6.00am Movies Now **6.10** Robin of Sherwood **7.05** Always and Everyone **8.00** Upstairs, Downstairs (S) **9.05** The Memoirs of Sherlock Holmes (S) (AD) (HD) **10.05** Heartbeat **11.05** The Chief **12.10pm** Magp and Lucia **1.15** Robin of Sherwood **2.25** Always and Everyone **3.30** Heartbeat **4.30** Upstairs, Downstairs (S) **5.40** The Memoirs of Sherlock Holmes (S) (AD) (HD)

6.50pm Agatha Christie's Poirot A woman is murdered on a cruise ship. (S) (HD)

8.00 Harry Price: Ghost Hunter RT Harry teams up with a maid to investigate the haunting of an MP's home. **See p95.** (S) (AD) (HD)

Harry Price	Rafe Spall
Sarah Grey	Cara Theobold
Albert Ogore	Richie Campbell
Enos Goodwin	Zoe Boyle
MP Edward Goodwin	Tom Ward

10.00 Vera *2/4 Series 6.* The detective investigates the murder of a homeless man. (S) (AD) (HD)

12 midnight The Suspicions of Mr Whicher (S) (AD) (HD) **1.50am** Kingdom (S) (AD) **2.40** Breathless (S) (AD) (HD) **3.35** Upstairs, Downstairs. (S) **4.30** The Memoirs of Sherlock Holmes (S) (AD) (HD) **5.30** Drama Trails **5.40–6.00am** ITV Encore Nightscreen (S)

ITV Encore +1 Sky 208

PBS America

Freesat 156 Sky 534 Virgin 276

6.00am Toughest Carrier Jobs **6.50** 911: Stories in Fragments **7.45** Trapped: Earthquake Rapid Response **8.45** Toughest Carrier Jobs **9.50** Trapped: Earthquake Rapid Response **10.55** Secrets of Stonehenge **12 noon** Prohibition **1.10pm** Bone Diggers **2.15** Toughest Carrier Jobs **3.20** Secrets of Stonehenge **4.25** Prohibition **5.35** Bone Diggers

6.45pm Toughest Carrier Jobs The lives of staff on board a US navy aircraft carrier, where they are constantly surrounded by live ammunition, spinning propeller blades and planes landing.

7.50 Curse of T Rex The battle over dinosaur fossils found in South Dakota that is claimed by the Black Hills Institute, the Federal Government and native Americans.

9.00 The Secret History of Isis The development of the jihadist militant group, set against the backdrop of repeated warnings by senior global policymakers of the threat that it posed.

10.15 Prohibition *4/5.* Illegal alcohol-fuelled bars became a symbol of glamorous city nightlife, while gangsters peddling booze gained wealth and notoriety.

11.20 Curse of T Rex As 7.50pm.

12.35am The Secret History of Isis **1.30** Prohibition **2.50** Trapped: Earthquake Rapid Response **3.40** Toughest Carrier Jobs **4.40** Trapped: Earthquake Rapid Response **5.35–6.00am** Hell on Hooves

Alibi

Sky 107 Virgin 115 BT 312 HD Virgin 230 BT 332

7.00am Diagnosis Murder (S) **8.00** Murdoch Mysteries (S) (HD) **10.00** Sue Thomas: F.B.Eye (S) **11.00** Castle (S) (AD) (HD) **12 noon** Rizzoli & Isles (S) (AD) (HD) **1.00pm** Diagnosis Murder (S) **2.00** Sue Thomas: F.B.Eye (S) **3.00** Murdoch Mysteries (S) (HD) **5.00** Castle (S) (AD) (HD)

6.00pm Rizzoli & Isles *10/15 Series 2.* A serial killer offers the duo information on a prison murder. (S) (AD) (HD)

7.00 Crossing Lines *2/12 Series 2.* Hickman's former New York partner gets involved in a dangerous rescue. (S) (HD)

8.00 The Closer *19/21 Series 7* The murder of a priest causes trouble with the Catholic Church. (HD)

9.00 King and Maxwell *2/10 Series 1.* Michelle finds herself under investigation by the FBI when she is linked to an assassination attempt. (HD)

10.00 Lie to Me *6/13 Series 3* Lightman tackles the leader of a self-help empire when concerns grow over a wealthy woman. (S) (HD)

11.00 Crossing Lines As 7pm.

12 midnight Perception: Morelli investigates an animal rights group. (S) (AD) (HD) **1.00–3.40am** Ripper Street: double bill (S) (AD) (HD)

Alibi +1 Sky 226 Virgin 130

Discovery History

Sky 535 Virgin 282

6.00am Aircraft Stories **7.00** Industrial Revelations: the European Story **8.00** Weapons of War **10.00** Weaponology (AD) **12 noon** Hitler's Generals **1.00pm** Weapons of War **3.00** Industrial Revelations: the European Story **4.00** Battle Castle with Dan Snow **5.00** Hitler's Generals

6.00pm Greatest Tank Battles Exploring the Northern Vietnam Army's battle tactics.

7.00 Treasure Quest The Odyssey Marine Exploration team members focus on their last two shipwrecks.

8.00 Rory McGrath's Best of British Engineering The comedy actor explores the history of British shipbuilding.

9.00 Planes That Never Flew The history of the Lockheed F-104 Starfighter, designed by engineer Clarence "Kelly" Johnson. (AD)

10.00 How We Got Here Bob Woodward's fateful encounter with the man who came to be known as Deep Throat.

10.30 The role former schoolteacher Clara Barton played in the Battle of Antietam.

11.00 Hitler's Generals Profile of Field Marshal Wilhelm Keitel.

12 midnight Weaponology: double bill (AD) **2.00am** Treasure Quest **3.00** Industrial Revelations: the European Story **4.00–6.00am** Weapons of War: double bill

Discovery History +1 Sky 536 Virgin 283

Fox

Sky 124 Virgin 157 HD Virgin 194

8.00am Law & Order: Criminal Intent (HD) **9.00** Medium (S) (HD) **11.00** The Closer (S) (HD) **1.00pm** NCIS (S) (AD) (HD) **3.00** Medium (S) (HD)

5.00pm The Closer *6&7/15 Series 4.* Double bill. (S) (HD)

7.00 NCIS *7&8/24 Series 10* Double bill. (S) (AD) (HD)

9.00 Family Guy *Series 10.* Peter becomes Tom Tucker's agent. (S) (HD)

9.30 American Dad! *Series 10* Hayley meets someone new. (S) (HD)

10.00 Family Guy *Series 13.* Peter throws Jesus a birthday party. (S) (HD)

10.30 American Dad! *Series 12* Steve befriends a drifter. (S) (HD)

11.00 ***New.*** **Neon Joe, Werewolf Hunter** *3/5.* The roaming monster-slayer assists the sheriff.

11.30 Robot Chicken *11/20 Series 8.* The Green Mile proves to be much longer than expected. (HD)

11.45 ***New.*** **Brad Neely's Harg Nallin' Sclopio Peeplo** Animated comedy sketch show.

12 midnight Family Guy (S) (HD) **1.00am** American Dad! (S) (HD) **2.00** Family Guy (S) (HD) **2.30** American Dad! (S) (HD) **3.00** Family Guy (S) (HD) **4.00–5.00am** American Dad! (S) (HD)

Fox +1 Sky 165 Virgin 158

History

Sky 529 Virgin 270 BT 327 HD BT 379

8.00am Pawn Stars (HD) **9.00** Down East Dickering (HD) **10.00** Shipping Wars (HD) **11.00** Counting Cars (HD) **12 noon** Storage Wars (HD) **1.00pm** Pawn Stars (HD) **3.00** Mountain Men (HD) **5.00** Pawn Stars (HD) **6.00pm** American Pickers (HD) **7.00** Storage Wars (HD) **8.00** The Curse of Oak Island (HD) **9.00** ***New.*** Duck Dynasty: double bill. Jase takes his father-in-law on a quail hunt, then Missy and Jase's son Reed buys a new van (HD) **10.00** Pawn Stars (HD) **10.30** Storage Wars (HD) **12 midnight** Duck Dynasty (HD) **1.00am** Pawn Stars (HD) **1.30** Storage Wars (HD) **3.00** Pawn Stars (HD) **4.00–5.00am** American Pickers (HD)

History +1 Sky 530 Virgin 271

Animal Planet

Sky 503 Virgin 256 BT 325 HD Virgin 757 BT 378

6.00am Tanked (HD) **7.00** The Pool Master (HD) **8.00** Treehouse Masters (HD) **9.00** The Zoo (HD) **10.00** Too Cute! (HD) **11.00** Insane Pools: off the Deep End (HD) **12 noon** Treehouse Masters (HD) **1.00pm** Animal Cops Phoenix (AD) (HD) **3.00** Bondi Vet (HD) **5.00** Animal Cops Detroit (AD) **6.00** Flying Wild Alaska (HD) **7.00** Tanked (HD) **8.00** Meet the Orangutans (HD) **9.00** Kings of the Wild (HD) **10.00** River Monsters (HD) **11.00** Bondi Vet (AD) (HD) **12 midnight** Tanked (HD) **1.00am** Meet the Orangutans (HD) **2.00** Kings of the Wild (HD) **3.00** River Monsters (HD) **3.50** Deadliest Catch **4.40** Whale Wars (HD) **5.30–6.00am** Animal Airport (HD)

Animal Planet +1 Sky 549 Virgin 258

Discovery

Sky 529 Virgin 250 BT 322 HD Virgin 251 BT 316

6.00am Extreme Car Hoarders (HD) **7.00** Alaskan Bush People (HD) **8.00** Bear Grylls: Born Survivor (HD) **9.00** Fast 'n' Loud (AD) (HD) **11.00** Wheeler Dealers (HD) **1.00pm** Fat 'n' Furious: Rolling Thunder (HD) **2.00** Gold Rush (HD) **3.00** Born Survivor: Bear Grylls (AD) (HD) **4.00** MythBusters (HD) **5.00** Wheeler Dealers (HD)

6.00pm Fast 'n' Loud Richard lands his biggest deal in Gas Monkey history. (AD) (HD)

7.00 Building a promotional 1968 Camaro SS convertible. (AD) (HD)

8.00 Misfit Garage As there is no project car, a '65 Mustang fastback is hastily purchased. (HD)

9.00 ***New.*** **Alaskan Bush People** A visit from the mayor of a nearby island could change Brownton. An opportunity for Gabe comes with serious risks. (HD)

10.00 ***New.*** **Valley Uprising** Documentary on the bold tradition of climbing in Yosemite Valley in California. (HD)

12 midnight Naked and Afraid (HD) **1.00am** Street Outlaws (HD) **2.00** Moonshiners (HD) **3.00** Alaskan Bush People (HD) **3.50** Wheeler Dealers (HD) **4.40–6.00am** How It's Made: triple bill (HD)

Discovery +1 Sky 521 Virgin 252

Nat Geographic

Sky 526 Virgin 264 BT 317 HD Virgin 258 BT 373

8.00am Nazi Megastructures (HD) **9.00** Secret Bible (HD) **10.00** The Egyptian Job (HD) **11.00** Highway thru Hell (HD) **12 noon** Wicked Tuna (HD) **1.00pm** Family Guns (AD) (HD) **2.00** Ultimate Airport Dubai (HD) **3.00** Air Crash Investigation (HD) **5.00** Car SOS (HD) **6.00** Supercar Megabuild (HD) **7.00** Air Crash Investigation: a Japan Airlines 747 that crashed in 1985 (S) (AD) (HD) **8.00** Yukon Gold: Big Al's gamble on a new pit pays off (HD) **9.00** Lawless Island (HD) **10.00** Car SOS (HD) **11.00** Air Crash Investigation (HD) **12 midnight** Science of Stupid (HD) **1.00am** Underworld, Inc (HD) **2.00–5.00am** Big Fish, Texas (HD)

Nat Geo +1 Sky 527 Virgin 267

Eden

Sky 532 Virgin 247 BT 315 HD Virgin 249

9.00am Africa (S) (AD) (HD) **10.00** as 10pm **11.00** Planet Dinosaur (HD) **12 noon** Dino Gangs (HD) **1.00pm** as 7pm **2.00** Wonders of the Monsoon (S) (HD) **3.00** Africa (S) (AD) (HD) **4.00** Wonders of the Solar System (S) (AD) (HD) **5.00** Planet Dinosaur (HD) **6.00** Dino Gangs (HD) **7.00** Australia with Simon Reeve (S) (HD) **8.00** Wonders of the Monsoon (S) (HD) **9.00** Africa (S) (AD) (HD) **10.00** Wonders of the Solar System (S) (AD) (HD) **11.00** Planet Dinosaur (HD) **12 midnight** Dino Gangs (HD) **1.00am** as 7pm **2.00** as 8pm **3.00** as 9pm **3.50** as 10pm **4.40** as 9pm **5.30–6.00am** Breaking Ice (S) (HD)

Eden +1 Sky 533 Virgin 248

CHILDREN'S

Milkshake! on C5

Full listings for Channel 5 are on p98

6.00am The Wotnots **6.10** Chloe's Closet **6.20** Lily's Driftwood Bay **6.30** Fireman Sam **6.40** Peppa Pig **6.45** Bob the Builder **7.00** Little Princess **7.10** Pip Ahoy! **7.25** Thomas & Friends **7.40** Noddy, Toyland Detective **7.50** Ben and Holly **8.05** Wissper **8.15** Peppa Pig: double bill **8.35** Paw Patrol: Ryder and the team clean up an oil spill **8.50** Tree Fu Tom: Tuppoo's HP barrows Toot's new water cannon **9.00–9.15am** Bananas in Pyjamas

CBeebies 121

Freeview 121 Freesat 608 Sky 614 Virgin 702

6.00am ZingZillas **6.10** Mr Bloom **6.25** Timmy Time **6.35** Buzz and Tell **6.40** Rita Rea **6.55** Postman Pat **7.10** Twirlywoos **7.20** Teletubbies **7.35** Hey Duggee **7.40** Fuzzlebert Hotel **7.55** Go Jetters **8.05** Octonauts **8.20** Chuggington **8.25** Kate & Mim-Mim **8.35** Tree Fu Tom **9.00** Time for School **9.10** Bing **9.25** Wussywaa! **9.30** Teletubbies **9.45** Something Special **10.05** Patchwork Pals **10.30** Show Me Show Me **10.30** Woolly & Tig **10.35** Get Well Soon **10.50** Ruff-Ruff **11.05** Lingo Show **11.15** Alphablocks **11.20** Numtums **11.25** Get Squiggling! **11.40** Washylon **12 noon** My Pet and Me **12.15pm** I Can Code **12.30** Old Jack's Boat **12.45** Melody **1.00** Time for School **1.10** Bing **1.25** Wussywaa! **1.30** Twirlywoos **1.45** Something Special **2.05** Patchwork Pals **2.10** Show Me **2.30** Woolly & Tig **2.35** Get Well Soon **2.50** Numtums **3.05** Lingo Show **3.15** Alphablocks **3.25** Nina and the Neurons **3.30** Mister Maker **3.50** Grandpa in My Pocket **4.05** Big **4.15** What's the Big Idea? **4.20** Kerrang! **4.30** Nina and the Neurons **4.45** Peter Rabbit **5.25** Topsy and Tim **5.35** ***New.*** Jamilah and Aladdin **5.50** ***New.*** Nelly & Nora **6.00** Clangers **6.10** The Adventures of Abney & Teal **6.20** In the Night Garden **6.50–7.00pm** Close. Bedtime Story: read by Chris Johnson

CBBC 120

Freeview 120 Freesat 607 Sky 613 Virgin 701

7.00am Arthur **7.15** Zig and Zag **7.25** Cbeebies **7.30** ***New.*** Blue Peter Bike **7.40** Newsround **7.45** Wild & Weird **8.00** Dismissed **8.15** Newsround **8.25** Diddy TV **8.40** Joke Machine **8.45** ***New.*** Odd Squad **9.00** ***New.*** Hacker Time **9.30** ***New.*** Next Step **9.50** Let It Grow **9.55** Copycats **10.30** Young Dracula **10.55** Young Dracula **11.55** Matilda **12.10pm** Next Step **12.35** Hetty Feather **1.30** Hacker Time **2.00** Copycats **2.30** Wild & Weird **2.45** Amazing **3.00** Odd Squad Genius **3.25** Dickstuck **3.35** Endangered Species **3.45** ***New.*** Bottersnikes & Gumbles **4.00** Just Kidding **4.20** Newsround **4.30** **CHOICE** ***New.*** Hacker Time **See page 95.** **5.00** **CHOICE** ***New.*** Blue Peter **See page 95.** **5.30** Dumping Ground **6.00pm** ***New.*** Olympic Rundown **6.05** ***New.*** Bottersnikes & Gumbles **6.20** ***New.*** The Deep **6.45** ***New.*** Danger Mouse **6.55** Unbeatable **7.00** Horrible Histories **7.30** Raising Mum and Dad **8.00** Lost & Found **8.05** Next Step **8.25–9.00pm** Dumping Ground

CITV 127

Freeview 122 Freesat 602 Sky 621 Virgin 734

Programmes 6.00pm–9.00 not Freeview

6.00am Monsuno **6.20** Signed Stories: Share a Story **6.30** Dino Dan: Trek's Adventures **7.15** Cricket **7.25** Grizzly Tales **7.55** City Shorts **8.00** Max Steel **8.25** Matt Hatter Chronicles **8.55** Thundersnails Are Go **9.25** Oddbods **9.30** ***New.*** What's New Scooby-Doo? **10.00** Mr Bean: the Animated Series **11.00** Horrid Henry **12 noon** Nerds & Monsters **12.30pm** Looped **1.00** Mr Bean: the Animated Series **2.00** Horrid Henry **3.00** Thundersnails Are Go **3.30** What's New Scooby-Doo? **3.55** My Parents Are Aliens **5.05** Fort Boyard **6.00pm** Max Steel **6.25** Matt Hatter Chronicles **6.55** Horrid Henry **7.55** Looped **8.25** Thundersnails Are Go **8.55–9.00pm** Signed Stories

THURSDAY Films & Sport

Discover film

The best of Sky, iPlayer, Netflix and beyond

Big aaaahhh

Big Hero 6 ★★★★ *3.15pm* ***Sky Disney***

Purists, look away! When the artificial synthformer Baymax – in other words, the cuddly marshmallow in *Big Hero 6* – started life in the original Marvel Comics, he came in one of two forms: the relatively low-key Battle-Dragon or the more imposing Action-Mecha. Here, Baymax's powers extend little further than being able to inflate and deflate himself. But for non-purists, he's the film's standout creation, its big beating heart. **STEVE MORRISSEY**

Happy birthday, Bob

The Natural ★★★★ *4.15pm* ***MovieMix*** FREEVIEW

I interviewed Robert Redford while he was filming *Spy Game* at Pinewood. An urbane gentleman he was and still handsome beneath a ton of make-up. Two of my favourite Redford movies mark his 80th birthday: classic grainy Nixon-era thriller *The Candidate* (on Sky Drama/Romance) and, from the 80s (his quietest decade as an actor), the more elegiac, Rockwell-esque baseball story *The Natural* (review, p38). **ANDREW COLLINS**

Last chance to see

Flying Blind ★★★

BBC iPlayer

FREE TO VIEW

Helen McCrory gives a striking performance here as a 40-something engineer working on an MoD contract whose affair with an Arab student has serious ramifications. It's small scale and low budget, but it keeps things compelling. **TREVOR JOHNSTON**

FREEVIEW

Film4

15

Pview 15 **Fsat** 300 **Sky** 301 **Virgin** 428 **HD** Virgin 429

11.00am Step Up 3 ★★★ Romantic drama. Adam G Sevani, Rick Malambri (2010, US) 15 **1.10pm Doctor in Clover** ★★ Comedy. Leslie Phillips (1966, PG) 15 **3.15 The House of Magic** ★★★★ Animated adventure. Murray Blue, Cinda Adams (2012, U) 15

4.55pm Casper ★★★★ Winning comedy fantasy, in which harmless ghost Casper tries to make friends with a lonely girl. Christina Ricci, Bill Pullman, Cathy Moriarty, Eric Idle (1995, PG)

6.55 The Adjustment Bureau ★★★ Matt Damon and Emily Blunt fall in love in spite of a mysterious organisation that's determined to keep them apart. (2011, 12) 15

9.00 About Time ★★★★ Domhnall Gleeson discovers he can travel back in time in this touching and cute comedy. Rachel McAdams, Bill Nighy, Margot Robbie (2013, 12) 15

11.25pm Bronson ★★★ Biographical prison drama. Tom Hardy (2008, 18) **1.10–3.50am Serpico** ★★★★ Police thriller based on a true story. Al Pacino (1972, 15) 15

Film4 +1 **Pview** 45 (HD only) **Fsat** 301 **Sky** 316 **Virgin** 430

Movie Mix

32

Freeview 32

9.00am The Secret Agent Club ★ Action comedy. Hulk Hogan (1995, PG) **10.50 Open Season** ★★★ Animated comedy. Martin Lawrence (2006, PG) **12.30pm There's a Girl in My Soup** ★★ Comedy. Peter Sellers (1970, 15) **2.15 The Cup** ★★ Horse-racing drama. (2011, PG) **4.15 The Natural** ★★★★ Baseball drama. **Review, p38; Choice, left.** Robert Redford, Robert Duvall (1984, PG)

7.05pm The Crossing ★★★ Impressively mounted historical drama chronicling George Washington's crucial battle with the British. Jeff Daniels (2000)

9.00 Hollow Man 2 ★ Unwarranted and laughable sci-fi thriller sequel in which a cop and a scientist go on the trail of an invisible former soldier. Christian Slater, Peter Facinelli, Laura Regan (2006, 15)

10.50 Until Death ★★ Routine action thriller starring Jean-Claude Van Damme. Selina Giles, Mark Dymond, William Ash (2007, 15)

1.00am Lesbian Vampire Killers ★★ Comedy horror. James Corden, Mathew Horne (2008, 15) **2.50 S Club: Seeing Double** ★★ Musical comedy. Bradley McIntosh, Rachel Stevens, Hannah Spearritt, Jo O'Meara, Tina Barrett, Jon Lee (2003, PG) **4.45** Movie News **4.55–6.00am** Highway to Heaven

Movies4Men

48

Freeview 48 **Freesat** 304 **Sky** 325

6.00am The Set-Up ★★★★ Boxing drama. Robert Ryan (1949, PG) **7.25 Pacific Destiny** ★★ Drama. Benham Elliott (1956, PG) **9.25 Candlelight in Algeria** ★★ Spy drama. James Mason (1943, U) **11.05 The Battle of Sinai** ★★ Wartime drama. Franco Gorinelli (1968, 12) **1.10pm The Elite** ★★ Thriller. Jürgen Prochnow (2000) **3.00** On a Wing and a Prayer **4.15** The German War Navy

5.30pm Steel Tempest ★★ Portrayal of war from the point of view of the Germans. Simon Kirby (2000, 15)

7.15 The Last Blitzkrieg ★ Van Johnson is miscast as the son of a top Nazi general who infiltrates the US Army. (1958)

9.00 To End All Wars ★★ Factually authentic, but dramatically moribund account of a story told better (though with greater license) in *The Bridge on the River Kwai*. Robert Carlyle, Kiefer Sutherland, Goran Mc Mennamin, Mark Strong, James Cosmo (2001, 15)

11.20pm War of Resistance ★★ Second World War drama. Mimi Sagadin, David Thomas Jenkins, John Rhys-Davies (2011, 15) **1.55–4.00am The New Centurions** ★★★★ Police drama. George C Scott, Stacy Keach (1972, 15)

Movies4Men +1 **Freesat** 305 **Sky** 326

Premiere

Sky 301 **Virgin** 431 **BT** 501 **HD** Virgin 431

6.00am 4 Minute Mile ★★ Drama. Kelly Slater (2014, 12) **7.40** Star Trek Beyond Special **8.30** As 6pm **10.10** As 4.30pm **12 noon** As 10pm **1.45pm** As 8pm **3.40** Suicide Squad: Special **4.10 Suffragette** ★★★★ Historical drama. **Choice, p62.** Carey Mulligan, Helena Bonham Carter, Meryl Streep (2015, 12)

6.00pm Spud ★★★ Sweet, coming-of-age comedy. Troye Sivan, John Cleese, Jamie Royal, Sven Ruygrok (2010, 15)

8.00 Pan ★★★ Spectacular all-action adventure prequel. Levi Miller, Hugh Jackman, Rooney Mara (2015, PG)

10.00 Kite ★★ Highly stylised reworking of an anime original. India Eisley, Samuel L. Jackson, Callan McAuliffe (2014, 15)

11.35 Hangar 10 ★★ Routine found-footage horror thriller. Danny Shayler, Abbie Sell, Robert Curtis (2014, 15)

1.10am Deep in the Wood ★★ (2015) **2.50** Avengers: Age of Ultron Special **3.10 Dragon Ball Z: Battle of Gods** ★★ (2013, J) **5.00** Star Trek Beyond Special **5.30** Finding Pixar

Premiere +1 **Sky** 302 **Virgin** 402

Greats

Sky 304 **Virgin** 404 **BT** 508 **HD** Virgin 434

6.20am The Iron Giant ★★★★ Animated sci-fi. (1999, U) **7.55 Broken Lance** ★★★★ Western. (1954, U) **9.35 Groundhog Day** ★★★★★ Fantasy. (1993, PG) **11.20 Journey to the Center of the Earth** ★★★★ Adventure. (1959, U) **1.40pm The Bridge on the River Kwai** ★★★★★ War epic. (1957, PG)

4.20pm Happy Gilmore ★★ Slapstick sports comedy. Adam Sandler, Christopher McDonald (1996, 12)

6.00pm Lethal Weapon ★★★★ Stylish, violent action thriller. Mel Gibson, Danny Glover (1987, 18)

8.00 Lethal Weapon 2 ★★★ Second outing for the mismatched cops. Mel Gibson, Danny Glover, Joe Pesci (1989, 18)

10.00 Lethal Weapon 3 ★★★ Another slice of slick mayhem. Mel Gibson, Danny Glover, Joe Pesci (1992, 15)

12.15am Harry Potter and the Order of the Phoenix ★★★★ Fantasy. Daniel Radcliffe (2007, 12) **2.50 Harry Potter and the Half-Blood Prince** ★★★★ Fantasy. (2009, 12) **5.30** Star Trek Beyond Special

Comedy

Sky 308 **Virgin** 408 **BT** 506 **HD** Virgin 438

6.50am Pitch Perfect 2 Special **7.20 The Man** ★★ Action. (2005, 12) **8.50 King Ralph** ★★ Comedy. (1991, PG) **10.35 Rushmore** ★★★★ Black comedy. (1998, 15) **12.15pm** As 6.50am **2.20 Rickl and the Flash** ★★★ Drama. (2015, 12) **4.30** The Top Ten Show **4.50 Norbit** ★ Comedy. (2007, 12)

6.20pm Blazing Saddles ★★★★ Hilarious spoof western. Cleavon Little, Gene Wilder, Madeline Kahn (1974, 15)

8.00 Spy ★★★★ Melissa McCarthy is hilarious in this comedy. Jason Statham (2015, 15)

10.05 Norbit ★ Atrocious comedy. Eddie Murphy, Thandie Newton (2007, 12)

11.55 There's Something about Mary ★★★★ Wickedly funny bad-taste romantic comedy. Cameron Diaz, Matt Dillon, Ben Stiller (1998, 15)

2.00am Jackass number two ★★★ Comedy. Johnny Knoxville, Bam Margera, Steve-O (2006, 15) **3.35 The Frighteners** ★★★★ Supernatural comedy thriller. Michael J Fox (1996, 15) **5.30** Pitch Perfect 2 Special

Hits

Sky 303 **Virgin** 403 **BT** 504 **HD** Virgin 433

6.00am Friday Download: the Movie ★★★ Comedy. Dionne Brennan (2015, PG) **7.40 Seventh Son** ★★ Supernatural fantasy. Jeff Bridges, Ben Barnes (2014, 12) **9.35** As 8pm **11.25** The Top Ten Show **11.40** As 6.50pm **1.30pm** As 9.50pm **3.45 Godzilla** ★★ Horror. Matthew Broderick (1998, PG)

6.10pm Focus ★★ Likeable but lacklustre romantic caper. Will Smith, Margot Robbie, Rodrigo Santoro (2015, 15)

8.00 Fantastic Four ★★ Underwhelming action fantasy about the origins of the Marvel superhero quartet. Miles Teller, Michael B Jordan, Kate Mara, Jamie Bell (2015, 12)

9.50 Trainwreck ★★★★ Judd Apatow's refreshing tale of a "ladette" who finds love. Amy Schumer, Bill Hader, Brie Larson, Colin Quinn (2015, 15)

12 midnight Jerry Maguire ★★★★ Witty and moving romantic comedy drama. Tom Cruise, Cuba Gooding Jr, Renee Zellweger (1996, 15) **2.20am Blade** ★★★ Fantasy action adventure. Wesley Snipes (1998, 18) **4.25** As 6am

Action/Adventure

Sky 307 **Virgin** 407 **BT** 502 **HD** Virgin 437

6.05am Jaws III ★★ Action adventure. Dennis Quaid, Louis Gossett Jr (1983, PG) **7.50** As 6.35pm **10.15** As 9pm **12.05pm** As 11pm **2.15 Black Sea** ★★★★ Adventure thriller. Jude Law (2014, 15) **4.25 Batman Forever** ★★★★ Action fantasy. Val Kilmer, Tommy Lee Jones, Jim Carrey, Nicole Kidman (1995, PG)

6.35pm Spider-Man 3 ★★★ Visually thrilling second sequel. Tobey Maguire, Kirsten Dunst, James Franco (2007, 12)

9.00 Teenage Mutant Ninja Turtles ★★★ Fast, fun and family-friendly action adventure in which the half-shelled heroes try to prevent a chemical attack on New York. Megan Fox (2014, 12)

11.00 San Andreas ★★★ Spectacular disaster movie. Dwayne Johnson, Carla Gugino, Alexandra Daddario (2015, 12)

12.55am Black Sea As 2.15pm **2.50 Poseidon** ★★ Disaster movie. Josh Lucas, Kurt Russell (2006, 12) **4.30 Jaws 2** ★★ Action adventure. Roy Scheider, Lorraine Gary (1978, PG)

Crime/Thriller

Sky 309 **Virgin** 409 **BT** 509 **HD** Virgin 439

6.45am Bad Karma ★★ Thriller. Ray Liotta (2012, 15) **8.25 Assault on Precinct 13** ★★★ Action thriller. Ethan Hawke (2005, 15) **10.25** As 5.30pm **12.25pm** As 7.20pm **2.05** As 5pm **3.40 Dead Again** ★★★ Thriller. Kenneth Branagh (1991, 15) **5.30 Son of a Gun** ★★★ Crime drama. (2013, 18)

7.20pm American Ultra ★★★ The stoner comedy gets a fresh twist with Jesse Eisenberg and Kristen Stewart as slackers tracked by a government spook. (2015, 15)

9.00 The Boy Next Door ★★ Over-the-top thriller that's taken straight from the stalker textbook. Jennifer Lopez, Ryan Guzman (2015, 15)

10.40 Return to Sender ★★ Improbable revenge thriller. Rosamund Pike, Nick Nolte (2015, 15)

12.25am Zulu ★★ Crime drama. Orlando Bloom, Forest Whitaker (2013, 18) **2.25 The Maid's Room** ★★ Thriller. Paul Garrels, Annabella Sciorra (2013) **4.15 Point Last Seen** ★★★ Suspense thriller. Linda Hamilton (1996)

Key (S) Subtitles (SL) Signing (AD) Audio description

Disney

Sky 305 **Virgin** 405 **BT** 503 **HD** Virgin 435

6.45am Oliver & Company ★★★ (1988, U) **8.30** As 6.35pm **9.35 Cars 2** ★★★ (2011, U) **11.25 Planes: Fire and Rescue** ★★★ (2014, U) **12.55pm** As 8pm **3.15 Big Hero 6** ★★★★ Animation. **Choice, left.** (2014, PG) **5.00 Confessions of a Teenage Drama Queen** ★★★ Comedy. (2004, PG)

6.35pm Peter Pan ★★★★ Delightful animated fantasy about the boy who wouldn't grow up. Bobby Driscoll, Kathryn Beaumont (1953, U)

8.00 Mary Poppins ★★★★★ Two children find their lives transformed when a new nanny arrives in this enchanting musical. Julie Andrews, Dick Van Dyke (1964, U)

10.25 Secretariat ★★ Tepid but good-looking true-story drama. Diane Lane, John Malkovich (2010, U)

12.35am The Last Flight of Noah's Ark ★ Adventure. (1950, U) **2.20 The Sword in the Stone** ★★★ Animation. (1963, U) **3.45 Return from Witch Mountain** ★★★ Adventure. (1978, U) **5.30** As 11.25am

Drama/Romance

Sky 310 **Virgin** 410 **BT** 511 **HD** Virgin 440

6.30pm Pitch Perfect 2 Special **7.00 The Candidate** ★★★★ Drama. (1972, PG) **9.00 Get on Up** ★★★ Biopic. (2014, 12) **11.25 The Remains of the Day** ★★★★★ Drama. (1993, U) **1.45am** As 8pm **3.35** Pitch Perfect 2 Special **4.05 Think like a Man Too** ★★ Comedy. (2014, 12)

6.00pm Kelly & Cal ★★★ Charmingly written, sensitively played slow-burner. Juliette Lewis, Jenny Mestor, Josh Hopkins, Cybill Shepherd (2014)

8.00 Burnt ★★ Bradley Cooper brings a spark to this wry story of a chef who has a tendency to blow his top. Sienna Miller (2015, 15)

9.45 The Theory of Everything ★★★★ Cleverly constructed biopic. Eddie Redmayne, Felicity Jones, Charlie Cox, Emily Watson (2015, 12)

12 midnight Men, Women & Children ★★★ Drama. Adam Sandler (2014, 15) **2.10am In the Name of the Father** ★★★★ Drama. Daniel Day-Lewis (1993, 15) **4.30 The Country Girl** ★★★ Drama. Bing Crosby (1954, PG)

Select

Sky 312 **Virgin** 412 **BT** 510 **HD** Virgin 442

6.20am National Lampoon's Animal House ★★★★ (1978, 15) **8.15 Magic in the Moonlight** ★★ (2014, 12) **10.00 Tangerines** ★★★★ (2013, 15) **11.35** As 11.30pm **1.35pm Hondo** ★★★ (1953, PG) **3.05 The Salvation** ★★★★ (2014, 15) **4.45 World Trade Center** ★★★ Drama. (2006, 12)

7.00pm The Commitments ★★★★ Winning musical drama based on Roddy Doyle's novel. Robert Arkins, Michael Aherne, Angeline Ball (1991, 15)

9.00 Gone Girl ★★★★ A husband becomes a suspect in his wife's disappearance in David Fincher's absorbing mystery. Ben Affleck, Rosamund Pike, Tyler Perry (2014, 18)

11.30 Psycho ★★★★★ Alfred Hitchcock's horror masterpiece. Anthony Perkins, Janet Leigh (1960, 15)

1.25am Quadrophenia ★★★★ Genuine musical milestone that crackles with raw energy. Phil Daniels, Leslie Ash, Sting (1979, 18) **3.30 The Devils** ★★★★ Controversial historical horror. Oliver Reed, Vanessa Redgrave (1971, 18)

Fairy Tales

Sky 306 **Virgin** 406 **BT** 505 **HD** Virgin 436

6.05am As 9.45pm **7.50 Mulan II** ★★ (2004, U) **9.15** As 11.25pm **11.00 Alice in Wonderland** ★★★ (2010, U) **12.30pm** As 8pm **2.20 Cinderella** ★★★★ (1960, U) **3.45 Cinderella II: Dreams Come True** ★★ Romance. (2002, U) **5.10 Cinderella III: a Twist in Time** ★★ Fantasy. Jennifer Hale (2007, U)

6.30pm The Black Cauldron ★★★ Above-average animated adventure. John Huston (1985, U)

8.00 Tangled ★★★★ Fun-packed Disney animation. Mandy Moore, Zachary Levi, Donna Murphy, Ron Perlman (2010, PG)

9.45 The Spiderwick Chronicles ★★★★ Gripping fantasy yarn. Freddie Highmore, Sarah Bolger (2008, PG)

11.25 The Princess and the Frog ★★★ Fun animated adventure. Anika Noni Rose, Bruno Campos (2009, U)

1.05am Alice in Wonderland As 11am **2.25 Mulan II** As 7.50am **3.50 Cinderella** As 2.20pm **5.10 The Black Cauldron** As 6.30pm

Sci-Fi/Horror

Sky 311 **Virgin** 411 **BT** 507 **HD** Virgin 441

6.15am Unfriended ★★★ Horror. (2014, 15) **7.45 Battle for the Planet of the Apes** ★ Sci-fi fantasy. Roddy McDowall (1973, PG) **9.15** As 5pm **11.30** As 7.15pm **1.15am** As 9pm **3.15** As 11.10pm **5.00 Tomorrowland: a World Beyond** ★★★★ Sci-fi mystery. George Clooney (2015, 12)

7.15pm The Visit ★★★ M Night Shyamalan's blackly comic horror. Deanna Dunagan, Peter Mcrobbie (2015, 15)

9.00 The Chronicles of Riddick ★★ Ambitious but overblown sequel to sci-fi thriller *Pitch Black*. Vin Diesel (2004, 15)

11.10 Maggie ★★★★ Gripping and genuinely moving horror thriller with an effective performance from Arnold Schwarzenegger. Abigail Breslin (2015, 15)

1.00am Unfriended As 6.15am **2.30 Girlhouse** ★★ Horror thriller. Ali Cobrin, Slaine (2014, 18) **4.25 Battle for the Planet of the Apes** As 7.45am

TCM

Sky 317 **Virgin** 415 **BT** 512 **HD** Virgin 416

6.45am Kung Fu **8.55 Guns for San Sebastian** ★★ Western. (1968, PG) **11.05 Gun Glory** ★★ Western. Stewart Granger (1957, U) **12.50pm** Kung Fu **3.00 The Law and Jake Wade** ★★★★ Western. Robert Taylor (1958, U) **4.40 The Flame and the Arrow** ★★★ Adventure. Burt Lancaster (1950, U)

6.25pm David Copperfield ★★★★★ This immaculately cast and designed MGM production remains the definitive version of Dickens's classic novel. W Cheles, Lionel Barrymore, Freddie Bartholomew (1935, U)

9.00 The Last Boy Scout ★★★ Flashy buddy movie. Bruce Willis, Damon Wayans, Chelsea Field (1991, 18)

11.10 Mad Max 2 ★★★★ Exhilarating action thriller. Mel Gibson, Bruce Spence, Vernon Wells (1981, 18)

1.05am Conspiracy Theory with Jesse Ventura **2.55** Hollywood's Best Film Directors

TCM +1 **Sky** 318 **Virgin** 417

SPORT Choices

European Tour Golf *10.00am, 2.00pm* ***Sky Sports 4***

The Czech Masters, beginning today, is admittedly not one of the Tour's most glamorous events, but being the penultimate tournament before Europe's Ryder Cup team is selected means it's attracted players jostling for places. England's Andy Sullivan is looking likely to make Darren Clarke's squad to take on the USA, and will be in Prague to further stake his claim. A possible captain's choice for Europe, Lee Westwood, is also taking part. **STEVE WALL**

Sky Sports 1

Sky 401 **Virgin** 511 **BT** 402 **HD** Virgin 501

6.00am Football Gold **7.00** Wrestling **8.00** Premier League World **8.30** Premier League Years (AD) **10.30** Great Sporting Moments: double bill **11.00** Premier League 100 Club **11.30** Football Gold

12 noon Premier League 100 Club **1.00pm Premier League Legends** **2.00 Premier League Years** (AD) **4.00 Football Gold** **5.00 Motorsport Mundial** **5.30 Sporting Triumphs** **6.00 Premier League World** **6.30 Premier League 100 Club** **7.00 Premier League Match Pack** **7.30 LIVE Super League** Hull FC v Catalans Dragons in the Super 8s kick-off **8.00**. The Airlie Birds are on a high after finishing top of the Super League in the regular season and reaching the Challenge Cup final, while the French outfit have had one of their best seasons. **10.30 Spanish Football** **11.00 Premier League World** **11.30 Premier League Match Pack** **12 midnight** Super League **12.15am** Premier League 100 Club **12.45** Super League **1.00** Spanish Football **1.30** Premier League World **2.00** Super League **2.15** Super League Gold (AD) **2.30** Spanish Football **3.00** Premier League World **3.30** Super League **3.45** Super League Gold (AD) **4.00–6.00am** Premier League Years (AD)

Sky Sports 2

Sky 402 **Virgin** 512 **BT** 403 **HD** Virgin 502

6.00am Cricket Classics (AD) **7.00** Cricket's Greatest (AD) **11.00** Cricket Classics (AD)

12 noon Cricket's Greatest (AD) **1.00** Cricketing Yorkshire **2.00 LIVE One-Day Cricket** A One-Day Cup quarter-final in the 50-over-a-side competition as the line-up for the semis is completed. **10.00** Cricketing Yorkshire **11.00** AB de Villiers: Sporting Genius **12 midnight** The World Rugby Show **12.30am** Cricket Classics (AD) **1.30** Cricket's Greatest (AD) **2.30** AB de Villiers: Sporting Genius **3.00** Cricketing Yorkshire **3.30** The World Rugby Show **4.00** Cricket Classics (AD) **5.00–6.00am** Cricket's Greatest (AD)

Sky Sports 3

Sky 403 **Virgin** 513 **HD** Virgin 503

6.00am Darts Gold (AD) **7.00** Boxing Gold **8.00** Tennis **9.00** Sporting Greats (AD) **9.30** Racermouse **10.00** Sporting Heroes (AD) **11.00** Boxing News **11.30** Sporting Greats (AD)

12 noon Time of Our Lives Keith Deller's 1983 World Professional Darts Championship victory. (AD) **1.00pm Tennis** Cincinnati Masters. **2.00 Racemax** Motorsport. **2.30 Sporting Greats** (AD) **3.00 Tennis** Cincinnati Masters. **4.00 LIVE Tennis** The ATP Cincinnati Masters, last-16 matches on the fourth day. Rafael Nadal's tournament came to an end at this stage last year when he lost 5–7 6–4, 7–6 to Spanish compatriot Feliciano López. However, there were no other major upsets, with Novak Djokovic, Roger Federer and Andy Murray going through to the quarter-finals. **2.00am** Tennis **2.30** Racemax **3.00** Legends of Darts **4.00** Boxing Gold **5.00–6.00am** Time of Our Lives (AD)

Sky Sports 4

Sky 404 **Virgin** 514 **HD** Virgin 504

6.00am PGA Tour Classic **7.00** Wonderful World of Golf **8.30** Euro Tour Weekly **9.00** US Senior Tour Golf: the US Senior Open **10.00 LIVE European Tour Golf** The Czech Masters, round one in Prague. More at 2pm.

12 noon Sporting Greats (AD) **12.30pm** Golf **1.30** Sporting Greats: Seve Ballesteros (AD) **2.00 LIVE European Tour Golf** Further play from day one of the Czech Masters in Prague. **5.00** Golf: the European Amateur Championship **6.00** Fishing **6.30** The World Rugby Show **7.00** European Tour Golf **8.00 LIVE US Tour Golf** The Wyndham Championship, round one at the Sedgefield Country Club in Greensboro, North Carolina. **12 midnight** European Tour Golf **1.00am** Fishing **1.30** US Tour Golf **5.30–6.00am** Fishing

Sky Sports 5

Sky 405 **Virgin** 515 **BT** Vision+ 406 **HD** Virgin 505

6.00am Sports Unlimited **7.00** Gaelic Sports **8.00** Powerboating **9.00** Sports Unlimited **10.00** Watersports **11.00** Gaelic Sports

12 noon Powerboating The first PI Superstock UK meeting of the year, at Scarborough. **1.00pm Wrestling** WWE Raw. **2.55 LIVE Test Cricket** West Indies v India, day one in the fourth and final Test, from Queen's Park Oval in Port of Spain, Trinidad. **10.30 Wrestling** WWE action **3.30–6.00am** Football's Greatest Players

Eurosport 1

Sky 410 **Virgin** 523 **BT** 421 **HD** Virgin 521 **BT** 435

7.25am Going for Gold **7.30** British Superbikes **9.30** Cycling **11.30** Triathlon: from Swansea

12 noon British Superbikes **2.00pm** Motorcycling **3.00** Snooker **5.00** Cycling **6.00** Going for Gold **6.15** British Superbikes **8.15** British Superbikes **9.20** Speedway **9.55** Snooker **11.55** Boxing **12.55–1.00am** Eurosport News

Eurosport 2

Sky 411 **Virgin** 524 **BT** 431 **HD** Virgin 522 **BT** 436

6.00am Speedway **7.00** Watts **7.30** Eurosport Top Ten **8.00** Watts **8.30** Tour de France **9.30** Speedway **11.00** Eurosport Top Ten **11.30** Watts **1.00pm** News **1.05** Going for Gold **1.10** Eurosport Top Ten **1.25** News **1.30** Motocross **2.30** Motorcycling **3.30** World Superbikes: double bill **5.30** Speedway **6.30** Motocross **7.00** Snooker **9.00** Boxing **10.00** Cycling **11.00** News **11.05** Going for Gold **11.10** Cycling **12.10am** Going for Gold **12.15** Motorcycling **12.25** Going for Gold **12.30–6.00am** Eurosport News

BT Sport 1

Sky 431 **Virgin** 531 **BT** 400 **HD** Virgin 571 **BT** 400

6.00am Bowls **7.00** Motor Racing **8.00** MotoGP: from Austria **12 noon** Motorcycling: Sidecar World Championship, round four **12.30pm** Tennis **4.00 LIVE Tennis** Coverage of last-16 matches from day four of the WTA Cincinnati Open, an outdoor hardcourt tournament. **4.00–6.00am** Classic MoTD

BT Sport 2

Sky 434 **Virgin** 532 **BT** 409 **HD** Virgin 581 **BT** 413

6.00am Last Week, This Week **6.30** Classic MoTD **10.30** Rallying **11.00** Premier League World **11.30** Hockey World

12 noon German Football **1.30pm** There's No Place like Home: one fan's quest to purchase the original rules of basketball (AD) **2.45** Last Week, This Week **3.00** Speedway **4.00** MotoGP **5.00** World Sport **5.30** French Football **6.00** Premier League World **6.30** Champions League Football **7.00 LIVE Europa League Football** Coverage of a play-off round first leg match, with a place in the group stage at stake. **10.00** French Football **10.30** Youngstown Boys (AD) **12.30am** Bad Blood: Diaz v McGregor **1.30** UFC: triple bill **3.00** Champions League Football **4.00** Bad Blood: Diaz v McGregor **5.00–6.00am** Bowls

BT Sport 3

Sky 417 **Virgin** 533 **BT** 410 **HD** Virgin 525 **BT** 412

6.00am Champions League Football **11.00** French Football **12 noon** Champions League Football **12.30pm** Last Week, This Week **1.00** Champions League Football **6.00 LIVE Major League Baseball** Detroit Tigers v Boston Red Sox (start time **6.10**) **9.00** Major League Baseball **9.30** Last Week, This Week **9.45** MotoGP Rewind **10.00** Hockey **10.30** Rallying: from Ireland **11.00** MotoGP **12 midnight** Europa League Football: tonight's action **1.30am** French Football **2.00** MotoGP **3.30** Last Week, This Week **4.00** French Football **4.30–6.00am** Europa League Football

BT Sport//ESPN

Sky 435 **Virgin** 534 **BT** 411 **HD** Virgin 526 **BT** 433

6.00am Pardon the Interruption **6.30** Around the Horn **7.00** Pardon the Interruption **7.30** Around the Horn **8.00** American Football **8.30** Major League Baseball **11.30** Around the Horn **12 noon** ESPN FC **12.30pm** Pardon the Interruption **1.00** American Football **1.30** Major League Baseball **5.30** ESPN FC **6.00 LIVE Baseball** Little League World Series for 11–13 year-olds, staged in Pennsylvania. **2.00am** Major League Baseball **4.00** American Football **4.30** World Sport **5.00–6.00am** Drag Racing

Money Paul Lewis on the benefits of paying by card Your RT p69

FRIDAY Choices

FAST FOUR
The GB men's 4x100 relay team may feature James Ellington, Adam Gemili, Chijindu Ujah and James Dasaolu

BATON BLUES

- The GB Men's 4x100 relay sprinters have only escaped disqualification in one of the last five Olympics – winning gold in Athens in 2004.
- They have a habit of botching handovers, and descended into a very public spat when the baton was dropped at last year's World Championships in Beijing.
- But last month the team won gold at the European Championships in Amsterdam – could the curse be lifted?

PICK OF THE DAY

Athletics: Men's 4x100m Relay Final *2.35am BBC1*

Some sporting moments lodge long in the memory. The only tickets we got for London 2012 allowed me and my family to witness the sprint relay at the Olympic Stadium, with the breath-stopping sight of Usain Bolt on the final leg sweeping away from the field down the home straight in a whirr of limbs. He crossed the line, the Jamaican team had smashed the world record, and what was the first thing Bolt did? A Mobot.

So for my money there is nothing like the drama of a 4x100m – the best 37 seconds of action in Olympic sport. The catch tonight is that those 37 seconds won't arrive until 2.35am. But look, it's a Friday. You could wait until tomorrow's breakfast-time catch-up on BBC1 to see what happened but it will be old news by then. Sporting history is worth losing a bit of sleep for. Plus, the GB team, if they can put aside their baton-fumbling days (see panel above), could be in with a shout, too. **DAVID BUTCHER**

Usain Bolt: page 8

Boxing: Men's and Women's

6.00pm, 8.00pm BBC2

Those who are used to watching Olympic boxing over the past 30 years might be in for a shock this time around.

For the first time since 1984, male boxers will fight without head-guards, making the sport far more akin to professional bouts. Research from the Amateur Boxing Association concluded that incidents of concussion actually fell by 43 per cent between 2013 and 2015 once head-guards were removed.

Female fighters will still wear the headgear; AIBA claims there isn't enough data yet to make the change for women, too. **JAMES GILL**

Cycling: Women's and Men's BMX Finals

From 7.00pm BBC1

There's no let-up in the BMX programme. Athletes ride the semi-finals, and race again within a couple of hours – if they're lucky – in the finals. For sheer explosive power, jumps, crashes, and excellent hats, bicycle motocross makes many other disciplines seem lacking.

Team GB's star performer will be Liam Phillips, who won back-to-back golds in the UCI BMX Supercross World Cup in 2014 and 2015. Having broken his collarbone for the second time just before London 2012, he's had a smoother run-up to Rio. With his team's concerns about the safety of the original Brazilian Olympic track allayed, he should come flying out of the gate. **EMMA STURGESS**

Hockey: Women's Gold Medal Match

9.00pm BBC1

It might not bring all the glamour, but hockey is tough, skilful and fast, and with a team like the Great Britain women to watch, it can be thrilling. We're hoping, of course, that GB have made it to today's gold medal match, not only for patriotic purposes but to see the first married gay couple to compete at the Olympics do so on the biggest stage possible.

One half of that couple, Kate Richardson-Walsh, serves as the team captain and is given to great feats of resilience. After breaking her jaw in the team's opening match of London 2012, she had surgery and returned not only to play but to win the bronze medal. **ES**

OTHER GOLDS TODAY

ATHLETICS Men's 50km Walk *12 noon*, Women's 20km Walk *6.30pm*, Women's Pole Vault *12.30am*, Men's Hammer *1.05am*, Women's 5,000m *1.40am*, Women's 4x100m Relay *2.14am* **BADMINTON** Women's Singles *12.30pm*, Men's Doubles *12.30pm* **EQUESTRIAN** Individual Showjumping *2pm* **FOOTBALL** Women's *9.30pm* **MODERN PENTATHLON** Women's Combined *2pm* **SYNCHRONISED SWIMMING** Team Free Routine *4pm* **TAEKWONDO** Women's -67kg *2am*, Men's -80kg *2.15am* **WATER POLO** Women's *7.30pm* **WRESTLING** Men's Freestyle -57kg *9.30pm*, Men's Freestyle -74kg *10.30pm*

TONIGHT'S HIDDEN GEM

Summer of Love

9.00pm PBS America

Drift back to San Francisco, 1967, when thousands of hippies descended on the city's Haight-Ashbury district for a love-in. Sun-kissed archive footage and grizzled talking heads recall turning on, tuning in and dropping out. Yet it's not all peace and love; the film also details the strain the huge influx of people put on the city's public services. And we hear from scholars who still have difficulty interpreting a cultural turning point.

Coronation Street

7.30pm, 8.30pm ITV

SOAP This Steve McDonald paternity baby drama could be a real winner if Corrie plays its cards right. In nine months' time, I can envisage him running from the Rovers to Leanne's flat in a blur of nappy sacks and handy wipes, mixing up the names of his two offspring and nodding off behind the bar when he should be pulling pints.

As it is, we're already marvelling at how a man who lives such a sedentary lifestyle can turn out to be so potent. That armchair at Streetcars must have magically fertile properties. For heaven's sake, Steve only has to look at a woman before she's staring at a positive pregnancy test result and picking out jeans with waist adjusters. He's a modern miracle. **DAVID BROWN**

Soapland: page 65

Amazing Spaces Shed of the Year

8.00pm C4

PROPERTY There's been something joyous about this series, which feels more like a celebration of creativity, ingenuity and individuality than a competition. But that's what it is and six sheds are through to the final, including a rotating one, a longhouse and a meadow-roofed cabin. Tonight, in the budget category there's a colourful "beach hut" that cost its equally colourful owner a mere £20 to build, while the summerhouse and cabin category has a Canadian hunting lodge kitted out as if it were the 1940s.

Tantalisingly, the announcement of the overall winner was edited out of our preview copy, but George Clarke and co must have had a hard time deciding. **JANE RACKHAM**

The Out-Laws

9.00pm More4

DRAMA The sisters nearly finished him off with a faked suicide attempt last week but the vile Jean-Claude is still alive and kicking. So their newest idea is to employ a hit man to do the dirty deed and a private detective to investigate Jean-Claude's alleged brutality towards Goedele as a sort of alibi for them. The logic of that is a bit screwed, but we know Jean-Claude does die, so maybe this is how he meets his end. I'm dying to find out. **JR**

Friday Night Dinner

10.00pm C4

SITCOM It's one of those breakout episodes where the regular formula of two brothers arriving for a chaotic Shabbat meal at their parents' house is tossed aside. Instead, they arrive home for the funeral of their great uncle Saul, and that means close encounters with their grandmother. Not Jackie's mum, the giggling boozer we've met before, but "horrible grandma" – Martin's mother, who has a habit of destroying furniture and calling people prostitutes.

Her malign presence leaves Martin dithering between her demands and those of his wife. Although it's not a classic *FND*, it culminates with a graveside scene of such inspired awfulness, it makes you want to crawl away moaning. **DAVID BUTCHER**

DISCOVER TV PICK

Today's best of BBC3, iPlayer, Netflix and beyond

The Joy of Data

iPlayer

Is there no subject BBC4 cannot make fascinating? Mathematician Hannah Fry offers a nimble analysis of how forests of numbers, corralled into trends and clear conclusions, enable modern science to finds its practical application. Last chance today to see it on iPlayer.

CHILDREN'S CHOICE

Best Friends Whenever

5.30pm Disney Channel (Sky 609, Virgin 724)

The girls take the chance to find out everything Janet knows about time travel.

- **Nelly and Nora** *5.50pm CBeebies* It's a perfect windy day for the sisters to fly their kites.

MORE LIVE SPORT

- **Premier League: Manchester United v Southampton** *6.30pm (k/o 8pm) SSI* Can United striker Marcus Rashford light up Old Trafford as Friday night football comes to the top flight?
- **Cincinnati Tennis, quarter-finals:** *4pm, 1.30am Sky Sports 3; WTA 6pm, 12 midnight BT Sport 2*
- **Super League Super 8s: Wigan Warriors v St Helens** *7.30pm (k/o 8pm) Sky Sports 2*

FILM OF THE DAY

In Time

9.00pm 5 Star

Superb sci-fi thriller with Justin Timberlake as a downtrodden worker who sets out to smash the system. **See page 39**

GETTING CHILLY
The reindeer are keen to mate before winter sets in

Highlands: Scotland's Wild Heart

9.00pm BBC2

NATURE You'll need a heart of lead not to be moved by the plight of a grey seal pup, separated from its mother during a ferocious storm that's battered the Orkney island of Copinsay. Whimpering pitifully, the wee thing flaps and flops along the shore as it looks for the provider of the 50-per-cent-fat milk that will keep it alive, as a plangent violin plays on the soundtrack. If only it didn't have those great big chocolate-y eyes...

But life can be nasty, brutish and short in the Highlands in the autumn and winter, though for some the savage cold and bitter blizzards are mere nothings. Like the herd of reindeer, reintroduced into Scotland in the 1950s, where they have since thrived. They must mate quickly before winter sets in, which is a good chat-up line when you think about it. **ALISON GRAHAM**

REX SHUTTERSTOCK, ALAMY, GETTY

FRIDAY Main Channels

BBC1

6.00am Olympic Breakfast
Sally Nugent and Naga Munchetty present a round-up of the news. Replay of last night's action from 9.15am on BBC2, followed by live coverage of the canoe sprint heats and the men's +80kg taekwondo preliminary bouts. (S) (HD)

9.15 Countryside 999
A woman with severe diabetes is helped. (R) (S) (AD) (HD)

10.00 Homes under the Hammer
Auctions in Glasgow, Derbyshire and Kent. (R) (S) (AD) (HD)

11.00 Wanted Down Under
Will a couple enjoy life in Melbourne? (R) (S) (AD) (HD)

11.45 The Housing Enforcers
In Essex, Matt Allwright joins a rescue mission on an abandoned and dangerous property. (Revised rpt) (S) (HD)

12.15pm Bargain Hunt
From Southwell Racecourse, Nottinghamshire. (S) (AD) (HD)

1.00 BBC News Regional News; Weather (S) (HD)

1.45–6.00 Olympics 2016

1.45 Canoeing, Equestrian, Modern Pentathlon and BMX Cycling
Canoe sprint semi-finals at Lagoa Stadium are followed by the showjumping individual final. Plus swimming in the women's modern pentathlon, and the men's and women's BMX semi-finals. (S) (HD)
Canoeing
2.07 Men's K1 200m semi-finals
2.21 Men's C2 1,000m semi-finals
2.29 Women's K4 500m semi-finals
2.36 Men's K4 1,000m semi-finals
Equestrian
2.00, 5.30 Showjumping individual final. Michael Tucker, Ian Stark and Andy Austin commentate.
Modern Pentathlon
4.00 Women's swimming round. Commentary comes from Eleanor Oldroyd and Steph Cook.
BMX Cycling
5.30 Women's semi-finals, run one
5.38 Men's semi-finals, run one.
BMX cycling coverage continues on BBC2, plus boxing action and the women's 20km race walk.

6.00 BBC News Weather (S) (HD)

6.30 Regional news magazines (S)

7.00–8.00 Olympics 2016

7.00 BMX Cycling, Boxing and Modern Pentathlon
There are medals up for grabs on the BMX track in the men's and women's finals. Former world champion Liam Phillips is Team GB's best hope. **See choice, p104.**
Plus boxing semi-finals in the women's middleweight and men's super-heavyweight divisions. The women's modern pentathlon also continues, with riding. (S) (HD)
BMX Cycling
7.00 Women's final
7.10 Men's final
Boxing
7.00 Men's super-heavyweight semi-finals
7.30 Women's middleweight semi-finals
Modern Pentathlon
7.30 Women's riding round.
Commentary is by Eleanor Oldroyd and Steph Cook. Olympics coverage continues on BBC2 with the boxing women's lightweight final and the men's taekwondo quarter-finals.

8.00 EastEnders
The residents wait to hear the verdict in Dean's trial. Writer Lynne Dallow. Cast Tuesday and Thursday. Satellite and cable viewers can watch a repeat at 10pm on W (S) (AD) (HD)

8.30–10.00 Olympics 2016

8.30 Taekwondo and Hockey
The taekwondo quarter-finals in the men's -80kg and women's -67kg continue, then the semi-finals.
Britain's women's hockey team will hope to be in action, as they look to go at least one better than the bronze they won in London. **See choice, p104.** (S) (HD)

BMX Cycling from 5.30pm Liam Phillips will be hoping to regain the kind of form that saw him become world champion in 2013. Few would bet against the 27-year-old Briton being involved in the men's final at 7.10pm

Taekwondo
8.30 Women's -67kg quarter-finals
8.45 Men's -80kg quarter-finals
9.00 Women's -67kg semi-finals
9.15 Men's -80kg semi-finals
Hockey
9.00 Women's final. The hockey continues on BBC2, plus action from the modern pentathlon.

10.00 BBC News Regional News; Weather (S) (HD)
Followed by **National Lottery Update** (S)

10.35–4.00am Olympics 2016

10.35 Olympics Round-Up
Mark Chapman and Clare Balding round up the day's action and look ahead to the night's events. (S) (HD)

11.30 Football
Action from the women's final. (S) (HD)

12 midnight–4.00am Athletics, Handball, Taekwondo and Volleyball
There are medals to be won on the track with the Jamaican women's sprint team out to retain their Olympic title in the 4x100m relay, and the men's 4x100m final (see choice, page 104). Plus the women's 5,000m final, the women's pole vault final and the men's hammer final.
The gold medal match of the men's -80kg taekwondo could see British-born world number one Aaron Cook, fighting for Moldova after being overlooked by Team GB in 2012, in action. **See choice, p94.** (S) (HD)
Athletics
12.30 Women's pole vault final
12.40 Women's 4x400m round one
1.05 Men's hammer final
1.10 Men's 4x400m round one
1.40 Women's 5,000m final
2.15 Women's 4x100m final
2.35 Men's 4x100m final
Gabby Logan presents. Brendan Foster, Andrew Cotter, Steve Cram and Steve Backley commentate.
Handball
12.30 Men's second semi-final
Taekwondo
2.15 Men's -80kg final
Volleyball
2.15 Men's second semi-final

4.00am Weather for the Week Ahead (S) (HD)

4.05–6.00am BBC News (S) (HD)

Freeview 1 Freesat 101 Sky 101 Virgin 101
HD BBC1 HD Freeview 101 Freesat 106 Sky 115 Virgin 108

BBC4

1.00pm–2.00am Olympics 2016

1.00pm Badminton
The penultimate day in the badminton competition sees action in the men's singles semi-finals, and the women's singles bronze-medal match and final. (S) (HD)
1.00 Men's singles semi-finals
2.30 Women's singles bronze-medal match
3.30 Women's singles gold-medal match

4.00 Badminton, Hockey, BMX Cycling and Golf
Badminton continues with the men's doubles gold medal match. The Chinese pair who won in 2012, Fu Haifeng and Cai Yun, no longer play together. Will the South Korean world number ones, Lee Yong Dae and Yoo Yeon Seong, be able to purge Lee's memories of a bronze in London?
There's also a medal on offer in the women's hockey, namely bronze. Team GB hope not to be involved at this stage – they won bronze in 2012, and they'd much rather be competing for silver and gold.
On the BMX track there are the first runs in the men's and women's semi-finals. There's also the third round of the women's golf. (S) (HD)
Hockey
4.00 Women's bronze-medal match
Badminton
4.30 Men's doubles final
BMX Cycling
5.30 Women's semi-finals, run one
5.38 Men's semi-finals, run one

6.00 Boxing, Golf, Volleyball and Water Polo
The men's light-welterweight semi-finals are nearing completion and the flyweight semi-finals are next. There's also further coverage from the women's golf.
There's action from the first semi-final of the men's volleyball, and the women's water polo competition comes to a close with the gold-medal match. (S) (HD)
Boxing
6.00 Men's flyweight semi-finals
Water Polo
7.30 Women's gold-medal match

9.30–2.00am Football and Basketball
The women's football competition concludes. Plus basketball, with the men's second semi-final. (S) (HD)
Football
9.30 Women's gold-medal match
Basketball
11.00 Men's second semi-final

2.00am Britain on Film: Road, Rail and Runways (R) (S)
2.30 Sounds of the 70s Rock anthems, featuring Alice Cooper, the Faces, Nazareth, AC/DC and Thin Lizzy. (R) (S)
3.00–4.00am Singer/Songwriters at the BBC including Buffy Sainte-Marie, John Martyn, Donovan and Rod Stewart, plus a duet between Carole King and James Taylor. (R) (S)

Freeview 9 Freesat 110 Sky 116 Virgin 137
HD BBC4 HD Freeview 106 Freesat 107 Virgin 163

NEVER MISS A MOMENT!

RED BUTTON
- Watch up to eight additional channels of live Olympics coverage via the red button, depending on your service provider
- Viewers with internet-connected TVs and set-top boxes, and Virgin subscribers, can watch every moment of live sport, via Red Button +

GO ONLINE
- There's live coverage online of every sport, every day at **bbc.co.uk/sport** and via the BBC Sport app

BBC2

6.00am Paul Martin's Handmade Revolution
Paul meets a master weaver in Wales. (R) (S) (HD)
6.45 Homes under the Hammer In Fulham, Bradford, and Chorley in Lancashire. (R) (S) (HD)
7.45 The Housing Enforcers A fight between landlord and tenant. Shown yesterday 11.45am BBC1 (S) (HD)
8.15–9.15 Sign Zone Eat Well for Less? 4/5
Helping a family with conflicting tastes. (R) (S) (AD)
9.15 Olympics 2016 Highlights A look back at action from day 13, which saw 23 medals up for grabs, in sports as diverse as canoe sprint, badminton and taekwondo. (S) (HD)
1.00pm Olympics 2016 Live coverage on day 14 begins with the latest canoe sprint heats and taekwondo preliminaries. Canoeing continues on BBC1. (S) (HD)
1.45 Red Rock Poudge must re-evaluate his deal with drug dealer Beady Burke. (S) (AD) (HD)
2.30 The Edge Game show. (R) (S) (HD)
3.15 Escape to the Country Nick Chapman helps a couple of childhood sweethearts hunt for a rural retreat in Somerset. (R) (S) (AD) (HD)
4.00 The Great Antiques Map of Britain
Tim Wonnacott is at Manchester's Dig the City festival to view relics of the city's past. (R) (S) (HD)
4.30 Flog It! From Coventry. (R) (S) (HD)

5.15pm Pointless
Quiz hosted by Alexander Armstrong.
Series producer John Ryan; Exec producers Pam Cavanagh, Richard Hague, Sue Ahlfors and James Fox (R) (S) (HD)

6.00 Olympics 2016
The semi-finals of the men's flyweight and light-welterweight boxing. The losers in these bouts go home with bronze medals, and the finals will be contested on Sunday. Continues on BBC1. **See choice, p104.** (S) (HD)

7.00 Eggheads
Jeremy Vine hosts the quiz show. (S) (HD)

7.30 Mastermind
Specialist subjects are rock band REM, former US president Harry S Truman, the football World Cup and Danish political drama *Borgen*.
Director Derek Hallworth; Producer Mark Hobby (S) (HD)

8.00 Olympics 2016
Coverage of the women's lightweight boxing final at 8.00 at Riocentro and the later stages of the men's -80kg taekwondo quarter-finals at 8.15. Taekwondo continues on BBC1. **See choice, page 104.** (S) (HD)

8.30 Gardeners' World
Alan Power visits Croome Park in Worcestershire to view a great Capability Brown landscape
Series producer Chloe Rawlings; Exec producer Paola Prato (S) (HD)
Your RT Gardening: page 140

9.00 Highlands: Scotland's Wild Heart
RT 3/4. Ewan McGregor describes how summer gives way to autumn and winter, transforming the region into a frigid landscape in which wildlife must fight to survive. **See p105.**
Director Simon Williams; Producers Simon Williams, Justin Pumley and Jackie Savery. First shown on BBC1 Scotland (S) (HD)

10.00 Olympics 2016
The women's modern pentathlon reaches a climax, with the combined discipline of running and shooting. (S) (HD)

10.35 Newsnight (S) (HD)

11.05 Weather (S) (HD)

11.10 Burke and Hare ★★★
Black comedy thriller based on a true story, starring Simon Pegg and Andy Serkis. Nineteenth-century Edinburgh; conmen Burke and Hare are struggling to survive until they hit upon the idea of delivering corpses to Dr Robert Knox in return for payment. **Review page 39.**
Director John Landis (2010, 15) (S) (HD) (HD)

12.35am Sicily Unpacked Andrew Graham Dixon and Giorgio Locatelli explore Palermo. (R) (S) (HD)
1.35–3.40am Sign Zone 1.35 Inside the Factory 2/6. The team investigates crisp production. (R) (S) (AD)
2.35 Imagine... The life and work of artist Georgia O'Keeffe, America's first great modernist painter. (R) (S)

Freeview 2 Freesat 102 Sky 102 Virgin 102
HD BBC2 HD Freeview 102 Freesat 102 Sky 102 Virgin 102

ITV

6.00am Good Morning Britain (S) (HD)
8.30 Lorraine Guests, gossip and fashion. (S) (HD)
9.25 The Jeremy Kyle Show Bust-ups. (R) (S) (HD)
10.30 This Morning Presented by James Martin and Anita Rani, including **Regional Weather** (S) (HD)
12.30pm Loose Women The panellists are joined by Ricky Gervais and the band DNCE. (S) (HD)
1.30 ITV Lunchtime News Regional News; Weather (S)
2.00 Judge Rinder Real-life cases. (R) (S) (HD)
3.00 Secret Dealers A fly-fishing book reels in the dealers. (R) (S) (HD) Then **Regional Weather** (S)
4.00 Tipping Point Game show. (R) (S) (HD)

5.00pm Alphabetical
5/10. Quiz hosted by Jeff Stelling. (S) (HD)

6.00 Regional News Weather (S)

6.30 ITV Evening News Weather (S)

7.00 Emmerdale
Zak and Lisa grow concerned for Belle, while Carly confesses her feelings.
Writer Bill Lyons. Cast Tuesday/Thursday (S) (AD) (HD)

7.30 Coronation Street
RT Simon hatches a plan, and mum's the word for Michelle. Continues at 8.30pm. **See p105.**
Writer Damon Rochefort (S) (AD) (HD)

8.00 Gino's Italian Escape
Gragnano. In his native Campania, chef Gino D'Acampo masters the art of hand-rolling long fusili, collects succulent cherries in an orchard and conjures up a contemporary tiramisu.
Series producer Jules Wheresley
Executive producer Miles Jarvis (R) (S) (HD)

8.30 Coronation Street
RT Aidan receives some news. Steve admits to Michelle he does not want a baby. **See p105.**
Writer Damon Rochefort (S) (AD) (HD)

9.00 Doc Martin
2/8 Series 7. **Facta Non Verba.** Louisa is unsettled when her new art teacher introduces alternative ideas. PC Penhale is offered a transfer, but his feelings for Janice leave him uncertain about the move. After the debacle of his whisky-making venture, Bert goes back to being a handyman. Sigourney Weaver makes a guest appearance.
Dr Martin Ellingham: Martin Clunes; Mrs Tishell: Selina Cadell; Louisa Ellingham: Caroline Catz; Becky Trevean: Ella Ainsworth; American tourist: Sigourney Weaver; Erica Holbrooke: Kelly Adams; Bert Large: Ian McNeice; Bernie Holbrooke: ; Ruth Ellingham: Eileen Atkins; : Beatrice Playfoot-Orme; Al Large: Joe Absolom; Annie Winton: Gemma Jones; Keyworker Newcross: Jessica Ransom; Jim Winton: Nicholas Lumley; PC Joe Penhale: John Marquez; Inga Salter: Steve Furst; Janice: Robyn Addison; Man at street: Jason Squibb; Dr Rachel Timoney: Emily Bevan; Mother: Poppy Rae
Writer Richard Storrenmes; Producer Philippa Braithwaite; Director Ben Gregor (R) (S) (AD) (HD)

10.00 ITV News at Ten
Weather; Regional News and Weather (S)

10.40 Forgetting Sarah Marshall ★★★
Romantic comedy. When Peter is dumped by his actress girlfriend Sarah, he goes on holiday to try to mend his broken heart. But his peace is shattered when he discovers that Sarah and her new boyfriend, rock star Aldous Snow, are staying in the same hotel. **Review page 38.**
Peter Bretter: Jason Segel; Brian: Bill Hader; Sarah Marshall: Kristen Bell; Matthew: Jonah Hill; Rachael: Mila Kunis; Pranna: Kristen Wiig; Aldous Snow: Russell Brand; Ayanna: Maria Thayer
Director Nicholas Stoller (2008, 15) (S) (AD) (W) (HD)

12.40am Jackpot247 Interactive gaming.
3.00 Murder, She Wrote A vicious power struggle breaks out between murder suspects. (R) (S) (SL) (AD) (HD)
3.50–6.00am Nightscreen (HD)

Freeview 3 Freesat 103 Sky 103 Virgin 103
+1 Freeview 23 Freesat 117 Sky 129 Virgin 154
HD ITV HD Freeview 103 Freesat 119 Sky 175 Virgin 103

Channel 4

6.15am 3rd Rock from the Sun (R) (S) (AD)
7.05 Everybody Loves Raymond (R) (S)
8.00 Frasier Double bill. (R) (S) (AD)
9.00 The Big Bang Theory (R) (S) (AD) (HD)
10.00 The Simpsons Triple bill. (R) (S) (AD)
11.30 Come Dine with Me In Macclesfield. (R) (S) (HD) Including **News at 12 noon** (S) (HD)
1.35pm LIVE Racing The third day of the Ebor Festival from York, including the Nunthorpe Stakes at 3.40. Plus other starts at 1.55, 2.30 and 3.05. (S) (HD)
4.00 Four in a Bed Merseyside, Lancashire, Gloucestershire and Oxfordshire B&Bs compete. (R) (S) (HD)
5.00 Couples Come Dine with Me
Three soirées in Warwickshire. (R) (S) (HD)

6.00pm The Simpsons
The Great Wife Hope. Marge campaigns against a violent sport. (R) (S) (AD) (HD)

6.30 Hollyoaks
Nathan attempts to get closer to Lisa.
Writer Tom Mella. Cast Tuesday/Thursday
Shown yesterday 7pm E4. Rpts next Monday E4
The next episode follows on E4 (S) (AD) (HD)

7.00 Channel 4 News
Sport; Weather (S) (HD)

8.00 Amazing Spaces Shed of the Year
RT *Ep 4 Series 3.* The competition concludes with the budget category, which includes a colourful beach house built for just £20, and the cabins and summerhouses category, which features a classic van and a structure in an allotment. **See p105.**
Series producer Jamie Wightman; Executive producer Will Daws (S) (AD) (HD)

9.00 Eight out of Ten Cats Does Countdown
Jimmy Carr hosts as Sean Lock and David O'Doherty compete against Jon Richardson and Natasia Demetriou. John Kearns is in Dictionary Corner.
Series producer Adam Copeland; Exec producers Richard Osman, Ruth Phillips, Andrew Wetzell (S) (HD)

10.00 Friday Night Dinner
RT 5/6 Series 4. **The Funeral**
"Horrible Grandma" attends Uncle Saul's funeral and leaves a trail of broken furniture in her wake. **See p105.**
Adam: Simon Bird; Jonny: Tom Rosenthal; Dad: Paul Ritter; Mum: Tamsin Greig; Val: Tracy-Ann Oberman; Grandma Goodman: Rosalind Knight
Writer/Producer Robert Popper
Director Martin Dennis (S) (AD) (HD)

10.35 The Big Fat Quiz of Everything
1/3. Hosted by Jimmy Carr. **See choice, page 65.** Shown Monday 9pm (S) (HD)
12.05am Man Down 6/6 Series 3. **The Party**
Dan says adieu to his teaching career. **See choice, p85.** Shown Wed 10pm (S) (AD) (HD)
12.40 A Granny's Guide to the Modern World 3/3. Laura learns about fame. **See choice, p85.** Shown Wednesday 10.30pm (S) (AD) (HD)
1.05 The Best of I'm Spazticus Highlights of the hidden-camera show. (R) (S) (AD) (HD)
1.30 Road Trip Beer Pong ★ Comedy sequel starring Preston Jones.
Director Steve Rash (2009, 15) (S) (W) (HD)
3.10 Fresh Meat 2/6 Series 4. Rosa drops a bombshell on Kingsley. (R) (S) (SL) (AD) (HD)
3.55 Obsessive Compulsive Cleaners
Pensioners swamped by clutter. (R) (S) (HD)
4.50 Phil: Secret Agent Down Under
Helping a family in Brisbane. (R) (S) (SL) (HD)
5.45–6.15am Draw It! (R) (S) (HD)

Freeview 4 Freesat 104 Sky 104 Virgin 104
+1 Freeview 13 Freesat 121 Sky 135 Virgin 143
HD C4 HD Freeview 104 Freesat 126 Sky 227 Virgin 142

Channel 5 listings are overleaf plus 29 more Freeview channels

Regional variations

ITV CHANNEL
12.40–3.00am Nightscreen

S4C
Freesat 120 Sky 134 Virgin 164
7.00am Cyw (S)
1.00pm Newyddion (S)
1.05 Heno (S)
1.30 Fferm Ni (S)
2.00 Prynhawn Da (S)
2.55 Newyddion (S)
3.00 Cadw Cwmni gyda John Hardy: Mark Roberts shares his experience of living with a condition which made him go blind (S)
3.30 04 Wal: town houses from as far apart as Beaumaris and Cowbridge (S)
4.00 Aar Fawr (S)
5.00 Sherish
6.00 Pobol y Cwm: Ffion decides to tell the police about what happened with Craig. With English subtitles
6.25 Newyddion (S)
6.30 Taith Fawr y Dyn Bach: James Lusted talks to a girl with Down's syndrome (S)
7.00 Heno (S)
8.00 Pobol y Cwm: Ed packs his bags (S)
8.25 Nyth Cacwn: one-off comedy, written by Ifan Gruffydd and Euros Lewis, set on a farm and featuring Gruffydd in the role of farmhand William. William feels sorry for a traveller and meets Delyth's boyfriend, Henri, for the first time
9.00 Newyddion (S)
9.30 Noson ym Nghwmni Eden: the group reforms for a reunion gig (S)
10.30 Y Goeden Faled: Cerys Matthews discovers the roots of folk songs Dafydd y Garreg Wen and Y Mochyn Du (S)
11.00–12.05am Dyddiadur Dewi: double bill (S)

RT Choice
AD Family viewing
HD Red button coverage
(R) Repeat
(S) Subtitles
(SL) Signing
(AD) Audio description
(HD) High definition
(W) Film in widescreen
(BW) Black and white

Films Premiere
Star Ratings
★★★★★ Outstanding
★★★★ Very good
★★★ Worth watching
★★ Could be worse
★ Poor

FRIDAY Freeview

Channel 5

Celebrity Big Brother: Live Eviction 9.00/10.30pm Meeting the latest leaver

Freeview 5 Freesat 105 Sky 105 Virgin 105
HD Freeview 105 Freesat 105 Virgin 150

6.00am Milkshake! See page 111

9.15 New. The Wright Stuff (HD)

11.15 Cowboy Builders The team helps an aspiring writer create a tranquil work space. (S) (HD) **12.10pm News** (S) (HD)

12.15 Celebrity Big Brother Highlights. Shown yesterday 9pm Rptd 2pm/5pm 5 Star (HD)

1.15 Home and Away Shown yesterday 6.30pm 5 Star. Repeated 6pm CS (S) (AD) (HD)

1.45 New. Neighbours Rptd 5.30pm (S) (AD) (HD)

2.20 NCIS *15/24* Series 10. A young marine drops dead on an assault course. (S) (AD) (HD)

3.15 The Santa Suit ★★ Fantasy starring Kevin Sorbo. A ruthless businessman learns the true meaning of Christmas. Director Robert Vaughn (2010) (S) (W)

5.00pm 5 News (S) (HD)

5.30 Neighbours
Steph makes a decision about Mark. Shown 1.45pm. Repeated 6pm 5 Star (S) (AD) (HD)

6.00 Home and Away
VJ decides to move out.
Shown 1.15pm. Next episode 6.30pm 5 Star (S) (AD) (HD)

6.30 5 News Tonight (S) (HD)

7.00 The Nightmare Neighbour Next Door
How a shared driveway pushed one woman to breaking point when her daughter's life was endangered.
Directors Gareth Rowlands, Selina Chan and Neil Rawles; Series producer Mona Hamed (S) (HD)
Followed by **5 News Update** (S) (HD)

8.00 Nightmare Tenants, Slum Landlords
Stavros and Emily face a nightmare when their home is occupied by squatters.
Series producer Suzy Davies
Executive producer Nick Godwin (S) (HD)
Followed by **5 News Update** (S) (HD)

9.00 New. Celebrity Big Brother: Live Eviction
Emma Willis reveals the identity of the least popular housemate. More 10.30pm. Repeated 3.00am (S) (HD)

10.00 New. It's Not Me, It's You *8/8.* Carol Vorderman, Al Porter, Russell Kane and Ruth Langsford join Eamonn Holmes and team captains Kelly Brook and Vicky Pattison on the panel show.
Series producer Matt Nida; Executive producers Darren Smith and Beren Money (S) (HD)

10.30 New. Celebrity Big Brother: Live Eviction
Emma Willis chats to the latest evictee. Repeated 4am (S) (HD)

11.05 New. Celebrity Big Brother's Bit on the Side
Presented by Rylan Clark-Neal. (S) (HD)

12.05am New. SuperCasino **3.10** Celebrity Big Brother: the Eviction; double bill Shown 9pm/10.30pm (HD) **4.25** Tattoo Disasters UK (S) (SL) (HD) **4.45–5.10am** HouseBusters (S) (SL)

+1 Freeview 44 Freesat 138 Sky 171 Virgin 155
My5 Freeview 55 Freesat 133 Sky 175 Virgin 132

BBC4 listings are overleaf
BBC3 is now online – for highlights, see **Choices** p105 and **Discover TV** p42

ITV2

The Matrix Revolutions 9.00pm Agent Smith increases in power

F'view 6 F'sat 103 Sky 119 Virgin 115 HD Virgin 176

6.00am Planet's Funniest Animals (S) **6.20** Dinner Date: with Natalie from Bradford (S) (HD) **7.10** The Ellen DeGeneres Show (S) (HD) **8.00** Emmerdale (S) (AD) (HD) **9.00** You've Been Framed! Gold (S) **9.30** Psych (S) (HD) **10.20** Royal Pains (S) (HD) **11.15** Dinner Date (S) (HD)

12.15pm Emmerdale Shown yesterday 7.10pm (TV (S) (AD) (HD) **1.15** You've Been Framed! (S) **1.45** The Ellen DeGeneres Show (S) (HD) **2.35** The Jeremy Kyle Show (S) (HD) **3.50** Take Me Out: a management consultant and a young Conservative take part (S) (HD)

7.00pm You've Been Framed! Gold – Funniest 100
Harry Hill narrates a comical selection of mishaps filmed by viewers. (S) (HD)

8.00 Two and a Half Men
2/24 Series 9. Walden moves into the beach house leaving Charlie's belongings intact. Alan moves in with his mother. (S) (HD)
8.30 *3/24.* Berta becomes Walden's housekeeper and takes what was Alan's room, so Alan and Jake must share. (S) (HD)

9.00 The Matrix Revolutions ★★★
Conclusion to *The Matrix* trilogy, starring Keanu Reeves, Carrie-Anne Moss and Laurence Fishburne. As a mighty army of machines approaches Zion on a mission of biblical destruction, the human forces prepare for battle. Meanwhile, Neo is held captive by the Merovingian as the evil Agent Smith increases his control over the Matrix itself. **Review page 35.**
Directors Larry Wachowski and Andy Wachowski (2003) 15 (S) (AD) (N) (HD)

11.35 Family Guy
Series 10. Brian and Stewie go back in time to revisit the show's pilot episode in an effort to alter the course of history. (S) (AD) (HD)
12.05am Joe is shocked when his son Kevin Swanson, a soldier who was missing in action, returns from Iraq. (S) (AD) (HD)
12.35 American Dad! (S) (AD) (HD) **1.30** The Cleveland Show (S) (AD) (HD) **2.25** Home Shopping **5.55–6.00am** Nightscreen (HD)

ITV2+1 Freeview 27 Freesat 114 Sky 180 Virgin 116

Dave

Freeview 12 Sky 111 Virgin 127 HD Virgin 194

7.00am Rocket City Rednecks (S) (AD) (HD) **7.20** Scrapheap Challenge Roadshow: Giant Archery **8.10** Soapbox Race **9.00** Lizard Lick Towing (S) (HD) **10.00** American Pickers (S) (HD) **11.00** Storage Hunters (S) (HD)

12 noon Top Gear (S) (AD) (HD) **1.00pm** American Pickers (S) (HD) **3.00** World's Most Dangerous Roads (S) (HD) **4.00** Lizard Lick Towing (S) (HD) **5.00** Soapbox Race

6.00pm Top Gear A vehicle for elderly people is designed. (S) (AD) (HD)

7.00 American Pickers The duo find a collection of vintage toys. (S) (HD)

8.00 QI XL Reginald D Hunter guests. (S) (HD)

9.00 Would I Lie to You? Guests include Dara O Briain and Denise Van Outen. (S) (HD)

9.40 Mock the Week With Gary Delaney, Rob Beckett and Josh Widdicombe. (S) (HD)

10.20 QI Double bill of the panel game. (S)

11.40 Would I Lie to You? With Charles Dance, Stephen Mangan and Gok Wan. (S) (HD)

12.20am Mock the Week (S) (HD) **1.00** QI (S) **2.20** Mock the Week (S) (HD) **3.00–4.00am** Russell Howard's Good News Extra (S) (HD)

Dave Ja Vu Freeview 84 Sky 214 Virgin 211

ITV3

A Touch of Frost 10.00pm Rosalie takes Jack's mind off his work

F'view 10 F'sat 115 Sky 119 Virgin 117 HD Virgin 177

6.00am Movies Now (HD) **6.30** In Loving Memory (S) **6.35** Heartbeat (S) **7.35** Where the Heart Is (S) (AD) **8.35** The Royal: two new doctors arrive (S) (AD) **9.40** Judge Judy (S) (HD) **11.00** Murder, She Wrote (S) (HD)

12 noon Love Your Garden (S) (HD) **1.00pm** Heartbeat (S) **2.05** The Royal (S) (AD) **3.05** Where the Heart Is (S) (AD) **4.35** In Loving Memory (S) **4.50** Rising Damp: Rigsby buys a sports car (S) **5.20** George & Mildred (S)

5.55pm Heartbeat
A bride refuses to marry until the ghost of her father is laid to rest, and a strange law-enforcer causes consternation. (S)

6.55 Murder, She Wrote
Jessica inherits shares in an American football team and becomes embroiled in a murder case when the owner of the squad is found dead. (S) (HD)

8.00 Birds of a Feather
5/8 Series 2. Tracey is worried that Garth will lead his brother astray. (S) (AD) (HD)
8.30 *6/8.* Sharon manages to find jobs for both Tracey and Dorien. (S) (AD) (HD)

9.00 Paul O'Grady: for the Love of Dogs
8/11 Series 3. A massive malamute may be too much for Paul to handle. (S) (HD)
9.30 *9/11.* The comedian encounters Duke the dalmatian, who appears to be the canine equivalent of Houdini. (S) (HD)

10.00 A Touch of Frost
True Confessions. A woman's body is pulled from the river, reminding Frost of a previous case in which her husband figured. Unfortunately, following up this lead results in his suspension from duty. (S)
12.15am FILM Elizabeth: the Golden Age ★★★★ Historical drama starring Cate Blanchett. **Review p39** (S) (AD) (N) (HD) **2.15** Long Lost Family (S) (SL) (HD) **3.05** Rory Bremner's Great British Views (S) (SL) (HD) **4.45** George & Mildred **5.10** Judge Judy (S) (HD) **5.35–6.00am** Nightscreen (HD)

ITV3 +1 Freeview 34 Freesat 116 Sky 193 Virgin 174

ITV4

F'view 24 F'sat 117 Sky 120 Virgin 118 HD Virgin 178

6.00am Magnum, PI (S) (SL) (HD) **6.50** Gunsmoke (S) (SL) **7.45** The Sweeney (S) **8.45** Ironside **9.50** Quincy (S) (AD) (HD) **10.50** Magnum, PI (S) (HD) **11.55** Gunsmoke (S)

1.00pm The Chase (S) (HD) **2.00** Storage Wars (S) (HD) **2.55** The Sweeney (S) **3.55** Quincy (S) (AD) (HD) **5.00** Ironside

6.00pm Storage Wars Casey and Rene acquire the perfect locker. (S) (HD)
6.30 Jarred and Brandi discover their latest purchase could be worth $25,000. (S) (HD)
7.00 Pawn Stars The Harrisons head to Utah to cut deals on historic firearms. (S) (HD)
7.30 The guys discover a piece of marble from Abraham Lincoln's tomb. (S) (HD)
8.00 New. Darts The quarter-finals on day two of the World Series of Darts, held at the Star in Sydney. Presented by Adam Peacock, with analysis from Rod Harrington and commentary by Stuart Pyke. (S) (HD)
11.30 FILM Lock Up ★★ Prison drama starring Sylvester Stallone. (S) (H) (HD)
1.40am The Sweeney: a man is forced to drive a getaway car (S) (SL) **2.35–3.00am** Nightscreen (HD)

ITV4 +1 Freeview 155 Sky 206 Virgin 175

Drama

Birds of a Feather 11.00pm Tracey, Dorien and Sharon reminisce

Freeview 20 Freesat 158 Sky 158 Virgin 128

7.10am The Bill (S) **8.00** Sharpe (S) **10.00** Lovejoy (S) **11.00** The Bill: two episodes (S)

1.00pm Last of the Summer Wine (S) **1.40** A Fine Romance **2.20** Birds of a Feather **3.00** Sharpe (S) **5.00** Lovejoy: a friend asks Lovejoy to sell some silver candlesticks (S)

6.00pm A Fine Romance
Mike and Laura agree to go on a date, but chaos ensues in the restaurant when Laura loses a contact lens.

6.40 Last of the Summer Wine
Compo pulls a piece of antique silver from the canal, and Seymour sets about recovering any other items down there. (S)

7.20 Whatever Happened to the Likely Lads?
Bob has doubts about his marriage when he realises that all his peers – even the vicar – seem to be getting divorced. (S)

8.00 Cadfael
The Rose Rent *2/2.* Cadfael continues his investigations into a series of murders that surround a rich and attractive widow.

9.00 Dalziel & Pascoe
3&4/6 Series 12. **Project Aphrodite**
A car bomb explodes outside a woman's home before her son suffocates in a sealed lab at the university where he was working on an anti-ageing cream. The detectives learn that the family had been targeted by animal rights activists and discover that £20,000 was paid into the chemist's account by a pharmaceutical company shortly before his death. (S) (AD)

11.00 Birds of a Feather
Sharon, Tracey and Dorien spend a quiet night reminiscing about their first loves.

11.40 The Bill
Just two days away from retirement, June uncovers a swindle involving property developer Brian Stevens (guest star Mike Reid) and a local authority official. (S)
12.40am Lovejoy (S) **1.40** The Indian Doctor **2.40** Cadfael **3.30–4.00am** Birds of a Feather

ITVBe

F'view 26 F'sat 118 Sky 129 Virgin 119 HD Virgin 179

9.00am Be Beautiful (S) **9.30** The Only Way Is Essex (S) (HD) **10.00** Who's Doing the Dishes? (S) (HD) **11.00** Flipping Out (HD)

12 noon Buying and Selling (HD) **1.00pm** Dinner Date (S) (HD) **2.00** Vanderpump Rules (S) (HD) **3.00** The Real Housewives of New York City (S) **4.00** The Real Housewives of New Jersey: double bill (S)

6.00pm Dinner Date Saidat from London chooses three blind dates. (S) (HD)

7.00 Buying and Selling Focusing on a home that is falling to attract buyers. (HD)

8.00 Dinner Date Grace from Kingston upon Thames looks for love. (S) (HD)

9.00 The Millionaire Matchmaker Office politics cause strife at the dating agency; but Patti Stanger continues to work and attempts to find love for out-of-practice Xander. (S)

10.00 Secret Dates Singleton Emma goes on four dates with four different men. (S)

11.00 New. Bridezillas Behind the scenes with women planning their weddings. (HD)

12 midnight–12.55am The Jeremy Kyle Show USA; the host takes his talk show stateside (S)

ITVBe +1 Freeview 119 Sky 207 Virgin 120

E4

Coach Trip: Road to Ibiza 7.30pm Brendan is a lifesaver in Tuscany

F'view 28 F'sat 122 Sky 136 Virgin 144 HD Virgin 145

6.00am Charmed (S) **6.45** Hollyoaks Shown yesterday 6.30pm C4 (S) (AD) (HD) **7.30** Coach Trip: Road to Ibiza Shown yesterday 7.30pm (S) (AD) (HD) **7.40** Melissa & Joey (S) (HD) **8.05** How I Met Your Mother (S) (AD) (HD) **9.00** Rules of Engagement (S) (HD) **10.00** Baby Daddy (S) (HD) **11.00** Charmed: double bill (S)

1.00pm How I Met Your Mother (S) (AD) (HD) **2.00** The Big Bang Theory (S) (AD) (HD) **3.00** Baby Daddy (S) (HD) **4.00** Melissa & Joey (S) (HD) **5.00** Agents of SHIELD (S) (AD) (HD)

6.00pm The Big Bang Theory
22/24 Series 5. Howard's stag party leads to a problem. (S) (AD) (HD)
6.30 *23/24.* Leonard accidentally asks Penny to marry him. (S) (AD) (HD)

7.00 New. Hollyoaks
More drama from the Chester suburb. Cast pp7997 Rptd next Monday C4 (S) (AD) (HD)

7.30 New. Coach Trip: Road to Ibiza
A white-water rafting trip in Tuscany goes badly wrong for one tourist. (S) (AD) (HD)

8.00 The Big Bang Theory
16/24 Series 8. Howard and Bernadette run into trouble at the airport. (S) (AD) (HD)
8.30 *17/24.* Sheldon applies for a one-way mission to colonise Mars. (S) (AD) (HD)

9.00 Aliens ★★★★★
Sci-fi thriller, a sequel to the 1979 blockbuster *Alien*, starring Sigourney Weaver. Having overcome a terrifying alien predator, Ripley has spent 57 years asleep, drifting through space in a life pod. She is rescued, but discovers that the planet where the creature was originally found has been colonised. When contact with the planet is lost, Ripley and a platoon of marines are sent to investigate. **Review page 38.**
Director James Cameron (1986/1992, 18) (S) (AD) (HD)

12.05am The Big Bang Theory: double bill (S) (AD) (HD) **1.05** Tattoo Fixers on Holiday (S) (AD) (HD) **2.10** Wasted (S) (AD) (HD) **2.40** Gogglebox (S) (HD) **3.20** Agents of SHIELD (S) (AD) (HD) **4.00** Rules of Engagement (S) (HD) **4.45–6.00am** Channel 4 (S) (SL)

E4 +1 Freeview 29 Freesat 123 Sky 137 Virgin 146

4seven

F'view 47 F'sat 121 Sky 140 Virgin 195 HD F'view 110

9.00am Come Dine with Me: from north Surrey (S) (HD) **11.30** Three in a Bed (S) (HD)

12.30pm Ramsay's Kitchen Nightmares USA (S) **1.30** Phil Secret Agent Down Under (S) (HD) **2.30** Location, Location, Location (S) (HD) **3.30** Come Dine with Me (S) (HD) **4.00** Couples Come Dine with Me (S) (HD) **5.00** Location, Location, Location (S) (HD)

6.00pm Phil: Secret Agent Down Under Phil Spencer heads to Perth. (S) (AD) (HD)

7.00 Come Dine with Me In Bristol. (S) (HD)

8.00 The Supervet: Bionic Specials *2/4* Series 7. An Italian spinone. **See choice, page 95.** Shown yesterday 8pm C4 (S) (AD) (HD)

9.00 Britain's Benefit Tenants *2/3* Series 2. Two landlords rush to the scene of a police raid. Shown Wednesday 9pm C4 (S) (AD) (HD)

10.00 Naked Attraction *Ep 4.* Singleton Sapphire and Kieren take part. (S) (AD) (HD)

11.05 First Dates *Ep 2* Series 7. Two friends from Croydon take part. **See choice, page 75.** Shown Tuesday 10pm C4 (S) (AD) (HD)

12.05am How the Rich Get Hitched (S) (HD) **1.05** The World's Weirdest Weather (S) (AD) (HD) **2.00** Walking the Himalayas (S) (AD) (HD) **2.55** Secrets of a Police Marksman (S) (HD) **3.50–4.50am** Couples Come Dine with Me (S) (HD)

More4

The Out-Laws 9.00pm Goedele receives visitors at the hospital

F'view 14 F'sat 124 Sky 138 Virgin 147 HD Virgin 203

8.55am Food Unwrapped (S) (HD) **9.35** A Place in the Sun: Winter Sun (S) (HD) **10.35** Food Unwrapped (S) (HD) **11.10 FILM** They Might Be Giants ★★★ Mystery drama with George C Scott. **Review page 38** (S) (W) (HD)

12.55pm Time Team: double bill (S) (HD)
3.05 A Place in the Sun: Winter Sun (S) (HD)
5.15 Four in a Bed: five editions (S) (HD)

7.55pm Grand Designs
Progress on a ship-themed home standing on stilts over a marsh. (S) (HD)

9.00 New. The Out-Laws
RT 6/8. Thomas confronts Veerle with a surprising new lead. A visit to Goedele gives Eva and Birgit misgivings. Flemish +subtitles. **See page 105.** (AD) (HD)

Eva Soetrisa	Barbara Sarafian
Veerle Soetrisa	Kristine Van Pellicom
Birgit Soetrisa	Ruth Beeuwart
Rebekka Soetrisa	Maaike Neuville
Goedele Soetrisa	Inge Paulussen
Thomas Dewit	Robbie Cleiren

10.05 It Was Alright in the 1970s
Attitudes to feminism, foreigners, family values and sexual orientation on TV. (S) (HD)

11.10 24 Hours in A&E
A baby is rushed in after suffering a fit and losing consciousness. (S) (AD) (HD)

12.15am Ramsay's Kitchen Nightmares USA (S) **1.15** as 10.05pm **2.15** 24 Hours in A&E (S) (AD) (HD) **3.25–3.35am** River Cottage Bites (S) (HD)

More4 +1 Freesat 125 Sky 139 Virgin 186

5USA

Freeview 21 Freesat 129 Sky 114 Virgin 153

9.00am Diagnosis Murder (S) **10.00** Access **10.10 FILM** Nightmare from the Past ★★ Thriller starring Ashley Scott (S) **12 noon** CSI: NY (S) **1.00pm** NCIS (S) (AD) **2.00** Law & Order **4.00** NCIS (S) (AD) **5.00** CSI: NY (S)

7.00pm NCIS *26.3/25* Series 6 (S) (AD) **9.00 New.** Rookie Blue *11/13* Series 2. Dov, Andy and Traci go on an undercover training exercise

First shown on Universal **10.00** Law & Order: Special Victims Unit *5/22* Series 10 (S) **11.00** CSI: Crime Scene Investigation *3/17* Series 8 (S) (AD) **11.55** CSI: Miami *5&23/24* Series 5 (S) (AD)

1.50am CSI: Cyber (S) (AD) **2.50** CSI: Crime Scene Investigation (S) (AD) **3.35–4.00am** True Crimes: the First 72 Hours (S)

5USA +1 Freeview 73 Non-Anglian Sun/F'sat 130 Sky 214 Virgin 164

5 Star

Freeview 30 Freesat 131 Sky 115 Virgin 151

8.00am Access **8.30** The Secret Life of Pets **8.35** That '70s Show (S) **9.25 FILM** Dennis the Menace Strikes Again ★★ Comedy (S) **11.00** That '70s Show: double bill (S) **12 noon** My Wife and Kids (S) **1.00pm** Dance Moms **1.55** Access **2.00** Celebrity Big Brother (S) **3.00** Neighbours (S) (AD) **3.30** Home and Away (S) (AD) **4.00** 8 Simple Rules (S) **5.00** Celebrity Big Brother **5.55** Access

6.00pm Neighbours Shown 5.30pm CS (S) (AD)

6.30 New. Home and Away Rptd Monday CS (S) (AD) **7.00** Dance Moms (S) **8.00** Can't Pay? We'll Take It Away! (S) **9.00 FILM** In Time ★★★ *Film of the Day: page 39* (S) **11.10** Sex Pod (S)

12.05am New. Celebrity Big Brother: Best Bits (S) **1.05** Celebrity Big Brother: Best Bits (S) **2.05** Benefits by the Sea: Jaywick (S) **3.05–4.00am** Now That's Funny! (S)

5 Star +1 Sky 130 Freesat 132

Film4, Movie Mix, Movies4Men are now listed on our daily **Films pages** – see p112

Yesterday

Freeview 19 Freesat 159 Sky 537 Virgin 285

6.00am Great British Ghosts (S) **6.25** Medieval Dead **7.30** Great British Railway Journeys (S) **8.00** The World at War (S) **9.00** Inside the Court of Henry VIII **10.00** Raiders of the Lost Past (S) (AD) **11.00** Medieval Dead

12 noon Great British Railway Journeys (S) **1.00pm** The World at War (S) **2.00** Inside the Court of Henry VIII **3.00** Raiders of the Lost Past (S) (AD) **4.00** Medieval Dead **5.00** Great British Railway Journeys: double bill (S)

6.00pm The World at War An account of the liberation of Paris and Brussels in 1944. (S)

7.00 Inside the Court of Henry VIII A profile of arguably England's most famous king.

8.00 'Allo 'Allo! René is in trouble. (S)

8.35 Keeping Up Appearances Hyacinth's dad goes to the register office to be married. (S)

9.15 Onslow's birthday causes trouble. (S)

9.55 Jeeves and Wooster Bertie is appalled when Honoria Glossop turns up in New York. (S)

11.05 Bertie is arrested during a raid. (S)

12.30am Sounds of the Seventies **12.40** Raiders of the Lost Past (S) (AD) **1.35** The World at War (S) **2.35–3.00am** The Secret Life of Marquis de Sade

Yesterday +1 Sky 538 Virgin 246

Home

Freeview 25 Sky 196 Virgin 291 BT 284

7.00am Homes under the Hammer **8.00** Flog It! **9.00** DIY SOS: the Big Build **10.00** Escape to the Country (AD) **11.00** Fantasy Homes by the Sea (AD) **12 noon** Homes under the Hammer **1.00pm** Flog It! **2.00** DIY SOS: the Big Build **3.00** as 9pm **4.00** as 7pm **5.00** Fantasy Homes by the Sea (AD) **6.00** Flog It! **7.00** Homes under the Hammer **8.00** DIY SOS: the Big Build **9.00** A Place in the Sun: Summer Sun **10.00** Fantasy Homes by the Sea (AD) **11.00** Escape to the Country (AD) **12 midnight** as 8pm **1.00am** Flog It! **2.00** Homes under the Hammer **3.00–4.00am** as 9pm

Home +1 Sky 244 Virgin 282

Spike

Freeview 31 Freesat 141 Sky 160

9.00am Bar Rescue **10.00** Chasing Monsters **11.00** Eddie Stobart: Trucks and Trailers **12 noon** Police Interceptors **2.00pm FILM** Horizons West ★★ Western starring Robert Ryan, Julie Adams and Rock Hudson **3.45** Access **4.00** Chasing Monsters **5.00** Eddie Stobart: Trucks and Trailers **6.00pm** Police Interceptors: triple bill **9.00 New.** Wynonna Earp *5/13.* Wyonna is helped in her quest to track down the demons behind her sister's death **10.00** The X Files *17/20* Series 5. A girl in a wheelchair walks away from her home, but is later found kited **11.00 FILM** 7 Seconds ★★ Action thriller with Wesley Snipes and Tamzin Outhwaite **1.00am** World's Scariest Flights **1.45** Sons of Anarchy **2.30–3.00am** Access

True Entertainment

Freeview 61 (not Wales) Freesat 142 Sky 184 Virgin 189

6.00am The Wallons **7.00** Little House on the Prairie **8.00** The Waltons **10.00** Touched by an Angel **11.00** Little House on the Prairie **12 noon** The Avengers **1.00pm** Love's Unfolding Dream **3.00 FILM** Danielle Steel's Changes ★★ **5.00** Highway to Heaven **6.00pm** Touched by an Angel **7.00** M*A*S*H **8.00** The Avengers **9.00** Son of the Morning Star **11.00 FILM** Word of Honor ★★
1.00–3.00am FILM *Killer Instinct* ★★

Horror Channel

Freeview 70 Freesat 138 Sky 319 Virgin 149

6.00am Highlander **9.00** Tales from the Darkside **10.00 FILM** Snow Beast ★★ **11.50** Horror Highlights **12 noon** The War of the Worlds **1.00pm FILM** Warlords of Atlantis ★★★ **3.00** The Incredible Hulk **4.00 FILM** Fire from Below ★★ **5.50** Horror Highlights **6.00** Highlander **7.00** Tales from the Darkside **8.00** The War of the Worlds **9.00 FILM** The Sand ★★ **10.40 FILM** We Are What We Are ★★★★ The US remake **12.45am FILM** Night of the Living Dead (1933) (18) **2.30 FILM** Where the Devil Hides ★★ **4.15–4.30am** Horror Highlights

Pick

Freeview 11 Freesat 144 Sky 182 Virgin 123

6.00am 60 Minute Makeover **7.00** Most Haunted **8.00** Sixth Sense **9.00** Relic Hunter **10.00** Andromeda **11.00** Stargate SG-1 **12 noon** Border Security: Canada's Front Line **1.00pm** 60 Minute Makeover **2.00** Motorway Patrol (AD) **2.30** Highway Patrol **3.00** Nothing to Declare **4.00** The Dog Whisperer (AD) **5.00** Monkey Business (AD) **6.00** A Town Called Eureka (AD) **7.00** Stargate SG-1 **8.00** Andromeda **9.00** Police Force: Australia **10.00** Police 101 **11.00** Brit Cops: Law & Disorder (AD) **12 midnight** Police Force: Australia (AD) **1.00am** Road Wars (AD) **2.00** Most Shocking **3.00** Police 101 **4.00** Motorway Patrol **4.30** Highway Patrol **5.00–6.00am** Road Wars

Pick +1 Freesat 145 Sky 183

Really

Freeview 17 Freesat 140 Sky 155 Virgin 129

6.00am Sea of Embarrassing Illnesses **7.00** Home Shopping **8.00** Antiques Road Trip **9.00** Escape to the Country **10.00** The Sheriffs Are Coming **11.00** Homes Under the Hammer **12 noon** DIY SOS (AD) **1.00pm** Bargain Hunt **2.00** Escape to the Country **3.00** Antiques Road Trip **4.00** The Sheriffs Are Coming **5.00** Bargain Hunt **6.00** Homes under the Hammer **7.00** Escape to the Country **9.00** Traffic Cops **11.00** Cold Justice (AD) **12 midnight** The Sheriffs Are Coming **1.00am** Paranormal Witness **2.00** Home Shopping **4.00–6.00am** The Clothes Show: triple bill

Quest

Freeview 37 Sky 144 Virgin 172

6.00am The Great Pint Race **6.20** Wet Nelly **7.10** Scrapheap Challenge **8.00** How It's Made **10.00** Wheeler Dealers **11.00** Filthy Gear **12 noon** Fast 'n' Loud **1.00pm** Mighty Ships **2.00** Wheeler Dealers: on the Road **3.00** Chasing Classic Cars **4.00** Hitler's Henchmen **5.00** Hitler's Children **6.00** Born Survivor: Bear Grylls **7.00** Salvage Hunters **9.00** I Am Bruce Lee **10.00** Bodyguard in Seconds **12 midnight** Forensic Detectives **1.00am** FBI Files (AD) **2.00** Disappeared **3.00** M*A*S*H: double bill **4.00** Put Your Money Where Your Mouth Is **5.00–6.00am** Scrapheap Challenge

Quest +1 Freeview 38 Sky 195 Virgin 173

Challenge

Freeview 46 Freesat 146 Sky 185 Virgin 139

6.00am Deal or No Deal **7.30** Fifteen to One **8.00** Catchphrase (AD) **9.00** Pointless **10.00** Deal or No Deal **11.30** Supermarket Sweep **12 noon** Bruce's Price is Right **12.30pm** Strike It Lucky **1.00** Catchphrase (AD) **2.00** Pointless **3.00** The Chase (AD) **4.00** The Chase USA **5.00** Ninja Warrior **6.00** Robot Wars **7.00** The Wars **8.00** The Chase (AD) **10.00** Who Wants to Be a Millionaire? **11.00** Bullseye **1.00am** Pointless **3.00** The Chase (AD) **4.00** Robot Wars **5.00–6.00am** Are You Smarter than a Ten Year Old? (AD)

Challenge +1 Freesat 147 Sky 186 Virgin 180

CBS Action

Freeview 64 Freesat 137 Sky 148 Virgin 152

9.00am NCIS **11.00** Star Trek: Deep Space Nine **12 noon** Star Trek **1.00pm** Bonanza **2.00** NCIS **4.00** Walker, Texas Ranger **5.00** JAG **6.00pm** Star Trek: the Romulans mount a surprise attack on some Federation outposts **7.00** MacGyver **8.00** Star Trek: Deep Space Nine: Dax faces the ultimate nightmare **9.00** NCIS **10.00** Bad Girls **10.50** Walker, Texas Ranger **11.45** NCIS **2.20am** Bonanza **3.20** Walker, Texas Ranger: a kickboxer is trained **4.30–6.00am** Flashpoint

CBS Drama

Freeview 71 (HD only) Freesat 134 Sky 149 Virgin 197

9.00am The High Chaparral **10.00** Matlock **11.00** Dr Quinn Medicine Woman **12 noon** Judge Judy **1.00pm** The Streets of San Francisco **2.00** The High Chaparral **3.00** Matlock **4.00** Judge Judy **5.00** CSI: Crime Scene Investigation **6.00** Dr Quinn Medicine Woman **7.00** Heir Hunters **8.00** Judge Judy **10.00** Cheaters **12 midnight** Jerry Springer **12.55am** World's Wildest Police Videos **1.55** Heir Hunters **2.55** Cops: Reloaded **3.45–5.00am** The High Chaparral

BBC Parliament

Freeview 81 Freesat 201 Sky 504 Virgin 605

6.15am Bookmark **6.35** House of Commons **8.35** Ireland Film and Beyond **9.20** Briefings **10.40** English Votes for English Laws **12.20pm** Briefings **12.50** Speaker's House **1.40** Briefings **2.20** Review **3.20** PMQs **4.00** EU Referendum **5.20** Bookmark **5.40** Speaker's House **6.25** Committee **7.45** Welsh Assembly **9.35** Bookmark **10.00** Scottish FMQs **10.50** Committee **12.15–6.50am** Political Highlights

FRIDAY Satellite & cable

Star Wars: Greatest Moments 8.00pm Darth Vader

Alan Partridge's Scissored Isle 9.00pm A tour of the UK

Unforgettable 9.00pm A programmer is found dead

EastEnders 10.00pm Ronnie opens up to her family

Absolutely Fabulous 9.00pm Whoopi Goldberg guest-stars

Sky1

Sky 106 Virgin 110 HD Virgin 109

6.00am Supergirl (S) (HD) **7.00** The Flash (S) (HD) **9.00** Futurama (S) (HD) **10.00** Ninja Warrior (S) **11.00** NCIS: Los Angeles (S) (HD) **12 noon** Hawaii Five-0 (S) (HD) **1.00pm** Supergirl (S) (HD) **2.00** The Flash (S) (HD) **4.00** Modern Family (S) (HD) **5.00** The Simpsons (HD) **5.30** Futurama (S) (HD)

6.30pm The Simpsons A coder decides to make Lisa her protégée. **7.00** Bart realises he has a crush on his new teacher. **7.30** Sanjay's son turns the Kwik E-Mart into a health-food store against Apu's wishes. (S) (HD)

8.00 Star Wars: Greatest Moments A countdown of the top 20 moments as voted by the public, including contributions from famous fans and stars of the epic intergalactic saga. (S) (HD)

10.00 A League of Their Own: Best Bits Highlights from the seventh series of the sports-based comedy quiz. (S) (AD) (HD)

11.00 Zoo *5/13 Series 2.* Jamie and Logan arrive in Caraquet. (S) (HD)

12 midnight NCIS: Los Angeles (S) (HD) **1.00am** Hawaii Five-0 (S) (HD) **2.00** Limitless (S) (AD) (HD) **3.00** Arrow (S) (AD) (HD) **4.00** Road Wars (S) **5.00–6.00am** Ninja Warrior (S)

Sky1 +1 Sky 133

Sky Arts

Sky 129 Virgin 132 HD Virgin 206

6.00am Living the Life (S) (HD) **7.00** My Shakespeare (S) (HD) **8.00** Tales of the Unexpected (S) **9.00** Auction (S) (HD) **10.00** André Rieu: Live in Dublin **11.45** Miles: Heartstrings (HD) **1.00pm** Tales of the Unexpected (S) **2.00** Inside the Actors Studio (S) (AD) **3.00** Zoroastre (S) (HD)

6.00pm Master of Photography The contestants go backstage at a London theatre. (S) (HD)

7.00 Discovering: Buster Keaton A profile of the movie star. (S) (HD)

8.00 Classic Albums The making of Simply Red's 1991 album *Stars*, which included *Something Got Me Started*, *For Your Babies* and *Thrill Me*. (S)

9.00 New. Trailblazers: Pop Radio Former Sex Pistols bassist Glen Matlock and DJ Annie Nightingale are among those examining the role of radio in some of pop's biggest hits, from Queen to Pharrell Williams. (S) (HD)

10.00 Tina Turner: Live in Holland A concert from 2009 in which the singer performs hits including *Steamy Windows*, *Private Dancer*, *What's Love Got to Do with It* and *GoldenEye* at the GelreDome Stadium in Arnhem. (S)

12 midnight David Bowie: Serious Moonlight (S) (HD) **2.00am** Soul Power (S) **3.00** Pixies Live at Eurockéennes (S) (HD) **4.30** Lou Reed: Video Killed the Radio Star **5.00–6.00am** Darbar Indian Music Festival

Sky Atlantic

Sky 108

6.00am Richard E Grant's Hotel Secrets (S) (HD) **7.00** The Petrol Age (S) (HD) **8.00** Cold Case (S) (HD) **10.00** The West Wing (S) (HD) **11.00** House (S) (HD) **12 noon** Without a Trace (S) (HD) **1.00pm** Blue Bloods (S) (AD) (HD) **2.00** Urban Secrets (S) (HD) **3.00** Cold Case (S) (HD) **5.00** The West Wing (S) (HD)

6.00pm House *10/22 Series 1* House and the team struggle to diagnose a homeless woman's worsening symptoms. (S) (HD)

7.00 Without a Trace *19/23 Series 3.* Vivian takes time off from work to deal with her health problems. (S) (HD)

8.00 Blue Bloods *16/22 Series 2* Danny discovers Frank has a secret lover when he and Jackie investigate an attempted attack on a TV reporter. (S) (AD) (HD)

9.00 Alan Partridge's Scissored Isle Spoof documentary starring Steve Coogan. (S) (AD) (HD)

10.00 Alan Partridge's Mid Morning Matters All six episodes from the second series, starring Steve Coogan. (S) (AD) (HD)

1.15am Oz (HD) **3.45** Veep (S) (AD) (HD) **4.20** Richard E Grant's Hotel Secrets (S) (HD) **5.10–6.00am** The Petrol Age (S) (HD)

Sky Atlantic +1 Sky 170

Universal

Sky 113 Virgin 137 BT 320

6.00am CSI: Miami (S) (HD) **7.00** Home Shopping **8.00** CSI: Miami (S) (HD) **10.00** Law & Order (S) (HD) **2.00pm** NCIS: four episodes (S) (HD)

6.00pm NCIS *6/24 Series 7* The bodies of two dishonourably discharged officers are found on board a boat owned by Gibbs. (S) (HD) **7.00** *7/24.* The team delves into Vance's troubled past in a desperate effort to trap a vengeful female assassin. (S) (HD)

8.00 Major Crimes *10/23 Series 4.* A dangerous gang appears on the team's radar after the son of a tough judge is murdered, in a case which is also linked to a missing teenage boy. (S) (HD)

9.00 Chicago Med *1/18. Chicago Fire* spin-off, starring Nick Gehlfuss and Oliver Platt. The new ER department faces a trial by fire following a train crash. (S) (HD) **10.00** *2/18.* Dr Choi treats a teenage mother who abandoned her newborn baby in an alley, and the nurses surprise Dr Manning with a baby shower. (S) (HD)

11.00 Law & Order: Special Victims Unit *13/25 Series 4.* The police come under suspicion when a prisoner dies in custody. (S) (HD)

12 midnight Law & Order: Special Victims Unit (S) (HD) **2.00am** Major Crimes (S) (HD) **3.00** Numb3rs: double bill (S) (AD) (HD) **5.00–6.00am** CSI: Miami (S) (HD)

Universal +1 Sky 150 Virgin 138

Sky Living

Sky 107 Virgin 112 HD Virgin 11

6.00am UK Border Force (S) (HD) **8.00** Million Dollar Listing: NYC (S) (HD) **9.00** Nothing to Declare (S) (HD) **11.00** RSPCA Animal Rescue (S) (HD) **12 noon** The Biggest Loser: Australia (S) (HD) **1.00pm** Million Dollar Listing: NYC (S) (HD) **2.00** Criminal Minds (S) (HD) **4.00** UK Border Force (S) (AD) (HD) **5.00** Cooks to Market (HD) **5.15** Nothing to Declare: triple bill (S)

6.45pm New. My Kitchen Rules: Australia The pairs enter the sudden death cook-off. (S) (HD)

8.00 Criminal Minds *24/24* Series 8. The Replicator targets a member of the BAU team as the next victim. (S) (HD)

9.00 New. Unforgettable *10/13 Series 4.* A talented computer programmer is murdered. (HD)

10.00 Stalker *10/20.* Jack and Beth race to find the connection between two victims. (S) (HD)

11.00 Criminal Minds *5/22* Series 11. Human bodies are being incorporated into macabre graffiti art in Detroit. (S) (AD) (HD) **12 midnight** *15/26 Series 4.* A copycat killer strikes. (S) (AD) (HD)

1.00am Criminal Minds (S) (AD) (HD) **2.00** Hannibal: double bill (S) (HD) **4.00–6.00am** Border Security: Canada's Front Line (S) (HD)

Sky Living +1 Sky 122 Virgin 140

Sky2

Sky 129 Virgin 121

6.00am Stop, Search, Seize **8.00** Coast Guard Alaska (S) (AD) **9.00** Ninja Warrior Women Tournament **10.00** Robot Wars Extreme (S) **11.00** Send in the Dogs (S) **12 noon** Harrow (S) (AD) **1.00pm** Robot Wars Extreme **2.00** Ninja Warrior Women Tournament (S) **3.00** Relic Hunter (S) **4.00** Coast Guard Alaska (S) (AD) **5.00** Stargate SG-1 (S) **6.00** Relic Hunter (S) **7.00** Football's Funniest Moments (S) (AD) **8.00** Arrow (S) (AD) **9.00** 50 Ways to Kill Your Mammy (S) (AD) **10.00** Karl Pilkington: the Moaning of Life **11.00** Ross Kemp in Search of Pirates (S) (AD) **12 midnight** Brit Cops: Frontline Crime UK (S) **1.00am** 50 Ways to Kill Your Mammy (S) (AD) **2.00** Karl Pilkington: the Moaning of Life **3.00** Robot Wars Extreme **4.00** as 9am **5.00–6.00am** Andromeda (S)

Syfy

Sky 114 Virgin 135 BT 311 HD Virgin 165 BT 375

6.00am Buffy the Vampire Slayer **8.00** Home Shopping **11.00** Star Trek: Voyager **12 noon** Star Trek: the Next Generation **2.00pm FILM** Fire Twister ★★ Predator **4.00 FILM** Beyond Sherwood ★★ Fantasy adventure starring Robin Dunne **6.00pm** Star Trek: the Next Generation: double bill **8.00** Fact or Faked: Paranormal Files **9.00** Mr Robot **10.00 FILM** Predator ★★★★ Sci-fi action thriller **12.10am** Fact or Faked: Paranormal Files: a man who claims aliens attacked his dog **1.10** Star Trek: Voyager **2.10** Star Trek: the Next Generation **4.30–6.00am** Quantum Leap: double bill

Syfy +1 Sky 114 Virgin 136

W

Sky 109 Virgin 125 BT 331 HD Virgin 191 BT 383

6.10am MasterChef Australia: the Professionals (S) (HD) **8.00** Extreme Makeover: Home Edition (S) (HD) **9.00** My Dream Home (S) (HD) **10.00** The Bill (S) **11.00** Tipping Point (HD) **1.00pm New.** Judge Faith (HD) **2.00** Extreme Makeover: Home Edition (S) **3.00** My Dream Home (S) (HD) **5.00** Tipping Point (HD)

7.00pm Extreme Makeover: Home Edition Building a home for a nine-year-old who lost a leg. (S)

8.00 Choccywoccydoodah: Starstruck The team makes a cake for Joan Rivers. (S) (AD) (HD)

9.00 Dynamo: Magician Impossible *3/4 Series 4.* The illusionist travels to Paris. (S) (AD) (HD)

10.00 EastEnders Albert Square awaits the outcome of Dean's trial. Shown 8pm BBC1 (S) (AD) (HD)

10.40 The Animal ★
Comedy with Rob Schneider. Following a car accident, wannabe cop Marvin develops the power to run like a horse and swim like a dolphin. Unfortunately he also develops some habits involving rubbish bins and lamp posts. (HD)

12.25am EastEnders (S) (AD) (HD) **1.05** Being Human USA: double bill (S) (HD) **2.45–3.00am** Dynamo: Top Ten Greatest Moments

W +1 Sky 213 Virgin 131

TLC

Sky 125 Virgin 167 BT 325 HD Virgin 168 BT 377

6.00am Little People, Big World **7.00** Say Yes to the Dress (HD) **8.00** Say Yes to the Dress: Atlanta (HD) **9.00** Say Yes to the Dress (HD) **10.00** Judge Jeanine Pirro **11.00** Hoarding: Buried Alive (HD) **12 noon** Extreme Cheapskates (HD) **1.00pm** Little People, Big World **2.00** Cake Boss: the Next Great Baker (AD) (HD) **3.00** Something Borrowed, Something New (HD) **4.00** Say Yes to the Dress **5.00** Say Yes to the Dress: Atlanta (HD) **6.00** Say Yes to the Dress (HD) **8.00 New.** Say Yes to the Dress Canada (HD) **9.00 New.** Say Yes to the Dress: UK (HD) **10.00 New.** Undressed (HD) **11.00** Sex Sent Me to the ER (HD) **12 midnight** as 8pm **1.00am** as 9pm **2.00** Undressed (HD) **3.00** Extreme Cheapskates (HD) **4.00–6.00am** Cake Boss: the Next Great Baker (AD) (HD)

TLC +1 Sky 154 Virgin 165

Lifetime

Sky 126 Virgin 236 BT 329 HD Virgin 259 BT 384

6.00am Judge Judy (HD) **7.00** Flipping Boston (HD) **8.00** Flipping Vegas (HD) **9.00** Judge Judy (HD) **11.00** Storage Wars (HD) **12 noon** Flipping Boston (HD) **1.00pm** Flipping Vegas (HD) **2.00** Judge Judy (HD) **3.00** Hardcore Pawn (HD) **4.00** Dance Moms (HD) **5.00** Little Women: LA (HD) **6.00** Hardcore Pawn (HD) **7.00** Judge Judy (HD) **9.00** My Ghost Story: Caught on Camera (HD) **10.00** The Haunting of... (HD) **11.00** My Haunted House (HD) **12 midnight** My Ghost Story: Caught on Camera (HD) **1.00am** as 10pm **2.00** Hardcore Pawn (HD) **3.00** Little Women: LA (HD) **4.00** Dance Moms (HD) **5.00** Storage Wars (HD) **5.20–6.00am** Hardcore Pawn (HD)

Lifetime +1 Sky 117

Gold

Sky 110 Virgin 124 BT 318

7.00am Outnumbered (S) (AD) **7.40** The Brittas Empire (S) **8.15** My Hero (S) **8.55** Last of the Summer Wine (S) (AD) **10.55** 'Allo 'Allo! (S) **11.50** Outnumbered (S) (AD) **1.40** The Brittas Empire (S) **2.20** My Hero (S) **3.00** Last of the Summer Wine (S) (AD)

5.05pm Only Fools and Horses The Trotters arrive in America and promptly suffer a setback when their camper van is burgled. (S) (AD) **7.15** In a Christmas special from 2002, Trotters Independent Traders embarks on a booze cruise to France. (S) (AD)

9.00 Absolutely Fabulous Patsy and Edina visit New York, hoping to take the fashion world by storm and find Edina's long-lost son Serge in the process. (S) (AD)

10.15 Fawlty Towers Manuel's pet rat escapes just as a health inspector is about to visit. (S) (AD)

11.00 Monty Python's Best Bits (Mostly) The comedy troupe's most popular sketches. (S) (AD)

11.40 Monty Python: Live at Aspen Reunion show from 1998. **1.00am** Monty Python's Best Bits (Mostly) (S) (AD) **1.40** Monty Python: the Meaning of Live **3.30** Rex the Runt **3.50–4.00am** Creature Comforts

Gold +1 Sky 166 Virgin 190

Comedy Central

Sky 112 Virgin 132 BT 307 HD Virgin 191 BT 370

8.00am The Middle (S) (HD) **9.00** Bob's Burgers **10.00** That '70s Show (S) **11.00** Friends (S) (HD) **2.00pm** Impractical Jokers (S) (HD) **3.00** Friends: ten episodes (S) (HD) **8.00pm** Impractical Jokers (S) (HD) **9.00** Bob's Burgers (S) (HD) **10.00** South Park (S) (HD) **11.00** Stephen Merchant: Hello Ladies: *The Office* co-creator's well-received 2011 stand-up comedy show (HD) **12 midnight** Katherine Ryan at the Comedy Store (HD) **12.30am** The Daily Show (HD) **1.00** South Park (S) (HD) **2.00** Workaholics (S) (HD) **2.30** Idiotsitter (HD) **3.00** Inside Amy Schumer (S) (HD) **3.25** Billy on the Street (HD) **3.50–5.00am** Two and a Half Men (S) (HD)

Comedy Central +1 Sky 127 Virgin 133

Sony Channel

Sky 157 Virgin 193 BT 331

7.00am 'Til Death **8.00** Soldier Soldier **10.00** Saving Hope **12 noon FILM** Touching Wild Horses ★★ Drama starring Jane Seymour and Mark Rendall **2.00pm** Saving Hope **3.00** Celebrity Ghost Stories **7.00pm** Saving Hope: Dr Reid receives some timely life lessons from a patient **8.00** The Night Shift **9.00 FILM** The Full Monty ★★★★★ Comedy drama with Robert Carlyle, Tom Wilkinson and Mark Addy **10.55** Younger **11.55** The Night Shift **12.55am** Celebrity Ghost Stories: double bill **2.35** Movie News **3.05–4.00am** Celebrity Ghost Stories

Sony TV +1 Sky 181

Scott & Bailey 9.00pm Rachel's life is in danger

Inspector George Gently 9.00pm Can Gently move on?

NCIS 7.00pm An FBI agent is shot at while driving his car

MythBusters 8.00pm A *Magnificent Seven* challenge

ITV Encore

Sky 123

6.00am Movies Now **6.10** Robin of Sherwood **7.10** Always and Everyone **8.00** Upstairs, Downstairs (S) **9.00** The Memoirs of Sherlock Holmes (S) (AD) (HD) **10.00** Heartbeat **11.00** The Chief **12.05pm** Mapp and Lucia **1.10** Robin of Sherwood (S) **2.25** Always and Everyone **3.25** Heartbeat **4.25** Upstairs, Downstairs (S) **5.35** The Memoirs of Sherlock Holmes: a priceless diamond is stolen (S) (HD)

6.40pm Agatha Christie's Poirot Triangle at Rhodes. A fortuitous wife is murdered. (S) (AD) (HD)

7.55 The Incredible Theft An aircraft manufacturer tries to trap a spy. (S) (AD) (HD)

9.00 Scott & Bailey *2/3 Series 5* The killers change the rules of their depraved game. (S) (AD) (HD)

10.00 Black Work *2/3 Series 1* A suspect is taken into custody for Ryan's murder. (S) (AD) (HD)

11.00 Home Fires *6/6 Series 2.* The village prepares for Nick and Teresa's wedding. (S) (AD) (HD)

12 midnight Agatha Christie's Poirot (S) (HD) **1.05am** Love Life (S) (AD) (HD) **2.05** Kingdom (S) (AD) **3.00** Crime Stories (S) (HD) **3.50** Upstairs, Downstairs (S) **4.50–5.55am** The Memoirs of Sherlock Holmes (S) (HD)

ITV Encore +1 Sky 208

PBS America

Freesat 156 Sky 534 Virgin 276

6.00am Hell on Hooves **6.25** Carrier at War: USS Enterprise **7.20** Trapped: Hurricane Hospital **8.15** Carrier at War: USS Enterprise **9.20** Trapped: Hurricane Hospital **10.25** Inside Moonshine **11.30** Prohibition **12.40pm** Curse of T Rex **1.55** Carrier at War: USS Enterprise **3.05** Inside Moonshine **4.15** Prohibition **5.20** Curse of T Rex

6.35pm Carrier at War: USS Enterprise An appraisal of the US carrier, which has seen heavy action in Iraq and Afghanistan.

7.50 The Four-Winged Dinosaur Scientists use a wind tunnel to test a replica of a 130 million-year-old winged dinosaur, following the discovery of a fossil that reignited the debate over the origin of flight.

9.00 New. Summer of Love BT A look at how San Francisco's Haight-Ashbury became the focus of the counterculture in 1967 as thousands of young people arrived to join in the hippie experience. **See page 105.**

10.15 Prohibition *5/5.* The 1932 election of Franklin D Roosevelt as president quickly led to steps being taken to end the alcohol ban.

11.20 The Four-Winged Dinosaur As 7.50pm.

12.30am Summer of Love **1.35** Prohibition **2.30** Trapped: Hurricane Hospital **3.25** Carrier at War: USS Enterprise **4.15** Trapped: Hurricane Hospital **5.05–6.00am** 9/11: Stories in Fragments

Alibi

Sky 102 Virgin 134 BT 312 HD Virgin 200 BT 382

7.00am Diagnosis Murder (S) **8.00** Murdoch Mysteries (S) (HD) **10.00** Sue Thomas: F.B.Eye (S) **11.00** Castle (S) (AD) (HD) **12 noon** Rizzoli & Isles (S) (AD) (HD) **1.00pm** Diagnosis Murder (S) **2.00** Sue Thomas: F.B.Eye (S) **3.00** Murdoch Mysteries (S) (HD) **5.00** Castle (S) (AD) (HD)

6.00pm Rizzoli & Isles *11/15 Series 2.* When a community activist is gunned down, the duo help a witness who comes forward to testify against a well-known gang member. (S) (AD) (HD)

7.00 Crossing Lines *3/12 Series 2* A sniper with a grudge starts to kill people indiscriminately to bring attention to his political beliefs. (S) (HD)

8.00 King and Maxwell *2/10 Series 1.* Michelle finds herself under investigation by the FBI when she is linked to an assassination attempt on a visiting Russian politician. (HD)

9.00 Inspector George Gently *1/4 Series 6.* Bacchus has lost his confidence, so Gently tries to help his sergeant by getting him to investigate a death. (S) (AD) (HD)

10.00 Crossing Lines As 7pm

11.00 Inspector George Gently *1/4 Series 6.* Bacchus has lost his confidence, so Gently tries to help his sergeant by getting him to investigate a death. (S) (AD) (HD)

12 midnight Perception (S) (AD) (HD) **1.00am** Covert Affairs: double bill (S) (AD) (HD) **2.50–3.50am** Murdoch Mysteries (S) (HD)

Alibi +1 Sky 226 Virgin 130

Discovery History

Sky 535 Virgin 262

6.00am Aircraft Stories **7.00** Industrial Revelations: the European Story **8.00** Weapons of War **10.00** Weaponology (AD) **12 noon** Hitler: a Profile **1.00pm** Weapons of War **3.00** Industrial Revelations: the European Story **4.00** Battle Castle with Dan Snow **5.00** Hitler's Generals

6.00pm Greatest Tank Battles In the final stages of the Second World War, Allied forces race to Berlin.

7.00 Treasure Quest The Spanish government claims that the treasure of a wreck, nicknamed Black Swan, belongs to its country.

8.00 Rory McGrath's Best of British Engineering British transport networks are examined.

9.00 Planes That Never Flew The story behind plans for an atomic bomber that failed to progress from the drawing board. (AD)

10.00 How We Got Here A deadly American Civil War stand-off involving Adolphus Busch. **10.30** John D Rockefeller momentous entry into the fledgling oil industry.

11.00 Hitler: a Profile Exploring the factors that he formed the Führer's character.

12 midnight Weaponology: double bill (AD) **2.00am** Treasure Quest **3.00** Industrial Revelations: the European Story **4.00–6.00am** Weapons of War: double bill

Discovery History +1 Sky 536 Virgin 263

Fox

Sky 124 Virgin 157 HD Virgin 199

8.00am Law & Order: Criminal Intent (HD) **9.00** Medium (S) (HD) **11.00** The Closer (S) (HD) **1.00pm** NCIS (S) (AD) (HD) **3.00** Medium (S) (HD)

5.00pm The Closer *8/15 Series 4.* The team investigates the death of a hairdresser. (S) (HD) **6.00** *9/15.* Two police officers are killed in Mexico, and evidence suggests the prime suspect is an FBI informant. (S) (HD)

7.00 NCIS *9/24 Series 10.* Gibbs teams up with FBI agent TC Fornell. **8.00** *10/24.* Tony's father visits. Guest-starring Robert Wagner. **9.00** *9/24 Series 13.* A petty officer tries to prove he did not murder his ex-girlfriend. (S) (AD) (HD)

10.00 Tyrant *2/10 Series 3* Barry realises his hold over Abaddin is tenuous at best. Molly's visit to a military hospital has severe consequences. (S) (HD)

11.00 Family Guy Series 11 Peter and Joe play Halloween pranks on their friends and neighbours. (S) (HD) **11.30** Lois displays unexpected skill as a boxer. (S) (HD)

12 midnight American Dad! (S) (HD) **1.00am** Family Guy (S) (HD) **2.00** American Dad! (S) (HD) **3.00** Family Guy (S) (HD) **4.00–5.00am** American Dad! (S) (HD)

Fox +1 Sky 165 Virgin 158

History

Sky 529 Virgin 270 BT 327 HD BT 379

8.00am Pawn Stars (HD) **9.00** Down East Dickering (HD) **10.00** Shipping Wars (HD) **11.00** Counting Cars (HD) **12 noon** Storage Wars (HD) **1.00pm** Pawn Stars (HD) **3.00** Mountain Men (HD) **5.00** Pawn Stars (HD) **6.00** American Pickers (HD) **7.00** Storage Wars (HD) **8.00** Lost in Transmission (HD) **9.00** Counting Cars (HD) **10.00 New.** Car Hunters: Aaron and his son want to find a car they can restore together (HD) **11.00** Forged in Fire: crafting a spiked shield (HD) **12 midnight** Counting Cars (HD) **1.00am** Car Hunters (HD) **2.00** Storage Wars (HD) **3.00** Pawn Stars (HD) **4.00–5.00am** American Pickers (HD)

History +1 Sky 530 Virgin 271

Animal Planet

Sky 523 Virgin 256 BT 325 HD Virgin 257 BT 378

6.00am Tanked (HD) **7.00** The Pool Master (HD) **8.00** Treehouse Masters (HD) **9.00** The Zoo (HD) **10.00** Too Cute! (HD) **11.00** Insane Pools: off the Deep End (HD) **12 noon** Treehouse Masters (HD) **1.00pm** Animal Cops Phoenix (AD) (HD) **3.00** Bondi Vet (HD) **5.00** Animal Cops San Francisco **6.00** Flying Wild Alaska (HD) **7.00** Tanked (HD) **8.00 New.** Lone Star Law (HD) **9.00** Swamp Monsters (HD) **10.00** Alaskan Surviving the Last Frontier (HD) **11.00** Bondi Vet (AD) (HD) **12 midnight** as 7pm **1.00am** as 8pm **2.00** as 9pm **3.00** as 10pm **3.50** Deadliest Catch (HD) **4.40** Whale Wars (HD) **5.30–6.00am** Animal Airport (HD)

Animal Planet +1 Sky 549 Virgin 258

Discovery

Sky 520 Virgin 250 BT 322 HD Virgin 251 BT 376

6.00am Extreme Car Hoarders (HD) **7.00** Alaskan Bush People (HD) **8.00** Bear Grylls: Born Survivor (HD) **9.00** Fast 'n' Loud (AD) (HD) **11.00** Wheeler Dealers (HD) **1.00pm** Alaskan Bush People (HD) **2.00** Gold Rush (HD) **3.00** Born Survivor: Bear Grylls (AD) (HD) **4.00** MythBusters (HD) **5.00** Wheeler Dealers (HD)

6.00pm Fast 'n' Loud Michael's first time on a buy looks like it could be his last. (AD) (HD) **7.00** Aaron attempts the Pikes Peak International Hill Climb. (AD) (HD)

8.00 MythBusters A scene from *The Magnificent Seven.* (AD) (HD)

9.00 Baggage Battles Music City Auction in Nashville. (HD) **9.30** Film monster memorabilia (HD)

10.00 Auction Hunters: Pawn Shop Edition Allen and Ton try to raise money to fix their truck. (HD) **10.30** The guys battle it out with a former employee. (HD)

11.00 Fast 'n' Loud The crew work on a Ford Galaxie. (AD) (HD)

12 midnight Naked and Afraid (HD) **1.00am** Street Outlaws (HD) **2.00** Moonshiners (HD) **3.00** Baggage Battles (HD) **3.50** Auction Hunters: Pawn Shop Edition (HD) **4.40–6.00am** How It's Made (HD)

Discovery +1 Sky 521 Virgin 252

Nat Geographic

Sky 525 Virgin 266 BT 317 HD Virgin 268 BT 373

8.00am Nazi Megastructures (HD) **9.00** Secret Bible (HD) **10.00** Tut's Treasure Tour (HD) **11.00** Highway thru Hell (HD) **12 noon** Wicked Tuna (HD) **1.00pm** Filthy Riches (HD) **2.00** Ultimate Airport Dubai (HD) **3.00** Air Crash Investigation (S) (AD) (HD) **5.00** Car SOS (HD) **6.00pm** Supercar Megabuild (HD) **7.00** Air Crash Investigation (S) (AD) (HD) **8.00** No Man Left Behind (HD) **9.00 New.** 'Tis the Generation that Changed the World (HD) **10.00** Car SOS (HD) **11.00** Air Crash Investigation (HD) **12 midnight** Science of Stupid (HD) **1.00am** Inside Cocaine Wars (HD) **2.00–5.00am** Car SOS (HD)

Nat Geo +1 Sky 527 Virgin 267

Eden

Sky 532 Virgin 247 BT 315 HD Virgin 269

9.00am Africa (S) (AD) (HD) **10.00** Ultimate Swarms (HD) **11.00** as 5pm **12 noon** as 6pm **1.00pm** Australia with Simon Reeve (S) (HD) **2.00** Wonders of the Monsoon (S) (HD) **3.00** Africa (S) (AD) (HD) **4.00** Ultimate Swarms (HD) **5.00** Planet Dinosaur (HD) **6.00** Australia: a Time Traveller's Guide (S) (HD) **7.00** Australia with Simon Reeve (S) (HD) **8.00** Wonders of the Monsoon (S) (HD) **9.00** Africa (S) (AD) (HD) **10.00** Ultimate Swarms (HD) **11.00** Planet Dinosaur (HD) **12 midnight** as 6pm **1.00am** as 7pm **2.00** as 8pm **3.00** as 9pm **3.50** as 10pm **4.40** as 5pm **5.30–6.00am** Breaking Ice (S) (HD)

Eden +1 Sky 533 Virgin 248

CHILDREN'S

Milkshake! on C5

Full listings for Channel 5 are on p108

6.00am The Wotwots **6.10** Chloe's Closet **6.20** Lily's Driftwood Bay **6.30** Fireman Sam **6.40** Peppa Pig **6.45** Bob the Builder **7.00** Little Princess **7.10** Pip Ahoy! **7.25** Thomas & Friends **7.40** Noddy, Toyland Detective **7.50** Ben and Holly **8.05** Woolly **8.15** Peppa Pig: double bill **8.35** Paw Patrol **8.50** Tool the Tiny Tugboat: Tool accidentally reveals a surprise **9.00–9.15am** Bananas in Pyjamas: Rat pretends to be mayor

CBeebies (121)

Freeview 121 Freesat 608 Sky 604 Virgin 702

6.00am ZingZillas **6.10** Mr Bloom **6.25** Timmy Time **6.35** Buzz and Ted **6.40** Baa Baa Land **6.55** Postman Pat **7.10** Twirlywoos **7.20** Teletubbies **7.35** Hey Duggee **7.40** The Furchester Hotel **7.55** Go Jetters **8.05** Octonauts **8.20** Chuggington **8.25** Kate & Mim-Mim **8.35** Tree Fu Tom **9.00** Time for School **9.10** Bing **9.25** as 6.25am **9.30** Teletubbies **9.45** as 1.45pm **10.05** Patchwork Pals **10.10** Show Me **10.30** Woolly & Tig **10.35** Get Well Soon **10.50** Ruff-Ruff, Tweet and Dave **11.05** The Lingo Show **11.15** Alphablocks **11.20** Numtums **11.25** Get Squiggling **11.40** Rosie & Jim **12 noon** My Pet and Me **12.15pm** I Can Cook **12.30** Old Jack's Boat **12.45** Melody **1.00** Time for School **1.10** Bing **1.25** Wuffswell the Clumsy Cat **1.30** Tumtum and Nutmeg **1.45** Something Special **2.05** Patchwork Pals **2.10** Show Me Show Me **2.30** Woolly & Tig **2.35** Get Well Soon **2.50** Numtums **3.05** The Lingo Show **3.15** Alphablocks **3.25** Tee and Mo **3.30** Mister Maker **3.50** Grandpa in My Pocket **4.05** Itsy **4.15** What's the Big Idea? **4.20** Kazoops **4.30** Nina and the Neurons **4.45** Peter Rabbit **5.00** Justin's House **5.25** Topsy and Tim **5.35** *New.* Jamillah and Aladdin **5.50** CBEEBIES *New.* Nelly & Nora *See p105* **6.00** Charlie and Lola **6.10** Waybuloo **6.20** In the Night Garden... **6.50–7.00pm** Bedtime Story

CBBC (120)

Freeview 120 Freesat 607 Sky 603 Virgin 701

7.00am Arthur **7.15** Zig and Zag **7.25** Danger Mouse **7.35** MOTD Kickabout **7.40** Newsround **7.45** Wild & Weird **8.00** Class Dismissed **8.15** Newsround **8.25** Woolly TV **8.40** Tree Fu Tom Machine **8.45** *New.* Odd Squad **9.00** *New.* Hacker Time **9.30** *New.* Just Kidding **9.55** Copycats **10.30** Young Dracula **11.55** Matilda and the Ramsay Bunch **12.50pm** The Next Step **12.35** Hetty Feather **1.30** Hacker Time **2.00** Copycats **2.30** Wild & Weird **2.45** Odd Squad **3.00** Amazing **3.00** Odd Squad **3.10** Dennis the Menace and Gnasher **3.25** Sidekick **3.35** Endangered Species **3.45** *New.* Bottersnikes & Gumbles **4.00** Just Kidding **4.20** Newsround **4.30** 4 of Clubs **5.00** Dotty TV **5.15** Secret Life of Boys **5.40** Class Dismissed **6.00pm** *New.* Hacker's Olympic Rundown **6.05** *New.* Bottersnikes & Gumbles **6.20** *New.* The Deep **6.40** Danger Mouse **6.55 FILM** Hotel for Dogs ★★★ Comedy with Emma Roberts **8.25–9.00pm** The Dumping Ground

CITV (122)

Freeview 122 Freesat 602 Sky 621 Virgin 734

Programmes 6.00pm–9.00 not Freeview

6.00am Monsuno **6.20** Signed Stories: Share a Story **6.30** Dino Dan: Trek's Adventures **7.15** Diddiods **7.25** Grizzly Tales for Gruesome Kids **7.55** Olly Sharts **8.00** Max Steel **8.25** Matt Hatter Chronicles **8.55** Thunderbirds Are Go **9.25** Diddiods **9.30** *New.* What's New Scooby-Doo? **10.00** Mr Bean: The Animated Series **11.00** Horrid Henry **12 noon** Nerds & Monsters **12.30pm** Looped **1.00** Mr Bean: The Animated Series **2.00** Horrid Henry **3.00** Thunderbirds Are Go **3.30** What's New Scooby-Doo? **3.55** My Parents Are Aliens **5.05** Fort Boyard Ultimate Challenge **6.00pm** Max Steel **6.25** Matt Hatter Chronicles **6.55** Horrid Henry **7.55** Looped **8.25** Thunderbirds Are Go **8.55–9.00pm** Signed Stories: Share a Story

FRIDAY Films & Sport

Discover film

The best of Sky, iPlayer, Netflix and beyond

Tonight's big premiere

The Martian ★★★★ 8.00pm *Sky Premiere*

Ridley Scott's enjoyable sci-fi drama stars Matt Damon in a Golden Globe-winning turn as an astronaut left for dead after a mission to Mars. There are surprisingly few dark moments, as Damon's botanist grows potatoes and re-opens lines of communication with Nasa. The use of "real science" adds a fascinating edge to the story, even if the psychological aspect of Damon's plight is rather less convincing. STELLA PAPAMICHAEL

Madness in their method

Fast Girls ★★★ 7.15pm *Film4* FREEVIEW

A film about female sprinters released in the month of the London Olympics must have seemed like a great idea for its stars. But any thoughts they would be ready for their close-ups while leaving the hard physical stuff to proper athletes were soon quashed. Lily James, Lenora Crichlow and Lashana Lynch were subjected to a punishing physical regime that included 600 sit-ups a day, and worst of all, a strict diet. TONY PETERS

Hardy perennials

Broken Flowers
PictureBox

Bill Murray fans should know that this cult comedy by maverick director Jim Jarmusch is now available to watch on the multiplatform subscription service. You can also catch *The Guru*, *Public Enemies*, *Hulk*, *Red Dragon* and *Meet Joe Black*.

STELLA PAPAMICHAEL

FREEVIEW

Film4 18

7.15 Fast Girls ★★★ Cheesy but fun sports drama. *Choice, left.* Lenora Crichlow, Lily James, Noel Clarke, Bradley James (2012, D) (S)

9.00 The Mechanic ★★ Jason Statham stars as an angst-ridden hitman in this superficially chic thriller. Ben Foster (2011, US) (S)

10.45 Ninja ★★ Martial arts flick best seen as an homage to below-the-line 1980s action fodder. Scott Adkins (2009, IR) (S)

12.30am Shogun Assassin ★★★ Cult martial arts action adventure. Tomisaburo Wakayama (1980, JP) **2.10–4.00am Maniac** ★★★ Horror remake. Elijah Wood (2012, US) (S)

Film4 +1 FView 45 (HD only) FSat 303 Sky 316 Virgin 430

Movie Mix 32

Freeview 32

9.00am Sherlock Holmes and the Leading Lady: mini-series starring Christopher Lee **12.50pm** Movie News **1.00 Nicholas and Alexandra** ★★★ Historical drama. Michael Jayston, Janet Suzman, Fiona Fullerton, Tom Baker (1971, PG) **4.35** Movie News **4.45 My Girl** ★★ Mushy romantic drama. Dan Aykroyd, Jamie Lee Curtis, Macaulay Culkin, Anna Chlumsky, Richard Masur (1991, PG) (S)

6.55pm The Lazarus Project ★★ A family man and reluctant criminal gets a second chance at life in this intriguing if slow-paced mystery thriller. Paul Walker (2008, US) (S)

9.00 Donnie Brasco ★★★★ An undercover FBI agent befriends a low-level Mafia hood in this gritty crime drama. Al Pacino, Johnny Depp, Michael Madsen (1997, 15)

11.35 Straw Dogs ★★ Uninspired remake of Sam Peckinpah's controversial 1971 thriller. James Marsden, Kate Bosworth, Alexander Skarsgard, James Woods, Dominic Purcell (2011, 15)

1.50am Freelancers ★★ Crime thriller. Curtis "50 Cent" Jackson, Forest Whitaker, Robert De Niro (2012, 18) **3.45–6.00am The Whistle Blower** ★★★ Spy thriller. Michael Caine, James Fox, Nigel Havers (1986, PG)

Movies4Men 48

Freeview 48 Freesat 304 Sky 325

6.00am They Live by Night ★★★★ Film noir. Farley Granger (1948) **7.50 Storm Chasers** ★★ Adventure. Kelly McGillis (1998) **9.40 Iron Eagle IV** ★★ Action adventure. Louis Gossett Jr (1995, 12) **11.30 Faultline** ★ Disaster movie. Doug Savant (2004) **1.15pm Meteor Storm** ★★ Disaster movie. Michael Trucco (2010, 12) **3.00** Against the Odds **4.35** The Avro Vulcan

5.30pm Heroes without Glory ★★ Italian-made wartime caper set in Egypt. Jeff Cameron, Ivanca Ravaioli, Lemmy Campion (1971, PG)

7.15 The Philadelphia Experiment ★★ Sci-fi action yarn based on an urban myth. Nicholas Lea, Malcolm McDowell (2012, 12)

9.00 Desperado ★★★★ Explosive action adventure starring Antonio Banderas as a mysterious guitar-playing stranger who thirsts for vengeance against an evil drugs baron. Salma Hayek, Joaquim de Almeida, Steve Buscemi, Cheech Marin (1995, 15)

11.00pm Hollow Man 2 ★ Sci-fi thriller. Christian Slater (2006, 15) **12.45 Austin Powers: International Man of Mystery** ★★★★ Spy spoof. (1997, 15) **2.35–4.00am The Day Time Ended** ★ Sci-fi adventure. (1980)

Movies4Men +1 Freesat 305 Sky 326

Premiere

Sky 301 Virgin 401 BT 501 HD Virgin 431

6.00am Spud ★★★ Comedy. Rose Swann (2010, 15) **7.50 Dragon Ball Z: Battle of Gods** ★★ Animation. Sean Schemmel, Christopher R Sabat (2013, 12) **9.35** As 4pm **11.35** As 6pm **1.35pm** As 8pm **4.00 Suffragette** ★★★ Historical drama. **Choice, p62.** Carey Mulligan, Helena Bonham Carter, Meryl Streep (2015, 12)

6.00pm Pan ★★★★ All-action adventure prequel. Levi Miller, Hugh Jackman, Rooney Mara, Garrett Hedlund (2015, PG)

8.00 The Martian ★★★★ Humour and smart survival techniques keep Matt Damon's stranded astronaut alive in Ridley Scott's smashing sci-fi drama. **Choice, left.** (2015, 12)

10.25 Kite ★★ Highly stylised reworking of an anime original. India Eisley, Samuel Jackson, Callan McAuliffe (2014, 15)

12 midnight Spud As 6am **1.50am Kite** As 10.25pm **3.25 Dragon Ball Z: Battle of Gods** As 7.50am **5.15** The Top Ten Show **5.30** Suicide Squad: Special

Premiere +1 Sky 302 Virgin 402

Greats

Sky 304 Virgin 404 BT 508 HD Virgin 434

6.00am Robots ★★★ Animated adventure. Ewan McGregor, Halle Berry (2005, U) **7.40** As 4.05pm **9.35** As 6pm **11.35** As 8pm **1.50pm Crouching Tiger, Hidden Dragon** ★★★★★ Period romance. Chow Yun-Fat, Michelle Yeoh (2000, 12) **4.05 Free Willy** ★★★ Adventure. Jason James Richter (1993, U)

6.00pm The Goonies ★★★ Good-natured adventure. Sean Astin, Corey Feldman, Martha Plimpton (1985, 12)

8.00 Wall Street ★★★★ A gullible Wall Street broker falls under the spell of his ruthless boss in this stylish morality tale. Michael Douglas, Charlie Sheen (1987, 15)

10.10 Cape Fear ★★★★ Martin Scorsese's very violent remake of the classic 1962 thriller. Robert De Niro, Nick Nolte, Jessica Lange (1991, 18)

12.20am Harry Potter and the Deathly Hallows: Part 1 ★★★ Fantasy adventure. (2010, 12) **3.05 Harry Potter and the Deathly Hallows: Part 2** ★★★★★ Fantasy. (2011, 12) **5.30** Star Trek Beyond Special

Comedy

Sky 308 Virgin 408 BT 506 HD Virgin 438

6.00am One Night in Istanbul ★★★ Comedy. (2014, 15A) **7.40 The 40 Year Old Virgin** ★★★ Comedy. (2005, 15) **9.40 Dude, Where's My Car?** ★ Comedy. (2000, 12) **11.30 Hot Shots!** ★★★ Spoof. (1991, 12) **12.45pm Hot Shots! Part Deux** ★★ Spoof. Charlie Sheen (1993, 12) **2.20** As 9.45pm

4.30pm Cop Out ★★ Tired comedy. Bruce Willis, Tracy Morgan (2010, 15)

6.25 Who's Harry Crumb? ★ Lacklustre comedy. John Candy, Jeffrey Jones, Annie Potts, Tim Thomerson (1989, PG)

8.00 The Hangover ★★★★ Hilarious comedy in which a Las Vegas stag do spins out of control. Bradley Cooper, Zach Galifianakis, Ed Helms (2009, 15)

9.45 Ted 2 ★★★ Extended version of the gag-heavy comedy. Mark Wahlberg, Seth MacFarlane (2015, 15)

12 midnight Bad Bromance ★★★ Comedy. (2013, 15) **1.50am Get Smart** ★★ Comedy. (2008, 12) **3.45 Romy and Michele's High School Reunion** ★★★ Comedy. (1997, 15) **5.25 Crocodile Dundee in Los Angeles** ★ (2001, PG)

Hits

Sky 303 Virgin 413 BT 504 HD Virgin 433

6.05am Paul Blart: Mall Cop 2 ★★ Comedy. Kevin James (2015, PG) **7.45 Home** As 6.20pm **9.20 Vacation** ★★ Comedy adventure. Ed Helms (2015, 15) **11.05 Spectre** As 8pm **1.40pm Fast & Furious 7** As 10.35pm **4.00 Mrs Doubtfire** ★★★★ Comedy drama. Robin Williams (1993, PG)

6.20pm Home ★★★ A fugitive alien befriends a bereft girl in this entertaining animated adventure. Rihanna, Jim Parsons, Steve Martin (2014, U)

8.00 Spectre ★★★ Epic spy adventure that sees Daniel Craig's secret agent facing his ultimate adversary. Christoph Waltz (2015, 12)

10.35 Fast & Furious 7 ★★★★ Globe-trotting entry in the muscle-car franchise. Vin Diesel, Paul Walker, Dwayne Johnson, Jason Statham (2015, 12)

12.55am Vacation As 9.20am **2.45 Cake** ★★ Downbeat drama. Jennifer Aniston, Adriana Barraza (2015, 15) **4.35 Paul Blart: Mall Cop 2** As 6.05am

Action/Adventure

Sky 307 Virgin 437 BT 502 HD Virgin 437

6.30am The Sum of All Fears ★★★ Political thriller. Ben Affleck, Morgan Freeman (2002, 12) **8.40 The Fast and the Furious** ★★★★ Action thriller. Paul Walker, Vin Diesel (2001, 15) **10.40** As 8pm **12.55pm** As 10.10pm **3.15 True Lies** ★★★★ Action comedy. Arnold Schwarzenegger, Jamie Lee Curtis (1994, 15)

5.45pm Batman and Robin ★★ Tired entry in the franchise. George Clooney, Arnold Schwarzenegger, Chris O'Donnell, Uma Thurman, Alicia Silverstone (1997, PG)

8.00 Terminator: Genisys ★★ Confusing reboot of the franchise. Arnold Schwarzenegger, Emilia Clarke (2015, 12)

10.10 Sherlock Holmes ★★★★ Robert Downey Jr gives a charismatic portrayal as Baker Street's finest in this rip-roaring mystery thriller. Jude Law (2009, 12)

12.30am True Lies As 3.15pm **2.55 Rush Hour 2** ★★★ Fast-paced martial arts action comedy. Jackie Chan, Chris Tucker (2001, 12) **4.30 Batman and Robin** As 5.45pm

Crime/Thriller

Sky 309 Virgin 409 BT 509 HD Virgin 439

6.00am Body As 5.25pm **7.20 The Calling** ★★ Thriller. Susan Sarandon (2014, 15) **9.15 No Good Deed** ★★ Thriller. Idris Elba (2014, 15) **10.45 The Equalizer** As 6.45pm **1.00pm Southpaw** As 9pm **3.05 The Rock** ★★★★ Thriller. Sean Connery (1996, 15) **5.25 Body** ★★★ Thriller. Helen Rogers (2015, 15)

6.45pm The Equalizer ★★★ Denzel Washington stars in this slick re-imagining of the hit 1980s TV show. Marton Csokas (2014, 15)

9.00 Southpaw ★★★ Sports drama about a boxer fighting to keep his personal life from falling apart. Jake Gyllenhaal, Forest Whitaker (2015, 15)

11.05 Inception ★★★★ Unusual and inventive psychological thriller from director Christopher Nolan. Leonardo DiCaprio (2010, 12)

1.35am Dying of the Light ★★ Thriller. Nicolas Cage (2014, 18) **3.10 Surveillance** ★★ Crime thriller. Julia Ormond (2007, 18) **4.50 Sam Churchill: Search for a Homeless Man** ★★ Mystery drama. John Schneider (1999)

Disney

Sky 305 Virgin 405 BT 503 HD Virgin 435

1.00am Big Hero 6 ★★★★ Animation. Scott Adsit (2014, PG) **8.50 The Emperor's New Groove** ★★★★ Animated comedy. David Spade (2000, U) **10.20** As 4.55pm **12 noon** As 6.35pm **1.25pm** As 8pm **3.25 The Fox and the Hound** ★★★ Animated adventure. Mickey Rooney (1981, U)

4.55pm The Good Dinosaur ★★★★ Stunning Pixar animation. Raymond Ochoa, Jack Bright, Jeffrey Wright (2015, PG)

6.35 The Jungle Book ★★★★★ Timeless animated classic. Phil Harris, Sebastian Cabot, George Sanders (1967, U)

8.00 Cars ★★★ Great-looking animated comedy. Owen Wilson, Paul Newman, Bonnie Hunt, Larry the Cable Guy (2006, PG)

10.00 Remember the Titans ★★★ Inspiring American football drama. Denzel Washington, Will Patton (2000, PG)

12 midnight Robin Hood ★★★★ Animated adventure. (1973, U) **1.35am Babes in Toyland** ★★ Musical. Ray Bolger (1961, U) **3.25 Piglet's Big Movie** ★★★ Animated adventure. John Fiedler (2003, U) **4.45** As 3.25pm

Drama/Romance

Sky 310 Virgin 410 BT 511 HD Virgin 440

6.20am Pitch Perfect 2 Special **6.50 Always** ★★★ Fantasy. Richard Dreyfuss (1989, PG) **9.05 Beaches** ★★★ Drama. Bette Midler (1988, 12) **11.15 The Pursuit of Happyness** ★★★ Drama. Will Smith (2006, 12) **1.20pm** Pitch Perfect 2 Special **1.50** As 8pm **3.50 Two Weeks Notice** ★★ Comedy. (2002, 12)

5.40pm Brokeback Mountain ★★★★★ Oscar-winning western drama about two cowboys who embark on a clandestine relationship against a background of bigotry in 1960s Wyoming. Heath Ledger, Jake Gyllenhaal (2005, 15)

8.00 Magic Mike XXL ★★ Comedy sequel. Channing Tatum (2015, 15)

10.00 The Bodyguard ★★★ Entertaining romantic thriller. Kevin Costner, Whitney Houston (1992, 15)

12.20am Monster's Ball ★★★★ Crime drama. Billy Bob Thornton, Halle Berry (2001, 15) **2.20 Birth** ★★★★ Mystery drama. Nicole Kidman (2004, 15) **4.10 How Green Was My Valley** ★★★★★ Drama. Walter Pidgeon, Maureen O'Hara (1941, U)

Select

Sky 312 Virgin 412 BT 510 HD Virgin 442

6.00am The Hurricane ★★★★ Drama. Denzel Washington (1999, 15) **8.30 The Overnight** ★★★ Comedy. Adam Scott (2015, 15) **9.55 Whiplash** As 7.30pm **11.55 Insomnia** ★★★★ Crime thriller. Al Pacino, Robin Williams (2002, 15) **2.00pm Rawhide** ★★★ Western. Tyrone Power, Susan Hayward (1951, PG)

3.35pm Sideways ★★★★★ Poignant romantic comedy drama. Paul Giamatti, Thomas Haden Church (2004, 15)

5.45 Juno ★★★★ Smart, Oscar-winning comedy. Ellen Page, Michael Cera, Jennifer Garner, Jason Bateman (2007, 12)

7.30 Whiplash ★★★★★ Electrifying drama. Miles Teller, JK Simmons, Paul Reiser, Melissa Benoist (2014, 15)

9.30 Straight Outta Compton ★★★★ Fine biopic. O'Shea Jackson Jr, Corey Hawkins, Jason Mitchell, Paul Giamatti (2015, 18)

12.05am Easy Rider ★★★★★ Cult road movie. Peter Fonda, Dennis Hopper (1969, 18) **1.45 Hang 'Em High** ★★★ Western. Clint Eastwood (1968, M) **3.45 A Dirty Shame** ★★★ Satirical comedy. Tracey Ullman (2004, 15) **5.20** Rawhide

Fairy Tales

Sky 306 Virgin 416 BT 505 HD Virgin 436

6.35am As 1.50pm **8.10** As 3.25pm **9.40** As 8pm **12 noon** As 11.40pm **1.35pm** Cinderella Special **1.50 Tinker Bell and the Lost Treasure** ★★★ Animation. (2009, U) **3.25 Tinker Bell and the Great Fairy Rescue** ★★★ Animation. (2010, U) **4.50 Aladdin** ★★★★★ Animation. (1992, U)

6.30pm Aladdin and the King of Thieves ★★★★ Entertaining animated sequel. Robin Williams (1996, U)

8.00 Stardust ★★★★ Witty fantasy adventure. Claire Danes, Charlie Cox, Michelle Pfeiffer, Robert De Niro (2007, PG)

10.15 FernGully: the Last Rainforest ★★ Animation with a green message. Samantha Mathis (1992, U)

11.40 The Sword in the Stone ★★★ Thoroughly enjoyable cartoon. Rickie Sorensen, Sebastian Cabot (1963, U)

1.10am Cinderella Special **1.25 Aladdin** As 4.50pm **3.05 Aladdin and the King of Thieves** As 6.30pm **4.35 FernGully: the Last Rainforest** As 10.15pm

Sci-Fi/Horror

Sky 311 Virgin 411 BT 507 HD Virgin 441

6.00am Star Trek: the Motion Picture ★★★ (97% of 15) **8.15 Star Trek II: the Wrath of Khan** ★★★★ (98% of 15) **10.15 Star Trek III: the Search for Spock** ★★★ (95% of 15) **12.15pm Star Trek IV: the Voyage Home** ★★★★ (96% of 15) **2.30 Star Trek V: the Final Frontier** ★★★ (88% of 15)

4.30pm Star Trek VI: the Undiscovered Country ★★★★ Sci-fi adventure. William Shatner (1991, PG)

6.30 Star Trek Beyond Special

7.00 Star Trek: Generations ★★★★ Sci-fi. Patrick Stewart (1994, PG)

9.00 Star Trek: First Contact ★★★★★ Captivating sci-fi adventure. Patrick Stewart (1996, 12)

11.00 Star Trek: Insurrection ★★★ Sci-fi adventure. (1998, PG)

1.00am Star Trek: Nemesis ★★★ Sci-fi adventure. Patrick Stewart (2002, 12) **3.05** Star Trek Beyond Special **3.35 Star Trek: the Motion Picture** As 6am

TCM

Sky 317 Virgin 415 BT 512 HD Virgin 416

6.10am Hollywood's Best Film Directors **7.15** Kung Fu **9.30 The Flame and the Arrow** ★★★★ Adventure. Burt Lancaster (1950, U) **11.10 The Law and Jake Wade** ★★★★ Western. Robert Taylor (1958, U) **12.50pm** Kung Fu **3.00 Cole Younger, Gunfighter** ★★ Western. (1958, U)

4.35pm Around the World under the Sea ★★ Adventure. Lloyd Bridges, Shirley Eaton, Brian Kelly (1965, U)

6.50 The Man Who Came to Dinner ★★★ Sparkling comedy. Bette Davis, Monty Woolley, Ann Sheridan (1941, U)

9.00 Mad Max 2 ★★★★ Exhilarating action thriller. Mel Gibson, Bruce Spence, Vernon Wells, Max Phipps (1981, 18)

10.55 The Exorcist ★★★★★ Extended version of the horror. Linda Blair, Max von Sydow, Linda Blair (2000, 18)

1.30am Conspiracy Theory with Jesse Ventura **3.15** Hollywood's Best Film Directors **5.00 The Man Who Came to Dinner** As 6.50pm

TCM +1 Sky 318 Virgin 417

Key (S) Subtitles (SL) Signing (AD) Audiodescription

SPORT Choices

Premier League Football 6.30pm *Sky Sports 1*

Regular Friday night football from the top flight begins with Manchester United v Southampton. The Red Devils will be eager to put on a show in their opening home game of the Mourinho era. The Saints are also starting life under a new boss, Claude Puel. They've prospered in the past despite the departure of players and managers, and there is some continuity, with England full back Ryan Bertrand among those who've signed new contracts. STEVE WALL

Sky Sports 1

Sky 401 Virgin 511 BT 402 HD Virgin 501

6.00am Football Gold **7.00** Wrestling **8.00** Premier League World **8.30 LIVE Rugby Union** Northland v Manawatu in New Zealand's National Provincial Championship (kick-off 8.35); from Whangarei. **10.30 Great Sporting Moments** **11.00 Premier League Legends** **11.30 Premier League Match Pack** **12 noon Premier League World** **12.30pm Premier League Legends** **1.30 Premier League 100 Club** (AD) **2.00 Premier League Years** (AD) **4.00 Premier League World** **4.30 Football Gold** **5.00 Premier League Preview** **5.30 The Fantasy Football Club** **6.30 LIVE Premier League Football** Manchester United v Southampton (kick-off 8.00); from Old Trafford. **11.00 Premier League Preview** **11.30 The Fantasy Football Club** **12.30am** Premier League Football **1.00** Super League **1.15** Premier League Preview **1.45** The Fantasy Football Club **2.45** Premier League Football **3.15** Super League **3.30** Premier League Preview **4.00** The Fantasy Football Club **5.00** Premier League Football **5.30–6.00am** Premier League Preview

Sky Sports 2

Sky 402 Virgin 512 BT 403 HD Virgin 502

6.00am Cricket Classics **7.00** Cricket's Greatest (AD) **8.00** Cricketing Yorkshire **8.55 LIVE Test Cricket** South Africa v New Zealand, day one in the first of two Tests, from Kingsmead in Durban. **5.00pm** Cricket's Greatest (AD) **5.30** Wrestling: WWE Raw **7.30 LIVE Super League** Wigan Warriors against St Helens (kick-off 8.00), a Super 8s match from the DW Stadium. **10.30** Test Cricket **11.30** Super League **11.45** Super League Gold (AD) **12 midnight** Cricket Classics (AD) **1.00am** Cricket's Greatest (AD) **2.00** Cricketing Yorkshire **2.30** AB de Villiers: Sporting Genius **3.00** Cricket Classics **4.00** Cricket's Greatest (AD) **5.00–6.00am** AB de Villiers: Sporting Genius

Sky Sports 3

Sky 403 Virgin 513 HD Virgin 503

6.00am Legends of Darts **6.45** Darts Gold (AD) **7.00** Boxing Gold **8.00** Tennis **9.00** Fishing **9.30** Motorsport Mundial **10.00** Sporting Heroes **11.00** Racing News **11.30** Time of Our Lives (AD) **12.30pm Tennis** **2.00 Fishing** **2.30 Tennis** ATP Tour news. **3.00** The ATP Cincinnati Masters. **4.00 LIVE Tennis** The first two quarter-finals of the ATP Cincinnati Masters. The top three seeds all progressed to the semi-finals last year, with Novak Djokovic, Andy Murray and Roger Federer victorious. More live action at 1.30am. **10.00 Great Sporting Moments** **10.30 Darts Gold** (AD) **11.00 Boxing Gold** **11.30 Racenax** Motorsport roundup. **12 midnight** Sports Unlimited **1.00am** Tennis **1.30 LIVE** Tennis: the concluding two quarter-finals of the ATP Cincinnati Masters **3.30** Watersports **4.30** Racenax **5.00** Tennis **5.30–6.00am** Super League Gold (AD)

Sky Sports 4

Sky 404 Virgin 514 HD Virgin 504

6.00am US Tour Golf **10.00 LIVE European Tour Golf** The Czech Masters, round two from Prague. More at 2pm. **12 noon** Golf **12.30pm** Sporting Greats: Jack Nicklaus (AD) **1.00** Golf **2.00 LIVE European Tour Golf** Further play from day two of the Czech Masters at the Albatross Golf Resort in Prague. **5.00** Sporting Greats (AD) **6.00** Golf **7.00** European Tour Golf **8.00 LIVE US Tour Golf** The Wyndham Championship, round two at the Sedgefield Country Club in Greensboro, North Carolina. **12 midnight** European Tour Golf **1.00am** Sporting Rivalries (AD) **1.30** US Tour Golf **5.30–6.00am** Sporting Rivalries (AD)

Sky Sports 5

Sky 405 Virgin 515 BT Vision+ 406 HD Virgin 505

6.00am Tennis **6.30** Premier League World **7.00** Football's Greatest Players **8.00** Spanish Football Gold (AD) **9.00** Tennis: ATP Tour news **9.30** Football's Greatest Players **11.30** Football's Greatest Teams (AD) **12 noon Spanish Football Gold** (AD) **1.00pm Football's Greatest Teams** The Netherlands and France. (AD) **2.00 Spanish Football Gold** (AD) **2.55 LIVE Test Cricket** Day two in the Fourth Test between West Indies and India, from Queen's Park Oval in Port of Spain, Trinidad. **10.30 Wrestling** WWE action. **1.30am** Football's Greatest Players **4.00** Spanish Football Gold (AD) **5.00–6.00am** Time of Our Lives (AD)

Eurosport 1

Sky 410 Virgin 523 BT 432 HD Virgin 521 BT 406

7.25am Triathlon **8.00** Tennis **9.30** Cycling **11.30** Speedway **1.00pm** Isle of Man TT **3.00** World Snooker **5.00** Tennis: US Open **6.00** Cycling **7.00 LIVE Cycling** The Vuelta a España team presentation. **8.00** Triathlon **9.00** Cycling **9.30** The Rowing O'Sullivan Show **10.00** World Snooker **12 midnight** Cycling **1.00am** News **1.05–1.10am** Going for Gold

Eurosport 2

Sky 411 Virgin 524 BT 433 HD Virgin 522 BT 436

6.00am Cycling **7.00** Tour de France **8.00** Cycling **9.00** Watts **10.30** Cycling **11.30** Tour de France **12.30pm** Cycling **1.25** News **1.30** Motocross **2.30** Speedway **3.30** World Superbikes **4.30** Speedway **5.30** News **5.35** Isle of Man TT **6.40** Going for Gold **6.45** Watts **6.55** News **7.00** World Snooker **9.00** Boxing **10.00** Going for Gold **10.05** Watts **10.20** News **10.25** Going for Gold **10.30** Cycling **11.30** Triathlon **12.30am** Eurosport News **5.30–6.00am** Tour de France

BT Sport 1

Sky 413 Virgin 531 BT 401 HD Virgin 527 BT 400

6.00am French Football **6.30** Motorcycling **7.00** Speedway **8.00** Hockey **8.30** Italian Football **9.00** French Football **9.30** World Sport **10.00** Australian Rules Football **11.00 LIVE Australian Rules** West Coast Eagles v Hawthorn). **2.00pm** You Don't Know Bo (AD) **3.30** Classic MotoD **6.00** Premier League Preview **6.30** Italian Football **7.00** French Football **7.30 LIVE French Football** Olympique Lyonnais v Caen in Ligue 1 (kick-off 7.45). **9.45** Last Week, This Week **10.00** World Rally **10.30** Champions League Football **11.00** Bad Blood: Diaz v McGregor **12 midnight** UFC **12.30am** Mixed Martial Arts **1.30** French Football **3.00** Italian Football **3.30** World Rally **4.00** UFC **4.30–7.00am LIVE Australian Rules Football** North Melbourne v Sydney Swans (bounce up 4.45).

BT Sport 2

Sky 614 Virgin 532 BT 420 HD Virgin 528 BT 421

6.00am MotoGP **6.15** Last Week, This Week **6.30** Tennis **7.00** MotoGP **8.00 LIVE MotoGP** First practice for the Czech Republic Grand Prix; **12 noon** Live second practice. **3.00pm** French Football **3.30** Italian Football **6.00 LIVE Tennis** Quarter-final action from the WTA Cincinnati Open. More at 12 midnight. **10.00** Tennis **10.30** Free Spirits (AD) **11.30** World Rally **12 midnight LIVE Tennis** WTA Cincinnati Open, quarter-finals. **2.0.am** Tennis **2.30** World Rally **3.00** German Football **4.30–5.00am** Last Week, This Week

BT Sport 3

Sky 417 Virgin 533 BT 410 HD Virgin 529 BT 412

6.00am Champions League Football **7.00** Classic MotD **10.00** Premier League World **10.30** USA Game of the Week **12.30pm** Tennis **4.00** MotoGP **5.30** Premier League Preview **6.00** Europa League Football **7.30** German Football **7.45 LIVE German Football** Carl Zeiss Jena v Bayern Munich (kick-off 7.45). German Cup. **9.45** German Football **11.15** Italian Football **11.45** Last Week, This Week **12 midnight–6.00am LIVE American Football** Ottawa Redblacks v Montreal Alouettes; **3.00am** More live CFL, BC Lions v Calgary Stampeders (kick-off 3.00).

BT Sport//ESPN

Sky 415 Virgin 534 BT 411 HD Virgin 530 BT 413

6.00am American Football **6.30** Baseball **8.30** MLB **11.30** World Sport **12 noon** ESPN FC **12.30pm** Drag Racing **1.30** Baseball **5.30** Last Week, This Week **6.00** MLB **6.30** ESPN FC **7.00 LIVE Baseball** Little League. **3.00am** MLB **4.00** World Sport **4.30** Drag Racing **5.30–6.00am** American Football

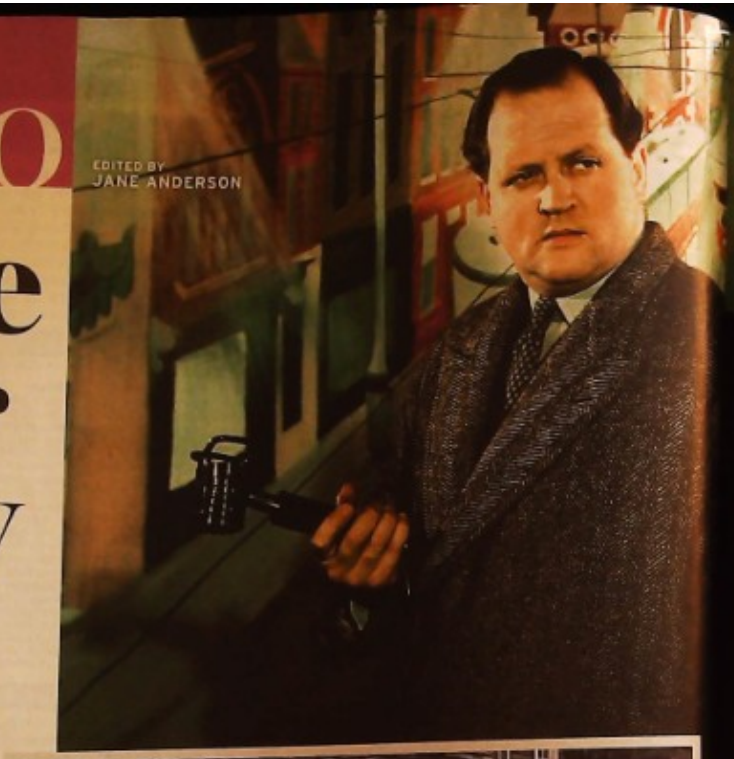
Gardening Joe Swift takes a seat to enjoy the view Your RT P140

EDITED BY
JANE ANDERSON

A love letter to my dad

As a boy he was embarrassed by his father's fame. Now **Jonathan Dimbleby** is proud – and says broadcasters should learn lessons from him

Archive on 4: Dimbleby on Dimbleby
Saturday 8.00pm ***Radio 4***



DIMBLEBY DYNASTY
Main picture: Richard Dimbleby in 1949. Left: with wife Dilys and their children Nicholas, Jonathan, Sally and David in 1950

GROWING UP WITH Richard Dimbleby as your father was a strange business, says Jonathan Dimbleby. Though it was, of course, the only type of growing up he knew.

The *Any Questions* presenter recalls: "People would come up to my father in the street, take hold of his sleeve, and say, 'Just touching you for luck, Richard.' Or we'd go into a restaurant and the restaurateur would refuse to let us pay.

"Once, when I was about ten years old, we went to see Arthur Askey in pantomime. Suddenly, a searchlight shone on us. Askey said something like: 'It's Richard Dimbleby. Let's give him a big welcome!' My father was required to stand up and wave." And the young Jonathan? In that painful moment, none of the pride and love he felt (and still does) for his father could shield him from the sheer embarrassment of being singled out. "I shrank down into my seat."

Back in the 1950s and early 60s, there was no one else on radio or TV who engendered so much respect. Richard Dimbleby was more than a "television star". Much more.

"I don't know of any public figure in the serious end of radio or television today who is anything like as well known as he was."

Dimbleby's broadcasting career began with a speculative letter to the BBC, nimbly suggesting that the organisation could improve its news bulletins by reporting things first-hand, rather than merely reading out the printed despatches that arrived on the news wires. He later recalled: "I thought, why don't they have a man of their own who goes out and reports things and comes back to the microphone and gives his story?"

His life story is told by his son in *Dimbleby on Dimbleby*, in this week's *Archive on 4*. It's timed to coincide with the 50th anniversary of his father's memorial service at Westminster Abbey – the first time a journalist had been honoured in this way.

IT TELLS THE story of how Richard, who died aged just 52 in 1965, was the BBC's first war correspondent, the first reporter to fly with RAF Bomber Command (the other two didn't come back alive) and – more famously – how he was the first reporter to witness the liberation of a Nazi death camp. The BBC initially refused to broadcast his dispatch from Belsen because it was so horrifying, and Dimbleby, recognising its importance, vowed to resign if it didn't. He championed postwar compassion for the German people, but the war left a mark. "He belonged to that generation that when he was in a position to buy a big car, he absolutely refused to buy a Mercedes-Benz because they were German cars."

The programme is presented in a spirit of love and affection. But it also, on occasions, prods the reputation of Dimbleby senior, asking, for example, whether he was too deferential. There's an amusing clip of him beginning an interview with King Hussein of Jordan while almost audibly tugging a forelock: "Your Majesty, You were kind enough to say that you would answer some questions from us this evening..."

Jonathan, 72, says that his father had a "reverence for monarchy, the church and Parliament".

Such an attitude, I suggest, would not be cherished in a broadcast journalist today.

"I agree with you. Completely. And in a way, I think, more's the pity. I think we rubbish institutions at our peril.

"For example, I think there's a tendency to forget that Parliament is what we have. And while there is [some] malfeasance and there are [some] second-rate people, if we go around believing that corruption is the norm in Parliament, we're feeding a bear. And we're also misleading people. It's very easy to sneer. A sneer is very powerful. Particularly in the medium of television."

'He refused to buy a Mercedes-Benz – it was a German car'

Dimbleby stresses that he's "not talking specifically about any broadcaster", but he is quite critical of the "simplistic" manner in which, he says, the EU referendum was covered on TV: "It was too easily reduced to 'they say this and the others say that – take your pick'. There were important exceptions – Nick Robinson's documentary and much of *Newsnight* – but too often the broadcasters seemed to fall into the trap of accepting that only the economic implications or immigration mattered. There was very little context or analysis of competing claims, very little forensic examination of issues like sovereignty, security and defence: claim and counter-claim were held to be suffice."

Dimbleby ponders what his father would make of today's politics and the media coverage of it. One thing's for certain, no broadcaster will ever command so much public admiration.

"He was surprised by the esteem in which he was held. He was self-mocking about it. When he was weak in hospital, he was overwhelmed by the outpouring of affection and support for him from the public. Absolutely overwhelmed by it. Touched beyond words."

VINCENT GRAFF

PICK OF THE WEEK

BY SIMON O'HAGAN

In the Criminologist's Chair

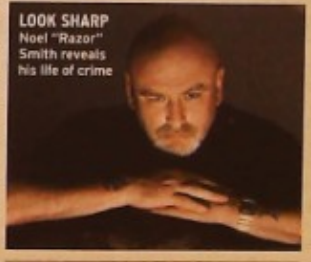
Tuesday 4.00pm ***Radio 4***

Some 15 years on from the last *In the Psychiatrist's Chair*, and nearly ten years after the death of its presenter Anthony Clare, it still feels like there is a hole in the schedules where a gripping 45 minutes was all but guaranteed. Then up pops this homage – a one-off, but I'm told with the possibility of more – in which criminologist David Wilson elicits a story that had me listening in amazement.

As a bestselling author, Noel "Razor" Smith is now a member of the ranks of what might be called "celebrity" ex-criminals, and with such figures it's all too easy to overlook the full nastiness of what they were once caught up in. Under Wilson's calm probing – worthy of Dr Clare himself – Smith doesn't shirk from telling us, and if you've ever wondered what it is like to be a member of a gang when they drive up to a bank and carry out an armed robbery while ensuring that staff and customers cause them the least bother, this is where to find out.

The really shocking aspect of Smith's tale is the brutalising upbringing that led him to a life of violent crime – a process he reports the police themselves playing the major part in.

But there's a hopeful aspect, too. Smith has spent 32 of his 55 years in some form of incarceration, and my bet is he won't be spending any more. *Jane Anderson is away*



LOOK SHARP
Noel "Razor" Smith reveals his life of crime

AMBRIDGE DIARY

The Archers this week...

It's time for Henry's holiday in Tenby with Pat and Tony, so Rob is on top manipulative form, telling his boy that he can take him to a better beach and emphasising just how lonely he'll be without him. Henry will be a gibbering wreck this time next year, mark my words.

For a different approach to raising children, we need only look at George, who's been busy reading *Danny, the Champion of the World*. Clarrie warns Eddie and Joe not to talk to George about poaching like it isn't a crime.

Pip admits to Alice what's been going on between her and Toby. Alice can't help but be impressed by the actions of her second cousin: she appears to have tamed the Bad Boy of Borsetshire! **DAVID BROWN**

GETTY; TOM STOCKILL / CAMERA PRESS

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Eddie Mair

Fringe first

Psst... you didn't hear it from me, OK?

The Edinburgh Festival and Fringe is in full swing. Or it could be that they are in full swing. I expect there's already a fringe show which examines with clarity the hilarity of plurality.

Sadly for those of us stuck in the artistic backwater of London, the myriad choices Edinburgh offers in August are as distant as understanding what the hell "Brexit means Brexit" means. It is a deliciously clever phrase because everyone on every part of the referendum spectrum believes they know what it's about, even though most of them must be wrong. Next time Theresa May is standing next to a European head of government for an awkward news conference, I want her to say "Beans Meanz Heinz" instead: in part to see what the translation into Estonian sounds like.

Actually forget that. I've just used Google Translate on my laptop and it says the translation is Beanz Meanz Heinz so it's not much fun. Not only does the idea fail, I have a sudden craving for beans. Other brands are available. If it's any help to you in understanding what Brexit means, I've just used Google Translate to give me "Brexit Means Brexit" in Estonian and it's "Brexit tähendab Brexit". Now it all makes sense.

Where was I? Yes, the Edinburgh arts jamboree that is cruelly denied the rest of the UK. Goodness, I wish the media were not so Edinburgh-centric. There is life outside the capital you know! Come on, BBC!

> **'I'd love to get my name outside a theatre production'**

There are rules in the theatre world regarding when critics can write about new productions. Many shows perform previews that are open to one and all, but the understanding is that they shouldn't be reviewed. The precise details of the rules are known only to an intimate circle/dress circle of theatre hacks, but woe betide you if you break them. Quentin Letts comes round in the middle of the night and kneecaps you with a baseball bat and a couple of witty zingers.

So it's with some trepidation I relay the tale of a preview show I attended in London at the end of last month, of a performance now running in Edinburgh. For some time I've been enjoying (on the BBC's iPlayer Radio app – do try it) downloads of *Radio Active*. The series that spoofed radio began – I'm astonished to read – in 1980. I was 15 years old! Hearing the old shows again has been a wonderful nostalgia-fest.

You can imagine my delight when I read that the old crew, minus the much-missed Geoffrey Perkins, had put together a show for Edinburgh, with previews at a small but perfectly-formed theatre in Waterloo.

I was a little anxious. Would it be as funny as I remembered? Less funny seeing them in person? I needn't have worried. It was very funny. And not just because I was already a fan. I took along someone who had never heard of *Radio Active* and he laughed as much as I did. Almost wet himself when they did the Hee Bee Gee Bees.

Which reminds me. I'd love to get my name outside a theatre production. Never done that. So, if the good people of *Radio Active* want to use a quote for the Edinburgh show, please use this line which I've stolen from a poster I saw about 40 years ago.

"Radio Active is hilarious. Laugh? My pants will never dry" Eddie Mair, *Radio Times*.

Eddie Mair presents PM, Mon–Fri 5pm, and iPM, Sat 5.45am, 5.30pm, both Radio 4

ALAMY/GETTY

MY PEOPLE

BY STUART MACONIE

GISS AND MAKE UP

When one hears that a comedian has written a novel, a certain shrinking trepidation can enter the soul. I haven't read them all, but I've read enough to know that that for every Alexei Sayle there's a... well, you know. **Mark Watson** is a splendid chap and, on the evidence of his latest novel, *The Place That Didn't Exist*, a splendid novelist. I recommend it far more warmly than the gloomy Victorian writer George Gissing whom Watson and I discussed on air recently. On his way to his first-class English degree, Watson often glimpsed a book called *Gissing for Beginners* and assumed it was a self-help manual into whatever "gissing" might entail. *(BBC Radio New Comedy Award, Saturday 11pm, Radio 4 Extra; Sunday 6.15pm and 7.15pm, Radio 4)*

CLOCK 'N' ROLL

I've known **Teenage Fanclub** since the days when they were a lot shaggier and a deal noisier. But as the years have passed they have refined their sound, without blanding out, into the ageless, graceful pop of their latest album *Here*. Gentle and lovely souls too who are always fun to be with. I Skype-chatted last week with Norman Blake of the band, now domiciled with Canadian wife and family in South Ontario. As Norman spoke, he was winding up an antique clock made by a late in-law, once the town's official clock keeper. It was a nicely Camberwick Green moment. But expect more rock 'n' roll high jinks when they tour this autumn. *(Katie Puckrik's Power Pop, Sunday 1pm, 6Music).*

STONE TEMPLE ZEALOTS

Facile as some people might think me, I've always thought that – unless deliberately playing against type – certain bands should look the part. Psychedelic rock bands, for instance. **Temples** are an excellent psych band from Kettering and when I met founders Thomas Warmsley and Edward Bagshaw (right) I was heartened by their hirsute, mediaeval appearance and their names, redolent of the days of the Gunpowder Plot and Northamptonshire's weird and symbol-rich Rushton Triangular Lodge – built by the father of one of the plotters. You can see it on Temples' album sleeve and from the train between Kettering and Market Harborough. *(Live Hour, Sunday 3am, 6Music)*

SATURDAY Radio

Today's Choices

BBC Proms 2016: George and Ira Gershwin Rediscovered
7.30pm Radio 3
Conductor John Wilson and his all-star orchestra have become Proms favourites with their celebrated show music and film music concerts. Tonight they're on a recovery mission with George and Ira Gershwin Rediscovered, a melodious tribute to the brothers – George the composer, Ira the lyricist (above) – who became one of America's greatest ever songwriting duos. Expect both fascinatin' rhythms (including the ballet music to Vincente Minnelli's 1951 film *An American in Paris*) and rare Hollywood arrangements, many of which have not been played live since the original recording sessions but have now been painstakingly reconstructed by maestro Wilson. "Restoring lost scores is part of a longstanding project in my spare time," he says. DAVID GILLARD

BBC Proms 2016: At Sam Wanamaker's Playhouse, Shakespeare's Globe
3.00pm Radio 3
The Prom season's extensive tribute to Shakespeare on the 400th anniversary of his death continues from the site of the theatre where many of his plays were first performed, the reconstructed Globe. But it's in the intimate, smaller auditorium (named after the American actor who was so influential in creating the modern Globe) that acclaimed Baroque ensemble Arcangelo and three fine singers recall the music of the Restoration, performing excerpts from Shakespeare-themed theatre works by Purcell, Blow, Locke and Draghi. DAVID GILLARD

BBC Radio 1

97.6–99.8 FM bbc.co.uk/radio1
Freeview 700 Freesat 700 Sky 0101 Virgin 901
News on the half-hour 7.30am–6.30pm
6.00am Dev Music and laughs.
10.00 Matt Edmondson Chart music and chat.
1.00pm Alice Levine
4.00 Radio 1's Dance Anthems Playlist with the weekend in mind, presented by Danny Howard.
7.00 as 1Xtra 11-hour simulcast

1Xtra

bbc.co.uk/1xtra
Freeview 701 Freesat 701 Sky 0137 Virgin 907
6.00am Ace Music and chat.
10.00 Yasser In for Nick Bright.
1.00pm Jamz Supernova With the latest neo-R&B.
4.00 Twin B
7.00 MistaJam Tunes and guests.
10.00 Charlie Sloth Hip-hop.
1.00am DJ Target New talent.
4.00 Dipio and Friends

BBC Radio 2

88–90.2 FM bbc.co.uk/radio2
Freeview 702 Freesat 702 Sky 0102 Virgin 902
News and Weather on the hour, plus 6.30 and 7.30am
6.00am Anneka Rice
8.00 Sounds of the 60s Brian Matthew with an oldies playlist – including listener requests – of international hits and obscurities across all genres, today including records by Bobby Darin, Neil Sedaka and an act that never charted – Babs Tino.
Repeated tomorrow 3am
10.00 Al Murray
2/2. Broadcasting from the Edinburgh Festival, with live performances, the Pub Landlord creator welcomes guests including Angus Deayton and Phillip Pope (of wireless hit *Radio Active*), comedians Zoe Lyons and Bec Hill, stand-up, writer and actress Sara Pascoe, and pop/rock act Travis.
1.00pm Pick of the Pops Broadcast live from the studio, Paul Gambaccini counts down the pop charts from this week in 1974 and 1999, with most of the Top 20, including hits by the Bay City Rollers, the Three Degrees, Britney Spears and Basement Jaxx.
Repeated Wednesday 3am
3.00 Dermot O'Leary Indie-leaning show, today with live sessions from the Divine Comedy – previewing their forthcoming album *Foreverland* – and up-and-coming Slough-based singer/songwriter David Brent, whose appearance coincides with that of Ricky Gervais, who has produced, directed and written the new big-screen comedy *David Brent: Life on the Road*, in which he stars.
6.00 Liza Tarbuck
8.00 Trevor Nelson's Rhythm Nation The urban music specialist shares his pick of original soul and R&B.
10.00 The Craig Charles House Party Funk, soul and neo-R&B.
Repeated Thursday 3am
12.00 Alex Lester
3.00am Bob Harris With a live session by London-born Nashville-based artist, record producer and songwriter Anna Krantz, who has collaborated with Ed Sheeran, Steve Booker and Judy Tzuke.

BBC Radio 3

90.2–92.4 FM bbc.co.uk/radio3
Freeview* 113 Freesat 703 Sky 0103 Virgin 903
News and weather 7.00am, 8.00, 9.00, 1.00pm
7.00am Breakfast With Tom McKinney.
9.00 Summer Record Review Live From the Edinburgh International Festival, Andrew McGregor reports from the BBC's pop-up broadcast and audience hub at George Heriot's School, celebrating recorded music at the festival since it was founded in 1947 and reflecting the music-making at this year's event and the BBC Proms. He is joined by journalist Kate Molleson, classical music retailer Anne McAlister, pianist and broadcaster Iain Burnside, and Delphian Records co-founder Paul Baxter.
9.30 Proms Composer Thomas Adès.
10.30 Iain Burnside joins Andrew to rediscover some historic recordings from the Edinburgh Festival.
11.40 Gershwin *An American in Paris* Harmonie Ensemble/New York, conductor Steven Richman
bbc.co.uk/programmes/b06w2923 EMAIL recordreview@bbc.co.uk
Disc details are posted on the website
12.15pm New Generation Artists Clemency Burton-Hill continues to celebrate the music of the BBC's New Generation Artists. Today she highlights a recording of pianist Beatrice Rana, mezzo Kathryn Rudge and horn player Alec Frank-Gemmill with pianist Alasdair Beatson, playing on period instruments at Finchcocks Musical Museum in Kent.
Saint-Saëns *Romance in E, Op 67*
Alec Frank-Gemmill (horn), Alasdair Beatson (piano)
Quilter *Three Shakespeare Songs, Op 6*
Kathryn Rudge (mezzo), James Baillieu (piano)
Bach *Partita No 2 in C minor, BWV826*
Beatrice Rana (piano)
Mahler *Urlicht (Des Knaben Wunderhorn)*
Peter Moore (trombone), Robert Thompson (piano)
1.00 Saturday Classics
Rob's Gold Standard. Rob Cowan with a personal choice of music by Bach, Chabrier, Haydn and Dvorak, plus a genuine stereo recording from the early 1930s.
3.00 Proms At: Sam Wanamaker Playhouse, Shakespeare's Globe Presented by Georgia Mann.
RT Live from Sam Wanamaker Playhouse at Shakespeare's Globe in London.
Katherine Watson (soprano), Samuel Boden (tenor), Callum Thorpe (bass), Arcangelo director Jonathan Cohen (harpsichord/organ)
Purcell *Curtain Tune (Timon of Athens); I Spy Celia; I See She Flies Me*
Blow *Venus and Adonis (excerpts)*
Purcell *The Fairy Queen (excerpts)*
3.40 Proms Extra A literary Proms accompaniment in which actress and RSC member Samantha Bond performs work by Shakespeare and his contemporaries, including the Sonnets and famous speeches from *Romeo and Juliet*.
4.00 Locke *Curtain Tune (The Tempest)*
Draghi *Dance of the Fantastick Spirits (The Tempest)*
Purcell (attrib) *The Tempest (excerpts)*
Repeated Wednesday 2pm
5.00 Jazz Record Requests Alyn Shipton revisits the life and career of another consummate blues man with a tribute to New Orleans clarinettist Edmond Hall (1901–67).
ADDRESS: Jazz Record Requests, BBC Radio 3, Broadcasting House, London W1A 1AA EMAIL: jazz.record.requests@bbc.co.uk
6.00 Jazz Line-Up Julian Joseph meets influential American producer, arranger and composer Quincy Jones, recorded last month at the Montreux Jazz Festival in Switzerland. The Illinois-born studio giant has worked with Frank Sinatra, Ray Charles, Dinah Washington, Lesley Gore and Michael Jackson, among many others. He speaks about studying with Nadia Boulanger in Paris, his early work scoring for films and of his 1991 collaboration with Miles Davis at the Montreux Jazz festival. With recordings featuring Art Farmer, Herbie Hancock and Sarah Vaughan, and his popular 1962 instrumental track *Soul Bossa Nova*.
7.00 BBC Proms 2016 RT Petroc Trelawny presents live from the Royal Albert Hall, where the John Wilson Orchestra conducted by John Wilson celebrates the composer George Gershwin and his lyricist brother Ira Gershwin, featuring *They All Laughed, Funny Face*, and *I Got Rhythm*, among many others. During the interval at **7.50 Proms Extra: An Introduction to the Music of Gershwin** Clemency Burton-Hill and theatre music expert Edward Seckerson provide an introduction to the Gershwins' music, recorded at Imperial College Union.
10.00 Hear and Now Ivan Hewett presents world premieres from the Witten Days for New Chamber Music, featuring music by Gerard Pesson, Hugues Dufourt, Juliana Hodkinson, Mikel Urquiza and Enno Popp.
12.00 Geoffrey Smith's Jazz Geoffrey Smith pays tribute to West Coast jazz trumpeter Shorty Rogers (1924–94), who starred with Woody Herman and Stan Kenton, led his own quirky bands and wrote jazz scores for hit Hollywood films and composed extensively for television.
1.00am Through the Night With Jonathan Swain.
Debussy *Preludes (excerpts)* **Beethoven** *Piano Sonata in E, Op 109* **Ligeti** *Studies for piano (excerpts)* **Schubert** *Piano Sonata in C minor, D958* **Debussy** *La fille aux cheveux de lin (Preludes, Book 1)* **Gershwin/Wild** *Embraceable You* Francesco Piemontesi (piano) **2.25 Gershwin** *Piano Concerto in F* **3.01 Krzysztof Penderecki** *Credo* **3.46 Moniuszko** *String Quartet No 2 in F* **4.04 Pekorny** *Concerto in D for Horn, Timpani and Strings* **4.20 Poulenc** *Les chemins de l'amour (valse chantée)* **4.24 Saint-Saëns** *Etude in D flat, Op 52 No 6 (Etude en forme de valse)* **4.31 Sorkocevic** *Sinfonia in D* **4.38 Debussy** *Clair de lune (Suite bergamasque)* **4.43 Weber** *Sonatina; Romance; Menuet (Six petites pièces faciles, Op 3)* **4.51 Zarebski** *Polonaise triomphale in A, Op 11* **5.01 Dvorak** *Legend in C, Op 59 No 4* **5.07 Debussy, arr Allen** *Arabesque No 2* **5.11 Wagner** *Prelude, Act 1: Die Meistersinger von Nürnberg* **5.22 Rossi** *Cor mio, deh non languire* **5.26 Saint-Saens** *Oboe Sonata in D, Op 166* **5.38 Avison** *Concerto grosso No 4 in A minor (after Scarlatti)* **5.51 Bellini** *Vanne o rosa fortunata* **5.53 Bellini** *Bella Nice, che d'amore* **5.57 Dittersdorf** *Keyboard Concerto in A* **6.15 JC Bach** *Quintet in E flat, Op 11 No 4* **6.31 Ravel** *Ma Mère l'Oye*

BBC 6 Music

bbc.co.uk/6music
Freeview 707 Freesat 707 Sky 0120 Virgin 909
7.00am Mary Anne Hobbs New music.
10.00 The Huey Show Soul, disco, rock and more.
1.00pm Liz Kershaw Guests and features.
3.00 Norman Jay Sitting in for Gilles Peterson.
6.00 The Craig Charles Funk and Soul Show Craig with a pick of the year's best recordings so far.
9.00 Tom Robinson With Huw Stephens's music tips.
12.00 Stuart Maconie's Freakier Zone See p117
1.00am The Joy of 6 2.00 6 Music Recommends 3.00 6 Music Live Hour 4.00 The Atlantic Records Story 2/13. 5.00 Elizabeth Alker In for Chris Hawkins.

Planet Rock

planetrock.com
Freesat 730 Sky 0110 Virgin 924
7.00am Sam Hughes 10.00 Paul Anthony 1.00pm RockBlock 2.00 Request Show With Murray J **6.00 Joe Elliott** Rptd Tue 10pm **7.00 Planet Rock of Ages** Rptd Wed 7pm **8.00 Mojo Rocks** Rptd Wed 8pm **10.00 New Rock Show** With Wyatt Wendels **12.00 Blues Power** Rptd Thu 9pm **1.00am Through the Night**

Classic FM

99.9–101.9 FM classicfm.com
Freeview 711 Freesat 721 Sky 0126 Virgin 922
7.00am Alan Titchmarsh Including at **9.00 Classic Hall of Fame Hour**.
10.00 Bill Turnbull With popular favourites.
1.00pm Alexander Armstrong
3.00 Nicholas Owen Classic FM favourites.
5.00 Saturday Night at the Movies RT film editor Andrew Collins selects scores from last year's Classic FM Movie Music Hall of Fame chart and makes predictions for the 2016 results.
7.00 Alex James's Date Night Vital anniversaries and milestones in classical music, including a Handel's ruffling of feathers with his librettist around his most famous oratorio, Aaron Copland being fined for a bovine death and birthdays for Samuel Coleridge-Taylor and James Horner.
9.00 A Day in the Life with Anne-Marie Minhall Anne-Marie Minhall with the speculative details of the day-to-day life of Bach, who loved strong coffee and fathered more than 20 children.
10.00 Smooth Classics With Myleene Klass.
1.00am Katie Breathwick 4.00 Jane Jones

BBC Radio 4

92.4–94.6 FM 198 LW bbc.co.uk/radio4
for national variations see p133
Freeview 704 Freesat 704 (FM) 713 (LW)
Sky 0114 (FM) 0143 (LW) Virgin 904 (FM) 911 (LW)
News 5.30am, 6.00 and hourly to 10.00 (FM/LW), 12.00 and hourly to 2.00pm, 4.00 and hourly to 6.00 (FM), 7.00 and hourly to 12 midnight (FM/LW)
Weather 6.04am, 6.57, 7.57, 12.57pm (FM), 5.57 (FM), 6.55, 12.25pm
Shipping Forecasts 5.20am, 12.00pm (LW), 5.54, 12.48am
5.30am News Briefing
5.43 Prayer for the Day Reading and reflection, with Canon Patrick Thomas, vicar of Christ Church in Carmarthen.
5.45 IPM PM's companion programme. Producer Joanna Carr. Extended repeat 5.30pm
Contact bbc.co.uk/blogs/ipm or email: ipm@bbc.co.uk
6.00 News and Papers A round-up of the latest headlines.
6.07 Open Country **7/1. The Man Engine.** Helen Mark reports on the UK's biggest puppet as it strides out across Cornwall to celebrate ten years since the county's mining landscapes were awarded the status of Unesco world heritage sites. Repeated from Thursday
6.30 Farming Today This Week Reports on agricultural issues presented by Felicity Evans. Producer Sally Challoner
7.00 Today With Mishal Husain and Nick Robinson.
7.25, 8.25 Sports News
7.48 Thought for the Day With the Rev Dr Rob Marshall.
9.00 Saturday Live People stories and droll discussion presented by Aasmah Mir and Richard Coles, whose guests include actor Craig Charles and fashion designer David Emanuel. Producer Corinna Jones
10.30am–6.45pm* *LW*
Test Match Special
England v Pakistan
Day three of the Fourth Test in the four-match series from the Oval. Commentary by Simon Mann, Ed Smith and Charles Dagnall, with analysis from Phil Tufnell, Michael Vaughan, Ramiz Raja and Geoff Boycott.
Producer Adam Mountford *approximate times
Commentary also available on 5 Live Sports Extra 10am
10.30 *FM* **Punt PI**
3/3. Steve Punt sets out to determine the source of the so-called "World Hum", an unidentifiable, low-frequency noise people have reported hearing worldwide. Producer Sarah Jane Hall
11.00 *FM* **The Forum**
Taming Nature. Bridget Kendall's series, first broadcast on the World Service, continues with an exploration of extreme living. Her guests are Nasa scientist Lynn Rothschild, sea-creatures expert Oliver Crimmen and explorer Rosie Stancer. Producer Chris Wilson
11.30 *FM* **From Our Own Correspondent** Unusual reports introduced by Kate Adie. Producers Tony Grant and Richard Vadon
12.04pm *FM* **Your Money and Your Life** **3/4. 40- and 50-somethings.** Louise Cooper explores the financial pressures and problems that now plague the "sandwich generation", whose money is chiefly spent on supporting children and ageing parents. Producer Ben Castle. Editor Andrew Smith
Repeated tomorrow 9pm and Wednesday 3pm
12.30 *FM* **The Museum of Curiosity** **3/6.** Regulars John Lloyd and Noel Fielding invite guests Ross Noble, Dr Mike Shanahan and Susie Dent to donate exhibits to a vast imaginary museum. Repeated from yesterday
1.00 *FM* **News**
1.10 *FM* **Any Questions?** From London, with Jonathan Dimbleby in the chair and a panel including the journalist John Harris. Repeated from yesterday
2.00 *FM* **Any Answers?** Phone-in responding to Any Questions? PHONE: 03700 100 444 Lines open from 12.30pm
email: anyanswers@bbc.co.uk
2.30 *FM* **Drama: The Clintons** **2/3. The Coup.** Period political drama by Jonathan Myerson. In 1995, independent counsel Kenneth Starr takes aim at President Bill Clinton over his involvement in the failed Whitewater property scheme. Plans to bring Clinton down are thwarted when Suzan McDougal, a partner in the scheme, refuses to implicate the president in exchange for her own immunity. But in 1998 an interview with White House intern Monica Lewinsky creates a new possibility of removing Clinton from office.
Bill Clinton Corey Johnson DC lawyer Sidney Blumenthal Hilary Rodham Clinton Joseph Balderrama Pamela Maclear George Stephanopoulos Susan McDougal Tom Forrester Samantha Bakin Claudia Riley Clare Perkins Bobby McDaniel/Ronn Drumuel Wolfess Kirsty Oswald Rhoshan Stone Judge Sean Baker Jim McDougal Brian Protheroe
Producer/Director Jonquil Panting
3.15 *FM* **A Guide to Coastal Wildlife** **2/5.** Brett Westwood and Phil Gates offer an insight into some of Britain's commonest and most curious coastal wildlife, continuing on the North Humberland coast in search of razer clams and jumping sand hoppers.
Producer Sarah Blunt (R)
3.30 *FM* **Marc Riley's Musical Time Machine** **3/3.** Marc Riley delves into the BBC's spoken-word archive and unearths two more interviews: from 1991 in which Lemmy from Motörhead talks to Tommy Vance; and a 1981 interview in which the Clash's Joe Strummer opens up to David Hepworth. Repeated from Tuesday
4.00 *FM* **Weekend Woman's Hour** Highlights presented by Jane Garvey. Producer Sophie Powling EMAIL: womanshour@bbc.co.uk
5.00 *FM* **Saturday PM** With Jonny Dymond.
5.30 *FM* **IPM** Extended repeat from 5.45am
6.00 *FM* **Six o'Clock News**
6.15 Loose Ends *FM only until 6.45* Clive Anderson and Arthur Smith are joined by comedian Francesca Martinez, broadcaster and actor Angus Deayton, US actress Cherry Jones, and, performing live, Camille O'Sullivan, Wills Earl Beale and the Royal Scottish Pipers' Society. Producer Sukey Firth
7.00 Profile An insight into a person making the headlines. Repeated tomorrow 5.45am and 5.40pm
7.15 Saturday Review Cultural highlights under discussion include Todd Solondz's film *Wiener-Dog*, a National Theatre of Scotland production of Lee Hall's *Our Ladies of Perpetual Succour*, the novel *The Summer That Melted Everything* by Tiffany McDaniel, and the permanent collection at the Hunterian Museum in London. With Sarah Crompton in the chair, and panellists Jake Arnott, Natalie Haynes and Amanda Craig. Producer Oliver Jones
8.00 Archive on 4: Dimbleby on Dimbleby RT Jonathan Dimbleby assesses the legacy of his pioneering broadcaster father, Richard Dimbleby (1913–65). Producer Andrew Green
Radio features: pages 114–115
9.00 Drama: Reading Europe – Spain: Tomorrow in the Battle Think on Me **4/4.** Michael Butt's adaptation of the Javier Marías novel about a man facing a dilemma after another man's wife, with whom he was about to begin an affair, dies in his arms.
Victor Julian Rhind-Tutt The King Luisa Emma Fielding Malcolm Sinclair/Nicholas Grace Miles John Rowe
Producer Eoin O Catasaigh (R)
10.00 News and Weather
10.15 Inside the Ethics Committee **2/3. Growth Restriction in Pregnancy.** Joan Bakewell chairs a discussion on the issues raised when it is discovered that a fetus is no longer growing in the womb. Rptd from Thursday
11.00 Counterpoint **8/13.** Paul Gambaccini presents the eclectic music quiz, with contestants from London and Derbyshire. Repeated from Monday
11.30 How to Write a Poem **2/2.** Glyn Maxwell leads a poetry masterclass, with help from actors playing Emily Dickinson and Lord Byron. Repeated from Sunday
12.00 News and Weather
12.30–12.45am Stories from the Southern Cross **1/3. The Road from Austinmer Beach.** By Catherine Cole. A traffic jam forces widower Bert Hamilton to change his usual routine.
Producer David Roper (R)
1.00 as BBC World Service

BBC Radio 4 Extra

bbc.co.uk/radio4extra
Freeview 708 Freesat 708 Sky 0131 Virgin 910
6.00am The Ghost Senata as 4pm
7.30 Electric Ride as 5.30pm
8.00 Great Spy Books: Fact or Fiction? as 3pm
9.00 Kismet Robert Wright and George Forrest's musical tale of adventure, romance and intrigue, based on the work of Russian composer Alexander Borodin and set in ancient Baghdad. With Julia Migenes and Dhan Freeman. Kenneth Alwyn conducts the Stephen Hill Singers and the BBC Concert Orchestra, from 1994.
11.35 The Story Behind Kismet A 1994 programme in which Sheridan Morley talked to Robert Wright and George Forrest, co-creators of the Broadway musical Kismet.
12.00 A Whole 'Nother Story 2002 comedy (1/6)
12.30pm Chambers 1996 sitcom (1/5)
1.00 Graham Greene: Monsignor Quixote Bernard Cribbins stars in a dramatisation by Stephen Wyatt of Graham Greene's 1982 comic reworking of Cervantes' classic novel, set in rural Spain a few years after the death of Franco – omnibus (1–5/5)
2.30 Inheritance Tracks Novelist Frederick Forsyth discusses tracks by Paul Robeson and Melissa Adler
3.15 In the Psychiatrist's Chair Writer Hanif Kureishi tells Anthony Clare about trying to make sense of his real self through his work. From 1998
3.00 Great Spy Books: Fact or Fiction? Peter Hennessy, a leading expert on the history of the British intelligence service, assesses whether spy novels reflect the reality of spies, secret agents and operatives in the worlds of MI5, MI6 and Whitehall
4.00 The Ghost Senata Frank Finlay, Dorothy Tutin, Alan Cox and Frederick Treves star in August Strindberg's ghoulish 1907 work about a house of the living dead. Translated by Michael Meyer. From 1964
5.30 Electric Ride Peter Curtan continues his 4,500-mile journey in an electric car. From 2010 (2/8)
6.00 The Scarifyers – The Thirteen Hallows Fantasy drama by Simon Barnard and Paul Morris, with David Warner and Terry Molloy (2/4)
6.30 Night Watch Robin Brooks's dramatisation of Terry Pratchett's 29th Discworld novel (2/5)
7.00 The Saga of Cricklewood – Alan Coren on 4 Extra Giles Coren and Victoria Coren Mitchell join Sandi Toksvig to honour their father, the writer, editor and satirist Alan Coren (1938–2007)
10.00–12.00 Comedy Club: My Teenage Diary (1/4), at **10.30 Armando Iannucci's Charm Offensive** (5/6), at **11.00 BBC Radio New Comedy Award 2016** With Mark Watson **See p117**, and all
11.45 Adam and Joe's Famous Guy
12.00 as 6pm **12.30am** as 6.30pm
1.00 as 1pm **2.10** as 2.30pm **2.15** as 2.15pm
3.00 as 3pm **4.00** as 4pm **5.30** as 5.30pm

BBC World Service

bbc.co.uk/worldserviceradio
Freeview* 713 Freesat 711 Sky 0115 Virgin 906
Programmes may differ online, and on Freesat, Sky, and Virgin
5.00am News **5.05** The World This Week **5.30** Boston Calling **6.00** Weekend **7.30** Weekend Sport from Rio **8.30** The Food Chain **9.00** News **9.05** The History Hour **10.00** Sports Hour **11.00** Newshour Extra **12.00** News **12.05pm** The World This Week **12.30** The Cultural Frontline **1.00** Newshour: the stories behind the latest headlines **2.00** News **2.05** BBC Music on the World Service **3.00** News **3.05** Sportsworld: reports, interviews and analysis **4.00** News **4.05** Sportsworld **5.00** News **5.05** Sportsworld from Rio **6.00** The Newsroom **6.30** Boston Calling **7.00** News **7.05** BBC Proms 2016 **8.00** News **8.05** The Cultural Frontline **8.30** Trending **8.50** Over to You **9.00** Newshour **10.00** News **10.05** Forgotten Girls of Dhaka **10.30** The Food Chain **11.00** News **11.05** The Science Hour **12.00** News **12.05am** The World This Week **12.30** The Conversation **1.00** News **1.05** The Newsroom **1.20** Sports News **1.30** Outlook: perspectives on important issues **2.00** News **2.05** Today in Rio **3.00** News **3.05** Global Business: the latest news from the business world **3.30** Heart and Soul: Doping, Diving and God **4.00** News **4.05** The Documentary: The Museum of Lost Objects

BBC Radio 5 Live

693, 909 MW bbc.co.uk/fivelive
Freeview 705 Freesat 705 Sky 0105 Virgin 903
Sports Extra Freeview 706 Freesat 706 Sky 0144 Virgin 936
News and sport bulletin every half hour
Times vary during live sports coverage
5.00am 5 Live Science
6.00 5 Live Olympic Breakfast
5 Live Sports Extra *Digital only*
7.00am–9.00 5 Live Olympics Highlights of last night's swimming.
9.00 The Danny Baker Show
5 Live Sports Extra *Digital only*
10.00am–6.45pm Test Match Special England v Pakistan.
11.00 5 Live Sport Jonathan Overend presents Olympics news from Rio and build-up to the opening day of the 2016/17 Premier League season – in which Leicester City begin the defence of their title with a trip to Hull City – with commentary from **12.30pm**. At **2.30** there's rowing coverage from the Olympics, and the women's and men's eight finals. At **3.00** it's back to the Premier League and commentary on Everton v Spurs, including Olympic updates from the early sessions of athletics and track cycling. At **5.00 Sports Report**, with analysis of today's Premier League and Olympic action.
6.06pm 6-0-6 With Will Perry and Robbie Savage.
7.00 5 Live Olympics Eleanor Oldroyd presents track cycling, including the women's keirin, men's sprint and the women's team pursuit. Plus women's hockey, tennis, and the latest boxing bouts. From **11.00**, Jonathan Edwards presents coverage of the athletics, with Jessica Ennis-Hill and Katarina Johnson-Thompson in the heptathlon; Greg Rutherford in the long jump and Mo Farah in the 10,000m.
4.00am Up All Night

Talksport

1053, 1089 MW talksport.co.uk
Freeview 723 Freesat 731 Sky 0108 Virgin 107
6.00am Up the League
7.00 Georgie Bingham and Micky Quinn Sporting news.
11.00 Jon Richardson and Matt Forde With the Morning Zoo.
1.00pm Matchday Live Manchester City v Sunderland.
7.30 The Final Whistle Phone-in
9.00 Season Ticket
12.00 Extra Time

Asian Network

bbc.co.uk/asiannetwork
Freeview 709 Freesat 704 Sky 0119 Virgin 912
6.00am Guz Khan
10.00 Raj and Pabbis Bollywood news and features, with actor Hrithik Roshan giving the lowdown on Ashutosh Gowariker's major new film *Mohenjo Daro*.
1.00pm Preeya Kalidas
3.00 The Official Asian Music Chart With Suni Mann.
6.00 Panjabi Hit Squad Dee and Rav, with the latest music.
9.00 Kar D Man and DJ Limelight
12.00 as Radio 5 Live

Absolute Radio

absoluteradio.co.uk
Freeview 727 Freesat 724 Sky 0107 Virgin 915
8.00am Frank Skinner
11.00 OJ Borg
3.00pm Rock 'n' Roll Football With Rob Beckett.
6.00 Request Show With Claire Sturgess.
8.00 Absolute Classic Rock Party With Leona Graham.
11.00 Sarah Champion
4.00am George Godfrey

Listen again online for the next seven days at **bbc.co.uk/iplayer/radio**

SUNDAY Radio

Today's Choices

Desert Island Discs
11.15am **Radio 4**
Winning *The Great British Bake Off* is life-changing for everyone who takes the coveted title – a book or blog being the least we can expect. But last year's winner Nadiya Hussain has taken things to a different level: newspaper and magazine columnist; contributor to *The One Show* and *Loose Women*; four books in the offing; a 90th birthday cake for the Queen, and a cookery show for the BBC in which she goes back to her Bangladeshi roots that has the glorious title *The Chronicles of Nadiya*. She even created a birthday cake recipe for *RT* to celebrate 21 years of The National Television Awards. All the ingredients for a fascinating chat as she joins Kirsty on the desert island (perhaps that should be dessert …) before the show heads off for its summer break. **TONY PETERS**

BBC Proms 2016
7.30pm **Radio 3**
The BBC Symphony Orchestra and conductor Sakari Oramo bring a diverse and dramatic programme to the Proms tonight. In the first half Haydn's typically elegant Symphony No 34 gets a rather belated Proms premiere and is followed by the world premiere of Charlotte Bray's cello concerto *Falling in the Fire*, an expression of "moral outrage" at the destruction of the ancient Syrian city of Palmyra last summer. The second half is devoted to Mahler's marathon Symphony No 5. Its radiant Adagietto was conceived as a love song for the composer's future wife, Alma, and latterly made famous through Visconti's movie *Death in Venice*. **DAVID GILLARD**

JAY CURRY

BBC Radio 1

97.6–99.8 FM bbc.co.uk/radio1
F'view* 700 **F'cast** 700 **Sky** 0101 **Virgin** 903
News on the half-hour 7.30am–3.30pm
6.00am Dev Music and laughs.
10.00 Matt Edmondson
1.00pm Alice Levine
4.00 Cel Spellman
With new pop and the cream of Radio 1 and CBBC.
6.00 The Number One Show
7.00 Daniel P Carter
Rock, metal, hardcore and more.
10.00 Phil Taggart
1.00am Monki House and grime.
4.00 Adele Roberts

1Xtra

bbc.co.uk/1xtra
F'view 701 **F'cast** 701 **Sky** 0137 **Virgin** 937
6.00am Ace Listeners' requests.
10.00 Yasser
1.00pm Jamz Supernova
4.00 DJ Target New talent.
7.00 Seani B
9.00 Radio 1 and 1Xtra's Stories
10.00 DJ Edu Underground music.
1.00am Monki House and grime.
4.00 DJ Edu Underground music.

BBC Radio 2

88–90.2 FM bbc.co.uk/radio2
F'view* 702 **F'cast** 702 **Sky** 0102 **Virgin** 902
News and **Weather** on the hour, plus 1.30am
6.00am The Sunday Hour Diane Louise Jordan with hymns, choral classics and gospel music.
7.00 Good Morning Sunday Fern Britton sits in for Clare Balding with spiritually minded discussion, plus popular music and guests, today featuring American tenor Gregory Kunde.
9.00 Steve Wright's Sunday Love Songs Personal dedications.
11.00 The Michael Ball Show Music, listener interaction and guests, with live performances, today with soul-influenced singer Shaun Escoffery previewing his fifth studio album *Evergreen*, due in September. Plus TV and film previews and a look at today's papers.
1.00pm Elaine Paige on Sunday Show tunes and film music, plus the latest stage and screen news.
3.00 Sounds of the 70s Johnnie Walker with period chart hits and album tracks. Today's guest is original Thin Lizzy lead guitarist Eric Bell, who played on the Irish band's 1972 debut hit *Whiskey in the Jar* but went solo in 1973. Bell's other projects include the rock act Noel Redding Band, who released two mid-70s albums.
Repeated tomorrow 3am
5.00 Len Goodman *The Strictly Come Dancing* head judge sits in for Paul O'Grady with a pick of favourites. See also Friday 8pm
7.00 Claudia Winkleman Chat and music, including dedications.
9.00 Clare Teal Big band, swing and jazz from the past 80 years, including British dance bands and trad jazz band.
11.00 Don Black *10/13.* Popular standards and classics, mostly from the last century, presented by the lyricist of *Born Free*, *To Sir with Love*, *True Grit*, *Diamonds Are Forever* and *Ben*.
12.00 Alex Lester
3.00am Sounds of the 60s (R)

BBC Radio 3

90.2–92.4 FM bbc.co.uk/radio3
Freeview* 703 **Freesat** 703 **Sky** 0103 **Virgin** 903
News and **weather** 7.00am, 8.00, 9.00, 1.00pm
7.00am Breakfast With Tom McKinney.
9.00 Sunday Morning With James Jolly. James showcases the Sixteen conducted by Harry Christophers, ahead of their appearance at the Proms on Tuesday, introducing their recording of Purcell's ode *Love's Goddess Sure was Blind* – written for Queen Mary's birthday in 1692. This week's American work is Symphony No 2 (*Mysterious Mountain*) by Alan Hovhaness. Plus music by young Proms artist, violinist Augustin Hadelich.
12.00 Private Passions Stephen Hugh-Jones, a fellow of King's College Cambridge, has spent 45 years researching the Amazonian Indians who live in south-eastern Colombia. He talks to Michael Berkeley and shares musical instruments that he has brought back from Colombia and recordings of music he has made there. His choices also include Bach, Purcell, Schubert, and Beethoven.
1.00pm BBC Proms Chamber Music Monday's recital from London's Cadogan Hall in which Hakan Hardenberger and the Academy of St Martin in the Fields celebrate the music of Kurt Weill and of proponents of the "Third Viennese School".
Tobias Broström *Sputnik*
Weill *Songs, including from The Threepenny Opera and The Rise and Fall of the City of Mahagonny*
Kurt Schwertsik *Adieu Satie – excerpts*
HK Gruber *Three MOB Pieces*
Hakan Hardenberger (trumpet), HK Gruber (voice), John Constable (piano), Mats Bergstrom (banjo/guitar), Claudia Buder (accordion), Academy of St Martin in the Fields *Rpts from Monday*
2.00 The Early Music Show Lucie Skeaping with the story of German violinist Thomas Baltzar (c1630–63), nicknamed "The Incomparable Lubicker" and acclaimed as the greatest violinist in the world. (R)
3.00 Choral Evensong Wednesday's service from Liverpool Metropolitan Cathedral, sung by the Royal School of Church Music Millennium Youth Choir. Introit: Sing joyfully (Byrd). Responses: Andrew Reid. Office Hymn: O glorious King of martyr hosts (Plainsong). Psalm 116 (Rogers). Canticle: Worthy are you, our Lord and God (Gelineau). Reading: 1 Peter 4. Motet: Geistliches Lied (Brahms). Magnificat: St Paul's Service (Howells). Final Hymn: Give me the wings of faith (San Rocco). Motet: Totus Tuus (Gorecki). Organ Voluntary: Fantaisie-Improvisation sur L'Ave Maris Stella (Tournemire). Director of Music: Adrian Lucas; Organist: Daniel Cook. *Rpts from Wednesday*
4.00 BBC Proms 2016
A concert from earlier this month at the Royal Albert Hall, with the BBC Scottish Symphony Orchestra performing music by Tchaikovsky and Stravinsky and a new work by Helen Grime, Pekka Kuusisto (violin), BBC Scottish Symphony Orchestra, conductor Thomas Dausgaard
Helen Grime *Two Eardley Pictures (I – Catterline in Winter)*
Tchaikovsky *Violin Concerto in D, Op 35*
Stravinsky *Petrushka* (R)
6.15 Words and Music
Summer Nights. Summer Nights. Poetry and music exploring summer nights including work by Carol Ann Duffy, John Clare, Delius, Prokofiev and Elvis Costello. The readers are Simon Russell Beale and Sian Thomas. Producer Fiona McLean
EMAIL: words and music@bbc.co.uk For details of the music and verse heard in this programme visit bbc.co.uk/radio3/wordsandmusic
7.30 BBC Proms 2016
RT Live from the Royal Albert Hall, the BBC Symphony Orchestra, led by Sakari Oramo, in performances of symphonies by Mahler and Haydn, plus a new work by Charlotte Bray. Guy Johnston (cello), BBC Symphony Orchestra, conductor Sakari Oramo
Haydn *Symphony No 34 in D minor*
Charlotte Bray *Falling in the Fire (BBC commission: first performance)*
8.10 Proms Interval: What's In a Name? As the 2016 list of top baby names is revealed, Sophie Coulombeau explores literary archives to uncover the truth about the importance of names.
8.30 Mahler *Symphony No 5*
Repeated Sunday 28 August 4pm
10.15 Proms Composer In Conversation Kate Molleson talks to Charlotte Bray, who introduces performances of her chamber works.
11.00 Drama on 3: Things Might Change or Cease
Drama by Linda Marshall Griffiths, inspired by *King Lear*. When Maggie sees an illusionist on television she becomes convinced that he is her half-brother and that through him she and her sisters Lena and Nell will finally find the father who walked out on them 37 years before.

Maggie	Julia Ford	Austin	Oliver Cotton
Lena	Deborah McAndrew	Charlie	Tim Meredith
Nell	Jo Hartley	Tom	Jake Norton
Ian	Tom Rollinson	Terry/Dave	Russell Richardson

Producer Nadia Molinari
Featuring music from Viola, composed by Max Richter (R)
12.30am Through the Night
Presented by Jonathan Swain and Bill Nicholls.
Pergolesi *Septem verba a Christo in cruce morientes prolata* **Pergolesi, orch Bach** *Tilge, Höchster, meine Sünden, BWV1083* **2.31 Beethoven** *Piano Sonata in C sharp minor, Op 27 No 2 (Moonlight)* **2.45 Mozart** *Sinfonia Concertante in E flat, KV363* **3.18 Mussorgsky** *Prelude and Dance of the Persian Slaves (Khovanshchina)* **3.32 Victoria** *O Domine Jesu Christe* **3.36 Schickhard** *Flute Sonata in C* **3.45 Weber** *Overture: Euryanthe* **3.55 Cavalli** *Sonata a 8* **4.00 Strauss** *Prelude: Capriccio* **4.12 Handel** *Al lampo dell'armi (Giulio Cesare in Egitto)* **4.16 Kuula** *Sinfonia, Op 36 (Jupiter)* **4.23 Mozart** *Rondo in D, K485* **4.31 Dvorak** *Prague Waltzes (B 99)* **4.39 Vaughan Williams** *Silence and Music* **4.45 Chopin** *Mazurka in A flat, Op 50 No 2* **4.49 Novak** *In the Tatra mountains, Op 26* **5.07 Geminiani** *Concerto Grosso in G minor, Op 3 No 2* **5.15 Dusart** *Extase* **5.19 Britten** *Courtly Dances (Gloriana)* **5.29 Kazeluch** *Bassoon Concerto in C* **5.51 Haydn** *String Quartet in G minor, Op 74 No 3 (Rider)* **6.13 Debussy, arch Büsser** *Printemps*

BBC 6 Music

bbc.co.uk/6music
Freeview 707 **Freesat** 707 **Sky** 0120 **Virgin** 939
7.00am Mary Anne Hobbs New music.
10.00 Cerys Matthews Eclectic playlist and live sets.
1.00pm Katie Puckrik's Power Pop *2/2.* Music (Blondie, Teenage Fanclub) and Johnny Marr. **See p117**
2.00 Guy Garvey Old and new tunes. Rpts Tuesday midnight
4.00 J Willgoose Esq's Sunday Service
6.00 Now Playing @6Music With Tom Robinson.
8.00 Stuart Maconie's Freak Zone **See p117**
10.00 Don Letts **12.00 Guy Garvey** (R)
2.00am The BBC Introducing Mixtape **3.00 Live Hour** Archive sets, including Temples. **See p117** **4.00 The Atlantic Records Story** *3/13.* **5.00 Jon Hillcock**

Planet Rock

planetrock.com
Freesat 730 **Sky** 0110 **Virgin** 924
7.00am Sam Hughes **10.00 The Hairy Rock Show** Rpts Tuesday 7pm **12.00 Blues Power Sunday Brunch** **1.00pm Request Show** **5.00 Danny Bowes** **7.00 My Planet Rocks** **8.00 Sunday Set List** **11.00 Amps Off** With Mark Collins **12.00 One Man and His Prog** **1.00am Through the Night**

Classic FM

99.9–101.9 FM classicfm.com
Freeview 731 **Freesat** 721 **Sky** 0106 **Virgin** 922
7.00am Aled Jones Aled Jones plays his favourite classical music.
10.00 Bill Turnbull With popular favourites.
1.00pm Alexander Armstrong Uplifting music.
3.00 Charlotte Green
5.00 The Classic FM Chart With John Brunning.
7.00 David Mellor A month-long showcase of summer-themed music continues with works by Rossini, Respighi, Bellini and Martucci, including recordings by Pavarotti.
9.00 Everything You Ever Wanted to Know about Classical Music Catherine Bott celebrates the history of Glyndebourne going back to its first opera productions in 1934, with archive recordings of works by Mozart, Handel, Gilbert and Sullivan, Prokofiev and Gershwin featuring sopranos Audrey Mildmay and Joan Sutherland, tenor John Mark Ainsley and others.
10.00 Smooth Classics With Margherita Taylor.
1.00am Sam Pittis Classical music.

BBC Radio 4

92.4–94.6 FM 198 LW bbc.co.uk/radio4
For national variations see p133
Freeview 704 **Freesat** 704 (FM) 710 (LW)
Sky 0104 (FM) 0143 (LW) **Virgin** 904 (FM) 911 (LW)
News 5.30am, 6.00, 7.00, 8.00, 9.00 (+1 LW), 12 noon and hourly to 6.00pm (FM), 7.00 and hourly to 12 midnight (FM/LW)
Weather 6.57am, 7.57, 12.57pm (FM), 5.57 (FM), 9.57, 12.05am
Shipping Forecasts 5.20am, 12.00pm (LW), 5.54, 12.48am
5.30am News Briefing
5.43 Bells on Sunday The morning bells from Sheffield Cathedral.
5.45 Profile Repeated from yesterday 7pm
6.00 News Summary
6.05 Something Understood
Sermons in Stone (Sacred Architecture) John McCarthy explores the power of sacred architecture through music, prose and poetry. Producer Max O'Brien Repeated 11.30pm
6.35 On Your Farm: Journey through the British Isles and Beyond *8/8.* Topical agricultural magazine with reports from around the country. Producer Dimitri Houtart
7.00 News; Sunday Papers
7.10 Sunday Around-up of religious and ethical headlines with Edward Stourton. Producer Amanda Hancox
7.55 Radio 4 Appeal Volunteer Jill Pay is joined by seven-year-old Moris to appeal on behalf of Beanstalk. Producer Kate Howells Rpts 9.26pm and Thursday 3.27pm Sanctions: Freepost BRC 4444, Appeal, marked Beanstalk on the back of the envelope. Credit cards: Freephone 0800 404 8144; online via the Radio 4 website
8.00 News; Sunday Papers
8.10 Sunday Worship
LIVE A hundred years on, society is often prompted to remember those who fell in battle at the Somme, but what of those they left behind who had to contend with grief and hardship? Father Andrew Martlew leads a reflective worship from the Pals' Memorial Chapel, St John's Church, Accrington, Lancashire. Producer Rowan Morton Gledhill
8.48 A Point of View Reflections on a topical issue. Repeated from Friday
8.58 Tweet of the Day
Common Pheasant. With Chris Watson. (R)
9.00 Broadcasting House With Paddy O'Connell. Producer Joanna Carr
10.00 The Archers *FM only from 10.20* Omnibus edition.
10.30am–6.45pm* *LW*
Test Match Special
England v Pakistan
Day four of the Fourth Test in the four-match series, which comes from the Oval
For details see yesterday **Approximate times*
Coverage also on 5 Live Sports Extra from 10am
11.15 *FM* **Desert Island Discs**
RT Anticipating the seventh series of *The Great British Bake Off*, Kirsty Young welcomes last year's triumphant Nadiya Hussain. Producer Cathy Drysdale Rpts Friday 9am
12.04pm *FM* **Just a Minute**
1/8. Paul Merton, Katherine Ryan, Gyles Brandreth and Josie Lawrence join host Nicholas Parsons. Repeated from Monday
12.30 *FM* **The Food Programme**
Roger Protz: a Life through Beer. Featuring Roger Protz, a campaigner, broadcaster and author of more than 18 books about beer. Producer Anne-Marie Bullock Rpts tomorrow 3.30pm
1.00 *FM* **The World This Weekend**
Shaun Ley presents global news and analysis.
1.30 *FM* **Fantasy Festival**
2/3. Folk musician Eliza Carthy joins presenter Verity Sharp to create and curate the festival of her dreams, which she chooses to locate in Robin Hood's Bay, North Yorkshire. Performers on the bill include Freddie Mercury, Linton Kwesi Johnson, Joe Venuti, Brian Cox and Abba. Producer Rosie Boulton
2.00 *FM* **Gardeners' Question Time**
Peter Gibbs and panellists Bob Flowerdew, Bunny Guinness and Matthew Wilson visit the West Dean Chilli Fiesta near Chichester, West Sussex. Repeated from Friday
2.45 *FM* **The Listening Project**
Conversations reflecting on past attitudes to National Service and marriage. Producer Marya Burgess
3.00 *FM* **Drama: Reading Europe – Greece: the Final Reckoning**
1/2. Michael Butt's dramatisation of a story by Petros Markaris. To many Greeks' delight, a serial killer is murdering the nation's wealthiest tax-evaders. But for Inspector Janitos the need to find the culprit has become more than just professional. The events are set in 2008, just prior to the elections that will bring Alexis Tsipras to power.

Kostas Janitos	Philip Jackson	Chris Pavlo
Adriani	Pamela Nikles	Stephen Boxer
Katerina Elova	Jane Slavin	Michael Theyn
Dell'Aja	Amaka Okafor	Paul Panting

Producer Eoin O'Callaghan
4.00 *FM* **Open Book**
Mariola Frostrup's guest is Colin Thubron, whose latest novel, just published, is *Night of Fire*. Producer Kirsteen Locke Repeated Thursday 3.30pm
RT BOOKS all of Radio 4's featured books are available from radio4mm.com/bookshop
4.30 *FM* **A Sea Shanty for Charles Causley**
Jane Darke on the life of the Cornish poet, the centenary of whose birth falls next year. Producer Tim Dee
5.00 *FM* **Pick of the Week**
A selection of highlights of the past seven days' BBC radio programmes.
5.40 *FM* **Profile** Repeated from yesterday 7pm

BBC Radio 4 Extra

bbc.co.uk/radio4extra
Freeview 708 **Freesat** 708 **Sky** 0131 **Virgin** 910
6.00am The Professor as 1pm
7.15 The Essay as 2.15pm
7.30 Welcome to Our Village, Please Invade Carefully Sitcom starring Julian Rhind-Tutt (2/4)
8.00 We're In Business 1960 comedy
8.30 Meet the Huggetts 1959 comedy
9.00 Fläneuse: Women Who Walk the Cities as 8pm
10.30 Inheritance Tracks as 9.10pm
10.15 Desert Island Discs Revisited as 9.15pm
11.00 The Moth Radio Hour as 7pm
11.30 David Attenborough's Life Stories
12.00 We're In Business 1960 comedy
12.30pm Meet the Huggetts 1959 comedy
1.00 The Professor Adaptation of Charlotte Brontë's posthumously published novel. A young man escapes a dreary Yorkshire life to teach in Belgium (6–10/10)
2.15 The Essay Biographer Jenny Uglow plots a history of snobbery among gardeners (2/5)
2.30 Reading Europe – Italy: The Parrots Satirical work by Filippo Bologna – omnibus (6–10/10)
3.45 Rosebuds By Frederic Raphael. With Tom Conti
4.00 Androcles and the Lion A 1967 recording of George Bernard Shaw's 1912 play from an Aesop fable
5.00 Adventures in Poetry With Daljit Nagra
5.30 Welcome to Our Village, Please Invade Carefully Sitcom by Eddie Robson (2/4)
6.00 The Price of Fear Richetwyd-Hayes's horror tale *The Ninth Removal*, about the death of a sexually active young girl. Introduced by Vincent Price, with Freda Jackson and Richard Pearson. From 1973
6.30 The Hitchhiker's Guide to the Galaxy Original 1978 series of Douglas Adams's epic sci-fi comedy, with Simon Jones as Arthur Dent (3/6)
7.00 The Moth Radio Hour Real stories about danger, cycling, reunion and healing (9'13)
7.50 David Attenborough's Life Stories How nectar evolved 100 million years ago (13'20)
8.00 Fläneuse: Women Who Walk the Cities Lauren Elkin walks city streets and considers women who did the same. She begins by contrasting Paris and New York. Read by Julianna Jennings (1–5/5)
9.10 Inheritance Tracks Mary Portas discusses Van Morrison and Gavin Clark. From 2016
9.15 Desert Island Discs Revisited A 2014 with multi-Olympic medal-winning yachtsman Ben Ainslie
10.00–12.00 Comedy Club: Welcome to Our Village, Please Invade Carefully (2/4), at **10.30 Warhorses of Letters** (1/4), at **10.45 Tina C Goes Down Under: the Aboreqynal Monologues** (2/4), at **11.00 Think the Unthinkable** (2/4), and at **11.30 The Young Postmen** (4/6)
12.00 as 6pm **12.30am** as 6.30pm **1.00** as 1pm **2.15** as 2.15pm **2.30** as 2.30pm **3.45** as 3.45pm **4.00** as 4pm **5.00** as 5pm **5.30** as 5.30pm
6.00 Six o'Clock News
6.15 BBC Radio New Comedy Award *FM only until 6.45*
1/2. Live from the Edinburgh Festival Fringe, the last six acts go head to head in the hope of being crowned winner of the BBC Radio New Comedy Award 2016, with a prize of £1,000 and a script commission with BBC Radio Comedy. Mark Watson hosts. Continues at 7.15pm. Producer Suky Grant **See p117**
7.00 The Archers Henry is waved off to the beach. For cast see Friday Repeated tomorrow 2pm
Ambridge Diary: page 115
7.15 BBC Radio New Comedy Award *2/2.* Live from the Edinburgh Festival Fringe, an esteemed comedy panel of judges chooses the year's winning act.
7.45 Reading Europe: Italian Snapshots *2/3. Maternal Pride*, by Matteo B Bianchi, translated by Liesl Schillinger. Summer in Padua and an elderly lady takes an unusual decision. Read by Matthew Baynton Producer Jill Walters
8.00 More or Less *3/6.* Tim Harford presents the programme that investigates the numbers that are prevalent everywhere. Repeated from Friday
8.30 Last Word Matthew Bannister celebrates the lives of people who have recently died. Rpts from Friday
9.00 Your Money and Your Life *3/4. 40- and 50-somethings.* Louise Cooper explores the financial pressures that plague the "sandwich generation", whose money is chiefly spent on supporting children and ageing parents. Repeated from yesterday 12.04pm
9.26 Radio 4 Appeal Repeated from 7.55am
9.30 In Business *1/9.* **How Safe Are Your Secrets?** Peter Day talks to experts about what companies can do to protect themselves from corporate espionage. Repeated from Thursday
10.00 The Westminster Hour Political magazine with Carolyn Quinn.
11.00 The Film Programme Antonia Quirke talks to Stig Björkman, the director of a documentary about Ingrid Bergman, and poet Don Paterson explores one of cinema's most famous quotes: "We'll always have Paris" – Humphrey Bogart's line to Ingrid Bergman in Casablanca. Repeated from Thursday
11.30 Something Understood Repeated from 6.05am
12.00 News
12.15–12.45am Self's Search for Meaning Will Self asks some of Britain's key opinion makers to share in simple terms their conclusions about the nature and meaning of human existence. Producer Kerry McCarthy (R)
1.00 as BBC World Service

BBC World Service

bbc.co.uk/worldserviceradio
Freeview* 710 **Freesat** 711 **Sky** 0115 **Virgin** 906
Programmes may differ online and on Freesat, Sky and Virgin
5.00am News **5.05** The Inquiry **5.30** The Cultural Frontline **6.00** Weekend **7.30** Weekend Sport from Rio **8.30** Outlook **9.00** News **9.05** From Our Own Correspondent **9.30** Heart and Soul: Doping, Diving and God **10.00** News **10.05** The Compass: The Borders of Sanity **10.30** Trending **10.50** Over to You **11.00** News **11.05** Global Business: the latest news from the business world **11.30** Boston Calling: the news from an American perspective **12.00** News
12.05pm BBC Proms 2016 **1.00** Newshour **2.00** News **2.05** The Documentary: The Museum of Lost Objects **3.00** News **3.05** The Arts Hour **4.00** News **4.05** Sportsworld **5.00** News **5.05** Sportsworld **6.00** News **6.05** Sportsworld from Rio **7.00** The Newsroom **7.30** Heart and Soul: Doping, Diving and God **8.00** News **8.05** BBC Music on the World Service **9.00** Newshour **10.00** News **10.05** The History Hour **11.00** News **11.05** From Our Own Correspondent **11.30** Global Business **12.00** The Newsroom **12.20am** Sports News **12.30** Boston Calling **1.00** News **1.05** World Business Report **1.30** The Food Chain **2.00** News **2.05** Today in Parliament **3.00** News **3.05** Hardtalk **3.30** The Why Factor **3.50** More or Less **4.00** News **4.05** Newsday **4.30** Newsday Sport from Rio

BBC Radio 5 Live

693, 909 MW bbc.co.uk/fivelive
F'view 705 **F'cast** 735 **Sky** 0105 **Virgin** 905
Sports Extra F'view 706 **F'cast** 708 **Sky** 0146 **Virgin** 908
News and **sport** bulletins every half-hour. Times vary during live sports coverage
6.00am 5 Live News
6.05 5 Live Olympic Breakfast
5 Live Sports Extra *Digital only*
7.00am–10.00 5 Live Olympics Last night's athletics and swimming.
9.00 Sportsweek Garry Richardson with a round-up.
10.00 Will Gompertz's Heat Map A fresh take on this week's arts.
5 Live Sports Extra *Digital only*
10.00am–6.45pm Test Match Special Day four of the Fourth Test in the four-match series between England and Pakistan, which comes from the Oval.
11.00 Raising the Bar with Rob Rinder An expert look at divorce law.
12.00 5 Live Sport Including updates on Bournemouth v Manchester United and build-up to Arsenal v Liverpool in the Premier League. Plus Olympic men's hockey, equestrian jumping and boxing.
6.06pm 6-0-6 Football phone-in.
7.00 5 Live Olympics
Eleanor Oldroyd introduces coverage of the men's singles final in tennis, and the men's pommel horse in gymnastics. Plus the conclusion to the men's golf. From **11.00** the focus is on athletics, with Jonathan Edwards introducing coverage of the men's 100m final, the men's 400m final, and the women's triple jump final. Plus boxing and the men's hockey quarter-finals.
3.00am Up All Night

Talksport

1053, 1089 MW talksport.co.uk
F'view 723 **F'cast** 731 **Sky** 0108 **Virgin** 927
6.00am Fisherman's Blues
7.00 Georgie Bingham and Micky Quinn
11.00 Max Rushden
1.00pm Sunday Exclusive Bournemouth v Manchester Utd.
4.00 Final Whistle Phone-in
6.00 The Press Pass
9.00 Trans Europe Express
12 midnight Extra Time

Asian Network

bbc.co.uk/asianetwork
F'view 709 **F'cast** 709 **Sky** 0119 **Virgin** 912
6.00am Harpz Kaur
10.00 Gagan Grewal
1.00pm Aslan Network Presents A 2015 special celebrating Ramesh Sippy's 1975 hit film *Sholay*. (R)
2.00 Ashanti Omkar
4.00 Salma Ajram Pakistani culture.
6.00 Juggy D In for Dipps Bhamrah.
8.00 Nadia Ali Bengali culture.
10.00 Alpa Pandya Gujarati culture, with guest Mira Salat, who is one of the organisers of Rangeelu Gujarat.
12.00 as Radio 5 Live

Absolute Radio

absoluteradio.co.uk
F'view 727 **F'cast** 724 **Sky** 0117 **Virgin** 915
8.00am Jason Manford
11.00 Sarah Champion Mainstream, classic and indie rock.
2.00pm Rock 'n' Roll Football Presented by Pete Donaldson.
6.00 Request Show With Claire Sturgess.
8.00 Sunday Night Music Club With Danielle Perry.
12.00 Chris Martin

Most available on Freeview in Scotland 4pm–1am. Key (R) Repeat

Listen again online for the next seven days at **bbc.co.uk/iplayer/radio**

Travel Ruth Goodman's favourite steam railways Your RT p142

MONDAY Radio

Today's Choices

The River
1.45pm Radio 4
Five programmes about our relationship to rivers provide a lovely late summer divertissement. The most poetic is the first in which a salmon in the Severn somehow reminds Paul Evans of the 1950s glamourpuss Sabrina. Then Professor Alan Read recalls swimming in the Thames Estuary and hanging out at the Southend Kursaal; Martin Palmer of the Alliance of Religions and Conservation marvels at how the river represents the cycle of life in many sacred texts; Kathleen Jamie is fascinated by the Bronze Age offerings brought out of the Firth of Tay; and finally wildlife sound recordist Chris Watson walks the Tyne from its source in the Peel Fell past Newcastle to Tynemouth. Sarah Blunt's series is the aural equivalent of drifting down a serene river, trailing one's hand in the water. **DAVID MCGILLIVRAY**

The Conversation: Adoption
5.30am, 1.30pm
World Service
Two people linked by a common experience can often have wildly differing takes on them. Amy put her son up for an open adoption, where the birth parents, child and adoptive family all have contact. He's now 16, but Amy still lives with the pain of her choice. Judith decided to adopt at 40; her son accepts the facts of his adoption, as much as a four-year-old can, but Judith realises he may soon start to query them. Both women talk compellingly. And it's good that presenter Kim Chatanetsa allows the guests to ask each other questions. **CHRIS GARDNER**

BBC Radio 1

97.6–99.8 FM bbc.co.uk/radio1
Freeview 700 **Freesat** 700 **Sky** 0101 **Virgin** 101

News on the half-hour 5.30am–4.30pm, except 12.30pm, plus 11.00am, 8.00pm, 9.00pm and 10.00pm. **Newsbeat** 12.45pm and 5.45pm

6.30am Scott Mills
Sitting in for Nick Grimshaw.
10.00 Clara Amfo
1.00pm The Matt Edmondson Show Music and chat.
4.00 Greg James
7.00 Annie Mac
9.00 Radio 1's Playlists
10.00 Huw Stephens
Underground and unsigned acts.
1.00am Friction Drum 'n' bass.
4.00 Adele Roberts

1Xtra

bbc.co.uk/1xtra
Freeview 701 **Freesat** 701 **Sky** 0102 **Virgin** 107

7.00am A.Dot
10.00 Trevor Nelson
Music from 1Xtra's Live Lounge.
1.00pm Mim Shaikh
Sitting in for Yasmin.
4.00 Charlie Sloth Hip-hop.
7.00 Mista Jam Tunes and guests.
10.00 Moniki House and grime.
1.00am Friction Drum 'n' bass.

BBC Radio 2

88–90.2 FM bbc.co.uk/radio2
Freeview 702 **Freesat** 702 **Sky** 0202 **Virgin** 102

News and **Weather** on the hour, plus 5.30am, 6.30, 7.30 and 8.30

5.00am Vanessa Feltz
Pop oldies, listeners' texts, personal insights and a look at today's papers.
6.30 Chris Evans
Chat, chart hits, pop oldies, a look at the papers and travel updates.
9.30 Ken Bruce
Including after **11.30** throughout the week **Tracks of My Years**, featuring – two a day – ten of the all-time favourite records of Mexican-American guitarist and singer Carlos Santana. He starts with recordings by Louis Armstrong and the Isley Brothers.
12.00 Jeremy Vine
News and topical discussion.
2.00pm Steve Wright
New and vintage pop music.
5.00 Mark Goodier
Sitting in for Simon Mayo.
7.00 Paul Jones
R&B and blues, tonight with Nashville-based three-time Grammy winner Keb' Mo' discussing his latest release *That Hot Pink Blues Album*.
8.00 Ana Matronic
Sitting in for Jo Whiley.
10.00 Nell's Angels
3/4. Anticipating the release of her new album *Bloom*, singer/songwriter Nell Bryden celebrates female musicians from all genres who have influenced her. She continues with roots and Americana, as exemplified by Alison Krauss, Gillian Welch and Lucinda Williams.
11.00 David Rodigan
3/6. The reggae and dancehall specialist spins roots and reggae recordings, from the 1960s to the present. Tonight's themed playlist focuses on heartbroken lovers, with tracks by Ken Boothe, John Holt, Alton Ellis, Dennis Brown, Delroy Wilson and others.
12.00 Alex Lester

BBC Radio 3

90.2–92.4 FM bbc.co.uk/radio3
Freeview 703 **Freesat** 703 **Sky** 0301 **Virgin** 103

News and **weather** on the hour, 6.30–8.30am, 1pm, 5.00, 6.00 and 10.00pm

6.30am Breakfast With Clemency Burton-Hill.
9.00 Essential Classics With Rob Cowan.
11.30 Your Classical Favourites Duos. Instrumental combinations.
2.30 Music challenge.
10.00 Author Simon Sebag Montefiore is this week's guest.
10.30 Music in Time Heads back to the Romantic period with Wagner's Ride of the Valkyries.
10.45 The Proms Artist of the Day is composer and conductor Thomas Adès.
Couperin transcribed Adès *Les Barricades Mystérieuses*. City of Birmingham Symphony Orchestra, conductor Thomas Adès
11.00 Edinburgh International Festival 2016 Soprano Danielle de Niese and the Dunedin Consort perform at the Queen's Hall, Edinburgh. Presented by Donald Macleod.
Handel *Concerto Grosso in B flat, Op 6 No 7*; *Scoglio d'immota fronte (Scipione)*; *Lascia ch'io pianga (Rinaldo)*; *Concerto Grosso in G minor, Op 6 No 6*; *Da tempeste (Giulio Cesare)*
12.00 Interval Fortepianist Robert Levin performs Haydn's *Piano Trio No 44 in E, HXV:28*.
12.20 Handel *Il delirio amoroso, HWV 99* Danielle de Niese (soprano), Dunedin Consort, director John Butt (harpsichord)
1.00pm BBC Proms Chamber Music Presented by Petroc Trelawny at Cadogan Hall. Ensemble Amtico. Fretwork
Morley *It Was a Lover and His Lass*
Byrd *O Lord, Make Thy Servant Elizabeth*; *Why Do I Use My Paper, Ink and Pen?*
Huw Watkins *The Phoenix and the Turtle*
Byrd *Fantasia a 5 (Two parts in One in the Fourth above)*
Tomkins *Be Strong and of a Good Courage*
Ramsay *Sleep, Fleshly Birth*
Byrd *Browning a 5 (The Leaves Be Green)*
Johnson *Full Fathom Five*
Nico Muhly *Gentle Sleep*
Gibbons *In nomine No 1*
Wilbye *Draw on, Sweet Night*
Repeated Sunday 21 August 1pm
2.00 Afternoon on 3 With Jonathan Swain. A performance from 6 August. Presented by Tom Redmond at the Royal Albert Hall.
Iris ter Schiphorst *Gravitational Waves*
Strauss *Also sprach Zarathustra*
Holst *The Planets*
CBSO Youth Chorus, National Youth Orchestra of Great Britain, conducted by Edward Gardner
Followed by recordings from this weeks Proms Artists.
4.30 In Tune News from the arts world.
6.30 Composer of the Week: Leos Janacek (1854–1928)
1/5. **A Very Strange Fairy Tale.** Donald Macleod explores the youth of Czech composer Leos Janacek, introduction
The Beetroot Got Married (Rikadla) Collegium Vocale Gent, Het Collectif, conductor Reinberg de Leeuw
Sonnet for four violins Members of the Wroclaw Orchestra Leopoldinum (violins)
Mladi (Youth) Claude Debussy Wind Quintet, Bruno Martinez (bass clarinet)
Variations for Zdenka, Op 1 Rudolf Firkusny (piano)
Romance and Dumka Ulf Wallin (violin), Roland Pöntinen (piano)
There's Nothing Better Than the Springtime; The Mole Creeps; Karel Rode Off to Hell; Ripped Trousers (Rikadla) Collegium Vocale Gent, Het Collectif, conductor Reinberg de Leeuw
RT OFFER *Janacek Sinfonietta and other orchestral works* (1 CD) is available for £9.95 incl p&p. Call 0115 982 7500 quoting ref 4785407 or visit radiotimes.com/cds. Artists are the Vienna Philharmonic Orchestra, conducted by Sir Charles Mackerras
7.30 BBC Proms 2016
Ian Skelly introduces a concert from the Royal Albert Hall in which Thomas Adès conducts the Britten Sinfonia.
Augustin Hadelich (violin), Steven Isserlis (cello), Britten Sinfonia, conductor Thomas Adès
Prokofiev *Symphony No 1 (Classical)*
Francisco Coll *Four Iberian Miniatures*
8.00 Proms Extra An Introduction to Beethoven's Eighth Symphony, with Sarah Walker
8.20 Thomas Adès *Lieux retrouvés (first UK performance of version with orchestra)*
Beethoven *Symphony No 8 in F*
Repeated Monday 29 August 2pm
10.00 Proms Extra Late
Georgia Mann presents music and poetry featuring emerging UK talent. Recorded last Thursday in the Elgar Room at the Royal Albert Hall.
10.45 The Essay: The Book That Changed Me
1/2. **Jude Kelly on Little Women.** Jude Kelly, artistic director of Southbank Centre in London, describes how Louisa May Alcott's 1860s novel *Little Women* mirrored her own experiences growing up in a lively Liverpool home. Producer Smita Patel (R)
11.00 Jazz Now
Femi Temowo and the Engines Orchestra, recorded in July at the TW12 Jazz Festival in Twickenham.
12.30am Through the Night With Jonathan Swain.
12.31 Strauss *Don Juan* **12.50 Prokofiev** *Symphony No 1 (Classical)* **1.06 Strauss** *Don Quixote* Dagmar Ondracek (viola), Alisa Weilerstein (cello), Luxembourg Philharmonic Orchestra, Pietari Inkinen (conductor)
1.51 Arensky *Suite No 4 for two pianos, Op 62*
2.09 Hoffmann, formerly attrib to Haydn *Flute Concerto in D major* **2.31 Chopin** *Piano Concerto No 2 in F minor, Op 21* **3.04 Handel** *Cantata: Il delirio amoroso, HWV 99 (Da quel giorno fatale)* **3.37 Debussy** *L'isle joyeuse* **3.43 Roman** *Symphonia No 20 in E minor* **3.52 Haydn** *Divertimento in C, HVI* **4.01 Sterkel** *Duet No 3 for 2 violas* **4.10 Brahms** *Rhapsody in B minor, Op 79 No 1* **4.19 Grieg** *Triumphal March (Sigurd Jorsalfar)* **4.31 Tchaikovsky** *Introduction and Waltz (Eugene Onegin)* **4.39 Mendelssohn** *Laudate Pueri* **4.49 Telemann** *Concerto Polonaise, TWV43:G4* **4.59 Schumann** *Adagio and Allegro in A flat, Op 70* **5.08 Bellini** *Oboe Concerto in E flat, arr trumpet* **5.16 Saint-Saëns** *Havanaise* **5.25 Haydn** *Symphony No 22 in E flat (The Philosopher)* **5.45 Beethoven** *Piano Sonata in E flat, Op 31 No 3* **6.08 Bach** *Orchestral Suite No 2 in B minor, BWV1067*

BBC 6 Music

bbc.co.uk/6music
Freeview 707 **Freesat** 707 **Sky** 0120 **Virgin** 909

7.00am Shaun Keaveny Indie music and laughs.
10.00 Lauren Laverne Chat, music and guests.
1.00pm Mark Radcliffe With Alistair McGowan.
4.00 Steve Lamacq With guest Rob Deering.
7.00 Marc Riley New music and features.
9.00 Tom Ravenscroft Sitting in for Gideon Coe.
12.00 6 Music Recommends
1.00am The Atlantic Records Story *4/13.* Johnnie Walker celebrates the US label, continuing with its Stax collaborations. **2.00 Alexis Korner: Rhythm and Blues Champion** *1/3.* **2.30 Live Hour** The Alarm in 1984. **3.30 Jukebox 5.00 Jan Hilcock** In for Chris Hawkins.

Planet Rock

planetrock.com
Freesat 730 **Sky** 0119 **Virgin** 934

6.00am Breakfast with Paul Anthony Rock music.
10.00 Wyatt Wendels 2.00pm Darren Redick Regular rock features. **6.00 RockShock** An hour of music chosen by a Planet Rock listener. **7.00 Nights with Alice Cooper 11.00 Planet Rock Plays It in Full 12.00 New Rock Show 2.00am Through the Night**

Classic FM

99.9–101.9 FM classicfm.com
Freeview 731 **Freesat** 721 **Sky** 0106 **Virgin** 912

6.00am More Music Breakfast
Presented by Nick Bailey.
9.00 John Suchet Classical hits.
1.00pm Anne-Marie Minhall
With a pick of listeners' favourites.
5.00 John Brunning
John Brunning takes listeners into the evening with Classic FM favourites, including the **Big Piece after Six** and the **Drive Discovery at 6.20**.
7.00 Smooth Classics
Presented by John Brunning.
8.00 The Full Works Concert
Jane Jones presents the third of five exclusive concerts given by Los Angeles Philharmonic Orchestra, conducted by Herbert Blomstedt and recorded at Walt Disney Hall.
Mozart *Piano Concerto No 27 in B flat, K595*
Richard Goode
Bruckner *Symphony No 9 in D minor*
10.00 Smooth Classics With Margherita Taylor.
1.00am Sam Pittis Classical music.

BBC Radio 4

92.4–94.6 FM 198 LW bbc.co.uk/radio4
for national variations see p133
Freeview 704 **Freesat** 704 (FM) 710 (LW) **Sky** 0104 (FM) 0143 (LW) **Virgin** 904 (FM) 911 (LW)

News 5.30am, 6.00 and hourly to 10.00 (FM 1.45), 11.00 and hourly to 6.00pm (FM), 7.00 and hourly to 12 midnight. **Weather** 5.57am, 6.05, 6.57, 7.57, 12.57pm (FM), 5.57 (FM), 9.57, 12.30am
Shipping Forecasts 5.20am, 12.01pm (LW), 1.54, 4.54, 12.48am

5.30am News Briefing
5.43 Prayer for the Day
Leading to start the day, with Canon Patrick Thomas, vicar of Christ Church in Carmarthen.
5.45 Farming Today
With Felicity Evans. Producer Emily Hughes
5.58 Tweet of the Day
Cal Bunting. With Steve Backshall. (R)
6.00 Today
With Mishal Husain and John Humphrys.
6.25, 7.25, 8.25 Sports News
7.48 Thought for the Day
With Rt Rev Nick Baines.
9.00 Playing the Skyline
2/3. Bellowhead oboist Paul Sartin and composer Robert Worby meet in a flower-filled meadow in the Chilterns close to the busy M40, and create music inspired by the skyline of Oxfordshire. Tim Marlow presents. Producer Julian May Repeated 9.30pm
9.30 Our Man in Greeneland
1/5. Vienna-based correspondent Bethany Bell explores Graham Greene's time in the Austrian capital after the Second World War, and the writing of Carol Reed's 1949 thriller *The Third Man*. With readings by James Lailey and Sam West. Producer Emma Harding
9.45 *FM* **Book of the Week: Upbeat**
1/5. By Paul MacAlindin, abridged by Polly Coles. The story of how 17-year-old pianist Zuhal Sultan decided to create an Iraqi youth orchestra in 2008, with the author taking on the challenge of becoming its conductor. Read by Kenny Blyth. Director Polly Coles Repeated 12.30pm
RT BOOKS To order *Upbeat* for £16.50 (RRP £19.99) inc p&p, call the 0344 245 8092 quoting ref RTBK533 or visit radiotimes.com/books33
9.45 *LW* **Daily Service**
In the first in a week-long series of programmes on hymn writers, today's Daily Service comes from St John's Church, Malone, in Belfast and explores the life and work of the 19th-century Irish hymn writer, Cecil Frances Alexander. The service is led by Rev Dr Bert Tosh and music is provided by the Osborne Singers, directed by Richard Campbell with organist Stephen Hamill.
A Prayer of St Patrick (Rutter); *All Things Bright and Beautiful (Royal Oak)*; There is a green hill far away (Horsley); The golden gates are lifted up (St Stephen).
10.00 *FM* **Woman's Hour** With Jane Garvey.
10.45 Graham Greene: Monsignor Quixote
6/10. The 15-Minute Drama. See drama pick 7.45pm
10.30am–6.45pm* *LW*
Test Match Special
England v Pakistan
Commentary on day five of the Fourth Test. For details see Saturday Commentary times available on BBC Sport Extra Mark

11.00 *FM* **The Untold**
16/17. Grace Dent presents a programme documenting stories of 21st-century Britain.
11.30 *FM* **Way Out East**
6/6. **We'll Meet Again.** Comedy by Guy Meredith. The Flatmates and their friends are ready to party for Chinese New Year.
Zoe — Katherine Kingsley (Aunty) — Samantha Bond
Malcolm — John Gordon Sinclair (Engerland) — Nicky Henson
James — Tony Gardner (Sam) — Lolita Chan
Producer Cherry Cookson
12.04 *FM* **Home Front**
6/40. **15 August 1916 – Flarrie Wilson**
By Katie Hims. The King praises the confidence he finds among the troops in France, while in Folkestone, optimism exudes Flarrie Wilson.
Flarrie Wilson — Claire Rushbrook (Hilary Pearce) — Crolyce Elk
Albert Wilson — Lee Ross (Mr Edkins) — Rachel Davies
Olly Flowers — Ewan Lavery (Olly Lumley) — Ami Metcalf
Alec Poole — Tom Stuart (Roy Mole) — Kirsty Oswald
Dorothea Howard — Rachel Shelley (E John) — Jason Barnett
Director Allegra McEvedy
12.15 *FM* **You and Yours** Consumer reports.
1.00 *FM* **The World at One**
Presented by Martha Kearney.
1.45 *FM* **The River**
RT *1/5.* Paul Evans's *Sabrina and the Fish of No Return* – the first of five river-themed essays. Producer Sarah Blunt
2.00 *FM* **The Archers** Rpt'd from yesterday 7pm
2.15 *FM* **Drama: A Meeting with Dora**
By Dion Shaw. The writer mixes fact and fiction to recreate a meeting he had with women's rights activist Dora Russell in 1979
Dora Russell — Eleanor Bron (Del Shaw) — David Schofield
Producer/Director Pauline Harris (R)
3.00 *FM* **Counterpoint**
9/13. Paul Gambaccini presents the final heat of the eclectic music quiz, with contestants from Bradford, Nottinghamshire and Edinburgh.
Producer Paul Bajoria Repeated Saturday 9pm
3.30 *FM* **The Food Programme**
Beer expert Roger Protz. Rpt'd from yesterday 12.30pm
4.00 *FM* **Herland**
Geoff Ryman discusses gender in science fiction, focusing on Charlotte Perkins Gilman's 1915 novel *Herland*, set on an island where men have died out. Producer Nicola Swords
4.30 *FM* **Beyond Belief**
1/8. **Cultural Revolution.** The return of the programme exploring the place of faith in the world. Ernie Rea is joined by Martin Palmer, Isabel Hilton and Laureen Leung to explore the impact of the Cultural Revolution on religion in China.
Producer Dan Tierney Series producer Amanda Hancox
5.00 *FM* **PM** With Carolyn Quinn.
6.00 *FM* **Six o'Clock News**
6.30 *FM only until 6.45* **Just a Minute**
2/8. Nicholas Parsons puts Paul Merton, Julian Clary, Tony Hawks and Zoe Lyons to the test. Producer Matt Stronge Rpts Sunday 12.04pm
7.00 The Archers
Caroline is feeling guilty, and Pip takes a call. For cast see Friday Repeated tomorrow 2pm
7.15 Front Row
Arts news and reviews, with John Wilson at the Edinburgh International Festival where he talks to historical novelist Philippa Gregory.
Producer Dini Stewart.
7.45 Graham Greene: Monsignor Quixote
6/10. Continuing Stephen Wyatt's dramatisation of Graham Greene's comic take on Cervantes's classic novel, set in rural Spain a few years after the death of Franco.
Father Quixote — Bernard Cribbins (Dr Salvan/Senor Diego)
Sancho — Philip Jackson (The Youth) — Sean Baker
Teresa — Susan Jameson (Man 1) — Tom Forrister
The Robber/Father Jose/Father — Jason Barnett
Leopoldo — James Lailey (Man 2) — Tom Forrister
Superintendent — Brian Protheroe (Guards) — Sam Rix
Producer/Director Marc Beeby Repeated from 10.45am
8.00 Grunwick Changed Me
Four decades on, Maya Amin-Smith explores the impact of the two-year strike at the Grunwick Film Processing Laboratories in Willesden, north London, in which members of her family were involved.
Producer Maya Amin-Smith Repeated Wednesday 11am
8.30 Crossing Continents
4/9. **Poland's Amateur Defenders.** Tim Whewell reports from the forests of Poland. Repeated from Thursday
9.00 Natural Histories
10/25. **Rose.** Brett Westwood looks closely at a rose. Repeated from Tuesday
9.30 Playing the Skyline Rpt'd from 9pm
10.00 The World Tonight With Ritula Shah.
10.45 Book at Bedtime: Eight Months on Ghazzah Street
1/10. By Hilary Mantel. The author of *Wolf Hall* revisits her 1988 novel, set in Saudi Arabia, to create a new ten-part serialisation. Abridged by Sara Davies and read by Anna Maxwell Martin.
Producer Alexa Moore
RT BOOKS To order *Eight Months on Ghazzah Street* for £8.99 inc p&p, call the 0344 245 8092 quoting ref RTBK533 or visit radiotimes.com/books33
11.00 Word of Mouth
7/8. Michael Rosen accompanies Andrew Graham-Dixon on a tour that celebrates artistic movements. Producer Beth O'Dea (R)
11.30 Short Cuts
1/6. **Body Language.** Josie Long explores stories of wordless communication.
Series producer Eleanor McDowall (R)
12.00 News
12.30–12.45am Book of the Week: Upbeat *1/5.* Repeated from 9.45am
1.00 as BBC World Service

BBC Radio 4 Extra

bbc.co.uk/radio4extra
Freeview 338 **Freesat** 708 **Sky** 0131 **Virgin** 910

6.00am PC Lee Stories as 8pm
6.15 Craven Manchester-set crime drama (1/5)
6.30 Loud Organs His Glory as 8.30pm
7.00 Elephants to Catch Eels Comedy (5/6)
7.30 Just a Minute 76th series. From 2016 (1/8)
8.00 Behind the Scenes of Just a Minute
8.30 David Attenborough's Life Stories
9.00 The Write Stuff Literary quiz (5/6)
9.30 A Whole New Ball Game Comedy (3/6)
10.00 Beware of Pity as 3pm
11.00 The Distant Past as 9pm
11.15 The King's Coiner Period drama
12.00 Behind the Scenes of Just a Minute
12.30pm David Attenborough's Life Stories
1.00 PC Lee Stories as 8pm
1.15 Craven Manchester-set crime drama (1/5)
1.30 Loud Organs His Glory as 8.30pm
2.00 A Short History of Tractors in Ukrainian Marina Lewycka's comic 2005 novel (1/10)
2.15 Just a Minute as 7.30pm
2.30 The Archers Report Comedy by JL Carr (1/5)
2.45 Arguably Believe Me – It's Torture A 2008 essay by Christopher Hitchens (1949–2011)
3.00 Beware of Pity Austrian writer Stefan Zweig's novel adapted for radio by Stephen Wyatt from the stage play by Clare Mcintyre (1992–2009). A soldier takes pity on a crippled girl. Their relationship changes both their lives in unexpected ways. With Piers Wehner, Bryony Hannah and Ronald Pickup (1/2)
4.00 The Write Stuff Literary quiz (5/6)
4.30 A Whole New Ball Game Comedy (3/6)
5.00 Elephants to Catch Eels Comedy (5/6)
5.30 Just a Minute Comedy panel show (1/8)
6.00 The Destruction Factor Sci-fi thriller (6/6)
6.30 A Good Read Literary discussion. From 2002
7.00 Behind the Scenes of Just a Minute
7.30 David Attenborough's Life Stories
8.00 PC Lee Stories *A Case For Angel Esquire*
8.15 Craven Crime drama with Maxine Peake (5/5)
8.30 Loud Organs His Glory Pianist Simon Townley examines the formidable legacy of Victorian organ builder Henry Willis (1821–1901)
9.00 The Distant Past William Trevor's tale
9.15 The King's Coiner Ian McDiarmid stars in Philip Palmer's period drama on Isaac Newton
10.00–12.00 Comedy Club: Just a Minute (1/8) at **10.30 That Mitchell and Webb Sound** (5/6), at **11.00 The Museum of Curiosity** and **11.30 Arthur Smith's Balham Bash** (2/4)
12.00 as 6pm **12.30am** as 6.30pm
1.00 as 8pm **1.15** as 8.15pm **1.30** as 8.30pm
2.00 as 2pm **2.15** as 2.15pm **2.30** as 2.30pm
2.45 as 2.45pm **3.00** as 3pm **4.00** as 4pm
4.30 as 4.30pm **5.00** as 5pm **5.30** as 5.30pm

BBC World Service

bbc.co.uk/worldserviceradio
Freeview* 710 **Freesat** 711 **Sky** 0115 **Virgin** 906

Programmes may differ online, and on Freesat, Sky and Virgin

5.00am Newsday: the latest headlines
5.30 CHOICE: The Conversation: Adoption
6.00 Newsday **8.30** Business Daily: Business and finance news, interviews and reports **8.50** Witness
9.00 News **9.05** The Arts Hour **10.00** World Update **11.00** Outside Source **12.00** News
12.05pm Outlook **1.00** The Newsroom
1.30 CHOICE: The Conversation: Adoption
2.00 Newshour **3.00** News **3.05** Hardtalk
3.30 The Why Factor: histories behind everyday objects **3.50** More or Less **4.00** News **4.05** Business Daily **4.25** The Essential Trending **4.30** Sport Today **5.00** World Have Your Say **6.00** The Newsroom **6.30** World Business Report **7.00** The Newsroom **7.30** Sport Today **8.00** News
8.05 Outlook **9.00** Newshour **10.00** News
10.05 Hardtalk: interviews with newsmakers and personalities from across the globe **10.30** Discovery: insights from leading scientific figures **11.00** The Newsroom **11.20** Sports News **11.30** World Business Report: financial news **12.00** News
12.05am The Arts Hour **1.00** News **1.05** Business Matters **2.00** News **2.05** Today in Pip
3.00 News **3.05** The Inquiry **3.30** Discovery: insights from leading scientific figures
4.00 Newsday **4.30** Newsday Sport from Rio

BBC Radio 5 Live

693, 909 MW bbc.co.uk/fivelive
Freeview 705 **Freesat** 705 **Sky** 0105 **Virgin** 905
Sports Extra Freeview 706 **Freesat** 706 **Sky** 0184 **Virgin** 908

News and **sport** bulletins every half hour. Times vary during live sports coverage

5.00am Morning Reports
5.15 Wake Up to Money
6.00 5 Live News
6.05 5 Live Olympic Breakfast
5 Live Sports Extra Digital only
7.00am–10.00 5 Live Olympics
Highlights of last night's athletics.
10.00 5 Live Daily
Presented by Adrian Chiles.
5 Live Sports Extra Digital only
10.00am–6.45pm
Test Match Special
Day five of the Fourth Test between England and Pakistan.
1.00pm 5 Live Olympics
Athletics coverage with Mark Chapman, Phil Kerr, Anne Payne leads. British hopes in the women's open water swimming event and there's sailing, track cycling and boxing.
5.00 5 Live News
Anna Foster with the day's news and Olympic updates from Rio.
5.30 5 Live Sport
Olympic track cycling, gymnastics and diving, plus build-up to Chelsea v West Ham United on which there's commentary from **8.00**. Reaction to Chelsea v West Ham United follows at **10.00** along with a round up of the day's Olympic action and updates from the night's boxing and women's hockey quarter-finals. From **11.00** Jonathan Edwards introduces athletics, with coverage of the men's 800m final and women's 400m final.
3.00am Up All Night

Talksport

1053, 1089 MW talksport.co.uk
Freeview 723 **Freesat** 731 **Sky** 0108 **Virgin** 917

6.00am Alan Brazil with Danny Murphy
10.00 Colin Murray
1.00pm Hawksbee and Kelner
4.00 Adrian Durham and Darren Gough Football news.
7.00 Kick-Off With Mark Saggers.
10.00 Andy Goldstein and Jason Cundy Sporting banter.
1.00am The Two Mikes

Asian Network

bbc.co.uk/asiannetwork
Freeview 709 **Freesat** 709 **Sky** 0119 **Virgin** 912

6.00am Panjabi Hit Squad
Bollywood and bhangra anthems.
10.00 Nihal Topical discussion.
1.00pm Asian Network Reports
Hard-hitting documentary.
1.30 Noreen Khan
Desi music and retro hits.
5.00 Asian Network Reports
Hard-hitting documentary.
5.30 Bobby Friction
Bollywood and bhangra anthems.
9.00 Ray Khan Bollywood hits.
12.00 as Radio 5 Live

Absolute Radio

absoluteradio.co.uk
Freeview 727 **Freesat** 724 **Sky** 0107 **Virgin** 915

6.00am Christian O'Connell
10.00 Leona Graham
Six decades of rock and pop.
1.00pm Andy Bush
4.00 Daniella Perry
6.00 Geoff Lloyd
Near-hip show marked by wit and whimsy, with sidekick Annabel Port.
9.00 Pete Donaldson
1.00am Chris Martin

Listen again online for the next seven days at **bbc.co.uk/iplayer/radio**

TUESDAY Radio

Today's Choices

Why Become a Doctor?
9.00pm *Radio 4*
Once one of the most desirable, prestigious and respected of career choices, medicine finds itself in need of treatment. GPs complain about their lot, and the public complain about their GPs. The hospital service has been beset by scandal. And this year's junior doctors' dispute with the Government (above) has dragged the profession down even further. So what's gone wrong, and how bad are things really? Dr Kevin Fong – a regular on TV who presented the Royal Institution Christmas Lectures last year – begins his three-part report by looking back to a more serene age of doctoring, talking to those who started out in the 1970s when the prospect of litigation – to take just one example of the challenges that present-day doctors face – was virtually non-existent. Parts 2 and 3 in the series bring the story up to date and consider the doctor's position in a society where self-diagnosis is only a Google search away. **SIMON O'HAGAN**

Songs for the Dead
11.30am *Radio 4*
The art of keening – a practice which involved women in rural Ireland being paid to wail and sing at funerals and wakes – has been lost in a society where outward displays of grief have become taboo. But the custom is not long-departed; the last praying her trade as recently as the 1950s. Eerie recordings survive and are played here in Marie-Louise Muir's fascinating investigation into how we once coped with loss in a programme that asks – is maintaining silence any more cathartic?
TOM GOULDING

GETTY

BBC Radio 1

97.6–99.8 FM bbc.co.uk/radio1
Freeview 700 **Freesat** 700 **Sky** 0101 **Virgin** 901

News as yesterday, plus news at 4.30am **Newsbeat** at 12.45 and 5.45pm

6.30am Scott Mills
10.00 Clara Amfo
1.00pm Matt Edmondson
4.00 Greg James
7.00 Annie Mac
9.00 Radio 1 and 1Xtra's Stories
10.00 Huw Stephens Underground and unsigned acts.
1.00am Annie Nightingale The latest beats and breaks.
4.00 Adele Roberts

1Xtra

bbc.co.uk/1xtra
Freeview 701 **Freesat** 701 **Sky** 0137 **Virgin** 937

7.00am A.Dot
10.00 Trevor Nelson
1.00pm Mim Shaikh
4.00 Charlie Sloth Hip-hop.
7.00 DJ Target
10.00 Jamz Supernova With the latest neo-R&B.
1.00am Annie Nightingale

BBC Radio 2

88–90.2 FM bbc.co.uk/radio2
Freeview 702 **Freesat** 702 **Sky** 0102 **Virgin** 902

News and **Weather** as yesterday

5.00am Vanessa Feltz
6.30 Chris Evans
9.30 Ken Bruce Including after **11.30 Tracks of My Years**, with Carlos Santana discussing records by Sam Cooke and Bob Marley and the Wailers.
12.00 Jeremy Vine
2.00pm Steve Wright
5.00 Mark Goodier
7.00 Jamie Cullum Jazz showcase, tonight with a live session from Danish musician and composer Jasper Høiby, who performs exclusively for the show.
8.00 Ana Matronic
10.00 Gilles Peterson's Musica Brasileira *3/4.* Gilles Peterson shares his love of Brazilian music with a guide for listeners, from the birth of samba to the modern-day mega-festivals, from drums of Bahia to the rhythms of "Nordestina", the dances of Eastern Amazonia and to the punk rockers of Sao Paulo. With music from Rio's Leny Andrade, clarinettist and saxophonist Paulo Moura and veteran Brazilian star Gilberto Gil. Plus a spotlight on the 1969 LP *Elis Regina In London*. (R)
11.00 Nigel Ogden With **The Organist Entertains**, featuring music performed on church and cathedral organs, from Lichfield, Staffordshire to Dunedin, New Zealand, with pieces by Leroy Anderson, Max Steiner and Dick Hyman performed by David Briggs, Thomas Trotter, Philip Scriven, Ben Saunders and Kemp English.
11.30 Listen to the Band Further highlights of the 160th-anniversary concert by the Black Dyke Band, conducted by Nicholas Childs and Derek Broadbent and featuring 82 past and present members. Recorded in July 2015 at Huddersfield Town Hall and first broadcast last August. (R)
12.00 Craig Charles Sitting in for Janice Long.
3.00am Sounds of the 80s (R)

BBC Radio 3

90.2–92.4 FM bbc.co.uk/radio3
Freeview* 703 **Freesat** 703 **Sky** 0103 **Virgin** 903

News and **weather** as yesterday

6.30am Breakfast With Clemency Burton-Hill
9.00 Essential Classics With Rob Cowan.
My Favourite... Duos Examples of works for two musicians, where each artist's response to the other is put under the spotlight.
9.30 Identify a piece of music played backwards.
10.00 Rob's guest is Simon Sebag Montefiore.
10.30 Rob places **Music In Time**, exploring the Renaissance period and the influence of Giovanni Palestrina's *Missa Sine Nomine* on the music of Bach.
10.45 Rob's featured Proms artist is the conductor Sir Mark Elder. Today, we hear Elder's identification with the English orchestral style of Elgar.
Elgar *Pomp and Circumstance Marches Nos 2 and 3*
Hallé Orchestra, conductor Mark Elder
11.00 Edinburgh International Festival 2016 LIVE From the Queen's Hall in Edinburgh, Berlin Philharmonic principal clarinettist Andreas Ottensamer joins forces with the Kelemen Quartet to perform clarinet quintets by Mozart and Brahms, written a century apart.
Andreas Ottensamer (clarinet), Kelemen Quartet
Mozart *Clarinet Quintet in A, K581*
11.35 Interval Stephen Hough plays his own *Piano Sonata No 2 (Notturno luminoso)*
11.55 Brahms *Clarinet Quintet in B minor, Op 115*
1.00pm Radio 3 Lunchtime Concert This week's concerts come from Cheltenham Music Festival. Today's highlights are works by Christian Lindberg, Bartók and, marking the recent 150th anniversary of his birth, Erik Satie.
Satie *Parade*
Pascal Rogé and Ami Rogé (piano four hands)
Christian Lindberg *Black Hawk Eagle (first performance)* Christian Lindberg (trombone), Roland Pontinen (piano)
Bartók *String Quartet No 4* Doric String Quartet
2.00 Afternoon on 3 With Jonathan Swain.
BBC Proms 2016. Another chance to hear a recent Prom in which the National Youth Orchestra of Scotland, conducted by Ilan Volkov, play Stravinsky, Tchaikovsky and a new piece by Helen Grime. Andrew McGregor presents from the Royal Albert Hall.
Pavel Kolesnikov (piano), National Youth Orchestra of Scotland, conductor Ilan Volkov
Helen Grime *Two Earthley Pictures (II – Snow) (BBC commission, first performance)*
2.10 Tchaikovsky *Piano Concerto No 2 in G, Op 44*
2.50 Stravinsky *Suite: The Firebird*
Followed by recordings of this weeks Proms Artists
4.30 In Tune Music and news from the arts world.
6.00 Composer of the Week: Janacek *2/5.* **Beloved Moravia.** By the first decade of the 20th century, Janacek was nearly 50 years old and yet had barely registered with Europe's music cognoscenti. As he struggled to make his name, his world was to be shattered by the death of his only daughter, Olga. Presented by Donald Macleod.

BBC 6 Music

bbc.co.uk/6music
Freeview 707 **Freesat** 707 **Sky** 0120 **Virgin** 909

7.00am Shaun Keaveny With scientist Brian Cox.
10.00 Lauren Laverne Chat, music and guests.
1.00pm Mark Radcliffe With Justin Moorhouse.
4.00 Steve Lamacq New music and guests.
7.00 Marc Riley New music and features.
9.00 Tom Ravenscroft New and archive tracks.
12.00 6 Music Recommends
1.00am The Atlantic Records Story *5/13.* Soul acts.
2.00 Alexis Korner: Rhythm and Blues Champion *2/3.* 2008 profile of the London-born British blues champion who died in 1984, aged 55. With Chris Jagger.
2.30 Live Hour 3.30 Jukebox 5.00 Jon Hillcock

Planet Rock

planetrock.com
Freesat 730 **Sky** 0113 **Virgin** 934

6.00am Breakfast with Paul Anthony Rock music
10.00 Wyatt Wendels 2.00pm Darren Redick
6.00 RockBlock An hour of music chosen by a Planet Rock listener **7.00 The Hairy Rock Show** Rptd from 10am **9.00 Joe Elliott** Rptd from Sat 6pm **10.00 Nights with Alice Cooper 1.00am Through the Night**

Classic FM

99.9–101.9 FM classicfm.com
Freeview 711 **Freesat** 721 **Sky** 0136 **Virgin** 922

6.00am More Music Breakfast With Nick Bailey.
9.00 John Suchet Classical hits.
1.00pm Anne-Marie Minhall Requests.
5.00 John Brunning Classic FM favourites.
7.00 Smooth Classics With John Brunning.
8.00 The Full Works Concert Jane Jones celebrates the 50th anniversary of the debut album by influential Los Angeles rock band the Doors, fronted by Jim Morrison. Plus music by the Doors' contemporaries.
Pete Townshend *Quadrophenia* Royal Philharmonic Orchestra, conductor Robert Ziegler
The Doors, arr Jez Coleman *The Doors Concerto* Nigel Kennedy (violin), Prague Symphony Orchestra, conductor Peter Scholes **Mike Batt** *On Watership Down* Royal Philharmonic Orchestra, conductor Mike Batt **Paul McCartney** *Tuesday* London Symphony Orchestra, conductor Andrea Quinn **Jon Lord** *Evening Song* Jon Lord (piano), Royal Liverpool PO, conductor Clark Rundell
David Bowie *Life on Mars?* City of Prague Philharmonic Orchestra, conductor James Morgan
10.00 Smooth Classics 1.00am Sam Pittis

Three Moravian Folk Dances Teodoro Anzellotti (accordion)
Sonata I X 1905 Karim Said (piano)
Capriccio for piano left hand, flute and brass Jean-Efflam Bavouzet (piano), Members of the Bergen Philharmonic Orchestra
Kantor Halfar
Prague Philharmonic Choir, conductor Josef Veselka
Franta the Knacker's Son Played the Bass Fiddle; Our Dog, Our Dog; I'm Giving a Little Talk; The Old Woman Was Making Magic (Rikadla) Collegium Vocale Gent, Het Collectif, conductor Reinberg de Leeuw
7.00 BBC Proms 2016 LIVE From the Royal Albert Hall, the Hallé and soloists, under Mark Elder, in performances of Berlioz, Colin Matthews and Mahler.
Leonard Elschenbroich (cello), Alice Coote (mezzo), Gregory Kunde (tenor), Hallé, conductor Mark Elder
Berlioz *Overture: King Lear*
Colin Matthews *Berceuse for Dresden (first London performance)*
7.35 Proms Interval: Mahler and the Tang Dynasty Poets Stephen Johnson looks at the Chinese poetry used by Mahler in *Das Lied von der Erde*.
7.55 Mahler *Das Lied von der Erde*
Repeated Tuesday 30 August 2pm
9.30 Proms Composer in Conversation *3/4.* London-born composer Colin Matthews talks to Andrew McGregor about his inspirations.
10.15 BBC Proms 2016 LIVE From the Royal Albert Hall, Clemency Burton-Hill introduces sacred choral works by JS Bach and Arvo Pärt.
The Sixteen, director Harry Christophers
Bach *Komm, Jesu, Komm, BWV229*
Arvo Pärt *Nunc dimittis*
Bach *Singet dem Herrn, BWV225*
Arvo Pärt *Triodion*
Bach *Jesu meine Freude, BWV227*
Repeated Wednesday 24 August 2am
11.30 Late Junction Verity Sharp is in Edinburgh for the best of the festivals. Indian-folk-jazz fusion trio Yorkstorm/Thorne/Khan play live. Plus Mogwai frontman Stuart Braithwaite.
12.30am Through the Night With Jonathan Swain.
Charpentier *La Descente d'Orphée aux enfers, H488*
1.29 Haydn *Keyboard Sonata in C minor, H XVI 20*
1.47 Mozart *Symphony No 39 in E flat, K543* **2.18 Scriabin** *Piano Sonata No 2 in G sharp minor, Op 19* **2.31 Bliss** *Cello Concerto, T120* **3.01 Berio** *Folk Songs* **3.23 Mertkanto** *Summer Night Waltz, Op 1: Summer Night Idyll, Op 16 No 2*
3.29 Henriques *Air* **3.36 Jarzebski** *Corona Aurea*
3.42 Palestrina *Stabat Mater* **3.52 Bach** *Ricercar a 3 (The Musical Offering, BWV1079)* **3.58 Mozart** *Rivolgete a lui lo sguardo* **4.04 Weber** *Divertimento assai facile, J207* **4.17 Smetana** *Vltava (Ma Vlast)* **4.31 CPE Bach** *Trio Sonata in A minor, Wq148* **4.44 Chopin** *Prelude in C sharp minor, Op 45* **4.50 Paderewski, arr Maksimiuk** *Nocturne, Op 16 No 4* **4.55 Arvo Pärt** *The Woman with the Alabaster Box* **5.02 Pisendel** *Sonata in C minor for two oboes* **5.06 Kuhlau** *Introduction et Variations sur la Romance de l'opéra Euryanthe* **5.19 Weber** *Clarinet Concerto No 2 in E flat, Op 74* **5.42 Mozart** *Piano Sonata in F, K332* **6.01 Delius** *Violin Concerto*

BBC Radio 4

92.4–94.6 FM 198 LW bbc.co.uk/radio4
for national variations see p133
Freeview 704 **Freesat** 704 (FM) 710 (LW) **Sky** 0104 (FM) 0143 (LW) **Virgin** 904 (FM) 911 (LW)

News 5.30am, 6.00 and hourly to 12 midnight **Weather** 6.05am, 6.57, 7.57, 12.57pm, 5.57, 9.57, 12.30am **Shipping Forecasts** 5.20am, 12.05pm (LW), 1.54 (LW), 12.48am

5.30am News Briefing
5.43 Prayer for the Day With Canon Patrick Thomas, vicar of Christ Church in Carmarthen.
5.45 Farming Today With Caz Graham. Producer Alun Beech
5.58 Tweet of the Day
Spotted Flycatcher. With Steve Backshall (R)
6.00 Today With Matthew Price and John Humphrys.
6.25, 7.25, 8.25 Sports News
7.48 Thought for the Day With the Rev Lucy Winkett.
9.00 Reflections *3/4.* Peter Hennessy's quest is Margaret Hodge MP, the former Minister and Leader of Islington Council, who came to wider prominence after her tough questioning of top bosses and civil servants as chair of the Commons Public Accounts Committee.
Producer Rob Shepherd Shortened repeat 9.30pm
9.45 *FM* **Book of the Week: Upbeat** *2/5.* By Paul MacAlindin. It is time to start building a team of tutors from around the world. Read by Kenny Blyth
Details see yesterday Repeated 12.30pm
9.45 *LW* **Daily Service** From St Martin-in-the-Fields in central London, with the focus on 18th-century Christian minister, hymn writer and theologian Isaac Watts.
10.00 Woman's Hour With Jane Garvey.
10.45 Graham Greene: Monsignor Quixote *2/10. The 15-Minute Drama.* See drama opt 7.45pm
11.00 Natural Histories *11/25.* **Great Auk.** Brett Westwood traces the history of the great auk.
Producer Sarah Blunt
11.30 Songs for the Dead RT Marie-Louise Muir on the vanished world of keeners – women in rural Ireland paid to weep and sing over the bodies of the dead at funerals. Producer Conor McKay
Repeated Saturday 3.30pm
12.04pm Home Front
10, 16 August 1916 – Hugh Cavendish By Katie Hims. The French gain a mile of trenches at the Somme, while in Folkestone, Hugh Cavendish resists the incursions of Cecil Cameron.
Hugh Cavendish Alex Wyndham Grace Cavendish Grace Doherty
Juliet Ingert Lizzie Bourne Marieke Dupont Olivia Ross
Gabriel Graham Esme Nicholson Katie Angelou
Michael Bertenshaw Johnnie Kimbell Paul Ready
Jana Graham Joanna David Cecil Cameron Justin Salinger
Cicero Cavendish Felix Lailey
For details see yesterday
12.15 Call You and Yours Consumer reports.
1.00 The World at One News and analysis with Martha Kearney.
1.45 The River *2/5.* **Soul Estuary: the Mouth of the River** Theatre professor Alan Read recalls his childhood in Essex as he explores the soul of his local estuary through the music, people, industry and culture it influenced.
For details see yesterday
2.00 The Archers Rpt from yesterday 7pm
2.15 Drama: Tracks *2/9.* **The Broca and Wernicke Areas** By Matthew Broughton. Helen and Freddy investigate why one of the passengers does not have a heart and look at whether shadowy medical corporation Mayflower could be implicated in the plane crash.
Conspiracy thriller starring Romola Garai.
Helen Romola Garai The Helper Matthew Gravelle
Freddy Jonathan Forbes The Receptionist Claire Cage
Michael Alex Beckett Forun Sean Baker
Louise Alexandra Riley Dillon Richard Mitchley
Deborah Susanne Packer
Producer/Director James Robinson
3.00 Making History *3/8.* **Piers, Parks and Pies.** Tom Holland takes a ride on Brighton's new attraction, the British Airways i360. Bob Flowerdew considers Capability Brown by visiting one of the garden designer's great works – Kimberley Hall in Norfolk. And the series of forgotten history heroes continues with William Sitwell nominating a man who became famous for his pie and helped keep Britain fed during the Second World War – Lord Fred Woolton. Presented by Helen Castor. Producer Nick Patrick
ADDRESS: Making History, PO Box 3096, Brighton BN1 1PL, email: makinghistory@bbc.co.uk Phone: 0370 010 0400
3.30 Recycled Radio *2/4.* **Evolution.** In Gerald Scarfe's hands, the BBC archive mutates into something completely different as he looks at the history of evolution, searching for answers to some of the biggest questions posed on Radio 4. He asks why people are like they are, whether things can only get better, and what can be learnt about evolution from the likes of Charles Darwin, Jean-Baptiste Lamarck, Bernard Lovell and Tony Blair. Producer Polly Weston (R)
4.00 In the Criminologist's Chair RT David Wilson talks to one-time armed bank robber Noel "Razor" Smith about his life in crime. Producer Jovan Jenkins
Radio's Pick of the Week, page 115
4.30 Great Lives *3/9.* Sara Pascoe champions the life of "sensible feminist" Virginia Woolf, while presenter Matthew Parris discusses his own attempts to get to grips with her work.
Producer Toby Field Repeated Friday 10pm
5.00 PM With Carolyn Quinn.
6.00 Six o'Clock News
6.30 Fresh from the Fringe 2016 *1/2.* Highlights from Edinburgh, featuring the cream of stand-up and musical comedy. Concludes at 11pm. Producer Joe Nunnery
7.00 The Archers Richard is in demand, and Rob is on a mission. For cast see Friday Repeated tomorrow 2pm
7.15 Front Row Another edition from the Edinburgh International Festival, with Kirsty Lang presenting news and reviews and talking to Ricky Gervais about *David Brent: Life on the Road*, in which his most famous creation gets the cinema treatment. Producer Ellie Bury.
7.45 Graham Greene: Monsignor Quixote *2/10.* Stephen Wyatt's dramatisation of Graham Greene's comic take on Cervantes's classic novel. The priest wakes from a drugged sleep to discover that he has been kidnapped.
For cast and details see yesterday Repeated from 10.45am
8.00 Personalised Medicine: Dose by Design Vivienne Parry asks if the NHS is able deliver the benefits of genomic medicine – personalised treatment based on the patient's unique genetic code sequence.
Producer Fiona Hill Repeated Sunday 8pm
8.40 In Touch Peter White with news for the blind and partially sighted. Producer Andrew Smith
9.00 Why Become a Doctor? RT ***New series.*** *1/3.* Kevin Fong examines medical training over the past 50 years and the doctor's changing position in society.
Producer Julian Siddle
9.30 Reflections Shortened rpt from 9am
10.00 The World Tonight With Ritula Shah.
10.45 *FM* **Book at Bedtime: Eight Months on Ghazzah Street** *2/10.* Frances Shore is a cartographer who moves to Saudi Arabia, but struggles with the repressive regime and suspects something terrible is happening in the flat above her. Read by Anna Maxwell Martin. Details see Monday
11.00 Fresh from the Fringe 2016 *2/2.* Highlights from the Edinburgh Festival Fringe, with the cream of sketch, stand-up and musical comedy. Producer Joe Nunnery
11.30 Short Cuts *2/6.* **The Stranger.** Josie Long delves into stories of brushes with the unknown, including an innocent encounter tipping from flirtation to danger, the professional stranger no one wants to see on their doorstep, and a partner whose revelation turns him in an instant into a stranger. Series producer Eleanor McDowall (R)
12.00 News
12.30–12.45am Book of the Week: Upbeat *2/5.* Repeated from 9.45am
1.00 as BBC World Service

BBC Radio 4 Extra

bbc.co.uk/radio4extra
Freeview 708 **Freesat** 708 **Sky** 0131 **Virgin** 910

6.00am PC Lee Stories as 8pm
6.15 Craven Manchester-set crime drama (2/5)
6.30 Too Clever by Half as 8.30pm
7.00 Two Doors Down 2002 comedy (1/6)
7.30 The Missing Hancocks as 5.30pm
8.00 Steptoe and Son 1966 comedy (8/13)
8.30 The Men from the Ministry 1975 comedy
9.00 The Museum of Curiosity With Susie Dent
9.30 Chambers 1996 legal comedy (2/5)
10.00 Beware of Pity By Stefan Zweig (2/2)
11.00 The Fall Short tale by Linda Cracknell
11.15 Daylight Robbery as 9.15pm
12.00 Steptoe and Son 1966 comedy (8/13)
12.30pm The Man from the Ministry Comedy
1.00 PC Lee Stories as 8pm
1.15 Craven Manchester-set crime drama (2/5)
1.30 Too Clever by Half as 8.30pm
2.00 A Short History of Tractors in Ukrainian 2/10
2.15 Sport and the British Football and Scotland 1/300
2.30 The Harpole Report Comedy by JL Carr about an idealistic teacher. From 2012 (2/5)
2.45 Arguably In his 2005 essay *Let Them Eat Pork*, Christopher Hitchens responds to the social upheaval caused by the New Orleans floods to appraise the traditionally condescending attitude of the rich, abridged by Pete Nichols and read by Roger Allam
3.00 Beware of Pity By Stefan Zweig (2/2)
4.00 Just a Minute 2008 comedy quiz
4.30 Chambers 1996 legal comedy (2/5)
5.00 Two Doors Down 2002 comedy (1/6)
5.30 The Missing Hancocks Re-recording of *The New Neighbour* – a lost 1965 sitcom by Ray Galton and Alan Simpson – with Kevin McNally as Tony Hancock
6.00 Lord of the Flies By William Golding (1/4)
6.30 Lives in a Landscape (3/6)
7.00 Steptoe and Son 1966 comedy (8/13)
7.30 The Men from the Ministry 1975 comedy
8.00 PC Lee Stories Toby Jones reads Edgar Wallace's 1909 crime tale *Mouldy the Scrivener*
8.15 Craven Manchester-set crime drama (2/5)
8.30 Too Clever by Half Stephanie Cannan presents stories of women who have experienced pitch-fectually mismatched relationships
9.00 The Fall Short tale by Linda Cracknell
9.15 Daylight Robbery RD Wingfield mystery
10.00–12 midnight Comedy Club: The Missing Hancocks at **10.30 The Maltby Collection** (5/6) at **11.00 Clare in the Community** (1/6), and at **11.30 Delve Special** (4/6)
12.00 as 6pm **12.30am** as 6.30pm
1.00 as 8pm **1.15** as 8.15pm **1.30** as 8.30pm
2.00 as 2pm **2.15** as 2.15pm **2.30** as 2.30pm
2.45 as 2.45pm **3.00** as 3pm **4.00** as 4pm
4.30 as 4.30pm **5.00** as 5pm **5.30** as 5.30pm

BBC World Service

bbc.co.uk/worldserviceradio
Freeview* 710 **Freesat** 711 **Sky** 0115 **Virgin** 906

Programmes may differ online, and on Freesat, Sky and Virgin

5.00am Newsday **5.30** The Documentary: Cruising: investigating global developments, issues and affairs **6.00** Newsday **8.30** Business Daily: business and finance news, interviews and reports **8.50** Witness **9.00** News **9.05** The Forum: thought-provoking discussion, with Bridget Kendall **9.50** Sporting Witness **10.00** World Update **11.00** Outside Source **12.00** News **12.05pm** Outlook: perspectives on important issues **1.00** The Newsroom **1.30** The Documentary: Cruising **2.00** Newshour **3.00** News **3.05** The Inquiry **3.30** Discovery **4.00** News **4.05** Business Daily: business and finance news, interviews and reports **4.25** The Essential **4.30** Sport Today **5.00** World Have Your Say **6.00** The Newsroom **6.30** World Business Report **7.00** The Newsroom **7.30** Sport Today: global round-up **8.00** News **8.05** Outlook: perspectives on important issues **9.00** Newshour **10.00** News **10.05** The Inquiry **10.30** Click **11.00** The Newsroom **11.20** Sports News **11.30** World Business Report **12.00** News **12.05am** The Forum **12.50** Sporting Witness **1.00** News **1.05** Business Matters **2.00** News **2.05** Today in Rio **3.00** News **3.05** Hardtalk **3.30** Click: technological news **4.00** Newsday **4.30** Newsday Sport from Rio

BBC Radio 5 Live

693, 909 MW bbc.co.uk/fivelive
Freeview 705 **Freesat** 705 **Sky** 0105 **Virgin** 905
Sports Extra Freeview 706 **Freesat** 706 **Sky** 0144 **Virgin** 908

News and **sport** as yesterday

5.00am Morning Reports A full round-up of news, sport and business for the day ahead, and a look at the morning's newspapers.
5.15 Wake Up to Money
6.00 5 Live News
6.05 5 Live Olympic Breakfast From Rio, Gabriel the Barker presents Olympics updates, while Nicky Campbell has the morning's main news stories, sport and weather. Plus **Your Call** after **9.00**.
5 Live Sports Extra *Digital only*
7.00am–10.00 5 Live Olympics Highlights of last night's athletics.
10.00 5 Live Daily Adrian Chiles presents news and current affairs interviews.
5 Live Sports Extra *Digital only*
10.55am–6.30pm Cricket Commentary on a match from the County Championship.
1.00pm 5 Live Olympics Mark Chapman introduces athletics coverage from Rio. Plus track cycling, men's 10km open water swimming, canoe sprint, and the first semi-final in men's hockey.
5 Live News is at **5.00**, with, from **6.00**, Eleanor Oldroyd introducing coverage of the gymnastics and sailing events. From **8.00**, attention switches to the final day of track cycling, plus boxing updates. And from **11.00** Jonathan Edwards presents coverage of this evening's athletics finals, which include the men's high jump, women's 1500m and men's 110m hurdles. Plus men's hockey and boxing.
3.00am Up All Night Rhod Sharp presents news and features from around the world.

Talksport

1053, 1089 MW talksport.co.uk
Freeview 723 **Freesat** 731 **Sky** 0108 **Virgin** 927

6.00am Alan Brazil
10.00 Colin Murray
1.00pm Hawksbee and Jacobs
4.00 Adrian Durham and Darren Gough
7.00 Kick-Off With Mark Saggers.
10.00 Andy Goldstein and Jason Cundy
1.00am The Two Mikes

Asian Network

bbc.co.uk/asiannetwork
Freeview 709 **Freesat** 709 **Sky** 089 **Virgin** 912

6.00am Tommy Sandhu With chat, top guests, news, sport and Bollywood and bhangra hits.
10.00 Nihal Topical discussion.
1.00pm Asian Network Reports
1.30 Noreen Khan Desi music.
5.00 Asian Network Reports
5.30 Bobby Friction South Asian culture, including big Bollywood and bhangra anthems.
9.00 Ray Khan Bollywood hits.
12.00 as Radio 5 Live

Absolute Radio

absoluteradio.co.uk
Freeview 727 **Freesat** 724 **Sky** 0107 **Virgin** 915

6.00am Christian O'Connell
10.00 Leona Graham
1.00pm Andy Bush Mostly male and guitar-based rock and pop, from the Beatles and Bruce Springsteen to Coldplay and the Clash.
4.00 Danielle Perry
6.00 Geoff Lloyd
9.00 Pete Donaldson
1.00am Chris Martin

Listen again online for the next seven days at **bbc.co.uk/playerradio**

Also available on Freeview in Scotland 4pm–6am. **Key** (R) Repeat

WEDNESDAY Radio

Today's Choices

BBC Proms 2016
7.30pm **Radio 3**
It's always a Proms delight to welcome conductor Daniel Barenboim and the inspirational young Arab and Israeli players of his West-Eastern Divan Orchestra. But there's added lustre tonight as the great Argentinian pianist Martha Argerich joins them to play Liszt's virtuosic Piano Concerto No 1. The concert opens with German composer Jörg Widmann's "exercise in fury and rhythmic insistence" *Con brio*, and concludes with a diverse Wagnerian selection – the overtures from *Tannhäuser* and *The Mastersingers of Nuremberg* plus some celebrated orchestral moments from *Götterdämmerung*. Barenboim's Wagnerian credentials are impeccable. He not only conducted the four-opera *Ring* Cycle at Germany's Wagner shrine, Bayreuth in Bavaria, but also here at the Proms in 2013. And he was the first conductor post-the Second World War to play Wagner in Israel.
DAVID GILLARD

Tez Talks
11.15pm **Radio 4**
Muslims are really popular at the moment – they're always being mentioned on the radio and TV. I'm stealing from Tez Ilyas there, but it gives you a good idea of the irreverent wit he brings to this series, its title a play on the influential TED Talks you can watch on the web. He's basically offering a primer on the life of a British Muslim. While often going for easy laughs by poking fun at the many implausible things said about Islam, Ilyas is at his best asking the studio audience to think of Western Muslims: "Salman Rushdie?!? Really?"
DAVID CRAWFORD

P4011951GT

BBC Radio 1

97.6–99.8 FM bbc.co.uk/radio1
F'view* 700 **F'cast** 700 **Sky** 0101 **Virgin** 901
News and **Newsbeat** as yesterday
6.30am Scott Mills
10.00 Clara Amfo
1.00pm Matt Edmondson
4.00 Greg James
7.00 Annie Mac
9.00 The Surgery Gemma Cairney and Dr Radha Modgil respond to listeners' dilemmas.
10.00 Huw Stephens New acts.
1.00am Benji B With future beats.
4.00 Adele Roberts

1Xtra

bbc.co.uk/1xtra
F'view 701 **F'cast** 701 **Sky** 0137 **Virgin** 907
7.00am A.Dot
10.00 Trevor Nelson Music from 1Xtra's Live Lounge.
1.00pm Mim Shaikh
4.00 Charlie Sloth Hip-hop.
7.00 MistaJam Tunes and guests.
10.00 Sian Anderson Grime and drum 'n' bass.
1.00am Benji B With a Sam Tiba mix.

BBC Radio 2

88–90.2 FM bbc.co.uk/radio2
F'view* 702 **F'cast** 702 **Sky** 0102 **Virgin** 902
News and **weather** as Monday
5.00am Vanessa Feltz
6.30 Chris Evans
9.30 Ken Bruce Including **Tracks of My Years**, with Carlos Santana, discussing records by Billie Holiday and Bob Dylan.
12.00 Jeremy Vine
2.00pm Steve Wright
5.00 Mark Goodier
7.00 The Folk Show with Mark Radcliffe
8.00 Ana Matronic
10.00 Johnnie Walker's Long-Players
3/6. Johnnie Walker and David Hepworth continue with major mid-1970s releases by Fleetwood Mac and the Eagles. The former's eponymously titled LP was the band's first to feature US guitarist Lindsey Buckingham and vocalist Stevie Nicks. Released in the summer of 1975, the slow burner spent much of 1976 in the US Top Ten, ranking two for the year, boosted by radio hits *Over My Head*, *Rhiannon (Will You Ever Win)* and *Say You Love Me*. The LP peaked at 23 in the UK. Also dissected is the Eagles' late 1976 release *Hotel California*, among the top 30 global sellers ever. The soft-rock disc includes the US number ones *New Kid in Town* and the title track, and ranked four for 1977 in America, where Fleetwood Mac's *Rumours* topped the year-end chart. Featuring archive interviews with Christine McVie, Mick Fleetwood and Stevie Nicks, and Eagles co-founder Glenn Frey, who died in January, at 67.
11.00 The People's Songs
21/50. Stuart Maconie continues with the Arctic Monkeys' *I Bet You Look Good On the Dancefloor*, which debuted at number one in October 2005, followed a few months later by its parent album – the fastest seller in British history. The Sheffield underdog band's success marked a point at which the grip of the multinationals was weakened. (R)
12.00 Craig Charles
3.00am Pick of the Pops (R)

BBC Radio 3

90.2–92.4 FM bbc.co.uk/radio3
Freeview* 703 **Freesat** 703 **Sky** 0103 **Virgin** 903
News and **weather** as Monday
6.30am Breakfast With Elizabeth Alker.
9.00 Essential Classics With Rob Cowan.
My Favourite... Duos Rob shares his favourite examples of works for two musicians.
9.30 A musical challenge to identify the place associated with a well-known work.
10.00 Rob's guest is Simon Sebag Montefiore.
10.30 Music in Time: Baroque The instrumental colour that Bach brought to his sacred works.
10.45 Proms Artist of the Day is Martha Argerich.
Ravel *Jeux d'eau* Martha Argerich (piano)
11.00 Edinburgh International Festival 2016
LIVE From the Queen's Hall, with Donald Macleod. Tenebrae, director Nigel Short
Lobo *Versa est in luctum*
Victoria *Tenebrae Responsories (excerpts)*
Allegri *Miserere*
Padilla *Missa (Ego flos campi)*
11.35 Interval Richard Goode plays Mozart's *Piano Sonata in A minor, K310*
11.55 Reger *Der Mensch lebt und besteht*, Op 138
Brahms *Fest-und Gedenksprüche*, Op 109
Bruckner *Three Motets: Ave Maria; Virga Jesse floruit; Christus factus est*
Brahms *Three Motets*, Op 110
Reger *Nachtlied*, Op 138
1.00pm Radio 3 Lunchtime Concert Further highlights from Cheltenham Music Festival. Presented by Fiona Talkington.
Satie *Gymnopédie No 1* Pascal Rogé (piano)
Trois morceaux en forme de poire
Pascal Rogé and Ami Rogé (piano four hands)
Ravel *Ma Mère l'Oye*
Pascal Rogé and Ami Rogé (piano four hands)
Haydn *String Quartet in B minor, Op 64 No 2*
Doric String Quartet
2.00 Afternoon on 3 With Jonathan Swain.
BBC Proms 2016. Another chance to hear Saturday's Prom, presented by Georgia Mann. Katherine Watson (soprano), Samuel Boden (tenor), Callum Thorpe (bass), Arcangelo, director Jonathan Cohen (harpsichord/organ)
Purcell *Curtain Tune (Timon of Athens)*; *I Spy Celia*; *I See She Flies Me*
Blow *Venus and Adonis (excerpts)*
Purcell *The Fairy Queen (excerpts)*
Locke *Curtain Tune (The Tempest)*
Draghi *Dance of the Fantastick Spirits (The Tempest)*
Purcell (attrib) *The Tempest (excerpts)*
Followed by recordings from this week's Proms artists.
3.30 Choral Evensong
LIVE From St Mary's Episcopal Cathedral, Edinburgh during the Edinburgh International Festival. Introit: Assumpta est Maria (Gesualdo completed by Stravinsky). Responses: Smith. Office Hymn: The Lord Whom Earth and Sea and Sky (Gonfalon Royal). Psalms 113, 122 (Knight, Parratt). First Lesson: Genesis 3 vv 9–15, 20. Latin Canticles (Tallis). Second Lesson: Luke 1 vv 39–47. Anthem: Ave Maria (Parsons). Final Hymn: Sing We of the Blessed Mother (*Abbot's Leigh*). Organ Voluntary: Allegro from Sonata No 5, BWV529 (Bach). Organist and Master of the Music: Duncan Ferguson. Assistant Organist: Donald Hunt. Repeated Sunday 2.45pm
4.30 In Tune Music and arts news.
6.30 Composer of the Week: Janacek
3/5. The Overgrown Path. Donald Macleod explores Janacek's piano suite *On an Overgrown Path*.
Ha, Ha, Off Go the Cows (Rikadla) Collegium Vocale Gent, Het Collectif, conductor Reinberg de Leeuw
On an Overgrown Path (beginning) Stephen Hough (piano)
Pohadka (Fairy Tale) Steven Isserlis (cello), Thomas Adès (piano)
On an Overgrown Path (conclusion) Stephen Hough (piano)
My Tiny Little Wife; Granny's Crawling into the Elder Bush; A White Goat's Picking Pears; German-Beetle Broke Some Pans (Rikadla) Collegium Vocale Gent, Het Collectif, conductor Reinberg de Leeuw
7.30 BBC Proms 2016
RT Sara Mohr-Pietsch presents live from the Royal Albert Hall in London.
Martha Argerich (piano), West-Eastern Divan Orchestra, conductor Daniel Barenboim
Jörg Widmann *Con brio*
Liszt *Piano Concerto No 1 in E flat, S124*
8.10 Proms Extra: Wagner's Orchestra Christopher Cook explores Wagner's writing for the orchestra and is joined by musicologist Barbara Eichner.
8.30 Wagner *Overture: Tannhäuser; Dawn and Siegfried's Rhine Journey; Funeral March (Götterdämmerung); Overture: The Mastersingers of Nuremberg* Repeated Thursday 1 September 2pm
10.00 Free Thinking Ceramicist and author Edmund de Waal and author Orhan Pamuk are in conversation with Philip Dodd. (R)
10.45 The Essay: The Book That Changed Me
2/2. Geneticist Paul Nurse reflects on *Conjectures and Refutations* by Karl Popper. (R)
LIVE **11.00 Late Junction** Presented by Verity Sharp from Edinburgh, and featuring Trembling Bells, Alastair Savage, and Matt Rogers. Plus FK Alexander and Okishima Island Tourist Association.
12.30am Through the Night With Jonathan Swain.
Arvo Pärt *Kanon Pokajanen (abridged version)*
1.34 Penderecki *Concerto Grosso for Three Cellos and Orchestra* **2.09 Szymanowski** *Piano Sonata No 3*, Op 36
2.31 Mendelssohn *String Symphony No 9 in C minor*
2.59 Elgar *Sea Pictures*, Op 37 **3.23 Biber** *Violin Sonata in C minor (Sonatae, Violino solo)* **3.35 Gabriel Charpentier** *Mass I* **3.44 Bach, arr Walsh** *Fugue in G minor, BWV542 (Great)* **3.51 Rossini** *Una voce poco fa (Il Barbiere di Siviglia)* **3.57 Chopin** *Four Mazurkas* **4.07 Beethoven** *Duo in E flat for viola and cello, WoO 32* **4.17 Sauguet** *La nuit* **4.31 Aiyaperts** *Romanza for violin and orchestra* **4.37 Dušek** *Cantiones Sacrae in honorem Thomas Tallis*, Op 26 (Book 1) **4.47 Enna** *Five Piano Pieces* **5.01 Wagner** *Prelude, Act 1: Lohengrin* **5.10 Dutilleux** *Sonatine* **5.19 Beethoven** *String Quartet in F*, Op 135 **5.46 Schubert** *Symphony No 8 in B minor (Unfinished)* **6.11 Bach** *Largo (Trio Sonata in C, BWV529)* **6.21 Marais** *La sonnerie de Sainte-Geneviève du Mont de Paris*

BBC 6 Music

bbc.co.uk/6music
Freeview 707 **Freesat** 707 **Sky** 0120 **Virgin** 909
7.00am Shaun Keaveny Indie music and laughs.
10.00 Lauren Laverne Chat, music and guests.
1.00pm Mark Radcliffe With guest Lloyd Cole.
4.00 Steve Lamacq New music and phone-ins.
7.00 Marc Riley New music and features.
9.00 Tom Ravenscroft New and archive tracks.
12.00 6 Music Recommends
1.00am The Atlantic Records Story **6/13.** Aretha Franklin's career. **2.00 Alexis Korner: Rhythm and Blues Champion** **3/3.** A look at the musician's influence on the British blues scene. **3.30 6 Music Live Hour**
3.30 6 Music's Jukebox **5.00 Jen Hillcock**

Planet Rock

planetrock.com
Freesat 730 **Sky** 0110 **Virgin** 924
6.00am Breakfast with Paul Anthony **10.00 Wyatt Wendels** **2.00pm Darren Redick** **6.00 RockBlock**
7.00 Planet Rock of Ages Repeated from Saturday 7pm
8.00 Mojo Rocks With Mojo magazine's Phil Alexander. Repeated from Saturday 8pm **10.00 Nights with Alice Cooper** US radio show **1.00am Through the Night**

Classic FM

99.9–101.9 FM classicfm.com
Freeview 731 **Freesat** 721 **Sky** 0106 **Virgin** 922
6.00am More Music Breakfast With Nick Bailey.
9.00 John Suchet Classical hits.
1.00pm Anne-Marie Minhall With requests.
5.00 John Brunning Classic FM favourites.
7.00 Smooth Classics With John Brunning.
8.00 The Full Works Concert
Jane Jones with a water-themed playlist.
Mendelssohn *Overture: The Fair Melusine*, Op 32
Scottish CD, conductor Antonio Mendez
Handel *Water Music Suite No 1 in F, HWV348* Academy of St Martin in the Fields, conductor Neville Marriner
Ferde Grofé *Suite: Mississippi* Bournemouth Symphony Orchestra, conductor William Stromberg
Wagner *Dawn and Siegfried's Rhine Journey* Royal Concertgebouw Orchestra, conductor Riccardo Chailly
Chopin *Raindrop Dong Hyek Lim (piano)*
Vaughan Williams *Three Impressions for Orchestra* Royal Liverpool PO, conductor Paul Daniel
Ronald Binge *The Watermill* Ruth Scott (oboe), New London Orchestra, conductor Ronald Corp
10.00 Smooth Classics With Margherita Taylor.
1.00am Sam Pittis Classical music throughout the night.

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BBC Radio 4

92.4–94.6 FM 198 LW bbc.co.uk/radio4
For national variations see p133
Freeview 704 **Freesat** 704 (FM) 710 (LW) **Sky** 0104 (FM) 0143 (LW) **Virgin** 904 (FM) 911 (LW)
News, weather and **shipping forecasts** as yesterday
5.30am News Briefing
5.43 Prayer for the Day With Canon Patrick Thomas, vicar of Christ Church in Carmarthen.
5.45 Farming Today Presented by Caz Graham. Producer Alun Beach
5.58 Tweet of the Day *wryneck.* With Miranda Krestovnikoff. (R)
6.00 Today With Matthew Price and Mishal Husain.
6.25, 7.25, 8.25 Sports News
7.48 Thought for the Day With Akhandadhi Das.
9.00 What's the Point of ... the Commonwealth?
2/3. Quentin Letts asks whether the Commonwealth is just a hangover from Empire, or a new, post-Brexit opportunity. With guests Ambassador Abdul Minty and Commonwealth Secretary General Patricia Scotland. Producer Rosie Dawson. Repeated 9.30pm
9.30 Prime Ministers' Props
2/5. Stanley Baldwin's Iron Gates. David Cannadine examines how Stanley Baldwin's wrought-iron gates at his country estate – Astley Hall in Worcestershire – became the subject of controversy after his reputation collapsed during the Second World War. He was seen to be hampering the war effort when he applied for his gates to be exempt from local authority requisitioning of scrap metal. Producer Melissa Fa'Gerald
9.45 FM Book of the Week: Upbeat
3/5. By Paul MacAlindin. The young musicians in the National Youth Orchestra of Iraq are faced with a challenge, both professionally and culturally, when they finally go to perform in Germany. Read by Kenny Blyth. For details see Monday. Repeated 12.30am
9.45 LW Daily Service
In the third in a week-long series of programmes on famous hymn writers, today's Daily Service comes from St Martin-in-the-Fields in London's Trafalgar Square and explores the life and work of Catherine Winkworth.
10.00 Woman's Hour With Jane Garvey.
10.41 Graham Greene: Monsignor Quixote
8/10. *The 15-Minute Drama.* For details see drama repeat 7.45pm
10.56 The Listening Project
A grandmother and the granddaughter she has cared for since the age of four discuss a secret they eventually faced together. Producer Marya Burgess. Repeated Sunday 2.45pm
11.00 Grunwick Changed Me
Maya Arnaiz-Smith on the industrial dispute at the Grunwick Film Processing Laboratories. Repeated from Monday 8pm
11.30 Guilt Trip
4/4. Comedy drama by Katherine Jakeways. On the last day of the walk, mother and daughter oversleep at the hotel they were not supposed to be staying in. With ten miles to go and a hangover, it is not looking good – and it remains to be seen whether they will get to Tower Bridge on time for the big reception organised by Ruth. For details see Monday. Repeated 11.30pm
Ruth ..... Felicity Montagu Daughter ..... Olivia Nixon
Producer Jane Berthoud
12.04pm Home Front
17 August 1916 – Esme Macknade
Rosamund pledges to join the allies at war.
Esme Macknade ..... Katie Angelou Carlton ..... Nathan Nolan
Rick Macknade ..... Howard Angell
Claire-Louise Cordwell ..... Gunnar Cauthery
Ellie Macknade ..... Ben Crowe Colonel Graham ..... Colin Stinton
Kaypo Macknade ..... Hollie Thorpe Michael Bertenshaw
Nancy Parker ..... Jane Whitterstaw Sylvia Graham ..... Joanna David
For details see Monday
12.15 You and Yours Consumer reports.
1.00 The World at One Presented by Martha Kearney.
1.45 The River
3/5. The River – Rivers of Faith. The Secretary General of the Alliance of Religions and Conservation, Martin Palmer, reflects on the spiritual significance of rivers in religious stories and traditions. For details see Monday
2.00 The Archers Rpted from yesterday 7pm
2.15 Wounded Light
By John Lynch. When a writer is invited to become an honorary citizen of his mother's native Italian town, he embarks on a journey of self-discovery, confronting his demons.
James ..... John Lynch Italia ..... Rosita Carbone
Rosina ..... Sian Phillips Luigi ..... Cesare Taurasi
Young Rosina ..... Sophia D'Martino Jim ..... Una Kavanagh
Producers John Lynch, Nadia Molinari. Director Nadia Molinari
3.00 Your Money and Your Life
3/4. 40- and 50-somethings. Louise Cooper explores the financial pressures and problems that now plague the "sandwich generation", whose money is chiefly spent on supporting children and ageing parents. Repeated from Saturday 12.04pm
3.30 Science Stories
1/5. Submarine for a Stuart King. Philip Ball profiles Cornelis Drebbel (1572–1633), pioneering Dutch explorer of uninhabitable places and inventor of the first submarine in 1621. Producer Erika Wright
4.00 Self's Search for Meaning
3/3. Will Self asks some of Britain's key opinion-makers to share their conclusions about the nature and meaning of human existence. Producer Kerry McCarthy (R)
4.30 The Media Show
Steve Hewlett presents the topical programme about all forms of media.
5.00 PM Presented by Eddie Mair.
6.00 Six o'Clock News
6.30 To Hull and Back
2/4. Is There Anyone Out There? Sophie feels trapped with her mum in Hull and dreams of moving to London to become a famous actress. Producer Cari Cooper
7.00 The Archers
Alice gives Pip food for thought.
For cast see Friday. Repeated tomorrow 2pm
7.15 Front Row
Kirsty Lang with news and reviews from the Edinburgh Festival. Producer Elsie Bury
7.45 Graham Greene: Monsignor Quixote
8/10. Imprisoned in his own house, Father Quixote is at the mercy of his bishop – unless his friend Sancho can pull off a daring rescue. For cast and details see Monday. Rpted from 10.41am
8.00 Two Rooms: Brexit Britain
Remain voters from Brixton in south London and Leave voters from Boston in Lincolnshire air their concerns. Producer Emma Jarvis
8.45 Four Thought
Beleq Turkish. After last month's coup attempt, writer Elif Shafak describes what it means to her – and what it is like – to be Turkish. Recorded in front of a studio audience at Somerset House, London. Producer Sheila Cook
9.00 Mind Reading
As science gets closer to inventing ways of reading others' minds, Gaia Vince explores the issues those developments are creating.
9.30 What's the Point of the Commonwealth? Repeated from 9am
10.00 The World Tonight With Rihula Shah.
10.45 Book at Bedtime: Eight Months on Ghazzah Street
3/10. By Hilary Mantel. The regime is corrupt and harsh, the expatriates are hard-drinking money-grubbers, and Frances Shore's Muslim neighbours are secretive and watchful. Read by Anna Maxwell Martin. For details see Monday
11.00 Angela Barnes: You Can't Take It With You
2/4. Comedian Angela Barnes remembers her larger-than-life father as she muses on love, life, and what might come afterwards. Producer Lianne Coop
11.15 Tez Talks
RT **1/4.** Blackburn-born comedian Tez Ilyas presents satire based on society's attitudes to Islam. Producer Sam Bryant
11.30 Short Cuts
3/6. Vanishing Point. From the man who helps people vanish, to coping with sudden, shocking loss, Josie Long hears stories of disappearance and looks at vanishing points. For details see Monday
12.00 News
12.30–12.45am Book of the Week: Upbeat **3/5.** Repeated from 9.45am
1.00 as BBC World Service

BBC Radio 4 Extra

bbc.co.uk/radio4extra
Freeview 708 **Freesat** 708 **Sky** 0131 **Virgin** 910
6.00am PC Lee Stories *The General Practitioner*
6.15 Craven Manchester-set crime drama (3/5)
6.30 Late Nights at the Blue Boar as 8.30pm
7.00 A Whole 'Nother Story as 5pm
7.30 To Hull and Back Comedy drama (1/4)
8.00 The Navy Lark 1965 comedy
8.30 Hancock's Half-Hour 1955 comedy
9.00 The 99p Challenge Comedy panel show (7/6)
9.30 Hobby Bobbies Comedy by Dave Lamb (4/4)
10.00 Fame is the Spur as 3pm
11.00 Made in Bristol Paul Mundell reads Timothy X Atack's *Bonfucking Mass* – the first of three sound-lab commissions for the More Than Words festival in 2016
11.15 The Night House as 9.15pm
12.00 The Navy Lark 1965 comedy
12.30pm Hancock's Half-Hour Comedy
1.00 PC Lee Stories *The General Practitioner*
1.15 Craven Manchester-set crime drama (3/5)
1.30 Late Nights at the Blue Boar as 8.30pm
2.00 A Short History of Tractors in Ukrainian Marina Lewycka's award-winning 2005 novel (3/10)
2.15 Sport and the British Rugby (18/30)
2.30 The Harpole Report Comedy by JL Carr, dramatised by Jonathan Smith. From 2002 (3/5)
2.45 Arguably Christopher Hitchens's 2006 essay *The Vatican Syndrome*, abridged by Pete Nichols)
3.00 Fame is the Spur Ian McKellen stars in Ken Whitmore's dramatisation of Howard Spring's 1940 novel about an aspirational young man and the rise of the social labour movement in Britain (1/8)
4.00 The 99p Challenge Comedy panel show (1/6)
4.30 Hobby Bobbies Comedy by Dave Lamb (4/4)
5.00 A Whole 'Nother Story Sitcom (2/6)
5.30 To Hull and Back Comedy drama (1/4)
6.00 Lord of the Flies By William Golding (2/8)
6.30 Off the Page With Dominic Arkwright
7.00 The Navy Lark 1965 comedy (1/14)
7.30 Hancock's Half-Hour 1955 comedy
8.00 PC Lee Stories *The General Practitioner* (3/5)
8.15 Craven Manchester-set crime drama (3/5)
8.30 Late Nights at the Blue Boar The service station that became a meeting place for rock stars
9.00 Made in Bristol as 11am
9.15 The Night House Sadie Fugle stars in Gillian Tindall's tale in which a young bride moves into a former school and senses a tragic event in the past
10.00–12.00 Comedy Club: To Hull and Back (3/4), at **10.30 The Castle** (5/6), at **11.00 Cowards** (4/4), and at **11.30 At Home with the Snails** (1/4)
12.00 as 6pm **12.30am** as 6.30pm
1.00 as 8pm **1.15** as 8.15pm **1.30** as 8.30pm
2.00 as 2pm **2.15** as 2.15pm **2.30** as 2.30pm
2.45 as 2.45pm **3.00** as 3pm **4.00** as 4pm
4.30 as 4.30pm **5.00** as 5pm **5.30** as 5.30pm

BBC World Service

bbc.co.uk/worldserviceradio
Freeview* 710 **Freesat** 711 **Sky** 0115 **Virgin** 906
Programmes may differ on Freeview, and on Freesat, Sky and Virgin
5.00am Newsday **5.30** The Documentary: Life Under Glass **6.00** Newsday **8.30** Business Daily **8.50** Witness **9.00** News **9.05** The Documentary: The Museum of Lost Objects: Investigating global developments, issues and affairs **10.00** World Update **11.00** Outside Source **12.00** News **12.05pm** Outlook. Perspectives on important issues **1.00** The Newsroom **1.30** The Documentary: Life Under Glass **2.00** Newshour **3.00** News **3.05** Hardtalk: interviews with newsmakers and personalities from across the globe **3.30** Click **4.00** News **4.05** Business Daily: business and finance news, interviews and reports **4.25** The Essential Inquiry **4.30** Sport Today: global round-up **5.00** World Have Your Say **6.00** The Newsroom **6.30** World Business Report **7.00** The Newsroom **7.30** Sport Today **8.00** News **8.05** Outlook **9.00** Newshour **10.00** News **10.05** Hardtalk **10.30** Healthcheck **11.00** The Newsroom **11.20** Sports News **11.30** World Business Report **12.00** News **12.05am** The Documentary: The Museum of Lost Objects **1.00** News **1.05** Business Matters **2.00** News **2.05** Today in Rio **3.00** News **3.05** The Compass: The Borders of Sanity **3.30** Healthcheck **4.00** Newsday **4.30** Newsday Sport from Rio

BBC Radio 5 Live

693, 909 MW bbc.co.uk/fivelive
F'view 705 **F'cat** 705 **Sky** 0105 **Virgin** 905
Sports Extra F'view 706 **F'cat** 706 **Sky** 0144 **Virgin** 908
News and **sport** as Monday
5.00am Morning Reports A full round-up of news, sport and business for the day ahead, and a look at the morning's newspapers.
5.15 Wake Up to Money
6.00 5 Live News
6.03 5 Live Olympic Breakfast From Rio, Caroline Barker presents Olympics updates, while Nicky Campbell has the morning's main news stories, sport and weather. Plus **Your Call** after **9.00.**
5 Live Sports Extra Digital only
7.00am–10.00 5 Live Olympics Highlights of last night's athletics.
10.00 5 Live Daily Peter Allen presents news and current affairs interviews. Plus listeners' stories and contributions, and a round-up of the day's headlines.
1.00pm 5 Live Olympics Mark Chapman presents as Great Britain look to defend their team showjumping title. Plus athletics action as the men's 5,000m and women's 800m events get underway. At **5.00** there's **5 Live News**, and at **6.00** Eleanor Oldroyd introduces boxing coverage of the men's welterweight finals and women's middleweight quarter-finals. Plus sailing and gymnastics. At **11.00** Jonathan Edwards introduces athletics coverage, which includes the semi-finals of the men's 200m, plus the finals of the women's 100m hurdles and 200m. Plus taekwondo bouts.
3.00am Up All Night

Talksport

1053, 1089 MW talksport.co.uk
F'view 723 **F'cat** 731 **Sky** 0108 **Virgin** 927
6.00am Alan Brazil The latest headlines and topical sports stories
10.00 Colin Murray
1.00pm Hawksbee and Jacobs
4.00 Adrian Durham and Darren Gough Football news.
7.00 Kick-Off With Mark Saggers.
10.00 Andy Goldstein and Jason Cundy Sports banter.
1.00am The Two Mikes

Asian Network

bbc.co.uk/asiannetwork
F'view 709 **F'cat** 709 **Sky** 0119 **Virgin** 912
6.00am Tommy Sandhu Bollywood and bhangra hits.
10.00 Nihal Topical discussion.
1.00pm Asian Network Reports Hard-hitting documentary.
1.30 Noreen Khan Desi music and retro hits.
5.00 Asian Network Reports Hard-hitting documentary.
5.30 Bobby Friction Bollywood and bhangra anthems.
9.00 Ray Khan Bollywood hits.
12.00 as Radio 5 Live

Absolute Radio

absoluteradio.co.uk
F'view 727 **F'cat** 724 **Sky** 0117 **Virgin** 915
6.00am Christian O'Connell
10.00 Leona Graham
1.00pm Andy Bush
4.00 Danielle Perry New and classic mainstream and indie rock and pop, from the Doors, Pink Floyd, Carole King and Slade to the Clash, Kate Bush, Blur and beyond.
6.00 Geoff Lloyd
9.00 Pete Donaldson
1.00am Chris Martin

Listen again online for the next seven days at **bbc.co.uk/iplayer/radio**

THURSDAY Radio

Today's Choices

Inside the Ethics Committee
9.00am ***Radio 4***
A 33-year old man is diagnosed with cancer. He is referred to a genetics consultant, who assesses his family history. She finds his father, an aunt, a cousin and distant relatives had all been diagnosed with the disease, or related illnesses, at similar ages. Should he have been told? In this edition of , Joan Bakewell (above) asks if it is right for people to hide life-threatening genetic conditions from their family. For her panel of experts, the issue is – not surprisingly – thorny. In some cases it is far better that the symptoms are spotted early, but for untreatable diseases like Huntington's, where the risks are stacked against the gene carrier, the benefits are less clear. The discussion as always is handled with sensitivity, but there is little comfort to be taken from the answers.
TOM GOULDING

Open Country
3.00pm ***Radio 4***
Most lifeboat crews live at home and wait for the call. But the tip of Spurn Point – the sliver of East Yorkshire with the Humber Estuary on one side and the North Sea on the other – is so remote that living above the shop is the only option. Until 2012 crew members' families lived there too, but then it was decided that such an isolated existence wasn't fair on them. Those left behind – the only full-time RNLI crew in the UK – still feel a sense of community, they tell Helen Mark in interviews notable for the matter-of-factness with which life surrounded by sky, water and not infrequent extreme danger is treated. SIMON O'HAGAN

BBC Radio 1

97.6–99.8 FM bbc.co.uk/radio1
F'view* 700 **F'sat** 700 **Sky** 0103 **Virgin** 901
News and **Newsbeat** as Tuesday
6.30am Scott Mills
10.00 Ciara Amfo
Chat, interviews and music.
1.00pm Matt Edmondson
4.00 Greg James
7.00 Annie Mac
9.00 Radio 1's Playlists
Music for perfect playlists.
10.00 The Residency
Steve Angello and Oliver Heldens.
1.00am Toddla T Carnival vibes.
4.00 Adele Roberts Features.

1Xtra

bbc.co.uk/1xtra
F'view 701 **F'sat** 701 **Sky** 0107 **Virgin** 937
7.00am A.Dot
10.00 Trevor Nelson
Music from 1Xtra's Live Lounge.
1.00pm Mim Shaikh
4.00 Charlie Sloth Hip-hop.
7.00 Mista Jam
Tunes and guests.
10.00 Seani B Dancehall.
1.00am Toddla T Carnival vibes.

BBC Radio 2

88–90.2 FM bbc.co.uk/radio2
F'view* 702 **F'sat** 702 **Sky** 0102 **Virgin** 902
News and **weather** as Monday
5.00am Vanessa Feltz
6.30 Chris Evans
Chat, chart hits, pop oldies, a look at the papers, travel and phone-in discussions with eager listeners.
9.30 Ken Bruce
Including after **11.30 Tracks of My Years**, with Mexican American guitarist and singer Carlos Santana, who enjoyed comeback success at the turn of the century with the hits *Smooth* and *Maria Maria* (22 combined weeks at number one in the States) but who first made his mark in 1969 both at Woodstock and in the charts. Big early 1970s sellers for the band Santana followed, including the American radio hits *Evil Ways*, *Black Magic Woman* and *Oye Como Va* and the British Top 30 single *Samba Pa Ti*. Today he discusses favourite records by Israel Kamakawiwo'ole, Stevie Ray Vaughan and Double Trouble.
12.00 Jeremy Vine
News and topical discussion.
2.00pm Steve Wright
5.00 Mark Goodier
7.00 Bob Harris Country
Old and new country, roots and Americana, from alt to Opry, Nashville to Nuneaton. Plus live sets from both established and new acts.
8.00 Ana Matronic
A pick of favourite album tracks and obscure gems.
10.00 The Radio 2 Arts Show
Gemma Cairney with the latest in film, art, theatre, dance, music and books. Plus a live insert from the Edinburgh Festival Fringe and music, tonight with Billy Bragg and Joe Henry performing a railway-themed classic song. Other guests include author Mary Aiken (*The Cyber Effect*) and Scroobius Pip, who discusses his podcast and book.
12.00 Alex Lester
3.00am The Craig Charles House Party Funk, soul and neo-R&B. (R)

BBC Radio 3

90.2–92.4 FM bbc.co.uk/radio3
Freeview* 703 **Freesat** 703 **Sky** 0103 **Virgin** 903
News and **weather** as Monday
6.30am Breakfast With Clemency Burton-Hill.
9.00 Essential Classics
My Favourite ... Duos Rob shares his favourite examples of works for two musicians, where each artist's response to the other is put under the spotlight, creating what is perhaps the ultimate expression of chamber music.
9.30 Take part in today's challenge, listen to the clues and identify the mystery music-related place.
10.00 Rob's quest is historian, writer and television presenter Simon Sebag Montefiore.
10.30 Music in Time: Modern The focus is on the Modern period and the first significant musical outpouring reflecting the horrors of the Holocaust. Schoenberg *A Survivor from Warsaw*
10.45 Rob takes inspiration from tonight's Prom which features Shakespeare-themed music.
Castelnuovo-Tedesco Overture: *The Taming of the Shrew* West Australian Symphony Orchestra, conductor Andrew Penny
11.00 Edinburgh International Festival 2016
LIVE British-born pianist and polymath Stephen Hough brings a programme of player-composers to this year's Edinburgh International Festival recital. Presented by Donald Macleod, live from the Queen's Hall.
Stephen Hough (piano)
Schubert *Sonata in A minor, D784*
Franck *Prelude, Chorale and Fugue*
11.45 Interval Donald Macleod introduces recordings by baritone Florian Boesch, also appearing at the Edinburgh International Festival.
12.05 Stephen Hough *Piano Sonata III (Trinitas)*
Liszt *Valses Oubliées Nos 1 and 2; Transcendental Etudes Nos 11 and 10*
1.00pm Radio 3 Lunchtime Concert
Fiona Talkington with further highlights of concerts from Cheltenham Music Festival
Stravinsky, arr Lindberg and Pöntinen *Three Movements from The Firebird* Christian Lindberg (trombone), Roland Pöntinen (piano)
Beethoven *String Quartet Op 59 No 2 (Razumovsky)* Doric String Quartet
2.00 Afternoon on 3 With Jonathan Swain.
BBC Proms 2016. A concert at the Royal Albert Hall on 7 August, with Petroc Trelawny introducing the BBC Scottish Symphony Orchestra in performances of Prokofiev, Tchaikovsky and Stravinsky.
Kirill Gerstein (piano), BBC Scottish Symphony Orchestra, conductor Thomas Dausgaard
Prokofiev *Scythian Suite, Op 20*
2.20 Tchaikovsky *Piano Concerto No 1 in B flat minor, Op 23 (original version)*
2.55 Stravinsky *The Rite of Spring*
Followed by recordings from this week's Proms artists
4.30 In Tune
Music and news from the arts world, presented by Suzy Klein.

BBC 6 Music

bbc.co.uk/6music
Freeview 707 **Freesat** 707 **Sky** 0123 **Virgin** 909
7.00am Shaun Keaveny Indie music and laughs.
10.00 Lauren Laverne Chat, music and guests.
1.00pm Mark Radcliffe With Billy Bragg and Joe Henry, who've made an album while seeing America.
4.00 Steve Lamacq With **Roundtable** at **6.00**.
7.00 Marc Riley New music and features.
9.00 Tom Ravenscroft New and archive tracks.
12.00 6 Music Recommends
1.00am The Atlantic Records Story *3'13.* **2.00 Marc Riley's Musical Time Machine** *1'6.* **2.30 Live Hour 3.30 Jukebox 5.00 Jon Hillcock**

Planet Rock

planetrock.com
Freesat 730 **Sky** 0110 **Virgin** 926
6.00am Breakfast with Paul Anthony Rock music
10.00 Wyatt Wendels 2.00pm Darren Redick
6.00 RockBlock An hour of music chosen by a listener
7.00 Danny Bowes (R) **9.00 Blues Power** With Bernard Doherty (R) **10.00 Nights with Alice Cooper** Classic rock **1.00am Through the Night**

6.30 Composer of the Week: Janacek
4/5. Success! In 1916, 61-year-old Janacek finally tastes success with a production of his opera *Jenufa* at Prague's famous opera house. Donald Macleod explores the aftermath. It would precipitate perhaps the most extraordinary and turbulent final decade of any composer in history. *A Goat Is Lying in the Hay* (Rikadlai Collegium Vocale Gent, Het Collectif, conductor Reinberg de Leeuw *In the Mists* Ivana Gavric (piano)
Violin Sonata
Vadim Repin (violin), Nikolai Lugansky (piano)
String Quartet No 1 (Kreutzer Sonata)
Mandelring Quartet
7.30 BBC Proms 2016
LIVE From the Royal Albert Hall, London, Penny Gore introduces a concert of stage and screen music inspired by Shakespeare
Hannah Waddingham, Anna-Jane Casey, Sarah Eyden, Graham Bickley (singers), BBC Concert Orchestra, conductor Keith Lockhart
Walton, arr Muir Mathieson
Prelude: Richard III
Finzi *Suite from Love's Labour's Lost*
Sullivan *Overture, Act IV: The Tempest, Op 1*
Walton, comp Christopher Palmer *As You Like It – a Poem for Orchestra after Shakespeare*
Joby Talbot *Springtime Dance (The Winter's Tale)*
8.20 Proms Extra: Shakespeare – Actors and Acting Michael Pennington looks at the depiction of actors and acting as a metaphor in Shakespeare's plays. Hosted by Dr Sarah Dillon before an audience at Imperial College Union.
8.40 Bernstein orch Ramin & Kosta
Symphonic Dances (West Side Story)
Porter *Another Openin', Another Show; Always True to You; Where Is the Life that Late I Led; So in Love (Kiss Me, Kate)*
Rodgers *Dear Old Syracuse; You Have Cast Your Shadow on the Sea; Falling in Love with Love; Sing for Your Supper; This Can't Be Love (The Boys from Syracuse)*
Porter *Brush Up Your Shakespeare (Kiss Me, Kate)*
10.15 Free Thinking Irish novelist Edna O'Brien in conversation with Philip Dodd. (R)
11.00 Late Junction With Verity Sharp, and featuring Autechre and Gillian Welch.
12.30am Through the Night With Jonathan Swain.
12.31 Musorgsky *A Night on the Bare Mountain*
12.43 Lvetha *Violin Concerto in D minor* **1.15 Tchaikovsky** *Symphony No 1 in G minor (Winter Daydreams)* Marin Maras (violin), Croatian Radio-Television SO, conductor Ivan Repusic **1.58 Beethoven** *String Quartet Op 59 No3 (Razumovsky)* **2.31 Dvorak** *Piano Trio No 3 in F minor, Op 65* **3.11 Grieg** *Slatter, Op 72* **3.49 Kiami** *Helsinki March* **3.55 Hartmann, arr Gunther** *Blooming like a Rose Garden* **4.00 Wiren** *Sonatina, Op 25* **4.07 Fesch** *Concerto in G, Op 5 No 3* **4.15 Sibelius** *Spring Song, Op 16* **4.23 Corelli** *Sonata da chiesa in G, Op 1 No 9* **4.31 Abel** *Symphony No 4 in C* **4.40 Chopin** *Scherzo No 2 in B flat minor, Op 31* **4.51 Brahms** *Fest- und Gedenksprüche* **5.01 Bloch** *Cello Suite No 1* **5.11 Svendsen** *Festival Polonaise, Op 12* **5.20 Piazzolla** *Adios Nonino* **5.30 Mozart** *Piano Quartet in G minor, K478* **5.56 Verdi** *Pater noster* **6.05 Nielsen** *Wind Quintet, Op 43*

Classic FM

99.9–101.9 FM classicfm.com
Freeview 731 **Freesat** 721 **Sky** 0106 **Virgin** 922
6.00am More Music Breakfast
Presented by Nick Bailey.
9.00 John Suchet Classical hits.
1.00pm Anne-Marie Minhall Listeners' requests.
5.00 John Brunning Classic FM favourites.
7.00 Smooth Classics With John Brunning.
8.00 The Full Works Concert With Catherine Bott.
Handel, arr Mendelssohn *Overture: Acis and Galatea*
Oxford PO, conductor Stephen Darlington
Mozart *Sinfonia Concertante in E flat, K364*
Maxim Vengerov (violin), Lawrence Power (viola), Verbier Festival Chamber Orchestra
Haydn *Symphony No 44 in E minor (Trauer)*
Tafelmusik, conductor Bruno Weil
Sibelius *Violin Concerto in D minor, Op 47 (1904 version)* Maxim Vengerov (violin), Oxford PO, conductor Marios Papadopoulos
Beethoven *Piano Sonata No 7 in D, Op 10*
Marios Papadopoulos
10.00 Smooth Classics With Margherita Taylor.
1.00am Sam Pittis
Classical music throughout the night.

BBC Radio 4

92.4–94.6 FM 198 LW bbc.co.uk/radio4
For national variations see p133
Freeview 704 **Freesat** 704 (FM) 710 (LW) **Sky** 0104 (FM) 0143 (LW) **Virgin** 904 (FM) 93 (LW)
News, weather and **shipping forecasts** as Tuesday
5.30am News Briefing
5.43 Prayer for the Day With Canon Patrick Thomas, vicar of Christ Church in Carmarthen.
5.45 Farming Today
With Felicity Evans. Producer Alun Beach
5.58 Tweet of the Day
Snr's Warbler. With Miranda Krestovnikoff. (R)
6.00 Today
With Mishal Husain and Nick Robinson
6.25, 7.25, 8.25 Sports News
7.48 Thought for the Day
With the Rev Joel Edwards.
9.00 Inside the Ethics Committee
RT **3/3. Sharing Genetic Information** Joan Bakewell discusses the ethics of sharing genetic information
Producer Lorna Stewart. Repeated Saturday 10.05pm
9.45 *FM* **Book of the Week: Upbeat**
4/5. By Paul MacAlindin. Paul decides to take the National Youth Orchestra of Iraq to the US. Read by Kenny Blyth.
For details see Monday. Repeated 12.30am
9.45 *LW* **Daily Service**
The series of programmes on famous hymn writers continues with an edition coming from St Martin-in-the-Fields in London's Trafalgar Square and exploring the life and work of former Poet Laureate Robert Bridges.
10.00 Woman's Hour With Jenni Murray.
10.45 Graham Greene: Monsignor Quixote
9/10. *The 15-Minute Drama.* See drama list 1.45pm.
11.00 Crossing Continents
5/9. Colombia. The Colombian government may be on the brink of a historic peace deal with the FARC rebels, but the country has more displaced people than Syria or Iraq. In Bogota Lucy Ash meets Maria and Pinio, who fear they will never be able to return to their homes, and she travels down the River Baudo to meet people uprooted from their jungle villages in violent clashes earlier this year, finding that Latin America's longest insurgency is far from over.
Repeated Monday 8.30pm
11.30 Looping Swans
When tanks rolled into Moscow on 19 August 1991 during a dramatic anti-Perestroika coup by Soviet hardliners, the USSR's state-controlled airwaves offered a curious response – a continuous loop of Tchaikovsky's *Swan Lake*. A quarter of a century on, a mosaic of Russian voices recall their impressions through a richly layered tale of "looped reporting" and encounters, rare archival audio, contemporary interviews and digital mashups to chronicle how *Swan Lake* has shaped the history of modern Russia.
Producers Charles Maynes and Cicely Fel

12.04pm Home Front
9/40. 18 August 1916 – Johnnie Marshall By Katie Hims. On the day in 1916 when a clergyman's daughter was fined for sending photographs of German PoWs to a newspaper, in Folkestone, rival British intelligence agencies compete for position.
Johnnie Marshall ... Paul Ready, Isobel Graham ... Keely Beresford, Manfred Cumming ... Brian Protheroe, Oscar Hendricks ... Pierre Elliott, Cecil Cameron ... Justin Salinger, Jessie Moore ... Lucy Hutchinson, Ethel Johnson ... Nicola Ferguson
For details see Monday
12.15 You and Yours Consumer reports.
1.00 The World at One With Martha Kearney.
1.45 The River
4/5. The Tay. Writer Kathleen Jamie talks about her relationship with the River Tay in Scotland, which changes when some Bronze Age swords and a wooden boat are dredged out of its waters and she decides to venture out on to the river in a kayak.
For details see Monday
2.00 The Archers Rpt'd from yesterday 7pm
2.15 Drama: Hatch, Match and Dispatch
1/6. Uncle Harry. By Gery Brown. First of six quirky comic tales that start in a register office and end in a birth, marriage or death. A man embarks on a quest to discover his true identity.
Mark ... Dylan Edwards, Lionel ... Christian Patterson, Uncle Harry ... Evan Bailey, Charlotte ... Rachel Redford, Elaine ... Denise Black, Dad ... David Carr, Nicki ... Katherine Jakeways
Producer Helen Perry (R)
3.00 Open Country
RT **6/11. Spurn Point Lifeboat Station** Helen Mark spends the day with the only full-time lifeboat crew in the UK.
Producer Mary Ward-Lowery. Rpt'd Saturday 6.07am
3.27 Radio 4 Appeal Rpt'd from Sun 7.55am
3.30 Open Book Repeated from Sunday at 4pm
4.00 The Film Programme
Dan Patterson discusses Rutger Hauer's "Like tears in rain" monologue from Ridley Scott's *Blade Runner*, and Antonia Quirke joins 18-year-old vlogger and film journalist Ceyda Uzun on her first press junket – an interview with Andrea Gibb, writer of Philippa Lowthorpe's movie *Swallows and Amazons*. Repeated Sunday 11pm
4.30 BBC Inside Science
How science is evolving to transform culture and affect lives. Editor Jennifer Whyntie. Repeated 9pm
5.00 PM With Carolyn Quinn.
6.00 Six o'Clock News
6.30 Simon Evans Goes to Market
4/4. The comedian explores the economic implications of death, from paying for funerals to cryonics, and the question of getting your finances in order before. Louise de Winter, funeral planner and the editor of the Good Funeral Guide, joins regulars Tim Harford and Merryn Somerset Webb.
Producer Clare Jones
7.00 The Archers
It's the day of reckoning for Phoebe and Josh, and Carol has cause for reflection.
For last see Friday. Repeated tomorrow 2pm
7.15 Front Row
Arts news and reviews presented by Samira Ahmed, who talks to Spanish director Pedro Almodovar about his new film, *Julieta*, the 20th of his career. Producer Rachel Simpson
7.45 Graham Greene: Monsignor Quixote
9/10. Stephen Wyatt's dramatisation of author Graham Greene's comic take on Cervantes's classic novel. Having escaped El Toboso, Monsignor Quixote and Sancho go in search of wine – but find themselves in a battle to save the honour of the church.
For cast and details see Monday. Rpt'd from 10.45am
8.00 The Briefing Room
Current affairs documentary combining original insights into major news with topical investigations. Producer Innes Bowen
8.30 In Business
2/9. A Virtual World. A new technology is emerging which could change the world as significantly as mobile phones or the Internet. That technology is Virtual Reality. Up to now it's mainly been used for fun, but things are changing. Adam Shaw investigates how VR could revolutionise the world of business, enabling people to be in two places at once and, for example, replacing the need for many painkillers and helping cure psychological problems.
Producer Smita Patel. Repeated Sunday 11.30pm
9.00 BBC Inside Science Rpt'd 9am 4.30pm
9.30 Lives in a Landscape
4/4. RIP. Alan Dein travels to Nottingham to meet the fourth and fifth generations of a family firm of funeral directors. Producer Paul Kobrak (R)
10.00 The World Tonight With Razia Iqbal.
10.45 Book at Bedtime: Eight Months on Ghazzah Street
4/10. By Hilary Mantel. Frances Shore finds herself unable to map either the ever changing landscape or the Kingdom's heavily veiled ways of working. Read by Anna Maxwell Martin. For details see Monday
11.00 Heresy
2/6. Victoria Coren Mitchell is joined by cultural theorist Germaine Greer and comedians David Mitchell and Alex Horne for a humorous debate.
Producers Victoria Coren Mitchell and Daisy Knight (R)
11.30 Short Cuts
4/6. Josie Long looks for illuminations in the darkness, including actress and activist Sacheen Littlefeather collecting Marlon Brando's Oscar. For details see Monday (R)
12.00 News
12.30–12.45am Book of the Week: Upbeat **4/5.** Repeated from 9.45am
1.00 as BBC World Service

BBC Radio 4 Extra

bbc.co.uk/radio4extra
Freeview 708 **Freesat** 708 **Sky** 0131 **Virgin** 910
6.00am PC Lee Stories Toby Jones reads *Pear Drops*
6.15 Craven Amelia Bullmore's crime drama (4/5)
6.30 David Hume and the Triumph of Reason
7.00 The Little World of Don Camillo Peter Kerry's adaptation of Giovanni Guareschi's comic tales. With Alun Armstrong, Joss Ackland and John Moffatt
7.30 Simon Evans Goes to Market (3/4)
8.00 The Small, Intricate Life of Gerald C Potter
8.30 Radio Active Radio station comedy (6/8)
9.00 The Unbelievable Truth Panel show (5/6)
9.30 The Elephant Man DA Botham's sitcom (1/8)
10.00 Fame is the Spur By Howard Spring (2/8)
11.00 Made in Bristol as 5pm
11.15 Interviews Nick Warburton drama
12.00 The Small, Intricate Life of Gerald C Potter
12.30pm Radio Active Radio station comedy (6/8)
1.00 PC Lee Stories Toby Jones reads *Pear Drops*
1.15 Craven Amelia Bullmore's crime drama (4/5)
1.30 David Hume and the Triumph of Reason
2.00 A Short History of Tractors in Ukrainian (4/10)
2.15 Sport and the British (09/30)
2.30 The Harpole Report Comedy by JL Carr (4/5)
2.45 Arguably Christopher Hitchens's 2009 essay *The Enemy* and the Cedar, read by Roger Allam
3.00 Fame is the Spur By Howard Spring (2/8)
4.00 The Unbelievable Truth Panel show (5/6)
4.30 The Elephant Man DA Botham's sitcom (1/8)
5.00 The Little World of Don Camillo as 7am
5.30 Simon Evans Goes to Market (3/4)
6.00 Lord of the Flies William Golding's 1954 novel in which a group of boys are stranded on a remote island. Narrated by Ruth Wilson. From 2013 (3/4)
6.30 Great Lives A 2007 Hay Festival special with Matthew Parris and comedian Dr Phill Hammond discussing George Bernard Shaw (1856–1950)
7.00 The Small, Intricate Life of Gerald C Potter
7.30 Radio Active Radio station comedy (6/8)
8.00 PC Lee Stories Toby Jones reads *Pear Drops*
8.15 Craven Amelia Bullmore's crime drama (4/5)
8.30 David Hume and the Triumph of Reason
Allan Little on philosopher and sceptic David Hume (1711–76), a vital figure in the Scottish Enlightenment
9.00 Made in Bristol Tania Hershman's Reality Check
9.15 Interviews Nick Warburton drama
10.00–12.00 Comedy Club: Simon Evans Goes to Market (3/4), at **10.30 Lionel Nimrod's Inexplicable World** (4/6), at **11.00 Old Harry's Game** (5/8), at **11.30 The Shuttleworths** (3/6), and **11.45 The In Crowd** (3/6)
12.00 as 6pm **12.30am** as 6.30pm
1.00 as 8pm **1.15** as 8.15pm **1.30** as 8.30pm
2.00 as 2pm **2.15** as 2.15pm **2.30** as 2.30pm
2.45 as 2.45pm **3.00** as 3pm **4.00** as 4pm
4.30 as 4.30pm **5.00** as 5pm **5.30** as 5.30pm

BBC World Service

bbc.co.uk/worldserviceradio
Freeview* 710 **Freesat** 711 **Sky** 0135 **Virgin** 906
Programmes may differ online, and on Freesat, Sky and Virgin
5.00am Newsday **5.30** Assignment **6.00** Newsday **8.30** Business Daily **8.50** Witness **9.00** News **9.05** The Thought Show **10.00** World Update **11.00** Outside Source **12.00** News **12.05pm** Outlook: perspectives on important issues **1.00** The Newsroom **1.30** Assignment: Reports on world events **2.00** Newshour: the stories behind the latest headlines **3.00** News **3.05** The Compass: The Borders of Sanity **3.30** Healthcheck: health issues and medical breakthroughs from around the world **4.00** News **4.05** Business Daily **4.25** The Essential: from Our Own Correspondent **4.30** Sport Today: Global round-up **5.00** World Have Your Say **6.00** The Newsroom **6.30** World Business Report: financial news **7.00** The Newsroom **7.30** Sport Today: global round-up **8.00** News **8.05** Outlook **9.00** Newshour: the stories behind the latest headlines **10.00** News **10.05** The Compass: The Borders of Sanity **10.30** Science in Action **11.00** The Newsroom **11.20** Sports News **11.30** World Business Report **12.00** News **12.05am** The Thought Show **1.00** News **1.05** Business Matters **2.00** News **2.05** Today in Rio **3.00** News **3.05** Hardtalk **3.30** Science in Action **4.00** Newsday **4.30** Newsday Sport from Rio

BBC Radio 5 Live

693, 909 MW bbc.co.uk/fivelive
F'view 705 **F'sat** 705 **Sky** 0105 **Virgin** 905
Sports Extra **F'view** 706 **F'sat** 704 **Sky** 0144 **Virgin** 908
News and **sport** as Monday
5.00am Morning Reports
A round-up of the day's news, sport and business.
5.15 Wake Up to Money
Financial news stories.
6.00 5 Live News
6.05 5 Live Olympic Breakfast
From Rio. Caroline Barker presents Olympics updates, while Nicky Campbell has the morning's main news stories, sport and weather.
5 Live Sports Extra Digital only
7.00am–10.00 5 Live Olympics
Highlights of last night's athletics.
10.00 5 Live Daily
Peter Allen presents news and current affairs interviews. Featuring listeners' stories and contributions, plus a round-up of the day's headlines.
1.00pm 5 Live Olympics
Mark Chapman introduces coverage from Copacabana as the Brownlee brothers compete in the men's triathlon. Plus updates from taekwondo, diving, and canoe sprint. **5 Live News** is at **5.00**, then at **6.00** Eleanor Oldroyd introducing boxing coverage, plus sailing and diving updates. From **9.00** attention switches to the gold medal match in the men's hockey. At **11.00** Jonathan Edwards introduces coverage of tonight's athletics events, which include the men's 200m final and the women's 400m hurdles final. Plus the latest taekwondo bouts.
3.00am Up All Night
Charlotte Chadderton with global news, interviews and features.

Talksport

1053, 1089 MW talksport.co.uk
F'view 723 **F'sat** 731 **Sky** 0108 **Virgin** 927
6.00am Alan Brazil
Including the latest headlines and topical sports stories.
10.00 Colin Murray
1.00pm Hawksbee and Jacobs
4.00 Darren Gough
7.00 Kick-Off
10.00 Andy Goldstein and Jason Cundy Sporting banter.
1.00am The Two Mikes

Asian Network

bbc.co.uk/asiannetwork
F'view 709 **F'sat** 709 **Sky** 0119 **Virgin** 912
6.00am Tommy Sandhu
Bollywood and bhangra hits.
10.00 Nihal Topical discussion.
1.00pm Asian Network Reports
Hard-hitting documentary.
1.30 Nareen Khan
Desi music and retro hits.
5.00 Asian Network Reports
5.30 Bobby Friction
South Asian culture, including big Bollywood and bhangra anthems.
9.00 Mim Shaikh
12.00 as Radio 5 Live

Absolute Radio

absoluteradio.co.uk
F'view 727 **F'sat** 726 **Sky** 0107 **Virgin** 915
6.00am Christian O'Connell
10.00 Leona Graham
Old and new mainstream and indie rock and pop, from KISS to Keane, from Supertramp to Snow Patrol.
1.00pm Andy Bush
4.00 Danielle Perry
6.00 Geoff Lloyd Wit and whimsy.
9.00 Pete Donaldson
1.00am George Godfrey

Listen again online for the next seven days at **bbc.co.uk/iplayer/radio**

Puzzles Enter our Prize Crossword and win £75 of book vouchers Your RT p145

FRIDAY Radio

Today's Choices

The Virtues of Oblivion
2.15pm ***Radio 4***
Listen to the opening scenes of James Meek's metaphysical thriller and see if you're not hooked. The hook is that the two literary executors of a recently deceased philosopher could not be stranger bedfellows. Forced to work together – and to travel to a remote Estonian island to take care of the dead man's estate – they and we discover a succession of intrigues. If you guess the ending you must be a crime writer. Meek's play, his first for radio, is clever and funny and its big themes (love, death, redemption) are tightly marshalled. Actors James Purefoy (above) and Emma Sidi have a splendid vitality. The mysterious island, the cunning manipulator, and the way nothing is what it seems recalls the brilliance of John Fowles's *The Magus*. There can be no higher praise. **DAVID MCGILLIVRAY**

BBC Proms 2016
7.30pm ***Radio 3***
Emilia Marty – the enigmatic and bewitching woman at the heart of Jancek's *The Makropulos Affair* – is certainly one of the most intriguing characters in all opera. She's 300 years old and has assumed a variety of identities through her elixir-lengthened life. Her strange story inspired the Czech composer to some of his most compelling and atmospheric music, and one of the great interpreters of the role – wonderful Finnish soprano Karita Mattila – leads an otherwise all-Czech cast in tonight's concert performance (sung in Czech). And Czech conductor Jiri Belohlávek takes charge of the BBC Symphony Orchestra. **DAVID GILLARD**

BBC Radio 1

97.6–99.8 FM bbc.co.uk/radio1
Freeview 700 Freesat 710 Sky 0101 Virgin 901
News and **Newsbeat** as Tuesday except no news at 10pm
6.30am Scott Mills
10.00 Clara Amfo
1.00pm Matt Edmondson
4.00 The Official Chart
Top 40 rundown with Greg James.
6.00 Radio 1's Dance Anthems
Music with the weekend in mind.
7.00 Radio 1 Live at V Festival
Annie Mac hosts the show from the V Festival in Chelmsford.
11.00 Pete Tong Club sounds.
1.00am B.Traits Carnival bassline.
4.00 Radio 1's Essential Mix
Radio 1: Get in touch by phone on 0370 010 0100 or text 81999 (standard rates). Write to Radio 1, BBC, London W1W 6AJ

1Xtra

bbc.co.uk/1xtra
Freeview 701 Freesat 701 Sky 0117 Virgin 907
7.00am A.Dot
10.00 Trevor Nelson
Music from 1Xtra's Live Lounge.
1.00pm Mim Shaikh
4.00 Ace
7.00 DJ Target New talent.
10.00 Semtex UK and US hip-hop.
1.00am DJ Target New talent.
4.00 Dipio and Friends Dance music.

BBC Radio 2

88–90.2 FM bbc.co.uk/radio2
Freeview 702 Freesat 702 Sky 0102 Virgin 902
News and **weather** as Monday except no news at 9pm
5.00am Penny Smith
Sitting in for Vanessa Feltz.
6.30 Chris Evans
9.30 Ken Bruce
Including after **11.30 Tracks of My Years**, featuring the final two picks of guitarist and singer Carlos Santana. He concludes with records by Marvin Gaye and John Lennon.
12.00 Jeremy Vine
2.00pm Steve Wright
A special show broadcast live from the BBC tent at the Edinburgh International Festival, with music, chat, big-name guests and a participating live audience.
5.00 Mark Goodier
7.00 Desmond Carrington
Cosy, comforting and mellow golden oldies show from the broadcaster who was 90 in July, tonight with a summer-themed playlist.
8.00 Friday Night is Music Night
Gavin Sutherland conducts the BBC Concert Orchestra in the first of four shows broadcast on Radio 2 during the Proms season. Tonight Strictly Come Dancing head judge Len Goodman presents the first ever Prom linked to the BBC dance competition show. Recorded on 21 July at the Royal Albert Hall, Katie Derham presents on stage with Strictly favourites Joanne Clifton, Karen Clifton, Kevin Clifton, Janette Manrara, Giovanni Pernice and Alija Skorjanec, featuring waltzes, paso dobles, sambas, tangoes and rumbas, with music from *Top Hat*, *Die Fledermaus*, Carousel and Gypsy.
10.00 Sounds of the 80s
Sara Cox waxes nostalgic for the decade in which she was aged five to 15. Plus a chart rundown of the top five from this week in 1989.
12.00 Alex Lester
3.00am Huey Morgan

BBC Radio 3

90.2–92.4 FM bbc.co.uk/radio3
Freeview* 703 Freesat 703 Sky 0103 Virgin 903
News and **weather** as Monday
6.30am Breakfast With Clemency Burton-Hill.
9.00 Essential Classics With Rob Cowan.
My Favourite... Duos Rob shares more of his favourite examples of works for two musicians.
9.30 Two pieces of music are played together, and listeners have to work out what they are.
10.00 Historian Simon Sebag Montefiore selects works by Shostakovich, Prokofiev and Tchaikovsky.
10.30 Rob places **Music in Time**, shining the spotlight on the Classical period and Beethoven's *32 Variations in C minor*, which take the form beyond the "Sturm und Drang" (storm and stress) style of Haydn to a new level of intensity and drama.
10.45 The **Proms Artist of the Day** is Karita Mattila.
Sibelius *Luonnotar, Op 70*
Karita Mattila (soprano), City of Birmingham Symphony Orchestra, conductor Sakari Oramo
11.00 Edinburgh International Festival 2016
LIVE Czech-born mezzo Magdalena Kozena joins pianist Malcolm Martineau to perform songs by Dvorak, Wolf, Strauss, Fauré and Schoenberg. During the interval, at approximately **11.40**, Donald Macleod introduces pianist Daniil Trifonov performing his own composition Rachmaniana.
Magdalena Kozena (mezzo), Malcolm Martineau (piano), conductor Sakari Oramo
Dvorák *Four Lieder, Op 2*
Wolf *Mörike Lieder*
11.40 Interval Pianist Daniil Trifonov performs Rachmaninov's *Rhapsody on a Theme of Paganini* with The Philadelphia Orchestra, conducted by Yannick Nézet-Séguin
12.00 Strauss *Three Ophelia Songs, Op 67*
Fauré *Three Songs, Op 23*
Schoenberg *Brett-Lieder*
1.00pm Radio 3 Lunchtime Concert
At Cheltenham Music Festival, with Fiona Talkington.
Taillefere *Images*
Honegger *Pastorale d'été*
Poulenc *Sonata for Piano Duet*
Pascal Rogé and Ami Rogé
Mussorgsky, arr Lindberg and Pöntinen
Pictures at an Exhibition Christian Lindberg (trombone), Roland Pöntinen (piano)
2.00 Afternoon on 3 With Jonathan Swain.
BBC Proms 2016. A recent Prom featuring works by Schoenberg, Dutilleux and Mahler. Martin Handley presents from the Royal Albert Hall. Philharmonia Voices (men's voices), Philharmonia Orchestra, conductor Esa-Pekka Salonen
Schoenberg *A Survivor from Warsaw*
Dutilleux *The Shadows of Time*
Mahler *Symphony No 1*
Followed by recordings from this week's Proms artists.
4.30 In Tune Music and arts news.
6.30 Composer of the Week: Janacek
5/5. Your Kamila. For the last decade of his life, Janacek existed in a woozy idyll of unrequited love and astonishing musical fertility, composing works that included the *Sinfonietta*. With Donald Macleod.
March of the Blue Boys
Pavel Sumpk (tabor), Eva Podarikova (celesta), Frantisek Kantor (piccolo), Martin Oprsal (glockenspiel)
Concertino Paul Crossley (piano), London *Sinfonietta*, conductor David Atherton
Waiting for You Rudolf Firkusny (piano)
String Quartet No 2 (Intimate Letters) Gunter Teuffel (viola d'amore), Members of the Mandelring Quartet
Vasek, the Rascal Drummer-Boy; Little Frantik, The Bear Sat on a Tree Trunk (Rikadla) Collegium Vocale Gent, Hel Collectif, conductor Reinberg de Leeuw
7.30 BBC Proms 2016
RT Live from the Royal Albert Hall, Karita Mattila stars in Jancek's opera *The Makropulos Affair*. Presented by Sara Mohr-Pietsch.
Janacek *The Makropulos Affair* (concert performance; sung in Czech)

Emilia Marty	Karita Mattila (soprano)
Albert Gregor	Aleš Briscein (tenor)
Dr Kolenaty	Gustav Belacek (bass-baritone)
Vitek	Jan Vacik (tenor)
Kristina, Vitek's daughter	Eva Sterbova (soprano)
Baron Jaroslav Prus	Svatopluk Sem (baritone)
Janek	Aleš Voracek (tenor)
Count Hauk-Sendorf	Jan Jezek (tenor)
Stage technician	Jiri Klecker (baritone)
Cleaning woman	Yvona Skvarova (mezzo)
Chambermaid	Jana Krochova-Wallingerova (mezzo)

BBC Singers (men's voices), BBC Symphony Orchestra, conductor Jiri Belohlávek
Acts 1 and 2
8.45 Proms Extra: The Makropulos Affair Considered At the Students' Union, Imperial College. Louise Fryer talks to Janacek experts Nigel Simeone and Jan Smaczny about Jancek's penultimate opera.
9.05 Janacek *The Makropulos Affair, Act 3*
10.15 Free Thinking Matthew Sweet and guests including Geoff Dyer reflect on Andrei Tarkovsky's mysterious 1979 movie *Stalker*. SR
11.00 World on 3
LIVE From Edinburgh Festival and Fringe, with Mary Ann Kennedy introducing performers including Karine Polwart and the band Sinderins.
1.00am Through the Night With Jonathan Swain.
1.01 Bartok *Romanian Folk Dances, Sz56* **1.11 Haydn** *String Quartet in B flat, Op 7 No 1* **1.34 Dohnanyi** *String Quartet No 2 in D flat, Op 15* **2.00 Bartok** *Violin Sonata No 1* **2.33 Haydn** *String Quartet in D, Op 64 No 5 (Lark)* **2.51 Debussy** *Danse sacrée et danse profane* **3.01 Britten** *String Quartet No 1, Op 25* **3.27 Bartok** *Four Hungarian Folk Songs, Sz93* **3.40 Mozart** *Piano Concerto No 15 in B flat, K450* **4.05 Liszt** *Der Tanz in der Dorfschenke (Mephisto Waltz No 1)* **4.17 Chopin, arr Kocsis** *Mazurka in C sharp minor, Op 63 No 3* **4.19 Goldmark** *Overture to Im Frühling, Op 36* **4.34 Hubay** *Violin solo (The Cremona Lutherie)* **4.37 Brahms** *Academic Festival Overture, Op 80* **4.48 Kalman** *Komm Zigany (Gräfin Mariza)* **4.54 Berlioz** *Marche hongroise (Rákóczi March)* **5.01 Dohnanyi** *Symphonic Minutes, Op 36* **5.15 Weiner** *Divertimento No 2 in A minor, Op 24* **5.32 Kodaly** *Dances of Galanta* **5.47 Haydn** *Symphony No 88 in G* **6.09 Liszt** *Harmonies du Soir (Etudes d'exécution transcendante, S139)* **6.19 Kodaly** *My Heart Aches (Four Songs)* **6.25 Bartok** *Four Old Hungarian Folk Songs* **6.30 Mozart** *Piano Concerto No 17 in G, K453*

BBC 6 Music

bbc.co.uk/6music
Freeview 707 Freesat 707 Sky 0120 Virgin 909
7.00am Shaun Keaveny Indie music and laughs.
10.00 Lauren Laverne Chat, music and guests.
1.00pm Mark Radcliffe Music, chat and guests.
4.00 Steve Lamacq
A guest DJ discusses tonight's clubbing options.
7.00 Iggy Pop With records from his collection.
9.00 Tom Ravenscroft New music.
12.00 Nemone's Electric Ladyland
2.00am 6 Music Classic Concert Metallica at Donington Park in 1995. **3.00 Live Hour 4.00 The Atlantic Records Story 8/13. 5.00 Elizabeth Alker**

Planet Rock

planetrock.com
Freesat 730 Sky 0110 Virgin 924
6.00am Breakfast with Paul Anthony Rock music
10.00 Wyatt Wendels 2.00pm Darren Redick
6.00 RockBlock Music chosen by a Planet Rock listener **7.00 Friday Night Rocks** With Andy Shire
10.00 Nights with Alice Cooper Classic rock, trivia and reminiscences **1.00am Through the Night**

Classic FM

99.9–101.9 FM classicfm.com
Freeview 711 Freesat 721 Sky 0106 Virgin 102
6.00am More Music Breakfast With Nick Bailey.
9.00 John Suchet Classical hits.
1.00pm Anne-Marie Minhall Requests.
5.00 John Brunning Classic FM favourites.
7.00 Smooth Classics With John Brunning.
8.00 The Full Works Concert
Tomorrow, St Stephen's Day is celebrated across Hungary, and tonight Catherine Bott makes the country her musical focus.
Beethoven *Overture: King Stephen, Op 117* Tonhalle Orchestra, Zurich, conductor David Zinman **Liszt** *Hungarian Rhapsody No 2 in C sharp minor, S244/2* Arcadi Volodos (piano) **Jeno Hubay** *Violin Concerto No 2 in E, Op 90* Chloe Hanslip, Bournemouth SO, conductor Andrew Mogrelia **Goldmark** *Symphony No 2 in E* Philharmonia Orchestra, conductor Yondani Butt **Leo Weiner** *Hungarian Folkdance Suite, Op 18* Hugh Bean (violin), Philharmonia Orchestra, conductor Neeme Jarvi
10.00 Smooth Classics With Margherita Taylor.
1.00am Katie Breathwick Classic FM favourites.
4.00 Jane Jones A blend of music through the night.

BBC Radio 4

92.4–94.6 FM 198 LW bbc.co.uk/radio4
For national variations see p133
Freeview 704 Freesat 704 (FM) 710 (LW) Sky 0104 (FM) 0143 (LW) Virgin 904 (FM) 911 (LW)
News, weather and **shipping forecasts** as Tuesday
5.30am News Briefing
5.43 Prayer for the Day
With Canon Patrick Thomas.
5.45 Farming Today
Presented by Caz Graham. Producer Arun Beach
5.58 Tweet of the Day
Serin. Introduced by Brett Westwood. (R)
6.00 Today
With John Humphrys and Nick Robinson.
6.25, 7.25, 8.25 Sports News
7.45 Thought for the Day
With Catherine Pepinster.
9.00 Desert Island Discs
Kirsty Young welcomes Nadiya Hussain, the winner of last year's *Great British Bake Off*.
Repeated from Sunday 11.15pm
9.45 *FM* **Book of the Week: Upbeat**
5/5. By Paul MacAlindin. The author reflects on the achievements of the young Iraqis who came together to make music in their war-torn country and asks what future they have. Read by Kenny Blyth.
For details see Monday. Repeated 12.30am
9.45 *LW* **Daily Service**
An act of worship.
10.00 Woman's Hour With Jenni Murray.
10.45 Graham Greene: Monsignor Quixote
10/10. The 15-Minute Drama
For details see drama repeat 7.45pm
Editor of Woman's Hour Alice Feinstein
11.00 Jarvis and Matthew: Setting Out
1/2. Martin Jarvis and Christopher Matthew take to the streets and head back to the 1960s, to their first forays into the world of work – Martin in the theatre, Christopher in advertising.
Producer Paul Kobrak
11.30 Start/Stop
4/6. Cathy's Dad. Sitcom by Jack Docherty. Barney encourages Cathy to have her father move in, hoping his attitude will make him seem more attractive to Alice. Meanwhile, David gives his daughter a big role in the school play.

Barney	Jack Docherty David	Charlie Higson
Cathy	Kerry Godliman Alice	Laura Aikman
Dan	John Thomson Cathy's dad	John Sparkes
Fiona	Fiona Allen	

Producer Claire Jones
12.04pm Home Front
10/40. 19 August 1916 – Norman Harris
By Katie Hims. On this day in 1916, the papers report a "Great British Day on the Somme", while in Folkestone, Norman Harris's life changes direction.

Norman Harris	Sean Baker Jean Harris	
Anna White	Amelia Lowdell	Elizabeth Ann Bennett
Ivy Laxton	Lizzy Watts Maggie Macleod	Hollie Thorpes
Effie Harris	Lara West Adam Wilson	Billy Kennedy
Muriel Harris	Cassie Layton Mrs Eskins	Rachel Davies

For details see Monday
12.15 You and Yours Consumer reports.
1.00 The World at One
News and analysis with James Robbins.
1.45 The River
5/5. Flow. Wildlife sound recordist Chris Watson follows the course of the North Tyne from the summit of Peel Fell in Northumberland to the sea at Tynemouth. Its route takes it through moorland, bogs, rushy flats and steep valleys, past scrapyards and rowing clubs, under bridges and past ferry landings, as well as the city of Newcastle. For details see Monday
2.00 The Archers Rptd from yesterday 7pm
2.15 Drama: The Virtues of Oblivion
RT Metaphysical thriller by James Meek. University professor Carl has devoted his life to the work of a philosopher in self-exile on a remote island in Estonia, to the exclusion of such matters as responding to Carla's weekly correspondence. Devastated by the man's death, Karl is consoled to learn he has been appointed executor to the literary estate. However, he then discovers who his co-executor is.

Carl	James Purefoy	Andrew Simmons	Robert Blythe
Lena		Emma Sidi Vice Chancellor	Brian Protheroe
Jonny		Tim Forrester Bulman	Michael Bertenshaw

Director Peter Kavanagh
3.00 Gardeners' Question Time
At the Olympic Park, London, with Eric Robson in the chair, and panellists Matthew Wilson, Christine Walkden, and Pippa Greenwood.
Producer Laurence Bassett. Repeated Sunday 2pm
3.45 Keep an Open Mind
Journalist and author Wendell Steavenson's first short story is a specially commissioned piece for Radio 4. A former member of parliament is still coming to terms with her reduced circumstances. Her neighbours gathor outside her flat on a momentous night in June. Read by Susan Brown.
Producer Jill Waters
4.00 Last Word
Matthew Bannister celebrates the lives of people who have recently died.
Producer Neil George. Repeated Sunday 8.30pm
4.30 More or Less
4/6. Tim Harford investigates the numbers that are prevalent everywhere.
Series producer Richard Vadon. Repeated Sunday 8pm
4.55 The Listening Project
Fi Glover introduces a conversation between friends who met at a conference on autism.
Producer Marya Burgess (R)
5.00 PM With Carolyn Quinn.
6.00 Six o'Clock News
6.30 The Museum of Curiosity
4/6. Regulars John Lloyd and Noel Fielding invite guests Tristram Wyatt, Vic Reeves and Kate Williams to donate fascinating exhibits to a vast imaginary museum. Producers Richard Turner and James Harkin. Repeated tomorrow 12.30pm
7.00 The Archers
Anna is feeling challenged. Rob gets good news.

Jill Archer	Patricia Greene	Emma Grundy	
David Archer	Timothy Bentinck		Emerald O'Hanrahan
Pip Archer	Daisy Badger	Shula Hebden-Lloyd	Judy Bennett
Josh Archer	Angus Imrie	Dr Richard Locke	
Brian Aldridge			William Gaminara
	Charles Collingwood	Kirsty Miller	Annabelle Dowler
Jennifer Aldridge	Angela Piper	Elizabeth Pargeter	Alison Dowling
Phoebe Aldridge	Lucy Morris	Johnny Phillips	Tom Gibbons
Lilian Bellamy	Sunny Ormonde	Caroline Sterling	Sara Coward
Alice Carter	Hollie Chapman	Rob Titchener	Timothy Watson
Justin Elliott	Simon Williams	Ursula Titchener	Carolyn Jones
Joe Grundy	Edward Kelsey	Carol Tregorran	Eleanor Bron
Eddie Grundy	Trevor Harrison	Anna Tregorran	Isobel Middleton
Clarrie Grundy	Heather Bell		

Writer Gillian Richmond. Director Marina Caldarone
Editor Sean O'Connor
RT BOOKS *Archers: the Ambridge Chronicles* by Joanna Toyne is £25.99 (RRP £29.99) incl p&p. Call 01603 648116, (national rate) or visit radio4news.com/bookshop
7.15 Front Row
John Wilson with news and reviews from the Edinburgh Festival. Producer Jack Soper
7.45 Graham Greene: Monsignor Quixote
10/10. Monsigher Quixote and Sancho are taken in by the monks at the monastery of Osera and their journey comes to an end.
For cast and details see Monday. Repeated from 10.45am
8.00 Any Questions?
From the BBC Radio Theatre in central London, with Jonathan Dimbleby in the chair. Producer Lisa Jenkinson. Repeated tomorrow 1.00pm
8.50 A Point of View
Reflections on a topical issue.
9.00 Home Front Omnibus
6–10/40. By Katie Hims. For details see Monday
10.00 The World Tonight With Razia Iqbal.
10.45 Book at Bedtime: Eight Months on Ghazzah Street
5/10. By Hilary Mantel. Frances Shore has only constantly changing rumours to hang on to, and no one with whom to share her creeping sense of unease. Read by Anna Maxwell Martin. For details see Monday
11.00 Great Lives
3/9. Sara Pascoe champions the life of Virginia Woolf, author of *To the Lighthouse* and *Mrs Dalloway*. Matthew Parris presents, and Alexandra Harris is the expert. Rptd from Tue 4.30pm
11.30 Short Cuts
5/6. Rivals. Documentary series. From a showdown in a laundrette to a battle for territory fought with bottles of whisky, Josie Long hears stories of rivals. Producers Andrea Rangecroft, Michael Umney and Thomas Henley (R)
11.55 The Listening Project
Fi Glover introduces a conversation between friends Stacey and Elie, who share a belief that education can suppress creativity. (R)
12.00 News
12.30–12.45am Book of the Week: Upbeat *5/5.* Repeated from 9.45am
1.00 as BBC World Service

BBC Radio 4 Extra

bbc.co.uk/radio4extra
Freeview 708 Freesat 708 Sky 0131 Virgin 910
6.00am PC Lee Stories as 8pm
6.15 Craven Amelia Bullmore's crime drama (5/5)
6.30 Classics Illustrated: the Comic Book Unbound as 8.30pm
7.00 One Flat Summer Drama from 1997 (1/6)
7.30 Fresh from the Fringe Festival highlights (1/2)
8.00 Something to Shout About 1960 comedy
8.30 The Goon Show 1957 comedy
9.00 The Third Degree Academic quiz
9.30 Kathmandu or Bust 1996 comedy (3/6)
10.00 Fame is the Spur By Howard Spring (3/8)
11.00 Made in Bristol as 9pm
11.15 Resting as 9.15pm
12.00 Something to Shout About 1960 comedy
12.30pm The Goon Show 1957 comedy
1.00 PC Lee Stories as 8pm
1.15 Craven Amelia Bullmore's crime drama (5/5)
1.30 Classics Illustrated: the Comic Book Unbound
2.00 A Short History of Tractors in Ukrainian Marina Lewycka's comic 2005 novel (5/10)
2.15 Sport and the British (20/30)
2.30 The Harpole Report Comedy (5/5)
2.45 Arguably Christopher Howard's Laws of Gravity
3.00 Fame is the Spur By Howard Spring (3/8)
4.00 The Third Degree Academic quiz
4.30 Kathmandu or Bust 1996 comedy (3/6)
5.00 One Flat Summer Drama from 1997 (1/6)
5.30 Fresh from the Fringe Festival highlights (1/2)
6.00 Lord of the Flies By William Golding (4/4)
6.30 Soul Music Violinist Tansin Little deconstructs Mendelssohn's Violin Concerto (2/5)
7.00 Something to Shout About 1960 comedy
7.30 The Goon Show 1957 comedy
8.00 PC Lee Stories Toby Jones reads Edgar Wallace's 1909 crime tale *The Silence of PC Hinky*
8.15 Craven Amelia Bullmore's crime drama (5/5)
8.30 Classics Illustrated: the Comic Book Unbound Bill Paterson marks the 70th anniversary of publishing group Classics Illustrated, specialists in comic book adaptations of classic literature. From 2011
9.00 Made in Bristol Edson Burton reads *Hood*
9.15 Resting Star-studded John Graham drama about murder, theft and romance in a home for elderly actors. With George Withers, Wendy Hiller, Michael Denneson and Jimmy Jewel. From 1998
10.00–12.00 Comedy Club: Fresh from the Fringe (1/2), at **10.30 Absolute Power** (4/6), at **11.00 Detective Sergeant Nick Mohammed** (3/6), at **11.30 The Flight of the Conchords** (1/6)
12.00 as 6pm **12.30am** as 6.30pm **1.00** as 8pm **1.15** as 8.15pm **1.30** as 8.30pm **2.00** as 2pm **2.15** as 2.15pm **2.30** as 2.30pm **2.45** as 2.45pm **3.00** as 3pm **4.00** as 4pm **4.30** as 4.30pm **5.00** as 5pm **5.30** as 5.30pm

BBC World Service

bbc.co.uk/worldserviceradio
Freeview* 710 Freesat 711 Sky 0115 Virgin 906
Programmes may differ online, and on Freesat, Sky, and Virgin
5.00am Newsday: the latest headlines **5.30** World Football **6.00** Newsday: the latest headlines **8.30** Business Daily: business and finance news, interviews and reports **8.50** Witness **9.00** Newshour Extra **10.00** World Update **11.00** Outside Source **12.00** News **12.05pm** The Fifth Floor **1.00** The Newsroom **1.30** World Football: reports from around the globe **2.00** Newshour **3.00** News **3.05** Hardtalk **3.30** Science in Action: science and technology news **4.00** News **4.05** Tech Tent **4.30** Sport Today: global round-up **5.00** World Have Your Say **6.00** The Newsroom **6.30** World Business Report: financial news **7.00** The Newsroom **7.30** Sport Today: global round-up **8.00** News **8.05** The Fifth Floor: global news **9.00** Newshour **10.05** Hardtalk **10.30** The Why Factor: histories behind everyday objects and actions **10.50** More or Less **11.00** The Newsroom **11.20** Sports News **11.30** World Business Report **12.00** Newshour Extra **1.00am** News **1.05** Business Matters **2.00** News **2.05** Today in Rio **3.00** News **3.05** From Our Own Correspondent: a lively collection of dispatches from the BBC's foreign correspondents, who report on stories in their regions **3.30** Stumped **4.00** Newshour Extra

BBC Radio 5 Live

693, 909 MW bbc.co.uk/fivelive
Freeview 705 Freesat 705 Sky 0105 Virgin 905
Sports Extra Freeview 706 Freesat 706 Sky 0144 Virgin 908
News and **sport** as Monday
5.00am Morning Reports
5.15 Wake Up to Money
6.00 5 Live News
6.05 5 Live Olympic Breakfast
5 Live Sports Extra Digital only
7.00am–10.00 5 Live Olympics
Highlights of last night's athletics.
10.00 5 Live Daily With Sam Walker
1.00pm 5 Live Olympics
Mark Chapman assesses Team GB's form in Rio. Plus showjumping, BMX cycling and women's modern pentathlon.
5.00 5 Live News with Anna Foster
7.00 5 Live Sport
Russell Fuller with news and Olympic updates, including BMX cycling, boxing, taekwondo and the women's gold medal hockey match. At **8.00** there's commentary on the Premier League match between Manchester United and Southampton. Plus **Your Call** after **9.00**.
5 Live Sports Extra Digital only
7.30pm–10.30 5 Rugby League
Including Super League commentary on Wigan Warriors v St Helens.
10.00 5 Live Daily With Sam Walker
10.00 5 Live Olympics
Concluding coverage of the women's gold medal hockey match, as well as the climax to the women's modern pentathlon. Plus a round-up of the day's other Olympic action. From **11.00** Jonathan Edwards presents athletics coverage, including the women's pole vault and 5,000m, as well as the 4x100m relays for both men and women. Plus taekwondo and football.
4.00am Up All Night
Radio 5 Live Contact individual programmes via the website at bbc.co.uk/5live,
TEXT 81028 (standard rate)

Talksport

1053, 1089 MW talksport.co.uk
Freeview 723 Freesat 731 Sky 0108 Virgin 927
6.00am Alan Brazil
10.00 Colin Murray
1.00pm Hawksbee and Jacobs
4.00 Adrian Durham and Darren Gough Football news.
7.00 Players Lounge
10.00 Andy Goldstein
1.00am Adam Catterall

Asian Network

bbc.co.uk/asiannetwork
Freeview 709 Freesat 709 Sky 0111 Virgin 902
6.00am Tommy Sandhu
10.00 Nihal Topical discussion.
1.00pm Asian Network Reports
Including the lowdown on the Olympic Games in Rio from 2004 bronze medallist Kelly Sotherton.
1.30 Noreen Khan Desi music and Haroon Rashid with showbiz news.
5.00 Asian Network Reports
5.30 Bobby Friction
9.00 Yasser New music.
12.00 as Radio 5 Live

Absolute Radio

absoluteradio.co.uk
Freeview 727 Freesat 724 Sky 0117 Virgin 915
6.00am Christian O'Connell
10.00 Leona Graham
1.00pm Chris Martin
4.00 Danielle Perry
6.00 Geoff Lloyd
8.00 Absolute 80s
Sarah Champion with music from the decade of New Order, the Jam, REM, the Smiths and Kate Bush.
11.00 Alex Baker
4.00am George Godfrey

*Not available on Freeview in Scotland 4pm–1am. **Key** (R) Repeat

Listen again online for the next seven days at bbc.co.uk/iplayerradio

Books The music of hope in Iraq Your RT P138

BBC Local Radio

South, West and South West region

Face behind the voice

Sarah Julian BBC Radio Nottingham

Age 40
Current job Co-presenter of BBC Radio Nottingham's breakfast show (*Monday to Friday 6.00am*).
CV Born and brought up in Derbyshire, she joined BBC Radio Nottingham when she graduated in 1997. She has also presented features for Radio 4.
Best moment "Interviewing the Dalai Lama when he came to Nottingham in 2008. He had said he was giving no interviews but, after his press conference, announced he would give an interview to the BBC – and that was me! I promptly dropped my tape recorder and papers all over the floor and he kindly picked them up for me."
Worst moment "A Nottingham woman who was a synchronised swimmer had created the illusion of walking on water and my editor thought it would be a good idea for me to learn how to do it. There was a lot of flopping about, I'm afraid."
Off air "I live in the village of Ruddington, near Nottingham, with my husband Dan, a teaching assistant, and our three children aged 11, nine and six. We do a lot of camping, walking and cycling."
First radio memory "Terry Wogan and Ken Bruce on Radio 2. And from a very young age I made my own radio show."
Favourite broadcasters "Jane Garvey – a gentle approach but with some barbed wit; Winifred Robinson for her compassion and empathy; and Alan Clifford here at Radio Nottingham, who has a wonderfully surreal mind and conjures strange landscapes."
Ambition "To swim all the lakes in the Lake District – so vast and beautiful."
Dream Job "A librarian in a university library. And, of course, to present *Woman's Hour*."
Secret skills "I'm very good at reverse parking. And at face painting. And I hold the unofficial world record for the longest unmanned balloon flight – as a child I released a balloon from my back garden and it was picked up in Illinois." **DAVID GILLARD**

Listen countrywide at bbc.co.uk/radionottingham

Berkshire

Saturday
6.00am Howard Hughes **8.00** Andrew Peach **11.00** Sue Kinnear **1.00pm** Sport: football: Wolverhampton Wanderers v Reading, the Championship clash from Molineux (kick-off **3.00**) **6.00** Dave Cash: classic hits **8.00** BBC Introducing: with Bridgitte Tetteh **9.00** David Allen: music and conversation **1.00am** Paul Miller Soul Show **3.00** as *Radio 5 Live*

Sunday
6.00am Paul Coia **9.00** Debbie McGee **11.00** Bill Buckley **2.00pm** Henry Wymbs: with Irish Eye **5.00** Dave Cash Country **7.00** Roger Day **8.00** Bridgitte Tetteh **9.00** Paul Miller Soul Show **10.00** Bill Rennells: tunes from the past six decades **1.00am** as *Radio 5 Live*

Weekdays
5.30am Steve Madden **7.00** Andrew Peach **10.00** Anne Diamond; **Frt:** Chris Hollins **1.00pm** Bill Buckley **4.00** Phil Kennedy **6.00 Frt:** Weekend Kick-Off **7.00 Mon/Tue/Thu:** Mark Forrest: with evening conversation and music; **Wed:** Midweek Football: Newcastle United v Reading, the Championship match from St James' Park (kick-off **7.45**); **Frt:** Georgey Spanswick **10.00** Paul Miller: The Late Show **1.00am** as *Radio 5 Live*

Phone-ins: 0345 900 1041
radio.berks/shrk@bbc.co.uk

Bristol

Saturday
4.00am BCFM **5.00** Martin Evans **6.00** Ali Vowles **9.00** Laura Rawlings **12.00** The 12 o'Clock Show **1.00pm** Sport: football: Burton Albion v Bristol City, the Championship match from Pirelli Stadium (kick-off **3.00**) **6.30** Geoff Barker's 'Rock 'n' Roll Party **8.00** BBC Introducing **10.00** Graham Torrington: with late-night music and conversation **1.00am** BBC Introducing: with Richard Pitt and Sam Bonham **3.00** Ujima Radio

Sunday
4.00am Somer Valley FM **5.00** Martin Evans **6.00** Jonathan Ray **10.00** Clueless: with Richard Lewis **1.00pm** The Vintage Chart Show **2.00** Sport: football: Bristol Rovers v Oxford Utd, League One match from Memorial Stadium (kick-off **3.00**) **6.00** Manny Masih **8.00** Kevin Philemon **10.00** Graham Pass **12.00** Sounds of Brass: presented by Philip Hunt **1.00am** as *Radio 5 Live*

Weekdays
5.00am Joe Lemer **6.30** Emma Britton **9.00** John Darvall **12.00** Steve Yabsley **2.00pm** Claire Cavanagh **4.00** Laura Rawlings **6.00** Geoff Twentyman **7.00 Mon/Thu:** Mark Forrest: **Tue:** Midweek Sport: football: Norwich City v Bristol City, a Championship match at Carrow Road (kick-off **7.45**); **Wed:** Midweek Sport: football: Bristol Rovers v Bolton Wanderers, League One at Memorial Stadium (kick-off **7.45**) **Frt:** Georgey Spanswick **10.00** Dan Chisholm **1.00am** as *Radio 5 Live*; **Frt:** The Beats, Breaks and Bass Show **3.00 Frt:** Ujima Radio

Phone-line: 03459 005 949
radio.bristol@bbc.co.uk

BBC SOMERSET
As Bristol except:

Saturday
6.00am Pick of the Week **7.00** Simon Parkin **10.00–1.00pm** Charlie Taylor

Weekdays
6.30am Claire Carter **9.00–12.00** Ben McGrail **4.00pm–7.00** Charlie Taylor
Tel: 01823 323956
Phone-ins: 0345 303 1566
somerset@bbc.co.uk

Cornwall

Saturday
6.00am Julie Skentelbery **9.00** Duncan Warren **12.00** Freddy Zapp **2.00pm** Sport: with Ross Ellis **6.05** Geoff Barker's Rock 'n' Roll Party **8.00** BBC Introducing: with David White **10.00** Graham Torrington: with late-night music and conversation **1.00am** as *Radio 5 Live*

Sunday
6.00am Faith Programme: with Joanna Twist **9.00** Duncan Warren: music and conversation **12.00** Sunday Requests: with Johnny O'Shea **2.00pm** Cornwall Connected: with Ross Ellis **5.00** John Prowse and Steve Penhaligon **5.05** BBC Introducing: with David White (R) **7.00** Sounds of Brass: with Philip Hunt **8.00** Graham Pass **10.00** Graham Torrington: late-night music and conversation **1.00am** as *Radio 5 Live*

Weekdays
5.00am Pam Spriggs **6.00** James Churchfield **9.00** David White **12.00** Laurence Reed **3.00pm** Debbie McCrory **5.00** Johnny O'Shea; **Frt:** Martin Bailie **7.00** Mark Forrest **Frt:** Georgey Spanswick **10.00** David Sheppard: with The Late Show **1.00am** as *Radio 5 Live*

Phone-ins: 01872 222222
Evenings: 0345 300 1858

Devon

Saturday
6.00am Michael Chequer **10.00** Kerry White **1.00pm** Richard Green's Retro Show **2.00** Sport: football: *FM* Carlisle United v Plymouth Argyle, League Two from Brunton Park (kick-off **3.00**); *MW* Exeter City v Hartlepool United, League Two from St James Park (kick-off **3.00**) **6.00** Geoff Barker's 'Rock 'n' Roll Party **8.00** BBC Introducing in Devon: with James Sanger **10.00** Graham Torrington **1.00am** as *Radio 5 Live*

Sunday
6.00am Farming Today This Week **6.30** Michael Chequer **9.00** Vic Morgan **12.00** Rick Edwards **3.00pm** A Bit More Fitz **5.00** The Vintage Chart Show: hosted by Richard Green **7.00** Sounds of Brass: with Philip Hunt **8.00** Graham Pass **10.00** Graham Torrington: with late-night music and conversation **1.00am** as *Radio 5 Live*

Weekdays
5.00am James Vickery; **Mon/Tue:** Gordon Sparks **6.30** Simon Bates **10.00** David FitzGerald **1.00pm** Gordon Sparks; **Mon/Tue:** Janet Kipling **4.00** Rick Edwards and Pippa Quelch **7.00 Mon/Wed/Thu:** Mark Forrest; **Tue:** Sport: football: Notts County v Plymouth Argyle, League Two from Meadow Lane (kick-off **7.45**); **Frt:** Georgey Spanswick **10.00** David Sheppard: Late Show **1.00am** as *Radio 5 Live*

Phone-ins: 0345 301 1034
radio.devon@bbc.co.uk

Essex

Saturday
6.00am Peter Holmes **9.00** Planet Ray **11.00** Ken Crowther **12.00** Kath Melandri **2.00pm** Sport **6.00** Rock 'N' Roll Heaven: with Bernie Keith **8.00** BBC Introducing in Essex: a showcase of music by new artists, with Ollie Winiberg **9.00** Richard Spendlove: top company, chat and great music **11.00** Paul Barnes **1.00am** as *Radio 5 Live*

Sunday
6.00am Peter Holmes **9.00** The Essex Quest **12.00** Mark Punter's Vintage Vinyl **2.00pm** Steve Cherelle's Big Country Show **4.00** The John Leech Soul Show: soul music across the Eastern counties **7.00** Sue Marchant **10.00** Keith Skues **1.00am** as *Radio 5 Live*

Weekdays
5.00am The Early Wobble: presented by Rob Jelly **6.00** Kath Melandri **9.00** Nine at Nine **12.00** Steve Scruton **4.00pm** Dave Monk **7.00** Mark Forrest: with evening conversation and music; **Tue:** *FM* Football Extra; **Frt:** Georgey Spanswick **10.00** Steve Springett: with The Late Show **1.00am** as *Radio 5 Live*

Phone-ins: 0300 200 40 41
Email: essex@bbc.co.uk

Gloucestershire

Saturday
5.00am The Great Gloucestershire Road Trip **6.00** Steve Kitchen **9.00** Faye Hatcher **12.00** James Thomas **2.30pm** Matchday: football: *FM* Mansfield Town v Cheltenham Town, the League Two clash from Field Mill (kick-off **3.00**); *MW* Forest Green Rovers v Gateshead, commentary on the National League match from the New Lawn (kick-off **3.00**) **5.30** Johnny Coppin **6.05** Geoff Barker's Rock 'n' Roll Party **8.00** BBC Introducing **10.00** Graham Torrington: with music and conversation **1.00am** as *Radio 5 Live*

Sunday
5.00am Pete Wilson **6.00** Richard Atkins **9.00** Kate Clark **12.00** Pete Wilson **1.00pm** The Vintage Chart Show **3.00** Graham Pass **5.00** Community Radio Show **6.00** Manny Masih **8.00** Kevin Philemon **10.00** Graham Pass **12.00** Sounds of Brass: presented by Philip Hunt **1.00am** as *Radio 5 Live*

Weekdays
5.30am Joe Lemer **6.00** Steve Kitchen **9.00** Vernon Harwood **12.00** Dominic Cotter **3.00pm** James Thomas **5.00** Sybil Ruscoe **7.05 Mon/Wed/Thu:** Mark Forrest; **Tue:** Matchnight: football: Carlisle United v Cheltenham Town, a League Two match from Brunton Park (kick-off **7.45**); **Frt:** Georgey Spanswick **10.00** Dan Chisholm **1.00am** as *Radio 5 Live*

Tel: 01452 303 565
Phone-ins: 01452 307 575

Guernsey

Saturday
6.00am Music Box **7.00** Breakfast Show: presented by Philippa Werhun **9.00** Ring and Buy **10.00** John Randall **12.45pm** Sports Special: football: Ramsgate v Guernsey **3.00** Sportscene **6.00** Geoff Barker's Rock 'n' Roll Party **8.00** BBC Introducing Guernsey **10.00** Graham Torrington **1.00am** as *Radio 5 Live*

Sunday
6.00am Sunday Songbook **7.00** Claire Ozanne **9.00** Classical Choice **11.00** Nice 'n' Easy **2.00pm** as *Radio 5 Live* **5.00** The Vintage Chart Show: hosted by Richard Green **7.00** Sounds of Brass **8.00** Graham Pass **10.00** Graham Torrington **1.00am** as *Radio 5 Live*

Weekdays
6.00am Jim Cathcart **9.30** Oliver Gullou **Mon:** Philippa Werhun; **1.00pm** The Islands at One **1.30** John Randall **5.00 Mon/Tue:** Sue Corryndon; **Wed–Frt:** Kay Langlois **7.00** Mark Forrest; **Frt:** Georgey Spanswick **10.00** David Sheppard: with The Late Show **1.00am** as *Radio 5 Live*

Phone-ins: 01481 200 373
radio.guernsey@bbc.co.uk

Hereford/Worcester

Saturday
6.00am Andrew Easton **9.00** Dave Bradley **11.00** Toni McDonald **2.00pm** Trevor Owens **3.00** Sport: football: *FM* 94.7 Hereford FC v Bridgewater Town, a Southern League Division One South & West encounter at Edgar Street (kick-off **3.00**); *FM* 104 Sport: Kidderminster Harriers v Chorley, a National League North match at Aggborough (kick-off **3.00**); *MW* FC Halifax Town v Worcester City, a National League North match from the Shay (kick-off **3.00**) **6.00** Marie Crichton's Country Show **8.00** BBC Introducing in Hereford and Worcester: with Andrew Marston **10.00** Gagan Grewel **1.00am** as *Radio 5 Live*

Sunday
6.00am John Hellings **7.00** Michael Collie **9.00** Malcolm Boyden **12.00** Jonathan Ray **3.00pm** Mike Wyer **6.00** Genevieve Tudor **8.00** John Hellings **10.00** Graham Torrington **1.00am** as *5 Live*

Weekdays
5.00am Nina Das Gupta **6.05** Elliott and Toni **9.05** Elliott Webb **10.05** Malcolm Boyden **1.05pm** Tammy Gooding **4.05** Andrew Easton: music and chat **7.00 Mon/Wed/Thu:** Mark Forrest; **Tue:** Sport: football: Shortwood United v Hereford FC (kick-off **7.45**); **Tue:** *MW* Trevor Owens; **Frt:** Georgey Spanswick **10.00** Graham Torrington; **Frt:** Colin Young's Trunk of Funk **1.00am** as *Radio 5 Live*

CRICKET COVERAGE

Saturday
11.00am–3.00pm *MW* Worcestershire v Glamorgan, a County Championship fixture

Sunday
11.00am–6.00pm *MW* Worcestershire v Glamorgan

Weekdays
Mon/Tue: 11.00am–7.00pm *MW* Worcestershire v Glamorgan

Phone-ins: 03453 000 181
bbc.co.uk/herefordworcester

Frequencies

Jersey

Saturday
6.00am Matthew Price **9.00** Charlie McArdle **12.00** Tony Gilham **2.00pm** Sportscene: presented by Tim Pryor **5.00** *MW* as *Radio 5 Live* **6.00** *FM* Geoff Barker's 'Rock 'N' Roll Party **8.00** *FM* BBC Music Introducing in Jersey: with Ryan Morrison **10.00** *FM* Graham Torrington **1.00am** as *Radio 5 Live*

Sunday
6.00am Cathy Le Feuvre **9.00** Sarah Bailey **12.00** Tim Pollard **2.00pm** Phil Taylor **4.30** Voices **5.00** *MW* as *Radio 5 Live* **5.00** *FM* The Vintage Chart Show: hosted by Richard Green; **7.00** *FM* Sounds of Brass: with Philip Hunt **8.00** *FM* Graham Pass **10.00** *FM* Graham Torrington: with late-night music and conversation **1.00am** as *Radio 5 Live*

Weekdays
6.00am Tim Pryor **9.00** Tony Gilham **1.00pm** Jersey at One **1.10** Charlie McArdle **4.00 Mon/Tue:** Sarah Bailey; **Wed–Frt:** Cameron Ward **7.00** *MW* as *Radio 5 Live* **7.00** *FM* Mark Forrest: with evening conversation and music; **Frt:** *FM* Georgey Spanswick **10.00** *FM* David Sheppard: with The Late Show **1.00am** as *Radio 5 Live*

Phone-ins: 01534 720 255
radiojersey@bbc.co.uk

Kent

Saturday
6.00am Pat Marsh and Erika North **10.00** Steve N Allen **2.00pm** The Sports Hub: football: commentary and reports on today's fixtures, featuring Gillingham v Bury, Dover Athletic v North Ferriby United and Chester v Maidstone United **6.00** Dave Cash: with classic hits **8.00** BBC Kent Introducing: with Abbie McCarthy **9.00** Richard Soendlove **11.00** Paul Barnes **1.00am** Sean Rowley **2.00** as *Radio 5 Live*

Sunday
5.30am Hymns on Sunday: presented by Dave Miller **6.00** The Sunday Programme: presented by Phil Harrison **8.00** Sunday Gardening: presented by Andy Garland and Jean Griffin **11.00** Lembit Opik **2.00pm** Julia George **5.00** Dave Cash: with classic hits **7.00** Roger Day **9.00** Kent Folk **10.00** Bill Rennells **1.00am** as *Radio 5 Live*

Weekdays
6.00am John Warnett and Steve Ladner **9.00** Maggie Doyle; **Frt:** Lembit Opik **12.00** Erika and Steve N Allen; **Mon:** Erika North and Daryl Denham **4.00pm** Dominic King: music and entertainment **7.00** Mark Forrest: with evening conversation and music; **Frt:** Georgey Spanswick **7.30 Tue:** Sport Special: football featuring Gillingham v Swindon Town, Eastleigh v Dover Athletic and Maidstone United v Braintree **10.00** Paul Miller: with The Late Show; **Frt:** Daryl Denham **1.00am** as *Radio 5 Live*

Phone-ins: 0345 931 111
bbc.co.uk/radiokent

London

Saturday
6.00am Jo Anne Good **7.00** Jo Good and Simon Lederman **10.00** Robert Elms **1.00pm** BBC Radio London Sport: football: Everton v Tottenham Hotspur, a Premier League encounter at Goodison Park (kick-off **3.00**); DAB Crystal Palace v West Bromwich Albion, a Premier League encounter at Selhurst Park (kick-off **3.00**) **6.00** Gary Crowley **8.00** BBC London Introducing **10.00** Sunny and Shay **2.00am** David Prever

Sunday
6.00am Inspirit with Jumoké Fashola **9.00** Tim Arthur **12.00** Solid on Sunday **2.30pm** DAB BBC Radio London Sport: football: Cardiff City v Queens Park Rangers, a Championship match at the Cardiff City Stadium (kick-off **3.00**) **3.00pm** *FM* Gaby Rosin **6.00** Sunny and Shay **8.00** Cobuh Adebayo **10.00** Duncan Barkes **1.00am** Jason Rosam

Weekdays
5.00am Nikki Bedi; **Frt:** Jason Rosam **7.00** Vanessa Feltz; **Frt:** Nikki Bedi **10.00** Robert Elms **1.00pm** JoAnne Good **4.00** Eddie Nestor **7.00pm** Mark Forrest; **Mon:** *FM* BBC Radio London Sport: football: Chelsea v West Ham United, a Premier League match at Stamford Bridge (kick-off **8.00**); **Frt:** Georgey Spanswick **10.00 Mon/Tue/Thu:** Duncan Barkes; **Wed:** Paul Coia; **Frt:** Sunny and Shay **1.00am Mon–Thu:** Simon Lederman **2.00am Frt:** James Max

Phone-ins: 020 7224 2000
bbc.co.uk/london

Oxford

Saturday
6.00am Ali Jones **9.00** Phil Kennedy **12.00** Gillham Gold: with Tony Gilham **2.00pm** Sport **6.00** Dave Cash **7.00** The Fairport Cropredy Convention **1.00am** Paul Miller Soul Show **3.00** as *Radio 5 Live*

Sunday
6.00am Ali Jones **9.00** David Prever **11.00** Bill Buckley **2.00pm** Sport: football: Bristol Rovers v Oxford United (kick-off **3.00**) **5.00** Dave Cash **7.00** Roger Day **9.00** Paul Miller Soul Show **10.00** Bill Rennells **1.00am** as *Radio 5 Live*

Weekdays
6.00am Charles Nove **7.00** David Prever **10.00** Kat Orman **1.00pm** Nick Piercey; **Frt:** Alex Lester **4.00** Daryl Denham; **Mon:** Ali Ryan **7.00 Mon/Tue/Thu:** Mark Forrest; **Wed:** Sport: football: Fleetwood Town v Oxford United (kick-off **7.45**); **Frt:** Georgey Spanswick **10.00** Paul Miller **1.00am** as *Radio 5 Live*

Phone-ins: 03459 311 111
radio.oxford@bbc.co.uk
bbc.co.uk/radiooxford

Radio Solent

Saturday
6.00am Alina Jenkins **8.00** Alun Newman **11.00** Bubblegum and Cheese **2.00** Sport: football: FM Southampton v Watford (kick-off **3.00**); *MW* 999/1248 Crewe Alexandra v Portsmouth (kick-off **3.00**); *MW* 1359 Sport: with Adam Blackmore **6.00** Non League Show **6.30** Stereo Underground **8.00** BBC Introducing: Solent **9.00** David Allen **1.00am** Paul Miller Soul Show **3.00** as *Radio 5 Live*

Sunday
6.00am Tim Daykin **9.00** Nick Girdler **12.00** The Good Life: with Rebecca Parker **1.00pm** *FM* 96.1 Football Special: Bournemouth v Manchester United (kick-off **1.30**) **2.00** *MW* DAB Bonkyunit/4.00 Richard Cartridge **5.00** Paul Miller Soul Show **7.00** Roger Day **9.00** Unforgettable: with Graham Dene **12.00** as *Radio 5 Live*

Weekdays
5.00am Mon/Tue: Stephanie Nieuwenhuys; **Wed–Frt:** Alex Jones **6.30** Julian Clegg **10.00** Sasha Twining **1.00pm** Alex Dyke **4.00** Louisa Hannan **7.00** Mark Forrest; **Frt:** *MW* Georgey Spanswick; **Frt:** FM 96.1 Football Special: Man Utd v Southampton (kick-off **8.00**) **10.00** Paul Miller **1.00am** as *Radio 5 Live*

103.8 FM WEST DORSET
As Radio Solent, including Dorset news and features, plus:

Saturday
8.00am–11.00 The Big Dorset Brunch: with Lucy Ambache

Weekdays
6.30am Steve Harris **9.00–10.00** Julian Clegg

Phone-ins: 0345 30 30 961
Text: "SOLENT" to 81333
Email: radio.solent@bbc.co.uk
bbc.co.uk/solent

BBC Surrey and BBC Sussex

Saturday
5.30am 60s Saturday **6.00** Surrey: James Cannon **6.00** Sussex: Mark Carter **9.00** Danny Pike **12.00** Graham Dene **2.00pm** Sport **6.00** Dave Cash **8.00** BBC Introducing: The South **9.00** David Allen **1.00am** as *Radio 5 Live*

Sunday
5.30am Hymn Half Hour **6.00** Emily Jeffery **9.00** Digit **12.00** Sylvia Blackmore **3.00pm** Mark Carter **5.00** Sunday Night Live **6.00** 70s Sunday **7.00** Roger Day **9.00** Unforgettable: with Graham Dene **12.00** as *Radio 5 Live*

Weekdays
6.00am Surrey: Mark Carter and Susanne Bamborough **6.00** Sussex: Neil Pringle **9.00** Danny Pike **12.00** Alison Ferns; **Frt:** Joe Talbot **4.00pm** Sarah Gorrell **5.00–6.00** Surrey only: Mike Buston; **Frt:** Jamie Crick **7.00** Mark Forrest; **Frt:** Georgey Spanswick **10.00** Paul Miller: with The Late Show **1.00am** as *Radio 5 Live*

Surrey phone-ins: 0370 411 1046
bbc.co.uk/surrey
Sussex phone-ins: 03459 370057
bbc.co.uk/sussex

Three Counties

Beds, Herts and Bucks

Saturday
6.00am Justin Dealey **9.00** Treasure Quest **12.00** Mike Naylor **2.00pm** Countdown to Kick-Off **3.00** Sport: football **5.00** 5-0-5 **6.00** Rock 'n' Roll Heaven **8.00** BBC Introducing in Beds, Herts and Bucks **9.00** Richard Spendlove **11.00** Paul Barnes **1.00am** as *Radio 5 Live*

Sunday
6.00am Helen Legh **9.00** Justin Dealey **11.00** Nick Coffer **1.00pm** Louisa Peacock and Nana Akua **2.00** Steve Cherelle's Big Country Show **4.00** The John Leech Soul Show **6.00** Yasmeen Khan **8.00** Edward Adoo **10.00** Keith Skues **1.00am** as *Radio 5 Live*

Weekdays
4.00am Wally Webb **6.00** Andy Collins **9.00** The JVS Show **12.00** Nick Coffer **3.00pm** Roberto Perrone **6.00 Mon:** Sport **7.00 Mon/Wed/Thu:** Mark Forrest; **Tue:** Sport: football commentary and updates; **Frt:** Georgey Spanswick **10.00** Steve Springett: with The Late Show **1.00am** as *Radio 5 Live*

Phone-ins: 03459 455 533
bbc.co.uk/threecounties

Wiltshire

Saturday
6.00am Graham Rogers **9.00** Sue Davies **12.00** Saturday Special **2.00pm** Sport: football: Chesterfield v Swindon Town **6.00** Geoff Barker's 'Rock 'N' Roll Party **8.00** BBC Introducing **10.00** Graham Torrington **1.00am** as *Radio 5 Live*

Sunday
6.00am Graham Rogers **9.00** Sue Davies **1.00pm** Vintage Chart Show **3.00** Graham Pass **5.00** Community Radio Show **6.00** Manny Masih **8.00** Kevin Philemon **10.00** Graham Pass **12.00** Sounds of Brass **1.00am** as *Radio 5 Live*

Weekdays
5.30am Early Breakfast **6.30** Ben Prater **9.00** Morning Programme **12.00** Graham Seaman **2.00pm** Marie Lennon **4.00** Ian Longdon **7.00** Mark Forrest; **Frt:** Georgey Spanswick **10.00** Dan Chisholm **1.00am** as *Radio 5 Live*

Phone-ins: 0345 951 3366
radiowiltshire@bbc.co.uk
bbc.co.uk/wiltshire

Weekdays
6.00am Surrey Mark Carter and Susanne Bamborough **6.00** Sussex Neil Pringle **9.00** Danny Pike **12.00** Alison Ferns; **Frt:** Joe Talbot **4.00pm** Sarah Gorrell **5.00–6.00** Surrey only: Mike Buston; **Frt:** Jamie Crick **7.00** Mark Forrest; **Frt:** Georgey Spanswick **10.00** Paul Miller: with The Late Show **1.00am** as *Radio 5 Live*

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bbc.co.uk/sussex

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National

BBC Radio 1 97.6–99.8
BBC Radio 2 88–90.2
BBC Radio 3 90.2–92.4
BBC Radio 4 92.4–94.6 LW 198
BBC Radio Five Live MW 693, 909
Classic FM 99.9–101.9
Talksport MW 1053, 1089, 107
Absolute MW 1197, 1215, 1233, 1242, 1260, 105.8 (London)
These stations are also broadcast via Freeview, satellite, cable, digital radio and the internet.

Local

BBC stations:
Berkshire 104.1 Hannington, 94.6 (Henley), 95.4 (Windsor), 104.4 (Reading)
Bristol 94.9 (Bristol), 103.6 (Severn), 104.6 (Bath)
Cornwall 95.2 (east), 96 (Isles of Scilly), 103.9 (west), MW 630 (west), 657 (east)
Devon 103.4 Plymouth (west Devon), 94.8 (north Devon), 95.8 (Exeter), 95.7 (Plympton), 96 (Okehampton), 104.3 (Torbay/south Devon), MW 801 (Barnstaple/north Devon), 990 (Exeter/east Devon, 1458 (Torbay/south Devon)
Essex 103.5 (north Essex), 107.1 (Chelmsford), 95.3 (south Essex), MW 765 (Colchester/Chelmsford), 1530 (Southend), 729 (north east Essex)
Gloucestershire 104.7 (Churchdown Hill/95.1 (Stroud), 95.8 (Cirencester), MW 1413
Guernsey 93.2, 99 (Alderney), MW 1116
Hereford & Worcester 94.7 (Hereford), 104 (Worcester & Gt Malvern), 104.6 (Kidderminster), MW 738 (Worcester), 1584 (Tenbury Wells)
Jersey 88.8, MW 1026
Kent 96.7 (west), 97.6 (Folkestone), 104.2 (east), MW 774
London 94.9
Oxford 95.2
Solent 96.1 (Hampshire), 103.8 (Dorset), MW 999, 1359 (Dorset)
Somerset 95.5, MW 1566
Sussex and Surrey 96.0 (Heathfield), 95.1 (Horsham), 95.3 (Brighton/Worthing), 104.1 (east Surrey/north Sussex), 104.5 (east Sussex), 104.6 (east Surrey/NE Hants), 104.8 (west Sussex), MW 765 (east Sussex), MW 1368 (east Surrey/north Sussex), MW 1485 (Brighton)
Three Counties 103.8 (Herts), 95.5 (Beds), 90.4 (east Herts), 97.2 (south Herts), 98 (High Wycombe), 104.5 (Bucks), 94.7 (Aylesbury), MW 630 (Herts & Bucks), 1161 (Beds)
Wiltshire 104.3 (west Wiltshire), 104.9 (Marlborough), 103.5 (Salisbury), 103.6 (Swindon), MW 1332 (west Wiltshire), 1368 (Swindon)

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The Breeze 96.6 (Blandford), 97.4 (Shaftesbury), 105.6/106.6 (Somerset & West Dorset), 107.8 (Southampton), 107.2 (Bristol/Winchester), 107.4 (Portsmouth), 101.6 (Four Marks/Medway/Alresford/Bordon/Grayshott/Beacon Hill & Hindhead), 101.8 (Petersfield), 102 (Alton), 97.1 (Haslemere & Midhurst), 107.6 (Basingstoke), 105.6 (Newbury/Thatcham), 107.4 (Hungerford/Somerset), 107.5 (Cheltenham/Gloucester/The Malverns), 107.9 (Bath), 100.8/102.4 (Somerset)
More Radio Mid Sussex 106.4 (Burgess Hill/Haywards Heath), 106.8 (Lewes)
Buzz Radio MW 963 (London), 972 (west London/Capital 95.8 London), 103.2 (south Herts)
Capital XTRA 1071 (north London), 96.9 (south London)
Channel 103.7 (Jersey)
Connect 106.8 (Peterborough), 107.4 (Kettering/Corby)
Dream 100.2 (Tendring/Colchester)
Eagle Radio 96.4 (Hants/Surrey)
Fire 107.6 (Bournemouth/Poole/Christchurch)
Gold 1548 (London)
Heart Berkshire 102.9 & 97.0 Oxford 102.6 & 97.4 Dorset 102.3 Hampshire 96.7 & 97.5 Kent 103.6 102.8 Sussex 102.4 & 103.5 Crawley 97.5 & 102.7 Bath 103 Bristol 96.3 Somerset 102.6 Wiltshire 97.2 & 102.2 Gloucestershire 102.4 Barnstaple 96.2 & 97.3 Exeter 97.0 & 103.0 Plymouth 97.0 & 96.6 South Hams 100-102 Torbay 96.4 Cornwall 105.1 & 107 London 106.2 Dunstable 97.6 Essex 96.3 & 102.6
Island 93.7 (Alderney), 104.7 (Guernsey)
Isle of Wight Radio 102 (Ryde/Cowes/Ventnor), 107 (Isle of Wight)
Jack FM 106.4/106.8 (Oxfordshire)
Jack FM 2 107.9
Juice (Brighton/Hove) 107.2
Kismat Radio MW 1035 (London)
Kiss 100 (London), 1077 (Peterborough), 101.1 (Severn Estuary), 97.2 (Bristol)
Kmfm 106 (Canterbury/Herne Bay/Whitstable), 107.2 (Thanet), 107.6 (Ashford), 105.6 (Maidstone), 107.9 (Medway towns), 100.4 (Mid St Werburgh), 101.6 (Sevenoaks), 96.4 (Folkestone), 106.8 (Dover), 99.2 (Tunbridge Wells)
LBC London 97.3 (London)
LBC London News MW 1152 (London)
London Greek 103.3
London Turkish MW 1584
Magic 105.4 (London)
Mia 96.2 (Aylesbury)
More Radio Eastbourne 107.5 (Eastbourne/Hailsham)
More Radio Hastings 107.8 (Hastings/Bexhill)
More Radio Worthing 107 (Worthing/Littlehampton/Shoreham)
Nova 107.7 (Weston-Super-Mare/north Somerset)
Pirate 102.2 (East Cornwall), 102.8 (West Cornwall/Scilly)
Premier Christian MW 1305 (London), 1332 (central), 1413 (east/west), 1566 (Guildford)
Radio Jackie 1078 (SW London/north Surrey)
Reading 107
Sam FM 106 (Southampton), 106.5 (Bristol), 107.7 (Swindon)
Smooth FM 102.2 (London), MW 792 (Bedford), 828 (Bournemouth/Luton), 774 (Gloucester), 1521 (Crawley), 603 (east Kent), 1557 (south Hants), 1332 (Peterborough), 1359 (Chelmsford), 1431 (Reading/Southend), 936 (west Wiltshire), 1485 (Newbury), 1323 (Brighton), 1242 (west Kent)
Spectrum MW 558 (London)
Spire 107 (Salisbury)
Spirit 96.6 (Chichester/Bognor), 102.3 (Littlehampton), 106.6 (Midhurst)
Star 1079 (Cambridge), 1071 (Ely)
Sunrise MW 1458 (London)
Time 106.6 Slough/Windsor/Maidenhead), 107.5 (Romford/Barking & Dagenham/Redbridge)
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PAYING WITH A PLASTIC card isn't just convenient, it gives you important rights. If the company you pay fails to produce the goods or service you bought, or the goods are faulty, or is a fraud, then you should be able to get your money back from the card issuer.

CREDIT CARDS

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This is called "section 75 rights" of the Consumer Credit Act. It covers purchases made in the UK, anywhere else in the world or online and applies to purchases of more than £100 and up to £30,000.

Even if you pay only a small part of the cost with the credit card, you have the right to a refund for the whole amount. This means that if you pay a £50 deposit on your credit card for a £500 holiday and settle the rest by bank transfer, you are entitled to a full £500 refund from the card company if the holiday company goes bust.

You should always claim from the retailer first. But if it goes bust, disappears or refuses to deal with you, the credit card company is equally liable.

DEBIT CARDS

You get stronger rights if you pay with a debit card, which comes not from the law but from the contract the bank has with Visa or MasterCard. It's called "chargeback" and, unlike section 75, there are no upper or lower limits (at least £10 for MasterCard).

Chargeback covers the same problems – goods that don't arrive, are not provided, or go wrong. Chargeback should be claimed within 120 days of things going wrong and applies to debit, credit and prepaid cards, but not to American Express chargecards.

HOW TO CLAIM

Write to your bank or card provider. Say you are claiming under section 75 or chargeback and that if you do not get a satisfactory response within eight weeks you will go to the Financial Ombudsman Service. Banks may be particularly difficult about chargeback – there is a lot of misunderstanding – but if you insist you should get your refund.

Paul Lewis returns in the Radio 4 series Money Box next month

QUESTIONS? Email me at **Paul.Lewis@radiotimes.com** I can't answer you personally, but I will reflect your questions in the subjects I cover in this column.

RT *Money Partner*

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* *Key Retirement's analysis of ONS 2015 Family Spending*

To request your FREE *RT* guide, written by Paul Lewis, or to book a no-obligation consultation, call FREE on **0808 208 5403** or visit **radiotimes.com/equityrelease**
Lines are open Monday–Thursday 9am–8pm, Friday 9am–5.30pm and Saturday 9am–1pm

Music in a war zone

When an Iraqi teenager appealed for help to create a youth orchestra, conductor Paul MacAlindin jumped at the chance

Book of the Week
Monday–Friday 9.45am ***Radio 4 FM***

MIKE LUDWIG

October 2008: I was sitting at a bow-window table in the Barony Bar, and silvery Edinburgh light shone down on a used *Glasgow Herald* lying by my fish and chips. I flipped through the newspaper and caught a headline: "Search for UK maestro to help create an orchestra in Iraq". Thank goodness for "maestro"! Had it said "conductor" I'd probably have turned the page. Continuing to read, I understood that something potentially big might be happening. Zuhal Sultan, a 17-year-old pianist in Baghdad, sought a conductor to help create a national youth orchestra for Iraq.

But barely out of war, what could there be to work with? Who was playing music? How did it sound? Who was teaching? What condition were the instruments in? How could I and every other Westerner have been bombarded with news of bloodshed and tragedy, but still be unknowing of who Iraqis really are? Fixated on the article, fish trembling on the end of my fork,

'Just being seen with an instrument case was dangerous'

I simply said to myself, "I know how to do this."

I immediately rang an old chum at the British Council in London. "Have you heard about this?" I asked Paul Parkinson, a former composer, now tasked with shipping hip-hop and other trends around the world. We quickly agreed that the UK's participation in the Iraq War made this project highly relevant.

The press release I'd read had been issued from the London office of Raw TV's Jo Woolf, producer of Channel 4 reality show *Battlefront*, which coached British teens to campaign for social change and followed their progress on national TV. Jo was easy to connect with. She'd discovered Zuhal through the British Council in Iraq, and brought her on board as *Battlefront's* international teen. At the beginning of November 2008, she set up my first meeting with Zuhal on Skype. On that first contact, I found her so smart and self-assured that sometimes I had the feeling Zuhal was the 40-year-old and I was the teenage girl.

When Zuhal was six years old, her mother had noticed her listening to music and mimicking it on the toy piano in her Baghdad home. She signed Zuhal up for private lessons straight away. By the time Zuhal was nine, she won a scholarship to the Baghdad School of Music and Ballet, the first music school in the Middle East. Before 2003, the school was staffed by post-Soviet teachers, working to a very high standard, who maintained something of a Western tradition in Baghdad. Things changed with the invasion.

YOUNG STAR Pianist Zuhal Sultan (right) advertised for a conductor to help her set up the National Youth Orchestra of Iraq (above)

ZUHAL WAS 12 when her beloved music school was on the brink of collapse as most of the teachers had fled the country. Just being seen on the streets of Baghdad with an instrument case was dangerous; it was viewed as a sign of wealth and Western cultural values. During the worst of the violence, she and the other students managed to keep the school open and teach themselves.

During the war, Zuhal's mother fell ill and died in hospital and her father was unlucky enough to be caught in an armed bank robbery and killed. One of Zuhal's brothers became her guardian. She continued learning through video Skype tuition with a piano teacher in New York, which led to her performing a Mozart piano concerto with the Iraqi National Symphony Orchestra [founded in the 1940s].

She had joined when she was 15; that group of 70 musicians felt like a big family to her. In the midst of all the violence in her country, the orchestra had a precious feeling of unity. She wanted to ensure that more young musicians experienced this and wanted the world to see it.

THE FIRST PERSON I told about our venture was my old friend and ex, Sir Peter Maxwell Davies [who died in March], who was enjoying his role as Master of the Queen's Music. During my phone call to his Orkney home, I declared myself the "musical director of the National Youth Orchestra of Iraq", barely able to speak the words without choking. "All my love goes out to you!" came his immediate response. "And I will be your honorary composer-in-residence!" For my fledgeling team, Max's public acceptance alone boosted morale. Moreover, his approval told me I was on the right track.

By early 2009, Zuhal and her friends in Iraq, notably the young pianist Boran Zaza in the Kurdish region, were sitting for hours in internet cafés uploading auditions for me onto YouTube: five minutes could take up to ten hours to upload, as long as the power wasn't cut.

As the videos came in, my heart broke. Hungry souls reaching for music, trying to feel it in the darkness, left me in no doubt that everyone needed help: technique, good instruments, proper teaching, most of all people who loved music and would treat them with respect. They needed us.

This is an edited extract from Upbeat: the Story of the National Youth Orchestra of Iraq by Paul MacAlindin

RT Bookshop

UPBEAT
BY PAUL MACALINDIN
To order for **£16.50** (normally £19.99) including p&p, call **0344 245 8092*** quoting ref RTBKS33 or visit **radiotimes.com/upbeat33**

Travelling men

Tales born of trips to Africa – and Slough

NIGHT OF FIRE
BY COLIN THUBRON
Open Book *Sunday 4pm Radio 4 FM*

It's been 14 years since Colin Thubron's last novel, but the "gentleman travel writer" hasn't been taking it easy. In 2006, he published *Shadow of the Silk Road*, an account of his 7,000-mile journey from China to the Mediterranean, which took him the best part of two years. Then 2011's *To a Mountain in Tibet* recalled his trek to Mount Kailas in the Himalayas, a kind of pilgrimage after the death of his mother. And research for *Night of Fire* (£14.50 incl p&p), his new novel, also involved substantial trips – to Malawi, Mount Athos, Normandy, India. The result of Thubron's wanderings is a compelling, lyrical tale of how a single spark unravels seven entwined lives.

SONGBOOK BY DAVID BRENT
Dermot O'Leary *Sat 3pm Radio 2*

The Office ran for just 14 episodes – but it had a powerful impact. It inspired the hugely successful US spin-off, showcased the comic talents of one Martin Freeman, and gave the world managerial (and musical) icon David Brent (Ricky Gervais). Thirteen years later, he's back. New film *David Brent: Life on the Road* follows him as he tours the country as a salesman and front man of his band Foregone Conclusion. He's also authored a *Songbook* (£12 incl p&p) of his greatest hits, including old favourites such as *Paris Nights* and *Free Love Freeway*. Rock on! *Andrew Duncan meets Ricky Gervais: page 30*

EIGHT MONTHS ON GHAZZAH STREET
Book at Bedtime
Mon–Fri 10.45pm Radio 4

Anna Maxwell Martin reads this timely revisit to Hilary Mantel's 1988 third novel, *Eight Months on Ghazzah Street* (£8.99 incl p&p). Set in Jeddah, Saudi Arabia – where Mantel lived with her geologist husband for four years in the 1970s – the book is centred on Francis Shore, a British cartographer brought to the kingdom by her husband's work. As restrictive social customs erode her independence, and tensions between the expat community and locals grow, Frances becomes increasingly isolated – and paranoid. **HANNAH SHADDOCK**

To order any of the books on this page, call ***0344 245 8092**** *quoting RTBKS33 or visit* ***radiotimes.com/yourrtbooks33***

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YOUR RT

Gardening

Welcome to our new gardening pages – packed with practical advice every week

THE VIEW FROM HERE
There's an ever-growing range of seating ideas for today's outdoor rooms

Sitting comfortably?

After all your hard work in the garden, you need a seat to enjoy it from, says **Joe Swift**

SUMMER IN THE garden isn't all about gardening. Most of us take every weather window of opportunity to get out and relax in the space we've created as flexible outdoor rooms – somewhere to eat al fresco, have a few friends over or just sit in a shady spot with a good summer read.

Small gardens will probably only have space for a single main seating area, but in larger gardens I try to design one near the house and another as a destination point so once you've walked through the garden there's somewhere to sit and enjoy the view from another angle. Seating areas don't have to be fancy. Some gravel, a few plants and a simple seat does the job.

Garden furniture used to be frustratingly limited; hard uncomfortable wooden benches, white plastic chairs or traditional-looking swing seats. These days we have a vast array of really well-designed products in a range of materials that won't break the bank. The possibilities are endless: modular outdoor sets, fold-up tables and seats, stackable chairs, loungers, bean bags, tables with integrated barbecues, seats with storage and built in privacy screens to help with seclusion... Many can help to style our gardens and, most importantly, are very comfortable, too.

Measure the area you have so you know that what you buy will fit neatly and ensure space is generously left around the outside so chairs can be pulled out. If you have retaining walls or raised beds, consider whether the top of the walling is the perfect height to double up as seating, perhaps with a cushion or two. Colour is important, too. Look for something you can live with long term and remember white isn't always the best choice, as it can stand out rather than receding into its setting.

JOE'S PLANT OF THE WEEK

A towering pink beauty

Ornamental grasses come in all shapes and sizes and **Miscanthus "Silberfeder"** is a tall beauty. It has arching mounds of deep green foliage, and in summer plumes of silvery pink flowers tower over your head and slowly turn a bleached-out colour. Plant individually in full sun towards the back of borders or in a dramatic drift. Leave until the last minute in winter to cut back to the ground as it looks fabulous when frosted in cold spells.

CLIMBERS FOR A SHADY WALL

Everyone has a shady wall or fence to plant up, and you're much better planting a climber that you know will thrive rather than one that will struggle, get leggy searching for light and never look its best.

1 WONDERFUL IN WHITE
A deciduous, quite slow grower, the **climbing hydrangea** (*Hydrangea anomala subsp petiolaris*) has masses of large white lacy flowers in summer that are held proudly away from its foliage. Heart-shaped leaves turn a buttery yellow in autumn. It takes time to get established, so be patient, but once its roots are down it will romp away. It grows to a height of 12m and a spread of 3m, but is easily contained by pruning. Prepare the soil by adding plenty of compost, lean the plant back towards the wall so it clings and don't let it dry out for the first year or so.

2 SMELL THE ROSES
There are some excellent **climbing roses** for shady walls that do better without competition for moisture and nutrients at their base. "Albéric Barbier" (6m x 3m) has small white double flowers and semi-evergreen foliage. "Souvenir du Dr Jamain" (3m x 2m) is a thornless perpetual climbing rose with deliciously scented deep wine-red flowers with yellow centres. "Graham Thomas" has a nice upright habit and cheery yellow flowers. The wall will need some supports to tie the roses in and many will repeat flower if you can deadhead regularly.

3 DRAMATIC BACKDROP
Some people view **Ivy** as dull (never!) but it's ideal for tricky spots and, especially, deep shade. There are plenty of leaf shapes, heights and forms to choose from, and they're an important source of autumn food for bees. Variegated plants will lighten up the darkest of areas. *Hedera helix* "Glacier" is a good choice: it stays compact (2m x 2m) and has creamy white margins. *Hedera colchica* "Sulphur Heart" (5m x 5m) has huge leaves with yellow and green leaves and makes an excellent backdrop for other plants.

RT *Gardening*

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JONATHAN FORD/ ALAMY; GETTY

LOVE ME TENDER
Larpool Viaduct on the North Yorkshire Moors Railway

My steam age

Ruth Goodman recalls her days as a pioneering station *mistress*

Full Steam Ahead
Thursday 8.00pm **BBC2**

Social historian Ruth Goodman became fascinated by railways when she chanced upon a job as a stationmaster. "I couldn't get a job after university and ended up as a ticket clerk on the railway," explains the co-presenter of BBC2's *Full Steam Ahead*. "Then they opened up the management training course to staff, so I applied and I got it."

This was the mid-80s, when female stationmasters were a rare sight and her first boss wasn't exactly welcoming. "I was moved 200 miles from my home to – and I am quoting – 'test my commitment to the railway as a married woman'. I remember at the time being utterly shocked by that phrase."

When she arrived at Chester station, the first problem she had to solve as duty stationmaster was what to wear. "It was a terrible worry to everyone concerned! I ended up wearing my old clerk's skirt and blouse and donated clothes from all my male colleagues. I think I had a train inspector's jacket and guard inspector's hat, because it had gold braid. Then when I got pregnant everyone was, 'Oh my god! What do you dress a pregnant stationmaster in?' I got sent up the road with £20 in my purse to buy a black maternity dress from Debenhams."

Her commitment to the railway only lasted a year because she wasn't allowed to go back part time after giving birth. Going back to work full time meant 21 days on duty and seven off, and those 21 days were divided between mornings, afternoons and night shifts. "You try getting childcare for that!"

> ## 'I remember being utterly shocked'

Nevertheless, she came away with a lasting respect for British Rail, as it was then. "My staff were all male, all a heck of a lot older than me, but they were very graceful about being bossed around by a young woman and very dedicated.

"The railway was about to be torn apart by Margaret Thatcher and there was a huge cultural difference between those who were working on the ground and those who were doing the reorganisation, and the two found it almost impossible to speak to each other. It was a strange period of my life, but I liked the railway culture – that loyalty and dedication."

Young Ruth never imagined that 30 years later she'd be chugging around Britain on steam trains, or that preserved railways would enjoy such a renaissance. "When we started *Full Steam Ahead*, everybody I spoke to said, 'Well, that's all dying out, isn't it? All the people involved are very elderly and that will be the end of it.' And it's just not true.

"There's a new generation of youngsters who are busily driving trains, maintaining trains, building track with great enthusiasm. I think our youngest driver was 22."

There are now over 100 heritage railways in Britain and over 1,000 miles of track, and more are reopening every year. "It really is booming. Many of them are building new track and new carriages to carry passengers because it's so popular.

"There are a few trainspotters collecting numbers, but most of the people you meet have completely different interests. You get those who are interested in carpentry and restoring, or interested in social history or even, believe it or not, railway catering."

And did she meet many women on her travels? "It tends to be more male, nonetheless there are quite a few young female drivers, guards, track-workers and signal persons, so nothing like one's stereotyped image." **CLAIRE WEBB**

STEAMING AHEAD
Ruth Goodman gets in period to explore scenic Britain by rail

JOHN HUNT; CHRIS PARRY

RAILING WITH RUTH

FFESTINIOG & WELSH HIGHLAND RAILWAYS

"Perhaps the most beautiful run we did during the series was the Ffestiniog Railway in the heart of winter. I'd never been up in Snowdonia in January, when you can see the shapes of the trees and the lichen-covered rocks, and it was beautiful. It's the world's oldest narrow gauge railway and it snakes right up into the heart of the mountains and then down to the coast." For information **festrail.co.uk**

NORTH YORKSHIRE MOORS RAILWAY

"This railway was built because it was difficult to get a coach and horses over the moors. In the 1830s, they put the horse-drawn Whitby and Pickering line in to access the port and build industry. It climbs up some spectacular open moorland and wanders down into Whitby, which is a very pretty little town." For information **nymr.co.uk**

GWILI RAILWAY

"Beginning in the village of Bronwydd, the Gwili line is part of the original Carmarthen to Aberystwyth railway, which connected all the woollen mills. It runs along a valley, hugging the River Gwili. I'm a bit of a textiles girl so I enjoyed the scenery and all the little mills along the way. The line is also only a half-hour drive from the Teifi Valley, home to the National Wool Museum." For information **gwili-railway.co.uk**

RT Books Offer To order *Full Steam Ahead: How the Railways Made Britain* by Peter Ginn and Ruth Goodman for £20 including p&p (usually £25), call **0344 245 8092** quoting **RTBKS33** or visit **radiotimes.com/fullsteam33**

RT *Travel*

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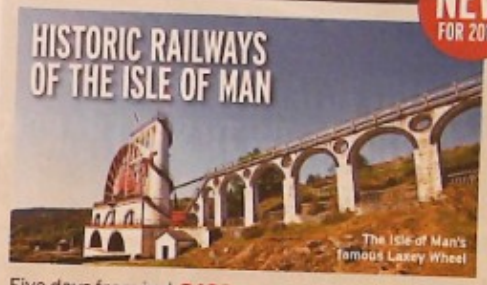

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A once-sleepy fishing village, lots has changed since the 1970s in Cabo San Lucas, but the stunning scenery has remained the same. You have time to explore the beautiful beaches before two further days at sea take you to cool and casual San Francisco. Disembark here to spend time in the fabulously diverse city.

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Then you'll depart for Laem Chabang, from where you can visit Bangkok. Spend a night on the ship in Singapore before disembarking the next day, full of memories of your Asian adventure.

ITINERARY
Hong Kong, Keelung, Shanghai, Busan, Nagasaki, Shanghai, Laem Chabang, Singapore.
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CUNARD IMAGINE CRUISING

YOUR RT

Crossword

ELIZABETH STROUT
Olive Kitteridge

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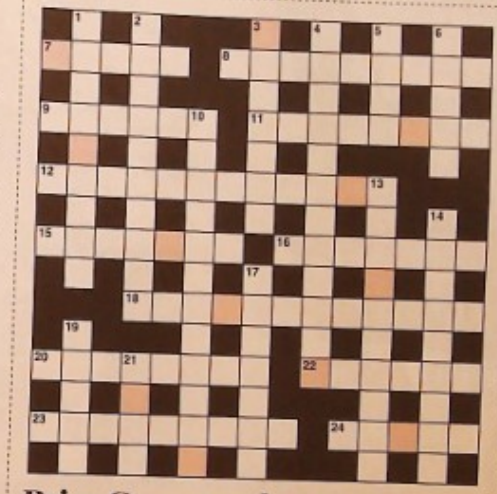
PRIZE CROSSWORD One reader receives a Waterstones £75 voucher; five runners-up get a £15 voucher. All six receive a voucher for Waterstones Book of the Week, *Olive Kitteridge* by Elizabeth Strout, a Pulitzer Prize-winning novel about a retired schoolteacher who has to adjust to the changes in her life. **WORDFINDER** Find the name of the show in the shaded squares to win the prize below. **EASY CLUES** For fun! Email your answers to **xword33@radiotimescomps.co.uk**

PRIZE CROSSWORD

ACROSS
7 Wader is sorry about having no borders (5)
8 Room to iron in religious building (9)
9 Lowest point of sitcom (6)
11 Ring mythical swimmer for shrub (8)
12 Bird to dance at Irish party, we hear (12)
15 Ray to name old airline in charge (7)
16 Attacking player with small nose (7)
18 Collector of messages is little good when travelling (12)
20 Climber has pressure with back trouble (8)
22 Before dance, elite troops walk with a swagger (6)
23 Early works by child abridged by back road (9)
24 Number left when abbreviated? (5)

DOWN
1 Amusing or ridiculous chump (9)
2 Comfy place to exploit that woman's foundation (7,3)
3 Figure round tender back with medical dryness (7)
4 Fashionable suburb where noisy girl rises (7,5)
5 Flipping fruitcakes to cause amazement (4)
6 One captured by Norman composer (5)
10 Python going round a Frenchman? Plain silly (7,5)
13 Don't speak any more, guide has no translation (6,4)
14 Traditional song from Athens, say (3,6)
17 For capital, I entered lively casino (7)
19 Thump hooligan on front of chin (5)
21 It was once suitable to congregate (4)



Prize Crossword 33

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ADDRESS
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EMAIL

Cut or copy this entry form. Closing date: 26 August. Solution published in *RT* dated 17 September. Send to: Radio Times Prize Crossword, week 33 2016, PO Box 501, Leicester LE94 0AA. Or email your entry to **xword33@radiotimescomps.co.uk**

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Two winners of the Wordfinder puzzle will receive series two of the sitcom *Boy Meets Girl* on DVD. Starring Rebecca Root, Harry Hepple, Denise Welch and Janine Duvitski, it's a ground-breaking comedy about a transgender woman finding love.

EASY CROSSWORD

ACROSS (answers page 147)
7 Extremely big person (5)
8 Medical jab (9)
9 Runway surface (6)
11 Source of great wealth (4,4)
12 Sitcom set in a canteen (12)
15 Hard-wearing (7)
16 Mythical sea-lady (7)
18 Fed up, unsatisfied (12)
20 Holiday keepsake (8)
22 Soaring firework (6)
23 Army-base town in Hampshire (9)
24 House's covered entrance (5)

DOWN
1 Bubbly, full of fun (9)
2 Multi-instrument busker (3-3,4)
3 Jumbled letters puzzle (7)
4 Orange-coloured cheese (3,9)
5 Plant stalk (4)
6 Indicate by finger (5)
10 Sloppy attitude (12)
13 Male BBC newsreader (5,5)
14 Amount equivalent to the old shilling (9)
17 A type of American whiskey (7)
19 Prickly festive shrub (5)
21 Attractive sight from a window (4)

WORDFINDER

Unscramble the letters in the shaded crossword boxes to reveal a TV show. Enter by sending an email with your name, address and telephone number to **wf33@radiotimescomps.co.uk**. Or post your entry (postcards only) to: Radio Times Wordfinder, Week 33 2016, PO Box 501, Leicester LE94 0AA. Two winners will receive the DVD shown left. Prizes sent monthly. Closing date: 26 August.

PRIZE CROSSWORD 28 SOLUTION

Prize Crossword 28 winner* M Hopkins, Larkhall, S Lanarkshire
Wordfinder 28 Springwatch
Wordfinder winners Nick Robbins, Bognor Regis, West Sussex; Fiona Bruce, Dumfries

All competition winners can be found at radiotimes.com/winners

PUZZLE ANSWERS

THIS WEEK'S ONLY CONNECT SOLUTION
delight
Angel Finish, Shepherd's, Rapper's **Characters from Buffy the Vampire Slayer** Giles, Willow, Xander, Spike **Terms in Journalism** Reverse Rental, Listicle, Byline, Stop press **England spin bowlers** Tufnell, Lewis, Such, Swann

THIS WEEK'S ENIGMA SOLUTION
Across Jump, Twelve, Equate, Errand, Tangent, Chart, Buy, Freak, Can, Demon, Strange, Geeky, Sperm, Preach, Blot

THIS WEEK'S FOOTHEADS SOLUTION
16 20 34 4c 50 60 7c 84 9c 104
625+0-7=626
How Rachel did it: **75-50**=25, **25+25**=625.

THIS WEEK'S COUNTDOWN QUESTION
Megiddo (2), Stanegrad (8), The Alamo (11). So Megiddo is the answer that the fewest number of people gave.

THIS WEEK'S ANSWERS
Constantinople (37 answered), Gibraltar (8), Lease, Context, End, Tendered **Down** Beatified, Gap, Journey, Maize, Mete, Frantic, Attend, Wanton, Repel.

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YOUR RT Puzzles

THE TOUGHEST BRAINTEASERS FROM YOUR FAVOURITE TV SHOWS

Only Connect with Victoria Coren Mitchell

The connecting wall from the BBC2 game show *Only Connect* is an inventive combination of general knowledge, word play and lateral thinking to give your brain cells a workout!

How to play Your task is to sort the 16 seemingly random words/phrases below into four groups of four connected words. You may find some clues fall into more than one category, but there is only one complete solution. If you get stuck, have a look at the clues, on the side of the page...

Angel	Tufnell	Shepherd's	Spike
Reverse ferret	Willow	Byline	Rapper's
Giles	Turkish	Such	Stop press
Listicle	Laker	Xander	Swann

TRY THESE CLUES: OPEN UP ONE ANGEL, GROUP TWO GILES, GROUP THREE TUFNELL, GROUP FOUR SWANN. © BBC/HAL MEDIA

New Countdown with Rachel Riley

Welcome to our numbers quiz from *Countdown*. Using addition, subtraction, multiplication and division, try to get as close to the top target number as possible in 30 seconds. You can use each of the six numbers only once, but you don't have to use them all. Rachel's solution on previous page.

626

75 50 100 25 7 8

Super Sudoku 562

					7		9	1
	2							
		9		3	1			5
	9						5	7
		7	4		8	2		
2	6						8	
6			3	4		7		
							3	
3	1		8					

How to play Complete the grid so that every row, column and 3 x 3 box contains the digits 1 to 9. **Difficulty: 16/20**

SUDOKU NO 561 SOLUTION

8	5	3	4	1	9	2	6	7
7	6	9	2	3	8	5	4	1
2	1	4	6	5	7	9	8	3
3	7	6	1	9	4	8	2	5
1	4	8	5	7	2	6	3	9
5	9	2	3	8	6	1	7	4
6	8	1	9	4	3	7	5	2
4	2	5	7	6	1	3	9	8
9	3	7	8	2	5	4	1	6

SCRIBBLE PAD

Order the *Radio Times: From the Archive* book for £10 inc p&p. Call 0344 245 8092 quoting RTFTA32. Calls cost no more than the national rate.

Trackword

How many words of three letters or more can you find by tracking from one square to the next, going up, down, sideways or diagonally in order? You may not use the same letter square twice in any word. Proper nouns or foreign words not allowed. Adding an "s" to make the third-person singular of a verb is allowed; a plural is not. What is the nine-letter word?

A	R	E
L	C	N
T	S	I

DIG CLUES

BRAINBOX 16 words AVERAGE 24

TRACKWORD FOR LAST ISSUE Nine-letter word BEANSTALK

ake, alkane, alt, ane, ant, anta, antae, bake, baken, balk, balks, bat, bats, beak, bean, beanstalk, beat, beats, ben, bent, ean, eans, eat, eats, ens, kae, kans, kant, kat, kea, keb, ken, kens, kent, lab, lake, lat, latke, nae, neal, neat, neb, nek, ska, skat, skean, snake, sneak, sneb, stab, stake, stalk, tab, tae, tak, taka, take, taken, talk, talks
(Ref: *Chambers English Dictionary*)

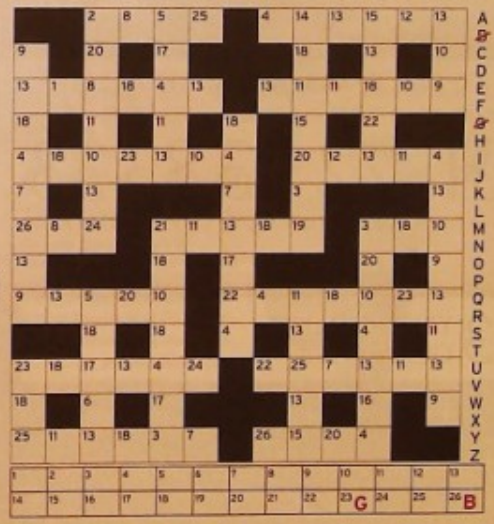
THIS WEEK'S EASY CROSSWORD SOLUTION

Across 7 Giant 8 Injection 9 Tarmac 11 Gold mine 12 dinnerladies 15 Durable 16 Mermaid 18 Discontented 20 Souvenir 22 Rocket 23 Aldershot 24 Porch
Down 1 Vivacious 2 One-man band 3 Anagram 4 Red Leicester 5 Stem 6 Point 10 Carelessness 13 Simon McCoy 14 Five pence 17 Bourbon 19 Holly 21 View

The Enigma code

Can you crack the Enigma code? Each grid number represents a letter. Every letter of the alphabet is used. Use the given letter or letters – below the main grid – to start. The solution is on the previous page.

Difficulty: 17/20 Target time: 34 minutes



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- C_N_T_N_I_O_L_ (1453)
- G_B_A_T_R (1779-83)
- M_G_D_O (15TH CENTURY BC)
- S_A_I_G_A_ (1942-43)
- T_E / _L_M_ (1836)

Eggheads

with Jeremy Vine and Dermot Murnaghan

KEVIN ASHMAN

1 Jan Zelezny set the world record of 98.48m in which discipline?
a Discus b Hammer c Javelin

2 Barley wine is not wine, but a strong variety of which drink?
a Mead b Ale c Cider

JUDITH KEPPEL

3 "Lovely jubbly" was made famous by which sitcom character?
a Del Boy Trotter b Alan Partridge c Reginald Perrin

4 Which English king took over Wales in the 13th century?
a William I b Richard I c Edward I

DAVE RAINFORD

5 Who played Captain Mainwaring in the sitcom *Dad's Army*?
a John Le Mesurier b Arthur Lowe c Clive Dunn

6 Who wrote *Watership Down*?
a Dick King-Smith b Richard Adams c Anna Sewell

BARRY SIMMONS

7 "You've got to ask yourself one question: 'Do I feel lucky?' Well, do ya, punk?" is a line from which film?
a *The Godfather* b *The French Connection* c *Dirty Harry*

8 What name is given to the athlete running the last leg of a relay race?
a Anchor b Mast c Rudder

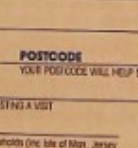
LISA THIEL

9 Which musical features the song *The Music and the Mirror*?
a Mame b Company c A Chorus Line

10 The Battle of Watling Street of 61AD was a defeat for which leader?
a Boudicca b Julius Caesar c Caractacus

Dictionary corner Susie Dent

When we are sceptical about something, why do we "take it with a pinch of salt"? **J Banner** *via email*



Around 77 AD, the historian Pliny the Elder recounted a story from a century before, when the Roman general Pompey conquered the country of Pontus on the Black Sea. Pliny relates how Pompey entered the defeated King Mithridates' chambers and found he'd been taking small doses of poison to build up his tolerance should his enemies try to kill him. These doses, Pliny wrote, were always taken "addito salis grano" (with a grain of salt) to make them more palatable. It seems Pliny's readers assumed he was implying that the whole story was far too fantastical to be true and only salt would help us "swallow" it. To this day, a pinch of salt and skepticism go hand in hand.

WHAT WE WATCHED

2006 12–18 AUGUST

Dawn French and Tracey Ullman shared the cover of an issue devoted to funny women. French had this to say: "When I was younger I knew that if I was in a pub where there were lots of young men I ought to temper my humour. Other women said there had been occasions when they too had curbed their funniness out of respect for the egos of men. I'd say that's quite a common thing – as a woman, you're supposed to step back and let the men through." In *RT*'s poll of favourite women comedians, Victoria Wood came top with French second.

1983 13–19 AUGUST

Radio 4 was celebrating the Goons but Spike Milligan wasn't in the mood. "I was paid £25 for writing it and £12 10s for appearing in it. It's on in South Africa and Ausralia all the time and I get nothing. I used to get up at dawn to write it and take a tube to Shepherd's Bush and was still there at midnight. It drove me bloody mad and broke up my marriage."

1992 15–21 AUGUST

As the pilot episode of *Star Trek* was shown on British television for the first time, its creator Gene Roddenberry revealed that US network NBC was originally afraid that Spock's "satanic appearance" would repulse people. Elsewhere, Jenni Murray shared what she watched on TV. "*Surprise Surprise* and *Blind Date* because I'm a Cilla Black freak. I think she's terrific."

SARAH CARSON

RT SHOP

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◀ ANSWERS P145

YOUR RT Feedback

EDITED BY JANE HILL

LETTER OF THE WEEK

Is this child cruelty?

SMARTIES
Richard Osman and the faces of *Child Genius*

Child Genius (C4) must be one of the saddest programmes I've ever watched. The images of those children suffering – legitimately – on national television will stay with me. How I wish I'd never tuned in, but I did and it then became mesmerising – "car-crash TV". I watched in growing disbelief that such a programme could be made and that parents could act so pushily.

In the *Oxford English Dictionary*, part of the term "genius" is defined as "natural ability" – not the force-feeding and browbeating these poor children have endured. The thought that even now other children are being hunted in order to have the same horrors inflicted upon them in the name of entertainment is grotesque.

Mrs J Stevenson *Eccles-on-Sea, Norfolk*

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PURE

ALL FOR ONE!

I've enjoyed three outstanding series of *The Musketeers* (BBC1). Every single actor has given a superb performance, the locations were magnificent and the writers have done a brilliant job of easing Alexandre Dumas's characters seamlessly onto our screens.

Eric John Mills *Abergele, Conwy*

...Thank you for a happy ending! In so many programmes I wait with bated breath for a main character to die at the very end; it was so refreshing to see our four heroes ride off into the sunset. The special blend of camp and machismo will be sorely missed!

Di Bignell *Elmstead Market, Essex*

...A magnificent cast and superb settings kept me watching in spite of ludicrous plotting. Their real enemy was never Richelieu or Grimaud but the banal dialogue. The only memorable line from the last series was: "So, Athos – we've saved Paris... now what?"

Phil Cooper *Cambridge*

...Ever since the last-ever episode of *The Musketeers* was screened (1 August), viewers have been clamouring for more. Dumas's characters were so popular that he created a sequel, *Twenty Years After*, so why not take a leaf out of his book, BBC? And you don't have to make us wait for 20 years...

Diane Morgan *Aberdeen*

GOLD FOR RT

And the gold medal for the best TV guide to the Rio Olympics goes to... *Radio Times*. Congratulations and thank you to all the team for producing this magnificent supplement. It tells viewers everything in an attractive, informative, easy-to-follow format.

Colin Newman *Leigh-on-Sea, Essex*

EPIC TALES

I wish to thank Radio 4 for the superb dramatisation *The Last Days of Troy* (23/30 July). It's many decades since I read Homer's epic *The Iliad*, which Simon Armitage's excellent interpretation brought back spectacularly, to my great delight. I hope they'll follow it up with an equally brilliant rendering of Simon Armitage's *The Odyssey* – its obvious sequel.

Brenda Young *London NW7*

Radio 4 has in fact already run Simon Armitage's contemporary take on Homer's other epic – Missing Presumed Dead: The Odyssey went out in two parts in April and May. Alas it's no longer available online but keep your eye on the RT listings as it may well be repeated on Radio 4 or 4 Extra.

FINAL SWISH
Luke Pasqualino as D'Artagnan in *The Musketeers*

TONY HARDLEY GETTY

MORE PINS FOR SUSIE

I love *RT* and Dictionary Corner (page 149) is always one of the first things I look at. Susie Dent's statement (*RT*, 6 August) that pins were "essential for dressmaking" doesn't tell the whole story; they were also essential for dress wearing! A "dress" as we know it didn't exist in the 16th century, and a lady's gown came in several parts: skirts; bodice; sleeves and stomacher (not to mention all the bits underneath). These required a lot of pins to put together.

So it was a mark of status to need a lady's maid to do this; the lower orders wore simpler gowns that laced up the front, and didn't require a lot of pinning.

Shelagh Gibson *Sutton, Cambridgeshire*

IT'S STILL TOO LOUD

RT gets countless letters about obtrusive background music and yet it is still happening! I nearly had to switch off the exceptionally good *Roger Bannister: Everest on the Track* (28/30 July BBC4) because of the irritating, loud music. I often could not hear the elderly gentlemen who were talking with such eloquence.

Rachel Greenwood *Bewdley, Worcestershire*

...This was a very interesting programme with articulate contributors, fascinating archive and an amazing story of determination and will power. So why drown out the conversation with loud and unnecessary music?

Val Sampson *Magor, Monmouthshire*

We had a big postbag of complaints about intrusive music in the Roger Bannister documentary. BBC director-general Tony Hall said in RT (20 July 2013) this subject was being addressed with executive producers, but our readers are evidently still waiting for change.

TO THE RESCUE
The Oban all-weather lifeboat team

HERO WORSHIP

Hats off to all the RNLI volunteers and heartfelt thanks to all involved in the wonderfully moving *Saving Lives at Sea* (BBC1), especially those heroes and heroines who have shared their experiences and emotions with us in the four programmes. God bless you all!

Patricia Walker *Thorner, West Yorkshire*

...The 27 July episode of *Saving Lives at Sea* included a rescue carried out by the Oban all-weather boat. I was surprised to see that during a scene shot inside the cabin of the lifeboat the picture suddenly cut to a close-up of a screen displaying the chart for Salcombe, presumably taken from another rescue filmed several hundred miles away! The shot then returned to the cabin and the chart for Oban was on the screen.

Why do producers do this? People do notice these things and lose trust in the accuracy of anything else shown.

Chris Henton *Cardiff*

Executive producer David Hodgkinson replies: "The charts are stored on computer and the crew sometimes need to scroll through other charts to get to the one they need. The footage was shot on the Oban lifeboat, but we agree that the inclusion of footage where the crew were looking FOR a chart they wanted rather than AT it was liable to cause confusion. Sorry, and thanks for watching so attentively."

HOOKED BY RED ROCK

I caught the first episode of weekday daytime Irish crime drama *Red Rock* (BBC1) after the lunchtime news one day and I've been hooked ever since. Set in a busy Dublin Garda (police) station, the storylines are very believable, it's fast-moving and keeps me glued to my seat!

Dawn Fixter *Bridlington, East Yorkshire*

I WAS AT THE 1966 FINAL

For 50 years since England won the World Cup I've been reading people claiming that England's third goal should not have been allowed – basing their claims on video evidence of the ball bouncing down outside the goal. Michael Hodges (*RT*, 30 July) goes one step further by claiming that the ball hit the crossbar.

I was at the match, standing immediately behind and slightly above the goal. I saw the net rise with the ball inside it and so I can categorically state that it did cross the line and really was a goal. I can accept that spin on the ball or the pressure of the net caused it to come down outside the goal, but it is incredibly frustrating to have this continuing argument made by those who did not see England's triumph that day.

Roger Weetch *Bradford*

...I just want to say a big thank you to the BBC for organising *World Cup 66: Minute by Minute* (30 July Radio 2/Radio 5 Live/red button). This extravaganza deserved a much larger potential audience, on BBC1 or BBC4. It had great presenters and performers and offered entertainment value equal to or better than some of the current schedule.

Robert Emmerson *Epsom, Surrey*

FOLLOW THE FRENCH

Losing BBC pictures (31 July BBC1) at the critical final stage of the Ride London road race was laughable – and the suggestion that it would only add to the suspense was pitiful.

Having watched the excellent coverage of the recent Tour de France on ITV4, I'd like to ask the BBC to get some French producers in to show them how you broadcast successfully from the centre of a major city to the Alps. We have the cyclists. Let's do them justice.

Sandra Quinn *Kingston, Surrey*

The BBC responds: "Our production team have looked into the cause of the technical issues we encountered and will try to ensure this doesn't happen again."

FOREIGN TONGUES

I write in defence of subtitles (Feedback, 30 July) and would like them to replace voiceover always. We in the UK are known to be poor at speaking foreign languages and any opportunity to listen to them is welcome.

In Holland and Sweden the original language is respected in interviews, films and documentaries. The original voice of the speaker shows character and feeling that a voiceover simply can't match.

Margaret Dews *Leighton Buzzard, Bedfordshire* ▷

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YOU ASK US

STUNT JUMP
Aaron Fotheringham (aka Wheelz) in the Paralympics trailer

Is the Paralympics stunt jumper for real?

I really love Channel 4's "Superhumans" trailer for the Paralympics. Is that real where a guy in a wheelchair takes off from a ski jump right at the end? *Joanna Hill, Glastonbury, Somerset*

A spokesperson for Channel 4 tells Feedback: "The jump itself is real – it was filmed in Worcester, with the stadium and crowds added as CGI [computer-generated animation]. The stunt jumper was Aaron Fotheringham – also known as Wheelz – who is a professional WCMX athlete. [WCMX stands for wheelchair motocross – akin to BMX on four wheels.] You can find many videos of him online performing stunts and tricks."

Wheelz, who is 24 and from Las Vegas, was born with spina bifida. On his website **aaronfotheringham.com** you'll find the quote: "Aaron wants to change the world's perception of people in wheelchairs... You certainly do not have to be disabled to be inspired by what he is able to do." We'll second that.

Channel 4 will have full coverage of the Paralympic Games from 7 to 18 September. You can see the amazing trailer at: **channel4.com/programmes/were-the-superhumans**

MAKING CONNECTIONS

In old editions of *Only Connect*, one of the teams was captained by Jack Waley-Cohen, who is now in the credits as a question-setter. Is it the same person? *Robert Steel, Salisbury, Wiltshire*

Yes, it is. Jack captained the Lapsed Psychologists, who competed in the first series of *Only Connect* in 2008. "It appealed to me," he tells *RT*, "because, although I'm not the best quizzer, I am good at lateral thinking."

He studied Experimental Psychology at Oxford, where he "spent a lot of time quizzing. I won *Weakest Link* in the first week that it was on! Within a couple of years of leaving university I'd set up a company called QuizQuizQuiz. Initially, we ran pub quizzes and company quiz nights and eventually we got into writing questions for TV shows – including *Only Connect*, which I joined in 2014.

"We also write for *Hive Minds*, *The Code*, *Decimate*, *Child Genius* and others. But quizzing is very much a hobby. My day job is running a technology company called what3words."

Is that surname ringing bells? It should: top jockey Sam Waley-Cohen is his cousin and violinist Tamsin Waley-Cohen is his sister.

THE FIRST SITCOM?

In the interview with Brendan O'Carroll (*RT*, 23 July) Mark Lawson said that *Hancock's Half-Hour* was the first TV sitcom. Although I agree that it was very funny and inspirational, it was by no means the first of its kind. That honour belongs to *Pinnwright's Progress*, which first aired on the BBC on 29 November 1946. It starred James Hayter, a well-known character actor who went on to be the voice of Mr Kipling in the adverts for his "exceedingly good cakes".

I'm afraid the "lad from Cheam" was beaten into first place by a good ten years!
Michael Oates *Cambridge*

Indeed – the BBC is celebrating the 60th anniversary of sitcoms on radio and TV, and Hancock's Half-Hour, of course, began on the radio. Apologies for the error.

IT'S A THRILLER

I must praise, and spread the word about, *Stranger Things*, Netflix's new supernatural thriller. Set in the 1980s, with a young cast, it's deliciously reminiscent of 1980s films, has an intoxicating mystery, with lots of theories and references spinning throughout.

I can't wait for series two!
Sarah Morgan *Great Wyrley, Staffordshire*

Your next binge watch – Stranger Things, page 43

QUELLE HORREUR

After watching the final episode of *The Musketeers* (1 August BBC1), I was left wondering whether the continuity announcer was aware that it was set in France when he announced jauntily at the end, "Adios, amigos"?
Karl Bullimore *North Hykeham, Lincolnshire*

Karl Bullimore wins a DVD of the third and final series of The Musketeers. It's available to buy now.

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Black

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This multi-format 6-in-1 music system plays everything from vinyl records and cassettes to CDs and digital downloads, as well as FM/MW radio. What's more it enables you to record all those formats directly onto a new CD by simply pressing one button. There are on computers, no fiddling, no hassle involved. You can even connect any external audio device and burn those to CD too.

There are a few other systems that include a CD burning function, but we've not found any that make it as simple and straightforward as this one.

Measures: Unit:H22xW32xD28cm. Each speaker measures H23 x W 15 x D15cm Code: 6375 for Black. Code: 6376 for Silver

HALF PRICE! WAS £59.99

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THE VIEW FROM MY SOFA

'Yes, I earn more than the PM'

But I'm worth it, says **Andrew Neil** – I do 180 shows a year

The politicians have a seven-week break from Parliament. Are you off duty too?
All the programmes I do – *Daily Politics, Sunday Politics, This Week* – follow the parliamentary calendar, which means I do five or six programmes a week when Parliament's sitting and none when it isn't. We came down to our house in Grasse, in the south of France, in July and I'm not back until Prime Minister's Questions on 7 September.

You surprised everyone when you got married last year
Yes, I know. I surprised myself.

How has life changed?
It hasn't actually changed at all. Susan [Nilsson, an engineer] and I had been together five years when we got married so we'd got used to each other. She's the most accommodating person in the world, and when I start beavering away on the iPad, she gets out her laptop. She's involved in building bridges and tunnels – much more useful than the stuff that I do.

What did your neighbours in France make of the Brexit vote?
They were dismayed. A few were angry. That's died down a bit now. The result was so unexpected. On the morning of the vote, David Cameron was told he'd won by ten points. Though he was told that by the same pollsters who'd told him he had a 0.5% chance of getting an overall majority at the 2015 general election!

If I were to make a random guess... you plumped for Leave?
I won't answer that. I was really pleased during the referendum that both sides regarded me as impartial. But
I would say that the British establishment, which has got the biggest bloody nose of recent memory, needs to get a grip. Some publications have lost their marbles. They need to sober up.

Some predictions, please. First, what will Brexit look like?
My guess is we'll have decent access to the single market. I think there'll be some movement of labour – Britain will continue to need immigrants – but it won't be on the same scale as now.

Who will be leading the Labour Party in 12 months' time?
Jeremy Corbyn, I would guess.

And how many Labour parties will there be?
There's at least a 50-50 chance of a schism. There's such a gulf between the parliamentary party and the grassroots that it's very hard to see how they can continue together. I never thought that the Social Democrat break-up in the 1980s would destroy the Labour Party. But this could be much more fundamental.

Last prediction: who'll win the US election?
As things stand, I think you'd have to put your money on Hillary. But I'm wary about making predictions: I wouldn't have predicted Donald Trump would become the Republican candidate, that David Cameron would get an overall majority, that Jeremy Corbyn would become the Labour leader. And I did not predict that we would vote to leave the EU. So people like me should show a little humility.

Finally, a House of Commons report urged the BBC to name – and perhaps shame – all presenters who earn more than the PM's £143,000 salary.
I have no problem with that at all. I'd only put in one caveat, which is that next to the salary they should put the number of programmes we do every year.

Would your name appear?
Yes, it would. But if you divide my pay by the number of shows I do, I'm pretty far down the pecking order. I do almost 180 programmes a year – more than almost anybody else in the political sphere.
VINCENT GRAFF

IN THE NEWS
Andrew Neal married Susan Nilsson last August

NOTHING TO WATCH?

MY BOOK I'm reading *Gomorrah* by Roberto Saviano. It's about the Mafia. It inspired the greatest crime drama ever [series one and two are available on Sky Box Sets]. Different league to *The Sopranos*.

MY APP *The Washington Post*'s is stunning. I use it all the time.

MY WEBSITE Google News keeps me up to date. And the *Telegraph* and *Guardian*.

MIKE LAWRENCE/SOLO SYNDICATION (MIKE MAPPLEBECK/WIREIMAGE, IAN DERRY)

NEXT WEEK
RadioTimes
Paul and Mary are back with *Bake Off*
On sale 16 August

RT Travel

Fourteen nights from £1,899pp Departures May – Nov 2017

Arrive in New York on the *Queen Mary 2* before travelling around North America's prestigious landmarks on this 14 night cruise holiday.
Embark the majestic remastered *Queen Mary 2* in Southampton, a spectacular ship from grand design to final flourishes, harks back to the grand ocean liners of the golden age of travel. The deck is the perfect vantage point to enjoy an inspiring sunrise as you approach New York.

Spend two nights here before journeying to Philadelphia via private coach where you'll visit an authentic Amish farmhouse for lunch. Following an overnight stay you'll continue to Washington DC, where you'll spend two nights and experience a guided tour of the city. Last stop is Niagara Falls, you'll stay here for two nights, journey behind the falls and explore the region before returning home to the UK from Toronto airport.

ITINERARY
Southampton, New York, Philadelphia, Washington DC, Niagara Falls
YOUR HOLIDAY INCLUDES
● 7-night full board cruise on board Queen Mary 2 ● 8 day tour from New York to Niagara Falls ● Tour of Philadelphia ● Tour of an Amish community ● Tour of Washington DC ● Hornblower sightseeing cruise and visit to Niagara-on-the-Lake ● FREE outside to balcony upgrade ● Inbound flight and transfers
PRICES (per person) Inside: £1,899pp Outside: £2,299pp Balcony: £2,299pp Grill Suite: £3,499pp

Nineteen nights from £2,199pp Departs 6 April 2017

Sail from Singapore across the Indian Ocean to Dubai, before immersing yourself in the vibrant colours, sights and sounds of enthralling India on a seven-day tour.
Stay two nights in Singapore before embarking the striking *Queen Mary 2*. Your cruise will sail to Kuala Lumpur, Penang, Colombo and Dubai, where you'll disembark. Fly to Delhi and get swept up in the chaos and colour of India's charming capital.

Take a rickshaw ride through the bustling streets of Chandni Chowk and discover the contrasts between Old and New Delhi before moving on to Agra to visit the Taj Mahal, the Agra Fort and the deserted city of Fatehpur Sikri.

The last point on your "triangle" is the maharajah's city of Jaipur, where you'll uncover palaces and artisanal crafts before heading back to Delhi for a final night, flying home the next day.

ITINERARY
Singapore, Kuala Lumpur, Penang, Colombo, Dubai, Delhi, Agra and Jaipur
YOUR HOLIDAY INCLUDES ● Ten-night full board cruise on board Queen Mary 2 ● FREE outside to balcony upgrade ● 2-night luxury hotel stay in Singapore with free attractions ● 1-night hotel stay in Dubai ● 7 day tour of India's Golden Triangle including Delhi, Agra, Jaipur ● Sightseeing tours including a visit to the Taj Mahal ● All flights and all transfers
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Terms and conditions Prices are pp, based on two adults sharing. For full terms and conditions, visit imaginecruising.co.uk. Upgrades subject to availability at time of booking. Free attractions in Singapore – enjoy complimentary entrance to the following attractions: Battle Box Museum, China Town Heritage Centre, National Gallery, Gardens by the Bay. No booking fees. Imagine Cruising is ABTA & ATOL bonded. Immediate Media Company, publisher of RT, is committed to protecting your privacy. We may wish to contact you in the future with details of products and services that might be of interest to you, or to undertake market research. Please answer the relevant data protection questions when booking.

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AM GB GOES FOR GOLD!

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DAY Day 12

Final 2.30am BBC1
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by storm becoming
in history in 2015.
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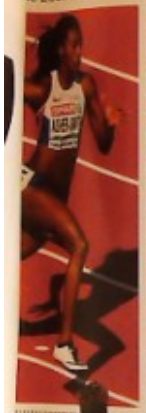

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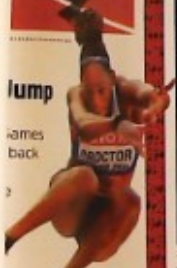

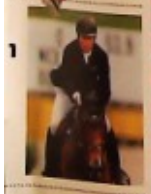

Mo Farah is back

LES FINAL Has Tiffany
.55am BBC1

THURSDAY 18 August Day 13

Jonny & Alistair Brownlee
Men's Triathlon 3.00pm BBC1
If the sheer fitness and competitiveness of Jonny and Alistair Brownlee doesn't impress you enough, keep your eyes peeled after the swimming is over. How anyone slips out of a wetsuit that fast is beyond us.

Jade Jones
Taekwondo
2am BBC1
Jade "Headhunter" Jones is a force to be reckoned with in the -57kg final. Anyone who saw her at London 2012 knows that she fully deserves her nickname.

Tonia Couch
Diving: Women's 10m Platform Final 8pm BBC1
This is Couch's third Olympics. Can she bring home Britain's first women's diving medal in 56 years?

Look out for...
WOMEN'S 400M HURDLES FINAL Eilidh Doyle is an outside bet for the final. 2.15am BBC1
MEN'S 200M FINAL If he's in form, Adam Gemili will hope to make the last eight. 2.30am BBC1

FRIDAY 19 August Day 14

Kate Richardson-Walsh
Women's Hockey Final 9pm BBC1
Captain Kate Richardson-Walsh and her GB team should at least make the bronze final. Her wife Helen will be by her side – they married after competing and winning bronze together in 2012.

Liam Phillips
Men's BMX
5.38pm BBC4, 7.10pm BBC1
Phillips has had a difficult build-up to Rio: his girlfriend, Jess Varnish, is at the centre of British Cycling bullying claims. She's chosen to steer clear of the Games, leaving Liam to focus on gold.

Muhammad Ali
Men's Boxing
6pm BBC4
With a name like that, Ali had better know his way round the ring. The flyweight could feature in tonight's semi-final bouts.

Look out for...
4 X 100M RELAY FINALS The women's final is first up, then the men's. 2.15am, 2.35am BBC1
MODERN PENTATHLON Look out for Olympic silver medallist Samantha Murray. 4pm BBC1

SATURDAY 20 August Day 15

Tom Daley
Diving: Men's 10m Platform Final 8.30pm BBC1
This is Daley's second chance at Rio 2016 glory, after competing in the synchronised event in week one. Today, it's all up to him.

Nicola Adams
Women's Boxing 6pm BBC1
Only one British boxer has defended an Olympic title, and Harry Mallin was fighting in the 1920s. Let's hope Adams is swinging with a smile in the flyweight final.

Mo Farah
Men's 5,000m Final
1.30am BBC1
Worth staying up for...
Mo says he wants four golds – one for each of his children.

Look out for...
CANOEING FINALS Liam Heath in the 200m kayak sprint. 1pm BBC1
WOMEN'S TRIATHLON Our three women should shine. 3pm BBC1

SUNDAY 21 August Day 16

Joe Joyce
Men's Boxing Final 7.15pm BBC1
A super heavyweight bout for a super final Sunday: Joe Joyce has beaten all his rivals ahead of the Games, so surely he's set for a place in this evening's finale?

Savannah Marshall
Women's Boxing Final 6pm BBC1
Middleweight Savannah Marshall lost in the quarter-finals in 2012, but the 25-year-old is ready to make a dramatic comeback.

Grant Ferguson
Men's Mountain Bike Cross Country
4.30pm BBC1
Ferguson is swapping Scottish hills for Rio rocks, after snapping up a late spot in the Olympic competition.

Look out for...
MEN'S MARATHON Eritrean-born Tsegai Tewelde found asylum in Britain when he was 17, and now competes for Team GB after qualifying in London earlier this year. 1.30pm BBC1

Team GB Roll of Honour

MEDAL WINNER, SPORT & DATE	GOLD	SILVER	BRONZE
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41 medals won at Stockholm 1912
43 medals won at Antwerp 1920
47 medals won at Beijing 2008
48 medals – the target for Rio 2016 (but the haul could be 50 or more...)
65 medals won at London 2012

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